

# American Journal of Preventive Medicine

## INFORMATION FOR CATEGORY 1 CME CREDIT

### Prevalence and Correlates of Receiving Medical Advice to Increase Physical Activity in U.S. Adults: National Health and Nutrition Examination Survey 2013–2016

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This article has been chosen to participate in the AJPM CME program. Please read and follow the instructions below:

#### Educational objectives

After reading this article, the learner should be able to:

1. Describe the prevalence of U.S. adults who receive advice from a doctor or another healthcare professional to increase their physical activity.
2. Describe patient health characteristics associated with the receipt of physical activity-related medical advice.
3. Describe patient demographic characteristics associated with the receipt of physical activity-related medical advice.

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The authors, Marissa L. Zwald, Brian K. Kit, Tala H.I. Fakhouri, Jeff P. Hughes, and Lara J. Akinbami, have disclosed that no relevant financial relationships exist.

#### Term of approval

June 2, 2019–June 2, 2022

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