

JAAD Game Changers: Risk of venous thromboembolism in patients with mycosis fungoides and parapsoriasis: A Danish nationwide population-based cohort study



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Capsule Summary

- Active cancers and inflammation increase the risk of venous thromboembolism. Whether this applies to mycosis fungoides and parapsoriasis is unknown.
- Patients with mycosis fungoides and parapsoriasis have increased risk of venous thromboembolism.
- These findings should increase awareness of comorbidities as part of the disease spectrum in patients with mycosis fungoides and parapsoriasis.

How did this article change the practice of dermatology?

This changes our counseling for patients and the importance of discussing the risk of a clot with patients with mycosis fungoides and parapsoriasis, possibly reducing other modifiable risk factors for venous thromboembolism. The risk is highest in the first 5 years after diagnosis, and this fact should be part of standard counseling at diagnosis of either entity.¹

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REFERENCE

1. Lindahl LM, Schmidt M, Farkas DK, Sørensen HT, Iversen L. Risk of venous thromboembolism in patients with mycosis fungoides and parapsoriasis: a Danish nationwide population-based cohort study. *J Am Acad Dermatol*. 2018;78(6):1077-1083.e4.