

(contents continued)

Age- and body weight-dependent association between sleep duration and hypertension in US adults: findings from the 2014-2017 National Health Interview Survey 509

Oluwatimilehin Okunowo, MPH, Helen T. Orimoloye, PhD, MD, MPH, Sulaimon A. Bakre, MD, MPH, Ndolembai S. Njesada, PhD, MPH, and Ambe Solomon, MD, MPH

A preliminary study of a composite sleep health score: associations with psychological distress, body mass index, and physical functioning in a low-income African American community 514

Amy S. DeSantis, PhD, Tamara Dubowitz, ScD, Bonnie Ghosh-Dastidar, PhD, Gerald P. Hunter, MS, Matthew Buman, PhD, Daniel J. Buysse, MD, Lauren Hale, PhD, and Wendy M. Troxel, PhD

Weekday and weekend sleep duration and mortality among middle-to-older aged White and Black adults in a low-income southern US cohort 521

Qian Xiao, PhD, William J. Blot, PhD, and Charles E. Matthews, PhD

The Sleep Health Times

The Sleep Health Times 528