

Prevention and detection of prosthetic temporomandibular joint infections—update

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Abstract. Prosthetic joint infections are not only distressing complications for patients and surgeons, but also have an enormous financial impact on healthcare systems. The reported incidence of prosthetic joint infection is likely underestimated due to difficulties in their diagnosis. This unfortunate complication has challenged joint replacement surgeons for years, despite all the advances made in this surgical discipline. Since eradication of these infections can be very difficult, prevention remains the primary objective. Identifying recipient risk factors, adopting a proper surgical technique, appropriate wound care, optimizing the operating room environment, and appropriate postoperative care have become some of the core elements that can help to minimize the overall incidence of this complication. The purpose of this article is to provide the temporomandibular joint replacement surgeon with an update on the prevention and detection of prosthetic joint infections based on a review of the most recent information published in the orthopedic and surgical literature.

Key words: temporomandibular joint replacement (TMJR); prosthetic joint infection (PJI); surgical site infection (SSI).

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Annually, 1.2 million orthopedic joint replacements are performed in the USA. This number is expected to increase 233.33% by the year 2030¹. Using the same statistical metrics, Onoriobe et al. reported that there should be a 50% increase in temporomandibular joint replacement (TMJR) over the same time period². With these projected increases in the number of joint replacement procedures in both specialties, there is likely to be an increase in prosthetic joint infection (PJI) complications³.

In 2012, Kurtz et al. estimated that the annual cost of managing orthopedic PJI was US\$ 566 million and by 2020 could reach US \$ 1.62 billion annually⁴. TMJR statistics demonstrate the incidence of PJI to be uncommon (1.5–2.7%). However, the clinical, psychological, and economic consequences of this complication are substantial^{5–7}.

In 2017, the American College of Surgeons published updated guidelines for the prevention, detection, and management of a surgical site infection (SSI). These guidelines included pre-hospital, hospital,

and post-discharge interventions that could reduce the incidence of SSI⁸. The Centers for Disease Control and Prevention (CDC) and the Healthcare Infection Control Practices Advisory Committee published the *Guideline for the prevention of surgical site infection*, which offers parameters intended to provide new and updated evidence-based recommendations for the prevention of SSI; they recommended that these be incorporated into all comprehensive surgical quality improvement programs^{9,10}.

Perry and Hanssen presented a review and update of infection prevention in orthopedic joint replacement in which they listed what they considered the traditional cornerstones for the prevention of PJI: host optimization, reduction of bacteria, and establishment of a proper wound environment in the preoperative, intraoperative, and postoperative periods. They concluded that an institution-based systems approach is critical to implementing standardized, reproducible practices to reduce PJI¹¹.

Recently, the American Academy of Orthopedic Surgeons produced a systematic literature review on the management of SSI, which in addition to providing practice recommendations, also highlights limitations in the literature and areas that require future research¹².

The purpose of this article is to provide the TMJR surgeon with an update on the prevention and detection of TMJR-related PJI based on a review of the most recent information in the orthopedic and surgical literature.

Prevention (Table 1)

Measures for the prevention of SSI and PJI include (1) preoperative optimization or modification of potential risk factors; (2) reduction of the patients' bacterial burden; (3) the administration of prophylactic antibiotics; (4) the development of prosthetic device coatings that prevent or discourage the formation of biofilms; and (5) the establishment of the proper surgical and postsurgical environments^{6,7,11}.

Modification of potential PJI risk factors (Table 2)

Evaluating potential at-risk patients in a multidisciplinary clinic prior to performing TMJR is critical in order to identify comorbidities and manage them in a timely and appropriate manner. These assessments can substantially reduce postoperative morbidity¹³. Tan et al.

Table 1. Keys to the prevention of surgical site infection (SSI) and prosthetic joint infection (PJI).

Prevention of SSI and PJI

- Preoperative optimization or modification of potential risk factors
- Reduction of the patients' bacterial burden
- Administration of prophylactic antibiotics
- Development of prosthetic device coatings that prevent or discourage the formation of biofilms
- Establishment of the proper surgical and postsurgical environments

Table 2. Potential host risk comorbidities to consider preoperatively and manage before temporomandibular joint replacement.

Host risk comorbidities

- Metabolic diseases (e.g., diabetes⁸)
- High inflammatory arthritis
- Depression and anxiety
- Immunosuppressive medications
- Nicotine use (stop 4 to 6 weeks before surgery⁸)
- Malnutrition
- Cardiac and pulmonary disease
- Anemia
- Alcohol and drug abuse
- HIV and AIDS

identified and validated risk factors and their relative weights for predicting PJI and developed a risk calculator for PJI for orthopedics¹⁴. Factors such as the number of prior surgical procedures and other high-risk comorbidities should be discussed when counseling potential TMJR patients about their outcome expectations.

Reduction of the patients' bacterial burden (Table 3)

One of the organisms most commonly isolated from PJIs is *Staphylococcus aureus*. Resistant strains are becoming more prevalent, therefore many hospitals have instituted decolonization protocols based on generalized data^{15,16}. However, data on the success of *S. aureus* nasal decolonization programs and their effectiveness in preventing PJI are limited.

Decolonization

An intranasal technique utilizing antimicrobial photo-disinfection therapy combined with chlorhexidine gluconate body wipes demonstrated a significant reduction in SSI rates¹⁷. The benefits of this approach included excellent patient compliance and easy integration into the preoperative routine. Unfortunately, this option is unavailable in the USA, as it does not to date have Food and Drug Administration (FDA) approval.

Table 3. Components for the reduction of the patients' bacterial burden.

Reduction of the patients' bacterial burden

- Decolonization
- Prophylactic antibiotics
- Prevention of biofilm formation

Clinical practice guidelines from the American Society of Health-System Pharmacists recommend screening and nasal mupirocin decolonization for patients colonized with *S. aureus* before total joint replacement and cardiac procedures. Vancomycin should not be administered as prophylaxis to patients who are negative for methicillin-resistant *S. aureus* (MRSA)⁸. Currently the use of vancomycin or teicoplanin is deemed appropriate in patients who are carriers of MRSA, patients from dialysis units or centers with an outbreak of MRSA, healthcare workers, and patients who are allergic to penicillin¹⁷.

Administration of prophylactic antibiotics

The use of prophylactic antibiotics is the most important factor in preventing PJI^{11,18–22}. In order to reach the minimum inhibitory concentration in the end organs during the operation, the optimum time for weight-adjusted prophylactic antibiotic administration is 1 hour prior to the surgery⁸. A first- or second-generation cephalosporin (cefazolin or cefuroxime) is suggested as routine preoperative surgical prophylaxis, administered within an hour prior to the surgical incision. The timing can be extended up to 2 hours for vancomycin and fluoroquinolones²². In certain conditions, such as prolonged surgical duration beyond the half-life of the antibiotic, or when excessive blood loss occurs during the surgery, a second dose of antibiotic is required⁸.

Developing prosthetic device coatings to prevent the formation of biofilms

The development of innovative prosthetic coatings to gain antibacterial activity on implant surfaces has been under intense investigation for years²³. The strategies have involved the release of antimicrobial drugs or use of novel bactericidal metallic nanocrystalline coatings^{24–26}. A wide spectrum of substances and technological approaches have been proposed and tested with specific aims: (1) the prevention of bacterial adhesion (anti-adhesive polymers, albumin, superhydrophobic surfaces, nano-patterned surfaces, and hydrogels), and (2) bactericidal activity (inorganic: silver, titanium dioxide, copper, selenium, and zinc; organic: coated or covalent antibiotics, antimicrobial peptides, cytokines, and enzymes; multilayered coatings, positive-charged polymer, and multifunctional smart coatings with nano-containers)^{23–26}.

Establishing the proper surgical environment (Table 4)

When not part of an MRSA decolonization protocol or specific preoperative surgical protocol, routine preoperative bathing and shampoo with chlorhexidine decreases skin and hair surface pathogen concentrations, but has not been shown to reduce the incidence of SSI⁸. Preoperative hair removal should be avoided unless hair interferes with surgery. If hair removal is necessary, clippers should be used instead of a razor^{7,8}.

Alcohol-containing preparations should be used unless contraindicated (e.g., fire hazard, surfaces involving mucosa, cornea, or ear). No agent (e.g., chlorhexidine, iodine) appears to be clearly superior when compared to alcohol. If alcohol cannot be included in the preparation, chlorhexidine should be used instead of iodine, unless a contraindication to its use exists^{8,10}.

The use of a waterless chlorhexidine surgical hand scrub is as effective as traditional water/soap scrub and requires less time. However, it is not superior to traditional surgical hand scrubbing if not used according to manufacturer instructions⁸.

Studies have shown that the SSI rate is significantly increased when traditional cloth drapes are used^{26,27}. Further, there is no evidence that the use of adhesive drapes, plain or infused with antimicrobials, reduces SSI rates^{10,27-29}.

Double gloving reduces the risk of glove perforation and wound contamination. In procedures where sharp edges could easily be encountered, double gloving is highly recommended^{8,30}. However, with double gloving the inner glove can still be perforated, thereby providing a

possible source of contamination. Therefore, some studies have shown that in procedures such as joint replacement, triple gloving is the protocol of choice. Nevertheless, triple gloving has some disadvantages, such as decreased tactile sensation and surgeon dexterity^{31,32}.

There is limited evidence to support recommendations regarding operating room attire. Joint Commission and Association of Perioperative Registered Nurses policies support facility scrub laundering and the use of disposable bouffant hats. American College of Surgeons guidelines support the use of a skull cap only if minimal hair is exposed, removing or covering all jewelry on the head and neck, and professional attire when outside the operating room (no scrubs or clean scrubs covered with a lab-type coat)⁸. Available evidence suggests uncertain trade-offs between the benefits and risks of orthopedic space suits for the prevention of SSI during prosthetic joint replacement surgery and uncertainty regarding the healthcare personnel who should wear them⁹.

Maintaining intraoperative normothermia reduces the risk of SSI. Preoperative warming is recommended for all cases, and intraoperative warming methods should be employed for all but short, clean cases. An increased fraction of inspired oxygen (FiO₂) should be administered during surgery and after extubation in the immediate postoperative period for patients with normal pulmonary function undergoing general anesthesia with endotracheal intubation⁸.

In the orthopedic literature there are no randomized controlled trials that have evaluated the soaking of prosthetic devices in antimicrobial solutions before implantation to prevent SSI¹⁰. However, Smith et al. showed that the use of vancomycin as the perioperative prophylactic antibiotic for primary total joint replacements was effective in decreasing the rate of PJI; and in the event that a PJI occurred, the resulting infection occurred with less virulent organisms³³. It has been recommended that TMJR device components be soaked in a vancomycin solution prior to implantation to decrease the chance of a PJI developing⁵⁻⁷. Copious irrigation while cutting and/or shaping host bone and while drilling screw holes, as well as after device implantation, are also fundamental to decreasing the incidence of SSI and PJI⁵⁻⁷.

Blood transfusion is an independent predictor for PJI. The number of transfused units has a direct link to the likelihood of developing a PJI³⁴. The latter statement can be justified because of the

modulating effects a transfusion has on the immune system³⁵. However, transfusion of blood products should not be withheld from surgical patients as a means to prevent SSI⁸. Strategies to prevent excessive blood loss include meticulous hemostasis, hypotensive anesthesia, and the use of tranexamic acid^{36,37}.

The ultimate goal of any operating room design is to diminish patient exposure to infectious organisms. One of the options available to achieve this objective is laminar airflow. However, some studies have reported that laminar flow could even increase the risk of SSIs³⁸. The CDC has no comment regarding the use of laminar airflow in reducing SSI. Nevertheless, the CDC has released a guideline for the proper use of laminar airflow³⁹. The incidence of SSI is directly related to the operating room traffic. This traffic can increase the environmental airborne microorganism burden in the operating room. Furthermore, more high traffic door openings can interfere with laminar airflow^{40,41}.

The contamination of surgical equipment can occur during surgery. Givissis et al. reported a 54% suction tip contamination rate⁴². Davis et al. determined the contamination rates of glove tips (28.7%), syringe bags (20.0%), gowns (17.0%), base of light handles (14.5%), body of light handles (14.5%), swabs (13.5%), suction tips (11.4%), needles for deep closure (10.1%), surgical skin (9.4%), and deep blades (3.2%)⁴³. Beldame et al. reported significantly higher rates of contamination in gloves prior to prosthesis implantation and advised surgeons to change gloves before proceeding with this step⁴⁴. During TMJR, contamination can easily occur if the surgeon and operating room staff do not keep TMJR instrumentation strictly separated from instrumentation used in the oral cavity⁷.

There are numerous variables that help promote successful wound healing and avoidance of PJI, but these are difficult to quantify and study (e.g., meticulous surgical technique, accurate wound closure, etc.). However, an increased surgical time has clearly been demonstrated to correlate with an increased incidence of PJI^{45,46}. Furthermore, the surgeon's experience and surgical volume also have potential effects on the rate of SSI: surgeons with lower numbers of surgeries tend to have higher rates of infection^{47,48}.

Detection (Table 5)

While prevention is the most effective strategy, making a clear and timely PJI

Table 4. Components to consider in regard to a proper surgical environment.

Establishing the proper surgical environment

- Preoperative hair and body cleanse
- Shearing hair from the surgical site
- Surgical attire
- Surgical hand scrub
- Preoperative surgical site preparation
- Double gloving
- Draping
- Soaking prosthetic components in antibiotic solution
- Irrigation
- Blood transfusion
- Intraoperative normothermia and oxygenation
- OR laminar flow and traffic
- OR equipment contamination
- Length of surgery
- Experience of the surgeon

OR, operating room.

Table 5. Established and emerging diagnostics for the detection of prosthetic joint infection.

Detection
Established diagnostics
<ul style="list-style-type: none"> • Imaging • Synovial WBC count and neutrophil percentage • Leukocyte esterase test • Fluid and tissue cultures
Emerging diagnostics
<ul style="list-style-type: none"> • Interleukin 6 • Alpha-defensin • Serum D-dimer • Next-generation sequencing

WBC, white blood cell.

diagnosis remains critical to successful and directed PJI management. The most challenging aspect of managing a PJI is reaching a definitive diagnosis with identification of the causative organism. PJI is difficult to diagnose before revision or replacement surgery in the absence of uniform and well standardized criteria. This can be further complicated by the difficulty of differentiating a PJI from an adverse local tissue reaction (ALTR) to particulate wear without the presence of purulence⁴⁹.

In 2011, The Musculoskeletal Infection Society (MSIS) developed criteria for PJI that resulted in improvements in diagnostic confidence and research collaboration. This was presented and discussed in the TMJR literature⁵⁰. However, with the emergence of new diagnostic tests and the lessons learned from the past using the MSIS definition, Parvizi et al. have developed an updated, evidence-based and validated version of the MSIS criteria⁵¹.

PJI culture-negative infections range between 27% and 55%. These are biofilms that cannot easily be identified using conventional culture methodology. Therefore, strategies have been recommended for improving the yield of cultures, such as withholding antibiotics before taking culture samples, culturing synovial fluid in blood culture bottles, and holding cultures for longer periods⁵². The latter recommendation is especially germane when potentially dealing with a *Propionibacterium acnes* PJI⁵³.

Established diagnostic tests

Imaging

There is limited evidence to support the use of medical imaging in the diagnostic evaluation of patients with a suspected SSI and/or PJI¹².

Synovial fluid white cell counts and neutrophil percentage

There is strong evidence that joint fluid aspiration for the assessment of the synovial white blood cell (WBC) count and neutrophil differential (PMN %), along with tissue cultures, are invaluable for the detection of acute and chronic PJIs¹². However, any useful fluid aspirant from a TMJR articulation is very difficult or impossible to secure. Also, the WBC count and PMN differential may be unreliable in the setting of a failed metal-on-metal bearing or corrosion reaction⁵⁴. Traumatic aspirations should also be corrected to determine the true level of synovial cells in bloody joint fluid by using a validated formula that adjusts for synovial red blood cell (RBC), serum RBC, and serum WBC counts⁵⁵. Also, as with other routine tests, the diagnostic utility of the synovial fluid WBC count and PMN % can be negatively impacted by prior antibiotic dosage⁵⁶.

Leukocyte esterase test

Leukocyte esterase (LE) is an enzyme produced by activated neutrophils at the site of infection. The reasons for its widespread usage and inclusion within the standard PJI diagnostic algorithm is that it can be measured quickly and easily with a colorimetric strip (urinalysis dipstick), provide immediate results, and is inexpensive⁵⁷. The LE test has a sensitivity of 81% and specificity of 97%⁵⁸.

One disadvantage of the LE test is the potential for blood in the aspirant to compromise the color change of the test strip⁵⁹. To prevent this, it is recommended that the aspirant be centrifuged for at least 2 min⁶⁰. When this protocol is followed, LE has been shown to be an effective diagnostic tool for PJI. However, the difficulty in aspirating sufficient uncompromised fluid from a TMJR articulation makes utilization of this test or its results questionable.

Intraoperative cultures, duration of incubation, and number of samples

While cultures have historically been used as a standard reference for the identification of PJI pathogens, there are several limitations to their use, and it has been reported that up to 30% of patients with a PJI are culture-negative^{61,62}. The current literature suggests that prophylactic antibiotics should be withheld only in cases of PJI where the infecting organism has yet to be identified. A prospective,

randomized study demonstrated that prophylactic preoperative antibiotics do not decrease the sensitivity of traditional intraoperative cultures⁶³.

A consensus suggests that at least three, but not more than six, intraoperative samples should be sent for culture⁶⁴. Further, it is recommended that to achieve the best results from traditional cultures, they should be incubated for a minimum of 5–14 days, with a longer duration of >14 days considered in cases of suspected culture-negative PJI or where slow-growing and fastidious organisms such as *P. acnes* are suspected^{53,61}.

The existence of two positive cultures is considered to be diagnostic for PJI, since a single positive culture is a possible consequence of a contaminating organism⁶⁵. Culture results are not only helpful for the detection of PJI, but also for the selection of appropriate antimicrobials effective in the management of PJI.

Emerging diagnostic tests

Interleukin 6

Interleukin 6 (IL-6) is a cytokine produced as part of the inflammatory response by activated monocytes and macrophages. Serum levels have been shown to rise to 30–340 pg/ml in infection, trauma, and the postoperative setting⁶⁶. There is also robust evidence that C-reactive protein (CRP) is a strong rule-in and rule-out marker for patients with suspected SSI¹². However, IL-6 lies upstream of CRP markers, therefore it may be a more rapid and more sensitive responding marker for the detection of PJI⁶⁷.

Two meta-analyses have demonstrated the diagnostic potential of IL-6 in the context of PJI. IL-6 was found to have a higher diagnostic odds ratio than CRP, and synovial fluid IL-6 was shown to have a higher diagnostic value for PJI than the serum CRP test^{67,68}.

While IL-6 has shown significant promise for the early detection of PJI, it is not currently being used widely in the clinical setting, nor has it found a place in the current diagnostic guidelines due to the variability and lack of consistency in the results⁶⁹. Therefore, further investigations are required to validate routine use and the costs associated with IL-6 testing.

Alpha-defensin

Alpha-defensin is a naturally occurring antimicrobial peptide released from activated neutrophils as part of the innate immune response to pathogens⁷⁰. Its

mechanism of action is its effect on the permeability of the microorganism cell membrane⁷¹. It has been shown to rise in response to low virulence organisms and is unaffected by prior antibiotic administration⁷². Unlike LE, alpha-defensin testing is very expensive. However, it has proven to be highly accurate for the early detection and diagnosis of PJI⁷³. A meta-analysis demonstrated excellent sensitivity of 100% with specificity of 96% in the diagnosis of PJI⁷⁴.

ALTR secondary to a failed metal-on-metal bearing or corrosion may confound the interpretation of alpha-defensin results, as it does with the synovial fluid WBC count⁵⁴. A multicenter cohort study of patients with an ALTR who underwent alpha-defensin testing revealed that 31% had a false-positive alpha-defensin result, but were otherwise negative per the MSIS criteria for the diagnosis of PJI⁷⁵.

Serum D-dimer

D-dimer is a fibrin degradation product released into the blood following fibrin clot breakdown by plasmin. D-dimer is a non-specific serum marker that aids in the screening for venous thromboembolism and has recently shown promise as a biomarker for the diagnosis of PJI, as well as the timing of reimplantation⁷⁶.

D-dimer has a more rapid rise and fall in the early joint replacement postoperative period than either CRP or the serum erythrocyte sedimentation rate (ESR), and there is limited strength evidence that does not support the use of ESR alone to rule in or rule out SSI due to conflicting data¹². Lee et al. showed that in contrast to serum CRP and ESR, which remained elevated until postoperative day 5 and day 3, respectively, D-dimer levels generally decreased to baseline levels on postoperative day 2, before reaching a second peak in postoperative week 2⁷⁷.

In a prospective study of primary and revision arthroplasty patients, serum D-dimer outperformed both ESR and serum CRP, with a sensitivity of 89.5% and specificity of 92.8%. A threshold of 850 ng/ml was calculated to be the optimal cut-off value of serum D-dimer for the diagnosis of PJI in that study⁷⁶.

Measurement of serum D-dimer is a widely available and accessible test that may be an effective screening tool for the early detection of PJI. However, further validation is required to reproduce and confirm the relative test performance of D-dimer versus other more established serum markers⁷⁸.

Next-generation sequencing

While microbiological culture remains the ‘gold standard’ for pathogen identification in PJI, molecular technologies such as next-generation sequencing (NGS) are becoming feasible in the clinical setting. The American Academy of Microbiology cited NGS as having the potential to significantly revolutionize clinical microbiology by ‘replacing current time-consuming and labor-intensive techniques with a single, all-inclusive diagnostic test’⁷⁹.

NGS refers to a collection of non-Sanger-based high-throughput DNA sequencing methods that can produce data in vastly larger amounts, at greatly lower cost, in a shorter time, and with less manual intervention than previous methods⁷⁹. Unlike methods based upon polymerase chain reaction (PCR), NGS can be used in ‘open’ mode, which does not rely on a set of parameters or a panel of PCR primer targets. It is therefore capable of characterizing all microbial DNA present within a given clinical sample and providing a complete picture of the microbial profile without the need for preconceived ideas of the possible responsible pathogen. NGS searches all known microbial databases for a match—including bacteria, viruses, yeast, fungi, and parasites—without the need for additional individual testing. NGS also has the potential to suggest antimicrobial resistance through the identification of known resistance genes⁸⁰.

In a recently published report, NGS was useful for pathogen detection in 81.8% of culture-negative PJIs where intraoperative tissue samples were analyzed⁸¹. In a series of 86 synovial fluid samples, high concordance with microbiological culture was seen with NGS of synovial fluid alone⁸².

Shotgun metagenomic sequencing has also shown recent promise in sonicate fluid samples, with a 43.9% detection rate of potential pathogens in culture-negative PJI⁸³ and species-level sensitivity of 88%⁸⁴.

However, there remain significant issues with host DNA contamination and the overall cost of this methodology. Ultimately, multicenter clinical studies and clinical trials examining patient outcomes will be necessary to validate and reinforce the benefits as well as cost savings of using NGS-based tests for the diagnosis of PJI and targeting antimicrobial treatment⁵⁸.

Postoperative considerations

Antibiotic coverage in the immediate post-implantation period

The 2016 updated SSI guidelines of the American College of Surgeons and Surgical

Infection Society state that there is no evidence that prophylactic antibiotic administration after incision closure decreases the risk of SSI, hence prophylactic antibiotics should be discontinued at the time of incision closure; however, exceptions to this include joint replacement⁸. The oral and maxillofacial surgery literature recommends 7–10 days of oral post-TMJR antibiotic prophylaxis due to the proximity of the surgical wounds to potential contamination from the ear, parotid, and oral cavity^{5–7}.

Antibiotic prophylaxis prior to invasive dental, genitourinary, gastrointestinal, and aerodigestive procedures

In 2014, a panel of experts was convened by the American Dental Association Council on Scientific Affairs and developed an evidence-based clinical practice guideline for the use of prophylactic antibiotics in patients with prosthetic joints undergoing dental procedures. The panel made the following clinical recommendation: ‘In general, for patients with prosthetic joint implants, prophylactic antibiotics are not recommended prior to dental procedures to prevent prosthetic joint infection. The practitioner and patient should consider possible clinical circumstances that may suggest the presence of a significant medical risk in providing dental care without antibiotic prophylaxis, as well as the known risks of frequent or widespread antibiotic use. As part of the evidence-based approach to care, this clinical recommendation should be integrated with the practitioner’s professional judgment and the patient’s needs and preferences.’⁸⁵

Postoperative prophylaxis after orthopedic joint replacement and before invasive dental, urologic, gastrointestinal, and aerodigestive procedures, although questioned in published studies^{86–88}, might be important in TMJ TJR, because the tips of the condylar component ramus fixation screws lie in the pterygomandibular space where they could be contaminated during inferior alveolar nerve anesthesia administration techniques⁵. Therefore, TMJR surgeons should consider the use of prophylactic antibiotics for patients undergoing inferior alveolar nerve blocks.

In conclusion, this article presents an updated overview of the recent validated, evidence-based criteria for preventing and detecting SSI and PJI published in the surgical and orthopedic literature. However, despite extensive research, the detection of TMJR PJI remains uncertain in many cases. These patients may benefit

from the use of emerging biomarkers or novel techniques such as NGS. Further research is needed into obtaining appropriate synovial fluid from presumed TMJR PJI cases in order to use and correlate the results of these new tests with patient outcomes and to justify their clinical use and expense.

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Competing interests

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Ethical approval

Not required.

Patient consent

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