



# Mitochondrial Dynamics Impairment in Dexamethasone-Treated Neuronal Cells

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## Abstract

Dexamethasone is an approved steroid for clinical use to activate or suppress cytokines, chemokines, inflammatory enzymes and adhesion molecules. It enters the brain, by-passing the blood brain barrier, and acts through genomic mechanisms. High levels of dexamethasone are able to induce neuronal cell loss, reduce neurogenesis and cause neuronal dysfunction. The exact mechanisms of steroid, especially the dexamethasone contribute to neuronal damage remain unclear. Therefore, the present study explored the mitochondrial dynamics underlying dexamethasone-induced toxicity of human neuroblastoma SH-SY5Y cells. Neuronal cells treatment with the dexamethasone resulted in a marked decrease in cell proliferation. Dexamethasone-induced neurotoxicity also caused upregulation of mitochondrial fusion and cleaved caspase-3 proteins expression. Mitochondria fusion was found in large proportions of dexamethasone-treated cells. These results suggest that dexamethasone-induced hyperfused mitochondrial structures are associated with a caspase-dependent death process in dexamethasone-induced neurotoxicity. These findings point to the high dosage of dexamethasone as being neurotoxic through impairment of mitochondrial dynamics.

**Keywords** Dexamethasone · Mitochondrial dynamics · Mitophagy · Neuron · Cell Death

## Introduction

Dexamethasone, a synthetic glucocorticoid receptor agonist, is widely used as a therapeutic and as an agent for testing function of the hypothalamic–pituitary–adrenal (HPA) axis. It has been reported to induce cell death such as striatal cells [1], cerebellar neurons [2] and SH-SY5Y cells [3] and cause

apoptosis in the granule cell layer of hippocampus [4], and impairment of cognitive and motor development [5].

The finding of mitochondria dynamics during apoptosis has expanded interest in the molecular mechanisms working behind the structural of these mitochondrial shape changes. It has been demonstrated that mitochondrial functions are regulated by a balance in mitochondrial dynamics between fission and fusion. Dynamin-related protein1 (DRP1), Fission 1 (FIS1), Mitofusin 2 (MFN2) and Optic atrophy 1 (OPA1) are factors that control and maintain mitochondrial dynamics and distribution [6]. The fission of mitochondrial occur in post-mitotic cells, split into small organelles. Excessive mitochondrial fission with exposure of toxin or a lack of fusion, results in the network breakdown mtDNA degradation, respiratory damage, and reactive oxygen species (ROS) over production. Whereas mitochondrial fusion is essential for cellular development and apoptosis protection [7]. However, it has been revealed that inhibition of DRP1 can induce genome deficiency, DNA damage and mitochondrial hyperfusion [8]. It was suggested that the ROS or oxidation might activate mitochondrial fusion [9]. But, this mitochondrial fusion reaction can be inhibited by glutathione (GSH). Failure of mitochondria function has been linked to a variety

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of diseases such as metabolic [10], Alzheimer's [11], Parkinson's [12], and Huntington's diseases [13] as well as the major depressive disorder [14].

Therefore, healthy mitochondria may be required for neuronal survival, and imbalance in homeostatic processes may lead to neuronal cell death. However, the role of mitochondrial regulation in dexamethasone-induced neurotoxicity is controversial. The current study explored the effects of dexamethasone on mitochondrial dynamics in SH-SY5Y neuroblastoma cell lines. It was proposed that dexamethasone may be a neurotoxic agent, which caused neuronal injury and neurodegenerative disease development.

## Materials and Methods

### Chemicals and Reagents

SH-SY5Y neuroblastoma cell line was obtained from the American Type Culture Collection (Manassas, VA, USA). Dulbecco's Modified Eagle Medium (DMEM)/ Nutrient Mixture F-12 (Ham) (1:1), fetal bovine serum (FBS), penicillin and streptomycin were purchased from Gibco BRL (Gaithersburg, MD, USA). Cell lysis buffer was obtained from Sigma Aldrich (St. Louis, MO, USA). BCA protein assay kit was supplied with Navogen (Billerica, MA, USA). WST-1 cell proliferation assay kit was obtained from Clontech (Kyoto, Japan). ATP colorimetric assay kit was purchased from BioVision (Milpitas, CA, USA). MitoSOXTM Red superoxide indicator was obtained from Invitrogen. MitoTracker G was purchased from Molecular Probes (Eugene, OR, USA). Primary antibodies used for Western blot including rabbit polyclonal anti-caspase-3, rabbit polyclonal anti-DRP1 (D6C7), rabbit polyclonal anti-pDRP1 (ser616), rabbit polyclonal anti-OPA1 were supplied with Cell Signaling Technology. Rabbit polyclonal anti-FIS1 was purchased from Sigma-Aldrich. Rabbit polyclonal anti-MFN2 (D2D10) and mouse monoclonal anti-GAPDH were purchased from Abcam. Rabbit polyclonal anti-PINK1 was obtained from Cayman Chemical, and rabbit polyclonal anti-Parkin (PRK8) was obtained from Santa Cruz Biotechnology. HRP-conjugated secondary antibody was purchased from Jackson Immuno Research (West Grove, PA, USA). TRIzol reagent was purchased from Invitrogen Life Technologies, (Carlsbad, CA, USA). cDNA using the kit was supplied with Applied Biosystems (Foster City, CA, USA) and antifade reagent in glycerol buffer was purchased from Vector Laboratories (Burlingame, USA).

### Culture of SH-SY5Y Neuroblastoma Cell Line

Human neuroblastoma (SH-SY5Y) cells were originally derived from the SK-N-SH cell line. SH-SY5Y cells were

maintained in 75 cm<sup>2</sup> flasks with DMEM/F-12, supplemented with 10% heat-inactivated FBS at 37 °C in an atmosphere of 5% CO<sub>2</sub> and 95% air. For the experiments, seeding density of the cells at 2 × 10<sup>5</sup> cells/mL in 96-well culture plates, 10 cm petri dishes and grown to 70–80% confluence. Before the initiation of treatment, media were replaced with DMEM/F-12 containing 1% (v/v) FBS.

### Measurement of Cell Proliferation

The WST-1 assay was used for the measurement of cell proliferation after treatment with dexamethasone. SH-SY5Y cells were plated at 2 × 10<sup>4</sup> cells/well in 96-well plates and cultured for 24 h prior to use. The control group contained SH-SY5Y cells which were cultured in media without treatment. The dexamethasone was added to the relevant wells in 100 µL volume and incubated with the cells at 37 °C for 6 or 24 h. Then the premixed WST-1 reagent was added to each well and incubated at 37 °C for 1.50 h. The optical density of the solution was measured at 440 nm using a microplate reader.

### Measurement of Intracellular ATP Concentration

ATP concentration was determined as described previously [15], using an ATP colorimetric assay kit. Total protein samples from SH-SY5Y cells were centrifuged at 14,000 rpm for 15 min at 4 °C. The supernatants were incubated with ATP reaction mixture for 1 h. The ATP levels were detected at 570 nm using a microplate reader (Thermo Fisher Scientific Inc., Waltham, MA, USA). The assay was linear from 40 to 200 µM for ATP with a coefficient of determination ( $r^2$ ) > 0.999. Relative ATP content was calculated according to the peak area versus the ATP standard curve. ATP levels were normalized to the protein concentration of samples. Protein concentrations were determined by BCA protein assay kit. All experiments were repeated in duplicate.

### Superoxide Detection

The detection of superoxide in live cells was performed using MitoSOX<sup>TM</sup> Red superoxide indicator. Mitochondria and nuclei were stained with 500 nM MitoTracker Green. Cells were seeded directly on to glass coverslips in 12-well plates at a density of 20,000 cells/well. SH-SY5Y cells were treated with dexamethasone at 1, 2, 5, 10 or 20 µM for 24 h. The control group contained cells and cultured media without treatment. SH-SY5Y cells were incubated with 3.75 µM MitoSOX<sup>TM</sup> for 30 min prior to the end of the experimental period. After these 30 min, cells were washed three times in 0.1 M PBS. The coverslips were then fixed in 4% paraformaldehyde, mounted with a coverslip and visualized under Fluorescence FV10i microscopy (Olympus, Tokyo, Japan).

The superoxide production was measured using the fluorescence intensity relative to the cell area through Image J software.

## Western Immunoblotting

SH-SY5Y cells were lysed by the addition of cell lysis buffer with protease inhibitor cocktail, and scraped off the petri dishes. The samples were sonicated for 10 s and centrifuged at 14,000 rpm for 15 min at 4 °C. Supernatants were collected at -80 °C and proteins were determined by BCA protein assay kit. Ten milligrams protein samples were subjected to sodium dodecyl sulfate–polyacrylamide gel electrophoresis (SDS-PAGE): 12% gel for caspase-3, FIS1, PINK1 and OPA1; 8% gel for Parkin, pDRP1, DRP1 and MFN2. GAPDH is considered a constitutive housekeeping protein and was used to normalize changes in specific protein expression. The separated protein were transferred to polyvinylidene difluoride (PVDF) membranes. These membranes were incubated with the primary antibodies at 4 °C overnight, and then incubated with HRP-conjugated secondary antibody for 1.50 h. The blots were developed with Chemiluminescent ECL Plus Western Blotting detection reagents and exposed to X-ray films (Fiji, Japan).

## RNA Purification and Real-Time Quantitative RT-PCR

Total RNA was extracted from the samples SH-SY5Y cells using TRIzol reagent according to the manufacturer's protocol, and then RNAs were reverse transcribed to cDNA using the kit. The specific primers and TaqMan probes used to analyze the mRNA expression of the mitochondrial dynamic genes related to fission and fusion were ordered from Purigo Biotech, Taiwan. OPA1, DRP1, PINK1 and Parkin were examined in SH-SY5Y cells. The primers for the PCR reaction are listed in Table 1. Human GAPDH, an endogenous control gene, was used as the reference gene. Briefly, PCR reactions were set up in 96-well reaction plates and were run on an ABI 7500 real-time PCR system (Applied Biosystems). The relative of gene expression was normalized against respective controls. The gene expression data were calculated by using  $2^{-\Delta\Delta Ct}$  method.

## Immunocytochemistry

SH-SY5Y cells were cultured in 24 well plate on sterile glass coverslips at 37 °C for 24 h and then exposed to dexamethasone for 24 h. Whereas the control cells were incubated with culture medium for 24 h. Following this, the cells were incubated with MitoTracker<sup>®</sup>Green at 500 nM for 30 min. Cells were fixed with 4% paraformaldehyde for 15 min at 4 °C and permeabilized with PBST for 10 min at room temperature and rinsed with PBS three times. Non-specific, antibody

**Table 1** Specific primers for PCR reaction

Primers		Sequences
DRP1	Forward primer	5'-TGCTTCCCAGAGGTAAGTGA-3'
	Reverse primer	5'-TCTGCTTCCACCCCATTTTCT-3'
OPA1	Forward primer	5'-TGTGCCTGACATTGTGTGGG-3'
	Reverse primer	5'-GTCTTCTGAAGTAGGAAGGGCT-3'
GAPDH	Forward primer	5'-GAAAGCCTGCCGGTACTAA-3'
	Reverse primer	5'-AGGAAAAGCATCACCCGGAG-3'
PINK1	Forward primer	5'-TTGCCCTAACACGAGGAAC-3'
	Reverse primer	5'-ACGTGCTGACCCATGTTGAT-3'
Parkin	Forward primer	5'-TCTCTGGTTTACGGTTGGT-3'
	Reverse primer	5'-CTGCACAGCCAGTGAACAAT-3'

binding sites on the cells were blocked by incubating with 5% donkey serum in PBST for 2 h at room temperature. The cells were subsequently incubated with primary antibody against MFN2 (1:250 in PBS) or OPA1 (1:250 in PBS) at 4 °C overnight, followed by incubation in Alexa 594 with donkey anti-rabbit IgG (1:750 in PBST) for 2 h at room temperature. After three washing steps with PBS, followed by incubating with DAPI (1:1000 in PBST) for 20 min. Stained slides were mounted using antifade reagent in glycerol buffer and observed with Fluorescence FV10i microscope (Olympus, Tokyo, Japan).

## Transmission Electron Microscopy (TEM) Assay

Following the experimental treatment, cells were fixed with 4% phosphate-buffered glutaraldehyde following a standard protocol for fixation, dehydration and embedding described previously [16]. Finally, ultrathin transverse sections (95–100 nm) were post-stained with uranyl acetate. The ultrastructure of neuronal cell was observed under a transmission electron microscope (JEOL, Tokyo, Japan).

## Mitochondrial Movement

To label mitochondria, SH-SY5Y cells were incubated with 500 nM MitoTracker<sup>®</sup>Green in medium at 37 °C for 1 h under 5% CO<sub>2</sub> atmosphere. Mitochondrial dynamics were imaged with a time-lapse microscope incubator (Cell<sup>R</sup>, Olympus) at 37 °C (5% CO<sub>2</sub>). The mitochondria were visualized through an oil immersion (60x) objective lens.

## Statistical Analysis

Data were expressed as the mean  $\pm$  S.E.M. Significance was assessed by independent *t*-test, 2-way analysis of variance (ANOVA) and then Tukey's for specific pairwise comparisons when significant interactions are observed using

the scientific software GraphPad Prism. A value of probability ( $P$ ) less than 0.05 was considered to be statistically significant.

## Results

### Effect of Dexamethasone on Cell Viability of SH-SY5Y Cells

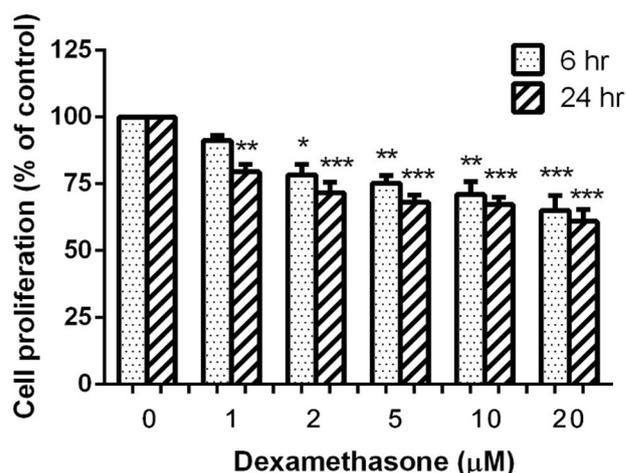
To investigate the optimal concentration and incubation period of dexamethasone-induced toxicity. Cell proliferation was assessed after dexamethasone treatment using the WST-1 assay. Treatment of dexamethasone at 2, 5, 10 and 20  $\mu\text{M}$  for 6 h significantly decreased cell proliferation to  $78.34 \pm 3.90\%$  ( $P < 0.05$ ),  $75.23 \pm 2.79\%$  ( $P < 0.01$ ),  $71.02 \pm 4.85\%$  ( $P < 0.01$ ) and  $65.07 \pm 5.57\%$  ( $P < 0.001$ ), respectively, compared with untreated controls. Treatment with 1, 2, 5, 10 and 20  $\mu\text{M}$  dexamethasone for 24 h significantly decreased cell proliferation to  $79.53 \pm 2.66\%$  ( $P < 0.01$ ),  $71.70 \pm 3.82\%$  ( $P < 0.001$ ),  $68.20 \pm 2.66\%$  ( $P < 0.001$ ),  $67.39 \pm 2.71\%$  ( $P < 0.001$ ) and  $60.95 \pm 4.41\%$  ( $P < 0.001$ ), respectively. These results indicate that treatment of the cells with dexamethasone decreased cell proliferation in SH-SY5Y cells with dose- and time-dependent manners (Fig. 1).

### Effect of Caspase-3 Activation on Dexamethasone-Treated SH-SY5Y Cells

Caspase-3 is the cysteine proteases with activities implicated in apoptosis. Activation of pro-caspase-3 (35 kDa) provides cleaved active forms, subunits of 19 and 17 kDa. Treatment of SH-SY5Y cells with dexamethasone at 10 or 20  $\mu\text{M}$  for 6 or 24 h significantly increased caspase-3 (19 kDa) to  $114.10 \pm 0.88\%$  (20  $\mu\text{M}$  for 6 h;  $P < 0.01$ ),  $123.5 \pm 8.69\%$  (20  $\mu\text{M}$  for 24 h;  $P < 0.01$ ), and significantly increased the 17 kDa form of caspase-3 to  $116.50 \pm 5.12\%$  (20  $\mu\text{M}$  for 6 h;  $P < 0.01$ ) and  $120.30 \pm 3.68\%$  (10  $\mu\text{M}$  for 24 h;  $P < 0.05$ ),  $129.10 \pm 5.83\%$  (20  $\mu\text{M}$  for 24 h;  $P < 0.01$ ). Therefore, the results showed that dexamethasone upregulated caspase-3 expression in a dose-dependent manner (Fig. 2).

### Dexamethasone-Induced Decrease of Intracellular ATP Concentration

Effect of dexamethasone on intracellular ATP content was detected by ATP colorimetric assay kit. Cells treated with 1, 2, 5, 10 and 20  $\mu\text{M}$  of dexamethasone for 6 h decreased the intracellular ATP to  $38.07 \pm 1.24$  nM/ $\mu\text{g}$  (1  $\mu\text{M}$ ),

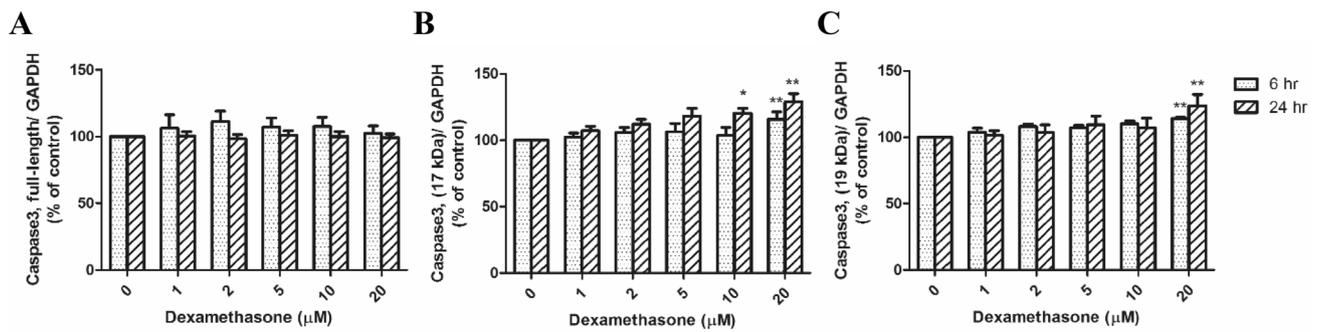


**Fig. 1** Effect of dexamethasone-induced reduction in cell proliferation. SH-SY5Y cells were treated with various concentrations of dexamethasone for 6 and 24 h. The control-cultured cells (0  $\mu\text{M}$  dexamethasone) were incubated with culture medium for 6 and 24 h. Cell proliferation was measured using WST-1 assay. The results are expressed as mean  $\pm$  S.E.M. of four independent experiments. Two-way analysis of variance (ANOVA) and then Tukey's for specific pairwise comparisons were performed for statistical analysis. \* $P < 0.05$ , \*\* $P < 0.01$  and \*\*\* $P < 0.001$  compared with the control

$32.65 \pm 1.07$  nM/ $\mu\text{g}$  (2  $\mu\text{M}$ ),  $27.61 \pm 4.61$  nM/ $\mu\text{g}$  (5  $\mu\text{M}$ ;  $P < 0.05$ ),  $31.73 \pm 6.58$  nM/ $\mu\text{g}$  (10  $\mu\text{M}$ ) and  $30.56 \pm 2.13$  nM/ $\mu\text{g}$  (20  $\mu\text{M}$ ) of the basal levels (0  $\mu\text{M}$ ;  $60.96 \pm 10.64$  nM/ $\mu\text{g}$ ), respectively. Whereas SH-SY5Y cells treated with 1, 2, 5, 10 and 20  $\mu\text{M}$  for 24 h decreased the intracellular ATP to  $28.90 \pm 0.89$  nM/ $\mu\text{g}$  (1  $\mu\text{M}$ ;  $P < 0.01$ ),  $30.86 \pm 2.38$  (2  $\mu\text{M}$ ;  $P < 0.01$ ),  $36.48 \pm 0.15$  (5  $\mu\text{M}$ ;  $P < 0.05$ ),  $39.84 \pm 3.78$  (10  $\mu\text{M}$ ) and  $33.08 \pm 3.61$  nM/ $\mu\text{g}$  (20  $\mu\text{M}$ ;  $P < 0.05$ ) of the basal levels (0  $\mu\text{M}$ ;  $57.83 \pm 8.48$  nM/ $\mu\text{g}$ ), respectively. Decreases in the intracellular ATP in the presence of dexamethasone were statistically significant at 5  $\mu\text{M}$  for 6 h, and at 1, 2, 5 and 20  $\mu\text{M}$  for 24 h (Fig. 3).

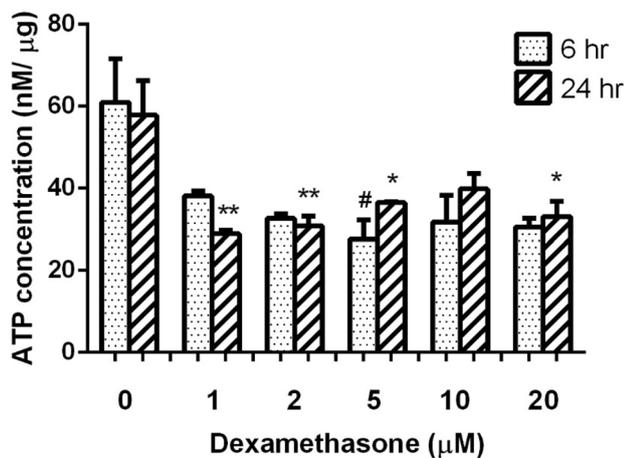
### Dexamethasone-Induced Mitochondrial ROS Generation

This study investigated the effect of dexamethasone on ROS production in mitochondria. The cells were treated with different concentrations (0–20  $\mu\text{M}$ ) of dexamethasone for 24 h. The SH-SY5Y cells were incubated with MitoTracker Green for 1 h and stained with MitoSOX<sup>TM</sup> Red for 30 min. The MitoSOX-red was used to assay the presence of superoxide specifically generated from the mitochondria. Results revealed that the intensity of MitoSOX-red in dexamethasone-treated cells was increased compared to the dexamethasone-untreated (native) control cells (Fig. 4).



**Fig. 2** Effect of dexamethasone treatments on caspase-3 and cleaved caspase-3 levels. SH-SY5Y cells were treated with 1, 2, 5, 10 and 20 μM dexamethasone for 6 and 24 h. The levels of caspase-3 and cleaved caspase-3 were determined using Western blot analysis. Protein bands for each regimen were quantified by densitometry, and their differences are represented in graph as a ratio of caspase-3

(35 kDa) and cleaved caspase-3 (19 and 17 kDa) over GAPDH bands. Values represent mean ± S.E.M. of four independent experiments. Two-way analysis of variance (ANOVA) and then Tukey’s for specific pairwise comparisons were performed for statistical analysis. \**P* < 0.05 and \*\**P* < 0.01 compared with the control-untreated cells



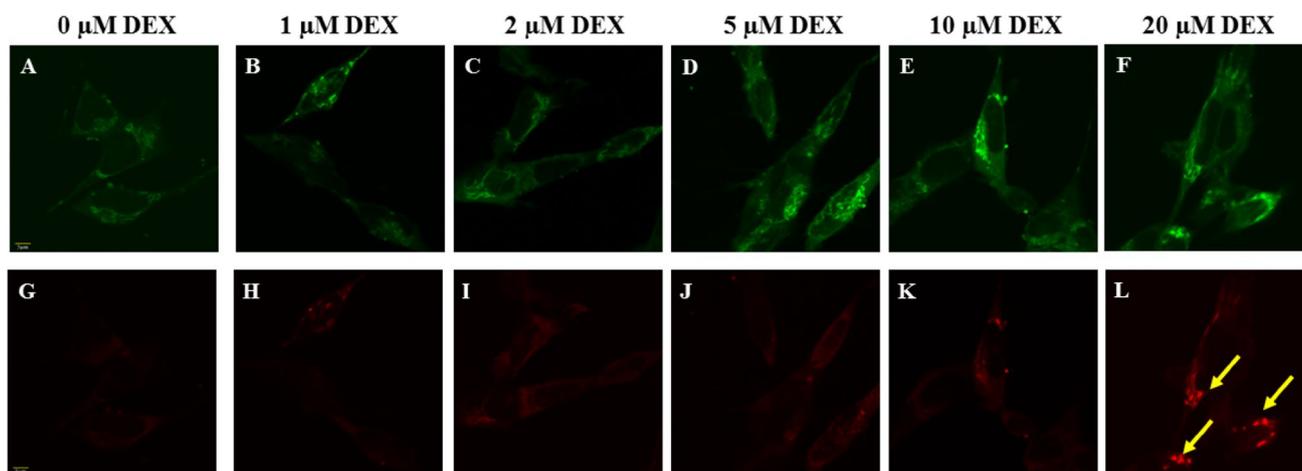
**Fig. 3** Effect of dexamethasone on intracellular ATP content in SH-SY5Y cells. Cells were treated with various concentrations of dexamethasone for 6 and 24 h. Intracellular ATP content was determined using ATP colorimetric assay kit. Values represent mean ± S.E.M. of three independent experiments. Two-way analysis of variance (ANOVA) and then Tukey’s for specific pairwise comparisons were performed for statistical analysis. \**P* < 0.05 and \*\**P* < 0.01 compared with the control (0 μM)

**Dexamethasone-Altered Mitochondrial Dynamics: Protein Levels**

The morphological dynamics of mitochondria that can divide (fission) and fuse (fusion) to form globular or tubular networks within cells. Homeostasis in healthy mitochondria is regulated by the relative roles of fission and fusion proteins. Dexamethasone-induced alterations in fission proteins (DRP1, pDRP1 and FIS1) and fusion proteins (OPA1 and MFN2) were determined in the neuroblastoma SH-SY5Y cells using Western blot analysis.

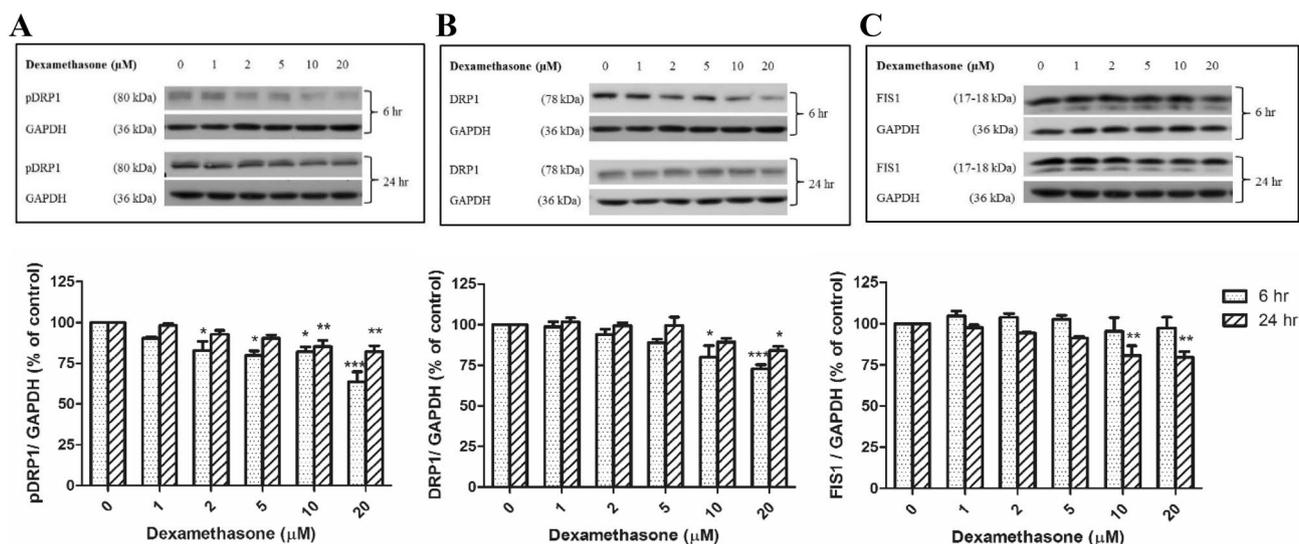
The results showed that dexamethasone at 2, 5, 10 and 20 μM for 6 h significantly reduced the amount of pDRP1 expression to 77.91 ± 5.46% (*P* < 0.05), 79.84 ± 2.78% (*P* < 0.05), 84.69 ± 2.99% (*P* < 0.05), and 49.49 ± 6.25% (*P* < 0.001), respectively, compared with the control value. In addition, dexamethasone at 10 and 20 μM for 24 h significantly decreased the amount of pDRP1 expression to 85.30 ± 3.79% (*P* < 0.01) and 82.27 ± 3.42% (*P* < 0.01), respectively, compared with the control value (Fig. 5a). Fission protein DRP1 significantly decreased to 84.14 ± 2.61% (*P* < 0.05) at 24 h in 20 μM dexamethasone-treated cells (Fig. 5b). Another mitochondrial fission protein, FIS1, also was determined. It was found that dexamethasone at 10 and 20 μM for 24 h significantly decreased the FIS1 protein levels to 80.86 ± 5.78% (*P* < 0.01) and 79.74 ± 3.45% (*P* < 0.01), respectively, compared with the control values (Fig. 5c). This agrees with our previous study that dexamethasone treatment significantly increases fusion protein expression [16]. However, the reduction of FIS1 expression results in mitochondrial dynamic changes, including a reduction of fission and in mitochondrial elongation [19]. These data indicate that mitochondrial fission is suppressed in response to dexamethasone, and that the association of DRP1 with mitochondria might be regulated by the ATP content of neuronal cells.

Dexamethasone-induced alterations of mitochondrial fusion protein expression was tested in SH-SY5Y cells. The large GTPases, OPA1 and MFN2 play a role in the fusion aspect of mitochondrial dynamic processes. OPA1 is localized on the inner mitochondrial membrane and associated with the inner mitochondrial membrane fusion. The various form of OPA1 are different in long and short forms. The short forms of OPA1 are more loosely attached to the inner mitochondrial membrane which retain a hydrophobic domain. Therefore two bands of OPA1, 92 and 111 kDa,



**Fig. 4** Effect of dexamethasone on the formation of ROS. SH-SY5Y cells were treated with 20  $\mu\text{M}$  dexamethasone (DEX) for 24 h. ROS production was detected by the intensity of MitoSOX™Red fluores-

cence. The mitochondria was stained with MitoTracker Green and observed under confocal microscope

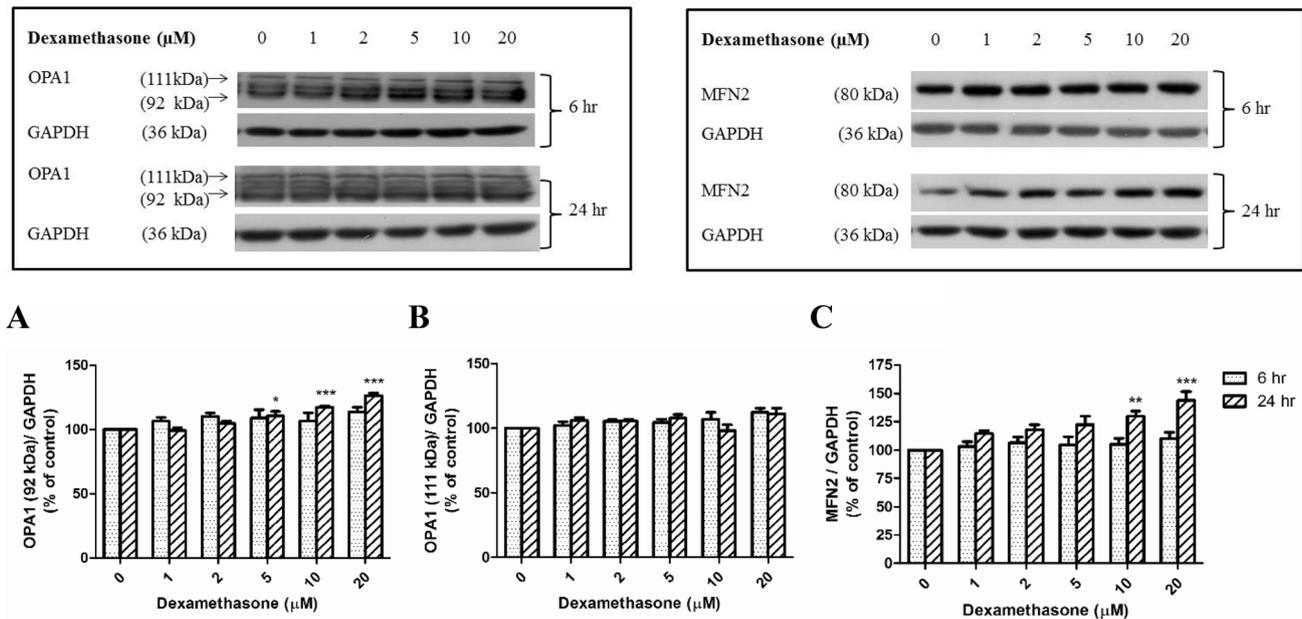


**Fig. 5** Effect of dexamethasone-induced alterations in levels of pDRP1, DRP1 and FIS1 proteins in SH-SY5Y cells. Cells were treated with various concentrations of dexamethasone for 6 and 24 h. The levels of pDRP1, DRP1 and FIS1 were determined using Western blot analysis. Protein bands for each regimen were quantified by densitometry, and their differences are represented in graph as a

ratio of pDRP1, DRP1 or FIS1 over GAPDH bands. Values represent mean  $\pm$  S.E.M. of four independent experiments. Two-way analysis of variance (ANOVA) and then Tukey's for specific pairwise comparisons were performed for statistical analysis. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$  compared with the control-untreated cells

were examined. Another fusion protein, mitofusion (MFN1 and MFN2) are resided in the outer mitochondrial membrane (OMM). MFN2 triggers aggregation of mitochondria into tight networks through close interaction between OMMs, followed by outer membrane fusion that results in the mitochondrial formation. Exposure with 5, 10 and 20  $\mu\text{M}$  dexamethasone for 24 h significantly increased the expression of OPA1 (92 kDa) to  $110.65 \pm 3.35\%$  ( $P < 0.05$ ),

$117.14 \pm 1.18\%$  ( $P < 0.001$ ) and  $126.49 \pm 1.83\%$  ( $P < 0.001$ ), respectively, compared with the control values (Fig. 6a). Dexamethasone at 10 and 20  $\mu\text{M}$  for 24 h significantly elevated the amount of MFN2 to  $129.30 \pm 4.36\%$  ( $P < 0.01$ ) and  $143.86 \pm 7.81\%$  ( $P < 0.001$ ), respectively, compared with control values (Fig. 6c). However, dexamethasone treatment for 6 h did not show any significant changes in concentration of mitochondrial fusion proteins (neither OPA1 nor



**Fig. 6** Effect of dexamethasone-induced alterations in OPA1 and MFN2 proteins levels in SH-SY5Y cells. Cells were treated with various concentrations of dexamethasone for 6 and 24 h. The levels of OPA1 and MFN2 were determined using Western blot analysis. Protein bands for each regimen were quantified by densitometry and their differences are represented in graph as a ratio of OPA1 or MFN2 over

GAPDH bands. Values represent mean ± S.E.M. of four independent experiments. Two-way analysis of variance (ANOVA) and then Tukey’s for specific pairwise comparisons were performed for statistical analysis. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$  compared with the control untreated cells

MFN2). The results suggested that dexamethasone exposure for 24 h induced mitochondrial fusion by the induction of OPA1 (92 kDa) and MFN2 protein levels. In this regard, the alteration of MFN2 and OPA1 expressions mediated the ubiquitin proteasome pathway in dexamethasone-treated SH-SY5Y cells. However, mitochondrial fusion induced by OPA1 (111 kDa) was not observed (Fig. 6b).

Mitochondrial fluorescent staining dye and immunofluorescence staining were used to mark the induction of mitochondrial fusion in dexamethasone-treated SH-SY5Y cells. Molecular Probe (MitoTracker®), a green-fluorescence dye, was used for staining mitochondria in live SH-SY5Y cells; Mitochondria accumulation was dependent upon mitochondrial membrane potential. Whereas, the immunofluorescence staining was used to demonstrate mitochondrial fusion proteins (OPA1 and MFN2). The colors indicate the active mitochondrial site (green) and mitochondrial fusions (OPA1 and MFN2, red) immunostaining in SH-SY5Y cells. The results of immunofluorescence staining showed increased OPA1 and MFN2 after treatment with dexamethasone compared with the untreated control cells. In co-localization studies, mitotracker green-labeled mitochondria were presented in MFN2- and OPA1-labeled mitochondrial fusion in SH-SY5Y cultured cells (Fig. 7). Therefore, the ultrastructure of mitochondria was compared with the control and dexamethasone-treated cells. After exposure of dexamethasone

to the cells, the images showed significant changes in morphological characteristics. The mitochondria appeared as tubular in shape, with a loss of internal membrane structure (Fig. 8c, d). In contrast, the mitochondria of control SH-SY5Y cells were round and regular in shape (Fig. 8a, b).

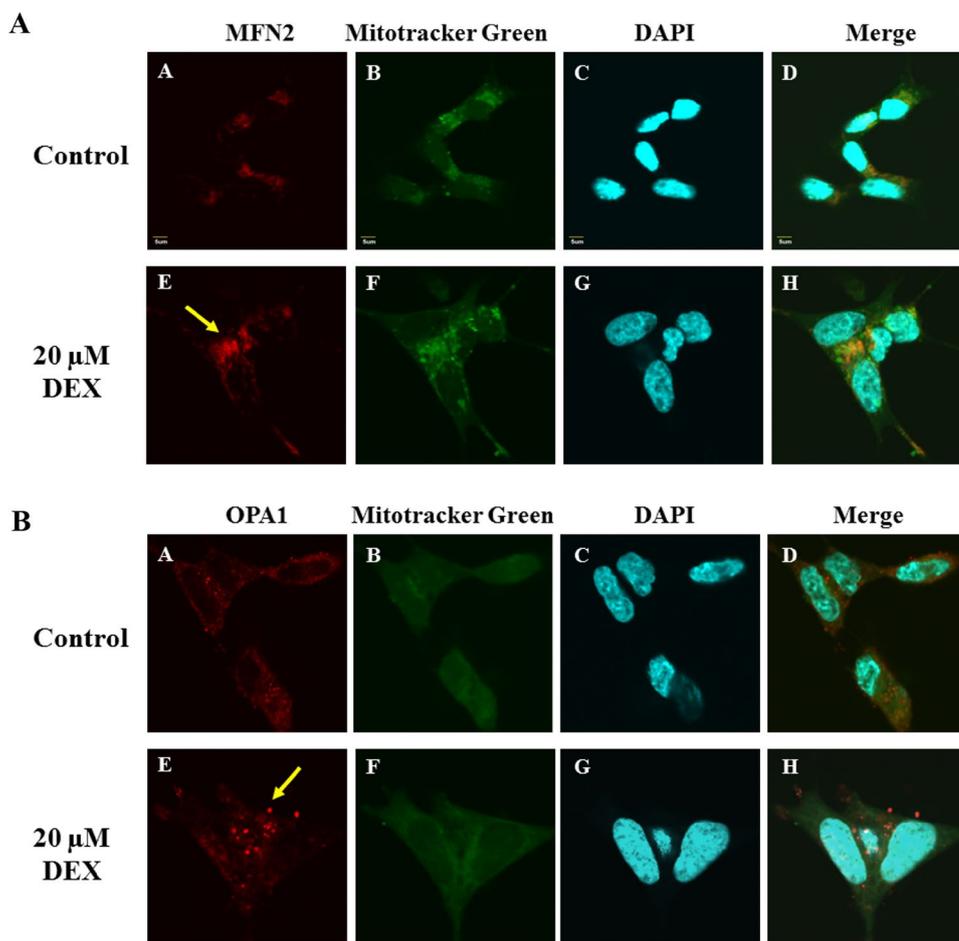
**Dexamethasone-Altered Mitochondrial Dynamics: mRNA Levels**

To explore the correlation between mitochondrial dynamic protein levels and mRNA levels, the incubation of SH-SY5Y cells with 20 μM dexamethasone for 24 h was measured using quantitative real-time PCR. The relative OPA1 mRNA levels increased significantly to  $1.42 \pm 0.11$  ( $P < 0.05$ ) compared with levels in untreated-cells ( $0.91 \pm 0.08$ ) (Fig. 9a). Additionally, mitochondrial mRNA levels of fission protein DRP1 did not change significantly in dexamethasone-treated cells (Fig. 9b).

**PINK1 and PARKIN in SH-SY5Y Cells Treated with High-Dose Dexamethasone**

The previous section imply that dexamethasone at high concentrations can cause alteration of mitochondria dynamics and reduction in ATP content of SH-SY5Y cells. The quality control of mitochondrial is achieved through the fission

**Fig. 7** Fluorescence microscopic images of SH-SY5Y cells demonstrating the effect of dexamethasone (DEX) treatment on fusion mitochondria (MFN2 (a) and OPA1 (b)) in SH-SY5Y cultured cells. The control-cultured cells were incubated with culture medium for 24 h (a–d). Some of the control-cultured cells were treated with 20  $\mu$ M DEX for 24 h (E–H). Cells were incubated with MitoTracker<sup>®</sup>Green, and then were fixed with 4% paraformaldehyde and stained with rabbit polyclonal antibody against MFN2 or OPA1. The red color indicates MFN2 or OPA1 immunostaining using alexa 549 conjugated donkey anti-rabbit IgG (a, e), the red color indicates mitochondrial sites using MitoTracker<sup>®</sup>Green (b, f) and the blue color indicates nucleus sites using DAPI staining. The triple fluorescence (merge) images are shown in D and H. Scale bar = 5  $\mu$ M



and fusion processes. The fragmented mitochondria can fuse with healthy mitochondria to repair the necessary components for maintaining mitochondrial function through a mitophagy process. Components of mitochondrial quality control include PINK1 and PARKIN expressions.

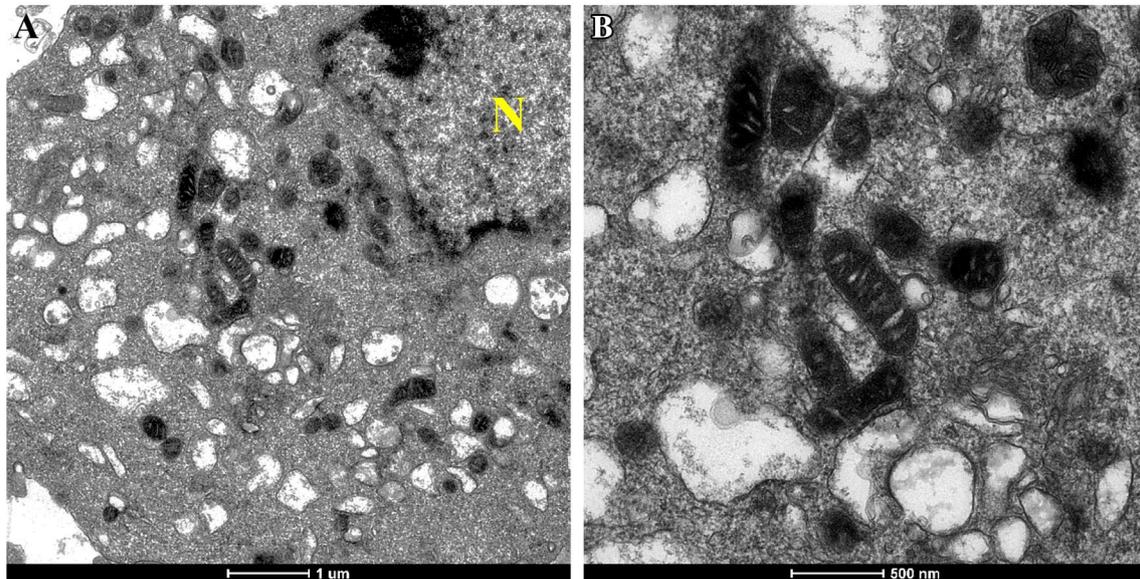
To assess the correlation of PINK1 and PARKIN expressions with ATP content in high-dose dexamethasone-treated SH-SY5Y cells. The SH-SY5Y cells were incubated with different concentrations of dexamethasone for 6 or 24 h. It was observed that treatments with 5, 10 and 20  $\mu$ M dexamethasone for 24 h caused significant decreases in the expression of PINK1 protein to  $86.77 \pm 2.20\%$  ( $P < 0.001$ ),  $79.76 \pm 1.63\%$  ( $P < 0.001$ ), and  $74.57 \pm 1.60\%$  ( $P < 0.001$ ), respectively, compared with the control cells (100%) (Fig. 10a, c). Treatment with 20  $\mu$ M dexamethasone for 6 and 24 h, significantly increased the expression of PARKIN protein to  $117.30 \pm 3.75\%$  ( $P < 0.05$ ) and  $128.20 \pm 10.23\%$  ( $P < 0.05$ ), respectively, compared with control values (Fig. 10b, d). The results indicated that the amount of PARKIN levels exhibit their responses to the level of ATP content under high-dose dexamethasone treatment in SH-SY5Y cells. Both PINK1 and PARKIN mRNA levels at 24 h were significantly up-regulated to  $1.33 \pm 0.08$

( $P < 0.01$ ) and to  $1.72 \pm 0.07$  ( $P < 0.05$ ) compared with the control  $0.91 \pm 0.06$  and  $1.01 \pm 0.07$ , respectively (Fig. 10e, f).

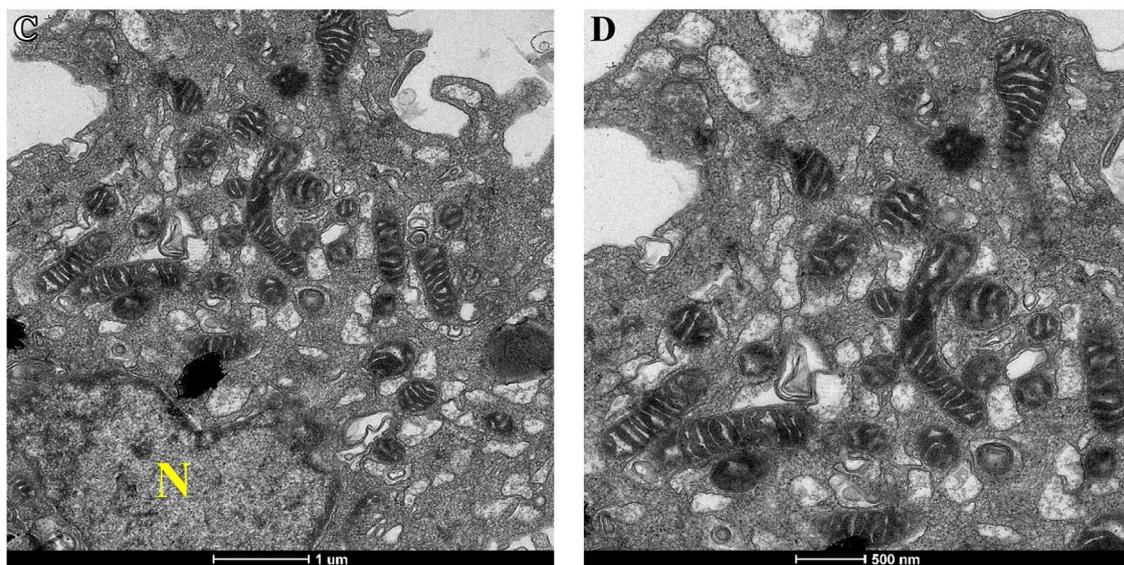
### Mitochondrial Dynamic Defects in Dexamethasone-Treated SH-SY5Y Cells

To determine whether dexamethasone altered mitochondrial movement, confocal cell<sup>R</sup> time-lapse imaging of 20  $\mu$ M dexamethasone-treated SH-SY5Y cells with mitotracker staining was employed. The mitochondria stained as green is shown in Fig. 11. Mitochondria in the control cells exhibited a spherical structure and distributed within the cytoplasm and cellular processes. At 6 and 24 h after dexamethasone exposures, organelles of SH-SY5Y cells appeared as elongated tubular structures. These data raised the possibility that dexamethasone disrupted mitochondrial quality control and caused the accumulation of mitochondrial fusion proteins in neuronal SH-SY5Y cells (Fig. 11).

## Control



## 1 $\mu$ M Dexamethasone

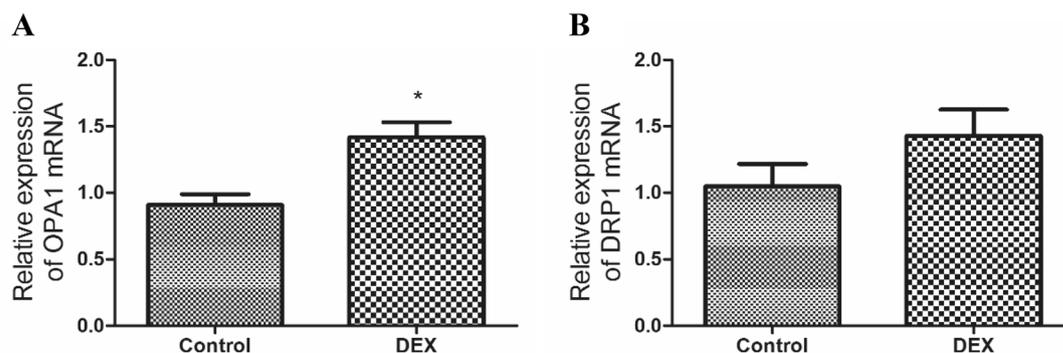


**Fig. 8** Morphological changes of SH-SY5Y cells. **a, b** Cells in the control group retained a normal ultrastructure, **c, d** Cell in dexamethasone treatment contained tubular and hazy mitochondrial structure

## Discussion

Dexamethasone has proven efficacy for the treatment of many diseases such as spinal cord injury [17], inflammation [18, 19], renal disease [20], seizures [21] and retinal disease [22]. The minimum concentration of dexamethasone was chosen, because previous studies reported that dexamethasone induced neuronal cell death at 1  $\mu$ M [23–25]. In addition, dexamethasone is reported to damage tendon

structures [26] and articular chondrocytes [27], and to cause osteoporosis [28]. In this study, several parameters such as cell proliferation, ATP production, oxidative stress and mitochondrial dynamic markers were studied to confirm the neurotoxicity of dexamethasone on cultured neuronal cells. Incubation of the cells for 24 h with dexamethasone resulted in progressively reduced cell proliferation. Recent studies show that dexamethasone treatment in vivo decreases cell proliferation, and increases cell death [29–33]. These effects



**Fig. 9** Relative mitochondrial dynamic, fusion (OPA1, **a**) and fission (DRP1, **b**) mRNA expressions in SH-SY5Y cells. OPA1 and DRP1 mRNA levels were measured by quantitative real-time PCR. Relative expression was determined against GAPDH mRNA levels, and data

are expressed as mean  $\pm$  S.E.M. of four independent experiments. Independent t-test was performed for statistical analysis. \* $P < 0.05$  compared with the control-untreated cells

can result in brain damage, behavioral changes and cognitive disabilities.

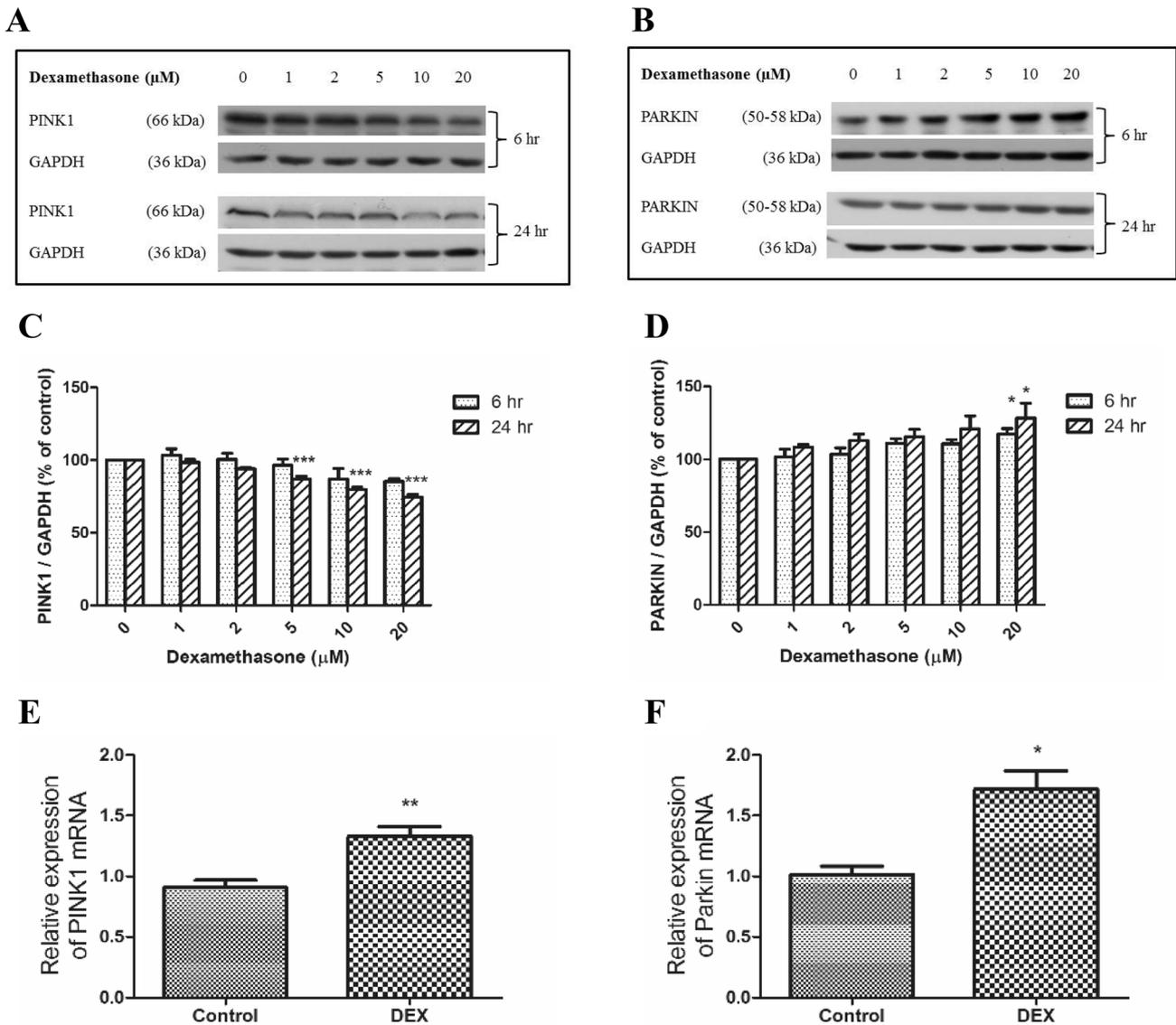
In this study, the concentration of dexamethasone that reduced cell proliferation also can cause neuronal cell death as indicated by the alteration of biochemical parameters. Caspase-3, found in the mitochondria, cytosol and nucleus, plays a critical role in the degradation of crucial regulatory structures and the intracellular suicide cascade [34–36]. However, the mechanism of dexamethasone-induced neuronal cell death is not clearly understood. It has been suggested that dexamethasone exposure leads to an excessive calcium level which induces caspase cascade activation and cell death [16, 23, 37]. Dexamethasone is reported to cause DNA damage via oxidative stress [38]. It was documented that dexamethasone is able to induce the expression of leucine-rich repeat kinase2 (LRRK2) and  $\alpha$ -synuclein which are associated with Parkinson's disease [39]. Alternatively, dexamethasone-induced apoptosis may occur through upregulation of pro-death proteins and/or down-regulation of pro-survival proteins [40, 41].

A number of studies have shown the change of ATP concentration in neurons [42–44]. It has been reported that ATP depletion may be associated with the early effect of the oxidative stress. During the early stages of neuronal cell damage, the calcium accumulation and ATP production are related to the ROS concentration [45, 46]. Decreased ATP concentration has been linked to neurodegenerative diseases such as Alzheimer's [47–49] and Parkinson's diseases [50, 51]. In addition, the elevated level of ROS can be resulted from metabolic activity, mitochondrial dysfunction or peroxisome activity, and lead to the pathological oxidative damage [52].

Mitochondria serve as the main producer of ATP as well as the center for biosynthetic processes in most eukaryotic cells. The networks among mitochondria are important for maintaining integrity and material of mitochondrial DNA.

Mitochondrial dynamics refer to the changes in mitochondrial shape, which occur through fission and fusion. These dynamics play important roles in the development and regulation of neuronal functions as well as in the homeostasis of bioenergetics metabolism. Recent findings suggest that excessive mitochondrial fission and fusion occur in large-scale of human diseases, and involve in ultrastructural changes, increased ROS production, declined ATP level, activation of several pro-apoptotic factors, mtDNA deletions, impaired  $\text{Ca}^{2+}$  buffering, and loss of mitochondrial membrane potential [53–60].

In the present study, dexamethasone exposure can lead to mitochondrial dysfunction as indicated by the decrease in the mitochondrial fission proteins, DRP1 and FIS1. Phosphorylation of DRP1 at serine 616 is the common DRP1 post-translational modification and is mediated by multiple kinases [61–63]. These results confirmed that dexamethasone decreased DRP1 translocation which is regulated by Ser616 phosphorylation. A number of studies have shown that mitochondrial fission is an early event during the process of neuronal cell death [64, 65]. Consistent with our previous study, dexamethasone reduced DRP1 and FIS1 in neuroblastoma SH-SY5Y cells as indicated by the Western blotting [16]. However, inhibition of mitochondrial fission protein does not prevent the activity of BAX/BAK-dependent apoptosis [66]. The possibility that the loss of mitochondrial fission impaired the generation of energy needed for metabolism and induced neuronal degeneration [67]. Some existing evidence show that DRP1 is recruited to mitochondria for membrane construction by interaction with FIS1 [68]. Mitochondrial fusion is governed by MFN 1 and 2 at the outer mitochondrial membrane, and by OPA1 at the inner mitochondrial membrane. Recent studies indicate that MFN2 stimulates cell respiration, substrate oxidation and oxidative phosphorylation subunit expression [69, 70]. Thus, abnormal mitochondrial fusion is reported to

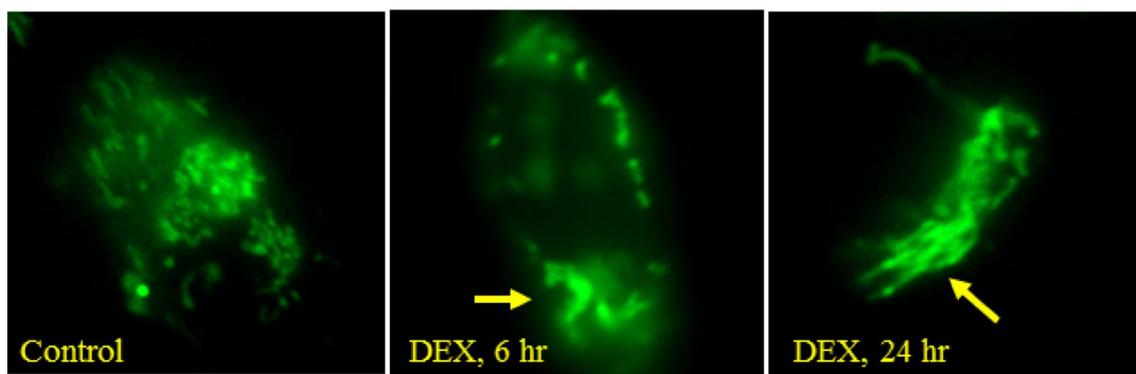


**Fig. 10** Effect of dexamethasone-induced alterations of PINK1 and PARKIN levels in SH-SY5Y cells. Cells were treated with various concentrations of dexamethasone for 6 and 24 h. The levels of PINK1 and PARKIN were determined using Western blot analysis. Protein bands for each regimen were quantified by densitometry, and their differences are represented in graph as a ratio of PINK1 or PARKIN over GAPDH bands. The mRNA levels were measured by quantita-

tive real-time PCR. Relative expression was determined against GAPDH mRNA levels. Values represent mean ± S.E.M. of four independent experiments. Two-way analysis of variance (ANOVA) and then Tukey’s for specific pairwise comparisons were performed for statistical analysis (**c**, **d**) and independent *t*-test (**e**, **f**). \**P* < 0.05, \*\**P* < 0.01 and \*\*\**P* < 0.001 compared with the control-untreated cells

induce neuronal cell death in the presynaptic region of the aging cortex [71], in neonatal cardiomyocytes [72], and in dopaminergic neurons within the nigrostriatal circuit [73]. Studies of lung adenocarcinoma report that MFN2 overexpression induces G0/G1 phase arrest and leads to delayed cell proliferation [74–76]. Other research shows that OPA1 maintains inner-mitochondrial membrane morphology and structure with high mRNA expression levels in retina, brain, liver, heart and pancreas [77]. Previous study reported that OPA1 regulated cytochrome *c* release during apoptosis

through the mitochondrial rhomboid protease PARL [78]. Furthermore, OPA1-associated Charcot-Marie-Tooth peripheral neuropathy (CMT2A) is thought to be related to mitochondrial plasticity [79]. By time-lapse microscopy of individual neurons, mitochondrial fusion was shown to be impaired in the presence of higher concentrations of dexamethasone. Taken together, these data suggest that an imbalance of mitochondrial dynamics contributed to suppress neuronal proliferation in dexamethasone-treated cells.



**Fig. 11** Mitochondrial morphology effect of dexamethasone-treated neuronal SH-SY5Y cells. SH-SY5Y cells labeled with MitoTracker<sup>®</sup>Green were imaged with the Cell<sup>R</sup> image of confocal microscope

To address concerns with mitophagy, a key process in the mitochondrial quality control system and the clearance of damaged mitochondria have been involved multiple studies of PINK1 and PARKIN [80–82]. PINK1 protein accumulates on mitochondria via its kinase domain, and recruits PARKIN for degradation by mitophagy [83]. PINK1 can act upstream from Parkin in a mechanism that regulates mitochondrial morphology. It has been shown to prevent neuronal cell death induced by various factors such as oxidative stress [84–86] and excitotoxicity [87]. In response to dexamethasone exposure, there is upregulation of PINK1 and PARKIN mRNA expressions at an earlier stage, thus supporting the view that glucocorticoids change mitophagy genes [88]. Consistent with this, there is upregulation of PARKIN mRNA and protein expression in response to cellular stress [89]. The findings in the present study, suggest that upregulation of PINK1 and PARKIN might represent a cellular adaptation to dexamethasone treatment. Moreover, the expression of PINK1 protein levels does not reflect the mRNA levels, suggesting a complicated mechanism involving in both transcription and translation in response to cellular stress.

## Conclusions

Dexamethasone treatment significantly increased mitochondrial ROS formation, and decreased ATP content in SH-SY5Y cells. In particular, dexamethasone modulated mitochondrial fusion that was characterized by tubular shapes. Furthermore, the high concentration of dexamethasone contributed to the suppression of neuronal proliferation. The toxicity of dexamethasone appears to be based not only on its toxic effect on neuronal function, but also on an impairment of the nervous system leading to neuronal death processes.

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