

## The effect of triiodothyronine on the hippocampal long-term potentiation in an animal model of the Alzheimer's disease: The role of BDNF and reelin



Sahreh Shabani<sup>a,b,\*</sup>, Yaghoob Farbood<sup>a,\*</sup>, Alireza Sarkaki<sup>a</sup>, Seyyed Ali Mard<sup>a</sup>, Akram Ahangarpour<sup>a</sup>, Layasadat Khorsandi<sup>c</sup>

<sup>a</sup> Physiology Research Center, Department of Physiology, School of Medicine, Ahvaz Jundishapur University of Medical Sciences, Ahvaz, Iran

<sup>b</sup> Medical Plants Research Center, Basic Health Sciences Institute, Shahrekord University of Medical Sciences, Shahrekord, Iran

<sup>c</sup> Cellular and Molecular Research Center, Department of Anatomical Science, School of Medicine, Ahvaz Jundishapur University of Medical Sciences, Iran

### ARTICLE INFO

#### Keywords:

Alzheimer's disease  
Ibotenic acid  
Triiodothyronine  
Brain-derived neurotrophic factor  
Reelin

### ABSTRACT

Converging evidence, propose a close relation between thyroid function and Alzheimer's disease (AD). We have assessed the effect of subcutaneous and intrahippocampal administrations of triiodothyronine (T3) on the electrophysiological activity (hippocampal long-term potentiation (LTP)), the levels of thyroid hormones (THs) and TSH, the protein expression of BDNF and reelin as well as histological changes in the hippocampus of AD rats. Beta-amyloid (A $\beta$ ) plus ibotenic acid (Ibo) were injected intrahippocampally and rats were treated with T3 or saline. The hippocampal levels of THs and the protein expression are measured by ELISA kits and Western blotting method respectively. Results have been shown that T3 (S.C., and I. H), significantly reversed the amplitude and the slope impairment of the DG neurons, induced by A $\beta$ . The hippocampal levels of THs, TSH and two protein expression were significantly decreased ( $p < 0.001$ ) in AD animals and increased significantly in AD rats that have received T3 (S. C and I. H) ( $p < 0.01$ ). Formation of amyloid plaques was declined in AD rats treated with T3. In conclusion, both S.C., and I.H. injections of T3 is effective in preventing the disruption of synaptic plasticity induced by A $\beta$ . This positive effect of T3 may be mediated through a regulation of proteins expression and the hippocampal level of THs. The best effect was observed in I.H. microinjection of T3.

### 1. Introduction

Alzheimer's disease (AD), a progressive damages of neurons that, accompanied by neuropsychiatric disorders, such as unusual behaviors, personality changes and a decline in thinking abilities (Robins Wahlin & Byrne, 2011; Mirakhur, Craig, Hart, Mc Llroy, & Passmore, 2004). Extracellular amyloid beta (A $\beta$ ) plaques are the one of two main hallmarks of AD (Henry, Querfurth, & La Ferla, 2010). A $\beta$  peptide was created by proteolysis of the amyloid precursor protein (APP) and it is a crucial trigger for disruptive effects on neurons and oxidative injury in AD (Kelly & Ferreira, 2006). One of the possible causes for A $\beta$  deposition is a damaged clearance of A $\beta$  at the blood-brain barrier (BBB) and the oxidative stress probably plays an important role in this process (Ehrlich, Hochstrasser, & Humpel, 2013). Our study newly revealed that intrahippocampal injection of A $\beta$  decreased different types of memory, such as passive avoidance and spatial memories (Shabani et al., 2016; Farbood et al., 2017). Different clinical and laboratory reports indicated that body weights decreased in AD patients and A $\beta$  induced AD rats. Although, the exact reasons for weight loss are

unclear, but this may have depended on stage and severity in AD diseases (Intebi et al., 2003). There are evidences about the involvement of brain-derived neurotrophic factor (BDNF), a member of the neurotrophin superfamily, and reelin, an extracellular matrix protein, in AD pathogenesis (Mattson, Maudsley, & Martin, 2004; Pujadas et al., 2014). Reelin and BDNF are expressed in the hippocampus and cortex (Murer, Yan, & Raisman-Vozari, 2001). Theses play a very vital role in neuronal maturation and survival, differentiation, and synaptic plasticity in the brain (Hethorn et al., 2015; Mattson et al., 2004). Previous finding showed a decline of reelin and BDNF protein expression in the hippocampus of AD mouse (Shabani et al., 2017; Chin et al., 2007). A $\beta$  peptide has been reported to the reduction BDNF expression (Rosa & Fahnestock, 2015). Furthermore, the reduction of reelin protein expression results in advanced formation and age-related aggregation of A $\beta$  plaques (Kocherhans et al., 2010). Two types of thyroid hormones (THs) including triiodothyronine (T3) and thyroxine (T4) are essential regulators of development and differentiation of the neurons in the central nervous system (Stenzel & Huttner, 2013). The reduction of expression APP (a precursor of A $\beta$ ) in the brain by THs may propose a

\* Corresponding authors at: Dr.sahreh shabani, Department of Physiology, Jundishapur University of Medical Sciences, Postal code: 006135715794, Ahvaz, Iran.  
E-mail addresses: [Sahre.shabani1@gmail.com](mailto:Sahre.shabani1@gmail.com), [Sahreh.shabani77@gmail.com](mailto:Sahreh.shabani77@gmail.com) (S. Shabani), [Farbood.y@yahoo.mail](mailto:Farbood.y@yahoo.mail) (Y. Farbood).

very close association between thyroid dysfunction and AD pathology (Contreras-Jurado & Pascual, 2012; Davis et al., 2008). HPT axis abnormalities have identified in clinical reports of AD patients. Individuals with lower TSH levels (outside of the standard range) revealed a greater than threefold enhanced risk of dementia (Kalmijn et al., 2000). The previous evidences showed that the prefrontal cortex of brain patients with clinical features of AD might be in a state of tissue hypothyroidism (Davis et al., 2008). In addition, a decrease in level of T4 and T3 within the standard range is a strong predictor of cognitive impairment in women (Volpato et al., 2002). Additionally, the reduction of BDNF and reelin expression has been seen in the hypothyroidism rat cortex and hippocampus (Sui & Li, 2010; Alvarez-Dolado et al., 1999). In the current investigation, we aimed to evaluate the protective effect of S.C and I.H injections of T3 on A $\beta$ -induced histological changes, alterations in expression of BDNF and reelin and evaluation of hippocampal THs and TSH Levels in AD rats.

## 2. Material and methods

### 2.1. Preparation of triiodothyronin (T3)

Triiodothyronin Powder was dissolved in 0.1 M NaOH (PH = 7.4) and diluted with different serum volume in order to reach a final concentration of 25  $\mu$ g/kg and 50 pmol/ $\mu$ l (Shabani & Mirshekar, 2018; Wu, Liu, Wang, & Ruan, 2011). The S.C. injection of T3 was done into the skin behind the neck.

### 2.2. Preparation of beta-amyloid peptide 1–42 (A $\beta$ 1–42)

A $\beta$  powders dissolved in 0.01 M PBS (PH = 7.4) at the concentration of 10 ng/ $\mu$ l. With the aim of forming the aggregated A $\beta$ , the acquired solution was incubated at 37 °C (5 days) and slowly and bilaterally injected into the DG (Ogino et al., 2014; Shabani et al., 2016).

### 2.3. Preparation of ibotenic acid (Ibo)

Ibo powders (0.5  $\mu$ l at 0.6  $\mu$ g/ $\mu$ l) was also dissolved 0.01 M PBS (PH = 7.4) and 48 h after A $\beta$  infusion, injected into the DG region of hippocampus bilaterally (Ogino et al., 2014).

### 2.4. Animals

Forty five male Wistar rats (250–300 g) were provided by the animal house of the Ahvaz Jundishapur University of Medical Sciences and equally divided into four groups, including: 1) Sham operated + Veh (Sh-O), 2) The AD groups received A $\beta$  (10 ng/ $\mu$ l) and ibotenic acid (0.6  $\mu$ g/ $\mu$ l, 48 h after A $\beta$  infusion) at the DG region, and after one week received 0.2  $\mu$ l normal serum, 3–4) The AD + T3 groups received 50 pmol/ $\mu$ l and 25  $\mu$ g/kg doses of T3 (I.H and S.C, for ten consecutive days respectively). Animals kept at standard condition (temperature 22  $\pm$  2 °C, 12 h light/dark cycles, free access to food and water). All animal experiments were totally done in accordance with the principles set by the Local ethics committee (Ethics Code: IR.AJUMS.REC145).

During intrahippocampal infusion of normal saline as vehicle (triiodothyronine solvent) in AD + veh (I. H) group did not observe any significant difference compared with S. C injection of vehicle (normal serum) in AD + veh (S.C.) group. Hence, with the aim of clearly data presentation, we used here just one of the AD + veh groups.

### 2.5. A $\beta$ and Ibo injections

Each anesthetized rats (ketamine/xylazine (90/10 mg.kg<sup>-1</sup>)) were placed in a stereotaxic apparatus (Narishige Co, Tokyo, Japan) and the A $\beta$  (3  $\mu$ l/side) and Ibo (48 h following A $\beta$  injection, 0.5  $\mu$ l/side) were slowly and bilaterally microinjected (via 30-gauge needle coupled to a

10  $\mu$ l Hamilton microsyringe) into the DG area of the hippocampus (AP = -3.8 mm, ML =  $\pm$  3.5 mm, DV = -4 mm, according to the Paxinos and Watson atlas (Paxinos & Watson, 2006). The surgical animals were given a five days recovery between ibotenic acid administration and the starting S.C injection of L-T4.

### 2.6. LTP recording

Briefly, the bipolar metal wire recording (tungsten wire, CFW Co., USA) and stimulating (stainless steel wire, CFW Co., USA) microelectrodes were imbedded into the DG area (AP =  $\pm$  3.8 mm, ML =  $\pm$  3.2 mm, DV = 2.7 mm) and in the perforant pathway (PP) (AP = -7.5 mm, ML = -4 mm, DV = 3.9 mm) respectively. In the first step, single monopolar pulses (duration 50  $\mu$ s, at 30 s intervals) delivered to the PP and field excitatory postsynaptic potentials (fEPSPs) recorded from DG area. In the second step, the fEPSP and high-frequency stimulation (HFS) with 40% and 80% of its maximum amplitude were carefully selected as baseline intensities and tetanic stimulation by an input/output (I/O) curve, respectively. The produced extracellular field potential was amplified ( $\times$ 1000), filtered (0.1 Hz–3 kHz), digitized (2 kHz) and stored on the computer (Science Beam Co. Version 1.107, Iran). In the third step, to induce LTP, HFS protocol (6 trains of 6 pulses (50  $\mu$ s) at 400 Hz, 100 ms intervals between each train) was used and measured Amp and fEPSP slope. The input/output responses and field potential recordings were found following stimulation of the PP in granular cells of the hippocampal DG.

### 2.7. Assessment of thyroid hormone levels

After deep anaesthetize, the brains of animals were rapidly removed, frozen in liquid nitrogen, weighted and homogenized in buffer phosphate (0.1 M BF, PH = 7.4). Following homogenization (500 mg tissue/ 1 ml of BF), the samples were agitated in a shaker and then centrifuged (12,000 rpm, 10 min). The homogenate supernatants were collected and THs and TSH levels were determined in brain samples of all animals. The concentrations of T<sub>4</sub>, T<sub>3</sub>, FT<sub>4</sub>I, FT<sub>3</sub>I and TSH in homogenate supernatants were measured by ELISA assays kits (Monobind USA Inc). The minimum detectable dose of TSH is < 0.027  $\mu$ IU/ml and the sensitivities for T<sub>4</sub> and T<sub>3</sub> were 0.128  $\mu$ g/dl and 0.04 ng/ml, respectively. Also, FT<sub>4</sub>I and FT<sub>3</sub>I values were carefully calculated.

hippocampus tissue were separated of the brain other sections, then 100 mg of frozen hippocampus tissue extracted by a radio immunoprecipitation assay (RIPA). The extracted proteins of tissue were resuspended in (1%) SDS to analyze the protein fraction. The concentration hippocampus proteins were carefully determined by Bradford's assay.

### 2.8. Western blotting analysis

Separated hippocampus proteins by SDS-PAGE on acrylamide gels (10%), were gradually transferred onto a nitrocellulose membrane and blocked using non-fat dry milk (5%) dissolved in Tris-buffered saline with 0.1% Tween 20 (TBST, pH 7.6) for 8 h. Then, gradually incubated overnight at 4 °C with anti-BDNF (dilution 1:1000; rabbit polyclonal, Abcam [ab205067]; USA), anti-reelin (dilution 1:1000, mouse monoclonal, Abcam [ab78540]; USA) and anti-beta Actin antibodies (dilution 1:5000, mouse monoclonal; Abcam, USA). In the next step, the nitrocellulose membranes slowly incubated with a rabbit polyclonal secondary antibody to mouse IgG, HRP (dilution 1:5000, 60 min) after several washes with TBST solution. The labeled proteins were distinguished by a chemiluminescence WB system. The expression of detecting proteins was semi-quantified by Image J analysis software and normalized to  $\beta$ -actin.

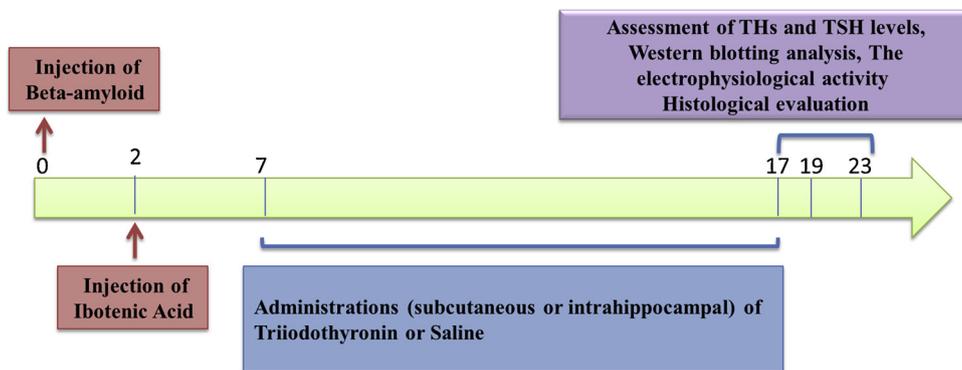


Fig. 1. The time-line scheme of experiment design.

2.9. Time line of the study

The timeline scheme was shown in Fig. 1, in order to facilitate the procedure understanding.

2.10. Statistical analysis

The collected data are presented as the Mean ± SEM, were analyzed with one-way ANOVA and followed by Tukey’s post hoc test. Differences with P values of less than 0.05 were considered statistically significant.

3. Results

3.1. Effects of interahippocampal injection of Aβ and treatment with T3 on body mass of AD rats

As revealed in Fig.2, the body mass in AD rats was declined significantly compared with the Sh-O + Veh group (\*\*P < 0.01), and significantly increased after S.C., and I. H injections of T3 in AD-treated rats compared with the AD group (##P < 0.001, ##P < 0.001).

3.2. S. C and I. H injections of T3, improved PS Amp in TBI rats

As shown in Fig. 3.A–B, the average percent of PS Amp (mv) and slope of fEPSP (v/s) decreased significantly (p < 0.001, p < 0.001) in AD rats during all LTP recording times after HFS when compared with

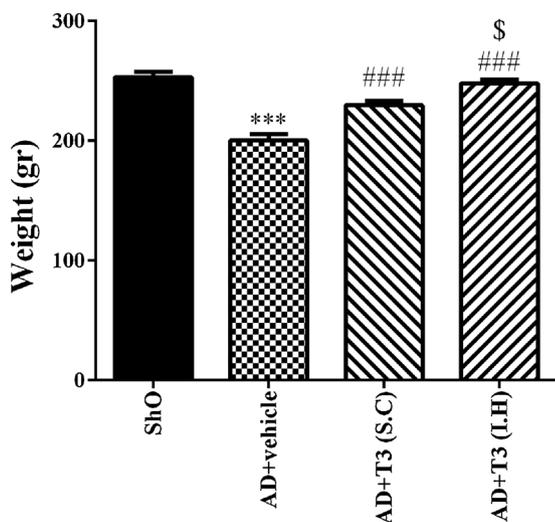


Fig. 2. Effect of central and peripheral injections of T3 on body weight of AD rats (\*\*P < 0.01 vs. Sh-O, ##P < 0.01 vs. AD + vehicle, \$P < 0.01 vs. AD + T3 (S.C), n = 8, one way ANOVA followed by Tukey’s Post hoc test).

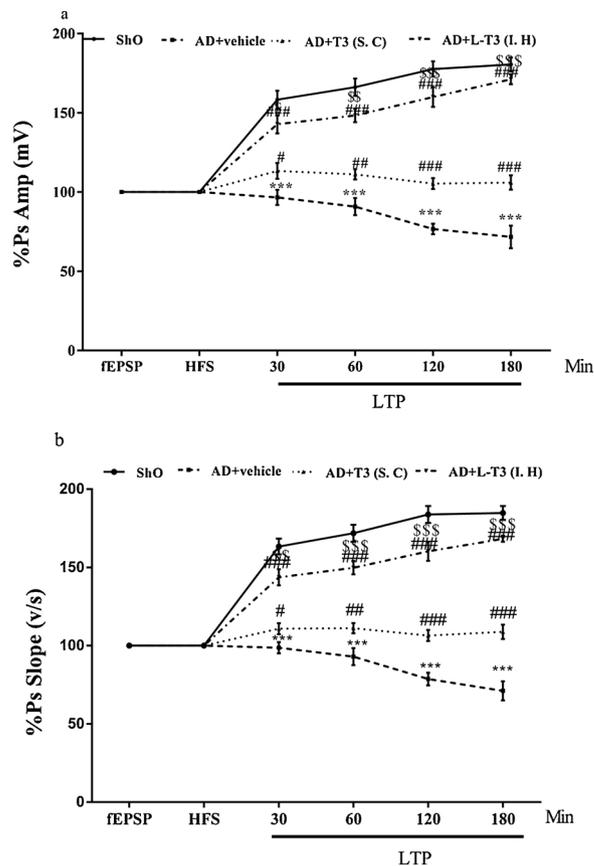


Fig. 3. (A): Percentages of PS Amp, (B): Percentages of fEPSP slope. Two-way ANOVA repeated measurements, followed by Tukey’s Post hoc test (n = 8). (\*\*\*) P < 0.001 vs. Cont, ## P < 0.01, and ### P < 0.001 AD + T3 (S. C) and (I. H) + vs. AD + vehicle).

ShO group, while it was amplified significantly (p < 0.001) in same times in AD rats treated with T3 (S. C and I. H) when compared AD rats (p < 0.01, p < 0.001).

3.3. S. C and I. H injections of T3 regulated the level of T4, T3 and TSH in the hippocampus of AD rats

As shown in Table 1, the hippocampal concentration of T4, T3, FT3 and FT4 were significantly declined in AD animals compared with the Sh-O groups (\*\*P < 0.01 and \*\*\*P < 0.001, respectively). The hippocampal level of these hormones significantly increased in S. C and I. H injections of 25 µg and 50 pmol/µl T3 in AD + T3 groups compared with AD groups (##P < 0.01 and ###P < 0.001, respectively). In all AD animals, compared with the Sh-O animal group, hippocampal level

**Table 1**  
Hippocampal levels of thyroid hormones and thyroid-stimulated hormone (TSH) in different groups.

Factors					
Groups	T4(μg/dL)	FT4I T3 (μg/dL)	FT3I TSH (μIU/mL)		
ShO	5.12 ± 0.02	2.23 ± 0.35	1.96 ± 0.15	0.85 ± 0.02	1.16 ± 0.2
AD + Vehicle	1.49 ± 0.028 **	0.60 ± 0.12**	1.47 ± 0.35**	0.65 ± 0.01*	0.55 ± 0.25*
AD + T3 (S. C)	2.82 ± 0.03 <sup>#</sup>	1.24 ± 0.12 <sup>#</sup>	1.00 ± 0.22	0.44 ± 0.14 <sup>#</sup>	<sup>#</sup> 0.83 ± 0.1 <sup>#</sup>
AD + T3 (I. H)	5.94 ± 0.2 <sup>#\$\$\$</sup>	2.60 ± 1.23 <sup>#\$\$</sup>	1.91 ± 0.18 <sup>#\$\$</sup>	0.85 ± 0.014 <sup>#\$\$</sup>	...1.19 ± 0.02 <sup>#\$</sup>

Note: AD: Alzheimer's disease; L-T4: levothyroxine; T4: thyroxine; FT4I: free thyroxine index; T3: triiodothyronine; FT3I: free triiodothyronine index (\*P < 0.05 and \*\*P < 0.01 vs. Sh-O, <sup>#</sup>P < 0.05 and <sup>##</sup>P < 0.01 vs. AD + vehicle, <sup>\$</sup>P < 0.01 and <sup>\$\$</sup>P < 0.01 vs. AD + T3 (S.C), n = 8, one-way ANOVA followed by Tukey's post hoc test).

of TSH was significantly declined (\*\*P < 0.01, Table 1) and significantly improved in AD animals treated with T3 compared to AD animals (<sup>#</sup>P < 0.01, <sup>##</sup>P < 0.01 vs. AD + vehicle, <sup>\$</sup>P < 0.05 and <sup>\$\$</sup>P < 0.01 vs AD + T3 (S. C), n = 8, one way ANOVA followed by Tukey's Post hoc test).

### 3.4. S. C and I. H injection of T3, improved protein expressions of BDNF and reelin in the hippocampus of AD rats

In AD animal groups, the expression of BDNF and reelin proteins was significantly weakened compared with the Sh-O animal groups (\*\*P < 0.001 and \*\*\*P < 0.001, respectively). The expression of these proteins was significantly enlarged in S.C. and I.H administrations of 25 μg and 50 pmol/μl T3 in AD-treated rats (<sup>##</sup>P < 0.01 and <sup>###</sup>P < 0.001, respectively) (Figs. 4 A–B).

### 3.5. Histological evaluation

In this research, was used the hematoxylin and eosin staining method, to evaluate of Aβ plaques in the periventricular (PV) region of brain tissue. These plaques were gradually diffused in the total brain after AD induction by Aβ plus Ibo as shown in (Fig. 5B). Both I. H and S. C administration of T3, improved the histological injury and reduced the accumulation of Aβ plaques in the PV area of the brain (C and D in Fig. 5) compared to A section from the AD rats).

## 4. Discussion

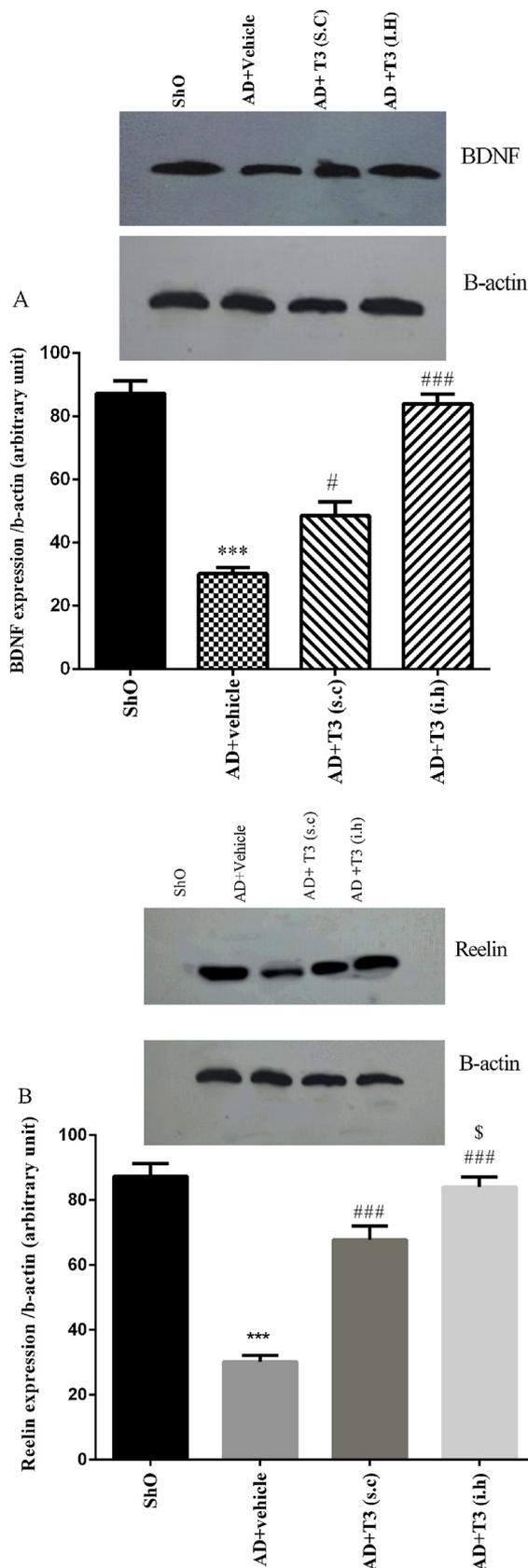
The results of the present study showed that bilateral infusion of Aβ1-42 plus Ibo into the DG caused by loss of body mass, decrease of brain levels of THs and TSH as well as a decline in BDNF and reelin protein expressions in AD rats. The S.C., and I.H injections of triiodothyronine associated with higher levels of T4, T3 and TSH and increased their body mass. Also, each two type injection of T3 increased BDNF and reelin expression in the hippocampus of AD rats. Besides, I. H microinjection of T3 had more significant effects compared with S. C administration in AD rats.

Our results proposed that bilateral Aβ plus Ibo injection in the hippocampus caused reduction in body weight and the result is in agreement with previous research (Intebi et al., 2002).

The progressive accumulation of Aβ plaque results to increase of neurotoxicity and oxidative damage. Previously evaluation indicated that Aβ induced-neurotoxicity is regulated by the intracellular accumulation of ROS, oxidative stress, mitochondrial dysfunction and apoptosis (Bastianetto, Yao, Papadopoulos, & Quirion, 2006; Liu et al., 2011). Accordingly, Aβ peptide accumulation is known as one of the main reasons of AD pathology (Shabani et al., 2017). Also, in a recent study showed that ibotenic acid (as a glutamate receptor agonist result to excitotoxicity in hippocampal cholinergic neurons (Ogino et al., 2014). Moreover, evidence demonstrated that damage of cholinergic neurons in the DG of hippocampus may contribute to memory and learning impairment associated with neurodegenerative disease like AD

(Pepeu, Grossi, & Casamenti, 2015). In this study, Ibo in order to induce more neurotoxicity and advanced step of AD, was used. In our previous reports, it was shown that Intrahippocampal administration of Aβ plus Ibo resulted in a spontaneous discharges impairment of neurons and the memory process disorder (Shabani et al., 2016). Histological studies in AD exhibited neuronal circuit damage involved in memory performance, namely the hippocampus, which appears to be preceded by synaptic and neuronal dysfunction (Ferreiro et al., 2012).

Experimental investigations indicated that the CNS has severe requirements for THs (same known hormones). Besides, the content of THs in whole brain has a tendency to be kept within a narrow range even in the presence of small fluctuations of circulating thyroxine level (Dratman, Crutchfield, Gordon, & Jennings, 1983). In previous reports, has shown a direct link between thyroid gland dysfunction with cognitive impairment and the pathogenesis of AD, comprising beta amyloid plaques deposition and neuronal death. Both hypothyroidism and hyperthyroidism may be associated with some of the clinical features of AD (Davis et al., 2008; Kalmijn et al., 2000). Thus, even small alterations in the brain content of THs may have important cognitional and behavioral effects (Loosen, 1992). The several studies showed THs prevented cognitive impairment and improved the neurological function in AD animal model by decreasing the choline-acetyl transferase (ChAT) activity and increasing the level of each, protecting against the damage of free radicals, and increasing the number of neurons in the hippocampus of AD mice (Fu et al., 2010; Shabani et al., 2016). Thyroid response elements (TRE) were also found in the APP gene and T3 negatively modulated APP gene expression by repressing the APP promoter in cultured neurons of rat (Contreras-Jurado et al., 2012). Administration T3 also changes the splicing of APP gene and secretion of its various isoforms, leading to different alterations in the expression of Aβ (Latasa, Belandia, & Pascual, 1998). In addition, transthyretin (a transport protein for T4 in cerebrospinal fluid (CSF)) decreased in the CSF of AD patients and therefore thyroxine transport into the brain decreased in AD (Merched et al., 1998). Apolipoprotein E (apoE), a protein generally involved in lipid metabolism, is associated with numerous neurodegenerative disorders such as AD (Roman et al., 2015). Besides, pervious results indicated a close relationship between transthyretin, apolipoprotein (ApoE), and actin, which proposed a potential metabolic role of ApoE genetics and transthyretin in cytoskeleton structure of neurons that may be linked with AD pathogenesis (Merched et al., 1998). Roman et al. showed a key role of THs and their nuclear receptors in apoE gene expression regulation in astrocytes. They revealed that THs improved apoE gene expression in astrocytes dose-dependently (Roman et al., 2015). In addition, T4 conversion to T3 is adjusted by type II deiodinase. Laboratory Reports showed that the type II deiodinase and ultimately, T3 levels declined in the brain of AD rats (Kapaki et al., 2006). Hence, it seems that both disturbances in T4 transport and disturbance in deiodinase activities result in a decrease in the brain levels of T3 and T4. Davis and colleagues showed lower T3 levels in prefrontal cortex of post-mortem brains of AD patients (Davis et al., 2008). Our experimental results showed that intrahippocampal administration of Aβ and Ibo caused a significant decrease in T4 and T3



**Fig. 4.** Effect of triiodothyronine on BDNF and reelin expression in different groups (A–B). The results showed that central and peripheral injections of T3 increased BDNF and reelin protein expression in AD rats (\*\*\*)  $P < 0.001$  vs. ShO,  $^{##}P < 0.01$  and  $^{###}P < 0.001$  vs. AD + vehicle,  $^{§}P < 0.05$  and  $^{§§}P < 0.01$  vs AD + T3 (S.C),  $n = 8$ , one way ANOVA followed by Tukey's Post hoc test).

levels in the hippocampus region of the brain.

Despite the possible relationship between HPT abnormalities and dementia, the precise nature of the link is unclear. Scientist's findings in AD patient population revealed HPT abnormalities comprising alteration in serum TSH levels (both lower and higher) associated with risk increased in AD (Luboshitzky, Oberman, Kaufman, Reichman, & Flatau, 1996). Our findings revealed lower TSH level in AD group compared to other groups and these results is in agreement with previous studies (Kalmijn et al., 2000; Luo, Yano, Mao, Jackson, & Stopa, 2002), whether altered TSH levels occur in AD neuropathology is unclear. Thyrotropin releasing hormone (TRH) is a neuropeptide that regulates TSH release of anterior pituitary. Lately evidences have shown that TRH is depleted in the hippocampus of post-mortem AD. The same researchers showed that the secretion of TRH by the hypothalamus or pituitary responsiveness to TRH decreased in the hippocampus of AD and hence, the level of TSH and thyroxine declined in the hippocampus. TRH depletion in hippocampus itself may lead to AD pathology by increasing phosphorylation of tau proteins (Luo et al., 2002). Thus, low levels of TSH may be the consequence of TRH depletion, rather than the cause of, AD. However, more precise studies required for evaluation of the link between HPT- axis abnormality and AD pathology.

The hippocampus has a higher neuroanatomical expression of BDNF and reelin in the brain. For this reason, the hippocampus is a known region for its high degree synaptic plasticity (Lee & Son, 2009; Numakawa et al., 2010). Various findings revealed that BDNF had an important role in regulation phosphorylation trafficking and expression of N-methyl-D-aspartate receptor (NMDAR) subunits. Also, it is documented that BDNF facilitate  $Ca^{2+}$  influx and stimulate intracellular signaling pathway involved in long term potentiation by direct implications on NMDAR subunits (Mulholland, Luong, Woodward, & Chandler, 2008; Numakawa et al., 2010; Wang et al., 2014). Moreover, another study proposed that  $A\beta$ -induced neuronal death may be a consequence of BDNF deficiency (Meng, He, & Xing, 2013). Another study indicated that brain levels of BDNF protein expression were lower in AD patients (Buchman et al., 2016). Additionally, higher hippocampal BDNF expression associated with slower cognitive impairment and might also decrease the damaging effects of AD pathology on cognitive defects. It has been shown that cognitive impairment exhibited by AD mouse can be rescued through a BDNF delivery (Nagahara et al., 2009).

Reelin, an extracellular matrix protein adjusts synaptic plasticity in the overall brain, thereby favoring memory and learning, formation (Botella-López et al., 2009). Most studies have shown an over expression of reelin in populations of neurons improved the number of synapses in the hippocampus (Pujadas et al., 2014). However, mice that exhibited decreased brain levels of reelin protein expression have fewer hippocampal synapses (Niu, Yabut, & D'Arcangelo, 2008). Besides, reelin improved LTP and protected against  $A\beta$ -induced neurotoxicity and deficiency (Durakoglugil, Chen, White, Kavalali, & Herz, 2009). Several findings showed a reduction in the protein and mRNA level of reelin in the entorhinal cortex of AD mouse and aged rats that are cognitively impaired (Chin et al., 2007; Stranahan, Haberman, & Gallagher, 2011). Consistent with these results, we exhibited that reelin and BDNF protein expression diminished after induction of AD by administration of  $A\beta$ 1-42 plus Ibo. Another finding indicated that reduction in expression of reelin in AD mice accelerated amyloid-Plaque formation (Chin et al., 2007), while the administration of reelin delayed amyloid-beta fibril formation and rescued memory and learning deficits in a model of AD (Pujadas et al., 2014).

BDNF plays very important role in regulating synaptic transmission and plasticity (Mattson et al., 2004; Murer et al., 2001). Several lines of evidence declared that the reduction of  $T_4$ ,  $T_3$  and  $FT_4$  serum levels down-regulated mRNA and protein expression of BDNF in the hippocampus in male rats. In addition, temporary postnatal treatment of rats with  $T_4$  and  $T_3$  increased BDNF protein and mRNA levels in the hippocampus (Lüesse et al., 1998). It was revealed that injection of  $T_3$

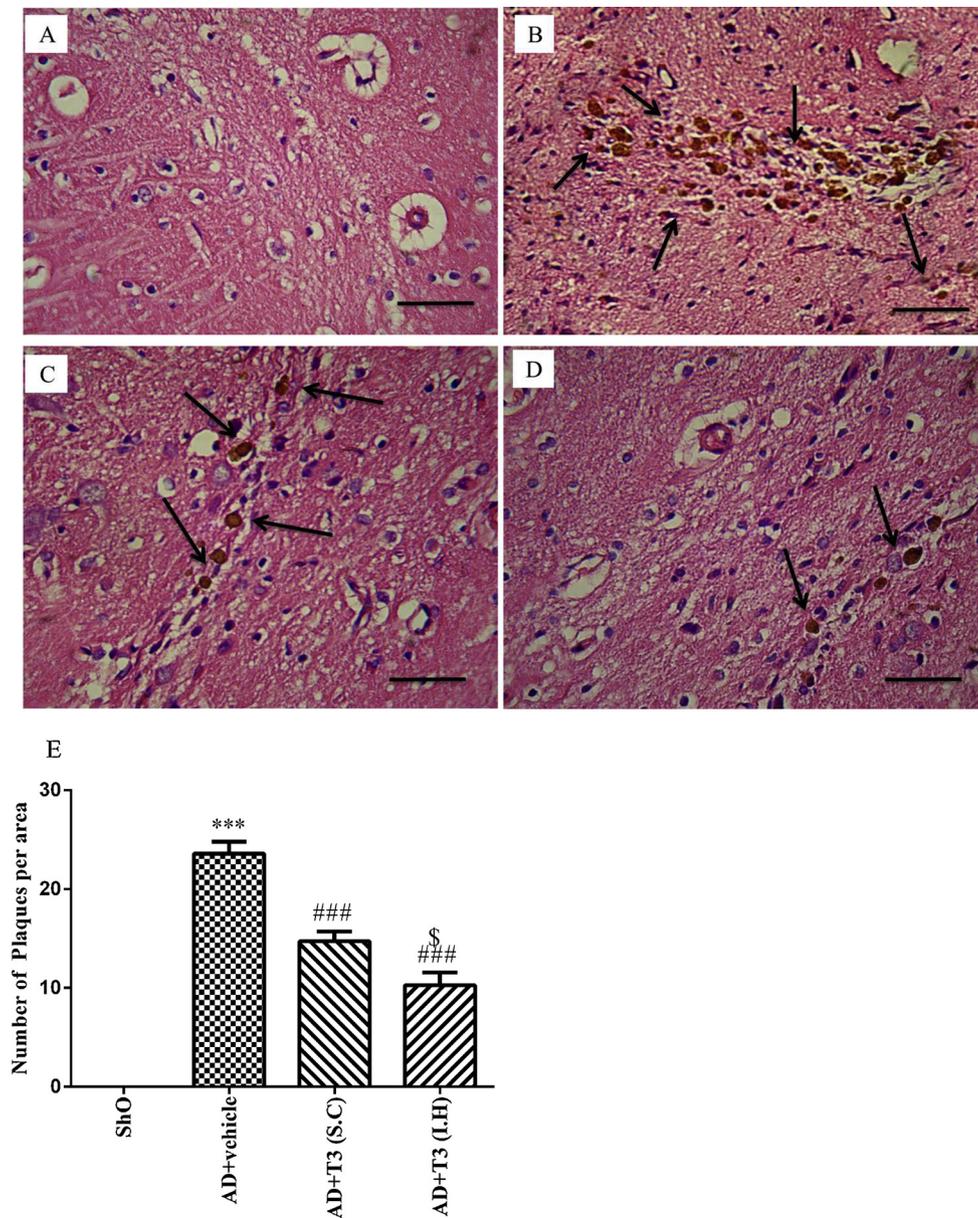


Fig. 5. (A–D) Effect of injection of A $\beta$  plus Ibo and treatment with T3 (both S. C and I. H) on histopathology of the PV region of the brain (presented by the arrows, hematoxylin and eosin, scale bars = 100  $\mu$ m). (A) ShO, (B) AD + vehicle, (C) AD + T3 (S.C) and (D) AD + T3 (I.H). (E) Number of plaques in the PV area. \*\*\*P < 0.001 vs. ShO, ##P < 0.01 and ###P < 0.001 vs. AD + vehicle, \$\$\$P < 0.01 vs AD + T3 (I.H), n = 5, one way ANOVA followed by Tukey's Post hoc test).

increased hippocampal reelin and BDNF protein expression (Sui & Li, 2010). The significant down-regulation of reelin observed under thyroid hormones deficiency was restored on thyroxin treatment, proposing a direct relationship between thyroid gland status and molecular cues that govern neuronal maturation and migration (Pathak, Sinha, Mohan, Mitra, & Godbole, 2011). The present research indicated; for the first time, that T3 administration (both S. C and I. H), increased expression of BDNF and reelin in the hippocampus of AD rats.

## 5. Conclusions

In conclusion, the results of this study revealed that inter-ahippocampal administration of A $\beta$ 1–42 plus Ibo caused pituitary-thyroid abnormalities in AD rats, including decrease of THs and TSH levels. These thyroid gland abnormalities associated with a reduction of BDNF and reelin protein expression in AD rats. Treatment of AD model rats with T3 (both S. C and I. H), increased expression of BDNF and reelin by the regulation of hippocampal THs and TSH levels. Also, I.H.

microinjection of T3 was more effective than S.C.

## Financial disclosure

This article was extracted as a part of Sahreh Shabani's Ph.D student thesis. This work was supported by research affairs of the Ahvaz Jundishapur University of Medical Sciences (AJUMS) (grant No. APRC-93-19) and was done in the Ahvaz Physiology Research Center.

## Ethical statement

All animal experiments were totally done in accordance with the principles set by the Local ethics committee (Ethics Code: IR.AJUMS.REC145).

## Declaration of Competing Interest

The authors have no conflicts of interest to declare.

## Acknowledgements

This paper was removed as a part of Sahreh Shabani's thesis (Ph.D student), was supported by research affairs of the Ahvaz Jundishapur University of Medical Sciences (AJUMS, grant No. APRC-93-19) and was performed in the Ahvaz Physiology Research Center.

## References

- Bastianetto, S., Yao, Z. X., Papadopoulos, V., & Quirion, R. (2006). Neuroprotective effects of green and black teas and their catechin gallate esters against beta-amyloid-induced toxicity. *The European Journal of Neuroscience*, *23*, 55–64.
- Buchman, A. S., Yu, L., Boyle, P. A., Schneider, J. A., De Jager, P. L., & Bennett, D. A. (2016). Higher brain BDNF gene expression is associated with slower cognitive decline in older adults. *Neurology*, *86*, 735–741. <https://doi.org/10.1212/WNL.0000000000002387> PMID: 26819457.
- Chin, J., Massaro, C. M., Palop, J. J., Thwin, M. T., Yu, G. Q., Bien-Ly, N., et al. (2007). Reelin depletion in the entorhinal cortex of human amyloid precursor protein transgenic mice and humans with Alzheimer's disease. *The Journal of Neuroscience*, *27*, 2727–2733.
- Contreras-Jurado, C., & Pascual, A. (2012). Thyroid hormone regulation of APP ( $\beta$ -amyloid precursor protein) gene expression in brain and brain cultured cells. *Neurochemistry International*, *60*, 484–487.
- Davis, J. D., Podolanczuk, A., Donahue, J. E., Stopa, E., Hennessey, J. V., Luo, L. G., et al. (2008). Thyroid hormone levels in the prefrontal cortex of post-mortem brains of Alzheimer's disease patients. *Current Aging Science*, *1*, 175–181.
- Dratman, M. B., Crutchfield, F. L., Gordon, J. T., & Jennings, A. S. (1983). Iodothyronine homeostasis in rat brain during hypo- and hyperthyroidism. *The American Journal of Physiology*, *245*, 185–193.
- Durakoglugil, M. S., Chen, Y., White, C. L., Kavalali, E. T., & Herz, J. (2009). Reelin signaling antagonizes beta-amyloid at the synapse. *Proceedings of the National Academy of Sciences of the United States of America*, *106*, 15938–15943. <https://doi.org/10.1073/pnas.0908176106> PMID: 19805234.
- Ehrlich, D., Hochstrasser, T., & Humpel, C. (2013). Effects of oxidative stress on amyloid precursor protein processing in rat and human platelets. *Platelets*, *24*, 26–36.
- Farbood, Y., Shabani, S., Sarkaki, A., Mard, S. A., Ahangarpour, A., & Khorsandi, L. (2017). Peripheral and central administration of T3 improve the histological changes, memory and the dentate gyrus electrophysiological activity in an animal model of Alzheimer's disease in electrical activity in the rat model of Alzheimer's disease. *Metabolic Brain Disease*, *32*, 693–701.
- Ferreiro, E., Baldeiras, I., Ferreira, I. L., Costa, R. O., Rego, A. C., Pereira, C. F., et al. (2012). Mitochondrial and endoplasmic reticulum-associated oxidative stress in Alzheimer's disease: From pathogenesis to biomarkers. *International Journal of Cell Biology*, *2012*, 735206.
- Henry, W., Querfurth, H. W., & La Ferla, F. M. (2010). Mechanisms of disease Alzheimer's disease. *The New England Journal of Medicine*, *362*, 329–344.
- Hethorn, W. R., Ciarlone, S. L., Filonova, I., Rogers, J. T., Aguirre, D., Ramirez, R. A., et al. (2015). Reelin supplementation recovers synaptic plasticity and cognitive deficits in a mouse model for Angelman syndrome. *The European Journal of Neuroscience*, *41*, 1372–1380. <https://doi.org/10.1111/ejn.12893> PMID: 25864922.
- Intebi, A. D., Garau, L., Brusco, L., Pagano, M., Gaillard, R. C., & Spinedi, E. (2003). Alzheimer's disease patients display gender dimorphism in circulating anorectic adipokines. *Neuroimmunomodulation*, *10*, 351–358.
- Kalmijn, S., Mehta, K. M., Potts, H. A., Hofman, A., Drexhage, H. A., & Breteler, M. M. (2000). Subclinical hyperthyroidism and the risk of dementia. The Rotterdam study. *Clinical Endocrinology*, *53*, 733–737.
- Kapaki, E., Paraskevas, G. P., Mantzou, E., Papapostolou, A., Alevizaki, M., & Vassilopoulos, D. (2006). Thyroid function in patients with Alzheimer disease: Implications on response to anticholinesterase treatment. *Alzheimer Disease and Associated Disorders*, *20*, 242–247.
- Kelly, B. L., & Ferreira, A. (2006).  $\beta$ -amyloid-induced dynamin 1 degradation is mediated by N-methyl-D aspartate receptors in hippocampal neurons. *The Journal of Biological Chemistry*, *281*, 28079–28089.
- Latas, M. J., Beldandia, B., & Pascual, A. (1998). THs regulate  $\beta$ -amyloid gene splicing and protein secretion in neuroblastoma cells. *Endocrinology*, *139*, 2692–2698.
- Liu, P., Kemper, L. J., Wang, J., Zahs, K. R., Ashe, K. H., & Pasinetti, G. M. (2011). Grape seed polyphenolic extract specifically decreases abeta 56 in the brains of Tg2576 mice. *Journal of Alzheimer's Disease*, *26*, 657–666.
- Lee, E., & Son, H. (2009). Adult hippocampal neurogenesis and related neurotrophic factors. *BMB Reports*, *42*, 239–244. <https://doi.org/10.5483/BMBRep.2009.42.5.239> PMID: 19470236.
- Loosen, P. T. (1992). Effects of thyroid hormones on central nervous system in aging. *Psychoneuroendocrinology*, *17*, 355–374.
- Luboshitzky, R., Oberman, A. S., Kaufman, N., Reichman, N., & Flatau, E. (1996). Prevalence of cognitive dysfunction and hypothyroidism in an elderly community population. *Israel Journal of Medical Sciences*, *32*, 60–65.
- Lüesse, H. G., Roskoden, T., Linke, R., Otten, U., Heese, K., & Schwieger, H. (1998). Modulation of mRNA expression of the neurotrophins of the nerve growth factor family and their receptors in the septum and the hippocampus of rats after transient postnatal thyroxine treatment. *Experimental Brain Research*, *119*(1), 1–8. <https://doi.org/10.1007/s002210050313> PMID: 9521530.
- Luo, L., Yano, N., Mao, Q., Jackson, I. M., & Stopa, E. G. (2002). Thyrotropin releasing hormone (TRH) in the hippocampus of Alzheimer patients. *Journal of Alzheimer's Disease*, *4*, 97–103.
- Mattson, M. P., Maudsley, S., & Martin, B. (2004). BDNF and 5-HT: A dynamic duo in age-related neuronal plasticity and neurodegenerative disorders. *Trends in Neurosciences*, *27*(10), 589–594. <https://doi.org/10.1016/j.tins.2004.08.001> PMID: 15374669.
- Meng, C., He, Z., & Xing, D. (2013). Low-level laser therapy rescues dendrite atrophy via upregulating BDNF expression: Implications for Alzheimer's disease. *The Journal of Neuroscience*, *33*(33), 13505–13517. <https://doi.org/10.1523/JNEUROSCI.0918-13.2013> PMID: 23946409.
- Merched, A., Serot, J. M., Visvikis, S., Aguilon, D., Faure, G., & Siest, G. (1998). Apolipoprotein E, transthyretin and actin in the CSF of Alzheimer's patients: Relation with the senile plaques and cytoskeleton biochemistry. *FEBS Letters*, *425*, 225–228.
- Mirakhor, A., Craig, D., Hart, D. J., Mc Llroy, S. P., & Passmore, A. P. (2004). Behavioural and psychological syndromes in Alzheimer's disease. *International Journal of Geriatric Psychiatry*, *19*, 1035–1039.
- Mulholland, P. J., Luong, N. T., Woodward, J. J., & Chandler, L. J. (2008). Brain-derived neurotrophic factor activation of extracellular signal-regulated kinase is autonomous from the dominant extrasynaptic NMDA receptor extracellular signal-regulated kinase shutoff pathway. *Neuroscience*, *151*(2), 419–427. <https://doi.org/10.1016/j.neuroscience.2007.11.001>.
- Murer, M. G., Yan, Q., & Raisman-Vozari, R. (2001). Brain-derived neurotrophic factor in the control human brain, and in Alzheimer's disease and Parkinson's disease. *Progress in Neurobiology*, *63*(1), 71–124. [https://doi.org/10.1016/S0301-0082\(00\)00014-9](https://doi.org/10.1016/S0301-0082(00)00014-9) PMID: 11040419.
- Nagahara, A. H., Merrill, D. A., Coppola, G., Tsukada, S., Schroeder, B. E., Shaked, G. M., et al. (2009). Neuroprotective effects of brain-derived neurotrophic factor in rodent and primate models of Alzheimer's. *Nature Medicine*.
- Niu, S., Yabut, O., & D'Arcangelo, G. (2008). The Reelin signaling pathway promotes promotes dendritic spine development in hippocampal neurons. *The Journal of Neuroscience*, *28*(41), 10339–10348. <https://doi.org/10.1523/JNEUROSCI.1917-08.2008> PMID: 18842893.
- Numakawa, T., Suzuki, S., Kumamaru, E., Adachi, N., Richards, M., & Kunugi, H. (2010). BDNF function and intracellular signaling in neurons. *Histology and Histopathology*, *25*(2), 237–258 PMID: 20017110.
- Ogino, R., Murayaman, N., Noshita, T., Takemoto, N., Toba, T., Oka, T., et al. (2014). SUN11602 has basic fibroblast growth factor-like activity and attenuates neuronal damage and cognitive deficits in a rat model of Alzheimer's disease induced by amyloid  $\beta$  and excitatory amino acids. *Brain Research*, *1585*, 159–166.
- Pathak, A., Sinha, R. A., Mohan, V., Mitra, K., & Godbole, M. M. (2011). Maternal thyroid hormone before the onset of fetal thyroid function regulates reelin and downstream signaling cascade affecting neocortical neuronal migration. *Cerebral Cortex*, *21*(1), 11–21. <https://doi.org/10.1093/cercor/bhq052> PMID: 20368265.
- Paxinos, G., & Watson, V. (2006). *The rat brain in stereotaxic coordinates* (6th ed.). London, UK: Academic Press 25–28.
- Pepeu, G., Grossi, C., & Casamenti, F. (2015). The brain cholinergic system in neurodegenerative diseases. *Ann. Rev. Rev. Biol.*, *6*, 1–19.
- Pujadas, L., Rossi, D., Andrés, R., Teixeira, C. M., Serra-Vidal, B., Parcerisas, A., et al. (2014). Reelin delays amyloid-beta fibril formation and rescues cognitive deficits in a model of Alzheimer's disease. *Nature Communications*, *5*, 3443. <https://doi.org/10.1038/ncomms4443> PMID: 24599114.
- Robins Wahlin, T. B., & Byrne, G. J. (2011). Personality changes in Alzheimer's disease: A systematic review. *International Journal of Geriatric Psychiatry*, *26*, 1019–1029.
- Roman, C., Fuior, E. V., Trusca, V. G., Kardassis, D., Simionescu, M., & Gafencu, A. V. (2015). Thyroid hormones upregulate apolipoprotein E gene expression in astrocytes. *Biochemical and Biophysical Research Communications*, *468*, 190–195.
- Rosa, E., & Fahnstock, M. (2015). CREB expression mediates amyloid  $\beta$ -induced basal BDNF down regulation. *Neurobiology of Aging*, *36*(8), 2406–2413. <https://doi.org/10.1016/j.neurobiolaging.2015.04.014> PMID: 26025137.
- Shabani, S., & Mirshakar, M. A. (2018). Diosmin is neuroprotective in a rat model of scopolamine-induced cognitive impairment. *Biomedicine & Pharmacotherapy*, *108*, 1376–1383.
- Shabani, S., Sarkaki, A., Mard, S. A., Ahangarpour, A., Khorsandi, L., & Farbood, Y. (2016). Central and peripheral administrations of levothyroxine improved memory performance and amplified brain electrical activity in the rat model of Alzheimer's disease. *Neuropeptides*, *59*, 111–116.
- Shabani, S., Farbood, Y., Mard, S. A., Sarkaki, A., Ahangarpour, A., & Khorsandi, L. (2017). The regulation of pituitary-thyroid abnormalities by peripheral administration of levothyroxine increased brain-derived neurotrophic factor and reelin protein expression in an animal model of Alzheimer's disease. *Canadian Journal of Physiology and Pharmacology*, *96*(3), 275–280.
- Stenzel, D., & Huttner, W. B. (2013). Role of maternal thyroid hormones in the developing neocortex and during human evolution. *Frontiers in Neuroanatomy*, *7*, 1.
- Stranahan, A. M., Haberman, R. P., & Gallagher, M. (2011). Cognitive decline is associated with reduced reelin expression in the entorhinal cortex of aged rats. *Cerebral Cortex*, *21*(2), 392–400. <https://doi.org/10.1093/cercor/bhq106> PMID: 20538740.
- Sui, L., & Li, B. M. (2010). Effects of perinatal hypothyroidism on regulation of reelin and brain-derived neurotrophic factor gene expression in rat hippocampus: Role of DNA methylation and histone acetylation. *Steroids*, *75*(12), 988–997. <https://doi.org/10.1016/j.steroids.2010.06.005> PMID: 20600205.
- Volpato, S., Guralnik, J. M., Fried, L. P., Remaley, A. T., Cappola, A. R., & Launer, L. J. (2002). Serum thyroxine level and cognitive decline in euthyroid older women. *Neurology*, *58*(7), 1055–1061. <https://doi.org/10.1212/WNL.58.7.1055> PMID: 11940692.
- Wang, B., Zhao, J., Yu, M., Meng, X., Cui, X., Zhao, Y., et al. (2014). Disturbance of intracellular calcium homeostasis and CaMKII/CREB signaling is associated with learning and memory impairments induced by chronic aluminum exposure. *Neurotoxicity Research*, *26*(1), 52–63. <https://doi.org/10.1007/s12640-013-9451-y> PMID: 24366850.
- Wu, C. Y., Liu, B., Wang, H. L., & Ruan, D. Y. (2011). Levothyroxine rescues the lead-induced hypothyroidism and impairment of long-term potentiation in hippocampal CA1 region of the developmental rats. *Toxicology and Applied Pharmacology*, *256*, 191–197.