



## Visual Diagnosis

## Progressive Head Enlargement in a Child With Motor Delay

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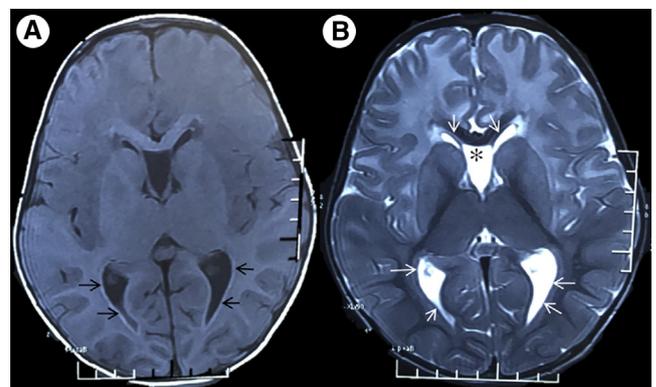
Magnetic resonance imaging

Epilepsy

This three and a half-year-old boy presented with progressively increasing head size. He had mild motor delay but his cognitive and language abilities were age appropriate. He had a seizure at age two years. There was no family history of a neurological disorder. He was born to nonconsanguineous parents and the perinatal period was unremarkable. On examination, he had macrocephaly (head circumference: 55 cm, greater than 3 zscore WHO growth chart), and rest of the neurological examination was normal. Magnetic resonance imaging of the brain was suggestive of frontal-predominant white matter changes (Fig). Next generation sequencing revealed a pathogenic heterozygous missense variation in exon 4 of the glial fibrillary acidic protein (GFAP) gene (c.715C > T), confirming the diagnosis of Alexander disease (AD).

Inherited genetic-metabolic disorders presenting with macrocephaly include AD, Canavan's disease, Tay-Sachs disease, glutaric aciduria type-1, and megalencephalic leukoencephalopathy with subcortical cysts. MRI is diagnostic in AD, and characteristically shows frontal predominant extensive white matter changes, a thin rim of periventricular T1 hyperintense and T2 hypointense signal changes, abnormal signal changes in basal ganglia, thalamus and brainstem, and selective contrast enhancement.<sup>1</sup> AD is an

extremely rare, progressive, autosomal dominant inherited leukodystrophy.<sup>2</sup> The pathological hallmark of AD is Rosenthal fibers, characteristically present in subependymal, perivascular, and



**FIGURE.** Axial T1-weighted MRI sequence (A) shows a thin rim of periventricular hyperintense signal changes (black arrows). Axial T2-weighted (B) sequence shows extensive symmetrical bilateral involvement of the frontal white matter and subcortical U fibers with relative sparing of parieto-occipital white matter, thin irregular periventricular rim of low signal intensity (white arrows), and cavum septum pellucidum (asterix). Both caudate nuclei and the putamina showed hyperintense signal changes and the caudate heads were mildly enlarged (B). Post-gadolinium axial images showed ependymal enhancement (not shown). The color version of this figure is available in the online edition.

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subpial region. Classically three variants have been described: infantile, juvenile, and adult-onset AD. Infantile onset AD is the most common and severe form, with onset before two years of age. It is characterized by progressive macrocephaly, developmental delay or regression, seizures, pyramidal signs, and hydrocephalus. Seizures are present in a significant proportion of the patients and can include generalized tonic-clonic, tonic, focal, and rarely epileptic spasms.<sup>3</sup> Treatment is supportive and most of the children with infantile AD die before 10 years of age.<sup>4</sup>

## References

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