



nPKC ϵ Mediates SNAP-25 Phosphorylation of Ser-187 in Basal Conditions and After Synaptic Activity at the Neuromuscular Junction

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Abstract

Protein kinase C (PKC) and substrates like SNAP-25 regulate neurotransmission. At the neuromuscular junction (NMJ), PKC promotes neurotransmitter release during synaptic activity. Thirty minutes of muscle contraction enhances presynaptic PKC isoform levels, specifically cPKC β I and nPKC ϵ , through retrograde BDNF/TrkB signaling. This establishes a larger pool of these PKC isoforms ready to promote neuromuscular transmission. The PKC phosphorylation site in SNAP-25 has been mapped to the serine 187 (Ser-187), which is known to enhance calcium-dependent neurotransmitter release in vitro. Here, we localize SNAP-25 at the NMJ and investigate whether cPKC β I and/or nPKC ϵ regulate SNAP-25 phosphorylation. We also investigate whether nerve and muscle cell activities regulate differently SNAP-25 phosphorylation and the involvement of BDNF/TrkB signaling. Our results demonstrate that nPKC ϵ isoform is essential to positively regulate SNAP-25 phosphorylation on Ser-187 and that muscle contraction prevents it. TrkB and cPKC β I do not regulate SNAP-25 protein level or its phosphorylation during neuromuscular activity. The results provide evidence that nerve terminals need both pre- and postsynaptic activities to modulate SNAP-25 phosphorylation and ensure an accurate neurotransmission process.

Keywords Neuromuscular junction · Muscle contraction · SNAP-25 · TrkB · PKC · Neurotransmission · Synaptic vesicles

Abbreviations

47/TrkB	Anti-TrkB antibody clone 47/TrkB	HRP	Horseradish peroxidase
ACh	Acetylcholine	LAL	Levator auris longus
AChR	Acetylcholine receptor	NMJ	Neuromuscular junction
BDNF	Brain-derived neurotrophic factor	nPKC ϵ	Novel protein kinase C epsilon
Ca ²⁺	Calcium ion	NT-4/5	Neurotrophin-4/5
CNS	Central nervous system	p75	p75 neurotrophin receptor
cPKC β I	Conventional protein kinase C beta I	PBS	Phosphate buffer saline
ECL	Enhanced chemiluminescence	PKC	Protein kinase C
GAPDH	Glyceraldehyde-3-phosphate dehydrogenase	PLC	Phospholipase C
		PMA	Phorbol 12-myristate 13-acetate
		pSNAP-25	Phosphorylated synaptosomal-associated protein of 25 kDa
		PVDF	Polyvinylidene difluoride
		RACK	Receptor for activated C-kinase
		SDS	Sodium dodecyl sulfate
		Ser-187	Serine 187
		SNAP-25	Synaptosomal-associated protein of 25 kDa
		SNARE	Soluble N-ethylmaleimide-sensitive factor attachment receptor proteins
		TrkA	Tropomyosin receptor kinase A
		TrkB	Tropomyosin receptor kinase B

Anna Simó, Victor Cilleros-Mañé and Laia Just-Borràs contributed equally to this work and Neus Garcia, Maria A. Lanuza and Josep Tomàs contributed equally to this work.

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TrkC	Tropomyosin receptor kinase C
α -BTX	α -Bungarotoxin
β IV ₅₋₃	cPKC β I-specific translocation inhibitor peptide
ϵ V ₁₋₂	nPKC ϵ -specific translocation inhibitor peptide
μ -CgTx-GIIIB	μ -Conotoxin GIIIB
VGCC	Voltage-gated calcium channels

Introduction

At the neuromuscular junction (NMJ), protein kinase C (PKC) signaling regulates neurotransmitter release and neuromuscular function [1–7]. PKC phosphorylates several proteins involved in exocytosis including SNAP-25 (synaptosomal-associated protein of 25 kDa) [8–10]. SNAP-25, synaptobrevin, and syntaxin are the three SNARE proteins of the core fusion vesicle complex, which is involved in vesicle docking, priming, and triggering fast exocytosis [11, 12].

SNAP-25 is phosphorylated by PKC at serine 187 (Ser-187), a critical residue for calcium-triggered exocytosis [8–10, 13–15]. This phosphorylation occurs in response to synaptic activity and elevated intracellular calcium levels and is involved in vesicle pool refilling [15–17]. Therefore, the absence of SNAP-25 causes a complete block of fast calcium-triggered exocytosis, as the primed pool of synaptic vesicles becomes empty [18]. Accordingly, changes in the phosphorylation residue decrease vesicle secretion [19] and the overexpression of a phospho-Ser-187 mimicking mutant accelerates vesicle recruitment after the emptying of the releasable vesicle pool [16]. Therefore, PKC phosphorylation of SNAP-25 is required for fast vesicle pool refilling in response to synaptic activity or elevated intracellular calcium [16, 17]. Moreover, SNAP-25 contributes to the coupling between exocytosis and endocytosis by participating in slow, clathrin-dependent endocytosis at hippocampal synapses [20]. Also, pSNAP-25 negatively regulates the voltage-gated calcium channels (VGCC) [21] and it has been shown that it is negatively implicated in the control of neuronal calcium responsiveness to depolarization [22].

Although SNAP-25 is a PKC target, there is no information about which PKC isoform regulates its phosphorylation. The cPKC β I and nPKC ϵ isoforms are good candidates because they are exclusively presynaptic at the NMJ, synaptic activity modulates them, and, in turn, they regulate acetylcholine (ACh) release [23–26]. Thus, in this study, we localized SNAP-25 at the NMJ and investigated whether cPKC β I and/or nPKC ϵ regulate its phosphorylation. Because nerve and muscle cell activities act differently on these PKC isoforms through BDNF/TrkB signaling [23–26], we also tested the effect of nerve and muscle cell activities on SNAP-25 phosphorylation and the involvement of BDNF/TrkB signaling. The main result shows that nPKC ϵ promotes SNAP-25

phosphorylation on Ser-187 during synaptic activity, muscle contraction prevents it, and neither TrkB nor cPKC β I is involved during neuromuscular activity.

Material and Methods

Animals

Young adult Sprague-Dawley rats (30–40 days; Criffa, Barcelona, Spain; RRID:RGD_5508397) were cared for in accordance with the guidelines of the European Community Council Directive for the humane treatment of laboratory animals. All the procedures were approved by the Animal Experimentation Ethics Committee of the Universitat Rovira i Virgili.

Antibodies

Primary antibodies were purchased from Santa Cruz Biotechnology: polyclonal rabbit anti-PKC ϵ (Cat# sc-214 RRID:AB_2237729), rabbit anti-pPKC ϵ (Ser 729) (Cat# sc-12355 RRID: AB_654732), and monoclonal mouse anti-GAPDH (Cat# sc-32233 RRID: AB_627679); from Developmental Studies Hybridoma Bank: monoclonal mouse anti-Na⁺/K⁺-ATPase (Cat# a6F RRID: AB_528092); from ThermoFisher-Invitrogen: polyclonal rabbit anti-pSNAP-25 (Ser-187) (Cat# PA5-35406 RRID: AB_2552716); from CST: monoclonal rabbit anti-SNAP-25 (D9A12) (Cat# 5309 RRID: AB_10624866). The anti-PKC ϵ and anti-SNAP-25 antibodies recognized both phosphorylated and non-phosphorylated forms.

Immunohistochemistry was performed with antibodies widely used as markers of the NMJ, which were the monoclonal mouse anti-syntaxin (Cat# S0664 RRID: AB_477483) from Sigma and the monoclonal mouse anti-S-100 (Cat# AM10036FC-N RRID: AB_1622661) from Acris. Postsynaptic acetylcholine receptors (AChRs) were detected with α -bungarotoxin (α -BTX) conjugated to TRITC from Molecular Probes (Cat# T1175).

Secondary antibodies conjugated to HRP were donkey anti-rabbit from Jackson Immunoresearch Labs (Cat# 711-035-152 RRID: AB_10015282) and rabbit anti-mouse from Sigma (Cat# A9044 RRID: AB_258431) for Western blot. For immunohistochemistry, we used donkey anti-rabbit or anti-mouse conjugated to Alexa Fluor 488 and Alexa Fluor 647 from Molecular Probes (Cat# A21206 RRID: AB_141708; Cat# A21202 RRID: AB_141607; Cat# A-31573 RRID: AB_2536183; Cat# A-31571 RRID: AB_2536181).

We omitted primary antibodies in some immunohistochemical and Western blot procedures as negative controls. They never exhibited positive staining or HRP activity with the respective procedures. In double-staining protocols, the

omission of either one of the two primary antibodies abolished the corresponding staining without cross-reaction with the other primary antibody. Antibody specificity against PKC isoforms is shown in [24, 26]. The anti-SNAP-25 antibody was raised against the human peptide surrounding residues of Gln-116, which are not conserved in other SNAP family members (identity percentages in rat: SNAP-25 100%; SNAP-23 63%; SNAP-47 25%; SNAP-29 13%). SNAP-25 antibody showed the typical pattern of tissue expression previously known, different from SNAP-23 [27–29], making cross-reactivity less likely. On the other hand, phosphorylated SNAP-25 (pSNAP-25) at Ser-187, which is the phosphorylation site for PKC *in vitro* [9, 10], was detected by an antibody raised against the sequence (C)MEKADpSNKTRI, corresponding to the residues 182–192 of the protein. This sequence differs from SNAP-23 (identity percentages in rat: 73%); SNAP-47 (9%); and SNAP-29 (27%). Sequences were aligned using ClustalW (<http://www.ebi.ac.uk/clustalw>) [30]. Moreover, the phosphospecificity was proven by the absence of signal after incubation with the antigen phosphopeptide [31] and after treatment with lambda phosphatase (manufacturer's datasheet).

Reagents

PKC activation was induced by applying high calcium (Ca^{2+}) concentration (5 mM) or phorbol 12-myristate 13-acetate (PMA) (10 nM in muscle [3]; 100 nM in brain [32]) during 30 min. PKC inhibition was induced applying low Ca^{2+} concentration (0.25 mM) or specific translocation inhibitors. The role of calcium was further investigated with BAPTA-AM following the protocol by Losavio and Muchnik [33]: 3×10^{-7} mol BAPTA-AM/30 mg muscle in a Ca^{2+} -free buffer for 2 h. The specific cPKC β I inhibitor βIV_{5-3} peptide [34, 35] was kindly provided by Dr. Mochly-Rosen from Stanford University and the specific nPKC ϵ inhibitor ϵV_{1-2} peptide [36] from MERCK. The intracellular βIV_{5-3} peptide (CKLFIMN) and ϵV_{1-2} peptide (EAVSLKPT), both < 40 amino acids, were designed and their specificity tested by the Mochly-Rosen Lab [36, 37]. The application of these peptides did not affect similar isoforms. Thus, blocking cPKC β I did not affect cPKC β II [38] and neither blocking nPKC ϵ affected nPKC δ [36]. In addition, the classic calcium-dependent cPKCs are not inhibited with the peptide ϵV_{1-2} [39, 40]. Furthermore, there is evidence that shows that the effects found using the nPKC ϵ -specific translocation inhibitor peptide can be confirmed when nPKC ϵ knockout mice are used [41, 42]. Indeed, multiple sequence alignment reveals that βIV_{5-3} peptide shares 100% identity with cPKC β I (Uniprot ID: P68403-1) and 0% identity with nPKC ϵ (Uniprot ID: P09216). Additionally, ϵV_{1-2} peptide shares 0% identity with cPKC β I and 100% identity with nPKC ϵ . Moreover, we tested that at the NMJ, ϵV_{1-2} is able to significantly decrease nPKC ϵ

and phospho-nPKC ϵ in the membrane [26, 43] and that βIV_{5-3} decreases cPKC β I and phospho-cPKC β I [24, 43]. Also, ϵV_{1-2} and βIV_{5-3} affect in opposite way phosphorylation of Munc18-1 at the NMJ [43]. Dimethyl sulfoxide was used as vehicle. Once inside nerve terminals—the only NMJ component expressing cPKC β I and nPKC ϵ —these peptides disrupt the interaction between the receptor for activated C-kinase (RACK) and the respective isoform. Working concentrations were optimized to 10 μM for the βIV_{5-3} peptide [24] and 100 μM for the ϵV_{1-2} peptide [26]. The difference in concentration was due to βIV_{5-3} peptide being connected to a deliverer peptide to enhance cell penetration.

TrkB inhibition was performed using an anti-TrkB antibody (clone 47/TrkB) from BD Transduction Laboratories (Cat# 610101 RRID: AB_397507). This antibody has been functionally validated as a TrkB selective inhibitor, reducing BDNF effects without binding to TrkA, TrkC, or p75^{NTR} [44]. The working solution was 10 $\mu\text{g/ml}$. For exogenous BDNF incubations, we used h-BDNF (Alomone Labs; Cat# B-250) in a working solution of 10 mM.

Muscle contraction was blocked with μ -conotoxin GIIIB (μ -CgTx-GIIIB, Alomone Labs Ltd) for the presynaptic stimulation treatment. This peptide selectively inhibits sarcolemmal voltage-dependent sodium channels without altering ACh signaling [45]. It was supplied as lyophilized powder of > 99% purity and the working concentration was 1.5 μM [46].

Presynaptic Electrical Stimulation of Muscles

Diaphragm muscles were dissected conserving the phrenic nerve as previously described [23, 26]. From each animal, one hemidiaphragm underwent the experimental condition while the other was the control. Hemidiaphragms were in oxygenated (95/5% of O_2/CO_2) Ringer's solution (mM: NaCl 137, KCl 5, CaCl_2 2, MgSO_4 1, NaH_2PO_4 1, NaHCO_3 12, and glucose 12.1) at room temperature. Muscles were stimulated *ex vivo* through the phrenic nerve at 1 Hz, which allows the maintenance of different tonic functions without depleting synaptic vesicles, during 30 min unless otherwise noted, using the A-M Systems 2100 isolated pulse generator (A-M System). Visible contractions served to verify successful nerve dissection and stimulation. Three main experiments were performed to distinguish the effects of synaptic activity from those of muscle activity. To assess synaptic activity, we compared presynaptically stimulated muscles whose contraction was blocked by μ -CgTx-GIIIB with non-stimulated muscles also incubated with μ -CgTx-GIIIB to control for nonspecific effects of the blocker. To assess the effect of muscle contraction per se, we compared stimulated/contracting muscles with stimulated/non-contracting muscles. To assess the complete effect of synaptic activity with the resulting muscle contraction, we compared stimulated/contracting muscles

with non-stimulated muscles, without exposure to μ -CgTx-GIIIB (for further information, see [24]).

Western Blot

Western blot was performed as described in [43]. In brief, diaphragm muscle, brain regions, and spinal cord were quickly removed and transferred to ice-cold dissection Ringer. After treatment, muscles were homogenized in ice-cold lysis buffer—the membrane/cytosol fractioning required detergent-free buffer—with an overhead stirrer (VWR International) and protein lysates were collected and centrifuged. Glyceraldehyde-3-phosphate dehydrogenase (GAPDH) and Na^+/K^+ -ATPase immunoreactivity were used to determine the purity of the membrane/cytosol fractionation.

Protein concentration was determined using the DC protein assay (Bio-Rad) and, then, samples of 30 μg were separated by SDS-polyacrylamide electrophoresis and electrotransferred to PVDF membranes (HybondTM-P; Amersham, GE Healthcare). Membranes were blocked and incubated with a primary antibody overnight at 4 °C and the corresponding secondary antibody for 1 h.

Blots were visualized with the ChemiDoc XRS+ Imaging System (Bio-Rad) and the ECL kit from Amersham Life Science. Sample loading and antibodies were optimized to guarantee the linear range during the first minute of exposure. The densitometry of the bands was obtained with the MetaMorph Microscopy Automation and Image Analysis Software. The integrated optical density of the bands was normalized in relation to (1) background values and (2) total protein staining (Sypro Ruby, Bio-Rad). The relative variations between the experimental and control samples were calculated from the same image. Data are mean values \pm SEM. Graphic artwork was created with Excel. Statistical significance of the differences between groups was evaluated under the Wilcoxon test or the Student *t* test and the normality of the distributions was evaluated with the Kolmogorov-Smirnov test. The criterion for statistical significance was $p < 0.05$ versus the control.

Immunohistochemistry and Confocal Microscopy

Whole muscles were processed by immunohistochemistry to detect and localize SNAP-25 at the NMJ. Diaphragm and *levator auris longus* (LAL) muscles from young adult rats were fixed with 4% paraformaldehyde for 30 min. After fixation, the muscles were rinsed with phosphate buffer saline (PBS) and incubated in 0.1 M glycine in PBS. The muscles were permeabilized with 0.5% Triton X-100 in PBS, and non-specific binding was blocked with 4% bovine serum albumin. Then, they were incubated overnight at 4 °C in mixtures of primary antibodies. Finally, the muscles were incubated for 4 h at room temperature in a mixture of appropriate secondary

antibodies and α -BTX. At least three muscles were used for the negative controls as described previously [23]. Localization of SNAP-25 at the NMJ was observed with a laser scanning confocal microscope (Nikon TE2000-E). We took special consideration to avoid channel contamination. In experiments involving negative controls, the photomultiplier tube gains and black levels were identical to those used for a labeled preparation made in parallel with the control preparations. At least 6 muscles and 25 endplates per muscle were studied.

Results

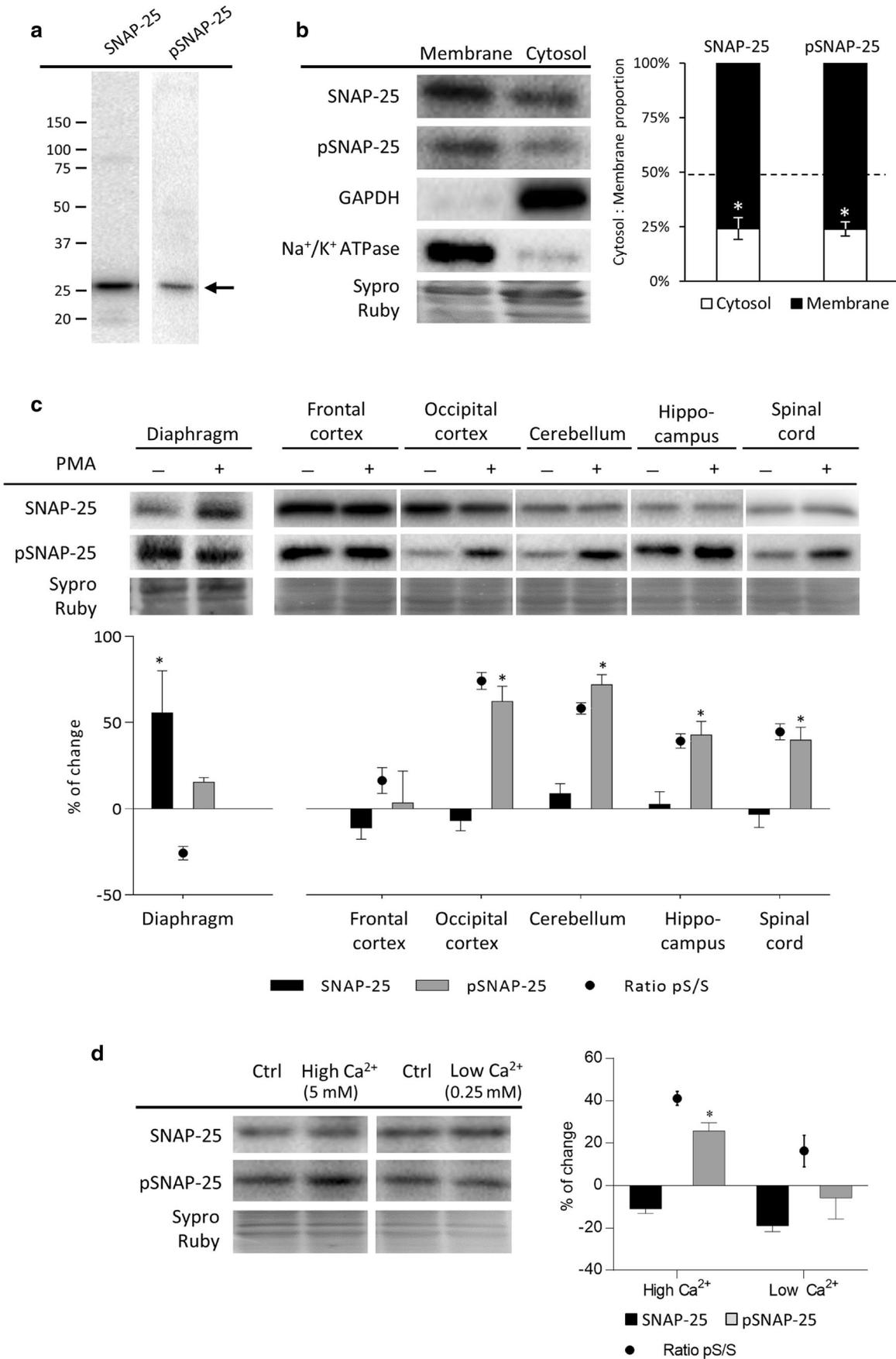
SNAP-25 and pSNAP-25 in the Adult Skeletal Muscle

SNAP-25 and pSNAP-25 presence was determined in the diaphragm, brain regions, and spinal cord by Western blot. In all tissues, these antibodies only recognized the corresponding protein, labeling a 28-kDa band for both, which corresponded to the manufacturers' predicted molecular weight (Fig. 1a). The Western blot experiments revealed smaller amounts of SNAP-25 and pSNAP-25 in the diaphragm muscle compared to the central nervous tissues.

Figure 1b shows that both SNAP-25 and pSNAP-25 are predominant in the membrane but are also present in the cytosol. The cytosolic marker GAPDH was confined in the cytosol fraction and only slightly detectable in the membrane fraction whereas the membrane protein Na^+/K^+ -ATPase was predominant in the membrane fraction and only slightly detectable in the cytosol fraction, confirming the successful protein extraction.

Because Ser-187 phosphorylation of SNAP-25 occurs in response to PKC stimulus *in vitro* [9, 16, 47], we investigated whether this activation also occurs in isolated muscles. Figure 1c shows that SNAP-25 increased ($72.55\% \pm 7.55$; $p < 0.05$) after the treatment with the PKC pan-activator PMA (10 nM, 30 min) while it did not affect the phosphorylation in the diaphragm, thus decreasing the ratio pSNAP-25/SNAP-25 ($-33.18\% \pm 5.56$, $p < 0.05$). This was in contrast to the effect that PMA had in the CNS regions we studied—

Fig. 1 SNAP-25 and pSNAP-25 characterization in the adult skeletal muscle and central nervous system. **a** Western blot bands from diaphragm showing the specificity of the antibodies SNAP-25 and pSNAP-25 (Ser-187). **b** Western blot bands and quantification of membrane and cytosol distribution of SNAP-25 and pSNAP-25. Both are mainly located in the membrane. GAPDH is exclusive of the cytosol and Na^+/K^+ -ATPase, of the membrane. **c** Western blot bands and quantification of SNAP-25 and pSNAP-25 after PMA treatment in diaphragm, brain, and spinal cord. **d** Western blot bands and quantification of SNAP-25 and pSNAP-25 after different calcium concentrations. High Ca^{2+} concentration increases SNAP-25 phosphorylation ratio levels while low Ca^{2+} does not affect it. Data are mean percentage \pm SEM, * $p < 0.05$ ($n = 5$)



except the frontal cortex—and in neuron and chromaffin cell cultures [9, 21]. Figure 1c shows that PMA increases pSNAP-25 levels in occipital cortex, cerebellum, hippocampus, and spinal cord—which are the regions with lower basal pSNAP-25 levels—without affecting SNAP-25 levels.

Intracellular Ca^{2+} , which triggers exocytosis, has also been shown to induce the phosphorylation of SNAP-25 on Ser-187 in chromaffin cells [9, 14, 21]. In order to verify whether Ca^{2+} also promotes this phosphorylation at the NMJ, we treated muscles with high (5 mM) or low (0.25 mM) Ca^{2+} for 30 min. Figure 1d shows that high Ca^{2+} enhanced pSNAP-25 ($25.65\% \pm 3.88$; $p < 0.05$), without changing the protein levels. Accordingly, the ratio pSNAP-25/SNAP-25 increased ($41.08\% \pm 3.24$, $p < 0.05$). On the contrary, incubation in low Ca^{2+} did not modify SNAP-25 or pSNAP-25. Furthermore, Ca^{2+} chelation with BAPTA-AM reduced both SNAP-25 ($-40.88\% \pm 8.26$, $p < 0.05$) and pSNAP-25 ($-31.35\% \pm 7.92$, $p < 0.05$) without affecting the ratio pSNAP-25/SNAP-25 ($16.11\% \pm 5.24$, $p > 0.05$).

SNAP-25 Is Located in the Nerve Terminal at the Neuromuscular Junction

We used immunofluorescence staining coupled with confocal microscopy analysis to determine the location of SNAP-25 at the adult NMJ. Experiments were performed in the diaphragm and LAL muscles, being SNAP-25 immunoreactivity identical in both. All pictures in Fig. 2a show intense immunoreactivity for SNAP-25 in the synaptic area, identified with AChR labeling. Figure 2a (a, b) shows a NMJ with double labeling: AChRs in red and SNAP-25 in green. It can also be observed that SNAP-25 labeling is strongly concentrated over the AChR areas. Figure 2a (c–f) shows NMJs with triple labeling: SNAP-25 in green, AChRs in red, and nerve terminals (syntaxin; Fig. 2a (c, d) or Schwann cells (S-100; Fig. 2a (e, f) in blue. Images in (b), (d), and (f) are confocal optical sections of the images (a), (c), and (e) respectively. The *en side* image in Fig. 2a (d) shows detailed SNAP-25 green immunolabeling at the presynaptic position concentrated over the red postsynaptic gutters and colocalized with syntaxin. Figure 2a (e, f) shows that there is no colocalization between SNAP-25 and S-100 from the Schwann cell. The muscle cell has not been labeled. Thus, SNAP-25 is located in the nerve terminal at the neuromuscular junction.

Images in Fig. 2b allow to appreciate subcellular protein distribution at the NMJ. Images show NMJs with triple labeling: SNAP-25 in green, AChRs in red, and nerve terminals (syntaxin) in blue. Higher magnification images (d, e, and f) are confocal optical sections of the images (a), (b), and (c) respectively. It is observed that SNAP-25 is concentrated at the nerve terminals with higher immunosignal in specific areas (arrows), which may correspond to places close to the active zones.

Fig. 2 SNAP-25 is exclusively located in the presynaptic component of the NMJ. **a** Multiple immunofluorescence-stained LAL muscles visualized at the confocal microscope. (a, b) NMJ with double labeling: AChRs in red and SNAP-25 in green. SNAP-25 labeling is strongly concentrated over the AChR areas ((b) is a confocal optical section of (a)). (c–f) show NMJs with triple labeling: AChRs in red, nerve terminals (syntaxin; (c, d)) or Schwann cells (S-100; (e, f) in blue and SNAP-25 in green. Images in (b), (d), and (f) are confocal optical sections of the images (a), (c), and (e) respectively. The *en side* image in (d) shows detailed SNAP-25 green immunolabeling at the presynaptic position concentrated over the red postsynaptic gutters and colocalized with syntaxin. (e, f) show that there is no colocalization between SNAP-25 and S-100 from the Schwann cell. Scale bars = 10 μm . **b** NMJs with triple labeling: SNAP-25 in green, AChRs in red, and nerve terminals (syntaxin) in blue. Higher magnification images (d, d', e, e', and f, f') are confocal optical sections of the images (a), (b), and (c) respectively. SNAP-25 is concentrated at the nerve terminals with higher immunosignal in concrete areas (arrows), which may correspond to places close to the active zones. Scale bars (a, b, and c) = 10 μm ; scale bars (d, d', e, e', and f, f') = 2.5 μm

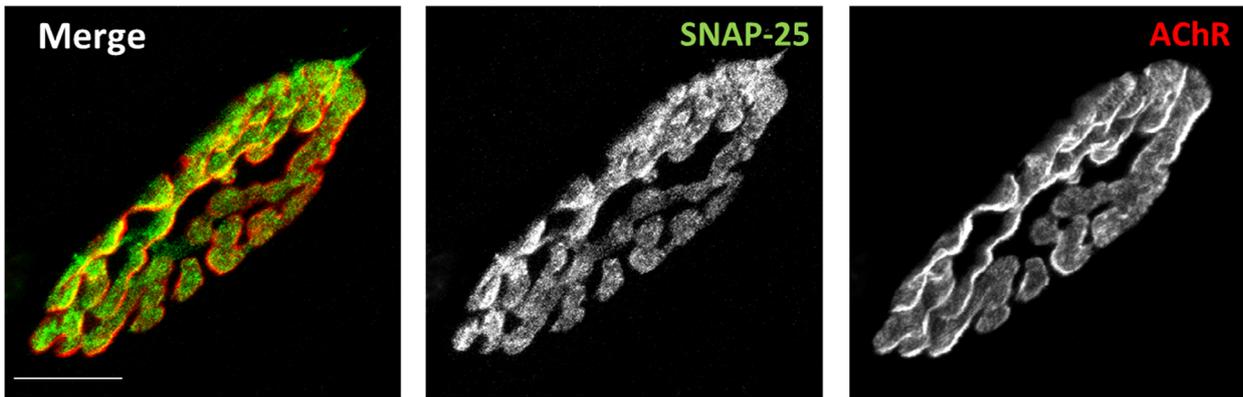
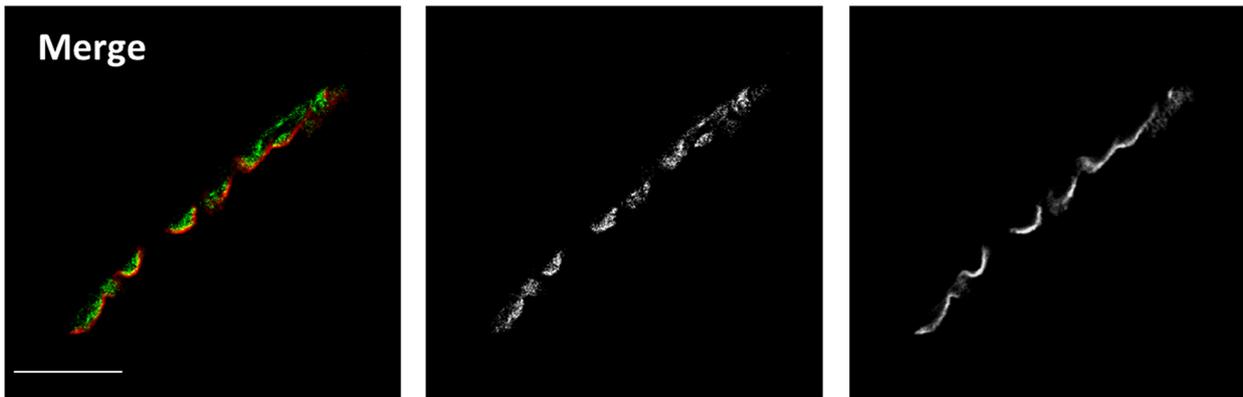
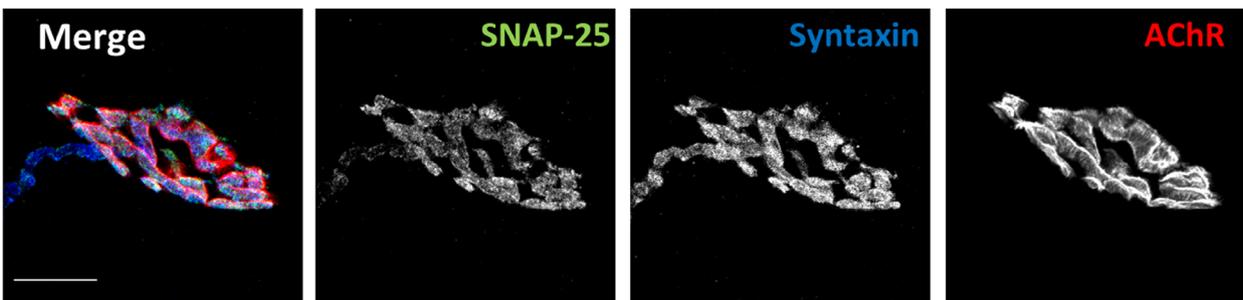
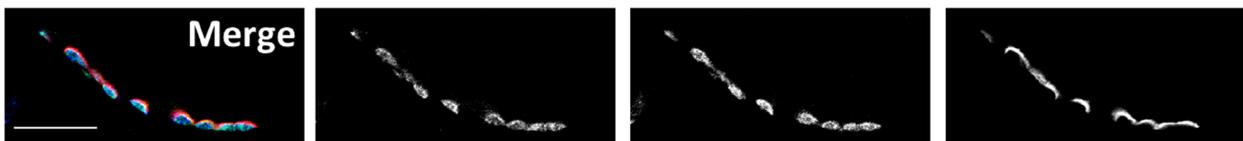
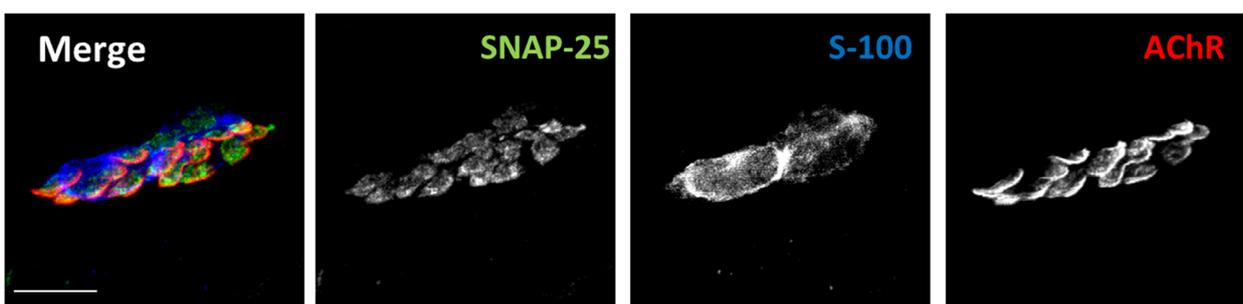
Synaptic Activity Increases SNAP-25 Phosphorylation at the NMJ

Next, we analyzed whether synaptic activity regulates SNAP-25 protein levels. We separated the effect of the presynaptic stimulation (and synaptic transmission) from the effect of the muscle cell contraction, by performing experiments in which contraction was inhibited [24]. As previously described, muscle contraction was inhibited using $\mu\text{-CgTx-GIIIB}$ [45], which preserves neurotransmission. Figure 3a shows that nerve stimulation (1 Hz for 30 min) increased pSNAP-25 levels ($46.12\% \pm 6.31$; $p < 0.05$), without changing SNAP-25 (Fig. 3a). In concordance, the ratio pSNAP-25/SNAP-25 increased ($51.99\% \pm 9.91$; $p < 0.05$). Moreover, Fig. 3b shows that under electrical stimulation through the nerve, pSNAP-25 increased in the membrane fraction ($20.92\% \pm 4.32$, $p < 0.05$), indicating that the increased pSNAP-25 after stimulation is associated with the membrane.

We analyzed pSNAP-25 and SNAP-25 along the time of stimulation (1, 10, and 30 min, 1 Hz) (Fig. 3c). Stimulation for 1 and 10 min did not modify SNAP-25 or pSNAP-25 levels and only longer stimulations (30 min) enhanced pSNAP-25 levels.

nPKC ϵ Regulates Synaptic-Induced SNAP-25 Phosphorylation at the NMJ

Next, we tested which PKC isoforms are involved in SNAP-25 phosphorylation during basal conditions and after presynaptic stimulation. cPKC βI and nPKC ϵ isoforms were chosen due to their exclusive presynaptic location at the NMJ [23] and their ability to regulate ACh release [24, 25]. Their activity was blocked with the specific translocation inhibitor peptides beta1 V_{5-3} (βIV_{5-3}) or epsilon V_{1-2} (ϵV_{1-2}), respectively [34, 36, 48]. Specificity of the inhibitor peptides has been previously tested [24, 26, 36, 38–43] and it is described in the “Material and Methods” section.

A**a****b****c****d****e****f**

B

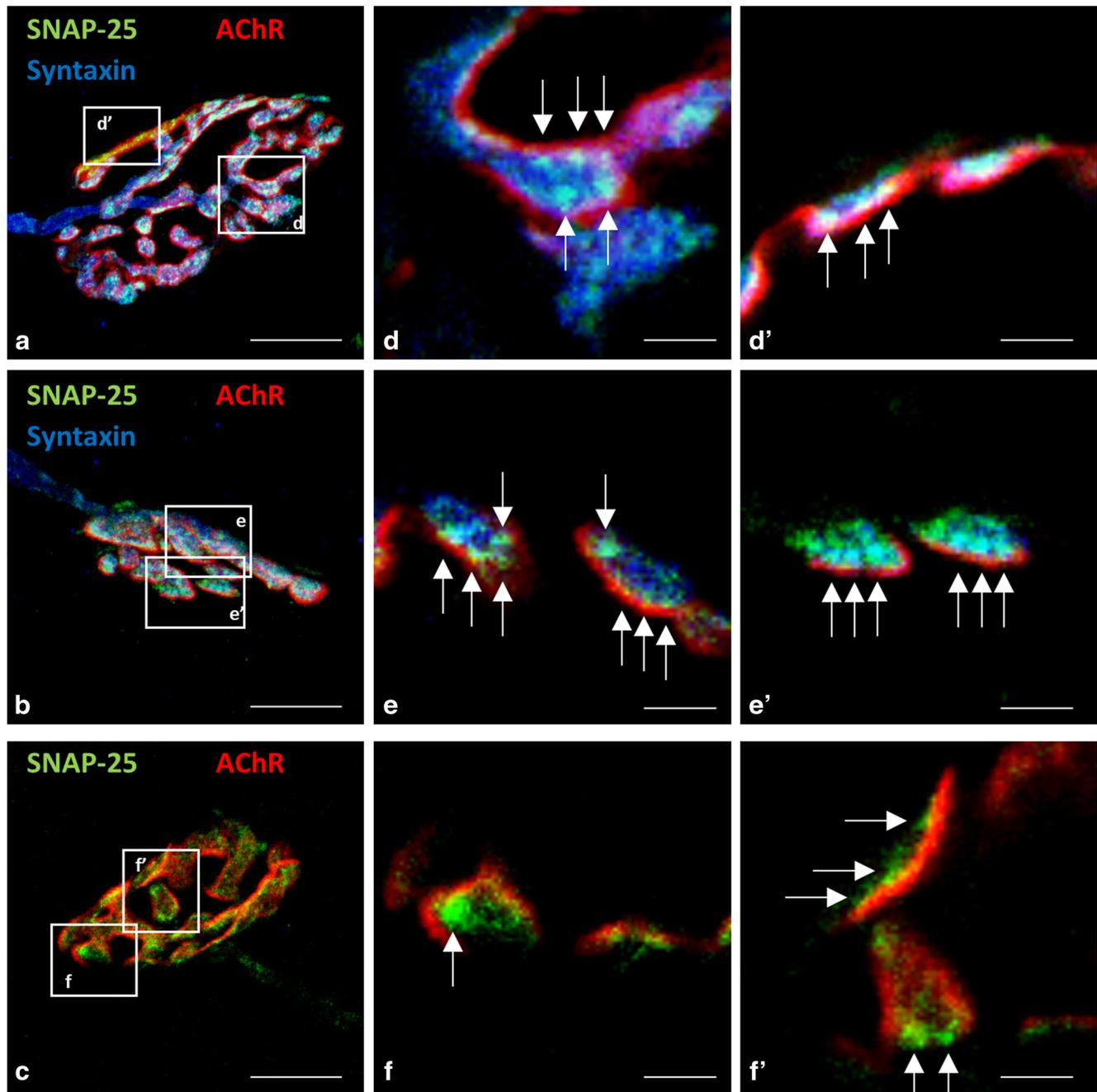


Fig. 2 (continued)

nPKC ϵ

Figure 4a shows that the peptide ϵV_{1-2} incubated during 30 min in basal conditions decreases SNAP-25 and pSNAP-25. To link the effects of synaptic activity with nPKC ϵ , we stimulated muscles (1 Hz, 30 min) after a previous incubation with ϵV_{1-2} (100 μ M, 30 min). We found a significant decrease in pSNAP-25 level ($-27.53\% \pm 7.23$; $p < 0.05$) without changes in SNAP-25 ($-8.37\% \pm 5.22$; $p > 0.05$) (Fig. 4a). In

concordance, the ratio pSNAP-25/SNAP-25 significantly decreased ($-20.91\% \pm 4.96$; $p < 0.05$), indicating that nPKC ϵ enhances phosphorylation of SNAP-25 in synaptic activity.

Furthermore, to know whether nPKC ϵ is responsible of the increase of pSNAP-25 induced by the nerve stimulation, we studied the effect of synaptic activity after ϵV_{1-2} inhibition (Fig. 4a). We found no change on SNAP-25 ($6.4\% \pm 3.11$; $p > 0.05$) nor pSNAP-25 levels ($2.98\% \pm 1.81$; $p > 0.05$) in comparison with non-stimulated, ϵV_{1-2}

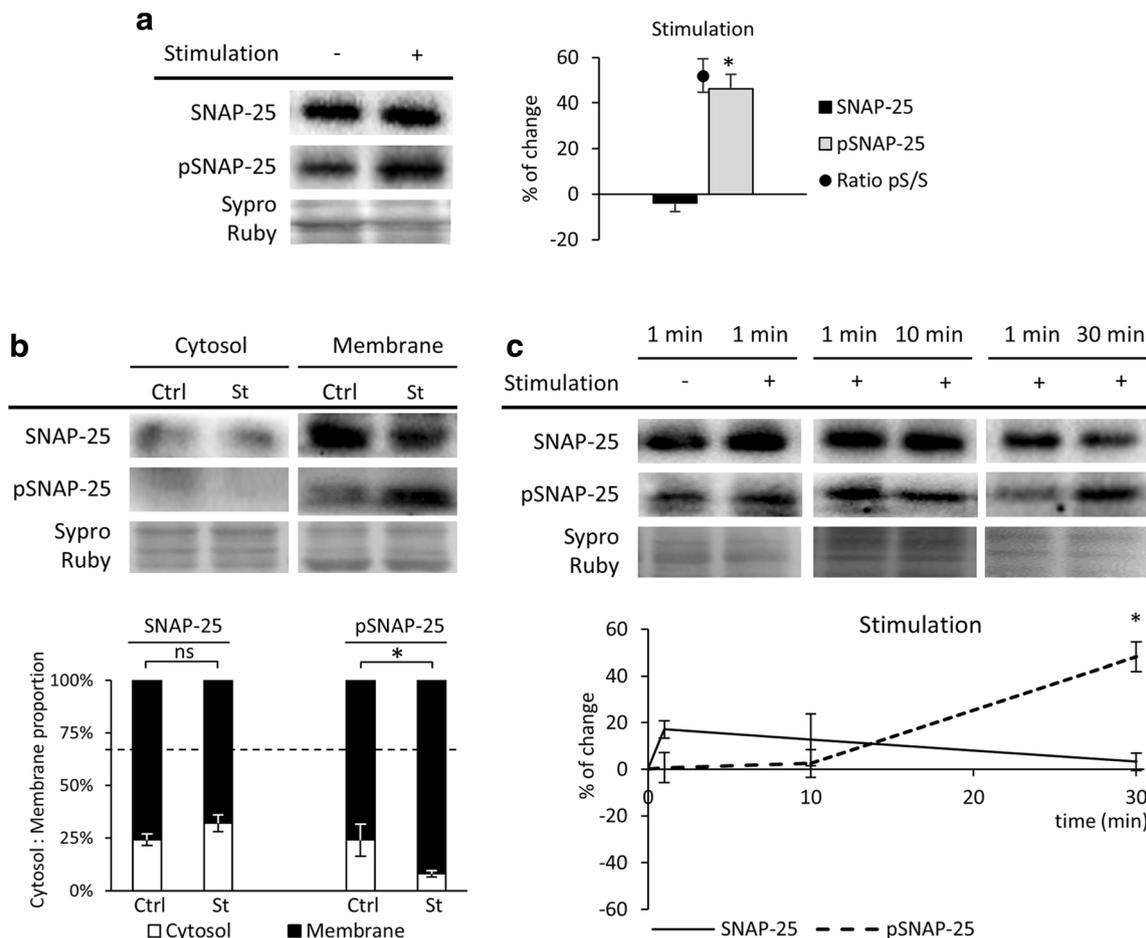


Fig. 3 Synaptic activity increases SNAP-25 phosphorylation at the NMJ. **a** Western blot bands and quantification of diaphragm muscles show that pSNAP-25 increases after stimulation without contraction. **b** Western blot bands and quantification show that pSNAP-25 increases in the membrane fraction while SNAP-25 does not change. **c** Western blot bands and their

representation show SNAP-25 and pSNAP-25 modulation through different stimulation times without contraction. While pSNAP-25 progressively increases from 10 to 30 min, SNAP-25 is sustained until 30 min. Data are mean percentage \pm SEM, $*p < 0.05$ ($n = 5$)

inhibited muscles. Therefore, nPKC ϵ is completely responsible of the SNAP-25 phosphorylation induced by synaptic activity as ϵV_{1-2} prevents it.

Figure 4b shows that, in basal conditions, nPKC ϵ is present mainly in the membrane and pnPKC ϵ is almost equally distributed. It was previously known that electrical stimulation significantly decreases nPKC ϵ and pnPKC ϵ levels [26], and now we show that this decrease occurs mainly in the membrane. This could be explained by membrane pnPKC ϵ being degraded after its activity under stimulation [49–53], further relating its action on SNAP-25.

cPKC β I

We also analyzed the effect of blocking cPKC β I function on SNAP-25 phosphorylation in the skeletal muscle. Figure 5 shows that the peptide β IV $_{5-3}$ did not change SNAP-25 or pSNAP-25 neither in basal conditions (ratio pSNAP-25/SNAP-25: $-13.82\% \pm 5.31$; $p > 0.05$) nor synaptic activity

(ratio pSNAP-25/SNAP-25: $-11.19\% \pm 6.1$; $p > 0.05$). This indicates that, among the two PKC isoforms studied, cPKC β I does not contribute to SNAP-25 phosphorylation and only nPKC ϵ regulates the phosphorylation of SNAP-25 during synaptic activity at the NMJ.

BDNF/TrkB Pathway Does Not Regulate pSNAP-25 Under Stimulation at the NMJ

Presynaptic activity enhances BDNF/TrkB signaling pathway to regulate cPKC β I and nPKC ϵ levels [24, 26, 43]. To study whether the activation of TrkB affects pSNAP-25 levels, we selectively suppressed TrkB activity in basal conditions and in nerve-stimulated diaphragm muscles. We used an anti-TrkB antibody (47/TrkB) which effectively inhibits BDNF binding to TrkB receptor [54]. Figure 6a shows that exogenous BDNF in basal conditions reduces SNAP-25 ($-27.86\% \pm 4.66$; $p < 0.05$) and pSNAP-25 ($-32.91\% \pm 9.77$; $p < 0.05$) without affecting the ratio ($-7.00\% \pm 4.40$; $p > 0.05$). Accordingly, the inhibitor

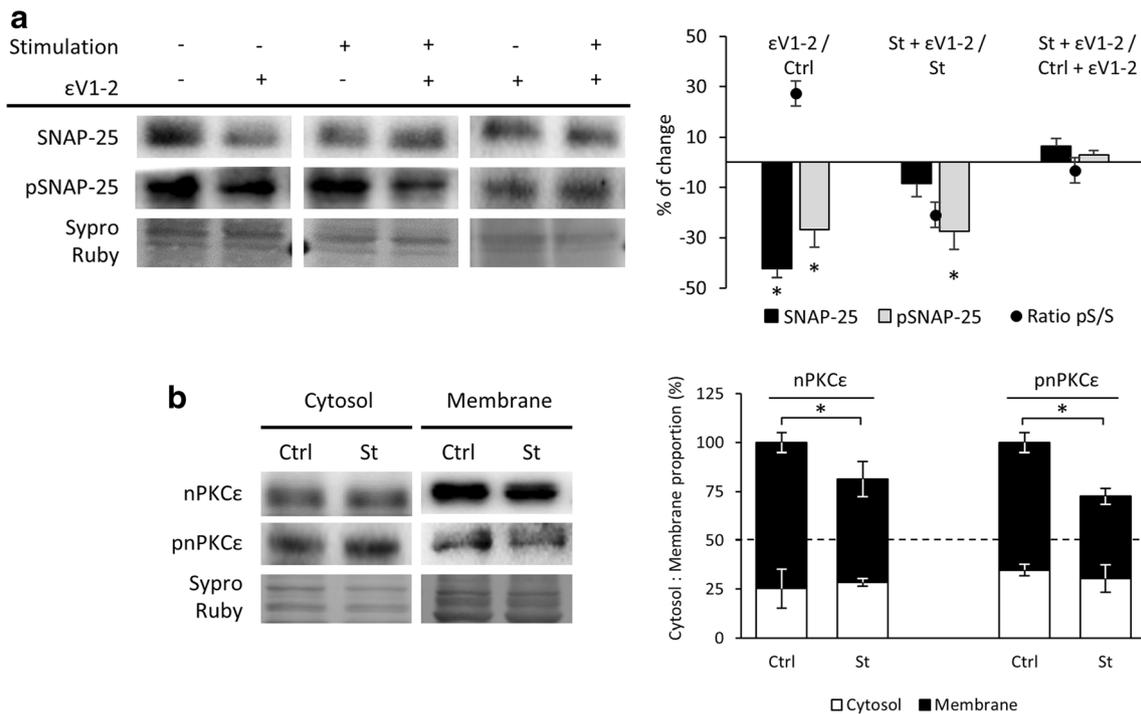


Fig. 4 nPKCε regulates synaptic activity-induced SNAP-25 phosphorylation. **a** Western blot bands and quantification of diaphragm muscles show that the inhibitor εV₁₋₂ peptide avoids the phosphorylation induced by the synaptic activity and emphasizes the role of nPKCε. **b** Western blot

47/TrkB in basal conditions increases SNAP-25 (40.00% ± 8.49; *p* < 0.05) and pSNAP-25 (30.41% ± 7.32; *p* < 0.05) without affecting the ratio (-6.86% ± 3.23; *p* > 0.05). Figure 6b shows that under electrical stimulation, neither 47/TrkB nor BDNF affected SNAP-25, pSNAP-25, or the ratio pSNAP-25/SNAP-25. This result suggests that TrkB does not modulate SNAP-25 phosphorylation under synaptic activity.

Muscle Contraction Prevents Synaptic Activity-Induced SNAP-25 Phosphorylation at the NMJ

Muscle activity enhances the presynaptic nPKCε and cPKCβ1 levels through BDNF/TrkB pathway [23, 24, 26]. Because of

bands and quantification show that electrical stimulation significantly decreases nPKCε and pnPKCε, especially from the membrane. Data are mean percentage ± SEM, **p* < 0.05 (*n* = 5)

that, we investigated the role of muscle contraction on SNAP-25 and pSNAP-25 and their relation to nPKCε, cPKCβ1, and the BDNF/TrkB signaling.

Figure 7a shows that electrical stimulation with muscle contraction did not change SNAP-25 (1.92% ± 6.9; *p* > 0.05) or pSNAP-25 levels (-11.28% ± 3.69; *p* > 0.05) when compared to basal conditions. Interestingly, when muscle contraction was compared to stimulated muscles without contraction, we found that muscle contraction significantly decreased pSNAP-25. In accordance, the pSNAP-25/SNAP-25 ratio also decreased (-17.92% ± 7.28; *p* < 0.05).

We next asked how this condition works at shorter times (Fig. 7b). Results show that after 10 min, SNAP-25 decreased (-24.36% ± 2.51; *p* < 0.05) and it recovered after 30 min

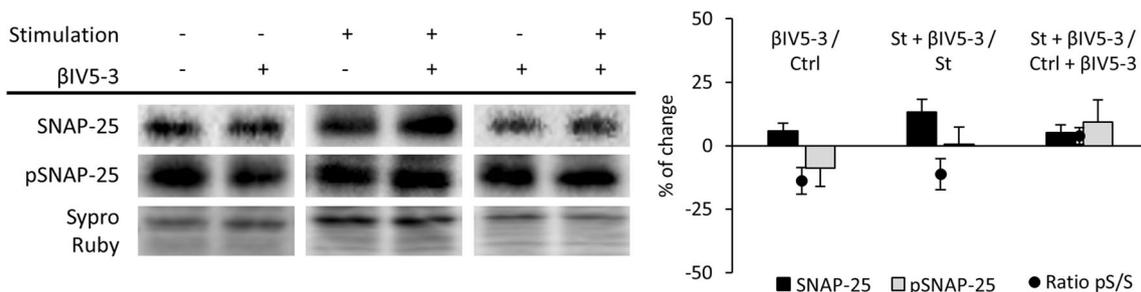


Fig. 5 cPKCβ1 does not regulate SNAP-25 phosphorylation. Western blot bands and quantification of diaphragm muscles show that the inhibitor βIV₅₋₃ peptide does not affect SNAP-25 or pSNAP-25 under any condition. Data are mean percentage ± SEM, **p* < 0.05 (*n* = 5)

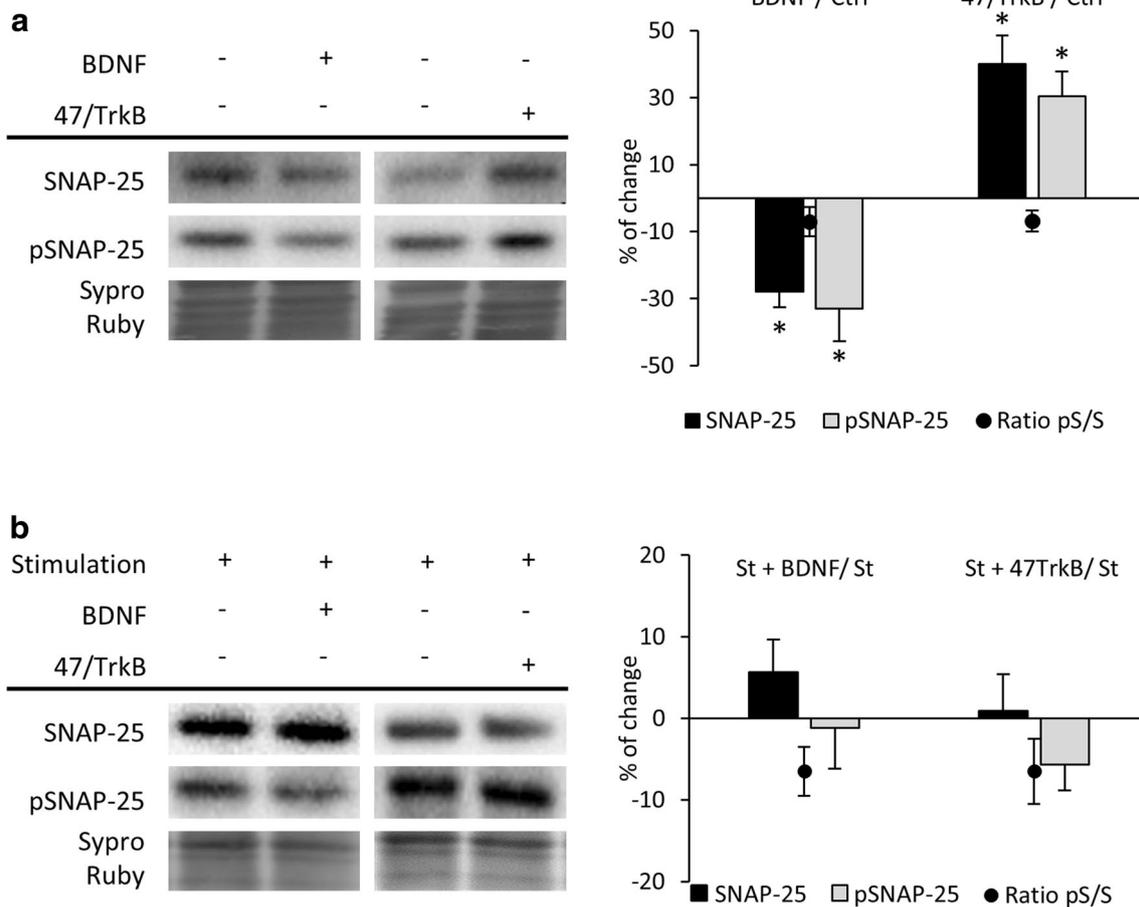


Fig. 6 *BDNF/TrkB* signaling only modulates SNAP-25 and pSNAP-25 levels under basal conditions. **a** Western blot bands and quantification of diaphragm muscles show that the inhibitor 47/TrkB increases the levels of SNAP-25 and pSNAP-25 while BDNF reduces them in basal conditions.

while pSNAP-25 did not change in time. Altogether, neuromuscular activity does not change pSNAP-25 because muscle contraction may revert the synaptic activity-induced SNAP-25 phosphorylation.

We also analyzed whether nPKC ϵ is also related to SNAP-25 phosphorylation when nerve stimulation results in muscle contraction by studying the effect of ϵV_{1-2} . We found a significant decrease in pSNAP-25 levels ($-26.55\% \pm 3.17$; $p < 0.05$) and unchanged SNAP-25 ($9.07\% \pm 3.40$; $p > 0.05$) (Fig. 7c). In accordance, the ratio of pSNAP-25/SNAP-25 significantly decreased ($-32.65\% \pm 4.97$; $p < 0.05$). This result indicates that nPKC ϵ positively regulates SNAP-25 phosphorylation also in contracting muscles. When contracting muscles were treated with βIV_{5-3} , SNAP-25 and pSNAP-25 did not change (Fig. 7c). This result confirms that cPKC βI does not regulate SNAP-25 synthesis or phosphorylation under any condition.

Finally, we analyzed the possible regulation of the BDNF/TrkB signaling pathway. Blocking TrkB with 47/TrkB in contraction did not change SNAP-25 ($10.54\% \pm 5.38$; $p > 0.05$) or

The ratio of pSNAP-25/SNAP-25 does not change. **b** Western blot bands and quantification show that under electrical stimulation, neither 47/TrkB nor BDNF affect SNAP-25 or pSNAP-25. Data are mean percentage \pm SEM, $*p < 0.05$ ($n = 3$ in **a**, $n = 5$ in **b**)

pSNAP-25 ($-11.31\% \pm 4.07$; $p > 0.05$) (Fig. 7d). In concordance, exogenous BDNF neither changed SNAP-25 ($5.36\% \pm 2.2$; $p > 0.05$) nor pSNAP-25 ($-14.53\% \pm 5.25$; $p > 0.05$) (Fig. 7e). Therefore, the BDNF/TrkB signaling does not regulate SNAP-25 nor pSNAP-25 in contracting conditions.

In summary, the phosphorylation of SNAP-25 at the NMJ is increased in response to a signaling mechanism initiated with synaptic activity and directly mediated by nPKC ϵ without the action of cPKC βI and TrkB. Moreover, muscle contraction returns SNAP-25 phosphorylation to the basal situation.

Discussion

SNAP-25 is a component of the SNARE complex involved with synaptic activity-dependent exocytosis. Its absence completely blocks synaptic transmission due to the emptying of the primed vesicle pools [18]. After the ready releasable pools have been emptied, the PKC phosphorylation on SNAP-

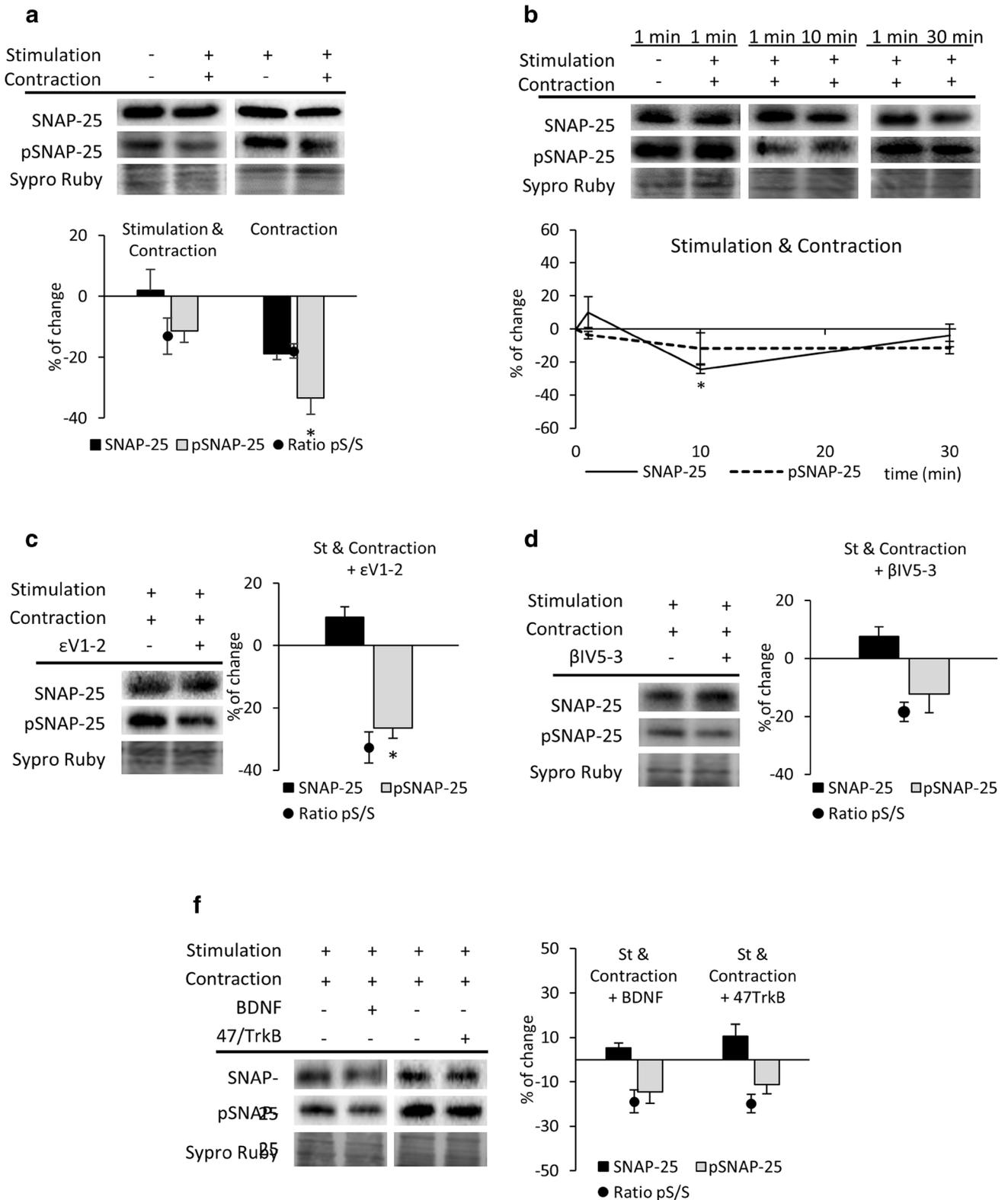


Fig. 7 nPKC ϵ modulates SNAP-25 phosphorylation under muscle contraction independently from the BDNF/TrkB signaling pathway. **a** Western blot bands and quantification of diaphragm muscles show that electrical stimulation (1 Hz, 30 min) resulting in contraction decreases SNAP-25 phosphorylation when compared to stimulation without contraction. **b** Western blot bands and the time course representation show that muscle contraction

decreases SNAP-25 at 10 min and recovers it at 30 min. **c** The ϵ V₁₋₂ peptide decreases SNAP-25 phosphorylation and the pSNAP-25/SNAP-25 ratio under stimulation resulting in contraction. **d** The β IV_{5,3} peptide does not affect pSNAP-25 nor SNAP-25 under stimulation resulting in contraction. **e** Neither exogenous BDNF nor 47/TrkB affect pSNAP-25 levels. Data are mean percentage \pm SEM, * $p < 0.05$ ($n = 5$)

25 (Ser-187) regulates the refilling of the synaptic vesicles [15–17]. However, although the PKC action on SNAP-25 has been well characterized, its synaptic location and regulation by PKC isoforms in the NMJ have never been determined. Our results support that the novel PKC ϵ isoform is essential to positively regulate the phosphorylation of SNAP-25 on Ser-187 during synaptic activity and that muscle contraction prevents it. Furthermore, TrkB and cPKC β I activities do not regulate SNAP-25 in activity conditions.

In this study, we report that SNAP-25 expression and phosphorylation at Ser-187 behave differently in the adult rat diaphragm and several brain regions. Previous studies also found that SNAP-25 immunoreactivity is high in the adult rat cortex while generally low or absent in regions with fewer axon terminals like the spinal cord [55–57] or the skeletal muscle [28]. This is because SNAP-25 is preferentially located in the presynaptic terminal, both in central [58–60] and peripheral synapses (present results, [61, 62]). Specifically, SNAP-25 has been found at the active zones of NMJ with dSTORM microscopy [63]. Our results are in accordance with this location. Indeed, evidence shows that SNAP-25 is located at very much lower levels in the postsynaptic terminal [64–68]. Thus, the absence we detect of SNAP-25 in the postsynaptic component of the NMJ is in line with its difficult detection in dendritic spines. Moreover, finding anti-SNAP-25 immunoreactivity predominant in the nervous tissue and exclusive of the presynaptic terminal further discards antibody cross-reactivity with SNAP-23, which is ubiquitously expressed [27, 28] and diffusely located in the cytosol of skeletal muscle cells by immunohistochemistry [29].

Synaptic Activity Increases pSNAP-25 Through nPKC ϵ

The induction of Ser-187 phosphorylation of SNAP-25 results in its translocation to the plasma membrane in PC12 cells [10]. Here, we show that nerve stimulation for 30 min also increases pSNAP-25 in the membrane fraction at the NMJ. This phosphorylation is likely a slow-adaptive mechanism to cope with long stimulation times, as we found that shorter stimulation times fail to induce it. This could indicate that the basal levels of pSNAP-25 in the membrane are enough for short stimulation times, but sustained activity requires further translocation to the plasma membrane. In concordance, trans-SNARE complexes containing SNAP-25 already exist in the membrane before Ca²⁺ triggering of neurotransmitter release [69]. Also, previous studies report that physiological stimuli induce SNAP-25 phosphorylation in PC12 cells, hippocampal organotypic cultures, and adrenal chromaffin cells [9, 10, 16, 70] to modulate neurotransmission and plasticity [15].

It is well-known that synaptic activity induces PKC action through the second messengers Ca²⁺ and DAG [39,

71–74], which have also been described to increase SNAP-25 phosphorylation in different cells [9, 15, 16]. Here, we report that, at the NMJ, high external calcium increases pSNAP-25 while the absence of calcium by BAPTA-AM reduces it. This is in accordance with previous research where calcium couples PKC isoforms to neurotransmission [3, 23]. Similarly, synaptic stimulation of nerve endings has been reported to induce intracellular calcium entry and SNAP-25 phosphorylation [75] as well as other proteins of the exocytotic machinery, e.g., Munc18-1 and synaptotagmin I [43, 76]. In turn, after nerve stimulation, PKC regulates the activity-dependent release at the NMJ [23–26, 46]. Possibly, this role is in part mediated by the phosphorylation on SNAP-25, which influences the release process by regulating the refilling of synaptic vesicles [15–17].

PKC activation by PMA increases the phosphorylation of SNAP-25 in PC12 cells as well as in hippocampal cultures [9, 21]. In line, we report that PMA induces SNAP-25 phosphorylation in various regions of the central nervous system (CNS), including the hippocampus. Interestingly, PMA was unable to increase pSNAP-25 in the diaphragm muscle. The high quantal release in the NMJ as compared with the small central synapses may explain such functional adaptation [77]. Diaphragm and CNS tissues could be different in PMA-sensitivity, PKC isoform expression and activity, or substrate preference in response to PMA. Also, SNAP-25 is a highly regulated SNARE protein known to be degraded after activity [68, 78]. PMA induces spontaneous release at the NMJ [79] possibly involving SNAP-25. Thus, degradation after activity could be masking the increase in phosphorylation. Alternatively, it could be related to the time course that PMA requires to induce SNAP-25 phosphorylation. On the other hand, PMA could induce SNAP-25 phosphorylation, but a subsequent decrease in the phosphorylation of SNAP-25 could be caused by a phosphatase activity as the action of several phosphatases regulate synaptic activity at the NMJ [24, 43].

Also, we found that PMA enhances SNAP-25 expression in the diaphragm muscle but not in the CNS. Taking into account the timing difference, previous research in a model of heterozygous deletion of SNAP-25 suggested the existence of an adaptive mechanism of SNAP-25 expression in phrenic nerve terminals but absent in the brain [80]. In our model, the potent PKC activator PMA could be affecting or potentiating that mechanism. PMA acts through many intracellular pathways [32, 81, 82], including the increase of protein expression or post-translational changes at a wide range of time (1–48 h) [81, 83–85]. Additionally, the fast nature of the SNAP-25 increase after PMA; it could be related to the existence of SNAP-25 mRNA at the NMJ [86], a functional adaptation to the higher demands of the NMJ due to the larger number of vesicles released per impulse when compared with

central synapses [77], and the essential role of SNAP-25 for neurotransmission.

The nPKC ϵ isoform could be the mediator of PMA effects on SNAP-25 levels. In line, we found that the inhibitor peptide ϵV_{1-2} , which disrupts the nPKC ϵ -RACK1 complex, reduces SNAP-25 levels at basal conditions. This is probably caused by a modulation of protein translation, because SNAP-25 (Fig. 2) and nPKC ϵ [26] are exclusive of the nerve terminal of the NMJ and, in our model, phrenic nerve terminals are separated from their soma. Other studies using PKC inhibitor peptides showed that nPKC ϵ -RACK1 stabilizes mRNA in the CNS [87, 88] and acts directly on the ribosome to induce protein translation [89]. Interestingly, we previously found that nPKC ϵ in basal conditions also enhances the expression of Munc18-1, another molecule related to synaptic release [43].

In addition, nPKC ϵ participates in SNAP-25 phosphorylation during synaptic activity indicating that nPKC ϵ is necessary for synaptic activity to induce SNAP-25 phosphorylation at the NMJ. The presynaptic novel nPKC ϵ and the conventional cPKC β I maintain and potentiate, respectively, the ACh release at the NMJ [24, 25] and, because of that, both could be candidates to phosphorylate SNAP-25. Here, we have determined that, among the two PKC isoforms studied, cPKC β I does not contribute to SNAP-25 phosphorylation and only nPKC ϵ regulates the phosphorylation of SNAP-25 during synaptic activity at the NMJ. This coincides with a reduction in nPKC ϵ and pnPKC ϵ probably due to consumption after its catalytic activity [26, 50, 53, 90, 91]. The turnover is also reflected in the decrease of nPKC ϵ and pnPKC ϵ in the membrane (Fig. 4b), where PKC is active, indicating the presence of a functional nPKC ϵ pool since the beginning of synaptic activity (and even in basal conditions). Blocking nPKC ϵ translocation to the membrane in electrophysiological experiments has revealed that this isoform controls ACh release at the NMJ [25] and enhances Munc18-1 phosphorylation [43]. Therefore, this PKC isoform has a key role in regulating the SNARE/SM complex and exocytosis during synaptic activity.

In comparison with prior studies, the PKC phosphorylation of SNAP-25 behaves similarly to that of Munc18-1 after high Ca^{2+} and nerve-induced stimulation at the NMJ [43]. This could be due to their shared activity in the SNARE/SM complex formation to guarantee an appropriate synaptic vesicle exocytosis [69]. However, SNAP-25 and Munc18-1 respond differently when PKC is modulated through the phorbol ester PMA. Here, we determined that PMA increases the total protein level of SNAP-25 but not its phosphorylation. Maybe, the phosphorylating effect by PMA is masked by an increased turnover and degradation of pSNAP-25, which is prominent in the membrane fraction at basal conditions. Interestingly, PMA increases both total and phosphorylated Munc18-1 [43]. This difference between Munc18-1 and SNAP-25 phosphorylation could be important for the regulation of the

synaptic vesicle exocytosis. Several mechanisms could explain this outcome. For instance, SNAP-25 and Munc18-1 are regulated by different PKC isoforms. In particular, Munc18-1 is modulated by both cPKC β I and nPKC ϵ [43] while SNAP-25 relies only on nPKC ϵ . In relation to cPKC β I, it does not contribute to SNAP-25 synthesis or phosphorylation during synaptic activity, contrary to the negative role that it has over Munc18-1 [43]. Also, it is known that phorbol esters affect neurotransmission directly through Munc13 [32, 82].

In summary, all these data indicate that pSNAP-25 levels are high enough in the membrane in basal conditions to allow its function during the initial period of activity. Moreover, PMA stimulation of PKC does not increase pSNAP-25, which suggests that there is enough amounts of it. Finally, continued electrical stimulation of the NMJ increases pSNAP-25 in the membrane after 30 min, probably through nPKC ϵ isoform but independently from cPKC β I.

Muscle Contraction Prevents SNAP-25 Phosphorylation Without BDNF/TrkB Signaling

The present work shows that muscle contraction per se executes a retrograde control over the presynaptic terminal to guarantee a sustained pool of pSNAP-25. This could modulate the action on pSNAP-25 induced by nerve stimulation and allow the appropriate refilling of the synaptic vesicle pools [15–17]. Additionally, pSNAP-25 reduction could also affect the negative activity of pSNAP-25 on the VGCC channels [21]. This feedback could be in relation to the extended control of the presynaptic activity as the negative action of the M_2 mAChR and A_1 adenosine receptor on transmitter release [92–94].

Skeletal muscle cells are metabolically active and communicate through active secretion of a wide variety of neurotrophic factors, cytokines, myokines, and other substances that exert auto-, para-, and endocrine effects in response to contraction. These factors not only regulate energy demand but also improve health and coordinate the control of motor neuron innervation and the neuromuscular junction formation and maintenance. Our previous results showed that increased BDNF by muscle contraction retrogradely enhances presynaptic nPKC ϵ and cPKC β I levels [23, 24, 26]. However, this neurotrophic factor does not regulate SNAP-25 phosphorylation suggesting that another signal derived from the muscle cell is involved. The bidirectional interaction between muscles and the nervous system is fundamental for their health and future studies on them could help to further identify the mechanism that induces the negative feedback of muscle activity not only on SNAP-25 phosphorylation but also in other presynaptic elements.

In this condition, where pSNAP-25 levels are closely controlled, nPKC ϵ keeps upregulating them. The fact that nPKC ϵ

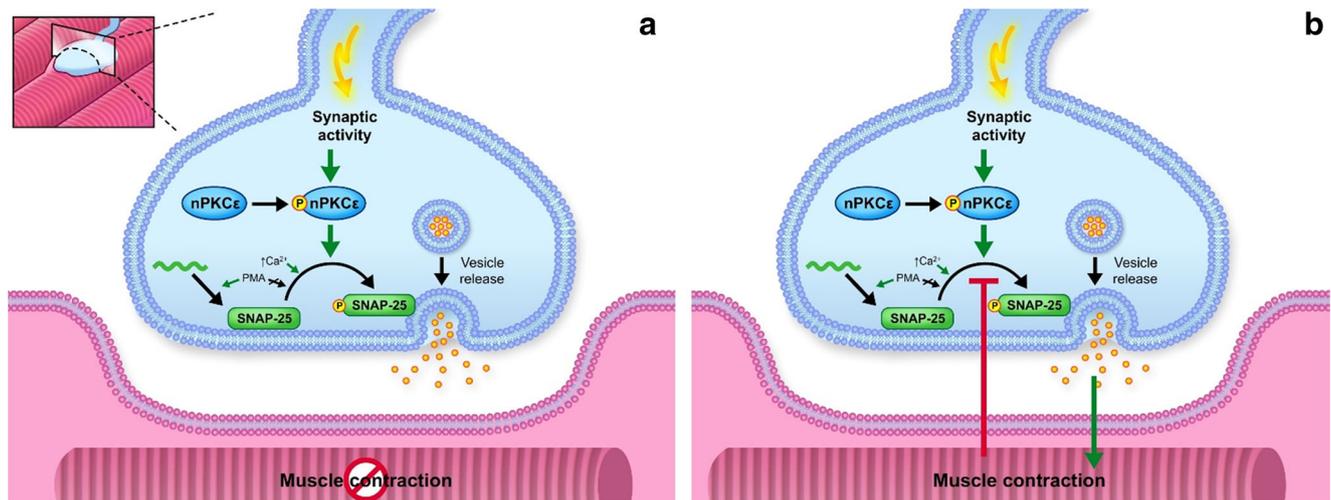


Fig. 8 Summary. **a** SNAP-25 is expressed and phosphorylated in basal conditions in the skeletal muscle. It is placed in the motor nerve terminals and absent in the Schwann cells and muscle cells. SNAP-25 phosphorylation at the residue Ser-187 occurs in response to PKC activation,

specifically nPKC ϵ , by high extracellular Ca²⁺ and electrical stimulation, but not by PMA. **b** Muscle contraction prevents the synaptic activity-induced SNAP-25 phosphorylation

has a consistent phosphorylating action in all studied conditions—contrary to cPKC β I—confirms the importance of the novel isoform in the regulation of SNAP-25. Interestingly, although muscular activity enhances the presynaptic nPKC ϵ through the BDNF/TrkB signaling [26, 43], this receptor does not affect SNAP-25. The fraction of increased nPKC ϵ might preferentially phosphorylate other substrates, such as pMARCKS, which increases during contraction through the TrkB signaling [26], because of the demands of muscle activity. The positive action of nPKC ϵ on SNAP-25 could be modulated by other metabotropic receptors present at the NMJ like the muscarinic and purinergic receptors. These are coupled to the PLC beta isoform [95–97], which is different from the PLC gamma isoform coupled to TrkB [98]. On the other hand, it has been shown that neurotrophin-4/5 (NT-4/5) acts differently from BDNF, maintaining a longer sustained downstream signaling activation of TrkB [99]. This could be in line with the slow-adaptative of SNAP-25 phosphorylation that we observed. Therefore, studies on other neurotrophins and metabotropic pathways could help to further identify the activity-dependent action of nPKC ϵ on SNAP-25 and maybe also the mechanism that induces the negative feedback of postsynaptic activity on SNAP-25 phosphorylation induced by nPKC ϵ .

Regarding BDNF and TrkB, the decrease in SNAP-25 and pSNAP-25 induced by exogenous BDNF through TrkB in basal conditions suggests that this neurotrophin mimics the effect of muscle contraction to control SNAP-25 levels. This is in accordance with the fact that TrkB inhibition impairs the release in NMJ [100, 101]. It is interesting how the effect of both exogenous BDNF and 47/TrkB on SNAP-25 disappears when neuromuscular activity is present. The change between

basal and activity conditions could be important to control the amount of SNAP-25 at the nerve terminal. Moreover, endogenous BDNF could decrease SNAP-25 by stimulating proteases [78, 102] or by inhibiting the translation of SNAP-25 [86] to maintain the protein pool. This action would counterbalance the positive action of nPKC ϵ over SNAP-25 in basal conditions.

Moreover, muscle contraction decreases SNAP-25 at short time of stimulation. SNAP-25 decreases at 10 min maybe because of consume-dependent degradation as it is known that the stability of SNAP-25 at the presynaptic component is controlled by activity-induced ubiquitination and proteasome-dependent degradation [68, 78]. However, it is recovered at 30 min, when the retrograde effect of muscle contraction restores the protein local pool to maintain the protein levels and guarantee the release in the system in case of prolonged demand.

Concluding Remarks

The phosphorylation of SNAP-25 is essential for neurotransmitter secretion. Figure 8 summarizes the proposed mechanism that regulates SNAP-25 phosphorylation at the nerve terminals of the NMJ. In brief, pSNAP-25 is enhanced by synaptic activity and translocated to the membrane. This is mediated by nPKC ϵ in activity conditions without the participation of cPKC β I and BDNF/TrkB signaling. As a feedback, muscle contraction returns pSNAP-25 to the basal levels, indicating that nerve terminals need both pre- and postsynaptic activities to modulate SNAP-25 phosphorylation and ensure an accurate neurotransmission process.

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Authors' Contributions A.S.: data collection, quantitative analysis, literature search, data interpretation, statistics; V.C., L.J.: data collection, quantitative analyses, literature search, data interpretation, design graphic abstract; E.H., L.N., and M.T.: data interpretation; J.T., M.A.L., and N.G.: conception and design, literature search, data interpretation, manuscript preparation

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Compliance with Ethical Standards

Young adult Sprague-Dawley rats (30–40 days; Criffa, Barcelona, Spain; RRID:RGD_5508397) were cared for in accordance with the guidelines of the European Community Council Directive for the humane treatment of laboratory animals. All the procedures were approved by the Animal Experimentation Ethics Committee of the Universitat Rovira i Virgili.

Competing Interests The authors declare that they have no competing interests.

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