



## We are a team!

Ilke Coskun Benlidayi<sup>1</sup>

Received: 5 September 2018 / Accepted: 5 October 2018 / Published online: 25 October 2018  
© Springer-Verlag GmbH Germany, part of Springer Nature 2018

**Keywords** Interdisciplinary communication · Patient care · Physicians · Rheumatology

Comorbidities in rheumatologic conditions vary, including neuro-psychiatric disorders, skin involvement, non-malignant and malignant hematologic conditions, nephrologic, musculoskeletal, ocular and cardiac involvements. With its multisystem nature, a rheumatologic condition requires multi-disciplinary evaluation and management.

It is often challenging to manage a patient with multisystem comorbidities. Since, there is lack of any guidance on coordinated care. The rheumatologist, generally, takes the responsibility to coordinate and consult the patient with other specialists when necessary. Musculoskeletal involvements

including impaired joint function, muscle atrophy, prolonged pain, contractures and related gait disorders should be managed by physiatrists and/or orthopedists. Other organ and system involvements require consultation with related clinics.

A collaborative teamwork should be applied on many occasions in Rheumatology. And the rheumatologist is not alone while managing a patient. As physicians from different disciplines, we are each, members of a big team.

*Unus pro omnibus, omnes pro uno!* One for all, all for one!



✉ Ilke Coskun Benlidayi  
icbenlidayi@hotmail.com

<sup>1</sup> Department of Physical Medicine and Rehabilitation,  
Faculty of Medicine, Cukurova University, Adana, Turkey

**Funding** None.

**Ethical approval** This article does not contain any studies with human participants or animals performed by the author.

### **Compliance with ethical standards**

**Conflict of interest** The author declares that she has no conflicts of interest.