



Progress in Cardiovascular Diseases

Vol. 62, No. 5
September/October 2019
www.onlinepcd.com

Visit PCD Online today at www.onlinepcd.com.

- 373 **Lipid Update 2020 - Introduction and Foreword**
Jennifer G. Robinson
- 375 **The 2018 AHA/ACC/Multi-Society Cholesterol Guidelines: Looking at Past, Present and Future**
Neil J. Stone and Scott M. Grundy
- 384 **Lipid Management Beyond the Guidelines**
Jennifer G. Robinson
- 390 **New Insights into Managing Symptoms During Statin Therapy**
Jennifer G. Robinson
- 395 **Implications for REDUCE IT in Clinical Practice**
Vera Bittner
- 401 **Understanding why REDUCE-IT was Positive – Mechanistic Overview of Eicosapentaenoic Acid**
William S. Harris
- 406 **Implications of Cost-Effectiveness Analyses of Lipid-Lowering Therapies: From the Policy-Maker's Desk to the Patient's Bedside**
Dhruv S. Kazi and Salim S. Virani
- 414 **Reducing Cardiovascular Risk in Patients with Familial Hypercholesterolemia: Risk Prediction and Lipid Management**
Marcio H. Miname and Raul D. Santos
- 423 **Coronary Artery Calcium Scoring for Individualized Cardiovascular Risk Estimation in Important Patient Subpopulations after the 2019 AHA/ACC Primary Prevention Guidelines**
Omar Dzaye, Ramzi Dudum, Cara Reiter-Brennan, Sina Kianoush, Rajesh Tota-Maharaj, Miguel Cainzos-Achirica, and Michael J. Blaha
- 431 **Impact of Fitness and Changes in Fitness on Lipids and Survival**
Carl J. Lavie, Sergey Kachur, and Xuemei Sui
- 436 **Coconut Oil Intake and Its Effects on the Cardiometabolic Profile – A Structured Literature Review**
Heitor O. Santos, Scott Howell, Conrad P. Earnest, and Filipe J. Teixeira