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The authors report no conflict of interest.

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## REPLY



Sandrim et al advises caution in evaluating proton pump inhibitors (PPI) to treat preeclampsia, in light of their prior work, suggesting PPI may have actions that could increase blood pressure, by interfering with nitric oxide (NO) homeostasis.

We agree that treatment trials should include interim analyses to examine the possibility of risk. However, we resolutely disagree the work they cite provides a sufficient weight of evidence to suggest PPIs should not be further investigated for their potential to treat preeclampsia, *for the following reasons*:

- 1) While our treatment trial did not show benefit, there was no evidence that those exposed to PPIs had an increased incidence of higher/worsening blood pressures.
- 2) In our preclinical laboratory work,<sup>1</sup> we show PPIs may have multiple actions to mitigate the vascular damage caused by preeclampsia, well beyond the singular pathway of the NO. They include: decreasing placental and endothelial secretion of soluble fms-like tyrosine kinase-1, soluble endoglin, endothelial-1, and proinflammatory cytokine secretion (these cause increased blood pressure and vascular dysfunction in preeclampsia); mitigating endothelial dysfunction in multiple assays; inducing vasodilation in whole human omental vessels; and importantly, reducing blood pressure in an animal model of preeclampsia.
- 3) Ghebremariam et al<sup>2</sup> showed omeprazole decreased expression of NO synthase (enzyme that produces NO). In contrast, we found esomeprazole significantly increased

endothelial NO synthase (eNOS) expression. Hence, we could not validate a key finding of their work.

- 4) Their statement that PPIs are associated with an increased risk of adverse cardiovascular events refers to literature on older persons with chronic morbidities taking PPIs indefinitely. This is a very different vascular profile to pregnant women, even those with preeclampsia.
- 5) Supporting our preclinical findings, Saleh et al<sup>3</sup> independently reported that the concurrent use of PPIs among a cohort of pregnant women with suspected hypertensive disorder of pregnancy at the time of enrollment was associated with lower circulating soluble fms-like tyrosine kinase/soluble endoglin/endothelial-1, no increase in blood pressure, less gestational hypertension, longer interval to delivery, and a higher birthweight. It was in a pregnant population and identified potential benefits and certainly no tendency toward increased blood pressure.

A Royal College of Obstetricians and Gynecologists report in 2015 highlights the dire state of therapeutic development in pregnancy research.<sup>4</sup> Patient safety is resolute but an overly cautious approach in considering any potential treatments may mean that we will never make an impact on obstetric complications that claim the lives of thousands of women and babies. ■

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