



Response

Response to “The dark side of adherence” by Crawford and Vallieres



We agree with Crawford and Vallieres that the discontinuation of positive airway pressure (PAP) treatment in patients with sleep-disordered breathing does not depend on just one modality of variables. In our recently published registry-based study, we evaluated only biomedical variables since those were the only ones reported into the registry [1]. We did not have access to the medical journals, and further analysis and evaluation of other aspects of patient characteristics was not possible. PAP failure can have devastating consequences and there is a need for a holistic approach to prevent suboptimal adherence. Psychologic, socio-economic and behavioral factors have to be considered. We welcome Crawford's and Vallieres' novel new approach to this important issue and are looking forward to their upcoming results.

Conflict of interest

The authors have no conflicts of interest to disclose.

The ICMJE Uniform Disclosure Form for Potential Conflicts of Interest associated with this article can be viewed by clicking on the following link: <https://doi:10.1016/j.sleep.2018.10.019>.

Reference

- [1] Palm A, Midgren B, Theorell-Haglow J, et al. Factors influencing adherence to continuous positive airway pressure treatment in obstructive sleep apnea and mortality associated with treatment failure - a national registry-based cohort study. *Sleep Med* 2018;51:85–91.

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