

# Plasma Levels of miR-125b-5p and miR-206 in Acute Ischemic Stroke Patients After Recanalization Treatment: A Prospective Observational Study

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*Introduction:* Multiple microRNAs (miRNAs) participate in the response to hypoxic/ischemic and ischemia-reperfusion events. However, the expression of these miRNAs in circulation from patients with acute ischemic stroke (AIS) receiving recanalization treatment has not been examined, and whether they are associated with the severity and outcome of stroke is still unknown. *Materials and methods:* In this prospective cohort study, plasma levels of miR-125b-5p, miR-15a-3p, miR-15a-5p, and miR-206 were measured at 24 hours after thrombolysis with or without endovascular treatment in 94 patients with AIS, as determined by qRT-PCR. Stroke severity was assessed based on National Institutes of Health Stroke Scale (NIHSS) score and infarct lesion. Intracranial haemorrhage (ICH) was recorded. An unfavorable outcome was defined as a modified Rankin Scale score greater than 2 at day 90 after stroke. *Results:* miR-125b-5p and miR-206 levels were correlated with NIHSS scores ( $P = .014$  and  $P = .002$ ) and cerebral infarction volumes ( $P = .025$  and  $P = .030$ ). miR-125b-5p levels were significantly higher in patients with an unfavorable outcome than in patients with a favorable outcome ( $P = .002$ ) and showed good diagnostic accuracy in discriminating the presence of an unfavorable outcome (area under the curve .735, 95% confidence interval .623-.829,  $P < .001$ ). No association was found between different miRNAs and ICH. *Conclusions:* In AIS patients after thrombolysis with or without endovascular treatment, miR-125b-5p is a novel prognostic biomarker highly associated with an unfavorable outcome. miR-125b-5p and miR-206 levels are associated with stroke severity.

**Key Words:** Ischemic stroke—thrombolysis—microRNA—miR-125b-5p—miR-206  
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*Abbreviations:* miRNAs, microRNAs; AIS, acute ischemic stroke; NIHSS, National Institutes of Health Stroke Scale; ICH, intracranial hemorrhage; mRS, modified Rankin Scale; I/R, ischemia-reperfusion; MCAO, middle cerebral artery occlusion; OGD, oxygen and glucose deprivation; rtPA, recombinant tissue type plasminogen activator; CT, computed tomography; DWI, diffusion-weighted imaging; TOAST, Trial of Org 10172 in Acute Stroke Treatment; ROC, receiver-operating characteristic; AUC, area under curve

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## Introduction

Acute ischemic stroke (AIS) is a common cause of disability and mortality worldwide and imposes a heavy burden on society.<sup>1</sup> AIS contributes to a loss of brain function, mainly due to a reduction in cerebral blood flow in an area of the brain. As new technologies were developed, recanalization by intravenous thrombolysis and/or combined with endovascular treatment grew to be the most effective strategy for AIS in clinics worldwide.<sup>2,3</sup> However, there are also possible complications after recanalization, such as intracerebral hemorrhage (ICH) and brain edema. Cerebral ischemia-reperfusion (I/R) injury is proposed to be one of the most common complications following recanalization.<sup>2,4</sup>

MicroRNAs (miRNAs) are endogenous approximately 23 nucleotides conserved RNAs that play important gene-regulatory roles, which may serve as diagnostic and prognostic markers due to their easy detection and stability in peripheral blood.<sup>5</sup>

Evidence from experimental studies implicated multiple miRNAs participate in the response to I/R injury and hypoxic/ischemic events.<sup>6</sup> For example, miR-125b-5p is increased in the middle cerebral artery occlusion model, and overexpression of miR-125b-5p exacerbates the injury induced by oxygen and glucose deprivation (OGD).<sup>7</sup> In addition, miR-125b-5p is involved in the acute response to myocardial I/R injury and myocardial infarction.<sup>8,9</sup> miR-15a is increased in the brain after I/R injury or transient ischemia.<sup>10-12</sup> Genetic deletion or pharmacological inhibition of the miR-15a/16-1 cluster significantly reduced I/R brain injury.<sup>13</sup> Similarly, inhibition of miR-15 has been shown to protect against myocardial I/R injury.<sup>14</sup> miR-206 is involved in I/R injury in cerebral ischemia,<sup>15</sup> and myocardial infarction.<sup>16</sup>

However, these studies were performed primarily in animal models or *in vitro*, and few studies have investigated whether these I/R injury-related miRNAs in circulation are associated with stroke in humans, particularly after recanalization treatment, which is more likely to be linked to I/R injury. Thus, the aim of this study was to comprehensively investigate whether the plasma levels of candidate I/R- and hypoxic/ischemic-related miRNAs, including miR-125b-5p, miR-15a-3p, miR-15a-5p and miR-206, can be effective indicators of stroke severity and functional outcome in AIS patients receiving recanalization treatment.

## Materials and Methods

### Study Participants

Patients with AIS receiving recombinant tissue-type plasminogen activator (rt-PA) within 4.5 hours of their symptom onset were consecutively recruited from February 2015 to April 2018 in the department of neurology of Shanghai Ninth People's Hospital. Inclusion and

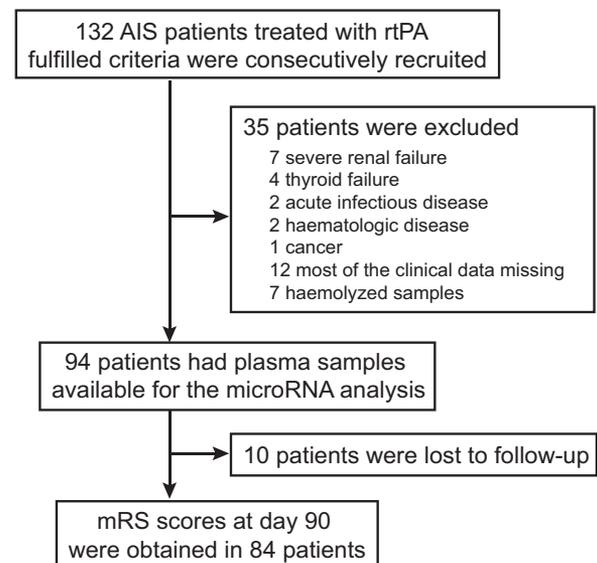
exclusion criteria for intravenous rt-PA were used according to the 2013 Guidelines for the early management of patients with acute ischemic stroke.<sup>17</sup> The dose of rt-PA (Actilyse, Boehringer Ingelheim, Germany) is .9 mg/kg (an upper limit of 90 mg), with 10% of the total dosage as a bolus within 1 minute and the rest as a continuous intravenous infusion over a period of 60 minutes.

In addition, subjects with severe renal, liver or thyroid failure; acute infectious disease; rheumatic immune or hematologic disease; or cancer were excluded, as were patients who were unable to cooperate with most clinical examinations or whose samples might be hemolyzed were also excluded. A flow chart of the present study is provided in [Figure 1](#).

The study was approved by the Ethics Committee of Shanghai Ninth People's Hospital, Shanghai Jiao Tong University School of Medicine. All procedures were performed in accordance with the ethical guidelines of the 1975 Declaration of Helsinki. All patients or their next of kin provided written informed consent for the collection of data, blood samples, and subsequent analyses.

### Clinical Protocol

On arrival at the emergency department, patients underwent standard neurological examinations, routine blood and biochemistry, and noncontrast computed tomography (CT). Stroke onset was defined as the last time the patient was known to be without any neurological deficit. Neurological deficit was assessed by the National Institutes of Health Stroke Scale (NIHSS).<sup>18</sup> All patients underwent a CT scan at 24 hours or whenever neurological worsening occurred to evaluate the presence of intracranial hemorrhage (ICH). Additionally, magnetic



**Figure 1. Study flow chart.** Abbreviations: AIS, acute ischemic stroke; mRS, modified Rankin Scale; rt-PA, recombinant tissue-type plasminogen activator.

resonance imaging with diffusion-weighted imaging and/or fluid-attenuated inversion recovery imaging was performed in the following days. Stroke etiology was determined according to the criteria of the Trial of Org 10172 in Acute Stroke Treatment criteria.<sup>19</sup>

#### *Determination of Severity and Prognosis*

Stroke severity was assessed based on NIHSS score and infarct lesion. Mild stroke was defined as an NIHSS score <8 on admission, and moderate-to-severe stroke were defined as an NIHSS score  $\geq 8$  on admission, consistent with the existing literature.<sup>20,21</sup> The infarct volume was quantified on the diffusion-weighted imaging and/or fluid-attenuated inversion recovery (in 65 patients). The modality with the largest infarct size was used for volumetry, calculated as the sum of the infarcted area of every slice multiplied by the slice thickness, based on several previous studies.<sup>22</sup> Symptomatic ICH was defined according to the European Cooperative Acute Stroke Study (ECASS) II criteria.<sup>23</sup> Functional outcome evaluation was performed at day 90 after stroke using the modified Rankin Scale (mRS),<sup>24</sup> with a structured follow-up telephone interview conducted by a trained medical investigator who was unaware of the patients' baseline parameters. Outcome was dichotomized as favorable outcome (a score of 0-2) or unfavorable outcome (a score of 3-6), respectively.

#### *Collection and Definition of Clinical Data*

The following data were collected, including vital signs, related previous medical history, cardiovascular risk factors, associated laboratory tests, and imaging information. Risk factors were defined as follows: hypertension (systolic blood pressure and average diastolic blood pressure  $\geq 140/90$  mmHg or on antihypertensive treatment), diabetes mellitus (fasting blood glucose level  $\geq 7.0$  mmol/L or use of antidiabetic medications or insulin), dyslipidemia (serum triglycerides  $> 1.7$  mmol/L, low-density lipoprotein  $> 3.4$  mmol/L, high-density lipoprotein cholesterol  $< 0.8$  mmol/L, or use of lipid-lowering drugs), smoking (smoked at the time of stroke or had quit smoking within 1 year of the stroke), and alcohol consumption ( $> 2$  standard alcoholic beverages consumed per day).

#### *Blood Samples Collection and miRNA Assessment*

Blood samples were collected in tubes with Ethylenediaminetetraacetic acid anticoagulant at 24 hours after thrombolytic treatment. After centrifugation at 1600 g at 4°C for 10 minutes, plasma was aliquoted and frozen at  $-80^\circ\text{C}$  until analysis. Each sample was thawed only once prior to use.

Plasma total RNA was extracted and purified from plasma samples using the miRNeasy Serum/Plasma Kit (Qiagen, Hilden, Germany; Catalogue number 217184).

The synthetic *C. elegans* miR-39 (cel-miR-39, Qiagen; 219610) was added to plasma after lysis as an external reference, which is devoid of sequence homology to human miRNAs. RNA was reverse transcribed with the miScript reverse transcription kit (Qiagen; 218161). The expression of miRNA was tested by real-time PCR using the miScript SYBR Green PCR kit (Qiagen; 218073). Specific miRNA primers were obtained from TIANGEN biotech CO., LTD (Beijing, China). The experimental process is operated mainly according to the manufacturer's instructions. Each test was repeated 3 times. The expression levels of different miRNAs were normalized with cel-miR-39 according to the formula  $2^{\text{exp}[-(C_T^{\text{microRNA}} - C_T^{\text{cel-miR-39}})]}$  and compared as previously described.<sup>25</sup>

#### *Statistical Analyses*

Continuous variables were described as the means  $\pm$  standard deviation (SD) or medians and interquartile range. The normality of the data was evaluated by the Shapiro-Wilk test. For miRNAs, the distribution of raw data was skewed. The distribution of these data approximated a normal distribution after  $\log_{10}$  transformation. In 2-group comparisons, unpaired Student's *t*-test or Mann-Whitney *U* test was used, as appropriate. Categorical variables were expressed as frequency (percentage) and were compared using Pearson's chi-squared statistic or Fisher exact test. Spearman's rank correlation test was used to determine the strength of correlation. A receiver operating characteristic (ROC) curve analysis was applied to determine diagnostic accuracy with the area under curve (AUC), and the cut-off point was calculated according to the Youden index. Multivariate analysis was performed using a logistic regression model, adjusted for potential influenced factors, selected based on previous literature and the results of univariate and correlation analyses. The results were expressed as adjusted odds ratios along with the corresponding 95% confidence intervals (95% CIs). Statistical analyses were performed using SPSS version 18.0 (SPSS Inc., Chicago, USA) and MedCalc 12.5 (MedCalc Software, Ostend, Belgium). A *P* value  $< .05$  was considered statistically significant.

## **Results**

#### *Baseline Characteristics of Patients*

A total of 94 patients were enrolled in the present study. The baseline demographic and stroke characteristics of the patients are shown in Table 1. The average age of the present cohort was  $68.1 \pm 12.2$  years, and 70.2% of the patients were male. The median NIHSS on admission was 5 (interquartile range 2-12). The median time to treatment with rt-PA was 141 (107, 187) minutes. A total of 21.3% patients received subsequent endovascular treatment (19 embolectomy and 1 balloon dilatation). According to the Trial of Org 10172 in Acute Stroke Treatment criteria, 34.0% of

**Table 1.** Baseline characteristics of all patients in the aggregate as well as stratified by mRS

	All patients (n = 94)	mRS $\leq$ 2 (n = 61)	mRS > 2 (n = 23)	P value
Demographic data				
Age, years	68.1 $\pm$ 12.2	66.0 $\pm$ 11.7	74.7 $\pm$ 13.0	.004
Male, n (%)	66 (70.2)	43 (70.5)	16 (69.6)	.934
Stroke risk factors, n (%)				
Hypertension	78 (83.0)	52 (85.2)	18 (78.3)	.515
Diabetes mellitus	34 (36.2)	22 (36.1)	9 (39.1)	.795
Dyslipidemia	61 (64.9)	43 (70.5)	13 (56.5)	.226
History of stroke	15 (16.0)	5 (8.2)	7 (30.4)	.015
Coronary heart disease	20 (21.3)	13 (21.3)	6 (26.1)	.641
Atrial fibrillation	21 (22.3)	12 (19.7)	8 (34.8)	.147
Smoking	37 (39.4)	28 (45.9)	4 (17.4)	.016
Alcohol consumers	26 (27.7)	21 (34.4)	4 (17.4)	.128
Medication uses, n (%)				
Hypertension medication use	54 (57.4)	37 (60.7)	13 (56.5)	.731
Diabetes medication use	18 (19.1)	15 (24.6)	3 (13.0)	.373
Lipid-lowering medication use	28 (29.8)	23 (37.7)	2 (8.7)	.010
Laboratory values				
HbA1c, %	6.0 (5.6, 6.7)	6.0 (5.6, 7.7)	6.3 (5.5, 6.7)	.689
Homocysteine, $\mu$ mol/L	12.7 (9.5, 16.2)	12.9 (9.9, 16.3)	12.5 (9.1, 18.1)	.950
CRP, mg/L	3.3 (3.0, 7.2)	3.3 (3.0, 6.4)	4.67 (3.1, 11.6)	.161
Stroke evaluation				
NIHSS on admission, points	5 (2, 12)	4 (2, 9)	12 (7, 18)	<.001
Infarct volumes, mm <sup>3</sup>	8.3 (1.9, 31.6)	8.3 (1.6, 20.6)	30.7 (8.0, 214.9)	.039
ICH after 24 hours, n (%)	11 (11.7)	5 (8.3)	6 (28.6)	.030
Time to rt-PA treatment, min	141 (107, 187)	150 (110, 185)	140 (104, 208)	.931
Endovascular treatment, n (%)	20 (21.3)	9 (14.8)	9 (39.1)	.016
TOAST subtype, n (%)				
Large-artery atherosclerosis	32 (34.0)	22 (36.1)	7 (30.4)	.037
Cardioembolism	20 (21.3)	9 (14.8)	9 (39.1)	
Small-vessel occlusion	29 (30.9)	23 (37.7)	3 (13.0)	
Other determined/undetermined	13 (13.8)	7 (11.5)	4 (17.4)	
mRS on day 90, points	1 (0, 3)	1 (0, 1)	3 (3, 4)	-

Abbreviations: CRP, C-reactive protein; HbA1c, glycated hemoglobin; ICH, intracranial hemorrhage; mRS, modified Rankin Scale; NIHSS, National Institutes of Health Stroke Scale; rt-PA, recombinant tissue-type plasminogen activator; TOAST: Trial of Org 10172 in Acute Stroke Treatment.

Values are presented as the mean  $\pm$  SD or median (interquartile range) for continuous variables and number (percentages) for categorical variables.

The *P* values reflect comparisons between the two groups stratified by mRS.

patients were large-artery atherosclerosis, 21.2% were cardioembolism, 30.9% were small-vessel occlusion, and 13.8% were other determined/undetermined etiologies.

#### *miR-125b-5p and miR-206 Levels were Associated with Stroke Severity*

The NIHSS score of patients was 5 (2, 12) on admission (in 94 patients), 2 (1, 7) at 24 hours (in 89 patients), and 1 (0, 5) on day 7 (in 88 patients) after thrombolysis. miR-125b-5p levels were correlated with NIHSS scores on admission ( $R = .262$ ,  $P = .014$ ; Table 2). miR-206 levels were correlated with NIHSS scores on day 7 after thrombolysis ( $R = .341$ ,  $P = .002$ ; Table 2). Besides, both miR-125b-5p and miR-206 levels were correlated with cerebral infarction volumes ( $R = .292$ ,  $P = .025$  and  $R = .304$ ,  $P = .030$ ; Table 2).

Additionally, miR-125b-5p and miR-206 levels were higher in patients with a moderate-to-severe stroke than in patients with a mild stroke ( $\log_{10}$ -transformed,  $-2.71 \pm 0.35$  versus  $-3.02 \pm .35$ ,  $P < .001$ , and  $-2.95 \pm .85$  versus  $-3.42 \pm .74$ ,  $P = .011$ ; Fig 2A and B; Supplementary Table S2).

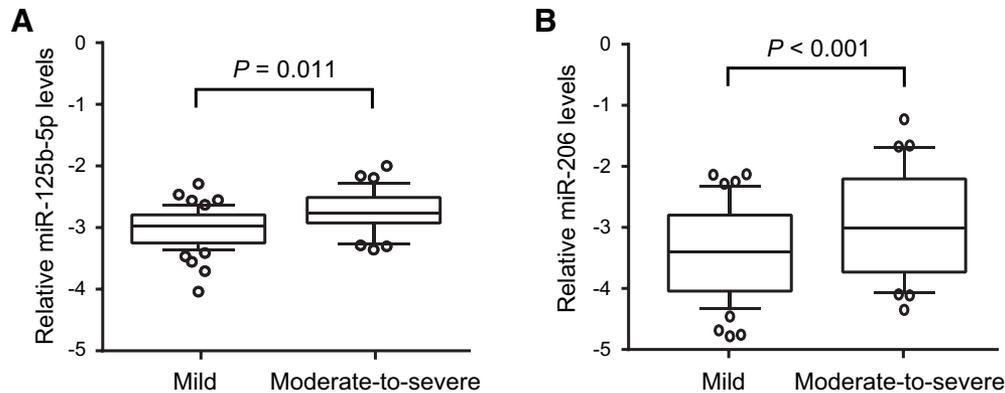
#### *Higher miR-125b-5p Levels were Found in Patients With an Unfavourable Outcome*

At day 90 after stroke onset, 84 patients were followed up. The baseline characteristics of these subjects did not significantly differ from those of the 94 total patients (Supplementary Table S1). A total of 61 (72.6%) patients had a favorable outcome, and 23 (27.4%) patients had an unfavorable outcome. In the univariate analysis, patients with an unfavorable outcome were significantly older, had higher NIHSS scores on admission, included a greater

**Table 2.** Correlation between different microRNAs and National Institutes of Health Stroke Scale (NIHSS) scores and stroke infarct volumes

	NIHSS on admission		NIHSS at 24 h		NIHSS on day 7		Infarct volumes	
	R	P	R	P	R	P	R	P
miR-206	.161	.139	.189	.090	.341	<b>.002</b>	.304	<b>.030</b>
miR-125b-5p	.262	<b>.014</b>	.209	.058	.188	.091	.292	<b>.025</b>
miR-15a-3p	.187	.094	.174	.127	.143	.221	-.139	.294
miR-15a-5p	.060	.573	.158	.146	.071	.519	-.073	.562

Abbreviation: NIHSS, National Institutes of Health Stroke Scale.



**Figure 2.** Comparison of plasma miR-206 (A) and miR-125b-5p (B) between patients stratified by National Institutes of Health Stroke Scale (NIHSS). Box plots show the expression levels. Differences were compared by Student's *t*-test. Mild stroke was defined as an NIHSS score <8 on admission; Moderate-to-severe stroke was defined as an NIHSS score  $\geq 8$  on admission.

percentage of history of stroke and smoking, and a greater likelihood of cardioembolism (Table 1). miR-125b-5p levels were significantly higher in the patients with an unfavorable outcome than in the patients with a favorable outcome ( $\log_{10}$ -transformed,  $-2.67 \pm .34$  versus  $-2.97 \pm .38$ ,  $P = .002$ ; Table 3 and Fig 3A). A subsequent multiple logistic regression analysis demonstrated that miR-125b-5p levels were independently predictive of an unfavorable outcome after adjusting for significant variables (adjusted odds ratios, 2.682, 95% CI 1.344-5.353,  $P = .005$ ; Table 3). miR-206, miR-15a-3p, and miR-15a-5p levels did not differ between the patients grouped by outcome (Table 3).

#### miR-125b-5p Levels Showed Good Diagnostic Accuracy in Discriminating Patients With an Unfavorable Outcome

The ROC curve analysis showed that the AUC value of miR-125b-5p that discriminated the presence of an unfavorable outcome of stroke was 0.735 (95% CI 0.623-0.829,  $P < .001$ ; Fig 3B), with a sensitivity of 86.36% and a specificity of 55.36%.

#### No Association was Found Between Different miRNAs and ICH

ICH complications were detected in 9 patients, no microRNA was independently associated with the

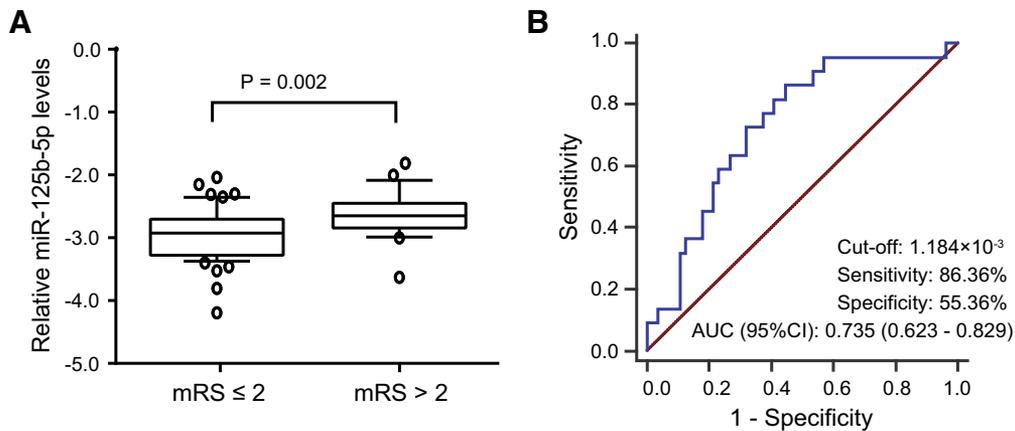
**Table 3.** Relation of different microRNAs to functional outcome

	mRS $\leq 2$	mRS $> 2$	P value	Adjusted OR (95% CI)*	Adjusted P value*
miR-206	$-3.29 \pm 0.76$	$-3.10 \pm 0.93$	.365	-	-
miR-15a-3p	$-3.37 \pm 0.61$	$-3.18 \pm 0.66$	.243	-	-
miR-15a-5p	$-1.62 \pm 0.56$	$-1.43 \pm 0.62$	.201	-	-
miR-125b-5p	$-2.97 \pm 0.38$	$-2.67 \pm 0.34$	.002	2.682 (1.344, 5.353)	.005

Abbreviations: CI, confidence interval; mRS, modified Rankin Scale; OR, odds ratio.

$\log_{10}$ -transformed values were used.

\*Adjusted by age, history of stroke, smoking, National Institutes of Health Stroke Scale on admission, and intracranial haemorrhage after 24 hours of endovascular treatment.



**Figure 3.** miR-125b-5p levels and stroke outcome. (A) Comparison of the relative levels of plasma miR-125b-5p between patients stratified by mRS. Box plots show the expression levels. Differences were compared by Student's *t*-test. (B) Diagnostic accuracy of miR-125b-5p in discriminating patients with an unfavorable outcome. Abbreviations: AUC, area under the receiver operating characteristic curve; CI, confidence interval; mRS, modified Rankin Scale.

occurrence of ICH (Supplementary Table S3). In addition, for only 2 patients who had symptomatic ICH, we did not analyse symptomatic ICH alone.

## Discussion

The aberrant expression of miRNAs in patients with AIS and their clinical association with AIS have been reported in several studies.<sup>22,26</sup> Nevertheless, it has also been confirmed that a variety of miRNA expression is altered after thrombolysis treatment, whether in intracranial or extracranial.<sup>27,28</sup> Thus, whether these alternative miRNAs can also be used as independent predictors after recanalization has not been fully addressed. In addition, in view of the presence of cerebral I/R injury after recanalization, I/R injury-related miRNAs in circulation might be associated with AIS.

To the best of our knowledge, this study is the first to find that miR-125b-5p levels were significantly elevated in patients with an unfavorable outcome and showed good diagnostic accuracy in discriminating the presence of an unfavorable outcome after AIS. A previous study found that miR-125b-5p has potential clinical utility as a diagnostic marker for the occurrence of AIS, and the authors suggested platelet as a major source of elevated miR-125b-5p, which might be related to platelet aggregation or thrombus formation.<sup>22</sup> To some extent, our findings further agree with the above observation, as thrombolysis is the breakdown of blood clots by targeting fibrin.

In addition, we found that miR-125b-5p levels were correlated with NIHSS scores and infarct volumes, and miR-125b-5p levels were higher in patients with a moderate-to-severe stroke than with a mild stroke after thrombolysis, thus evidencing a relationship between miR-125b-5p and stroke severity. The possible role of miR-125b-5p in the central nervous system has not been completely elucidated. A recent study found that miR-125b-5p levels are

increased in the middle cerebral artery occlusion model as well as the OGD model.<sup>7</sup> Overexpression of miR-125b-5p exacerbates the OGD-induced injury by reducing cystathionine  $\beta$ -synthase expression and subsequently hydrogen sulfide generation, which may be related to the antioxidant action as well as the antiapoptotic effect.<sup>7</sup> Additionally, miR-125b-5p may be involved in post-transcriptional regulation of the inflammatory and immune response, such as enhancing the activation of macrophage and its role in stimulating T cell activation,<sup>29</sup> attenuating monocyte chemoattractant protein-1 production in macrophages,<sup>30</sup> and regulating TNF- $\alpha$  expression in neonatal monocytes.<sup>31</sup> Overall, the specific functions of miR-125b-5p in the prognosis and severity after AIS in the present study remain at a speculative stage and require further investigation.

It should be noted that miR-125b-5p acts as an ischemic stress protector after acute myocardial infarction, opposing cardiomyocyte apoptosis by repressing pro-apoptotic bak1 (a mitochondrial protein) and klf13 (a zinc finger transcription factor).<sup>8</sup> The increased expression of miR-125b significantly decreases infarct size and prevents I/R injury in the myocardium.<sup>9</sup> These reports may indicate that the specific temporal and spatial expression patterns of miR-125b-5p have different biological functions.

We demonstrated that patients who had suffered a moderate-to-severe stroke had higher miR-206 levels than those who had a mild stroke. Although clinical studies of miR-206 in stroke are scarce, a previous basic study observed that miR-206 expression is increased and positively correlated with the infarct sizes in brain tissues after cerebral ischemia.<sup>32</sup> In addition, neuronal cells show increased cell survival and maintenance of neurites following OGD deprivation when miR-206 inhibitor is transfected.<sup>32</sup> Similarly, overexpression of miR-206 inhibits neuronal cell proliferation and viability, partly mediated by inhibition of orthodenticle homeobox 2, playing an

important role in neurodevelopment.<sup>15</sup> Furthermore, the inhibition of miR-206 has antiapoptotic and migration-promoting effects in mesenchymal stem cells during hypoxic preconditioning.<sup>33</sup>

On the other hand, numerous studies have confirmed that acute cerebral ischemia stimulates angiogenesis for the formation of new brain microvessels.<sup>34</sup> miR-206 was demonstrated to negatively regulate angiogenesis by inhibiting vascular endothelial growth factor and then controlling the strength of angiogenic signalling to the endothelium.<sup>35</sup> Additionally, knockdown of miR-206 in endothelial progenitor cells rescues their angiogenic and vasculogenic abilities, which is an important process in the repair of the vasculature.<sup>36</sup> Taken together, these data implicate role of the increased miR-206 in moderate-to-severe stroke rather than simple acute behavior, although the specific mechanisms still need to be clarified.

Our study failed to show a significant association between miR-15a-3p and miR-15a-5p and stroke in AIS patients with thrombolysis. Dysregulation of the miR-15a/16-1 cluster in plasma has been reported previously in stroke patients.<sup>37</sup> A recent study found that miR-15a levels are not only increased after stroke but also correlated with NIHSS scores in AIS patients, and patients with higher miR-15a levels had a better prognosis.<sup>38</sup> The different conclusions may be attributed to diverse clinical conditions, distinct sample collection times, and heterogeneity among different populations. In addition, alteplase treatment may change the expression of certain miRNAs.<sup>27,28</sup>

This study has several limitations. First, although our results were significant, our sample size was relatively small. Therefore, our preliminary results require further validation in larger studies. Second, although we included only blood samples collected at 24 hours after thrombolytic therapy to reduce the possibility of confounding by variation in time, we could not derive any information on the dynamic alteration. A longitudinal study including multiple time points covering the pre- and post-thrombolytic periods may better identify certain changes and determine the best time point. Finally, due to the focus of this study on clinical relevance, we did not completely elucidate the biological mechanisms. Cerebral ischemia can trigger biological reactions and alter pathological events in both intracranial and peripheral systems. It is unclear whether the altered levels of miRNAs are predominantly from the brain due to the disruption of the blood-brain barrier or from any other tissues. Further functional studies are needed to provide deeper insight into their sources and biological implications.

## Conclusions

In conclusion, we provided preliminary evidence that the plasma levels of miR-125b-5p are elevated in patients with an unfavorable outcome and miR-125b-5p can be an

independent prognostic marker in AIS patients receiving recanalization therapy. In addition, we showed that the levels of miR-125b-5p and miR-206 are associated with stroke severity. While the precise cellular sources and mechanisms underlying the observed elevations remain to be determined, we have expanded the knowledge and application of miRNAs in AIS patients with recanalization therapy.

## Declarations of Interest

None.

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## Supplementary Materials

Supplementary material associated with this article can be found in the online version at doi:[10.1016/j.jstrokecerebrovasdis.2019.02.026](https://doi.org/10.1016/j.jstrokecerebrovasdis.2019.02.026).

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