



# Powering Amyloid Beta Degrading Enzymes: A Possible Therapy for Alzheimer's Disease

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## Abstract

The accumulation of amyloid beta (A $\beta$ ) in the brain is believed to play a central role in the development and progression of Alzheimer's disease. Revisions to the amyloid cascade hypothesis now acknowledge the dynamic equilibrium in which A $\beta$  exists and the importance of enzymes involved in the production and breakdown of A $\beta$  in maintaining healthy A $\beta$  levels. However, while a wealth of pharmacological and immunological therapies are being generated to inhibit the A $\beta$ -producing enzymes,  $\beta$ -site APP cleavage enzyme 1 and  $\gamma$ -secretase, the therapeutic potential of stimulating A $\beta$ -degrading enzymes such as neprilysin, endothelin-converting enzyme-1 and insulin-degrading enzyme remains relatively unexplored. Recent evidence indicates that increasing A $\beta$  degradation as opposed to inhibiting synthesis is a more effective strategy to prevent A $\beta$  build-up. Therefore A $\beta$  degrading enzymes have become valuable targets of therapy. In this review, we discuss the pathway of A $\beta$  synthesis and clearance along with the opportunities they present for therapeutic intervention, the benefits of increasing the expression/activity of A $\beta$ -degrading enzymes, and the untapped therapeutic potential of enzyme activation.

**Keywords** Alzheimer's disease · Amyloid beta · Amyloid beta degrading enzymes · Neprilysin · Endothelin-converting enzyme

## Introduction: Alzheimer's Disease and Amyloid Beta

Alzheimer's disease (AD) is a neurodegenerative disease characterised by the presence of various pathologies in the brain, in particular amyloid-beta (A $\beta$ ) plaques and neurofibrillary tangles (NFTs). To date, there is no definitive answer as to the cause of AD, however current evidence suggests that many of the brain abnormalities seen in AD are initiated, or at least aggravated, by A $\beta$  aggregation. A $\beta$  oligomers have been shown to play a role in the formation of NFTs by promoting microtubule disassembly, tau misfolding and tau phosphorylation [1, 2]. Synapse loss associated with cognitive decline in AD is most pronounced in areas immediately surrounded by A $\beta$  plaques [3, 4] and dystrophic neurites associated with A $\beta$  plaques show greater signs of

neurotoxicity than dystrophic neurites that are free in the neuropil [4]. Furthermore, mutations in genes that code for proteins involved in A $\beta$  production such as the amyloid precursor protein (APP), presenilin 1 (PS1) and presenilin 2 (PS2) have been linked to AD pathogenesis [5, 6].

Correlations between A $\beta$  accumulation and AD pathology led to the "amyloid cascade hypothesis" which proposes a link between an increase in brain A $\beta$  and a decline in cognition [7, 8]. Over the years, revisions to the theory have been made to emphasise the key detail that A $\beta$  exists in a dynamic equilibrium rather than an irreversible pathway. This equilibrium is maintained through a crucial balance between A $\beta$  production and clearance. Disruption to this balance leads to increased A $\beta$  deposition in the brain, eventually leading to the development of AD [7, 9] (Fig. 1). It has been shown in humans that increased A $\beta$  deposition is the result of ineffective A $\beta$  clearance as opposed to enhanced production [10]. This highlights the importance of targeting the A $\beta$  clearance pathway in the treatment/management of AD.

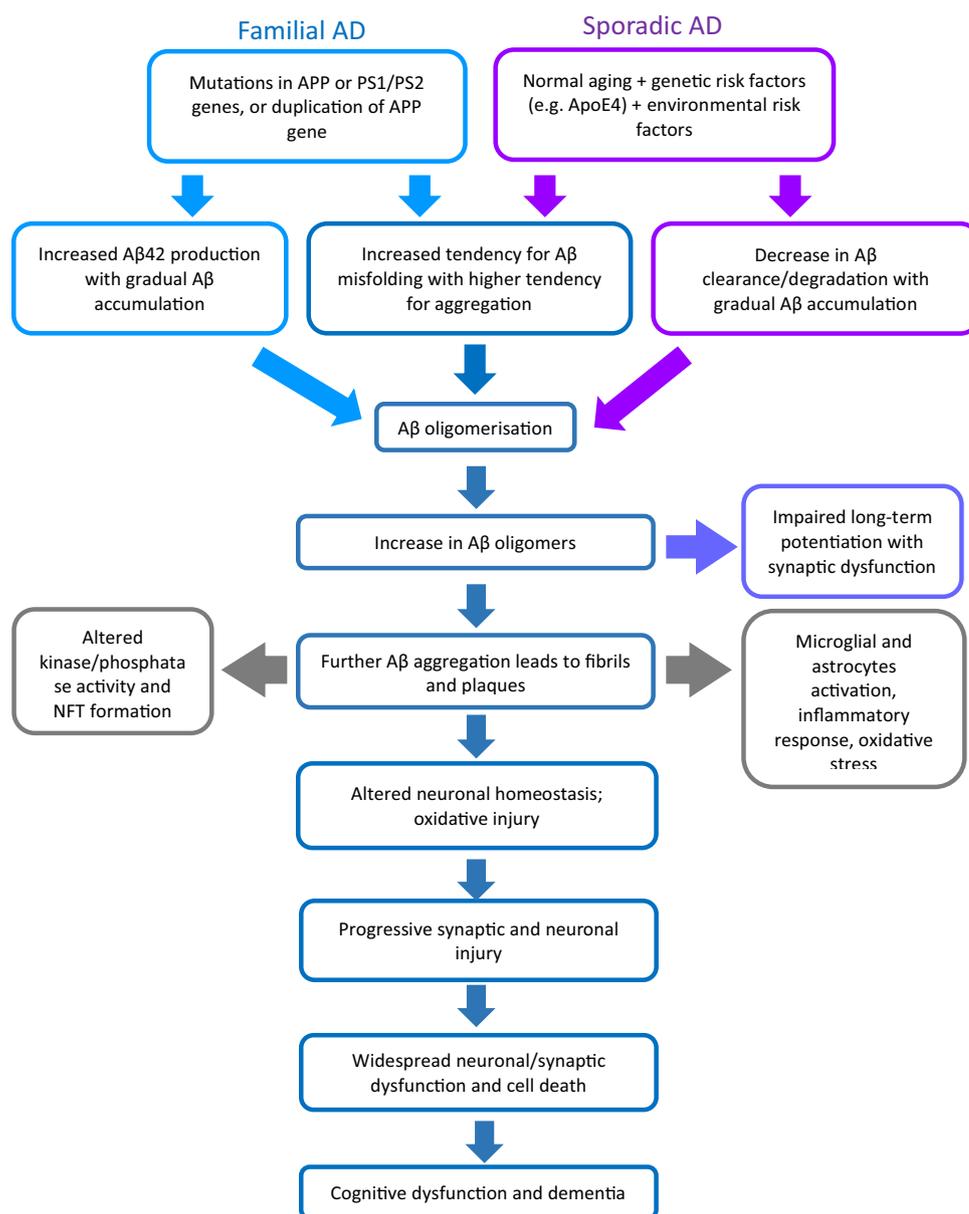
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**Fig. 1** The amyloid cascade hypothesis. In both familial and sporadic AD, genetic and environmental factors lead to increased A $\beta$  production and decreased A $\beta$  clearance. As A $\beta$  gradually accumulates, oligomers form and consequently fibrils and plaques which disrupt inflammatory and immune responses. These disruptions alter homeostasis in neurons, leading to neuronal injury and dysfunction, which in turn leads to cell death, cognitive impairment and dementia



### Targeting A $\beta$ Pathways as Therapy for AD

Given the critical role of A $\beta$  in the initiation of AD, it has been a target of AD therapy for decades. Therapeutic approaches targeting A $\beta$  aim to either reduce synthesis or enhance clearance. Under normal physiological conditions, A $\beta$  is produced by the sequential cleavage of its parent or precursor molecule, APP, by the proteases  $\beta$ -site APP cleavage enzyme 1 (BACE1) and  $\gamma$ -secretase [11, 12]. Once generated, A $\beta$  has a variety of possible physiological roles including as a neuroprotective and positive modulator of neurotransmission, memory and synaptic plasticity [13], an antioxidant [14, 15], a regulator of cholesterol

transport [16, 17], and a transcription factor [18, 19]. A $\beta$  is then cleared via enzyme-mediated breakdown or through non-proteolytic pathways. The proteolytic degradation of A $\beta$  is mediated by a wide range of proteases known as A $\beta$  degrading enzymes (ADEs), of which there are almost 20 at present [20]. These include zinc-metalloproteases, serine, cysteine and aspartyl proteases. Alternatively, it may be removed by non-proteolytic clearance pathways, such as phagocytosis by microglia and astrocytes; interstitial fluid drainage through perivascular basement membranes; and transport across the blood vessel walls into circulation by the receptor low-density lipoprotein receptor-related protein 1 [21–23].

Reducing A $\beta$  production has been the most widely explored therapeutic approach to reducing A $\beta$  burden. This is typically achieved by targeting BACE1 or  $\gamma$ -secretase activities in order to inhibit A $\beta$  production. Immunotherapeutic approaches have involved developing antibodies that hinder BACE1-mediated cleavage of APP. Certain anti-BACE1 antibodies bind to the active site of the enzyme to sterically prevent APP cleavage, while others regulate the catalytic domain of BACE1 by allosteric interactions [24]. Similarly, pharmacological agents have been developed to inhibit the activity of A $\beta$  producing enzymes. BACE1 inhibitors have been thoroughly investigated, with many drug candidates such as lanabecestat (AZD-3293) and elenbecestat (E2609) currently progressing through clinical trials [25].  $\gamma$ -secretase inhibitors have also been explored, with semagacestat being the first  $\gamma$ -secretase inhibitor to reach phase 3 clinical trials as a treatment for AD. However, further development was ceased after the drug was found to worsen the clinical condition of patients as well as increase the incidence of skin infection and skin cancer [26].

Certain non-steroidal anti-inflammatory drugs (NSAIDs) have also been tested as “ $\gamma$ -secretase modulators” following a reported correlation between long-term NSAID use and reduced incidences of AD by various epidemiological studies [27]. NSAIDs such as flurbiprofen and its enantiomer R-flurbiprofen, also known as Tarenflurbil, were classed as  $\gamma$ -secretase modulators after being found to influence  $\gamma$ -secretase activity to preferentially generate the more benign A $\beta$ 40 rather than the more fibrillogenic A $\beta$ 42 [28]. Tarenflurbil displayed the desired A $\beta$ -lowering effects without the Cyclooxygenase (COX) inhibition exhibited by its prototype flurbiprofen and successfully progressed into clinical trials, however it was unable to prevent cognitive decline in patients with mild AD [29, 30]. Additionally, in-vivo studies in APP/PS1 mice found  $\gamma$ -secretase modulators to effectively reduce the production of new A $\beta$  plaques but have no effect on existing plaques within the brain [31]. Such studies emphasise the need for drugs that can both break down existing A $\beta$  plaque and prevent any future build-up, a goal that could be achieved by enhancing A $\beta$  clearance pathways.

A $\beta$  phagocytosis by microglia is one clearance pathway whose enhancement has been explored. “A $\beta$  vaccines” have been investigated as a method of increasing A $\beta$  phagocytosis to remove pre-existing build-up. Such vaccines contain either anti-A $\beta$  antibodies that bind to endogenous A $\beta$  to elicit passive immunity, or A $\beta$  epitopes coupled with a carrier protein to bind B cells and elicit active immunity [24]. However, A $\beta$  vaccine research experienced setbacks after a clinical trial for the A $\beta$  vaccine AN1792 was halted when 6% of vaccinated patients developed aseptic meningoencephalitis [32]. An approach that could potentially be

more useful but remains unexplored to date is stimulating the expression/activity of ADEs by drug like molecules.

### Stimulating ADE Activity: A Viable Approach to Manipulating A $\beta$ Levels

ADEs help to maintain A $\beta$  equilibrium by degrading different pools of intracellular and extracellular A $\beta$  within the brain [33, 34]. The decrease in protein expression and accumulation of oxidative stress associated with aging has been found to disrupt ADE expression and function [35]. This in turn contributes to A $\beta$  accumulation potentially triggering AD, an observation that has been supported by many in-vitro and in-vivo studies. Most widely studied ADEs and a summary of evidence linking each enzyme to A $\beta$  clearance is indicated in Table 1 along with the commonly known cleavage site(s) in A $\beta$ (1–42). Variation in the cleavage site(s) reported for each enzyme could reflect the secondary degradation products identified and the different methods used for detection [36]. The subcellular localisation, substrates other than A $\beta$ , and expression patterns of these enzymes within the human brain have been extensively described in previous reviews [37, 38] and hence will not be repeated here.

With much evidence demonstrating the benefit of increased ADE activity, strategies to enhance the ADE expression or activity could be a promising approach to manipulate A $\beta$  levels. Indeed, the use of DNA based methods such as gene therapy to increase ADE expression in-vivo has been explored and yielded promising results. Gene delivery of NEP and ECE-1 to APP transgenic mice and APP/PS1 mice respectively was found to reduce A $\beta$  burden in the brain [53]. However, DNA based techniques are difficult to translate into a clinical setting given the ethical concerns surrounding the safety to the individual and the risk of unintentional (or deliberate) modification of the human germline [54].

Stimulating the activity of ADEs through pharmacological agents would be a more feasible alternative with the same physiological outcome, and molecules capable of this have already been identified. Two IDE-activating compounds, named Ia1 and Ia2, have been shown to increase IDE-mediated A $\beta$  degradation by 700 and 400% respectively [55]. Similarly, several compounds have been found to stimulate NEP activity including polyphenols found in green tea extract [56], the hormone humanin [57] and the tryptophan metabolite kynurenic acid [58]. However, the effect of these molecules on the breakdown of A $\beta$  are yet to be determined, nor have they undergone any detailed pharmacological and biochemical characterisation. At present, there are no ADE stimulating drugs available in the clinic.

Most recently, we reported the discovery and pharmacological characterisation of a venom-derived peptide, which increases the activity of both NEP and ECE-1 [59]. Venoms

**Table 1** Widely known A $\beta$  degrading enzymes and their cleavage site(s) along A $\beta$ (1–42)

ADEs	Evidence linking to A $\beta$ clearance	Cleavage sites along A $\beta$ (1–42)*
NEP-1	<ul style="list-style-type: none"> <li>• Use of the NEP inhibitor thiorphan caused an increase in A<math>\beta</math>42 deposition in rats [33]</li> <li>• The use of NEP inhibitors caused increases in A<math>\beta</math> and consequently plaque deposition in rat and mouse brain [39, 40]</li> <li>• Studies conducted in APP transgenic mice revealed NEP overexpression greatly reduced plaque build-up [41] and improved cognition in certain tests [42]</li> </ul>	<p>1                    10                    20                    30                    40</p> <p>DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIA</p>
NEP-2	<ul style="list-style-type: none"> <li>• NEP-2 knockout mice show a 1.5-fold increase in total A<math>\beta</math> species in both brain stem and hippocampus [43]</li> <li>• Increase in A<math>\beta</math> build up was more pronounced in NEP-2 knockout mice cross bred with APP transgenic mice</li> </ul>	<p>1                    10                    20                    30                    40</p> <p>DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIA</p>
ECE-1	<ul style="list-style-type: none"> <li>• Use of the dual ECE/NEP inhibitor phosphoramidon caused greater A<math>\beta</math> deposition in cultured neuronal cells than the selective NEP inhibitor thiorphan [33]</li> <li>• The brains of ECE-1 knockout mice shown elevated A<math>\beta</math> levels in comparison to controls [44]</li> </ul>	<p>1                    10                    20                    30                    40</p> <p>DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIA</p>
IDE	<ul style="list-style-type: none"> <li>• British precursor protein 2 (BRI 2) overexpression leads to increased IDE levels and consequently a reduction in A<math>\beta</math> levels in APP/PS1 mouse model of AD and in HeLa cells [45]</li> <li>• IDE <math>-/-</math> mice displayed increased A<math>\beta</math> levels in the brain, and A<math>\beta</math> breakdown in brain membrane fractions and neuronal cultures was reduced by more than 50% [46]</li> </ul>	<p>1                    10                    20                    30                    40</p> <p>DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIA</p>
ACE	<ul style="list-style-type: none"> <li>• ACE<sup>10/10</sup> mice (which overexpress ACE in myelomonocytes) crossed with AD + mice (i.e. APP/PS1 transgenic mice) produced offspring that displayed lower levels of A<math>\beta</math>42 as well as decreased A<math>\beta</math> plaque load in the brain than the AD + parent mice [47]</li> <li>• The vasodilator and ACE inhibitor drug ramipril caused greater A<math>\beta</math> deposition in AD + ACE<sup>10/10</sup> mice than the ACE-independent vasodilator hydralazine [47]</li> </ul>	<p>1                    10                    20                    30                    40</p> <p>DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIA</p>
MMP-2 and -9	<ul style="list-style-type: none"> <li>• The use of an MMP inhibitor increased A<math>\beta</math> levels in the brain interstitial fluid of APP transgenic mice [48]</li> <li>• The brains of MMP-2 and -9 KO mice showed higher A<math>\beta</math> levels than wild-type controls [48]</li> </ul>	<p>1                    10                    20                    30                    40</p> <p>DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIA</p>
Plasmin	<ul style="list-style-type: none"> <li>• Levels of plasminogen activator inhibitor-1 (PAI-1), a protein that inhibits plasmin production, correlates with A<math>\beta</math> levels in the brain whereas plasmin activity has an inverse correlation with A<math>\beta</math> levels [49]</li> <li>• PAI-1 KO mice expressing human APP and PSEN1 showed significantly reduced A<math>\beta</math> levels [49]</li> <li>• The use of PAI-1 inhibitors causes a decrease in A<math>\beta</math> levels in the brain and plasma of transgenic mice expressing human A<math>\beta</math> [50]</li> </ul>	<p>1                    10                    20                    30                    40</p> <p>DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIA</p>

**Table 1** (continued)

ADEs	Evidence linking to A $\beta$ clearance	Cleavage sites along A $\beta$ (1–42)*
Cathepsin B	<ul style="list-style-type: none"> <li>Effectively cleaves A<math>\beta</math>(1–42) producing C-terminally truncated peptides [51]</li> <li>Increasing the expression of Cathepsin B in hAPP mice reduces existing A<math>\beta</math> deposits [51]</li> <li>Inactivating Cathepsin B expression increases A<math>\beta</math> deposition [51]</li> </ul>	<p>1                    10                    20                    30                    40</p> <p>DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIA</p> <p style="text-align: right;">↑                    ↑↑</p>
Acyl peptide hydrolase	<ul style="list-style-type: none"> <li>Cell culture based studies indicate acyl peptide hydrolase preferentially degrade dimeric and trimeric forms of A<math>\beta</math></li> <li>Increased expression of the enzyme in human brain regions (temporal cortex) showing large amounts of A<math>\beta</math>. This suggests enzyme expression is elevated in response to increased A<math>\beta</math> levels [52]</li> </ul>	<p>1                    10                    20                    30                    40</p> <p>DAEFRHDSGYEVHHQKLVFFAEDVGSNKGAIIGLMVGGVVIA</p> <p style="text-align: center;">↑↑                    ↑</p>

\*Arrows indicate the cleavage site while numbers above the sequence indicate the amino acid number

have indeed been used in drug development with the ACE inhibitor captopril perhaps being the best-known example [60]. In addition, exenatide for managing diabetes [61] and pralid for pain [62] are more recent examples of venom derived drugs. The peptide, which we called K49-P1-20, was derived from the venom of *Bothrops asper* [59]. It corresponds to the first 20 amino acids of *B. asper* myotoxin II found in this venom. K49-P1-20 increased the activity of both NEP and ECE-1 by  $1605 \pm 58$  and  $1563 \pm 23\%$  of control respectively at a concentration of 100 ng/ $\mu$ L [59]. The activation concentration 50 (AC<sub>50</sub>) of K49-P1-20 against NEP and ECE-1 are  $1.33 \pm 0.12$  and  $1.92 \pm 0.07$   $\mu$ M respectively indicating increased selectivity for NEP [59]. Initial studies also indicate that K49-P1-20 directly interacts with both enzymes thus inducing a conformational change [59]. Prior incubation of enzyme with K49-P1-20 significantly enhanced the breakdown of both synthetic A $\beta$ 40 and soluble endogenous A $\beta$ 42 in cerebrospinal fluid of AD patients taken post-mortem [59]. K49-P1-20 also significantly increased the activity of IDE and ACE-2, making it the first known activator of multiple ADEs and a potential drug lead for AD [59].

In addition to A $\beta$ , ADEs can cleave a range of other substrates [37, 38]. Therefore it appears logical to assume that increasing the activity of these can lead to a multitude of responses effecting multiple organ systems including the endocrine, nervous and cardiovascular systems. However, critical for a physiological response is a corresponding increase in the substrate level. Therefore in the absence of an increase in substrate level, enhanced enzyme activity alone is unlikely to have an effect.

## The Untapped Therapeutic Potential of Enzyme Activation

While ADE activators represent a viable therapeutic approach to treating AD, our understanding of the mechanism(s) behind enzyme activation is poor. This is a stark contrast to our knowledge on enzyme inhibition and the wealth of studies describing enzyme inhibitors and their mechanisms of action [63, 64]. Many diseases are exacerbated by either increased or decreased enzyme activity, however our approaches to treatments for these diseases are very different. Conditions that are worsened by increased enzyme activity are often treated with enzyme inhibitors such as ACE inhibitors for hypertension [65] and statins for hypercholesterolemia [66]. However, conditions that are caused by insufficient enzyme activity, such as phenylketonuria, are typically managed by limiting substrate availability rather than with administration of an enzyme activator [67]. As a result, enzyme inhibition has been well researched and is a common mode of action of currently marketed drugs, whereas relatively little is known about the possibilities of enzyme activation. The apparent lack of knowledge around enzyme activation reflects the poor availability of enzyme activators, particularly those targeting amyloid beta degrading enzymes. In addition, much attention has focused on DNA based techniques aimed at enhancing enzyme expression as opposed to stimulating their activity.

This information, taken together, provides strong evidence for the use of molecules such as K49-P1-20 to help improve our understanding of the mechanism(s) behind enzyme activation and unlock the secrets of proteolysis. Further research could also enable the rational design of analogues with more suitable pharmacodynamic/pharmacokinetic properties and thus result in a new drug class for the treatment of AD.

## Future Directions

AD is a debilitating, neurodegenerative disease with no effective treatment at present. The accumulation of A $\beta$  in the brain is believed to exacerbate and/or instigate various AD-related pathologies including NFT formation, synapse loss and dystrophic neurites. As a result, the pathways for A $\beta$  synthesis and A $\beta$  degradation have become targets of therapy in the quest to find an effective treatment for AD.

Pharmacological and immunological therapies that target the A $\beta$ -producing enzymes BACE1 and  $\gamma$ -secretase have thus far only delivered somewhat mixed results, however it is clear that such therapies would only prevent further A $\beta$  accumulation and not clear any pre-established build-up. Increasing ADE-mediated A $\beta$  degradation could be a more effective approach given that it would remove both new and pre-existing pools of A $\beta$ , thus holding the potential to prevent or even reverse the progression of AD.

A large number of anti A $\beta$  therapies including antibody based therapies have failed to reach the clinic. This has led to a re-evaluation of the amyloid hypothesis. However, it is also believed that anti A $\beta$  therapies tested were administered at a late stage thus offering little hope for positive clinical outcomes. The pathophysiological process underlying AD is thought to begin decades before the onset of mild cognitive impairment and diagnosis [68]. This raises the question of developing appropriate methods for the early identification of patients most at risk of developing AD. To this end, a recent study has identified a panel of blood based biomarkers which can accurately predict brain A $\beta$  status at individual level thereby allowing broader population based screening [69]. This could also allow potential novel anti A $\beta$  approaches such as K49-P1-20 to be targeted to individuals most at risk.

Using pharmacological agents as opposed to gene therapy to increase ADE-mediated A $\beta$  degradation, also presents as a more viable strategy from an efficiency, economical and ethical standpoint. Furthermore, enzyme activators such as K49-P1-20 can be used to increase our knowledge on the mechanism(s) of enzyme activation and potentially usher in a new class of drugs to help fight AD and other diseases.

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