

American Journal of Preventive Medicine

INFORMATION FOR CATEGORY 1 CME CREDIT

Cardiorespiratory Fitness, Lung Cancer Incidence, and Cancer Mortality in Male Smokers

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This article has been chosen to participate in the AJPM CME program. Please read and follow the instructions below:

Educational objectives

After reading this article, the learner should be able to:

1. Understand the potential preventive role of higher cardiorespiratory fitness in lung cancer outcomes among former and current male smokers.
2. Identify low cardiorespiratory fitness as potential modifiable risk factor for lung cancer in former and current male smokers.
3. Recognize the potential of assessing cardiorespiratory fitness as additional preventive screening strategy for former and current male smokers.

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The authors, Baruch Vainshelboim, Ricardo M. Lima, Peter Kokkinos, and Jonathan Myers, have disclosed that no relevant financial relationships exist.

Term of approval

November 2, 2019–November 2, 2022

Estimated time to complete this activity is 1 hour.

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