JAAD Game Changers*: Psoriasis and the risk of diabetes: A prospective population-based cohort study

*A game changer is a short narrative stating how an article that originally appeared in *JAAD* changed the game of dermatology. **NOTE:** The Game Changer author is not the original author of the article. Please see the reference section for the original author information.

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Capsule Summary	• Psoriasis is associated with diabetes. • Increasing body surface area affected by psoriasis is associated with a greater risk for diabetes independent of risk factors. • Body surface area affected by psoriasis should be routinely measured. Patients with psoriasis, especially those with a BSA greater than 10%, should be targeted for diabetes prevention.
How did this article change the practice of dermatology?	The authors estimate that patients with psoriasis affecting 10% or more of their body surface area have about a 60% higher risk per year for development of type 2 diabetes. Diabetes prevention efforts should be directed toward patients with psoriasis affecting more than 10% of their body surface area.[1]

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1. Wan MT, Shin DB, Hubbard RA, Noe MH, Mehta NN, Gelfand JM. Psoriasis and the risk of diabetes: a prospective population-based cohort study. *J Am Acad Dermatol*. 2018;78(2):315-322.e1.