

# Risk factors and prognostic impact of left ventricular assist device–associated infections



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**Background** Left ventricular assist device (LVAD)–associated infections may be life-threatening and impact patients' outcome. We aimed to identify the characteristics, risk factors, and prognosis of LVAD-associated infections.

**Methods** Patients included in the ASSIST-ICD study (19 centers) were enrolled. The main outcome was the occurrence of LVAD-associated infection (driveline infection, pocket infection, or pump/cannula infection) during follow-up.

**Results** Of the 652 patients enrolled, 201 (30.1%) presented a total of 248 LVAD infections diagnosed 6.5 months after implantation, including 171 (26.2%), 51 (7.8%), and 26 (4.0%) percutaneous driveline infection, pocket infection, or pump/cannula infection, respectively. Patients with infections were aged 58.7 years, and most received HeartMate II (82.1%) or HeartWare (13.4%). Most patients (62%) had implantable cardioverter-defibrillators (ICDs) before LVAD, and 104 (16.0%) had ICD implantation, extraction, or replacement after the LVAD surgery. Main pathogens found among the 248 infections were *Staphylococcus aureus* (n = 113; 45.4%), *Enterobacteriaceae* (n = 61; 24.6%), *Pseudomonas aeruginosa* (n = 34; 13.7%), coagulase-negative staphylococci (n = 13; 5.2%), and *Candida* species (n = 13; 5.2%). In multivariable analysis, HeartMate II (subhazard ratio, 1.56; 95% CI, 1.03 to 2.36; P = .031) and ICD-related procedures post-LVAD (subhazard ratio, 1.43; 95% CI, 1.03-1.98; P = .031) were significantly associated with LVAD infections. Infections had no detrimental impact on survival.

**Conclusions** Left ventricular assist device–associated infections affect one-third of LVAD recipients, mostly related to skin pathogens and gram-negative bacilli, with increased risk with HeartMate II as compared with HeartWare, and in patients who required ICD-related procedures post-LVAD. This is a plea to better select patients needing ICD implantation/replacement after LVAD implantation. (Am Heart J 2019;214:69-76.)

Heart failure is a major cause of morbidity and mortality worldwide: around 2% of the adult population in developed countries have heart failure.<sup>1</sup> Its prevalence and incidence are

increasing, and the constant shortage of donor organs increases the need for alternatives to heart transplant in patients with end-stage heart failure refractory to medical treatment.<sup>2</sup>

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In this context, the advent of implantable left ventricular assist device (LVAD) represents a major medical progress<sup>3,4</sup> and is currently used as a bridge-to-heart transplantation, as bridge-to-recovery, or as a long-term myocardial surrogate, termed as *destination therapy*.<sup>5</sup> Implantable LVAD intended for long-term use relies on a percutaneous driveline, to carry electric energy from the batteries to the implanted pump. As with any other implantable foreign device, LVAD is subject to LVAD-associated infections, whose incidence is constantly growing, proportionally to the number of patients implanted with LVAD.<sup>6-8</sup> Indeed, the presence of a driveline piercing the skin places the patient at a continuous risk for infections, which can affect the exit site, the subcutaneous tunnel, the abdominal pocket (if present), the implanted pump, and disseminate through bloodstream infections. The transition from pulsatile to continuous-flow LVAD significantly improved clinical outcomes<sup>9</sup> and decreased the risk of infectious complications, but LVAD-associated infections are still common.<sup>10-13</sup>

Because of the scarcity of data currently available in the medical literature, the management of these emerging infections is poorly standardized and mostly derives from the state-of-the-art management of other cardiovascular device-related infections (eg, pacemaker, implantable cardioverter-defibrillator [ICD], prosthetic valves, or vascular prosthesis), although their characteristics are significantly different. Thus, we aimed to describe LVAD-associated infections and their risk factors and prognosis through a large-scale multicenter retrospective observational study of patients implanted with LVAD.

## Methods

### Study population

This study was a retrospective analysis of the multicenter observational ASSIST-ICD study ("Determination of Risk Factors of Ventricular Arrhythmias After Implantation of Continuous Flow Left Ventricular Assist Device" [ClinicalTrials.gov](https://clinicaltrials.gov/ct2/show/study/NCT02873169) NCT02873169), including 19 tertiary centers. The methods of this study were previously published.<sup>14</sup> Briefly, patients aged  $\geq 18$  years who had been implanted with axial HeartMate 2 (Abbott, Chicago, IL), Jarvik2000 (Jarvik Heart, Inc, New York, NY), or centrifugal HeartWare pumps (Medtronic, Columbia Heights, MN) between February 2006 and December 2016 were included. Exclusion criteria were patients who underwent total artificial heart placement or pulsatile flow LVAD and VentrAssist (Ventricor, Chatswood, NSW, Australia) recipients. This study was entirely funded by the French Federation of Cardiology using a grant obtained by the principal investigators. Of note, the authors are solely responsible for the design and conduct of this study, all study analyses, the drafting and editing of the manuscript, and its final contents.

This study was approved by the regional ethic committees, the French Advisory Committee on the

Treatment of Research Information in the Field of Health, and the French National Commission of Informatics and Civil Liberties. A nonopposition letter was sent to patients, as requested by French authorities for retrospective studies.

### LVAD implantation procedure and follow-up

Although no national guidelines were available for LVAD implantation in France during the study period, most centers used cefamandole as first-line prophylaxis for less than 24 hours from the time of LVAD implantation, under rigorous aseptic conditions, with no continuous antibacterial prophylaxis after implantation. Throughout the study period, skin preparation procedures included preoperative shower with chlorhexidine gluconate solution the night before surgery and 2 separate skin preparation before incision with either povidone-iodine or chlorhexidine with ethanol. Patients with LVAD received repeated counseling and education by specialized staff before and after LVAD implantation, to reduce the risk of infection and trauma at the exit site. Patients were followed up in their referral centers depending on local habits: mainly monthly the first year, then every 3 to 6 months. In addition, they could be attended whenever deemed necessary. When an LVAD-associated infection was suspected, cases were reviewed by the endocarditis team in each site, including at least 1 cardiac surgeon, 1 infectious diseases specialist, and 1 microbiologist.

### Definitions of LVAD-associated infections

We focused on LVAD-specific infections, as defined by the International Society for Heart and Lung Transplantation criteria, that is, infections that are related to the device hardware: percutaneous driveline infections, pocket infections, and/or pump/cannula infections.<sup>15</sup> Briefly, (1) percutaneous driveline infections were defined as pain, erythema, or purulent drainage restricted to the LVAD entry site, with a positive culture from the skin, and the decision to initiate systemic antimicrobial therapy; (2) pocket infections were defined by the combination of 2 major criteria: (i) new fluid collection surrounding the pocket identified by radiologic criteria (computed tomographic enhancement/ultrasound and/or gas or sinus tract) and (ii) fluid culture positive, or by the combination of 1 major criterion (see above) and 3 minor criteria, as follows: (i) fever  $\geq 38^{\circ}\text{C}$  with no other recognized cause, (ii) new local erythema over the pocket site, (iii) local pain and tenderness, (iv) induration or swelling, and (v) radiologic evidence not fulfilling major criteria; and (3) lastly, pump/cannula infections were defined by a combination of 2 major criteria, derived from modified Duke criteria: (i) an indistinguishable organism (genus, species, and antimicrobial susceptibility pattern) was recovered from 2 or more peripheral blood cultures taken at least 12 hours apart with no other

focus of infection and (ii) echocardiogram findings of intracardiac mass suspected to be vegetation adjacent to or in the outflow cannula, or in an area of turbulent flow, or on implanted material, or abscess, or new partial dehiscence of outflow cannula, or by the combination of 1 major and 3 minor criteria, as follows: (i) fever  $\geq 38^{\circ}\text{C}$  with no other recognized cause; (ii) vascular phenomena, major arterial emboli, septic pulmonary infarcts, mycotic aneurysm, conjunctival hemorrhage, and Janeway lesions; (iii) immunologic phenomena, such as glomerulonephritis, Osler nodes, and Roth spot; and (iv) microbiologic evidence not fulfilling major criteria.

### Statistical analysis

Categorical variables were presented as number and percentages. Continuous variables were presented as medians with first and third quartiles (interquartile range, or IQR). Qualitative data were compared using  $\chi^2$  or Fisher exact tests, while quantitative data were compared using Mann-Whitney test. All tests were 2-sided at the .05 significance level. Overall and free from LVAD-associated infections survival rates were summarized using Kaplan-Meier estimates, and log-rank tests were used to compare groups. All univariable analyses were performed on complete cases. Predictors of LVAD-associated infections were analyzed using univariable and multivariable Fine and Gray Cox models accounting for death and heart transplant as competing events. Variables with  $P < .1$  in univariable analysis and age at implantation were included in the multivariable analysis. Results are expressed as subhazard ratio (sHR) with their respective 95% CI. The impact of LVAD-associated infections on survival was analyzed using univariable and multivariable Cox models. There were no missing data among the 7 variables with  $P < .1$  in univariable analysis included in the multivariable analysis. For the purposes of the multivariable analysis, missing data were handled by multiple imputations using the Markov Chain Monte Carlo method, assuming that they were missing completely at random. Ten imputed data sets were created; results were pooled according to Rubin's rule and reported as adjusted HR with their 95% CI. Statistical analyses were conducted using the Statistical Package for Social Sciences version 22 (SPSS Inc, IBM, Armonk, NY) and Stata Statistical Software release 13 (StataCorp, LLC, College Station, TX).

## Results

### Patients' characteristics

Between February 2006 and December 2016, 659 patients were implanted with a continuous-flow LVAD. Among these, 7 patients were excluded (3 patients received a VentrAssist and 4 patients died during the LVAD surgery). Hence, 652 patients were included in the final analysis. Patients' characteristics are presented in

**Table I.** Among these patients, 561 (86%) were men, with a median age of 59.8 years (51.4-66.4 years) at the time of LVAD implantation.

### LVAD-associated infections

Of the 652 patients enrolled, 201 (30%) presented a total of 248 LVAD-associated infections during the study period, including 171 (26%), 51 (8%), and 26 (4%) percutaneous driveline infection, pocket infection, or pump/cannula infection, respectively (patients could have  $>1$  infection). The median delay from LVAD implantation to the first diagnosed LVAD-associated infection was 6.5 months (3.1-12.4). The estimated survival rates without LVAD-associated infections at 1, 2, and 3 years were 65.7% (95% CI, 60.8%-70.1%), 53.5% (95% CI, 47.8%-58.9%), and 41.4% (95% CI, 34.6%-48.1%), respectively. The survival free from driveline, pocket, or pump/cannula infection is shown in [Figure 1A](#).

As described in [Table I](#), patients with or without infections during follow-up had similar clinical characteristics and comorbidities. However, a significant difference in terms of type of LVAD implanted was observed (82% and 69% of HeartMate II, respectively). Furthermore, the LVAD indication significantly differed among groups. Most patients ( $n = 403$ ; 62%) had an ICD implanted before LVAD, and 104 (16%) underwent ICD-related procedures after the LVAD surgery (extraction, replacement, or implantation for those not having an ICD at the time of LVAD surgery).

Among the 248 LVAD-associated infections, the main pathogens involved were *Staphylococcus aureus* ( $n = 113$ ), *Enterobacteriaceae* ( $n = 61$ ), *Pseudomonas aeruginosa* ( $n = 34$ ), coagulase-negative staphylococci ( $n = 13$ ), and *Candida* species ( $n = 13$ ; some patients had  $\geq 2$  germs). Main characteristics of LVAD-associated infections involving the driveline exit site, the pocket, and/or the pump/cannula are presented in [Table III](#). As shown in [Figure 1B](#), the time from LVAD implantation to infection varied depending on the pathogen, from 1.7 (IQR, 0.9-6.8) to 9.9 (5.3-17.6) months for *Candida* species and *Enterobacteriaceae*, respectively ( $P = .014$ ).

### Predictors of LVAD-associated infections

In competing risk regression accounting for death, heart transplant, hypertension ( $P = .045$ ), intra-aortic balloon pump before LVAD ( $P = .03$ ), HeartMate II ( $P = .016$ ), destination therapy ( $P = .006$ ), and ICD-related procedures post-LVAD ( $P = .003$ ), were associated with LVAD-associated infections. On multivariable analysis ([Table II](#)), only HeartMate II (sHR, 1.56; 95% CI, 1.03-2.36;  $P = .037$ ) and ICD-related procedures post-LVAD (sHR, 1.43; 95% CI, 1.03-1.98;  $P = .031$ ) were independently associated with LVAD-associated infections. Interestingly, as shown in [Table IV](#), the type of pathogens responsible for LVAD-associated infections in patients with or without ICD-related procedures was

**Table 1.** Patients characteristics

|  | All patients<br>(n = 652) | Patients with LVAD-associated<br>infection (n = 201) | Patients without LVAD-associated<br>infection (n = 451) | P               |
|--|---------------------------|--|---|-----------------|
| Age (y), median (IQR)                                    | 59.8 (51.4-66.4)          | 58.7 (50.9-65.1)                                     | 60.3 (51.8-67.0)  | .056            |
| Men (%)  | 561 (86)                  | 171 (85)   | 390 (86)  | .723            |
| Body mass index (kg/m <sup>2</sup> ), median (IQR)       | 25.3 (22.6-27.8)          | 25.1 (22.8-28.1)                                     | 25.3 (22.6-27.8)  | .949            |
| Hypertension (%)   | 233 (36)                  | 61 (30)  | 172 (38)  | .068            |
| Diabetes mellitus (%)                                    | 154 (24)                  | 43 (21)  | 111 (25)  | .427            |
| Dyslipidemia (%)   | 283 (43)                  | 83 (41)  | 200 (44)  | .488            |
| History of smoking (%)                                   | 395 (61)                  | 120 (60)   | 275 (61)  | .825            |
| Heart failure etiology (%)                               |                           |  |   | .522            |
| Ischemic   | 412 (63)                  | 124 (62)   | 288 (64)  |                 |
| Idiopathic   | 178 (27)                  | 57 (28)  | 121 (27)  |                 |
| Other  | 62 (13)                   | 20 (10.0)  | 42 (9)  |                 |
| Heart failure duration (mo), median (IQR) <sup>a</sup>   | 61 (2-169)                | 48 (1-135)   | 68 (2-179)  | .059            |
| History of supraventricular arrhythmias (%) <sup>a</sup> | 302 (46)                  | 97 (48)  | 205 (45)  | .563            |
| LVEDD (mm), median (IQR) <sup>a</sup>                    | 70 (64-75)                | 70 (63-76)   | 69 (64-75)  | .740            |
| LVEF (%), median (IQR) <sup>a</sup>                      | 20.0 (15-25)              | 20 (15-25)   | 20 (15-25)  | .534            |
| ICD (%) <sup>a</sup>                                     | 403 (62)                  | 121 (60)   | 282 (63)  | .595            |
| Cardiac resynchronization therapy (%) <sup>a</sup>       | 198 (30)                  | 60 (30)  | 138 (31)  | .921            |
| Biology serum  |                           |  |   |                 |
| Creatinine (μmol/L)                                      | 115.0 (87.0-148.0)        | 119.7 (84.5-146.0)                                   | 112.5 (88.0-149.0)                                      | .860            |
| Serum sodium (mmol/L)                                    | 136.0 (132.0-139.0)       | 135.0 (132.0-139.0)                                  | 136.0 (132.0-139.0)                                     | .379            |
| Total bilirubin (mmol/L)                                 | 16.0 (10.0-27.0)          | 15.0 (10.0-24.0)                                     | 16.0 (10.6-27.3)  | .222            |
| Temporary mechanical support (%)                         | 258 (40)                  | 84 (42)  | 174 (38)  | .492            |
| ECLS   | 136 (21)                  | 42 (21)  | 94 (21)   | .929            |
| Intra-aortic balloon pump                                | 58 (9)                    | 26 (13)  | 32 (7)  | <b>.023</b>     |
| Impella  | 64 (10)                   | 16 (8)   | 48 (11)   | .357            |
| Type of LVAD (%)   |                           |  |   |                 |
| HeartMate II   | 475 (73)                  | 165 (82)   | 310 (69)  | <b>.002</b>     |
| HeartWare  | 127 (19)                  | 27 (13)  | 100 (22)  |                 |
| Jarvik2000   | 50 (8)                    | 9 (4)  | 41 (9)  |                 |
| LVAD indication (%)                                      |                           |  |   |                 |
| Bridge-to-transplantation                                | 387 (59)                  | 137 (68)   | 250 (55)  | <b>.009</b>     |
| Destination therapy                                      | 247 (38)                  | 60 (30)  | 187 (41)  |                 |
| Bridge-to-decision/recovery                              | 18 (3)                    | 4 (2)  | 14 (3)  |                 |
| Combined surgery with LVAD (%)                           | 95 (15)                   | 31 (15)  | 64 (14)   | .771            |
| Right ECLS during surgery (%)                            | 81 (12)                   | 21 (10)  | 60 (13)   | .372            |
| Patients with ICD-related procedures post-LVAD (%)       | 104 (16)                  | 47 (23)  | 57 (12)   | <b>&lt;.001</b> |

Categorical variables are presented as number (%). Continuous variables are presented as medians (IQR).

Abbreviations: ECLS, Extracorporeal life support; ICU, intensive care unit; LVEDD, left ventricular end-diastolic diameter; LVEF, left ventricular ejection fraction.

<sup>a</sup>Before LVAD implantation

different, because the proportion of *S aureus* and *P aeruginosa* significantly differed (68% vs 41% [ $P = .002$ ] and 4% vs 18% [ $P = .035$ ], respectively).

### Impact of LVAD-associated infections on survival

Among the 652 patients analyzed, 22 (3%) had an infection during the in-hospital stay after LVAD implantation, including 14 driveline, 7 pocket, and 5 pump/cannula infections. Eight of these infected patients died during this index hospitalization, including 4 who died of a septic shock. A total of 494 patients were discharged alive from the hospital. Among them, 179 (36%) had an infection, including 157 driveline, 44 pocket, and 21 pump/cannula infections. Fifty-one of these infected patients eventually died, including 14 who died of a septic shock. Death occurred 4.4 (1.7-9.8) months after the infection was diagnosed. In

summary, 18 patients (10%) died of a septic shock during follow-up.

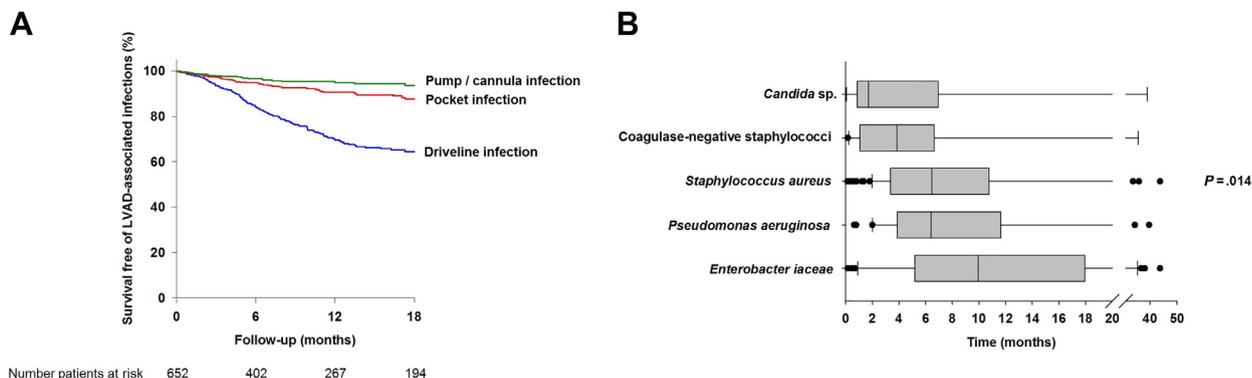
After adjustment for other variables associated with survival in univariate analysis, LVAD-associated infections had no detrimental impact on long-term survival (HR, 0.54; 95% CI, 0.39-0.73;  $P < .001$ ). Patients who had LVAD-associated infections more often underwent heart transplant (42% vs 26%,  $P < .001$ ).

## Discussion

### Main results

The main results of this multicenter study of LVAD-associated infections performed in 19 referral centers are as follows: (1) first, we confirmed that infectious complications are common after LVAD implantation, documented in 30% of patients, with a median duration

**Figure 1**



**A**, Survival free from driveline, pocket, or pump/cannula infection. The estimated survival rates at 12 months without driveline, pocket, and pump/cannula infections were 69.7% (64.8-74.1), 90.5% (87.0-93.1), and 95.4% (92.8-97.0), respectively. **B**, Time from LVAD implantation to infection for the main pathogens.

**Table II.** Univariate and multivariate analyses of risk factors for LVAD-associated infections

| Variables  | Univariate sHR (95% CI) | P    | Multivariable sHR (95% CI) | P    |
|--|-------------------------|------|----------------------------|------|
| Age at implantation, per 1-y increase                      | 0.99 (0.98-1.00)        | .25  | 1.01 (0.99-1.02)           | .34  |
| Hypertension   | 0.74 (0.55-0.99)        | .045 | 0.79 (0.58-1.06)           | .12  |
| Heart failure duration before LVAD, per 1-mo increase      | 0.999 (0.998-1.000)     | .076 | 0.999 (0.998-1.001)        | .34  |
| IABP before LVAD implantation                              | 1.57 (1.04-2.35)        | .03  | 1.27 (0.81-1.99)           | .30  |
| Type of LVAD   |                         |      |                            |      |
| HeartMate II (vs HeartWare)                                | 1.67 (1.10-2.53)        | .016 | 1.56 (1.03-2.36)           | .037 |
| Jarvik 2000 (vs HeartWare)                                 | 0.86 (0.40-1.88)        | .71  | 0.97 (0.43-2.17)           | .93  |
| LVAD indication  |                         |      |                            |      |
| Destination therapy (vs bridge-to-transplantation)         | 0.65 (0.48-0.88)        | .006 | 0.70 (0.49-1.01)           | .056 |
| Bridge-to-recovery/decision (vs bridge-to-transplantation) | 0.59 (0.23-1.53)        | .28  | 0.55 (0.22-1.34)           | .19  |
| ICD-related procedures post-LVAD                           | 1.59 (1.17-2.16)        | .003 | 1.43 (1.03-1.98)           | .031 |

Abbreviation: IABP, Intra-aortic balloon pump.

of 6.5 months between LVAD implantation and first infectious complication. This is in agreement with previous series and not unexpected given the continuous percutaneous portal of entry and the comorbidities presented by these patients with end-stage heart failure. (2) Second, we provided a comprehensive documentation of the major pathogens involved in these emerging foreign device-associated infectious diseases, where the major players are *S aureus*, *Enterobacteriaceae*, *P. aeruginosa*, coagulase-negative staphylococci, and *Candida* species. (3) Third, we found that only HeartMate II (sHR, 1.56; 95% CI, 1.03-2.36;  $P = .037$ ) and ICD-related procedures post-LVAD (sHR, 1.43; 95% CI, 1.03-1.98;  $P = .031$ ) independently predicted the risk of LVAD-associated infections.

### Microbiology of LVAD-associated infections

To our knowledge, few studies have reported the incidence, characteristics, and risk factors for LVAD-associated infections thus far. Previous reports found similar

incidence of LVAD-associated infections, with a large predominance of driveline infections and a median duration between LVAD implantation and infection diagnosis ranging from 2.9 to 7.4 months.<sup>3,5,6,9-11,16-28</sup> Microbiological characteristics of previous series are remarkably similar to ours, with a predominance of staphylococci, *Pseudomonas* species, and *Enterobacteriaceae*.<sup>16,25,27</sup> Of note, most gram-negative bacilli responsible for LVAD-associated infections are nonsusceptible to the antibioprophyllactic regimen routinely used during LVAD implantation in our sites (ie, cefamandole, a second-generation cephalosporin). However, given the median delay from LVAD implantation to infection diagnosis (>2 months in all series published thus far), this is unlikely that a perioperative antibioprophyllactic regimen with broader coverage would prevent these infections.

### Predictors of LVAD-associated infections

We found that only HeartMate II (vs HeartWare) and ICD-related procedures post-LVAD implantation (ICD

**Table III.** Characteristics of LVAD-associated infections<sup>a, b</sup>

|   | Total LVAD-associated infection (any site; n = 201) | Percutaneous driveline infection (n = 171) | Pocket infection (n = 51) | Pump/cannula infection (n = 26) | P     |
|---|---|--|---------------------------|---------------------------------|-------|
| Time from LVAD implantation to infection (mo), median (IQR) | 6.5 (3.1-12.4)                                      | 6.9 (3.9-13.0)                             | 6.2 (2.3-13.5)            | 4.6 (1.3-8.0)                   | .056  |
| Pathogens (%) <sup>a, b</sup>                               |   |  |                           |                                 |       |
| <i>S aureus</i>   | 113 (56)  | 85 (50)                                    | 20 (39)                   | 8 (31)                          | .116  |
| <i>Enterobacteriaceae</i>                                   | 61 (30)   | 45 (26)                                    | 12 (23)                   | 4 (15)                          | .474  |
| <i>P aeruginosa</i>   | 34 (17)   | 26 (15)                                    | 5 (10)                    | 3 (11)                          | .581  |
| Coagulase-negative staphylococci                            | 13 (6)  | 9 (5)                                      | 4 (8)                     | 0                               | .344  |
| <i>Candida</i> species                                      | 13 (6)  | 3 (2)                                      | 5 (10)                    | 5 (19)                          | <.001 |

Categorical variables are presented as number (%). Continuous variables are presented as medians (IQR).

<sup>a</sup>Patients could have more than one.

<sup>b</sup>Some cases had no microbiological documentation.

**Table IV.** Type of pathogens involved in LVAD-associated infections in patients with and without ICD-related procedures

|                                      | ICD-related procedure post-LVAD (n = 47) | No ICD-related procedure post-LVAD (n = 154) | P    |
|--------------------------------------|--|--|------|
| <i>S aureus</i> (%)                  | 32 (68)                                  | 63 (41)                                      | .002 |
| <i>Enterobacteriaceae</i> (%)        | 13 (28)                                  | 32 (21)                                      | .429 |
| <i>P aeruginosa</i> (%)              | 2 (4)                                    | 28 (18)                                      | .035 |
| Coagulase-negative staphylococci (%) | 1 (2)                                    | 13 (8)                                       | .256 |
| <i>Candida</i> species (%)           | 0 (0)                                    | 9 (6)  | .203 |

implantation, extraction, or replacement) were independent predictors of LVAD-specific infections. HeartMate II is a second-generation LVAD, with an extracardiac continuous-flow rotary pump, whereas HeartWare is a third-generation centrifugal LVAD with a smaller pump, placed in the pericardial space. Although the advent of third-generation LVAD aimed at reducing the risk of complications, this is the first time that HeartWare is independently associated with a reduced risk of infectious complications, as compared with HeartMate II, in a large clinical study. Stulak et al<sup>11</sup> found no difference in the incidence of LVAD-associated infections between the 2 devices, but patients implanted with HeartMate II (n = 560) were more often receiving destination therapy, had a lower preoperative creatinine level, and had less preoperative right ventricular dysfunction compared with patients implanted with HeartWare (n = 174) in that study. Conversely, in the ENDURANCE trial, patients implanted with HeartWare experienced numerically more driveline exit site infection and significantly higher rate of sepsis compared with those receiving HeartMate 2 (19.6% vs 15.4% [ $P = .30$ ] and 23.6% vs 15.4% [ $P = .048$ ], respectively).<sup>29</sup> Risk factors for LVAD-associated infections after continuous LVAD implantation in previous studies included age, revision for bleeding, duration of intensive care unit stay,<sup>6</sup> obesity,<sup>30</sup> history of depression, baseline serum creatinine,<sup>20</sup> tunnel technique during LVAD implantation,<sup>23</sup> dressing technique postimplantation,<sup>31</sup> and percutaneous driveline traumatism.<sup>18,31</sup>

Interestingly, we found that ICD-related procedures post-LVAD, including ICD implantation, extraction, or replacement, is associated with a 43% increase in LVAD-associated infections. This parameter has never been identified as an independent risk factor for infection,<sup>17</sup> although being biologically plausible. This is a plea to better select patients needing ICD implantation or replacement after LVAD implantation, that is, those at risk of late ventricular arrhythmias after LVAD implantation. We recently reported that the so-called VT-LVAD score,<sup>14</sup> which provided external validation, could have the potential to precisely assess the risk of arrhythmias of LVAD recipients, thus discriminating patients at low, intermediate, high- and very high risk of ventricular arrhythmias. Implantable cardioverter-defibrillator interventions could be avoided in low-risk patients (no ICD implantation/replacement) and carefully discussed for those with intermediate risk. In the light of the results of the present study, those patients with an expected high risk of ventricular arrhythmias should have ICD interventions before LVAD implantation, if required interventions can be anticipated, to avoid subsequent LVAD infections. Nevertheless, physicians should stay alert to clinical and biological signs of LVAD infections for those patients requiring ICD interventions after LVAD surgery.

Interestingly, contrarily to what one may think, the use of a temporary mechanical support (extracorporeal life support, intra-aortic balloon pump, or Impella) before LVAD implantation was not a predictor of LVAD-associated infection.

## Impact of LVAD-associated infections on survival

In our study, 10.1% of infected patients died of septic shock. However, overall, LVAD-associated infections did not negatively impact patients' survival. Conversely, a 46% decrease in mortality was observed during follow-up. One may find this result odd and counterintuitive. However, as described above, 41.8% of patients experiencing an infection benefited from a heart transplant, significantly more than in the no-infection group (26.4%,  $P < .001$ ). Indeed, the French policy of heart transplantation attributes a high national priority for those patients having an LVAD-associated infection, prompting LVAD explantation and heart transplantation in such patients. Patients without infections consequently have a longer waiting time before transplantation under LVAD support and may end up dying from another cause. Lastly, despite this absence of influence on mortality, one has to keep in mind that LVAD-associated infection has a detrimental impact on patients' quality of life, because it requires more hospitalizations and care to overcome the infectious state.

## Limitations

Our study has limitations. First, although data were prospectively collected in medical files, the study was retrospective. Hence, data collection and microbiological investigations were not standardized. However, all patients who receive LVAD had a systematic follow-up at the referral center every 3 to 6 months.

Second, only patients implanted in French centers were included, and our findings may not apply to other countries with different practices, different case mix, or different bacterial epidemiology. In addition, local protocols for wound care at the site of driveline exit differed among centers and were not collected in this study.

Third, because of the observational design, this study has many potential biases, especially regarding the comparability of patients implanted with HeartMate II and HeartWare. Although HeartMate II remained predictive of LVAD-specific infections in multivariable analysis, causality cannot be inferred, as we may have missed confounding factors. Lastly, our study focused on LVAD-specific infections (ie, percutaneous driveline, pocket, and/or pump/cannula infections) but collected no information on nonspecific LVAD-associated infections, as defined by the International Society for Heart and Lung Transplantation (ie, endocarditis, bloodstream infections, and mediastinitis). However, this contemporary study on LVAD-specific infections in patients with continuous-flow LVAD is the largest published thus far in this specific topic, having enrolled a large number of patients implanted with HeartMate II ( $n = 475$ ) and HeartWare ( $n = 127$ ) and is the first to document a lower risk of infections with third-generation LVAD.

Lastly, the antibiotic treatment used for LVAD-associated infections (molecule used and duration of therapy) was not collected in this study, and in consequence, we cannot give

recommendations regarding the optimal drug therapy for a given infection/pathogen.

## Conclusions

Left ventricular assist device still carries a high risk of infectious complications, even with contemporary continuous-flow devices. Most cases involve the percutaneous driveline, with a predominance of staphylococci, *Pseudomonas* species, and *Enterobacteriaceae*. Independent risk factors for LVAD-specific infections include HeartMate II implantation (as compared with HeartWare) and ICD-related procedures (ie, implantation, extraction, or replacement) post-LVAD.

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## Disclosures

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