

Factors That Influence Selection of Urinary Diversion Among Bladder Cancer Patients in 3 Community-based Integrated Health Care Systems



Marilyn L. Kwan, Michael C. Leo, Kim N. Danforth, Sheila Weinmann, Valerie S. Lee, Julie R. Munneke, Joanna E. Bulkley, Maureen O’Keeffe Rosetti, David K. Yi, Matthew P. Banegas, Matthew D. Wagner, Stephen G. Williams, David S. Aaronson, Marcia Grant, Robert S. Krouse, Scott M. Gilbert, and Carmit K. McMullen

OBJECTIVE	To assess the relative contributions of patient and surgeon factors for predicting selection of ileal conduit (IC), neobladder (NB), or continent pouch (CP) urinary diversions (UD) for patients diagnosed with muscle-invasive/high-risk nonmuscle invasive bladder cancer. This information is needed to enhance research comparing cancer survivors’ outcomes across different surgical treatment options.
METHODS	Bladder cancer patients’ age ≥ 21 years with cystectomy/UD performed from January 2010 to June 2015 in 3 Kaiser Permanente regions were included. All patient and surgeon data were obtained from electronic health records. A mixed effects logistic regression model was used treating surgeon as a random effect and region as a fixed effect.
RESULTS	Of 991 eligible patients, 794 (80%) received IC. One hundred sixty-nine surgeons performed the surgeries and accounted for a sizeable proportion of the variability in patient receipt of UD (intra-class correlation coefficient = 0.26). The multilevel model with only patient factors showed good fit (area under the curve = 0.93, Hosmer-Lemeshow test $P = .44$), and older age, female sex, estimated glomerular filtration rate < 45 , 4+ comorbidity index score, and stage III/IV tumors were associated with higher odds of receiving an IC vs neobladder/continent pouch. However, including surgeon factors (annual cystectomy volume, specialty training, clinical tenure) had no association ($P = .29$).
CONCLUSION	In this community setting, patient factors were major predictors of UD received. Surgeons also played a substantial role, yet clinical training and experience were not major predictors. Surgeon factors such as beliefs about UD options and outcomes should be explored. UROLOGY 125: 222–229, 2019. © 2018 Elsevier Inc.

Each year, approximately 10,000 patients with bladder cancer in the United States undergo radical cystectomy (bladder removal).¹ While radical cystectomy is clearly associated with improved patient survival, choosing between different urinary diversion (UD) options is often not straightforward.^{2,3}

Ileal conduits are the most common UD, accounting for approximately 80% of diversions in the United States.⁴ Neobladder and colon pouch diversions aim to retain urinary continence, avoid external appliances, and minimize body-altering effects. However, research has not consistently demonstrated that neobladders and colon

Funding: This study was supported by National Institutes of Health R01 CA164128 (PI: Carmit K. McMullen).

Compliance with Ethical Standards:

Conflict of Interest: The authors declare that they have no conflict of interest.

Ethical approval: All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

Informed consent: For this type of study accessing electronic data, formal consent was not required.

Data Availability: The datasets generated during and/or analyzed during the current study are available from the corresponding author on reasonable request.

From the Kaiser Permanente Division of Research, Oakland, CA; the Kaiser Permanente Center for Health Research, Portland, OR; the Kaiser Permanente Department of Research & Evaluation, Pasadena, CA; the Department of Urology, Kaiser Permanente Sunnyside Medical Center, Clackamas, OR; the Department of Urology, Kaiser Permanente Riverside Medical Center, Riverside, CA; the Department of Urology, Kaiser Permanente Oakland Medical Center, Oakland, CA; the City of Hope Hospital, Duarte, CA; the University of Pennsylvania School of Medicine, University & Woodland Aves., Philadelphia, PA; and the H. Lee Moffitt Cancer Center & Research Institute, Tampa, FL

Address correspondence to: Marilyn L. Kwan, Ph.D., Division of Research, Kaiser Permanente Northern California, 2000 Broadway, Oakland, CA 94612.

E-mail: Marilyn.L.Kwan@kp.org

Submitted: September 26, 2018, accepted (with revisions): November 15, 2018

pouches lead to better outcomes in bladder cancer survivors.^{2,5}

The mixed evidence on outcomes associated with different UD types illustrates a common challenge of observational, comparative effectiveness studies in surgical oncology.⁶ The strength of evidence of treatment effects from such studies is often hampered by selection bias and confounding due to unmeasured variables^{7,8}; yet conducting clinical trials to randomly assign patients to 1 treatment arm or another is often not feasible in real-world clinical settings. A possible solution to this limitation is creation of models predicting treatment assignment using data from electronic health records.⁸

Therefore, we assessed the fit of a parsimonious model built using electronic health records data for predicting assignment of UD (ileal conduit, neobladder, or continent pouch) for patients diagnosed with muscle-invasive/high-risk nonmuscle invasive bladder cancer in a community setting. Specifically, we examined the association of patient and surgeon characteristics relevant to UD selection in a large cohort of bladder cancer patients treated with cystectomy and UD from 2010 to 2015 in 3 Kaiser Permanente regions. Our study was part of a larger National Cancer Institute-funded study that followed bladder cancer survivors for 2 years after cystectomy to compare costs, complications, and quality of life issues associated with each option.

MATERIALS AND METHODS

Study Population

The Bladder Cancer Quality of Life Study included 1,063 patients (age ≥ 21 years) who received a cystectomy with urinary diversion (ileal conduit, neobladder, or continent pouch) for bladder cancer between January 2010 and June 2015, and who were members of 1 of 3 integrated health care systems. Together the systems serve about 8.5 million members. We had complete data on 991 patients for this analysis. This study was approved by the Institutional Review Boards of the 3 systems.

Data Collection

Patient characteristics and outcomes were obtained using distributed programs that accessed the clinical and administrative data systems at each site. Site-specific data were extracted into a study-specific standardized data model to facilitate analyses, building on the data infrastructure developed through the NCI—supported Cancer Research Network.⁹

Age at surgery, sex, race, ethnicity, and body mass index within 6 months before surgery were obtained from clinical and administrative data sources. AJCC stage at bladder cancer diagnosis (0a, 0is, I, II, III, IV), tumor grade (low, moderate, and high), neoadjuvant therapy, and prior history of pelvic cancer were obtained from institutional cancer registries and chart reviews. The revised Charlson-Deyo comorbidity index was calculated for the 12 months prior to cystectomy using diagnosis and procedure codes for the relevant conditions.¹⁰ Because all patients were diagnosed with bladder cancer, the minimum comorbidity score was 2. Time from bladder cancer diagnosis to surgery was calculated in months.

Estimated glomerular filtration rate, albumin, and bilirubin were obtained from electronic laboratory data sources. Estimated glomerular filtration rate was classified as follows: <45 mL/min/ 1.73 m² (moderately to severely reduced kidney function), 45 – <60 (moderately reduced), 60 – ≤ 90 (mildly reduced), and ≥ 90 (normal). An overall status for liver impairment at time of cystectomy was created based on diagnosis of cirrhosis and/or abnormal albumin or bilirubin liver function tests within 12 weeks prior to cystectomy.

Cystectomies were identified from electronic medical records and billing systems using common procedure codes, International Classification of Diseases codes, and other billing-related codes. We reviewed each patient's medical record and operative report to document the following: bladder cancer diagnosis date, complete cystectomy performed, type of diversion received, and surgeon of record. Due to the small number of continent pouch surgeries, we combined neobladder and continent pouch diversions, and thus created a binary urinary diversion type variable (ileal conduit vs neobladder or continent pouch).

Surgeons' annual cystectomy volume, years since medical school graduation, years employed at KP, and specialty training (fellowship) were obtained from provider electronic data sources, physician directories, and websites. Surgeon volume was calculated as total number of UD surgeries/tenure years at KP across all study calendar years. All surgeons performed at least 1 ileal conduit surgery during the study period, and a subset also performed neobladder and/or continent pouch surgery. For analytic purposes, surgeons were placed into 2 groups: those who performed only ileal conduits during the study period, and those who also performed neobladder and/or continent pouch procedures.

Statistical Analysis

Our analysis examined the association of patient and surgeon factors with UD type. To account for clustering of patients within surgeons within regions, we used hierarchical generalized linear modeling to identify patient characteristics associated with type of diversion.^{11–13} Hierarchical generalized linear modeling allows for simultaneous analysis across multiple levels (eg, patient and surgeon levels). Because the primary outcome is binary (receipt of ileal conduit vs neobladder/continent pouch), we used a model with a logit link and binomial distribution. We modeled surgeon as a random effect and KP region as a fixed effect. We also included time in months from date of bladder cancer diagnosis to date of surgery as a person-level covariate. We performed an unconditional model (ie, model that estimates only the random intercept and adjusting for region) to calculate the intraclass correlation coefficient, which quantifies the variation in the outcome (receipt of ileal conduit vs neobladder/continent pouch) that is attributable to the surgeon effect. We evaluated overall model fit using the area under the curve (AUC)¹⁴ as a measure of discrimination (ability to differentiate those predicted to choose ileal conduit vs neobladder/continent pouch), and the Hosmer-Lemeshow test¹⁴ using deciles as a measure of calibration (degree to which model matched predicted and observed risk of choosing ileal conduit vs neobladder/continent pouch). We considered a model with an AUC of .80 and a nonsignificant Hosmer-Lemeshow test¹⁵ as evidence of good discrimination and calibration, respectively, and thus good model fit.

Patient and surgeon factors were selected a priori, and thus all variables were retained in the multivariable models. We included patient-level predictor variables in a multivariable model to determine the factors that were independently associated with receiving neobladder/continent pouch compared to

ileal conduit surgery. Next, we tested whether adding surgeon characteristics as predictors improved model fit with the Likelihood Ratio (LR) test, thus potentially further explaining reasons for receiving neobladder/continent pouch as opposed to ileal conduit. We evaluated all inferential analyses with a 2-tailed alpha level of 0.05, and reported odds ratios (OR) and associated 95% confidence intervals (CI).

In addition, we calculated the relative importance of each predictor using the adequacy index.^{16,17} The adequacy index is calculated by dividing the model likelihood ratio (LR) χ^2 for a model that includes only the predictor of interest by the model LR χ^2 that includes all predictors of interest. Hence, the adequacy represents the proportion of information that could be captured by a single predictor compared to the multivariable model, with higher values indicating greater importance.

All analyses were performed with SAS v.9.3 and Stata v.13.1.¹⁸

RESULTS

Of the 991 patients in this analysis, 794 (80%) received an ileal conduit, and 761 (77%) were non-Hispanic white. Ileal conduit patients were older (mean age 72 vs 62 years); more likely female, 24% (192) vs 16% (31); more likely diagnosed with stage III/IV bladder cancer, 42% (337) vs 26% (337); and had higher Charlson-Deyo comorbidity scores (median 4 vs 3) than neobladder/continent pouch patients (Table 1).

A total of 169 unique surgeons performed the UD surgeries on patients in the study cohort, of whom 99 (59%) performed only an ileal conduit and 70 (41%) performed a combination of surgeries including ileal conduit, neobladder, and continent pouch (Table 2). The mean UD volume for surgeons who performed neobladder or continent pouch diversions was more than double that of surgeons who only performed ileal conduits (2.1 vs 0.8 surgeries per year employed at KP, respectively). These surgeons were also more recently trained (mean 15.3 years vs 17.0 years since medical school graduation, respectively) and more likely to have completed a clinical fellowship: 40% (28) vs 21% (21), respectively. Finally, a larger proportion of surgeons who performed neobladder/continent pouch diversions had been employed at KP longer than 5 years, compared to surgeons who only performed ileal conduit diversions: 80% (56) vs 75% (74).

In the multilevel model accounting for the clustering of surgeons, we found that surgeon effects accounted for a sizable proportion of the variability in UD type received (intra-class correlation coefficient = 0.26). The model with patient factors showed good fit as evidenced by good discrimination (AUC = 0.93) and calibration (Hosmer-Lemeshow test $P = .44$). However, adding cystectomy volume, training, and tenure of the surgeon to the model did not improve model fit (LR $\chi^2(8) = 9.7$, $P = .29$), indicating that these measured surgeon factors were not associated with selection of UD type. Thus, we evaluated the model coefficients for the model that included only patient factors.

Older age (OR = 4.31; 95% CI: 3.14, 5.91), female sex (OR = 2.39; 95% CI: 1.32, 4.35), kidney function <45 mL/min/1.73 m² (OR = 4.30; 95% CI: 1.38, 13.36), 4+ comorbidities (OR = 2.32; 95% CI: 1.34, 4.01), and stage IV tumor (OR = 4.00; 95% CI: 1.97, 8.09) were associated with higher odds of receiving an ileal conduit vs a continent diversion (Table 3). No significant associations were observed with race, Hispanic ethnicity, liver dysfunction, history of pelvic cancer, or

time from diagnosis to surgery. As for relative importance based on the adequacy index, the most informative predictor was age (0.93), followed by Charlson-Deyo score (0.46) and kidney function (0.40).

COMMENT

A parsimonious model using readily available patient factors (age, comorbidity score, and kidney function) explained the majority of variation in type of UD received in this large, community-based cohort of bladder cancer patients. Our findings are consistent with clinical recommendations for ileal conduit compared with continent diversions, which include older age, greater number of comorbidities, lower kidney function, and advanced stage tumors.¹⁹⁻²¹ Interestingly, and to our knowledge not previously reported, we also found a fairly large surgeon effect in predicting UD type; however, the specific surgeon characteristics we included in the model did not predict type of UD received above and beyond that predicted by patient-level characteristics dictated by clinical recommendations for this complex surgery.

Surgeons' contributions to type of UD received might be explained by other more nuanced factors, including their clinical judgment about options for patients. Moreover, our approach could not account for how shared decision-making between patients and surgeons may have influenced UD choice. Some surgeons may engage in shared decision-making more than others, but it is by its nature a collaborative process that involves both patients and surgeons. Further research investigating these crucial aspects of decision-making, which are best assessed through self-report or observation, could help illuminate our findings.

Our findings are consistent with those of a 2015 study of 828 cystectomy patients conducted at a large cancer center that examined patient- and disease-specific factors in relation to UD type receipt.²² However, we found that women may be less likely to receive a neobladder than men, even after controlling for other clinical factors relevant to UD type, while the other study reported no difference in receipt of UD type by sex. Historically, women were considered a high-risk group for continent diversions, specifically neobladders, compared with men due to differences in lower urinary tract anatomy when reattaching the urethra to the neobladder.²³ However, more recent data suggest that women can also be good candidates for neobladder.^{24,25} Studies are needed to explore this gender disparity, and whether it holds across practice settings.²⁶

Our results suggest that the receipt of an ileal conduit compared with a neobladder or continent pouch is a complicated decision driven by both patient and physician factors. While there is a subgroup of patients who are not good candidates for continent diversions due to clinical and/or medical factors (eg, poor kidney function, late-stage disease, or concern about metastasis), other less

Table 1. Characteristics of patients in the Bladder Cancer Quality of Life (BCQOL) study (n = 991)

Patient Characteristics	Received Ileal Conduit (n = 794)		Received Neobladder/Pouch (n = 197) ^a		Total (n = 991)		P value ^b
	n	%	n	%	n	%	
Age at cystectomy							<.001
Mean (SD)	71.8 (9.1)		62.2 (9.3)		69.9 (9.9)		
Sex							.002
Male	602	75.8	166	84.3	768	77.5	
Female	192	24.2	31	15.7	223	22.5	
Race							.38
White	672	84.6	166	84.3	838	84.6	
Non-White	122	15.4	31	15.7	153	15.4	
Hispanic							.86
No	725	91.3	180	91.4	905	91.3	
Yes	69	8.7	17	8.6	86	8.7	
GFR (kidney function) within 12 weeks prior to Cystectomy (mL/min/1.73 m ²)							<.001
≥90 (normal)	89	11.2	27	13.6	116	11.7	
60≤90 (mildly reduced)	385	48.5	127	64.7	512	51.7	
45≤60 (moderately reduced)	192	24.2	36	18.2	228	23	
<45 (moderately to severely reduced)	128	16.1	7	3.5	135	13.6	
Mean (SD)	66.3 (22.5)		74.1 (16.9)		67.8 (21.7)		
Liver impairment (cirrhosis diagnosis and/or abnormal LFT)							.35
No	705	88.8	180	91.4	885	89.3	
Yes	89	11.2	17	3.6	106	10.7	
Charlson-Deyo Comorbidity Index with malignancy index (12 months prior to cystectomy) ^c							<.001
2	210	26.5	98	49.8	308	31.1	
3	153	19.3	38	19.3	191	19.3	
4+	431	54.3	61	31.0	492	49.7	
Mean (SD)	4.3 (2.3)		3.3 (1.9)		4.1 (2.2)		
Min-max	2 - 12		2 - 11		2 - 12		
AJCC stage at first bladder cancer diagnosis							.001
Oa	84	10.6	21	10.6	105	10.6	
Ois	25	3.2	8	4.0	33	3.3	
I	144	18.2	44	22.2	188	19	
II	204	25.7	72	36.4	276	27.8	
III	151	19.0	23	11.7	174	17.6	
IV	186	23.4	29	14.7	215	21.7	
Time between first bladder cancer diagnosis to surgery (months)							.98
Mean (SD)	15.2 (36.1)		14.7 (26.6)		15.1 (34.4)		
Min-max	0.3-370.9		0.7-176.6		0.3-370.9		
1st quartile-3rd quartile	1.7-9.4		2.6-11.1		1.8-9.6		
History of pelvic cancer before bladder cancer diagnosis							.053
No	709	89.3	187	95.0	896	90.4	
Yes	85	10.7	10	5.0	95	9.6	
Neoadjuvant therapy							.066
No	770	97.0	187	94.9	957	96.6	
Yes	24	3.0	10	5.1	34	3.4	
BMI within 3 months before surgery (kg/m ²)							.52
≤24.9 (normal weight)	242	30.5	55	27.9	297	30.0	
25.0-29.9 (overweight)	336	42.3	85	43.2	421	42.5	
30.0-34.9 (obese)	151	19.0	42	21.3	193	19.5	
≥35.0 (obese class II,III)	65	8.2	15	7.6	80	8.1	
Mean (SD)	27.6 (5.0)		28.2 (5.2)		27.7 (5.0)		

^a One hundred seventy-three neobladders and 24 continent pouches.^b p value accounting for nesting of patients within surgeons (random effect) nested within sites (fixed effect).^c Baseline comorbidity score = 2 since all patients had at least a bladder cancer diagnosis.

Table 2. Characteristics of surgeons who performed urinary diversion (UD) surgeries on patients in the BCQOL study (N = 169)

Surgeon Characteristics	Surgeons who performed only Ileal Conduit surgeries (n = 99)		Surgeons who performed Neobladder, Pouch, and/or Ileal Conduit surgeries (n = 70)		P-value ^b
	n	%	n	%	
Surgeon volume ^a					
min-max		0.2-4.7		0.2-14.3	
Mean (SD)		0.8 (0.70)		2.1 (2.95)	.016
Years since medical school graduation					.56
≤ 10 years	35	35.4	26	37.1	
10 - < 15 years	17	17.2	18	25.7	
15 - < 24 years	17	17.2	12	17.1	
> 24 years	30	30.3	14	20.0	
Mean (SD)		17.0 (13.7)		15.3 (13.4)	
Years employed at Kaiser Permanente					.60
< 5 years	25	25.3	14	20.0	
≥ 5 years	74	74.8	56	80.0	
Mean (SD)		4.8 (1.24)		5.0 (1.05)	
Clinical fellowship					.24
No	78	78.8	42	60.0	
Yes	21	21.2	28	40.0	

^a Calculated as total number of UD surgeries/tenure years employed at Kaiser Permanente across all study calendar years

^b P value accounting for nesting of patients within surgeons (random effect) nested within sites (fixed effect)

apparent factors likely play a role in the type of UD received. For example, older bladder cancer patients with higher likelihood of comorbid conditions may be seen as not having the vigor to withstand retraining a neobladder or maintaining a continent pouch. Further, their surgeons may be concerned about placing a higher recovery burden on these patients. This is, ideally, a joint decision by patients and their surgeons. Consistent with this, Berry et al reported that some older bladder cancer patients cited their age as a determining factor when considering type of UD.²⁷ Studies suggest that many cystectomy patients are unsatisfied with the amount of information their doctors provide about diversion choices.²⁸ Future research should explore how the observed patterns of UD receipt are shaped by information provided to patients, shared decision-making between patient and surgeon, and surgeon recommendations. Interviews or survey data could fill in these gaps.

In our study, the number of surgeries performed per tenure year, per surgeon was relatively low (0.2-14.3). These results indicate that many urologists who perform cystectomies in community settings are not sub-specialists or high-volume cystectomy surgeons, consistent with a recent analysis of 6-month case log data of urologists certified between 2003 and 2013 from the American Board of Urology.²⁹ In that study, 50% of cystectomies were performed by a urologist who logged only 1 case during the certification period. Median number of cystectomies performed was 2 (interquartile range 1-3) with the top 10% of urologists performing 5 or more cystectomies. Oncology specialty and nonprivate practice type were both independently associated with the top 10% of cystectomy volume.

These rates remain important to consider in future research, given that 40% of cystectomies are performed in community settings.³⁰

Compared with academic centers, the patient population in our study sites is quite large (approximately 8.5 million members), as are the number of practice groups, hospitals, and treating urologists. Geographic location, clinic schedule, and surgeon subspecialization can influence which surgeon treats a particular bladder cancer patient. Patients usually do not request their surgeon. However, within a large group practice with easy referrals, if their primary urologist is not a neobladder expert, they can receive a neobladder from a surgeon with this training. This may help to explain why the surgeon factors we measured did not predict which UD patients received.

Strengths of this study include being the largest multi-site study in the United States to date examining predictors of UD type in community settings defined by integrated care, and being 1 of the first studies to systematically evaluate both patient and surgeon factors. Our results are also generalizable to community practices as it involves institutions with substantial variability in practice patterns. For example, in KPSC, there are more subspecialists available to perform neobladders compared with KPNC and KPNW. In KPNW, it is common for a second surgeon to assist in cystectomies, so that expertise is higher than case volume numbers suggest. In KPNC, these surgeries were usually performed by general urologists; however, patients began to be directed to surgeons with surgical oncology training near the end of the study period in 2015.

Table 3. Patient factors associated with odds of receiving an ileal conduit vs. neobladder/continent pouch in bladder cancer patients with cystectomies performed in community settings between 2010 and 2015, BCQOL study ($n = 991$)

Patient Characteristics	Odds Ratio ^a	95% Confidence Interval ^a		Relative Importance ^b
Age (10-year increments)	4.31*	3.14	5.91	0.93
Sex				0.18
Male	Ref			
Female	2.39*	1.32	4.35	
Race				0.12
White	Ref			
Non-White	1.35	0.71	2.59	
Hispanic				0.12
No	Ref			
Yes	1.34	0.62	2.91	
Kidney function (mL/min/1.73 m ²)				0.40
≥90 (normal)	Ref			
60≤90 (mildly reduced)	0.85	0.41	1.74	
45≤60 (moderately reduced)	0.86	0.37	2.00	
<45 (moderately to severely reduced)	4.30*	1.38	13.36	
Liver Impairment (cirrhosis diagnosis or abnormal LFT)				0.12
No	Ref			
Yes	1.29	0.60	2.78	
Charlson-Deyo comorbidity score				0.46
2	Ref			
3	1.26	0.68	2.33	
4+	2.32*	1.34	4.01	
AJCC stage at first diagnosis				0.27
0a	0.79	0.34	1.85	
0is	0.73	0.24	2.19	
I	0.98	0.52	1.84	
II	Ref			
III	2.21*	1.05	4.65	
IV	4.00*	1.97	8.09	
History of pelvic cancer before bladder cancer diagnosis				0.14
No	Ref			
Yes	1.54	0.62	3.82	
Time between first bladder cancer diagnosis to surgery (months)	1.00	0.99	1.01	0.11
Neoadjuvant therapy				0.14
No	Ref			
Yes	0.53	0.14	2.00	
BMI per 5 unit increase within 3 months before surgery (kg/m ²)	1.04	0.84	1.29	0.14

* Statistically significant ($P < .05$)

^a From multivariable mixed effects logistic regression model with surgeon as a random effect, and region as a fixed effect. All variables listed were included in the model.

^b Using the adequacy index, defined as the fraction of the full model $-2 \log$ likelihood that could be accounted for with a model including just that variable itself.

Limitations include no direct access to information on patient and physician preferences, or decision-making processes. We also acknowledge that selection bias may influence if a patient undergoes cystectomy (compared to chemoradiation therapy) or where they receive it, however our primary objective was to examine factors associated with the use and receipt of UD type in a surgically treated cohort.

CONCLUSION

Receipt of IC vs continent UD is largely determined by patient factors. While surgeons also play a significant role

in decision-making, the specific factors driving this process are not easily characterized. Accordingly, a model consisting of readily available patient factors offers a valid approach for minimizing treatment assignment bias in observational comparative effectiveness research on outcomes associated with urinary diversion type. Future studies should explore more nuanced surgeon-related factors, such as beliefs about UD options and likely outcomes, and communication and decision-making approaches with patients.

Acknowledgments. We would like to thank James V. Davis, Christopher S. Peterson, Jill A. Pope, and Angela R. Paolucci at The Kaiser Permanente Center for Health Research for administrative and editing support.

SUPPLEMENTARY MATERIALS

Supplementary material associated with this article can be found, in the online version, at <https://doi.org/10.1016/j.urology.2018.09.037>.

References

1. Agency for Healthcare Research and Quality (AHRQ). Healthcare Cost and Utilization Project (HCUP); 2017. [cited 2017 04/19/2017]; Available from: <https://www.ahrq.gov/research/data/hcup/index.html>.
2. Bachir BG, Kassouf W. Urinary diversions: advantages and disadvantages of the major types of diversions. *Curr Opin Support Palliat Care*. 2013;7:249–253.
3. Resnick MJ, Bassett JC, Clark PE. Management of superficial and muscle-invasive urothelial cancers of the bladder. *Curr Opin Oncol*. 2013;25:281–288.
4. Gore JL, Saigal CS, Hanley JM, Schonlau M, Litwin MS. P. Urologic Diseases in America. Variations in reconstruction after radical cystectomy. *Cancer*. 2006;107:729–737.
5. Evans B, Montie JE, Gilbert SM. Incontinent or continent urinary diversion: how to make the right choice. *Curr Opin Urol*. 2010;20:421–425.
6. Marko NF, Weil RJ. The role of observational investigations in comparative effectiveness research. *Value Health*. 2010;13:989–997.
7. Curtis JP, Krumholz HM. The predicament of comparative effectiveness research using observational data. *Ann Intern Med*. 2015;163:799–800.
8. Goulart BH, Ramsey SD, Parvathaneni U. Observational study designs for comparative effectiveness research: an alternative approach to close evidence gaps in head-and-neck cancer. *Int J Radiat Oncol Biol Phys*. 2014;88:106–114.
9. Ross TR, Ng D, Brown JS, et al. The HMO research network virtual data warehouse: a public data model to support collaboration. *EGEMS*. 2014;2:1049.
10. Deyo RA, Cherkin DC, Ciol MA. Adapting a clinical comorbidity index for use with ICD-9-CM administrative databases. *J Clin Epidemiol*. 1992;45:613–619.
11. Agresti A. *Categorical Data Analysis*. 3rd ed. Wiley; 2013:744.
12. Raudenbush SW, Bryk AS. *Hierarchical Linear Models: Applications and Data Analysis Methods*. SAGE Publications; 2002.
13. Skrondal A, Rabe-Hesketh S. *Generalized Latent Variable Modeling: Multilevel, Longitudinal, and Structural Equation Models*. CRC Press; 2004.
14. Hanley JA, McNeil BJ. The meaning and use of the area under a receiver operating characteristic (ROC) curve. *Radiology*. 1982;143:29–36.
15. Lemeshow S, Hosmer Jr. DW. A review of goodness of fit statistics for use in the development of logistic regression models. *Am J Epidemiol*. 1982;115:92–106.
16. Al-Radi OO, Harrell Jr. FE, Caldarone CA, et al. Case complexity scores in congenital heart surgery: a comparative study of the Aristotle Basic Complexity score and the Risk Adjustment in Congenital Heart Surgery (RACHS-1) system. *J Thorac Cardiovasc Surg*. 2007;133:865–875.
17. Harrell Jr. FE. *Regression Modeling Strategies*. New York: Springer; 2001.
18. StataCorp. *Stata Statistical Software: Release 13*. College Station, TX: StataCorp LP; 2013.
19. Hautmann RE. Which patients with transitional cell carcinoma of the bladder or prostatic urethra are candidates for an orthotopic neobladder? *Curr Urol Rep*. 2000;1:173–179.
20. Lee RK, Abol-Enein H, Artibani W, et al. Urinary diversion after radical cystectomy for bladder cancer: options, patient selection, and outcomes. *BJU Int*. 2014;113:11–23.
21. Witjes JA, Comperat E, Cowan NC, et al. EAU guidelines on muscle-invasive and metastatic bladder cancer: summary of the 2013 guidelines. *Eur Urol*. 2014;65:778–792.
22. Luchey AM, Agarwal G, Espiritu PN, et al. Patient and disease-specific factors and their influence on urinary reconstruction choice at a referral center. *World J Urol*. 2015;33:1763–1768.
23. Stenzl A, Colleselli K, Poisel S, Feichtinger H, Bartsch G. The use of neobladders in women undergoing cystectomy for transitional-cell cancer. *World J Urol*. 1996;14:15–21.
24. Gschwend JE. Bladder substitution. *Curr Opin Urol*. 2003;13:477–482.
25. Stenzl A, Holtl L. Orthotopic bladder reconstruction in women—what we have learned over the last decade. *Crit Rev Oncol Hematol*. 2003;47:147–154.
26. Stein JP, Penson DF, Lee C, et al. Long-term oncological outcomes in women undergoing radical cystectomy and orthotopic diversion for bladder cancer. *J Urol*. 2009;181:2052–2058. discussion 2058–9.
27. Berry DL, Nayak M, Halpenny B, et al. Treatment decision making in patients with bladder cancer. *Bladder Cancer*. 2015;1:151–158.
28. Mohamed NE, Chaoprang Herrera P, Hudson S, et al. Muscle invasive bladder cancer: examining survivor burden and unmet needs. *J Urol*. 2014;191:48–53.
29. Flum AS, Oberlin DT, Bachrach L, et al. Characteristics of certifying urologists performing cystectomies in the United States. *Urol Pract*. 2015;2:367–372.
30. Waingankar N, Mallin K, Smaldone M, et al. Assessing the relative influence of hospital and surgeon volume on short-term mortality after radical cystectomy. *BJU Int*. 2017;120:239–245.

EDITORIAL COMMENT



In the manuscript “Factors that Influence Selection of Urinary Diversion among Bladder Cancer Patients in 3 Community-Based Integrated Health Care Systems,” the authors present patient vs surgeon specific factors affecting the type of urinary diversion selection for patients undergoing radical cystectomy for bladder cancer. It is a well-designed examination of a large patient cohort in an integrated health system. In this study of 991 patients, 794 (80%) patients received an ileal conduit (IC) urinary diversion. This utilization of IC urinary diversion vs continent diversion is similar to a recent study by Kovell et al who looked at urinary diversion types in the National Surgical Quality Improvement Program database and found utilization of incontinent urinary diversions to be 80.0%.¹ Furthermore, in that study, variables increasing a patient’s odds of undergoing IC over continent diversion included older age, female sex, estimated glomerular filtration rate <45, 4+ comorbidity index score, and stage III/IV tumors. These findings have also been supported in the literature by others. Roghmann et al also looked at variables associated with patients receiving a neobladder which included younger age, male sex, fewer comorbidities, more likely to be privately insured, and increasing hospital volume.² These patient specific variables were generally confirmed in the present manuscript. Surgeon specific variables were also investigated, and surgeons who performed neobladder or continent pouch diversions at Kaiser Permanente were higher volume surgeons, fewer years out from training, and more likely to have undergone fellowship training. This group of surgeons was also more likely to have been employed at Kaiser Permanente for longer than 5 years. Of interest, in the author’s predictive model, only patient variables impacted the model, indicating that surgeon factors may not necessarily be important in the type of urinary diversion selected.

Nevertheless, what is even more intriguing in this manuscript is that even at an employed, integrated health system where pro-

duction incentives are not relevant, there are a high number of surgeons performing a radical cystectomy at a low-volume rate on a yearly basis. The data on outcomes and volume in the radical cystectomy population is robust, but even at Kaiser Permanente where incentives are more aligned with quality than quantity, patients are having their complex surgery performed by a urologist who may not be best suited to produce an optimal outcome for the patient. We could certainly conjecture as to the reasons why this paradox exists, however, what is more relevant is that this data is a microcosm of the challenges that exist in centralizing care/realigning incentives in urology and medicine overall.

Danica May, MD, Daniel J. Canter, MD, Department of Urology, Ochsner Health System, New Orleans, LA

References

1. Kovell RC, Brooks DC, Haddad D, Terlecki R. Morbidity associated with urinary diversion in the united states: a contemporary evaluation using the NSQIP database. *Urol Pract* 2017. <https://doi.org/10.1016/j.urpr.2017.09.006>.
2. Roghmann F, Becker A, Trinh Q-D, et al. Updated assessment of neobladder utilization and morbidity according to urinary diversion after radical cystectomy: a contemporary US-population-based cohort. *Can Urol Assoc J J Assoc Urol Can.* 2013;7:E552–E560. <https://doi.org/10.5489/auaj.221>.

<https://doi.org/10.1016/j.urology.2018.11.022>
UROLOGY 125: 228–229, 2019. © 2018 Elsevier Inc.

AUTHOR REPLY



We agree with the authors that our study data on surgeon volume underscore the challenges in ensuring timely, high-quality care in any health system. At Kaiser Permanente, changes have been made to increase the number of patients receiving surgeries by higher-volume surgeons and specialists during the past 5 years

which are not fully reflected in our study data of surgeries performed during 2010-2015. These changes have included referring more cystectomies to high-volume surgeons, offering multidisciplinary genitourinary oncology clinics, or having a high-volume surgeon assist during cystectomies that are performed by a lower-volume surgeon. However, our study data do not account for specialists assisting with surgeries. Only the primary surgeon was captured and thus may not fully represent the experience of the surgical team. Additionally, while our health systems have increasingly emphasized specialization of care, they also place a heavy emphasis on access and patient preferences. Patient preferences may be influenced by factors such as travel distance, desire to stay with the urologist who has been treating the patient for bladder cancer, or other considerations, and may contribute to some surgeries being performed by lower-volume surgeons. Finally, while a multitude of factors influence who performs a surgery, there is no individual financial incentive for a urologist to perform these surgeries within our healthcare systems. Thus, we agree with the authors that the wide range of surgical experience observed in our study reflects the challenges encountered in centralizing care, and the need for proactive systems to increase specialization for these surgeries.

Marilyn L. Kwan, PhD, Kim N. Danforth, ScD, David S. Aaronson, MD, Matthew D. Wagner, MD, Stephen G. Williams, MD, Carmit K. McMullen, PhD, Kaiser Permanente Division of Research, Oakland, CA; Kaiser Permanente Department of Research & Evaluation, Pasadena, CA; Department of Urology, Kaiser Permanente Oakland Medical Center, Oakland, CA; Department of Urology, Kaiser Permanente Sunnyside Medical Center, Clackamas, OR; Department of Urology, Kaiser Permanente Riverside Medical Center, Riverside, CA; Kaiser Permanente Center for Health Research, Portland, OR

<https://doi.org/10.1016/j.urology.2018.11.023>
UROLOGY 125: 229, 2019. © 2018 Elsevier Inc.