



Research paper

Solubility of pharmaceutical ingredients in triglycerides

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ABSTRACT

Lipid-based drug delivery systems (LBDDS) are highly relevant as pharmaceutical formulations significantly enhancing the bioavailability of active pharmaceutical ingredients (APIs). These formulations often are complex mixtures of APIs, various lipids, and other excipients (e.g. surfactants). In their simplest form, LBDDS contain one API being dissolved in a pure lipid, which often is a triglyceride (TG). In this work, solubilities of the APIs indomethacin, ibuprofen, and fenofibrate in pure TGs of different chain lengths (C chain 8–18) and degree of saturation were investigated. Solubilities of APIs in TGs were measured via differential scanning calorimetry, hot-stage microscopy, high-performance liquid chromatography, and Raman spectroscopy. The influence of fatty-acid chain length and degree of saturation on the API solubility in the TGs was investigated. APIs showed a higher solubility in saturated ($w_{IBU} = 10.5 \text{ wt\%}$ at $25 \text{ }^\circ\text{C}$ in tricaprylin) TGs compared to unsaturated ones ($w_{IBU} = 4.0 \text{ wt\%}$ at $25 \text{ }^\circ\text{C}$ in triolein). The fatty-acid chain length of TGs only slightly affects the solubility of ibuprofen and fenofibrate, but strongly influences the eutectic temperature of the API/TG mixtures.

API solubilities in TGs and TG mixtures (mixtures of tricaprylin and tricaprillin) were successfully modeled using the Perturbed-Chain Statistical Associating Fluid Theory (PC-SAFT) accounting for the intermolecular API/TG interactions providing a deep understanding of the energetic and structural impact of the TGs on API solubility.

1. Introduction

Many newly-developed active pharmaceutical ingredients (APIs) have a low bioavailability which often is caused by their extremely low water solubility [1]. One approach to increase the bioavailability is to apply innovative formulations like lipid-based drug delivery systems (LBDDS), in which APIs are dissolved in lipids. Lipids used for that type of formulations usually are triglycerides (TGs), diglycerides, monoglycerides, or mixtures thereof [2–4]. Chemically, TGs comprise one glycerol backbone and up to three fatty-acid ester groups, which can differ in carbon chain lengths and/or degree of unsaturation [4]. Typically-used lipids for pharmaceutical formulations are natural edible oils (e.g. soybean oil), consisting of a complex mixture of hundreds of different TGs. Nowadays, new LBDDS are developed via trial-and-error methods. Due to the large variety of possible APIs, lipids and further excipients, these methods are not very straight forward and result in very expensive and time-consuming procedures [3,5–7].

Moreover, the maximum API load in an LBDDS is limited by the solubility of the API in the TG. In recent studies the solubility of a broad range of APIs in commonly-used excipients for LBDDS has been investigated [5,8,9]. Experimental state-of-the-art methods for that

purpose comprise HPLC [10,11], UV–Vis spectrometry [5] and differential scanning calorimetry (DSC) [12]. However, to the best of our knowledge, there has never been a work, focusing on the structural impacts of TGs on the API solubilities.

Moreover, so far only empirical approaches were used to correlate the solubility of APIs in LBDDS. These correlations do neither allow for extrapolations to other TGs or TG mixtures nor for structural insights in what TG properties are decisive to enhance API solubilities [13]. In order to improve the development of new LBDDS and to better understand the impact of the TG structure on API solubility, the physically-sound Perturbed-Chain Statistical Associating Fluid Theory (PC-SAFT) was applied in this work for correlating and even predicting API solubilities. PC-SAFT has already been successfully applied in the past for calculating thermodynamic properties of other pharmaceutical formulations [14,15] and will in this work for the first time be applied to calculate API solubilities in pure TGs and TG mixtures.

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Nomenclature		κ^{AiBi}	association volume (–)
a	Helmholtz energy (J mol^{-1})	σ_i	segment diameter (\AA)
h	molar enthalpy (J mol^{-1})	<i>Subscripts</i>	
c_p	heat capacity ($\text{J mol}^{-1} \text{K}^{-1}$)	eut	eutectic
k_B	Boltzman constant (J K^{-1})	i	component
k_{ij}	binary interaction parameter (–)	int	intersection
M	molar mass (g mol^{-1})	0	pure component
m_i^{seg}	segment number (–)	<i>Superscripts</i>	
N_i^{assoc}	number of association sites (–)	assoc	associating
R	ideal gas constant ($\text{J mol}^{-1} \text{K}^{-1}$)	disp	dispersion
T	temperature ($^{\circ}\text{C}$)	hc	hard chain
$u_i k_B^{-1}$	dispersion energy parameter (K^{-1})	L	liquid
w_i	mass fraction (wt%)	res	residual
x_i	mole fraction (mol%)	S	solid
<i>Greek characters</i>		seg	segment
γ	activity coefficient (–)		
$\epsilon_i^{\text{AiBi} k_B^{-1}}$	association energy (K^{-1})		

2. Materials and methods

2.1. Materials

Tricaprylin (a TG with three fatty-acid chains, each having a chain length of eight and no double bonds, thus abbreviated TG₈₀₈₀ as in [16]) and tristearin (TG₁₈₀₁₈₀) were purchased from Sigma Aldrich (Steinheim, Germany) with purities greater than 99%. Tricaprin (TG₁₀₀₁₀₀) and trilaurin (TG₁₂₀₁₂₀) were obtained from abcr GmbH (Karlsruhe, Germany) with a minimal purity of 98%. Triolein (TG₁₈₁₁₈₁) and Trilinolein (TG₁₈₂₁₈₂) were purchased with purities greater than 99% from Nu-Chek-Prep, Inc. (Elysian, Minnesota). The APIs fenofibrate (FFB), indomethacin (IND), and ibuprofen (IBU) were obtained from Tokyo Chemical Industry (Tokyo, Japan) with purities better than 98%.

2.2. Solubility measurements

Solubility temperatures in API/TG mixtures with high API loadings were determined via DSC experiments. For that purpose, approximately 100 mg of the API/TG mixtures were weighted in the desired ratio into a Mini-Pulverisette 23 from Fritsch (Idar-Oberstein, Germany) and milled for 20 min at a frequency of 40 Hz. The milled API/TG mixture were filled into hermetically-sealed aluminum pans and analyzed in a Q2000 DSC with RCS90 cooling device from TA Instruments (Eschborn, Germany). The DSC cell was purged with 50 mL min^{-1} nitrogen. A heating-cooling-heating procedure was conducted in a temperature range between at least 10°C above the pure APIs' melting temperature and minimal 10°C below the melting temperature of the TG. The solubility temperature of each API/TG system was determined via DSC measurements at different heating ramps (1 K min^{-1} , 2 K min^{-1} and 5 K min^{-1}). The solubility temperatures were then determined via evaluating the off-set melting-peak temperatures and extrapolated to a theoretical heating ramp of 0 K min^{-1} with an estimated uncertainty of $\pm 1 \text{ K}$ [17].

Phase transitions (dissolution/melting and crystallization) of the considered API/TG mixture during heating and cooling were also observed visually via hot-stage microscopy (HSM). A Linkam THMS600 hot stage (Tadworth, United Kingdom) in combination with a Leica DM4000M microscope (Wetzlar, Germany) was used for that purpose.

For solubility measurements at 25°C , a supersaturated sample of an API in a TG was shaken in an Eppendorf ThermoMixer C (Hamburg, Germany) at constant temperature for at least three days. Subsequently,

the dispersed crystals were sedimented for at least three days, the supernatant was filtered with a $0.45 \mu\text{m}$ CHROMAFIL® Xtra PTFE-45/13 by Macherey-Nagel (Düren, Germany) and was then analyzed with HPLC or Raman spectroscopy.

For determining the API solubilities in TG₈₀₈₀ with Raman-spectroscopy measurements were performed using a HORIBA LabRAM Raman spectroscope (Bensheim, Aachen) in combination with an Olympus IX 71 inverted microscope (Tokyo, Japan). Raman spectra of the saturated solutions were quantified by Indirect Hard Modeling as described in a recent work [18] using the PEAXACT 4 software (S-PACT, Aachen, Germany). Solubilities measured with Raman spectroscopy were determined with an uncertainty of $\pm 0.6 \text{ wt\%}$ according to the calibration displayed in Fig. S1 in the Supporting Information. Each solubility experiment via Raman spectroscopy was conducted once.

For solubility measurements using high-performance liquid chromatography (HPLC), the saturated and filtered API/TG mixtures were diluted with pure acetonitrile to avoid API precipitation and to obtain an optimal UV-vis signal of FFB. An Agilent 1200 HPLC (Santa Clara, USA) was combined with a ZORBAX Eclipse XDB-C18 reversed phase column by Agilent (Santa Clara, USA). The mobile phase contained acetonitrile and an aqueous solution of phosphoric acid (70/30 v/v) with $\text{pH} = 2.5$. The flow rate was 1 mL min^{-1} with a column temperature of 35°C . The API content was measured using a UV-vis detector at 286 nm for FFB and 225 nm for IBU, wavelength. For solubility measurements via HPLC, two independent experiments were conducted and the results were averaged. The uncertainty of the whole experimental procedure was found to be $\pm 0.3 \text{ wt\%}$.

Details of all calibration procedures are given in the Supporting Information (Figs. S1 and S2). The data-point values shown later in this work are given in Tables S1–S4 of the Supporting Information.

Powder X-Ray diffraction (PXRD) was used to identify the different polymorphic forms of IND occurring during the DSC measurements. For that purpose, DSC measurements were interrupted at considered temperatures and the IND/TG₁₀₀₁₀₀ samples from the DSC pans were immediately transferred to a silicon wafer and characterized with a Miniflex 600 PXRD device by Rigaku (Tokyo, Japan) in the 2θ range $2^{\circ} < 2\theta < 30^{\circ}$.

2.3. Solubility modeling

The API solubility in a TG can be discussed based on API/TG phase diagrams, as schematically depicted in Fig. 1.

API/TG mixture phase diagrams are divided into four characteristic

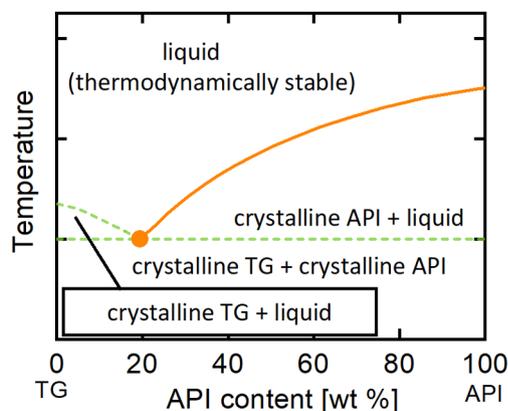


Fig. 1. Schematic phase diagram of a binary API/TG mixture. The relevant API solubility in the TG follows the solid line, the dashed lines are solubility lines not relevant in this work (solubility of the TG in API and the eutectic line). The circle is the eutectic point.

regions by solubility lines (in Fig. 1). All API/TG mixtures stored in the temperature/composition range above the solubility lines are homogeneous liquids. Below the solubility lines, either TG, API, or both API and TG crystallize. API/TG mixtures are preferably liquid at room temperature when applied as LBDDS and therefore should be stored at temperatures which lead to the thermodynamically stable, liquid area. The solubility line of the API in TG (right hand-side of Fig. 1) intersects with the solubility line of the TG in API (left hand-side of Fig. 1) in the eutectic point. Below the eutectic temperature, crystalline API as well as crystalline TG exist at the same time. The solubility lines of API in TG and vice versa are calculated using Eq. (1) [19].

$$x_i = \frac{1}{\gamma_i} \cdot \exp \left[-\frac{\Delta h_{0i}^{SL}}{R \cdot T} \cdot \left(1 - \frac{T}{T_{0i}^{SL}} \right) - \frac{\Delta c_{p,0i}^{SL}}{R} \left[\ln \left(\frac{T_{0i}^{SL}}{T} \right) - \frac{T_{0i}^{SL}}{T} + 1 \right] \right] \quad (1)$$

The solubility x_i at a certain temperature T depends on the melting properties of the pure component i (either API or TG), namely its melting temperature T_{0i}^{SL} , melting enthalpy Δh_{0i}^{SL} , and on the difference of the heat capacities of the component as solid and liquid $\Delta c_{p,0i}^{SL}$. R is the ideal gas constant ($8.1345 \text{ J mol}^{-1} \text{ K}^{-1}$). Activity coefficients γ_i account for the non-ideal interactions in mixtures and were calculated in this work via PC-SAFT [20]. Both, the solubility of a TG in an API and the solubility of an API in a TG were calculated using Eq. (1), leading to the left and the right branch of the phase diagram in Fig. 1, respectively.

Table 1 summarizes the melting properties of the components investigated in this work. Melting properties of TG12₀12₀12₀, TG16₀16₀16₀ and TG18₀18₀18₀ were taken from literature [21], $\Delta c_{p,0i}^{SL}$ was set to zero for all TGs considered in this work.

PC-SAFT [20,23,24] calculates the residual Helmholtz energy a^{res} and was further used to calculate the activity coefficients in Eq. (1). Three different contributions to a^{res} were taken into account as shown in Eq. (2).

$$a^{\text{res}} = a^{\text{hc}} + a^{\text{disp}} + a^{\text{assoc}} \quad (2)$$

The three terms consider the different molecular interactions between molecules. Herein, a^{hc} stands for the hard-chain reference contribution accounting for repulsive interactions, a^{disp} accounts for attractive van-der-Waals interactions and a^{assoc} accounts for the associating interactions via formation of hydrogen bonds [20,23].

PC-SAFT considers a molecule as a chain with a certain number of identical spherical segments. For describing a molecule via PC-SAFT, three pure-component parameters have to be adjusted, namely the segment number m_i^{seg} , the segment diameter σ_i , and the dispersion-energy between two segments $u_i k_B^{-1}$ (whereas k_B is the Boltzmann constant). Associating molecules additionally require two pure-

component parameters: the association energy $\epsilon^{\text{AiBi}} k_B^{-1}$ and the association volume κ^{AiBi} . All PC-SAFT pure-component parameters for the considered TGs were taken from a recent work [16]. For reasonably describing interactions with associating molecules (APIs), TGs were considered as induced-associating with three proton donors and three proton acceptors per molecule [24,25].

PC-SAFT parameters for FFB were fitted to solubility data in organic solvents from literature [26] (solubility data and one example for fitting this data are shown in Figs. S3 and S4 of the Supporting Information, respectively). Due to its molecular structure, FFB is assumed to possess two association acceptor sites and no association donor site. FFB is considered as an induced-associating component [24]. For all TGs and FFB the association energy $\epsilon_i^{\text{AiBi}} k_B^{-1}$ was set to zero and the association volume κ^{AiBi} was set to 0.02 [24]. Table 2 summarizes the pure-component parameters fitted in this work for FFB and the already known pure-component parameters of the other APIs which were taken from literature.

The dispersion energy u_{ij} among segments of two unlike molecules is obtained from the mixing rule given in Eq. (3).

$$u_{ij} = (1 - k_{ij}) \cdot \sqrt{u_i \cdot u_j} \quad (3)$$

k_{ij} is a binary interaction parameter correcting for deviations from the geometric mean and might linearly depend on temperature (Eq. (4)).

$$k_{ij}(T) = k_{ij,\text{slope}} \cdot T [\text{K}] + k_{ij,\text{int}} \quad (4)$$

The k_{ij} -value was fitted to experimental data (e.g. experimental solubility data from DSC measurements). Table 3 summarizes all the fitted binary interaction parameters k_{ij} used in this work.

3. Results

3.1. Solubility data obtained from different experimental methods

The experimental methods DSC, Raman spectroscopy, HPLC, and HSM measurements were combined to determine the solubility of FFB in TG8₀8₀8₀. The experimental values for FFB in TG8₀8₀8₀ as well as the modeling results obtained from PC-SAFT are given in Fig. 2.

DSC measurements were conducted for the high-API-loaded formulations, leading to data points at high temperatures and API compositions. These measurements revealed that the solubility temperatures decrease from the pure FFB's melting temperature of 80.6 °C to a solubility temperature of 69.0 °C in a formulation containing 40 wt% (measurements at lower FFB contents could not clearly be evaluated). Another FFB/TG8₀8₀8₀ sample with 20 wt% FFB was ball milled and heated with HSM under the microscope. The dissolution of all FFB crystals was optically observed at a temperature of 52 °C. The solubility of FFB/TG8₀8₀8₀ at 25 °C was measured via Raman spectroscopy and was found to be 9.9 wt%. This value is slightly higher than the result obtained from the HPLC measurements (8.3 wt% at 25 °C and 9.2 wt%

Table 1
Melting properties of APIs and TGs investigated in this work.

Component	Abbreviation	T_{0i}^{SL} [°C]	Δh_{0i}^{SL} [kJ mol ⁻¹]	$\Delta c_{p,0i}^{SL}$ [J mol ⁻¹ K ⁻¹]	source
Ibuprofen	IBU	77.1	25.5	50.3	[14]
γ-Indomethacin	γ-IND	160.2	39.3	117.0	[17]
α-Indomethacin	α-IND	152.0	34.7	*117.0	[22]
Fenofibrate	FFB	80.8 X	33.5	124.3	[26]
Tricaprylin	TG8 ₀ 8 ₀ 8 ₀	12.6	73.9 (± 2.0)	–	X
Tricaprin	TG10 ₀ 10 ₀ 10 ₀	33.2	119.6 (± 4.2)	–	X
Trilaurin	TG12 ₀ 12 ₀ 12 ₀	46.3	193.3	–	[21]
Tripalmitin	TG16 ₀ 16 ₀ 16 ₀	65.7	222.2	–	[21]
Tristearin	TG18 ₀ 18 ₀ 18 ₀	72.5	228.0	–	[21]

*this work, *assumed being the same for the two polymorphs

Table 2

PC-SAFT pure-component parameters for the APIs FFB, IBU, IND, the even, saturated TGs from TG₈₀8₀8₀ to TG₁₈₀18₀18₀ and the unsaturated TGs TG₁₈₁18₁18₁ and TG₁₈₂18₂18₂.

Abbreviation	M [g mol ⁻¹]	m ₁ ^{seg} [-]	σ _i [Å]	u _i k _B ⁻¹ [K]	ε _i ^{AiBi} k _B ⁻¹ [K]	κ ^{AiBi} [-]	N _i ^{assoc} [-]	Ref.
FFB	360.80	3.859	4.767	244.8	0	0.02	0/2	X
IBU	206.28	2.522	4.432	374.7	879.4	0.03	2/2	[27]
IND	357.79	14.283	3.535	262.8	886.4	0.02	3/3	[17]
TG ₈₀ 8 ₀ 8 ₀	470.69	9.482	4.24	281.6	0	0.02	3/3	[16]
TG ₁₀₀ 10 ₀ 10 ₀	554.86	11.283	4.26	277.9	0	0.02	3/3	[16]
TG ₁₂₀ 12 ₀ 12 ₀	639.02	13.282	4.24	272.9	0	0.02	3/3	[16]
TG ₁₆₀ 16 ₀ 16 ₀	807.32	16.952	4.25	269.4	0	0.02	3/3	[16]
TG ₁₈₀ 18 ₀ 18 ₀	891.48	18.406	4.27	266.4	0	0.02	3/3	[16]
TG ₁₈₁ 18 ₁ 18 ₁	885.43	23.383	3.89	239.0	0	0.02	3/3	[16]
TG ₁₈₂ 18 ₂ 18 ₂	879.41	22.607	3.86	228.6	0	0.02	3/3	[16]

*This work.

Table 3

Binary interaction parameters k_{ij} of all binary systems considered in this work.

API	IBU		FFB		IND	
	$k_{ij,slope}$ [K ⁻¹]	$k_{ij,int}$ [-]	$k_{ij,slope}$ [K ⁻¹]	$k_{ij,int}$ [-]	$k_{ij,slope}$ [K ⁻¹]	$k_{ij,int}$ [-]
TG ₈₀ 8 ₀ 8 ₀	0.00056	-0.183	0.00030	-0.1073	-	-
TG ₁₀₀ 10 ₀ 10 ₀	-	-0.018	-	-	-	0.024
TG ₁₂₀ 12 ₀ 12 ₀	-	-0.018	-	-	-	-
TG ₁₆₀ 16 ₀ 16 ₀	-	-0.018	-	-	-	-
TG ₁₈₀ 18 ₀ 18 ₀	-	-0.018	0.00030	-0.1073	-	-
TG ₁₈₁ 18 ₁ 18 ₁	-	0.008	-	0.007	-	-
TG ₁₈₂ 18 ₂ 18 ₂	-	0.008	-	0.015	-	-

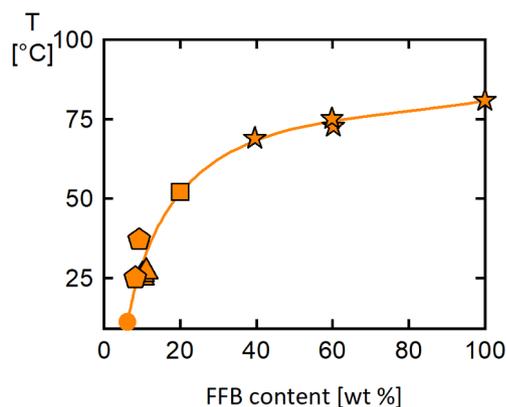


Fig. 2. Solubility FFB in TG₈₀8₀8₀. Stars are values measured by DSC, triangles are solubilities determined via Raman spectroscopy, the pentagons were obtained by HPLC and the square was determined via HSM. The circle marks the calculated eutectic point. The solid line is the PC-SAFT calculation.

at 37 °C) but still shows the high accordance of the experimental methods.

All measurements perfectly agree to each other and cover the entire temperature range from 25 °C to 80 °C. Using the pure-component parameters from Table 2 and the binary interaction parameter from Table 3, PC-SAFT is able to quantitatively describe the solubility over the entire temperature/concentration range. The PC-SAFT-calculated eutectic point of FFB/TG₈₀8₀8₀ is 11.6 °C at a composition of $w_{FFB} = 6.8$ wt%. Due to absence of a liquid phase solubility measurements below the eutectic point are not feasible.

At a temperature of 37 °C, the modeled FFB solubility is 13.2 wt%. This result again is in very good accordance to a literature solubility value of FFB in a commercial blend of TGs in which the solubility is about 18.0 wt% [10].

3.2. Solid state analysis of IND polymorphs in TGs

The DSC signals of IND/TG mixtures revealed different melting and recrystallization events, indicating the formation of different polymorphic forms of IND. HSM and PXRD measurements were conducted to understand which polymorph of IND occurred during heating. Fig. 3 shows PXRD diffractograms and HSM images of the binary system IND/TG₁₀₀10₀10₀. A sample from DSC was analyzed at 22 °C during the first heating and at 86 °C during the second heating after recrystallization.

The comparison of the obtained diffractograms (Fig. 3c and d) with literature diffractograms of IND polymorphs [22,28,29] reveals that the initially present γ -IND did not change upon ball milling (Fig. 3a and c). According to the DSC and HSM measurements, the γ -IND in the IND/TG₁₀₀10₀10₀ mixture with $w_{IND} = 50$ wt% melted at a temperature of 154.7 °C. The sample was subsequently quenched to 10 °C and reheated in a second heating ramp (see section solubility measurements). During the second heating ramp, recrystallization was observed in the heat flow signal. The HSM analysis (Fig. 3b) and PXRD analysis (Fig. 3d) proved that IND recrystallized into the α -polymorphic form during the second heating of the sample. After recrystallization into the α -polymorphic form, the API/TG mixture melted at 148.2 °C.

The different polymorphic forms with different melting behavior were precisely identified and their different melting properties were explicitly taken into account in the modeling.

3.3. Influence of API type on the solubility in TGs

Solubilities of IND, FFB, and IBU in TG₁₀₀10₀10₀ were determined via DSC measurements and are shown in Fig. 4a. The solubility of a crystalline API in a TG is influenced by both, its melting properties and the intermolecular interactions between API and TG (see Eq. (1)). The latter are described by the API activity coefficients which were calculated using PC-SAFT. The solubility of α -IND was predicted using the same pure-component parameters and binary interaction parameters as for the γ -form only using the melting temperature and enthalpy of α -IND as it has been done in recent works [30].

It can be seen in Fig. 4a that for each API and polymorph, there is a different starting point of the solubility line on the right side of the phase diagram, corresponding to the different melting points of the pure APIs/polymorphs. With decreasing API content, the melting temperatures of the mixtures decrease with a different slope for each API. Binary interaction parameters (Table 3) were fitted to these experimental data and solubilities of APIs at lower temperatures were then calculated by extrapolating with PC-SAFT. At 37 °C, solubilities of 6.8 wt% (FFB), 0.09 wt% (IND) and 15.1 wt% (IBU) in TG₁₀₀10₀10₀ were predicted. Apparently, the solubility of IND is very low compared to the other APIs. The low solubility of IND in TG₁₀₀10₀10₀ also leads to an almost not existing melting-point depression in the different IND/TG₁₀₀10₀10₀ formulations. Solubility temperatures were found to be

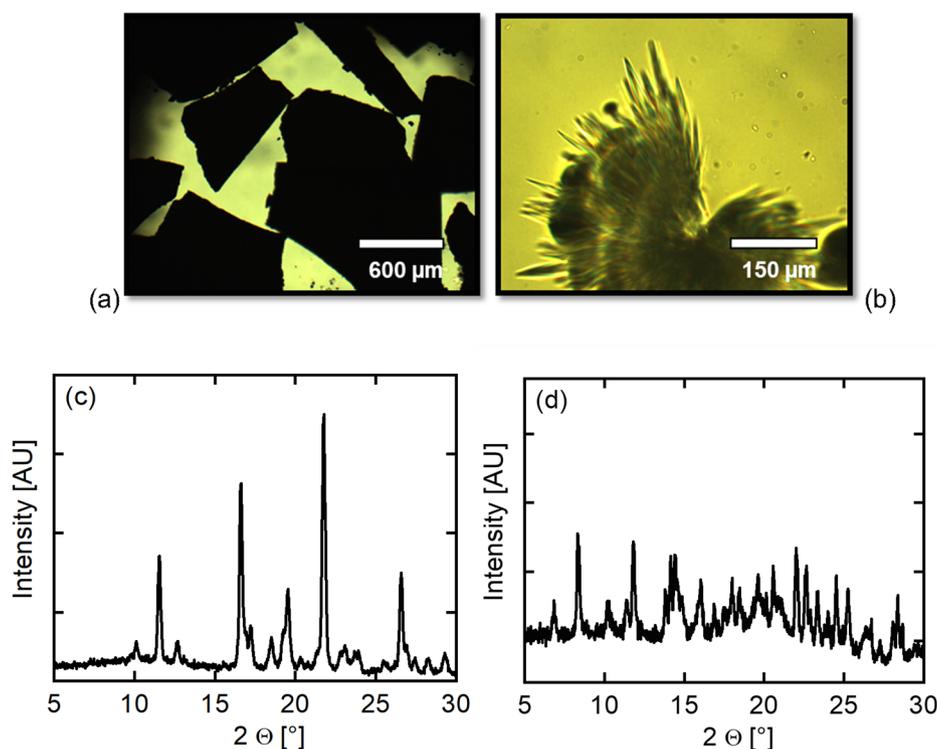


Fig. 3. HSM images (a and b) and PXRD diffractograms (c and d) of the IND/TG₁₀₀₁₀₀₁₀₀ ($w_{\text{IND}} = 90 \text{ wt}\%$) formulation obtained during the first heating ramp at 22 °C (a and c) and obtained after recrystallization during the second heating ramp at 86 °C (b and d).

almost as high as the melting temperature of pure IND.

The solubility of both α -IND and γ -IND in TG₁₀₀₁₀₀₁₀₀ is very well described by PC-SAFT using the same set of parameters (Table 2) only considering the different melting properties of the polymorphs (Table 1). The solubility lines of α -IND and γ -IND never intersect, meaning that γ -IND is the thermodynamically-stable form in the entire temperature/composition range.

The predicted solubility of FFB in TG₁₀₀₁₀₀₁₀₀ ($w_{\text{FFB}} = 6.8 \text{ wt}\%$) at 37 °C agrees with the experimental value ($w_{\text{FFB}} = 7.4 \text{ wt}\%$). Again, DSC and HPLC measurements correspond perfectly.

To illustrate the impact of intermolecular interactions, activity coefficients were calculated for each API in TG₁₀₀₁₀₀₁₀₀ at 25 °C (Fig. 4b). High activity coefficients ($\gamma_{\text{API}} > 1$) mean weak molecular interactions between API and TG, whereas small activity coefficients ($\gamma_{\text{API}} < 1$) indicate strong molecular interactions between API and TG. Activity coefficients of FFB and IBU in TG₁₀₀₁₀₀₁₀₀ are almost one in the entire composition range (Fig. 4b). This indicates beneficial molecular interactions for FFB/TG₁₀₀₁₀₀₁₀₀ and IBU/TG₁₀₀₁₀₀₁₀₀ and further leads to high API solubilities. Thus, FFB and IBU are API suitable candidates for API/TG formulations from the molecular-interaction

point of view. In contrast, IND shows strongly increasing activity coefficients with decreasing IND concentration. The activity coefficients of IND in TG₁₀₀₁₀₀₁₀₀ are even greater than ten at a IND mass fraction of 20 wt% indicating very weak intermolecular interactions between IND and TG₁₀₀₁₀₀₁₀₀. Thus, IND is a less-appropriate candidate for TG-based formulations.

These results emphasize the two main factors determining API solubilities which can be summarized as follows: The melting temperatures and enthalpies of α -IND and γ -IND are high compared to IBU and FFB. Moreover, IND activity coefficients in TG₁₀₀₁₀₀₁₀₀, particularly at low IND concentrations, are very high. Thus, neither the pure-component melting properties nor the intermolecular interactions with TGs are favorable for stable IND/TG formulations. In case of IBU and FFB in TG₁₀₀₁₀₀₁₀₀, activity coefficients are close to one. Considering the favorable activity coefficients and the low melting temperatures and melting enthalpies of IBU and FFB, it can be concluded that TG formulations are favorable for IBU and FFB.

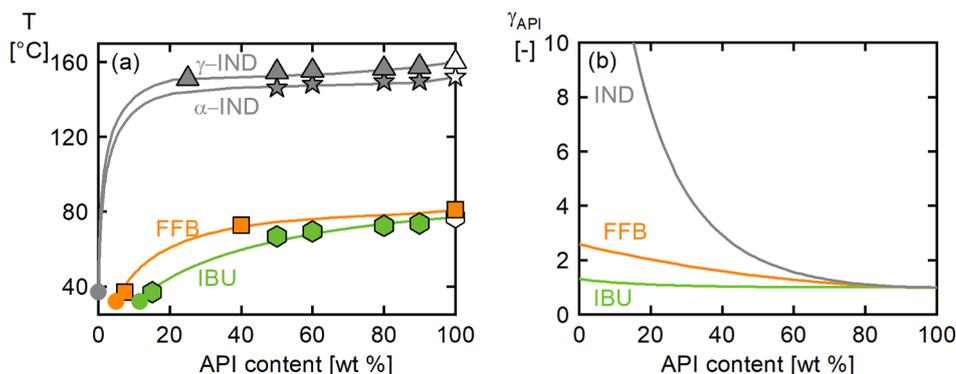


Fig. 4. (a) Solubility of IND, FFB, and IBU in TG₁₀₀₁₀₀₁₀₀. Measured solubilities of IBU (pentagons), FFB (squares), α -IND (stars), γ -IND (triangles). Filled symbols mark experimental results, white symbols are melting points of the pure APIs taken from literature (pentagon [14], star [22], triangle [17]). Circles mark the eutectic temperatures. The solid lines are PC-SAFT calculations. (b) PC-SAFT-calculated activity coefficients of IND, IBU (solid lines), and FFB (dashed line) in TG₁₀₀₁₀₀₁₀₀ at 25 °C.

3.4. Influence of TG C-chain length on API solubility

The fatty-acid chain length is an important characteristic property of TGs. The influence of this chain length on the API solubility was investigated for IBU in TG₈₀8₀8₀, TG₁₀₀10₀10₀, and TG₁₂₀12₀12₀. The results are shown in Fig. 5a. Further, Fig. 5b compares the IBU solubility in TG₁₈₀18₀18₀ and TG₁₆₀16₀16₀.

Fig. 5 shows how IBU solubility is influenced by the fatty-acid chain length of the saturated TGs. The solubility was found to slightly increase with increasing fatty-acid chain length of the TGs at elevated temperatures (higher than 40 °C). This in turn leads to lower solubility temperatures, e.g. for a 50 wt% IBU loading in TGs with longer fatty-acid chains: 72.6 °C in TG₈₀8₀8₀ vs. 66.8 °C in TG₁₀₀10₀10₀. The chain-length influence becomes negligible for TGs with higher chain lengths. Using the PC-SAFT parameters from Tables 2 and 3, it was possible to predict the solubilities quantitatively correct using the same k_{ij} -value for the various TGs from TG₁₀₀10₀10₀ to TG₁₈₀18₀18₀. The results of the different experimental procedures agree very well. At 25 °C, the solubility of IBU in TG₈₀8₀8₀ was found to be 9.6 wt% according to the HPLC measurement and 9.4 wt% according to the Raman measurement. It revealed that the literature values from Hong et al. [12] slightly deviate from the modeling and the experimental data obtained in this work. The small differences may originate from several reasons: melting temperatures were not extrapolated to a theoretical ramp of 0 K min⁻¹ in the work of Hong et al. This may result in a small shift of the melting temperatures due to kinetic effects in the DSC pan. Further, IBU was obtained from a different supplier in this work, which also might affect the melting properties of the investigated IBU.

The eutectic points strongly increase with increasing chain length of the TGs. Only for IBU/TG₈₀8₀8₀, the eutectic point lies below room temperature (8.1 wt% at $T_{eut} = 11.5$ °C). Thus a stable liquid IBU/TG mixture can only be realized using TG₈₀8₀8₀ and only containing a maximum IBU content of about 9.6 wt%. IBU in TG₁₀₀10₀10₀ will crystallize at room temperature ($T_{eut} = 31.9$ °C) at any composition. An IBU/TG₁₀₀10₀10₀ mixture becomes liquid at 37 °C body temperature unless the IBU/TG mixture exceeds a maximum IBU-content of 13.2 wt%. IBU in TG₁₂₀12₀12₀ will always be fully crystalline ($T_{eut} = 42.38$ °C) at body temperature. Therefore the latter combination is inappropriate for any liquid formulation at body or room temperature although it shows higher IBU solubilities than TG₈₀8₀8₀ and TG₁₀₀10₀10₀ above the eutectic points. The eutectic compositions are shifted more to the IBU-rich side for both IBU/TG₁₈₀18₀18₀ ($w_{IBU,eut} = 40.7$ wt%) and IBU/TG₁₆₀16₀16₀ ($w_{IBU,eut} = 32.9$ wt%) and are located at even higher temperatures (TG₁₈₀18₀18₀: $T_{eut} = 65.5$ °C, TG₁₆₀16₀16₀: $T_{eut} = 59.7$ °C) (see Fig. 5b). For that reason, the solubility was measured only for IBU/TG₈₀8₀8₀ at 25 °C. For all other TGs shown in Fig. 5, the eutectic temperature is higher and therefore solubility measurements cannot be performed at 25 °C.

Thus, the TG chain length has a strong impact on the eutectic

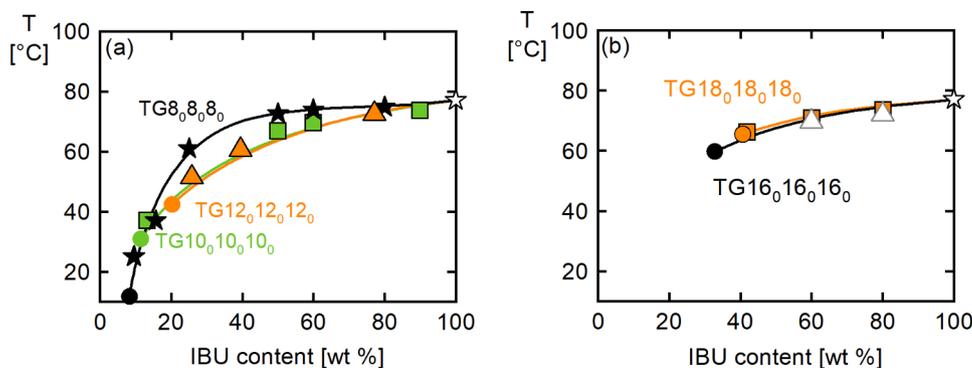


Fig. 5. (a) Solubility of IBU in TG₈₀8₀8₀ (stars), TG₁₀₀10₀10₀ (squares, see Fig. 4a), and TG₁₂₀12₀12₀ (triangles). Circles are PC-SAFT calculated eutectic points, the white star is the pure melting temperature of pure IBU from literature [14]. Lines stand for PC-SAFT calculations. The predicted solubility lines of IBU in TG₁₀₀10₀10₀ and TG₁₂₀12₀12₀ are almost identical and therefore hard to distinguish. (b) Solubility of IBU in TG₁₈₀18₀18₀ and TG₁₆₀16₀16₀. Squares are experimental values, the white star marks the melting point of pure IBU [14], white triangles are literature solubility values for IBU in TG₁₆₀16₀16₀ [12]. Circles are the eutectic points in TG₁₆₀16₀16₀ and TG₁₈₀18₀18₀, respectively. Lines are PC-SAFT calculations.

temperature of binary API/TG mixtures. Saturated TGs with fatty-acid chain lengths greater than 10 carbon atoms are apparently not reasonable for formulating the APIs considered in this work.

3.5. Influence of TG degree of saturation on API solubility

The influence of the TGs degree of saturation on the API solubility was investigated by comparing TGs with the same fatty-acid chain lengths (18 carbon atoms) and different degree of saturation, namely one completely-saturated TG (TG₁₈₀18₀18₀) and two unsaturated TGs (TG₁₈₁18₁18₁ and TG₁₈₂18₂18₂). For APIs in unsaturated TGs, only the solubility line of the API was calculated as no eutectic temperatures were measured for these systems. Fig. 6 shows the solubilities of IBU (Fig. 6a) and FFB (Fig. 6b) in these TGs.

The occurrence of unsaturated C-chains in TG fatty acids dramatically influences the eutectic points (Fig. 6). The melting points of those components lie distinctively below room temperature and therefore enable formulation of stable, liquid API/TG mixtures at 25 °C. The experimental DSC results and the PC-SAFT modeled solubility lines are almost identical for IBU in both unsaturated TGs (TG₁₈₁18₁18₁ and TG₁₈₂18₂18₂).

At 25 °C, the solubility of IBU in TG₁₈₁18₁18₁ and TG₁₈₂18₂18₂, is calculated to be $w_{IBU} = 4.0$ wt% and is thus equal to the solubility of FFB in TG₁₈₁18₁18₁ (4.2 wt%) and TG₁₈₂18₂18₂ (3.9 wt%). The solubilities of the APIs only slightly differ for TG₁₈₁18₁18₁ and TG₁₈₂18₂18₂, and are in very good agreement with the PC-SAFT calculations (e.g. 2.8 wt% for FFB in TG₁₈₁18₁18₁ and 3.9 wt% for FFB in TG₁₈₂18₂18₂).

Above the eutectic temperature of IBU/TG₁₈₀18₀18₀ at 65.5 °C, the solubility of IBU is significantly higher in TG₁₈₀18₀18₀ compared to TG₁₈₁18₁18₁ and TG₁₈₂18₂18₂. This implies that IBU has higher solubilities in saturated TGs compared to the unsaturated ones. Further, there is no distinctive difference between the solubility lines of IBU in TG₁₈₁18₁18₁ and TG₁₈₂18₂18₂ which implies that the degree of saturation has only a minor effect on the IBU solubility.

This significantly-higher solubility in saturated TGs was not observed in case of FFB/TG mixtures (Fig. 6b). In the case of FFB, all three solubility lines lie almost above each other (Fig. 6b) and do not deviate as strong as for IBU (Fig. 6a). The influence of TG degree of saturation is obviously different for different APIs. This arises from differently-strong interactions (e.g. association and van der Waals interactions) with the different functional groups of the APIs and does not allow for general conclusions regarding the solubility of APIs in TGs. However, differently-strong interactions are explicitly considered by the physically-sound thermodynamic model PC-SAFT which allows modeling the different solubility behaviors. Fig. 7 displays the activity coefficients of IBU in TG₁₈₀18₀18₀, TG₁₈₁18₁18₁ and TG₁₈₂18₂18₂ at 25 °C.

In each TG, the IBU activity coefficients increase with decreasing IBU content. Activity coefficients are lowest in IBU/TG₁₈₀18₀18₀ which corresponds to the increased solubility of IBU in saturated

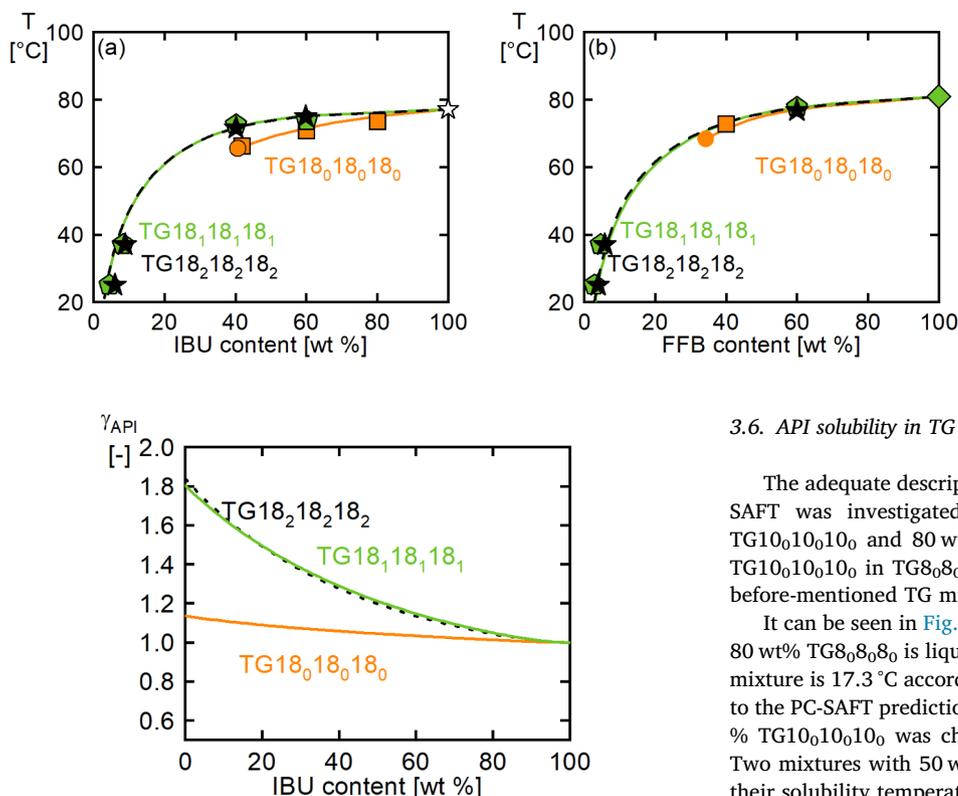


Fig. 7. Activity coefficients of IBU in TG₁₈₀18₀18₀, TG₁₈₁18₁18₁ (solid lines) and TG₁₈₂18₂18₂ (dashed line) calculated with PC-SAFT at 25 °C.

TG₁₈₀18₀18₀ compared to the ones in TG₁₈₁18₁18₁ and TG₁₈₂18₂18₂. Activity coefficients of IBU in TG₁₈₁18₁18₁ and TG₁₈₂18₂18₂ lie on one line, reflecting the IBU similar solubility results from Fig. 6a and the favorable intermolecular interactions between IBU and TGs.

For the investigated API/TG mixtures a formulation that is liquid at room temperature can only be created by using either a TG with medium C-chain (TG₈₀8₀8₀) or a TG with unsaturated fatty-acids (TG₁₈₁18₁18₁ or TG₁₈₂18₂18₂). The solubility of IBU (10.5 wt%) and FFB (9.5 wt%) in the saturated, medium-chained TG₈₀8₀8₀, was found to be higher compared to the solubilities in the unsaturated TGs (≈ 4.0 wt%). Therefore, we recommend to use TG₈₀8₀8₀ for lipid formulations of the investigated APIs, if solubility has to be maximized. This is in agreement with findings from recent works, in which mixed saturated medium-chained TGs and mixed unsaturated long-chained TGs have been compared [9,31].

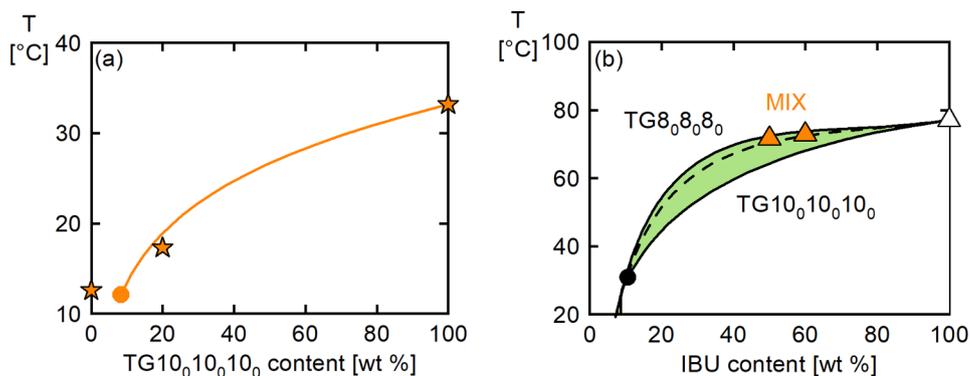


Fig. 6. Solubility of (a) IBU and (b) FFB in TG₁₈₀18₀18₀, TG₁₈₁18₁18₁ and TG₁₈₂18₂18₂. Symbols represent measurements in various TGs (squares: TG₁₈₀18₀18₀, pentagons: TG₁₈₁18₁18₁, stars: TG₁₈₂18₂18₂). White star is the pure melting point of IBU from literature [14]. The diamond marks the melting point of pure FFB. Circles are the eutectic points of the API/TG₁₈₀18₀18₀ mixture. Lines are PC-SAFT calculations.

3.6. API solubility in TG mixtures

The adequate description of API solubility in TG mixtures using PC-SAFT was investigated for IBU in a binary mixture of 20 wt% TG₁₀₀10₀10₀ and 80 wt% TG₈₀8₀8₀. Fig. 8a shows the solubility of TG₁₀₀10₀10₀ in TG₈₀8₀8₀. Fig. 8b shows the solubility of IBU in the before-mentioned TG mixture.

It can be seen in Fig. 8a that a mixture of 20 wt% TG₁₀₀10₀10₀ and 80 wt% TG₈₀8₀8₀ is liquid at 25 °C (the solubility temperature of a this mixture is 17.3 °C according to the measurement and 18.9 °C according to the PC-SAFT prediction). Based on this finding, a mixture with 20 wt % TG₁₀₀10₀10₀ was chosen for preparing a liquid IBU/TG mixture. Two mixtures with 50 wt% IBU and 60 wt% IBU were ball milled and their solubility temperatures were determined with DSC (Fig. 8b). The predicted solubility line of this IBU/TG mixture lies between the solubility lines of IBU in the two pure TGs and perfectly corresponds with the DSC data (measurement results summarized in Table S1 of the supplement). The calculated IBU solubility at 25 °C is 10.5 wt%, which is almost the same value as obtained for IBU in TG₈₀8₀8₀ ($w_{\text{IBU}} = 10.1$ wt%). Mixtures of TG₈₀8₀8₀ and TG₁₀₀10₀10₀ do thus obviously not enhance the IBU solubility at room temperature.

4. Conclusions

In this work, DSC, HSM, HPLC, and Raman spectroscopy experiments were combined with thermodynamic modeling to determine solubilities of APIs in pure TGs and a binary mixture of TG₈₀8₀8₀ and TG₁₀₀10₀10₀. Activity coefficients of APIs in TGs taking into account the intermolecular interactions between APIs and TGs were calculated at 25 °C. They were found to strongly depend on the type of API and impact their solubility (besides the melting properties of the pure API). While IND revealed to be inappropriate for binary API/TG formulations with TG₁₀₀10₀10₀ due to both, its melting properties and the weak interactions with TGs, FFB and IBU seem to be better suitable for LBDDS formulations.

The length of the C-chains in the TGs was found to have only a

Fig. 8. (a) Solubility of TG₁₀₀10₀10₀ in TG₈₀8₀8₀. Stars are experimental values and the circle marks the eutectic point. The solid line is the solubility line predicted with PC-SAFT. (b) Solubility of IBU in a TG₈₀8₀8₀/TG₁₀₀10₀10₀ mixture. Filled triangles are experimental values and the white triangle is a literature value for pure IBU [14]. The circle marks the eutectic point of IBU/TG₁₀₀10₀10₀. The dashed line is the PC-SAFT prediction for IBU solubility in a mixture containing 80 wt% TG₈₀8₀8₀ and 20 wt% TG₁₀₀10₀10₀. The solid lines are modeling results for IBU in TG₈₀8₀8₀ and TG₁₀₀10₀10₀ from Fig. 5. The filled area indicates the solubility area of IBU in different TG₈₀8₀8₀/TG₁₀₀10₀10₀ mixtures.

minor impact on the solubility of the APIs considered in this work. The eutectic temperatures of the API/TG mixtures increased remarkably with increasing TG chain length. In case of IBU and FFB, only the unsaturated, long-chained TGs TG18₁18₁18₁ and TG18₂18₂18₂ as well as the saturated, medium-chained TG8₀8₀8₀ possess eutectic points below 25 °C. Thus, saturated TGs with chain lengths greater than ten carbon atoms are unfavorable TGs for formulating stable liquid formulations at room temperature. Main factor influencing the API solubility in a pure TG was found to be TG saturation. At 25 °C, the solubility of IBU and FFB was approximately half as high in the unsaturated TG18₁18₁18₁ and TG18₂18₂18₂ compared to the one in the saturated TG8₀8₀8₀.

It could be seen that API/TG interactions in API/TG mixtures strongly depend on the chosen API. The determination of activity coefficients was proven being a useful tool for predicting those intermolecular interactions. Beneficial intermolecular interactions were found for TGs with IBU and FFB, whereas weak interactions were found for TGs with IND. Thermodynamic modeling via PC-SAFT thus enables screening for suitable API/TG combinations and moreover also for predicting the API solubilities in TG mixtures.

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Appendix A. Supplementary material

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.ejpb.2019.10.012>.

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