



Short communication

Temporal trends in procedural death and need for urgent open surgery during transcatheter aortic valve replacement: A single, high-volume center 10-year experience☆



Alessandra Laricchia^{a,b,*}, Antonio Mangieri^{a,b}, Azeem Latib^{a,c}, Matteo Montorfano^a, Georgios Tzanis^a, Guglielmo Gallone^a, Ottavio Alfieri^d, Antonio Colombo^{a,b}, Francesco Giannini^{a,b}

^a Interventional Cardiology Unit, San Raffaele Scientific Institute, Milan, Italy

^b Interventional Cardiology Unit, GVM Care & Research Maria Cecilia Hospital, Cotignola, Ravenna, Italy

^c Department of Cardiology, Montefiore Medical Centre, New York, USA

^d Cardiac Surgery Unit, San Raffaele Scientific Institute, Milan, Italy

ARTICLE INFO

Article history:

Received 26 March 2019

Received in revised form 14 June 2019

Accepted 21 June 2019

Available online 22 June 2019

Keywords:

TAVR

Immediate outcomes

Procedural mortality

Safety

ABSTRACT

Background: Despite advancements in the safety of transcatheter aortic valve replacement (TAVR) resulting in progressively wider indications, adverse periprocedural outcomes still raise concern. Real-world outcome data are thus of primary importance to evaluate the procedural risk-benefit trade-off in the continuously changing populations undergoing TAVR.

Methods: We retrospectively assessed 1348 consecutive patients undergoing TAVR between 2007 and 2017. The primary endpoint was a composite of procedural mortality and need for conversion to emergent surgery, as defined by the Valve Academic Research Consortium-2 criteria. Temporal trends in baseline characteristics and outcomes were evaluated. The independent outcomes predictors were assessed through multivariate regression analysis.

Results: A total of 56 (4.1%) patients experienced the primary endpoint. 47 (3.5%) patients died during hospital stay, 19 (1.4%) within 72 h from the procedure. 17 patients (1.2%) needed an emergent conversion to open surgery, of whom 7 (41.2%) did not survive.

Significant temporal trends of increasing mean age (from 79.4 ± 7.4 to 81 ± 7.5 , $p = 0.007$) and decreasing surgical risk (mean STS: from 9 ± 9.5 to 7.1 ± 9.8 , $p = 0.010$) were observed. When dichotomized at the median procedural date (year 2014), a significant reduction in the occurrence of the primary endpoint in more recent years was observed (3.0% vs 5.2%, $p = 0.041$). This was the single primary endpoint independent predictor at multivariate analysis.

Conclusion: The high-volume 10-year experience in TAVR procedures at our center shows encouraging trends in procedural mortality reduction, which anyhow still occurs at a non-negligible rate, calling for further research to detect and to blunt the determinant of early procedural events.

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1. Introduction

Since the first transcatheter aortic valve replacement (TAVR) in 2002, this procedure has markedly widened its indications [1–5]. Current European guidelines recommend TAVR for inoperable patients with severe aortic stenosis and for those at intermediate to high surgical

risk [6]. Pure aortic regurgitation and bicuspid aortic valves are still under investigation [7–9].

Operator experience, better patient selection and pre-procedural planning, along with technological improvements are all factors involved in TAVR safety and diffusion. However, major procedural complications requiring conversion to open surgery or leading to peri-procedural death still occur.

Registries (such as the German experience or the Edwards SAPIEN Aortic Bioprosthesis European Outcome - SOURCE) and meta-analysis report as the cumulative incidence of emergent surgery is around 0.7–1.5%, with a trend toward reduction in more recent years [10–12]. However, even if few patients require conversion to emergency surgery, mortality is as high as 50% [13].

☆ All authors take responsibility for all aspects of the reliability and freedom from bias of the data presented and their discussed interpretation.

* Corresponding author at: Interventional Cardiology Unit, GVM Care & Research Maria Cecilia Hospital, Via Madonna di Genova 1, 48033 Cotignola, RA, Italy.

E-mail address: alaricchia@gvmnet.it (A. Laricchia).

As a consequence, in order to decrease early adverse events, efforts should be done to understand, predict and manage these complications.

The aim of our study is to analyze temporal trends in the incidence of major procedural complications during 10 years of experience in a single, high volume, center and to identify predictors of in-hospital events leading to death and complications requiring conversion to emergency surgery.

2. Methods

We retrospectively analyzed data of patients who underwent TAVR in a single center (Cardiovascular Intervention Unit, San Raffaele Hospital, Milan) between 2007 and 2017. Informed consent for data collection was obtained from each patient and the study conforms to the ethical guidelines of the 1975 Declaration of Helsinki as reflected in a priori approval by the institution's human research committee.

All patients underwent baseline evaluation to establish the diagnosis, assess surgical risk and plan the procedure. Transthoracic echocardiography was performed in all patients while pre-procedural computed tomography (CT) scan was introduced from the second half of 2009 and became routine practice from the second half of 2013. Patients considered eligible for TAVR were discussed by the Heart Team to confirm the indication and plan procedural issues.

TAVR was performed using balloon-expandable, self-expandable and other deployment valves, thorough percutaneous (transfemoral, transaxillary; local anesthesia) or

with minimally invasive (transapical, transaortic; general anesthesia) approaches. Device choice was at the operator discretion.

In-hospital events were defined according to the Valve Academy Research Consortium (VARC)-2 criteria [14]. The primary endpoint was a composite of procedural mortality (within 30 days from the procedure) and need for conversion to emergent surgery; secondary endpoints were the individual components of the primary endpoint and immediate procedural mortality (≤ 72 h post-procedure).

The incidences of post-TAVR complications are presented and causes of adverse events are summarized into three categories: a) heart failure-related (end-stage pump-failure, severe aortic regurgitation, acute myocardial infarction, arrhythmias); b) mechanical complication-related (LV or RV perforation, device embolization, aortic annulus rupture, cardiac tamponade, aortic dissection, aortic and main vessels ruptures, hemorrhagic shock, stroke); c) intensive care-related (sepsis, multi-organ failure, acute mesenteric ischemia, pulmonary embolism; definitions as per reference (15)).

We further analyzed the outcomes stratified by procedure date quartiles to evaluate temporal trends in baseline characteristics and outcomes.

Categorical variables are expressed as number and percentages, continuous variables are expressed as mean \pm standard deviation or median and interquartile range as appropriate. Unpaired *t*-test or nonparametric analysis of variance ANOVA was used for comparisons of continuous variables while chi-square test was used for categorical variables. A multivariate regression analysis was performed to assess the independent determinants of the primary endpoints. All the variables with a univariate $p < 0.10$ were entered into the model. A two-sided p value < 0.05 was considered statistically significant. Statistical analyses were performed with SPSS 20.0 software (SPSS Inc., Chicago, Illinois).

Table 1

comparison of baseline and procedural characteristics (A), in-hospital outcomes (B) and type of complication (C) among quartiles in which patients were divided according to the date of the procedure; STS: Society of Thoracic Surgeons risk calculator; ES: Euro Score; COPD: chronic obstructive pulmonary disease; CAD: coronary artery disease; CS: cardiac surgery; TAVR: transcatheter aortic valve replacement; BAV: balloon aortic valvuloplasty; EF: ejection fraction; CKD: chronic kidney dysfunction; GFR: glomerular filtration rate; CT: computed tomography; BE: balloon expandable; SE: self-expanding; VARC: valve academy research consortium; ICU: intensive care unit; Primary outcome: composite of conversion to emergent surgery and procedural mortality.

Variable	Overall	Quartiles (337 patients each)				p-Value
		1	2	3	4	
A: Baseline and procedural characteristics						
Age, mean \pm SD	80.5 \pm 7.8	79.4 \pm 7.4	80.3 \pm 8.2	81.3 \pm 8.2	81 \pm 7.5	0.007
Over 80, n (%)	776 (57.1%)	168 (49.9%)	192 (57%)	217 (64.4%)	199 (59.1%)	0.002
Male, n (%)	647 (47.6%)	179 (53.1%)	158 (46.9%)	135 (40.1%)	175 (52%)	0.002
STS, mean \pm SD	7.7 \pm 8.7	9 \pm 9.5	7.8 \pm 7.3	6.9 \pm 7.8	7.1 \pm 9.8	0.010
STS \gg 8, n (%)	314 (23.1%)	116 (34.4%)	87 (25.8%)	60 (17.8%)	51 (15.1%)	0.000
Log ES, median (IQR)	16.01 (10–27.4)	19.9(11.6–32.2)	10(8–12)	14.2(9–25)	14 (9.3–24)	0.000
Log ES \gg 20, n (%)	499 (36.7%)	167 (49.6%)	132 (39.2%)	102 (30.3%)	98 (29.1%)	0.000
Hypertension, n (%)	1068 (79.2%)	262 (77.7%)	281 (83.4%)	267 (79.2%)	258 (76.5%)	0.142
Dyslipidemia, n (%)	658 (48.8%)	145 (43%)	183 (54.3%)	161 (47.8%)	169 (50.1%)	0.030
Diabetes, n (%)	314 (23.3%)	88 (26.1%)	81 (24%)	77 (23%)	68 (20.2%)	0.395
Smoke, n (%)	406 (30.1%)	127 (37.7%)	93 (27.6%)	84 (25%)	102 (30.3%)	0.005
COPD, n (%)	313 (23.2%)	131 (38.9%)	57 (17%)	58 (17.2%)	67 (20%)	0.000
Previous CAD, n (%)	545 (40.4%)	149 (44.2%)	142 (42.1%)	140 (42%)	114 (34%)	0.034
Previous CS, n (%)	322 (23.9%)	92 (27.3%)	92 (27.3%)	70 (21%)	68 (20.2%)	0.034
Previous TAVR, n (%)	19 (1.4%)	5 (1.5%)	6 (1.8%)	4 (1.2%)	4 (1.2%)	0.899
Previous BAV, n (%)	27 (2%)	7 (2.1%)	7 (2.1%)	4 (1.2%)	9 (2.7%)	0.588
Valve-in-Valve, n (%)	85 (6.2%)	18 (5.3%)	19 (5.6%)	24 (7.1%)	24 (7.1%)	0.672
EF, mean \pm SD	52.3 \pm 12.2	51.2 \pm 13.1	52.9 \pm 12.5	52.2 \pm 11.2	53.1 \pm 11.9	0.177
EF \leq 35%, n (%)	172 (12.7%)	51 (15.1%)	43 (12.8%)	36 (10.7%)	42 (12.5%)	0.386
Creatinine, mean \pm SD	1.4 \pm 1.4	1.36 \pm 1.2	1.7 \pm 2.2	1.33 \pm 0.9	1.36 \pm 1.1	0.003
eGFR, mean \pm SD	49.3 \pm 23.9	51.5 \pm 22.6	47.5 \pm 25.2	48.6 \pm 24.5	49.5 \pm 23.4	0.178
CKD, n (%)	948 (69.8%)	229 (68%)	249 (73.9%)	243 (72.1%)	227 (67.4%)	0.338
GFR \ll 30, n (%)	282 (20.7%)	59 (18%)	88 (26.1%)	75 (22.3%)	60 (17.8%)	0.031
Dialysis, n (%)	46 (3.4%)	11 (3.3%)	14 (4.2%)	11 (3.3%)	10 (3%)	0.865
CT scan, n (%)	727 (53.5%)	26 (7.7%)	110 (32.6%)	289 (85.8%)	302 (89.7%)	0.000
BE, n (%)	517 (38.1%)	202 (60%)	161 (47.8%)	89 (26.4%)	65 (19.2%)	0.000
SE, n (%)	602 (44.3%)	135 (40.1%)	128 (38%)	124 (36.8%)	215 (63.8%)	0.000
Different deploy, n (%)	225 (16.7%)	0	48 (14.2%)	123 (36.5%)	54 (16%)	0.000
B: In-hospital outcomes						
VARC-2 success, n (%)	1259 (93.4%)	315 (93.5%)	310 (92%)	321 (95.2%)	313 (92.3%)	0.374
Primary Outcome, n (%)	56 (4.1%)	19 (5.6%)	17 (5%)	11 (3.3%)	9 (2.7%)	0.216
Emergency surgery, n(%)	17 (1.2%)	4 (1.2%)	6 (1.8%)	3 (0.9%)	4 (1.2%)	0.769
≤ 72 h mortality, n (%)	19 (1.4%)	6 (1.8%)	4 (1.2%)	5 (1.5%)	4 (1.2%)	0.899
30 days mortality, n (%)	47 (3.5%)	15 (4.4%)	15(4.4%)	10 (3%)	7 (2.1%)	0.249
C: Type of complication						
Mechanical, n (%)	28 (2%)	9 (2.7%)	8 (2.4%)	6 (1.8%)	5 (1.5%)	0.692
Heart Failure, n (%)	14 (1%)	5 (1.5%)	3 (0.9%)	3 (0.9%)	3 (0.9%)	0.834
ICU related, n (%)	15 (1.1%)	4 (1.2%)	8 (2.4%)	2 (0.6%)	1 (0.3%)	0.050

3. Results

During the study period, 1348 patients underwent TAVR in our center, with the number of procedures progressively increasing each year (Supplementary Fig. 1A). Mean age was 80.5 ± 7.8 and patients presented an intermediate to high surgical risk profile (mean log ES 21.3 ± 16.2 , std. ES 10.1 ± 4.2 , STS 7.8 ± 8.7) (Table 1A). 23 patients with bicuspid valves, 14 with pure aortic regurgitation and 85 patients undergoing TAVR due to surgical bioprosthesis failure were included in this analysis. 53.5% of patients underwent pre-procedural CT scan to evaluate vascular access sites, aortic annulus dimensions, calcification extension and aortic angulation.

The most frequent access route used for TAVR was transfemoral (1183, 87.8%), followed by transapical (90, 6.7%), transaxillary (58, 4.3%) and transaortic (17, 1.3%).

Table 2

univariate and multivariate regression model for clinical, echocardiographic and procedural parameters; COPD: chronic obstructive pulmonary disease; BMI: body mass index; GFR: glomerular filtration rate; CKD: chronic kidney disease, $GFR < 60$ ml/min/1.73 m²; severe CKD: $GFR \leq 30$ ml/min/1.73 m²; AF: atrial fibrillation; CAD: coronary artery disease; CS: cardiac surgery; BAV: balloon aortic valvuloplasty; ViV: valve-in-valve; LVEF: left ventricular ejection fraction; low EF: $\leq 30\%$; G: gradient; AVA: aortic valve area; CT: computed tomography; high STS: $\geq 8\%$; low STS: $< 8\%$; high LogES: $\geq 20\%$; old generation includes: Edwards Sapien, Sapien XT, CoreValve; new generation includes: Sapien 3, Evolut R, Evolut Pro, Direct Flow, Lotus, Acurate Neo, Portico, Centera, Jena, Engager; SE: self-expanding, including Evolut R, Evolut Pro, Acurate Neo, Portico, Centera, Jena, Engager; BE: balloon expandable, including Edwards Sapien, Sapien XT, Sapien 3; Other deployment: neither SE nor BE, includes Direct Flow and Lotus devices.

Predictors of primary outcome				
Variable	Univariate analysis		Multivariate analysis	
	OR (95% CI)	p-Value	OR (95% CI)	p-Value
Male	1.13 (0.66–1.93)	0.663		
Female	0.89 (0.52–1.52)	0.663		
Age	0.98 (0.95–1.01)	0.209		
Age \gg 80 yo	0.81 (0.47–1.40)	0.459		
Hypertension	0.48 (0.27–0.85)	0.012		
Diabetes	1.14 (0.77–1.70)	0.505		
Dyslipidemia	0.59 (0.33–1.03)	0.062		
Smoke	0.95 (0.70–1.30)	0.730		
COPD	0.64 (0.31–1.31)	0.223		
BMI	0.95 (0.89–1.02)	0.122		
Creatinine	1.08 (0.95–1.23)	0.246		
Mean eGFR	0.98 (0.97–0.99)	0.019		
CKD	1.70 (0.82–3.54)	0.154		
Severe CKD	1.94 (1.06–3.54)	0.030		
AF	1.18 (0.64–2.16)	0.595		
Previous CAD	0.91 (0.52–1.58)	0.729		
Previous CS	1.10 (0.59–2.03)	0.781		
Previous TAVR	4.60 (1.3–16.30)	0.018		
Previous BAV	0.90 (0.12–6.77)	0.920		
ViV	1.18 (0.78–4.53)	0.158		
LVEF	0.98 (0.96–1)	0.039		
Low EF	1.36 (0.65–2.82)	0.415		
Mean G	0.97 (0.96–1)	0.188		
Mean AVA	1.02 (0.24–4.31)	0.973		
CT scan	1.10 (0.64–1.90)	0.729		
Mean STS	1.03 (1.01–1.05)	0.002		
High STS	1.78 (1.00–3.16)	0.047	1.82 (0.99–3.37)	0.055
Low STS	0.45 (0.26–0.77)	0.004		
STS MM	1.02 (1.00–1.04)	0.007		
Log ES	1.03 (1.02–1.04)	0.000		
High Log ES	1.81 (1–3.28)	0.049		
3rd–4th Quartile	0.56 (0.32–0.98)	0.041	0.5 (0.26–0.94)	0.031
Emergency	37.2 (6.1–27.7)	0.000		
Old Generation	1.60 (0.92–2.73)	0.100		
New Generation	0.63 (0.37–1.1)	0.100		
Prosthesis Generation	0.45 (0.3–0.83)	0.010		
SE	1.12 (0.65–1.92)	0.691		
BE	0.77 (0.44–1.37)	0.382		
Other Deploy	0.98 (0.47–2.02)	0.947		

Bold numbers correspond to those statistically significant

We implanted 13 different valve types including balloon-expandable ($n = 517$), self-expanding ($n = 602$) and other deployment-modality valves ($n = 225$). Four patients (0.003%) undergoing TAVR procedure did not receive any valve due to major procedural complications occurring before valve deployment.

In the analysis by procedure date quartiles, we observed significant temporal trends of increasing mean age at procedure and decreasing surgical risk. The use of pre-procedural CT scan increased over time and the type of device progressively shifted from balloon-expandable to self-expanding prostheses (Table 1A).

According to VARC-2 criteria, procedural success was reached in 1259 (93.4%) patients (Table 1B). The incidence of stroke, new pacemaker implantation, acute kidney injury and moderate to severe paravalvular leak were 1.9%, 15.9%, 8.4% and 13.7%, respectively.

Overall, the primary endpoint occurred in 56 (4.1%) patients; 47 patients (3.5%) experienced procedural mortality, of which 19 patients (1.4%) died within 72 h of the procedure. Seventeen patients (1.2%) needed an emergent conversion to open surgery and among them 7 (41.2%) did not survive [4 died during or soon after emergency surgery, 3 died later for subsequent complications].

The occurrence of the primary and secondary endpoints did not have any significant variation among procedural date quartiles. Of note, analyzing patients dichotomized at the median procedural date (2014), we observed a significant reduction in the occurrence of the primary endpoint in more recent years (3.0% vs 5.2%, $p = 0.041$).

Mechanical complications were the most frequent causes of immediate adverse events, while heart failure and intensive care complications were more frequently related to delayed in-hospital adverse events (Supplementary Table 1). The incidence of mechanical complications and heart failure-related adverse events remained steady over time, while a significant decrease in intensive care-related events was observed (Table 1C, Supplementary Fig. 1B).

At univariate analysis, significant predictors of the primary outcome were a higher surgical risk (by both STS and logistic EuroScore scores), old generation devices, poor kidney function, TAVR in TAVR procedures and TAVR performed emergently. Hypertension, dyslipidemia and a more recent procedural date (third and fourth vs. first and second quartiles) were protective features. No interactions of older age and lower EF with outcomes were observed.

At multivariate analysis, a more recent procedural date was the single feature independently associated with the outcome (HR 0.5, 95% confidence interval 0.26–0.94, $p = 0.031$) (Table 2).

4. Discussion

From initial experiences to more recent studies, the overall 30-day mortality rate of TAVR has decreased from $\gg 9\%$ to $\ll 4\%$ [2,3,16,17], with a need for conversion to emergency surgery as low as 1% [13]. In line with these observations, we found an overall procedural mortality rate of 3.5% and a need for conversion to surgery rate of 1.2% [17–19]. Consistently with previous literature, we also observed that the risk profile of patients undergoing TAVR improved over time, reflecting the expansion of TAVR indications to lower risk patients. Additionally, during the study period first generation devices were “replaced” by newer ones, with the advantage of enhanced technologies in prosthesis performance and smaller delivery systems; pre-procedural planning benefited from a progressively wider use of CT scan too.

While we could not detect significant temporal trends in outcomes improvements in the by-procedure date quartiles analysis, we found a significant improvement in the primary endpoint when the same analysis was carried in patients dichotomized at the median value corresponding to the year 2014.

Importantly, this finding was independent of the STS and EuroScore at multivariate analysis, as well as we could not find any significant association between pre-procedural CT scan employment or device generation and the primary outcome (possibly because of covariation

with more recent procedural data); we speculate that a combination of the above factors, including pre-procedural assessment, device evolution, operator experience and post-procedural management, can contribute to improved outcomes in more recent times. Improvement in post-TAVR patient management is further suggested by the reduction observed in intensive care-related adverse events. These hypotheses are further supported by existing literature demonstrating the association of the above factors with improved outcomes [19].

The main limitation of this study is the small proportion of events that limits the identification of differences and predictors with a good statistical power. This is however due to the single-center nature of this study, which in turns allow for an unbiased assessment of the evolution of TAVR procedure in a high-volume real-world setting, with a long-standing experience.

In conclusion, the high-volume 10-year experience in TAVR procedures at our center shows that, despite an encouraging temporal trend toward adverse events reduction, a not negligible risk of procedural mortality or need for conversion to emergency surgery still persists: further research is needed to detect the determinants of early procedural adverse outcomes and find the optimal means to effectively reduce them in clinical practice, especially in the low risk patients era [5].

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.ijcard.2019.06.060>.

Disclosures

Nothing to disclose.

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