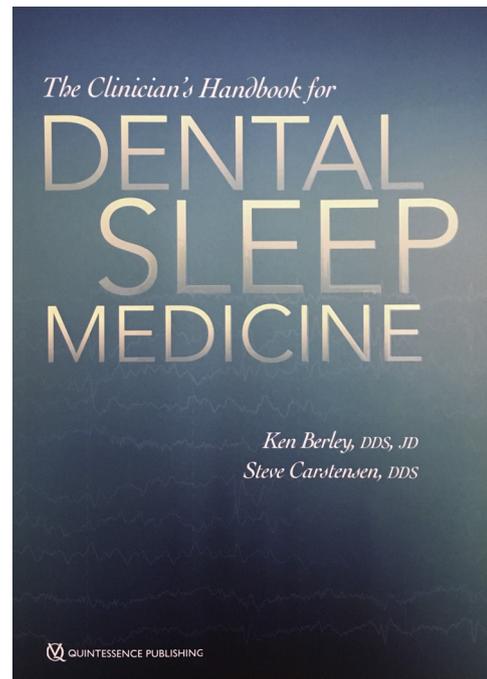


The clinician's handbook for dental sleep medicine

Ken Berley and Steve Carstensen. Batavia, Ill: Quintessence Publishing; 2019; \$72

Reviewed by Greg Huang

The *Clinician's Handbook for Dental Sleep Medicine* is authored by 2 dentists, Ken Berley and Steve Carstensen, who have focused their dental practices on sleep disorders. The text is designed to serve as a reference to dentists who have an interest in dental sleep medicine. It begins with several chapters that provide background material for sleep disorders, and then transitions into chapters specific to the practice of dental sleep medicine. These chapters include practical instruction on how to interface with physicians, integrate sleep medicine into a dental practice, and select oral appliances. The text also covers complications resulting from the use of oral appliances. Toward the end of the book, 2 important topics are discussed—legal aspects of dental sleep medicine and navigating insurance issues. Finally, there is a short chapter on pediatric airway problems. Because the dental field is increasingly emphasizing its role in airway and sleep disorders, this textbook is a useful and concise reference for every dentist.



Am J Orthod Dentofacial Orthop 2019;156:577
0889-5406/\$36.00
© 2019.
<https://doi.org/10.1016/j.ajodo.2019.06.010>