

Mary Beth Kingston, MSN, RN, NEA-BC



Name:

Mary Beth Kingston

Hometown:

Philadelphia, Pennsylvania

Current job:

Chief nursing officer at Advocate Aurora

Education:

MSN in Adult Health (University of Pennsylvania), BSN (West Chester University)

First job in nursing:

I was a clinical nurse on an inpatient surgical unit at a local community hospital.

Being in a leadership position gives me the opportunity to:

Empower the nurses I work with

Most people don't know that I:

Finished a half marathon 2 years ago, but very slowly, I might add. It may be the one and the only!

My best advice to inspiring leaders:

Know yourself and by that, I mean know what interests and drives you. You do not have to know everything or where you will be in 30 years, but recognize what excites and energizes you and pursue that.

One thing I want to do or learn:

To be a better cook!

One word to describe me:

Persistent