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# Resuscitation

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## Letter to the Editor

# Which partial pressure of carbon dioxide during extracorporeal cardiopulmonary resuscitation (ECPR)?



Dear Sir,

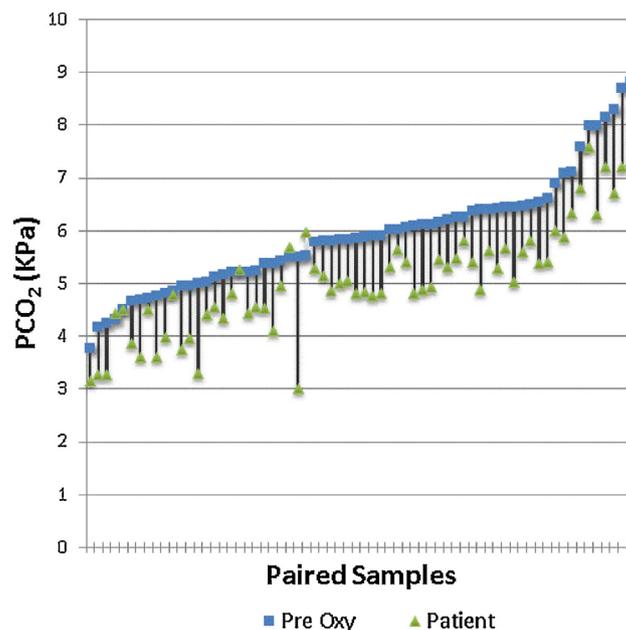
We read with interest the paper by Kilgannon et al.<sup>1</sup> on the association between partial pressure of arterial carbon dioxide and neurological outcome following cardiac arrest. Although their study focusses on patients achieving recovery of spontaneous circulation we are seeing greater use of extracorporeal life support (ECLS) in patients with refractory cardiac arrest,<sup>2</sup> with the term ECPR used. We believe that the question of how best to manage CO<sub>2</sub> is also important in this population of patients, with further evidence linking a reduction in arterial CO<sub>2</sub> and mortality.<sup>3</sup> As blood is often sampled from the ECLS circuit as well as from the patient's arterial line we sought to investigate the importance of blood sampling site on manipulation of partial pressure of CO<sub>2</sub> in patients on ECLS.

During veno-arterial ECLS blood drains via a large central vein into an extra-corporeal circuit, passes through an oxygenator and is pumped back into the aorta. A flow of gas across the

oxygenator (sweep) results in CO<sub>2</sub> clearance, as well as oxygenation.

We prospectively evaluated CO<sub>2</sub> values in a series of children undergoing ECPR following in-PICU cardiac arrest. 23 patients (mean (SD) age 1.9 (2.9) years) underwent 24 runs of ECPR. Underlying diagnoses were congenital cardiac disease (85%), drowning, myocarditis, and sepsis. Blood-gas sampling was undertaken at two circuit points – pre-oxygenator (*Ppre-oxyCO<sub>2</sub>*), post-oxygenator (*Ppost-oxyCO<sub>2</sub>*) – and from the patient's arterial line (*PaCO<sub>2</sub>*). Our local ECPR protocol instructs changes to sweep gas flow based on *Ppre-oxyCO<sub>2</sub>*, with a target of 4.5–5.0 kPa.

*PaCO<sub>2</sub>* recorded before ECPR was generally high (median 8.0 kPa, range 1.2–20.0). Within 6 h of ECPR this had fallen to median 4.5 kPa (range 3.1–7.3). Median reduction in *PaCO<sub>2</sub>* following initiation of ECPR was 3.7 kPa, 42% experienced a reduction >5 kPa in the first hour (maximum 12.7 kPa).



**Fig. 1 – Comparison of PCO<sub>2</sub> from pre-oxygenator (*Ppre-oxyCO<sub>2</sub>*) blood with paired patient arterial blood (*PaCO<sub>2</sub>*) in samples taken in first 24 h of ECPR. The data are presented in ascending order of *Ppre-oxyCO<sub>2</sub>*.**

The relationship between *Ppre-oxyCO<sub>2</sub>*, *Ppost-oxyCO<sub>2</sub>* and *PaCO<sub>2</sub>* was not consistent or predictable. The use of *Ppre-oxyCO<sub>2</sub>* values to guide sweep flow was frequently associated with low *PaCO<sub>2</sub>* values (Fig. 1); over the first 24 h 38% of *PaCO<sub>2</sub>* samples were below 4 kPa, and 25% of patients experienced a *PaCO<sub>2</sub>* below 3.5 kPa.

A rapid reduction in *PaCO<sub>2</sub>* may occur soon after initiation of ECPR. *Ppre-oxyCO<sub>2</sub>* and *Ppost-oxyCO<sub>2</sub>* should not be used as surrogates of *PaCO<sub>2</sub>* and sweep gas flow should be adjusted based on *PaCO<sub>2</sub>*. The implications of rapid changes in *PaCO<sub>2</sub>* for ischaemia-reperfusion and the cerebral circulation are unknown and require further study.

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### Conflict of interest

We can declare that we do not have conflicts of interest.

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