



Letter to the Editor

Reply to the letter to the editor: "The association of B-type natriuretic peptide with left ventricular hypertrophy"

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We thank Dr. Liu for interesting comments referring to our article on the association of left ventricular hypertrophy (LVH) and myocardial ischemia in patients with stable angina and non-obstructive coronary artery disease (CAD) [1]. We agree that myocardial ischemia in non-obstructive CAD has a multifactorial etiology. Even though we did not measure baseline B-type natriuretic peptide (BNP) levels in our study, elevated BNP levels could be expected in patients with non-obstructive CAD, particularly in concomitant LVH and myocardial ischemia. In general, BNP is secreted in response to myocardial stretch and is an unspecific biomarker, considered to be cardioprotective and has been suggested as an inhibitor of myocardial hypertrophy and ischemia induced reperfusion injury [2]. Consequently, BNP levels do not necessarily represent a confounder that needs to be adjusted for in the logistic regression model [3]. First, a causal relationship between LVH and BNP cannot be excluded. Secondly, BNP may prevent myocardial ischemia instead of being a risk factor. In our opinion, adjusting for BNP levels may introduce an overadjustment bias.

We acknowledge that subclassification of LVH into different geometric patterns have the potential to improve risk stratification [4]. However, this is a small study including 132 patients, and the prevalence of LVH in the total study population was 17%. By subclassification of LVH into concentric and eccentric geometry based on relative wall thickness, concentric LVH was significantly more common in patients with ischemia [1]. Unfortunately, our study does not have the statistical

power to allow further subclassification into dilated and non-dilated LVH.

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Declaration of Competing Interest

The authors report no relationships that could be construed as a conflict of interest.

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