



# Novel insights into the role of urotensin II in cardiovascular disease

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**Urotensin II (UII) is a vasoactive peptide that interacts with a specific receptor called the UT receptor. UII has been implicated in cardiovascular regulation, with promising therapeutic applications based on UT receptor antagonism. The endogenous ligands of the UT receptor: UII and urotensin-related peptide (URP), differentially bind and activate this receptor. Also, the receptor localization is not restricted to the plasma membrane, possibly inducing different physiological responses that could support its inconsistent, but potent, vasoactive activity. These properties could explain the disappointing outcomes in clinical studies, in contrast to the positive preclinical results regarding heart failure, pulmonary hypertension, atherosclerosis and diabetes mellitus. These aspects should be considered in future investigations to a better comprehension of the role of UII as a potential therapeutic target.**

## Introduction

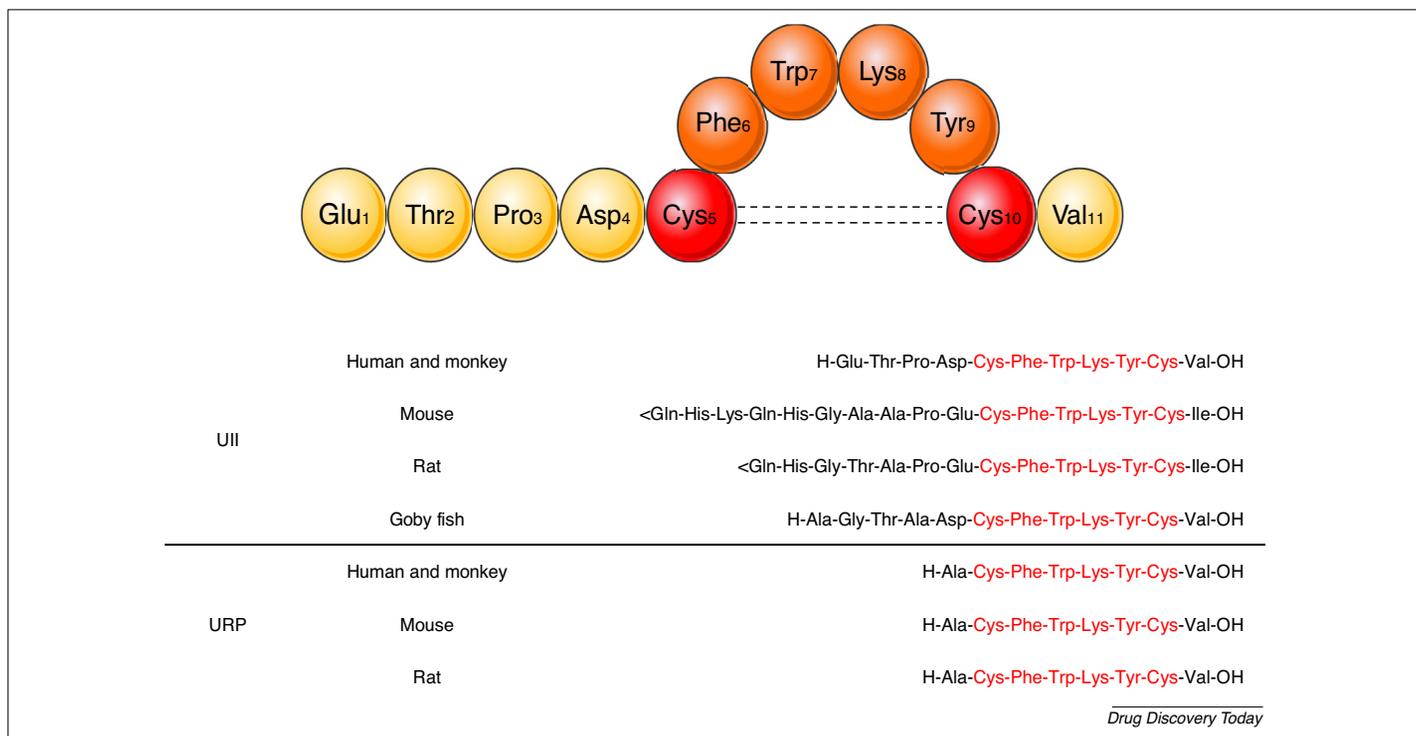
Urotensin II (UII) is a peptide originally found in the caudal neurosecretory system of the teleost fish *Gillichthys mirabilis*, in a structure named the urophysis, in which other peptides with vasoactive properties coexist [1]. Although it was initially thought to be exclusive to fish [2–5], its cardiovascular effects were also described in amphibians [6] and in other vertebrates, namely in humans, suggesting that it appeared early during evolution. Nowadays, the role of UII in cardiovascular pathophysiology has been extensively reviewed [7–12] because of its vasoactive properties and significant expression of the peptide and its receptor in patients with cardiovascular morbidities [13,14]. However, several unanswered questions remain because the development of compounds that modulate the urotensinergic system reveal promising but inconsistent actions, potentially explained by certain characteristics related to the receptor localization and selective signaling pathways induced by its ligands.

## Molecular structure and biosynthesis of urotensin II

Human UII (hUII) is derived from a protein precursor coded by the *UTS2* gene located on chromosome 1p36 [15]. In humans, two of those proteins were identified, formed by 124 and 139 residues that result from alternative splicing [13,16]. However, there is no full knowledge about the metabolic pathway that contributes to hUII mature peptide production, namely the enzymes involved in the proteolytic cleavage of the protein precursors or the exact location where maturation occurs. There is evidence of a possible urotensin-converting enzyme (UCE), detected by a mass-spectrometry-assisted enzyme-screening system, in porcine renal tissue [17]. In another *in vitro* study, intracellular enzymes with furin-like characteristics and serine proteases (such as trypsin) were found in human blood and plasma samples, which are involved in the maturation process of pro-UII [18].

The mature peptide (Fig. 1) is formed by 11 amino acids, with a C-terminal region that includes a cyclic hexapeptide sequence (Cys-Phe-Trp-Lys-Tyr-Cys) as a result of a disulfide bond between cysteine residues. That cyclic sequence is highly conserved from fish to mammals, whereas the N-terminal region is highly variable in length and constitution [10,11]. The conserved sequence, re-

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**FIGURE 1**

Representation of amino acid sequence for mature human urotensin II (hUII) and comparison of primary structures of urotensin II (UII) and urotensin-related peptide (URP) from various species. The conserved cyclic hexapeptide is highlighted in red. Illustration used elements from Servier Medical Art (<http://smart.servier.com>).

sponsible for its biological activity, explains why the non-native UII (species-nonspecific form) is active in different species. Nevertheless, it was also found that non-native UII can produce different biological responses compared with its native form, suggesting that the N-terminal region is essential to receptor activation [19].

### Distribution and origin of urotensin II

In the central nervous system (CNS), hUII pre-pro-hormone mRNA was found by northern dot blot in the spinal cord, more exactly in motoneurons, and in the medulla oblongata, although with lower expression compared with the signal found in the spinal cord [16]. These results were later confirmed in a study that showed UII-like immunoreactivity confined to a subset of motoneurons in the ventral horn [20]. In another study, mRNA expression of hUII was also identified in the cerebral cortex, hypothalamus and hypophysis of patients with chronic kidney disease [21].

In the heart, hUII precursor protein was detected in atrial and ventricular cardiomyocytes [22,23]. Immunohistochemical studies also revealed the presence of hUII in endothelial cells of arteries (aorta, coronaries, internal mammary and umbilical artery) and veins (saphenous and umbilical) [24]. Regarding the kidney, high expression of hUII was found in epithelial cells from distal convoluted tubules, as well as from collecting tubules, collecting ducts and proximal convoluted tubules, although with lower expression in these latter tissues. The same study also revealed immunoreactivity in endothelial cells from kidney vasculature, except for the veins [25]. The presence of the peptide precursor mRNA was found in other peripheral tissues, namely in the liver, spleen, thymus, small intestine, stomach, prostate, ovaries, pancreas, adrenal gland and skeletal muscle [16,26].

It is important to highlight that UII distribution seems to be species-specific. As an example, high levels of UII precursors were found in rat testis tissue; however, in the same human tissue samples low levels of UII precursors were found [27]. Moreover, the data regarding hUII distribution are highly variable according to the different studies, even if they use the same methodology. In a study based on northern dot blot of 50 samples of different human tissues (including myocardial tissues), pro-hUII mRNA was only detected in the kidney and, with lower expression, in the spinal cord and medulla oblongata, although its presence in the heart is reported in other studies [26,28]. Another aspect to consider is the fact that hUII detection can vary according to the sample, which can be from a healthy individual or from a patient with multiple comorbidities. An example of this is the study that reported low or even no hUII immunoreactivity in cardiomyocytes, endothelial cells and vascular smooth muscle cells (VSMCs) from healthy individuals, but high immunoreactivity in the same tissues from patients with end-stage congestive heart failure (CHF) [14]. These results demonstrate that the peptide has an important role in cardiovascular pathophysiology.

The ubiquitous presence of hUII in the organism and its low levels detected in human plasma support the hypothesis that it acts as an autocrine and/or paracrine agent. A study that measured its concentration in plasma from patients with CHF reported higher levels in the aortic root compared with the levels found in the pulmonary artery, indicating a putative cardiopulmonary synthesis of the peptide [29]. Another study that used anesthetized sheep also demonstrated an arteriovenous gradient in the heart, liver and kidney, revealing that these organs are responsible for UII production [30].

## The UT receptor and its ligands beyond urotensin II

From a reverse pharmacology approach, it was found that UII selectively binds to a rat orphan receptor: GPR14, also named sensory epithelial neuropeptide-like receptor (SENr) [13]. Currently known as the urotensin II (UT) receptor, this receptor is encoded by the *UTS2R* gene, located on human chromosome 17q25.3 [31]. This intronless gene produces a protein formed by 389 residues, sharing 75% of its structure with the rat receptor [13]. UT receptor is a class A G-protein-coupled receptor (GPCR), from the rhodopsin family, and shares high similarity in its amino acid sequence with somatostatin (similarity of 27% with SSTR4 receptor) and opioid receptors (similarity of 25% with  $\kappa$  receptor and 26% with  $\mu$  and  $\delta$ ) [32]. Like hUII, UT receptor is widely distributed across different human tissues. Receptor mRNA was detected in the CNS (cerebral cortex, hypothalamus, hypophysis, medulla oblongata and motoneurons in spinal cord) and in many peripheral organs, particularly skeletal muscle tissue and renal (renal cortex), endocrine (pancreas and adrenal gland) and cardiovascular (atria and ventricles, endothelial cells and VSMCs from arterial vasculature) systems [13,21,26].

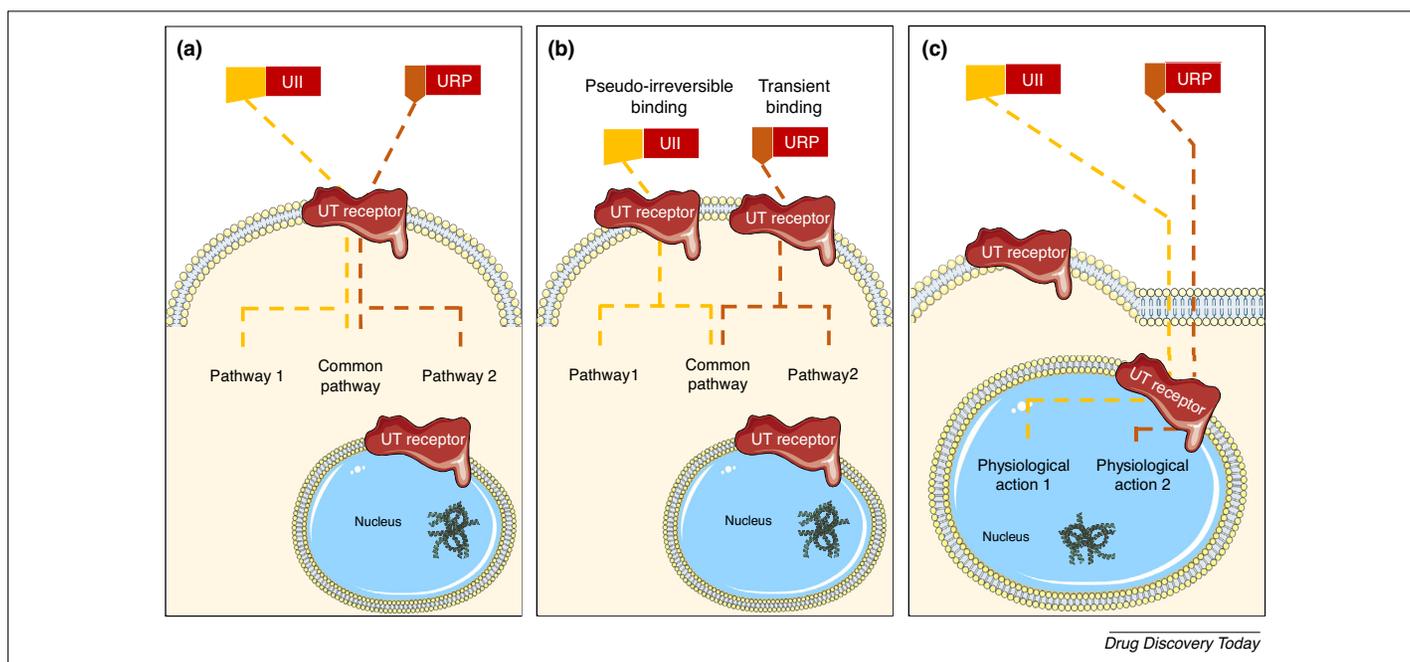
### UT receptor endogenous ligands and antagonists

The endogenous selective ligands for human UT receptor are UII and urotensin-related peptide (URP). URP is formed from eight amino acids (Fig. 1), with the same cyclic hexapeptide sequence in the C-terminal region responsible for biological activity, forming the urotensinergic system with UII and UT receptor. The expression of the pre-pro-URP genes, which are located on 3q29 chromosome, follows the same distribution and is comparable to the levels of the pre-pro-UII genes in human tissues, except for the spinal cord, where UII expression is significantly higher. In addition,

protein precursors from UII and URP are not similar, sharing only 18.8% of their amino acid sequence [27]. However, owing to the almost identical primary structure of their mature proteins, antibodies used in immunohistochemical studies do not seem to be able to clearly discriminate these two peptides [33]. Through a solid-phase extraction technique based on the more hydrophobic nature of URP compared with UII, one study was able to differentiate and measure their plasma levels in healthy individuals: UII concentration ranged from 0.50 to 3.33 pmol/l and URP ranged from 1.30 to 14.14 pmol/l [34].

The urotensinergic system is a good example of the concept of biased agonism. UII and URP, with similar primary structures, are known as the endogenous ligands of the UT receptor; differences as subtle as their variable N-terminal regions can induce different conformational changes of the receptor that consequently modulate different signaling pathways (Fig. 2a) [35]. Furthermore, the N-terminal domain can also condition the activity of the two ligands as a partial or full agonist, changing their affinity for the receptor [36,37]. Thereby, it becomes important to identify pharmacological tools that discriminate the effects produced by each endogenous ligand upon activation of the receptor [38]. In this context, several compounds have been synthesized to modulate the effects induced by each UII and URP [11,39–41].

The developing of UT receptor antagonists is also essential for a better understanding of UII function in the organism. These antagonists are classified as peptidic [42–46] or non-peptidic [47–52] (Table 1). Palosuran (ACT-058362) was the first non-peptidic antagonist with positive results in animal models but not so effective in humans. Its importance in the study of the urotensinergic system is evident owing to its role not only in cardiovascular diseases (Tables 2 and 3) but also in other condi-



**FIGURE 2**

Representation of the different ways urotensin II (UII) and urotensin-related peptide (URP) exert their biased agonism. **(a)** Differential activation of the membrane urotensin (UT) receptor, induced by variations in N-terminal domain of the ligands. **(b)** Pseudo-irreversible and transient binding of UII and URP to the receptor, respectively. **(c)** Functional selectivity of the ligands in the nuclear UT receptor. Illustration used elements from Servier Medical Art (<http://smart.servier.com>).

TABLE 1

## List of several peptidic and nonpeptidic antagonists, their structures and respective urotensin (UT) receptor affinities

|                         | Structure              | UT affinity  | Comments   | Refs   |
|-------------------------|------------------------|--|--|--|
| Peptidic antagonists    | Urantide               | H-Asp-c[Pen-Phe-DTrp-Orn-Tyr-Cys]-Val-OH   | $pK_i = 8.3$ (human UT receptor)   | Recent studies report that this drug behaves as a partial agonist because it promoted $G_i$ , $G_q$ and $G_o$ activation (but blocked $\beta$ -arrestins) [43] |
|                         | BIM-23127              | D-Nal-cyclo-[Cys-Tyr-D-Trp-Orn-Val-Cys]-2-Nal-NH <sub>2</sub>  | $pK_i = 6.7$ (human UT receptor)   | Initially described as a neuromedin B receptor antagonist [44]   |
|                         | SB-710411              | Cpa-c[D-Cys-Pal-D-Trp-Lys-Val-Cys]-Cpa-amide   | $K_i = 903.4$ nM (human UT receptor)<br>$K_i = 160.0$ nM (rat UT receptor)   | Agonist in primate vessels and weak antagonist in rat vessels [46]   |
| Nonpeptidic antagonists | Palosuran (ACT-058362) | 1-[2-(4-Benzyl-4-hydroxy-piperidin-1-yl)-ethyl]-3-(2-methyl-quinolin-4-yl)-urea sulfate salt                                       | Membrane binding<br>$K_i = 5.1$ nM (human UT receptor)<br>Whole-cell binding<br>$K_i = 276.0$ nM (human UT receptor) | Loss of affinity could be explained by a distinct binding site or by high-efficiency catabolism at the intact cell membrane [47]                               |
|                         | SB-657510              | 2-Bromo-N-[4-chloro-3-((R)-1-methyl-pyrrolidin-3-yloxy)-phenyl]-4,5-dimethoxybenzenesulphonamide hydrochloride                     | Membrane binding<br>$K_i = 61.4$ nM (human UT receptor)<br>Whole-cell binding<br>$K_i = 46.2$ nM (human UT receptor) | Identical affinities in intact cells and membranes [47]  |
|                         | SB-611812              | 2,6-Dichloro-N-(4-chloro-3-[[2-(dimethylamino)ethyl]oxy]phenyl)-4-(trifluoromethyl)-benzenesulphonamide                            | $K_i = 121$ nM (rat UT receptor)   | [48]   |
|                         | SB-706375              | 2-Bromo-4,5-dimethoxy-N-[3-(R)-1-methyl-pyrrolidin-3-yloxy]-4-trifluoro-methyl-phenyl]-benzenesulphonamide hydrochloride           | $K_i = 9.3$ nM (human UT receptor)   | [49]   |
|                         | KR-36676               | 2-(6,7-Dichloro-3-oxo-2H-benzo[b][1,4]oxazin-4(3 H)-yl)-N-methyl-N-(2-(pyrrolidin-1-yl)-1-(4-(thiophen-3-yl)phenyl)ethyl)acetamide | $K_i = 0.7$ nM (human UT receptor)   | [50]   |
|                         | KR-36996               | N-[1-[3-bromo-4-(piperidin-4-yloxy)benzyl]piperidin-4-yl]benzo[b]thiophene-3-carboxamide   | $K_i = 4.44$ nM (human UT receptor)  | [51]   |
|                         | DS37001789             | Piperazine derivative  | –  | Its potency ( $IC_{50} = 0.9$ nM) was superior to that of palosuran ( $IC_{50} = 120$ nM) [52]   |

This list is not exhaustive, it essentially contains the antagonists mentioned throughout this review.

tions, such as portal hypertension [53,54]. However, its use also reveals that UT receptor activation could have a highly variable response to UII in humans, requiring the developing of more-potent antagonists. In fact, palosuran showed lower affinity in intact cell and functional assays in comparison with its potency in membrane formats (Table 1) [47]. Moreover, its affinity is also variable according to the different species – it acts as a ‘primate-selective’ ligand in recombinant membrane preparations ( $K_i \sim 4$  nM, in human UT receptor) but it binds weakly to rat UT receptor ( $K_i \sim 1500$  nM), potentially explained by different binding sites in the human and rat receptors [55]. The preclinical results must also be interpreted considering the fact that palosuran is a non-selective drug, which means that the beneficial effects attributed to UT receptor antagonism could be caused by the palosuran activation of other receptors, namely sst2 and sst5 somatostatin receptors [47,56]. Other important UT receptor antagonists are included in Table 1.

## Biological effects and signaling pathways of urotensin II

### Vasoactive effects of urotensin II

One of the first studies about the cardiovascular effects of hUII revealed its strong vasoconstrictive action in isolated rat arteries, with a potency 16-times greater than endothelin-1 (ET-1). The effect of hUII and UII derived from teleost fish was evaluated in rat thoracic aorta, where they induced vasoconstriction; however, both UIIs were not able to constrict other arteries (abdominal, femoral and renal arteries) [13]. In another *in vitro* study, hUII promoted vasoconstriction with a potency 50-times greater than ET-1 in human coronary, mammary and radial arteries, although its efficacy was highly variable; in fact, ET-1 effectively constricted all arteries, whereas hUII failed to induce a response in ~30% of them [26].

The great variability of UII in vascular tone regulation is also clear in its vasodilator action. Vasodilation mediated by UT recep-

TABLE 2

**Results of urotensin (UII) receptor antagonism in heart failure and pulmonary hypertension: different antagonists were used to assess its effects on cardiovascular disease**

|                        | Treatment | Model and species   | Outcome   | Comments  | Refs  |
|------------------------|-----------|---|---|---|-------|
| Heart failure          | KR-36996  | C57BL/6 mice (transverse aortic constriction) and Sprague–Dawley rats (coronary ligation) | ↓ Interstitial fibrosis<br>↓ Left ventricular weight by 40%<br>↑ Ejection fraction and fractional shortening                                    |   | [50]  |
|                        | KR-36676  | C57BL/6 mice (transverse aortic constriction) and Sprague–Dawley rats (coronary ligation) | ↓ Formation of actin stress fibers<br>↓ Left ventricle hypertrophy  |   | [51]  |
|                        | SB-611812 | Lewis rats (coronary ligation)  | ↓ Myocardial and endocardial fibrosis<br>↓ LVEDP<br>↓ Collagen type I/III ratio<br>↓ Proliferation of cardiac fibroblasts                       | Improvement in myocardial stiffness is due to the significant decrease in type I collagen (more rigid than type III collagen) | [92]  |
|                        | SB-710411 | Sprague–Dawley rats (coronary ligation)   | ↓ Cardiac I/R-induced infarct size and histological damage<br>Inhibited ST-segment increase in ECG<br>↓ LDH, CK-MB and cTnI levels              | Acts as a vasoconstrictor in monkey arteries  | [93]  |
|                        | SB-706375 | Sprague–Dawley rats (coronary ligation)   | ↓ Cardiac I/R-induced cardiac damage (in diastolic function)<br>↑ Coronary flow<br>↓ LDH, CK-MB and cTnI, levels                                | Inhibition of RhoA/ROCK pathway revealed a cardioprotective effect  | [94]  |
| Pulmonary hypertension | KR-36676  | Sprague–Dawley rats (MCT-IPHM)  | ↓ Pulmonary vascular remodeling<br>↓ Right ventricle remodeling (hypertrophy/myocardial fibrosis)   | Antiproliferative and anti-inflammatory actions by inhibiting ERK1/2 and nuclear factor (NF)-κB pathway                       | [102] |
|                        | Palosuran | Wistar albino rats (MCT-IPHM)   | ↓ ET-1, UII and TGF-β1 levels<br>↓ mPAP, RVHI and RVMI<br>↓ Arteriole wall thickness<br>↓ Perivascular connective tissue thickness              | No effects on mean blood pressure   | [100] |
|                        |           | Wistar albino rats (MCT-IPHM)   | ↓ ET-1 and UII levels<br>↓ mPAP<br>↓ Arteriole wall thickness<br>↓ Perivascular connective tissue thickness                                     | The antagonist is at least as effective as bosentan   | [103] |
|                        | Urantide  | Wistar rats (MCT-IPHM)  | ↓ mPAP and SPAP<br>↓ Right ventricular diastolic diameter<br>↑ Time to peak, ejection time and peak flow velocity of pulmonary artery           | No effects on pulmonary artery diameter and left ventricular ejection fraction  | [104] |
|                        |           | Wistar rats (MCT-IPHM)  | ↑ Nitric oxide (NO) levels (in early and late treatment groups)<br>↓ mPAP and right ventricular weight ratio<br>↓ Pulmonary vascular remodeling | No effects on mean blood pressure   | [105] |

Abbreviations: MCT-IPHM, monocrotaline induced pulmonary hypertension model; LVEDP, left ventricular end-diastolic pressure; I/R, ischemia/reperfusion; ECG, electrocardiogram; LDH, lactate dehydrogenase; CK-MB, creatine kinase-muscle/brain; cTnI, troponin I; ET-1, endothelin-1; UII, urotensin II; TGF-β1, transforming growth factor beta 1; mPAP, main pulmonary arterial pressure; RVHI, right ventricular hypertrophy index; RVMI, right ventricular mass index; SPAP, systolic pulmonary arterial pressure.

tors located on the endothelium is endothelium-dependent, whereas vasoconstriction is an endothelium-independent process, mediated by receptors located on VSMCs [57]. A previous study evaluated the effect of hUII on isolated segments of several rat vessels. The peptide caused vasoconstriction of the thoracic aorta and the left anterior descending coronary artery, with a contractile response enhanced by the removal of the endothelium in the latter ones. By contrast, hUII caused potent vasodilation in precontracted mesenteric arteries of a small caliber and a limited vasodilator response in precontracted basilar arteries. This study highlights the role of endothelial cells in vasodilation and the anatomical differences related to the peptide response that might be associated with the variable levels of UT receptor expression [58]. It has been suggested that the vasoactive effects of UII could be related to the blood vessel caliber: in small vessels there is an endothelium-mediated vasodilation, whereas in large

vessels the predominant response is a VSMC-mediated vasoconstriction [59].

Besides its activity on the peripheral vascular bed, UII acts through the CNS in cardiovascular regulation. It induces dose-related depressor and bradycardic responses or increases blood pressure and heart rate through the stimulation of different brain areas in rats [60]. Certain studies that evaluated the effects of UII intracerebroventricular injection reported greater blood pressure increases in spontaneously hypertensive rats when compared with normotensive rats [61]. This means that the peptide can act as a neuromodulator that regulates blood pressure with the contribution of the sympathetic nervous system, mainly through the stimulation of β-adrenoreceptors, in contrast to the systemic activity of UII, which is not mediated by those receptors [62].

The mechanisms underlying the great variability and low efficacy of UII are not entirely known but might be explained by the

TABLE 3

**Results of urotensin (Ull) receptor antagonism in atherosclerosis and diabetes mellitus or diabetic nephropathy. Different antagonists were used to assess its effects on cardiovascular diseases. The gray area corresponds to studies carried out in human patients**

|   | Treatment                 | Model and species                                      | Outcome  | Comments   | Refs  |
|---|---------------------------|--|--|--|-------|
| Atherosclerosis or vascular dysfunction   | Urantide                  | Wistar rats (on high fat diet)                         | ↓ Progression of aortic atherosclerosis<br>↓ TG, TC, HDL and LDL levels  |  | [112] |
|   | SB-657510                 | <i>Apoe</i> KO mice                                    | ↓ Progression of aortic atherosclerosis  | Small decrease in triacylglycerol levels but no effects on other lipid parameters                      | [113] |
|   | SB657510A                 | <i>Apoe</i> KO mice (on high fat diet)                 | ↓ Bodyweight gain and visceral fat<br>↓ Blood pressure, serum hyperlipidemia and hyperglycemia<br>↓ Cytokine formation and aortic atherosclerosis<br>Stabilization of the plaque | Aortic oxidative stress was reduced by ERK1/2 and p44/42-MAPK pathway inhibition                       | [114] |
|   | KR-36676                  | C57BL/6 mice (common carotid artery ligation)          | ↓ VSMC proliferation<br>↓ Neointima formation  | Inhibition of constriction in isolated aortic ring   | [115] |
|   | KR-36996                  | C57BL/6 mice (common carotid artery ligation)          | ↓ VSMC proliferation<br>↓ Neointima formation  | These inhibitory effects revealed greater potency than GSK-1440115 (another UT receptor antagonist)    | [116] |
| Diabetes mellitus or diabetic nephropathy | Palosuran                 | Wistar rats (STZ injection and unilateral nephrectomy) | ↑ Survival<br>↑ Insulin secretion<br>↓ Hyperglycemia and glycosylated hemoglobin<br>↓ Serum lipids<br>↓ Proteinuria and renal dysfunction  | Little effect on blood pressure or heart rate  | [122] |
|   | Palosuran (125 mg b.i.d.) | 54 Hypertensive, macroalbuminuric, DM2 patients        | No effects on albuminuria, blood pressure, glomerular filtration rate or renal plasma flow   | 4-Week treatment might have been too short   | [123] |
|   | Palosuran (125 mg b.i.d.) | 19 Hypertensive, macroalbuminuric, DM2 patients        | ↓ 24 h urinary albumin excretion rate  | No statistical significance reduction in the group with moderately to severely impaired renal function | [124] |
|   | Palosuran (125 mg b.i.d.) | 20 Diet-treated DM2 patients                           | No effects on insulin secretion or sensitivity and daily blood glucose levels  |  | [125] |
|   | Silymarin                 | Wistar rats (STZ-NIC injection)                        | ↓ Oxidative stress<br>↓ FBS level and ↑ insulin concentration<br>Improvement of lipid profile<br>Prevented diabetes-induced weight loss  | Reduced cardiac urotensin II (Ull) and UT receptor expression  | [126] |

Abbreviations: KO knockout; STZ streptozotocin; DM2 type 2 diabetes mellitus; STZ-NIC streptozotocin and nicotinamide; TG triglycerides; TC total cholesterol; HDL high-density lipoprotein; LDL low-density lipoprotein; VSMCs vascular smooth muscle cells; FBS fasting blood sugar; ERK1/2 extracellular signal-regulated kinase; MAPK mitogen-activated protein kinase.

spare receptor reserve hypothesis. According to Douglas [63], most UT receptors are occupied by endogenous Ull, owing to the pseudo-irreversible and high-affinity ( $K_d = 0.24$  nM) [26] binding and slow dissociation of the ligand–receptor complex; this might explain, therefore, why there is low reserve of free receptor compared with the circulating levels of the peptide [63]. This long-lasting activity indicates that Ull behaves as a chronic modulator of the vascular tone, in contrast to URP which displays a transient binding to the same receptor [37], suggesting that the N-terminal sequence could have a role in the residence time of the ligands and in their biased signaling (Fig. 2b) [42].

#### Main signaling pathways

The main intracellular signaling pathway that culminates in vasoconstriction involves the phospholipase C (PLC) pathway, through UT receptor activation which is primarily coupled to  $G\alpha_{q/11}$  protein (Fig. 3), although it can also be coupled to  $G\alpha_{i/o}$ ,

$G\alpha_{13}$  and  $\beta$ -arrestins 1 and 2 (the latter linked to the receptor internalization process) [42,64,65]. PLC leads to inositol trisphosphate ( $IP_3$ ) and diacylglycerol (DAG) formation, by hydrolysis of specific components of the cell membrane (phosphatidylinositol-4-5 bisphosphate) [64]. In its turn,  $IP_3$  contributes to increase intracellular calcium levels by binding to its receptor, which acts as a calcium channel on the membrane of the endoplasmic reticulum, opening nonselective cation and voltage-dependent L-type calcium channels. This process results in the vasoconstriction mediated by the  $Ca^{2+}$ /calmodulin/myosin light chain system [64,66]. Vasoconstriction can also be mediated by protein kinase C (PKC; activated by DAG and cytoplasmic calcium mobilization) and the RhoA/ROCK pathway, through a mechanism of calcium sensitization that promotes myosin light chain (MLC) phosphorylation [67,68].

PKC was also identified as being involved in the positive inotropic effect promoted by Ull in isolated human right atrial tissue

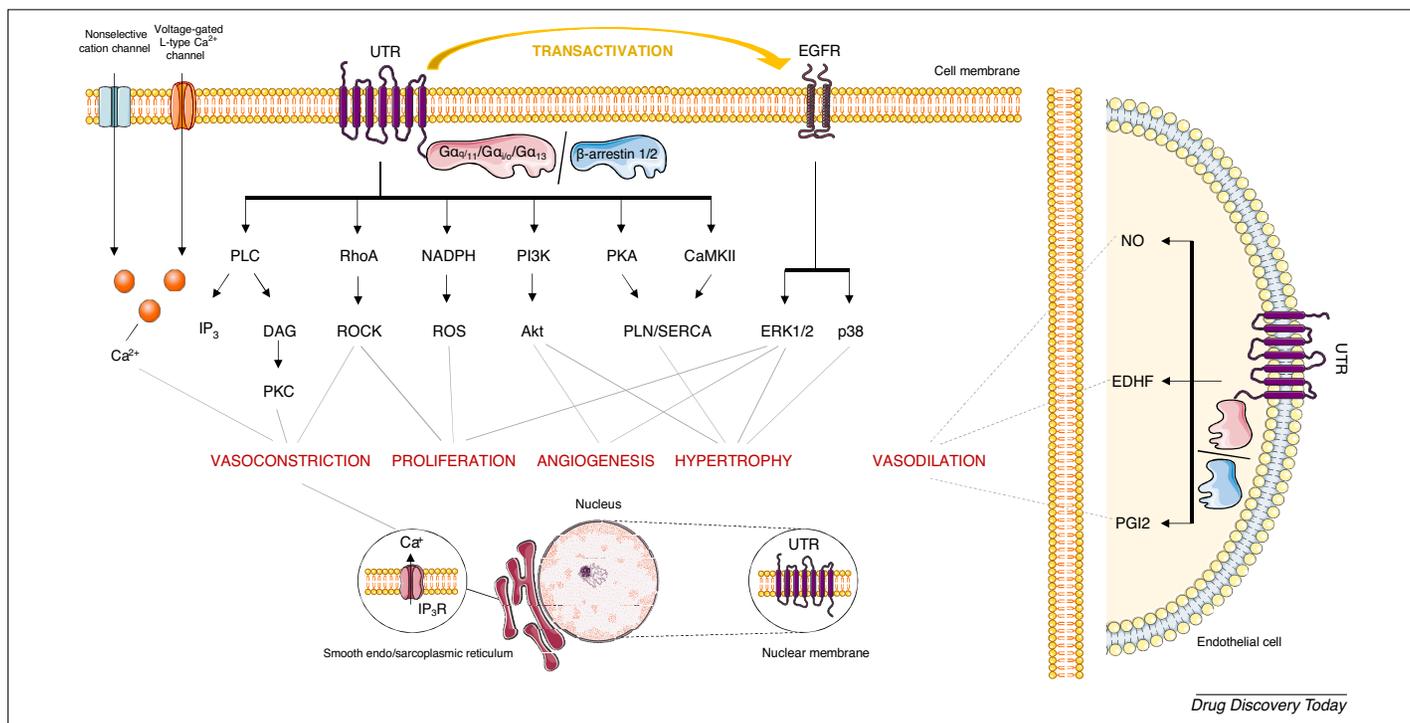


FIGURE 3

Schematic representation of the complex and multiple signaling pathways induced by urotensin (UT) receptor activation. The result of this activation will depend on the cell involved in that process. In endothelial cells, UT receptor activation will induce nitric oxide (NO), EDHF and prostaglandin formation, potentiating vasodilation. This effect can be balanced by vasoconstriction mediated by receptors on vascular smooth muscle cells (VSMCs), where urotensin II (UII) can also induce mitogenic/proliferative actions. Angiogenic activity is also mediated by UT receptors in vascular endothelial cells. In cardiomyocytes, the receptors are associated with hypertrophy and cardiac remodeling. Illustration used elements from Servier Medical Art (<http://smart.servier.com>). Abbreviations: Akt, protein kinase B; CaMKII, Ca<sup>2+</sup>/calmodulin-dependent protein kinase II; DAG, diacylglycerol; EDHF, endothelium-derived hyperpolarizing factor; EGFR, epidermal growth factor receptor; ERK1/2, extracellular signal-regulated kinase 1/2; IP<sub>3</sub>, inositol triphosphate; IP<sub>3</sub>R, inositol triphosphate receptor; NADPH, nicotinamide adenosine dinucleotide phosphate; MAPK, mitogen-activated protein kinase; PGI<sub>2</sub>, prostacyclin; PI3K, phosphoinositide 3-kinase; PKA, protein kinase A; PKC, protein kinase C; PLC, phospholipase C; PLN/SERCA, phospholamban/SERCA pathway; RhoA, Ras homolog family member A; ROCK, Rho-associated protein kinase; ROS, reactive oxygen species; UTR, urotensin II receptor.

[69], but not in the UII-induced decrease in myocardial stiffness [70]. The peptide was considered to have a potent inotropic activity in the human atrium and ventricle, even higher than ET-1 [71]. Nevertheless, these results are not consistent with those found in other studies in which there was a mild negative inotropic activity (not affected by PKC inhibition) in rabbit papillary muscle, or even severe depression of the myocardial contractility in the heart from non-human primates [13,70]. Some of these variations in UII biological activity can be explained by the different sequence homology in UT receptors of different species. Besides, other factors and signaling cascades could also be involved in UII inotropic activity, which should deserve more investigation.

Vasodilation mediated by UT receptors located on the endothelium seems to promote synthesis and release of NO, endothelium-derived hyperpolarizing factor (EDHF), prostacyclin and other factors derived from the phospholipase A<sub>2</sub> pathway [58,72]. UII has angiogenic, hypertrophic and mitogenic/proliferative actions as well. Angiogenesis is mediated by ERK1/2 and PI3K factors (but not by p38/MAPK) [73]. Hypertrophy of the cardiomyocytes seems to depend on epidermal growth factor receptor (EGFR) transactivation, which initiates the signaling pathway that involves ERK1/2 and p38/MAPK [74]. Hypertrophy can also be mediated by Akt/GSK-3 $\beta$ , CaMKII and protein kinase A (PKA) signaling pathways. CaMKII and PKA play an important part in mediating intracellular

Ca<sup>2+</sup> influx, which is regulated by phospholamban (PLN) and the SERCA pump [75–77]. PKA was also found to be involved in the process of myocardial fibrosis, stimulating the synthesis of collagen I and III [78]. Concerning the mitogenic/proliferative action, it requires the activity of factors like the RhoA/ROCK pathway, ERK1/2 and NADPH production. NADPH promotes reactive oxygen species (ROS) production and potentiates MAPK action (mainly ERK1/2), proangiogenic factors from the PI3K/Akt pathway and vascular remodeling factors (such as plasminogen activator inhibitor-1; PAI-1) [79–81].

It was previously accepted that GPCRs would have a localization restricted to the cell membrane, nevertheless these receptors could also be found in the nuclear membrane, as happens with the UT receptor. The nuclear localization of this receptor, as occurs in the heart and CNS of rat and monkey tissues, implies ligand internalization through a receptor-independent mediated endocytosis, which could partially explain the pseudo-irreversible binding of UII [82,83]. Because higher levels of hUII were found in the cytoplasm compared with those of URP, it seems that variations in the N-terminal region could also explain the higher propensity of hUII to cross the plasma membrane. Moreover, both ligands can also differentially modulate the nuclear receptors and lead to divergent physiological actions (Fig. 2c). This intracrine mechanism could originate new intracellular signaling cascades, but

additional investigation is required to assess whether these two systems (intracrine and autocrine/paracrine) work independently or in synergy [83].

## Role of urotensin II in cardiovascular disease

### Heart failure

Multiple neurohormonal factors are known to be implicated in heart failure, namely the renin-angiotensin-aldosterone and adrenergic systems, which currently represent the main therapeutic targets. UII has been shown to interact with these systems, especially with angiotensin II and ET-1. In fact, some of its cardiovascular actions might be the result of the interaction of different neurohormonal systems and crosstalk of intracellular signaling pathways [84]. Some studies revealed elevated plasma levels of the peptide and higher UT receptor expression in cardiomyocytes, endothelial cells and VSMCs from patients with end-stage CHF [14,29,85,86]. Moreover, the peptide was also found to be related to the New York Heart Association (NYHA) functional class and inversely correlated with left ventricular ejection fraction [85].

UII induces myocardial fibrosis by increasing fibronectin, type I and III procollagen gene expression in neonatal cardiac fibroblast cultures from rats, as well as myocardial hypertrophy by increasing cardiomyocyte growth and myofibril organization [87,88]. The peptide also has positive inotropic activity, although it induced negative inotropic responses in patients with advanced heart failure, indicating that UII might have opposite contractility effects in failing and nonfailing hearts [89]. UII was proposed as a marker for the diagnosis of heart failure, especially in combination with N-terminal pro-brain natriuretic peptide (NT-proBNP). Whereas NT-proBNP is elevated with age and female gender, high levels of UII in patients with CHF seem to be unaffected by these factors, favoring its use as a biomarker. UII levels were also not correlated with NYHA class, in contrast to the studies previously mentioned [86]. UII could also be used as a biomarker in patients with rheumatic valvular diseases, complementary to echocardiographic evaluation, with an important prognostic role [90]. Additionally, serum hUII levels were markedly elevated in human patients with left ventricular hypertrophy secondary to hypertrophic cardiomyopathy [91]. These studies used specific enzyme-linked immunoassay (EIA) and ELISA tests to discriminate UII plasma levels from its precursors or other similar peptides.

UII involvement in cardiac remodeling motivated the development of UT antagonists with potential therapeutic properties. Some of the antagonists are reviewed in Table 2, regarding its beneficial effects on hypertrophy, fibrosis and myocardial injury in heart failure [50,51,92–94]. In summary, the urotensinergic system seems to have the potential to be used as a biomarker of diagnosis and/or prognosis and as a therapeutic target in heart failure.

### Systemic arterial hypertension

In hypertension, which is characterized by endothelial dysfunction, the endothelium-independent vasoconstriction induced by UII could be enhanced. This aspect was demonstrated in a study where the effects of exogenous UII on patients with essential hypertension were compared to healthy subjects. Hypertensive patients revealed a dose-dependent vasoconstriction in the forearm skin microcirculation contrary to the dose-dependent vasodilation observed in healthy subjects [95]. Previous studies have

shown that elevated UII plasma levels were positively correlated with hypertension, systolic and diastolic blood pressure, although there was no association between UII and nitric oxide (NO) metabolite levels, which were measured to evaluate endothelial dysfunction [96]. Echocardiographic parameters of systemic hypertension severity, namely interventricular septal thickness, left ventricular posterior wall thickness and left ventricular mass index, were positively correlated with plasma UII [97].

UTS2 gene polymorphisms responsible for hypertension and left ventricular posterior wall thickness were also identified in subjects with hypertension and cardiac hypertrophy in a Chinese female population [98]. Other studies claimed a possible role for UII in preeclampsia, because peptide expression was positively correlated with systolic blood pressure and urinary protein level and upregulated in the placenta of patients with this hypertensive disorder of pregnancy [99]. The fact that the UII system preserves its vasoconstrictive effects during the progression of systemic arterial hypertension suggests that the pharmacological modulation of the UT receptor might have potential therapeutic advantages in this condition.

### Pulmonary arterial hypertension

Pulmonary arterial hypertension (PAH) has a complex pathophysiology and it is associated with vascular remodeling of the small pulmonary arteries, which involves inflammation, fibrosis, vasoconstriction, medial hypertrophy and intimal hyperplasia mediated by cytokines, such as transforming growth factor (TGF)- $\beta$ 1, and other neurohumoral mediator like ET-1 [100]. In addition to its association with systemic hypertension and vascular dysfunction, the role of UII in PAH is related to vasoconstriction of the pulmonary artery and inhibition of atrial natriuretic peptide (ANP) secretion, which is a vasodilator of the pulmonary circulation [101].

Some UT receptor antagonists, such as KR-36676 [102], palosuran [100,103] and urantide [104,105], reviewed in Table 2, revealed positive outcomes in PAH treatment. Specifically, palosuran was at least as effective as bosentan, an antagonist of ET-1 receptors, which is considered a standard therapy for PAH. Taking these findings into account, the blockade of the urotensinergic system also seems to be a promising therapeutic target in pulmonary hypertension.

### Atherosclerosis

UII was detected by immunoreactivity in endothelial cells and VSMCs of carotid and aortic plaques, particularly in the intima. Lymphocytes were identified as the largest producers of UII mRNA, whereas monocytes and macrophages were the cells with the most UT receptor expression [106]. In monocytes, UII functions as a chemotactic factor, mediated by the RhoA/Rho kinase pathway, with implications in the pathogenesis of atherosclerotic plaques [68]. Furthermore, based on elevated levels and expression of the receptor in the atheroma of coronary arteries, UII can also be indicated as a potential factor for the development of coronary atherosclerosis [107].

Atherosclerosis is a disease potentiated by UII that upregulates the expression of cellular adhesion molecules (CAMs) in endothelial cells, namely ICAM-1 and VCAM-1, enabling leukocyte adhesion and infiltration into the vascular wall [108]. The peptide also

promotes atherosclerosis by inducing VSMC proliferation [acting synergistically with mildly oxidized low-density lipoprotein (LDL)], activating fibroblasts and accelerating macrophage-derived foam cell formation owing to the upregulation of acetyl-coenzyme A acetyltransferase 1 (ACAT-1) expression [109,110]. Another study also revealed that UII and URP stimulate osteogenic differentiation and calcium deposition in VSMCs, explaining the higher expression of UII, URP and UT receptor in unstable plaques compared with stable plaques [111]. In Table 3 the outcomes of UT receptor antagonism in delaying atherosclerosis progression are reported. These preclinical studies point to a potential antiatherosclerotic role of urotensinergic system inhibition [112–116].

### Important risk factors for cardiovascular disease

#### *Diabetes mellitus and diabetic nephropathy*

UII can contribute to the development and progression of type 2 diabetes mellitus because of its participation in metabolic syndrome and direct influence on pancreatic  $\beta$  cells, by inhibiting insulin response to glucose [117,118]. Some studies demonstrated elevated plasma levels of the peptide and higher UT receptor expression in diabetic patients with normal renal function or with overt proteinuria, but there was no correlation between fasting blood sugar and UII levels [22]. Single nucleotide polymorphisms in the *UTS2* gene were associated with greater susceptibility to type 2 diabetes mellitus and diabetic retinopathy [119,120]. Yet, the opposite was also found as one polymorphism in the same gene was associated with reduced risk of diabetes mellitus [121].

Long-term blockage of UT receptor with palosuran was effective at increasing insulin secretion and improving glycemic and lipid profile in diabetic mice, as well as improving renal function [122] (Table 3). However, the same antagonist failed to promote these positive outcomes in clinical studies carried out in hypertensive and diabetic patients [123–125]. The antidiabetic effects of

silymarin, a flavonoid mixture with antioxidant properties that reduces the expression of UII and UT receptor in the heart, are also reviewed in Table 3 [126].

### Concluding remarks

Since the isolation of UII from the teleost fish and its discovery in mammals, this cyclic undecapeptide has been implicated in the regulation of multiple physiological systems and pathological conditions. Given the potential of new therapeutic approaches to cardiovascular diseases, several antagonists have been developed with promising results in animal models. However, their limited efficacy in some human diseases might be attributed, to some extent, to the biased agonism of UII and URP as they interact with UT receptor or their inability to reach and block the receptors with nuclear localization [35,83]. These properties highlight the importance of searching new pharmacological tools to discriminate the biological effects of each endogenous UT receptor ligand and to understand the effects of nuclear UT receptor activation. In particular, new allosteric compounds should be developed to allow a better discrimination and an effective blockade of the UII-system-induced signaling pathways involved in cardiovascular disease pathophysiology [38].

### Conflicts of interest

The authors declare that there are no conflicts of interest regarding the publication of this paper.

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