



Comparison of axitinib and sunitinib as first-line therapies for metastatic renal cell carcinoma: a real-world multicenter analysis

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Abstract

We aimed to compare oncological outcomes and safety of axitinib and sunitinib in patients with treatment-naïve metastatic renal cell carcinoma (mRCC). We retrospectively evaluated 169 patients with mRCC who were treated with axitinib or sunitinib as the first-line therapy in five hospitals between October 2008 and August 2018. Oncological outcomes and safety were compared between axitinib ($n=68$) and sunitinib ($n=101$) groups. Inverse probability of treatment weighted (IPTW)-adjusted Cox regression analysis was performed to evaluate effects of first-line therapies on progression-free survival (PFS), cancer-specific survival (CSS), and overall survival (OS). Patients in the axitinib group were significantly older (66 vs. 72 years) than those in the sunitinib group. Median relative dose intensity was significantly higher in the axitinib group ($94 \pm 62\%$) than in the sunitinib group ($65 \pm 20\%$; $P=0.001$). Objective response rate was significantly higher in the axitinib group (21%) than in the sunitinib group (10%; $P=0.042$). IPTW-adjusted Cox regression analysis revealed significant differences in CSS and OS but not in PFS between the two groups. Safety in terms of grade ≥ 3 adverse events was significantly different between the axitinib (34%) and sunitinib (55%) groups ($P=0.006$). Compared with sunitinib, axitinib significantly prolonged CSS and OS and showed a safer profile as the first-line therapy for treatment-naïve mRCC.

Keywords Axitinib · Sunitinib · Metastatic renal cell carcinoma · First-line therapy · Safety · Efficacy

Abbreviations

mRCC	Metastatic renal cell carcinoma
TKIs	Tyrosine kinase inhibitors
VEGF	Vascular endothelial growth factor
ECOG PS	Eastern Cooperative Oncology Group performance status
IMDC	International Metastatic Renal Cell Carcinoma Database Consortium
CR	Complete response
PR	Partial response
SD	Stable disease
PD	Progressive disease
PFS	Progression-free survival
CSS	Cancer-specific survival
OS	Overall survival
IPTW	Inverse probability of treatment weighted
HR	Hazard ratio

95% CI	95% confidence interval
IQR	Interquartile range
RDI	Relative dose intensity
mTORi	Mammalian target of rapamycin inhibitor

Introduction

Survival rates of patients with metastatic renal cell carcinoma (mRCC) have remarkably improved since the introduction of tyrosine kinase inhibitors (TKIs) [1–3]. Currently available TKIs included sunitinib, pazopanib, axitinib, and sorafenib. Sunitinib is widely prescribed as the first-line therapy for mRCC [4, 5]; however, severe toxicities have resulted in up to 50% dose reduction, interruption, and/or schedule alternation of sunitinib, leading to a low relative dose intensity [6–11]. Axitinib—a potent, selective inhibitor of vascular endothelial growth factor receptors 1–3 is approved as the second-line therapy for mRCC [12]. Although axitinib has failed to demonstrate improved efficacy over sorafenib in the first-line setting, previous studies

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have anticipated its clinical activity with a higher response rate and more acceptable safety profile as the first-line therapy for mRCC compared with sorafenib's clinical activity [1, 2]. In addition, axitinib might show the same efficacy as sunitinib as the first-line therapy in patients with mRCC since no significant difference was detected in efficacy and safety of sorafenib and sunitinib as first-line therapies [13, 14]. However, no previous study has compared the efficacy and safety of first-line axitinib and sunitinib. Thus, in this study, we retrospectively compared the safety and oncological outcomes of axitinib and sunitinib as first-line therapies for treatment-naïve mRCC in the real-world setting.

Materials and methods

Design and ethics statement

The present retrospective, multicenter study was conducted in accordance with the ethical standards of the Declaration of Helsinki and approved by the Ethics Committee of Hiro-saki University School of Medicine (authorization number, 2017-089). Pursuant to the provisions of the ethics committee and the ethics guideline in Japan, written consent was not required in exchange for public disclosure of study information (opt-out approach) in the case of retrospective and/or observational study using a material such as the existing documentation.

Patient selection and demographics

From October 2008 to August 2018, 169 patients with mRCC were treated with axitinib or sunitinib as the first-line therapy in five tertiary institutions. Analyzed variables included age, sex, Eastern Cooperative Oncology Group performance status (ECOG PS), clinical stage, metastatic sites and numbers, and history of radical nephrectomy. Tumor stage and grade were stratified in accordance with the 2009 TNM classification of the Union of International Cancer Control. The International Metastatic Renal Cell Carcinoma Database Consortium (IMDC) prognostic model was applied for risk stratification [15]. Targeted therapy treatments at the recommended dosage (sunitinib 50 mg orally daily, 4 weeks on and 2 weeks off or axitinib 10 mg orally daily) were continued until disease progression, an adverse event depending on its type and severity, or the physician's discretion. The patients were followed every 2–4 weeks thereafter during the administration of any targeted therapy. A computed tomography was generally performed every 3–4 months. Additional radiological investigations were performed when clinically indicated.

Outcomes

Tumor response was analyzed using Response Evaluation Criteria in Solid Tumors version 1.1, including complete response (CR), partial response (PR), stable disease (SD), and progressive disease (PD). Oncological outcomes were compared between axitinib and sunitinib groups, including progression-free survival (PFS), cancer-specific survival (CSS), and overall survival (OS). A first-line TKI failure-free survival rate was estimated from initial TKI therapy to initial PD or toxicity-related discontinuation of TKI. The grade of adverse events was evaluated by the Common Terminology Criteria for Adverse Events version 4.0.

Statistical analysis

Statistical analyses were performed using SPSS version 24.0 (SPSS, Inc., Chicago, IL), GraphPad Prism 5.03 (Graph-Pad Software, San Diego, CA, USA), and R 3.3.2 (The R Foundation for Statistical Computing, Vienna, Austria). Categorical variables were compared using Fisher's exact test or χ^2 test. Quantitative variables were expressed as mean with standard deviation or median with interquartile range (IQR). Intergroup difference was tested by Student's *t*-test or the Mann–Whitney *U*-test. PFS, CSS, and OS from initial TKI treatment until disease progression in PFS, cancer death in CSS, and any death in OS were estimated using the Kaplan–Meier curve and the log-rank test. The inverse probability of treatment weighted (IPTW)-adjusted Cox regression analysis was performed to evaluate the impact of first-line therapies on PFS, CSS, and OS. The IPTW model reweighs affected and unaffected groups to mimic a propensity score-matched population [16–23]. Hazard ratios (HRs) with 95% confidence interval (95% CI) were calculated after controlling for potential confounders, including patient demographics and clinicopathological tumor variables. Variables included in the IPTW analysis were age, sex, ECOG PS, IMDC risk score, metastatic disease at diagnosis, history of radical nephrectomy, and non-clear histology.

Results

Baseline characteristics

The number of patients in the axitinib and sunitinib groups was 68 and 101, respectively. Median patient age was 68 years; patients in the axitinib group were significantly older (median age; 66 vs. 72 years; $P < 0.001$) than those in the sunitinib group (Table 1). In addition, there were significant difference between the axitinib and sunitinib groups

Table 1 Background of patients

<i>n</i>	Axitinib 68	Sunitinib 101	<i>P</i> value
Age, years (±SD)	69.9±10.7	63.6±10.8	<0.001
Male	50 (74%)	77 (76%)	0.719
ECOG PS > 1	10 (15%)	2 (2.0%)	0.004
TNM			0.006
cT1-2	20 (29%)	53 (53%)	
cT3-4	46 (68%)	44 (44%)	
cTx	2 (2.9%)	4 (4%)	
cN+	12 (18%)	33 (33%)	0.030
Metastatic disease at diagnosis	51 (75%)	57 (56%)	0.014
History of nephrectomy	30 (44%)	71 (70%)	0.001
IMDC risk model			0.221
Favorable	5 (7.4%)	17 (16%)	
Intermediate	32 (47%)	45 (44%)	
Poor	28 (41%)	36 (36%)	
Unknown	3 (4.4%)	3 (3.0%)	
Sites of mets (in total)			
Visceral mets	52	83	
Lymph node	14	38	
Bone	9	34	
Others	18	20	
Number of metastatic organs	1.4±0.9	1.7±0.9	0.059
Histology			0.632
Clear	65 (96%)	79 (78%)	
Clear with spindle	3 (4.4%)	4 (4.0%)	
Non-clear	3 (4.4%)	7 (6.9%)	
Unknown	0	11 (11%)	
Median follow-up (months)	18 (9.6–32)	17 (8.3–35)	0.677
Deceased	30 (44%)	60 (59%)	0.051

in term of the number of patients with ECOG > 1 (15% vs. 2.0%; *P* = 0.004), cT stage (*P* = 0.006), and presence of metastatic disease at diagnosis (75% vs. 56%; *P* = 0.014). Median initial dosage of the first-line therapy in the axitinib and sunitinib groups was 10 mg (IQR 10–10) and 50 mg (IQR 37.5–50 mg), respectively. Alternative scheduling was used in 13% of the patients in the sunitinib group. The number of patients with nephrectomy was significantly lower in the axitinib group (44%) than in the sunitinib group (70%; *P* = 0.001). Median follow-up period (18 vs. 17 months) and IMDC risk stratification (Fig. 1A) were not different between the two groups. Metastatic sites were significantly different in between the groups (lymph node; *P* = 0.017, and bone; *P* = 0.004; Fig. 1B). The second-line regimens were not significantly different between the groups [axitinib group: TKI, 50%; mammalian target of rapamycin inhibitor (mTORi), 30%; nivolumab, 20%; and interferon, 0%; sunitinib group: TKI, 51%; mTORi, 30%; nivolumab, 12%; and interferon, 7.4%] (*P* = 0.395).

Oncological outcomes

Median relative dose intensity (RDI) was significantly higher in axitinib group (94 ± 62%) than in the sunitinib group (65 ± 20%) (Fig. 2a, *P* = 0.001). Significantly higher rate of toxicity-related discontinuation was observed in the sunitinib group (39%) than in the axitinib group (22%) (Fig. 2b, *P* = 0.023). Objective response rate was significantly higher in the axitinib group (21%) than in the sunitinib group (10%) (Fig. 2c, *P* = 0.042). There were no significant differences in PFS (Fig. 2d), CSS (Fig. 2e), and OS (Fig. 2f) between the axitinib and sunitinib groups before the background adjustment. However, IPTW-adjusted Cox regression

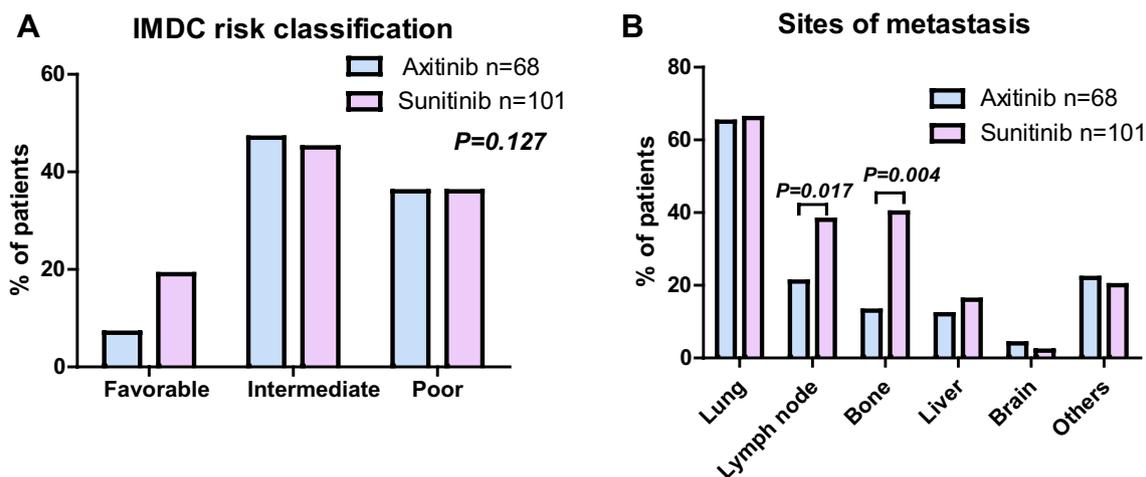


Fig. 1 There was no significant difference in IMDC risk stratification between the axitinib and sunitinib groups (a, *P* = 0.127). Metastatic sites were significantly different between the axitinib and sunitinib

groups in lymph node (21% and 38%, respectively, *P* = 0.034) and bone (13% vs. 40%, respectively, *P* < 0.001) (b)

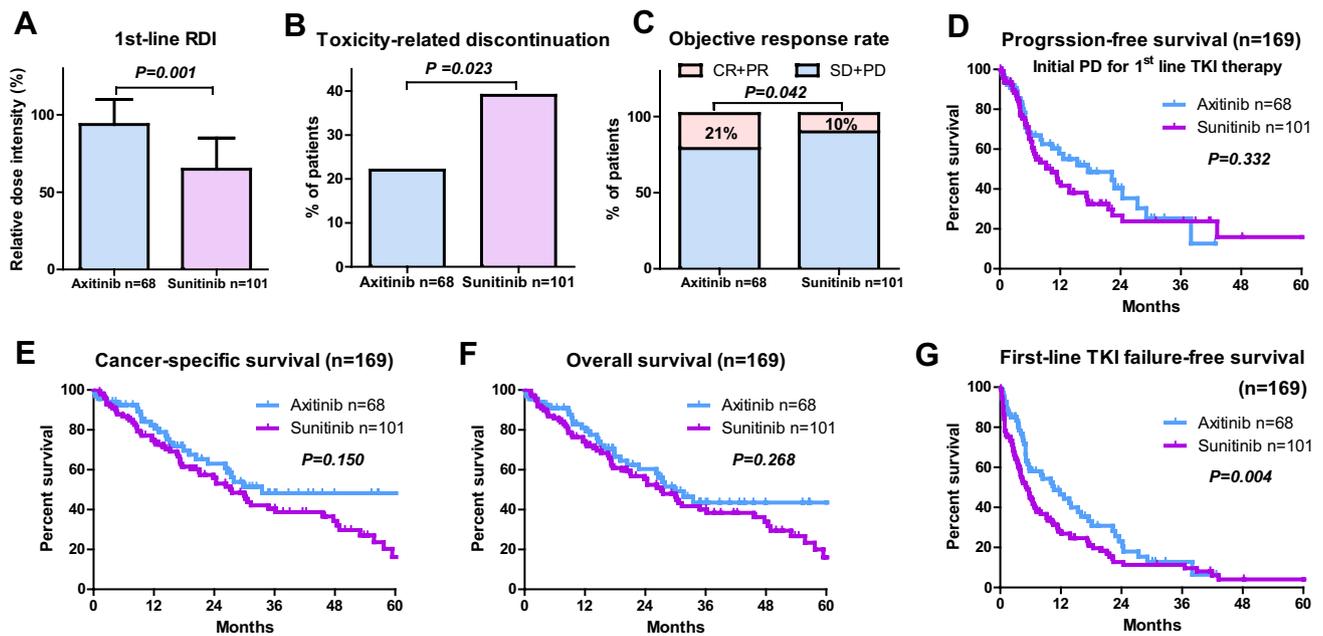


Fig. 2 Median relative dose intensity (RDI) was significantly higher in axitinib group ($94 \pm 62\%$) than in the sunitinib group ($65 \pm 20\%$) (a, $P=0.001$). Significantly higher rate of toxicity-related discontinuation was observed in the sunitinib group (39%) than in the axitinib group (22%) (b, $P=0.023$). Objective response (CR+PR) rate was significantly higher in the axitinib group (21%) than in the sunitinib group (10%) (c, $P=0.042$).

Before the background adjustment, there were no significant differences in PFS (d), CSS (e), and OS (f) between the axitinib and sunitinib groups. The first-line TKI failure-free survival was significantly longer in the axitinib group than that in the sunitinib group ($P=0.004$).

Table 2 IPTW-adjusted Cox regression analysis for prognosis

IPTW-adjusted model	Factor	<i>P</i> value	HR	95%CI
Progression-free survival	First-line axitinib	0.251	0.74	0.44–1.24
Cancer-specific survival	First-line axitinib	0.002	0.37	0.19–0.69
Overall survival	First-line axitinib	0.003	0.39	0.21–0.72

analyses revealed significant differences in CSS (HR 0.37, $P=0.002$) and OS (HR 0.39, $P=0.003$) but not in PFS (HR 0.74, $P=0.251$) between the two groups (Table 2). The first-line TKI failure-free survival was significantly longer in the axitinib group than that in the sunitinib group (Fig. 2g). The PD rate for the second-line therapy was significantly different between the first-line axitinib and sunitinib groups (26% and 52%, respectively, $P=0.019$), although there was no significant difference in the second-line regimens between the groups. Regarding safety, significantly higher rate of grade ≥ 3 toxicity was observed in the sunitinib group (55%) than in the axitinib group (34%; $P=0.006$; Fig. 3a). The rate of grade ≥ 3 hypertension was significantly higher in the axitinib group (18%) than in the sunitinib group (6.9%; $P=0.031$; Fig. 3b), whereas that of hematological toxicities were significantly higher in the sunitinib group (34%) than

in the axitinib group (7.4%; $P<0.001$; Fig. 3b). In patients aged ≥ 70 years, significantly higher rates of grade ≥ 3 toxicities were observed in the sunitinib group than in the axitinib group ($P<0.001$; Fig. 4a); rates of grade ≥ 3 acute kidney injuries (22% vs. 2.4%, respectively; $P=0.013$; Fig. 4b) and hematological toxicities (41% vs. 5.0%, respectively; $P<0.001$; Fig. 4b) were significantly higher in the sunitinib group than in the axitinib group.

Discussion

In this study, we for the first time compared oncological outcomes and safety of first-line axitinib and sunitinib in patients with treatment-naïve mRCC. A few studies have investigated the efficacy and safety of axitinib as the first-line therapy for mRCC [1, 2, 15, 24–28]. IPTW-adjusted multivariate analyses revealed that CSS and OS were significantly prolonged in the axitinib group than in the sunitinib group. However, these outcomes were contradictory to those reported in a previous randomized phase III trial [1]. In a previous study, there was no significant difference in OS between axitinib and sorafenib in the first-line therapy of mRCC [2] although potential benefits for PFS were observed in axitinib [1] in patients with a median age of 58 years. The potential reason for significantly improved outcomes

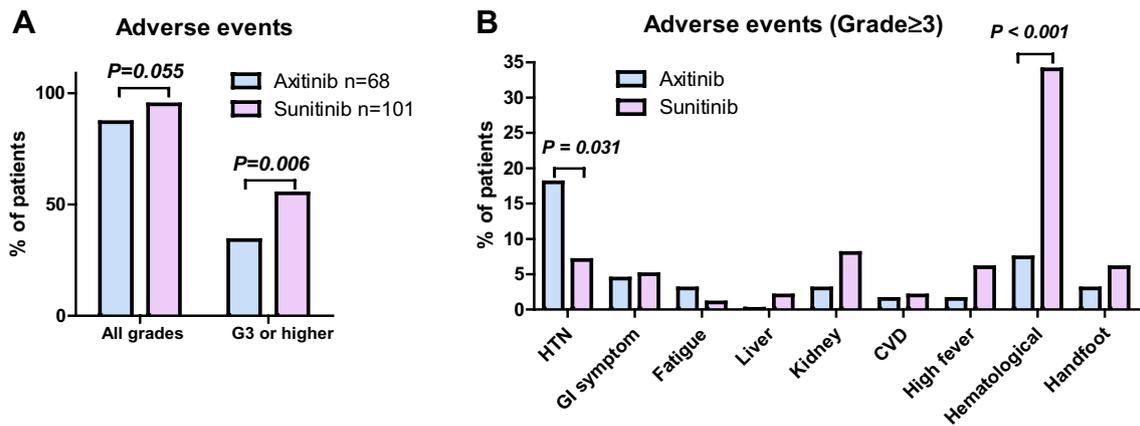


Fig. 3 Significantly higher rate of grade ≥ 3 toxicity was observed in the sunitinib (55%) groups than in the axitinib group (34%) (a, $P=0.006$). The rate of grade ≥ 3 hypertension was significantly higher in the axitinib group (18%) than in the sunitinib group (6.9%)

($P=0.031$), whereas that of hematological toxicities was significantly higher in the sunitinib group (34%) than in the axitinib group (7.4%) ($P=0.001$) (b)

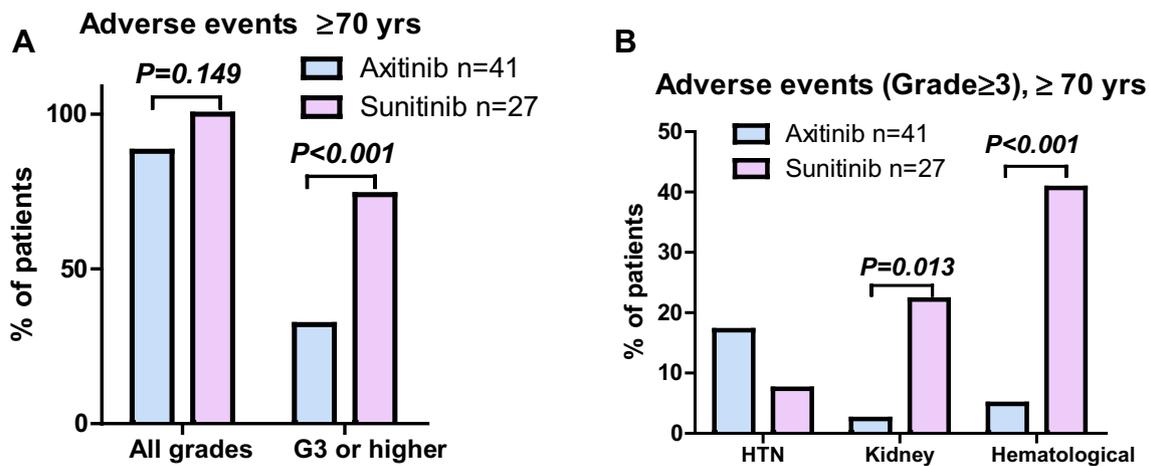


Fig. 4 In patients aged ≥ 70 years, significantly higher rate of grade ≥ 3 toxicities was observed in the sunitinib group than in the axitinib group (a, $P<0.001$). Rates of grade ≥ 3 acute kidney injury

(7.9% vs. 2.9%, respectively; $P=0.013$) and hematological toxicities (41% vs. 5.0%, respectively; $P<0.001$) were significantly higher in the sunitinib group than in the axitinib group (b)

in the present study might be significantly higher RDI and objective response rate in the axitinib group than in the sunitinib group in the real-world elderly population. Oncological outcomes could be different between the previous phase III trials and the present study owing to a difference of 10 years in median patient age (58 vs. 68 years). In addition, significantly higher rate of toxicity-related discontinuation was observed in the sunitinib group than in the axitinib group. The long-term effect of sunitinib-related toxicities is an important factor for poor prognosis [10]. Although there was no significant difference in the PFS between the groups, the first-line TKI failure-free survival was significantly longer in the axitinib group, suggesting that full-dose and less toxic therapy for elderly patients might have contributed to

prolong the prognosis in this study. Moreover, the effect of the second-line therapy should be noted. The PD rate for the second-line therapy was significantly higher in the first-line sunitinib group (52%) than that of first-line axitinib group (26%) in the present study, although there was no significant difference in the second-line regimens between the groups. These results may suggest that initial adequate therapy is important for better oncological outcomes and that it induces drug resistance. Despite the disadvantages of age and high prevalence of non-nephrectomy population in the axitinib group in this study, significantly prolonged CSS and OS suggested potential benefits of the first-line axitinib therapy for elderly patients with treatment-naïve mRCC.

The essential finding in this study is the adverse event profiles of the drugs. The most frequently reported grade ≥ 3 adverse events are hypertension with axitinib [1] and hypertension, neutropenia, and thrombocytopenia with sunitinib [29]. Sunitinib is reportedly associated with a significant side effect burden, with 19% of patients discontinuing sunitinib due to adverse events and 50% requiring a dose reduction [10]. In the present study, we found significantly higher rates of grade ≥ 3 adverse events in the sunitinib group (55%) than that in the axitinib group (34%). Rates of grade ≥ 3 hematological events were significantly higher in the sunitinib group than in the axitinib group (34% vs. 7.4%, respectively), whereas rate of hypertension was significantly higher in the axitinib group than in the sunitinib group (18% vs. 7.0%, respectively). In elderly (≥ 70 years) patients, significantly higher rates of grade ≥ 3 adverse events were observed in the sunitinib group than that in the axitinib group (74% vs. 32%, respectively). In addition, the difference in grade ≥ 3 hematological events was extended in the sunitinib group than in the axitinib group (41% vs. 5.0%, respectively) in the elderly. Moreover, kidney-related adverse events were significantly higher in the sunitinib group than in the axitinib group (22% vs. 2.4%, respectively). Unfortunately, adverse event profiling based on retrospective analysis might be inaccurate and inadequate to address the difference in safety profile. However, record omission of grade ≥ 3 hematological events and hypertension is not frequent in the general practice. Therefore, our observation is relatively certain in terms of these two events. Although we could not address the major adverse events for the discontinuation of first-line therapy, higher rate of severe toxicity prevents enough dosing of sunitinib in the elderly patients, which may in turn lead to significant difference in oncological outcomes.

Several limitations of the present study must be acknowledged. First, we were unable to control for selection bias and other unmeasurable confounders due to the retrospective study design. It prevented us from reaching definitive conclusions regarding the effect of first-line TKIs on oncological outcomes. Second, the accuracy of adverse event profiling based on retrospective analysis might be not enough. Third, there may be a regional bias, and our results may not be generalizable in other populations owing to differences in medical practices. Nonetheless, to the best of our knowledge, this study represents the first comparative account of oncological outcomes and safety of axitinib and sunitinib as first-line therapies in real-world patients with treatment-naïve mRCC using IPTW-adjusted analysis. Although we could not come to a definitive conclusion regarding difference in efficacy between the two TKIs, clinical trials comparing a combination of immune checkpoint inhibitors plus axitinib (study arm) with sunitinib (control arm) may elucidate the global trend for selecting favorable TKIs for mRCC

[30]. Notably, sunitinib—the standard first-line therapy for mRCC—was not selected in previous study arms due to intolerability [7–9]. Further research is warranted to address clinical benefit of first-line axitinib in patients with mRCC.

Conclusion

Axitinib may significantly prolong CSS and OS compared with sunitinib, and showed a safe toxicity profile in patients with treatment-naïve mRCC, especially in elderly patients.

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Compliance with ethical standards

Conflict of interest The authors have no conflict of interest.

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