

RESEARCH AND EDUCATION

Impact of high-speed sintering on translucency, phase content, grain sizes, and flexural strength of 3Y-TZP and 4Y-TZP zirconia materials



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The advantages of zirconia, such as biocompatibility, esthetics, and high strength, make it a popular material for dental restorations.¹ Furthermore, wear of the opposing dentition does not appear to be a problem if the restoration is properly finished.² However, the long sintering time of up to 12 hours, which is used to establish the final structure and properties of the material, lengthens the patient's treatment and restricts its use for direct applications. Another challenge is the difficulty in combining high translucency with high mechanical properties.³ The flexural strength and translucency of the various zirconias with different amounts of yttria (Y₂O₃) and alumina (Al₂O₃) are compared in Table 1. For this study, tetragonal (contrast ratio [CR]: 0.74⁴, σ: 1215 MPa⁴), tetragonal with reduced Al₂O₃ (CR: 0.69⁴, σ: 983 MPa⁴) 3 mol% yttria-stabilized tetragonal zirconia polycrystal

ABSTRACT

Statement of problem. The lengthy sintering time of zirconia is costly and limits applications. The consequences of shortening the sintering time are mainly unknown.

Purpose. The purpose of this in vitro study was to test and compare 2 high-speed sintering protocols and 1 conventional sintering protocol on the translucency, phase content, grain sizes, and flexural strength of 3 zirconia materials.

Material and methods. In total, 450 specimens of 3 zirconia materials—two were 3 mol% yttria-stabilized tetragonal zirconia polycrystals (3Y-TZPs), Ceramill ZI and Zolid (ZD), and a 4 mol% yttria-stabilized tetragonal zirconia polycrystal (4Y-TZP), Zolid HT+ (n=150)—and 5 thicknesses (1.0, 1.5, 2.0, 2.5, and 3.0 mm; n=30) were sintered according to 2 high-speed sintering protocols (final temperature 1570 °C and 1590 °C; n=10) and a reference sintering protocol (1450 °C; n=10). After measuring the monoclinic phase content with Raman spectrometry (n=3), the specimens were polished, and translucency was determined. The biaxial flexural strength of specimens with a thickness of 1.0 mm and 1.5 mm was tested (n=20). Statistical evaluation included 1-way ANOVA, the Kolmogorov-Smirnov, Kruskal-Wallis, Mann-Whitney-U, and Spearman-Rho tests and the Bonferroni correction (α=.0011).

Results. For ZI, the sintering protocols did not affect the translucency or biaxial flexural strength. ZD and HT+ showed significantly lower translucency for high-speed sintering protocols (*P* < .001), but the biaxial flexural strength remained the same after the high-speed sintering protocol at 1590 °C. Grain sizes increased with increasing final sintering temperature for ZI and HT+, whereas translucency generally decreased with increasing material thickness. No monoclinic phase was detected in any group.

Conclusions. The flexural strength was maintained with high-speed sintering but led to a decrease in translucency for ZD and HT+. (*J Prosthet Dent* 2019;122:396-403)

(3Y-TZP), and tetragonal and cubic third 5 mol% yttria-stabilized tetragonal zirconia polycrystal (5Y-TZP) (CR: 0.65⁴, σ: 539 MPa⁴) were evaluated (Table 2).³⁻⁶ However, because 5Y-TZP does not fulfill the mechanical

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Clinical Implication

Shorter zirconia sintering times are attractive because of reduced treatment time, fewer treatment appointments, and lower cost. Dentists should be aware of the relevant effects of high-speed sintering on the mechanical, morphological, and optical properties of the different formulations of zirconia materials.

requirements for multiple-unit fixed dental prostheses (FDPs),⁶ 4 mol% yttria-stabilized tetragonal zirconia polycrystal (4Y-TZP) was developed to represent a compromise between 3Y-TZP with reduced Al₂O₃ and 5Y-TZP (Table 1).

When shorter sintering time is considered, such as 60 to 120 minutes (speed sintering) and 10 minutes (high-speed sintering), at least a constant translucency for (high) speed compared with that of conventional sintering has been reported for tetragonal zirconia.^{7,8} Such high-speed sintering protocols (10 minutes, 1580 °C) lead to higher flexural strength than conventional sintering.⁹ The short sintering duration of 10 minutes can be realized by preheating the furnace, although there are furnaces that can produce sintering times of 30 minutes without preheating for direct applications. Technologies such as electromagnetic induction heating or inductively coupled plasma have been used to minimize overloading the heater elements because of higher temperatures and higher heating rates and to enhance the heat transfer.¹⁰ To maintain the energy input for a short sintering time, the final sintering temperature has been increased, reducing the strength of the first-developed 3Y-TZP at sintering times of 120 minutes from 1600 °C upward.¹¹ Grain size and translucency increases have been reported with increasing sintering temperatures.¹¹⁻¹⁵ However, decreases in translucency with shorter sintering times have been reported together with an increased grain size.⁸

The translucency of zirconia depends on scattering, reflection, absorption, and transmission. For Y₂O₃-stabilized zirconia, adsorption has been reported not to influence the translucency significantly.¹⁶ Transmission and reflection occur according to the refraction at interfaces, which is influenced by pores, impurities, defects, and grain boundaries,¹⁶ and the material's refractive index. The additive Al₂O₃ is said to assist the sintering but reduces the translucency because Al₂O₃ grains are smaller and more segregated near the grain boundaries of zirconia.¹⁷⁻²¹ At the same time, Al₂O₃ limits the grain growth and affects diffusion.^{18,20,22} Furthermore, birefringence, which takes place for tetragonal but not for cubic zirconia, leads to refractive index changes at grain

Table 1. Zirconia: translucency and flexural strength

| Zirconia | Translucency (%) | Biaxial Flexural Strength (MPa) |
|---|--------------------|---------------------------------|
| 3Y-TZP | 20 ³ | 1200 ³ |
| 3Y-TZP (reduced Al ₂ O ₃) | 25 ³ | 1000 ³ |
| 5Y-TZP | 35-40 ³ | 500 ³ |
| 4Y-TZP | 30 | 900 |
| Desirable values for single-unit FDP (lateral tooth area) | N/A | 100 ³⁰ |
| Desirable values for multiple-unit FDP | N/A | 800 ³⁰ |

Table 2. Materials: abbreviation and composition

| Zirconia | Materials | Abbreviation | Y ₂ O ₃ Content (mol%) | Al ₂ O ₃ Content (wt%) | LOT |
|--|--------------------|--------------|--|--|---------------------------------|
| 3Y-TZP | Ceramill ZI | ZI | 3 | 0.25 | 5306033B 5306496B 1710001 |
| 3Y-TZP (reduced Al ₂ O ₃) | Ceramill Zolid | ZD | 3 | 0.05 | ZY306361B 306043B 1710000 |
| 5Y-TZP | Ceramill Zolid FX | N/A | 5 | 0.05 | N/A* |
| 4Y-TZP | Ceramill Zolid HT+ | HT+ | 4 | 0.05 | 170303 XY406356G |

*Not tested in study.

boundaries and explains why there are fewer scattering effects and higher translucency for zirconia in the cubic phase¹⁶: this relates to the 4Y-TZP and the 5Y-TZP. Translucency and flexural strength are influenced by the microstructure of the material. Translucency decreases with an increase in the number of grain boundaries and thus correlates with the grain size of the material and the material thickness.¹¹ Vacancies and inclusions lower translucency because of additional scattering and refraction and reduce flexural strength because of less bonding between grains. Smaller grains increase the flexural strength.^{16,19,23-25}

Raman spectrometry is a suitable method for analyzing the monoclinic phase content of zirconia²⁶⁻²⁸ because it can differentiate the monoclinic (178 cm⁻¹) and tetragonal (190 cm⁻¹) phases, has high depth resolution, can be applied to unprepared surfaces, and, thus, is nondestructive.²⁹

The null hypotheses of this in vitro study were that specimen thickness would not affect translucency and that the tested high-speed sintering protocols, the choice of zirconia generation, and the combination of factors would not affect the translucency, monocline phase content, grain size, or flexural strength of 3Y-TZP with 0.05 and 0.25 wt% Al₂O₃ and 4Y-TZP.

MATERIAL AND METHODS

As listed in Table 2, 15-mm-diameter disks of the two 3Y-TZPs (ZI, ZD) and the 4Y-TZP (HT+) were selected for the tests and processed according to 3 sintering

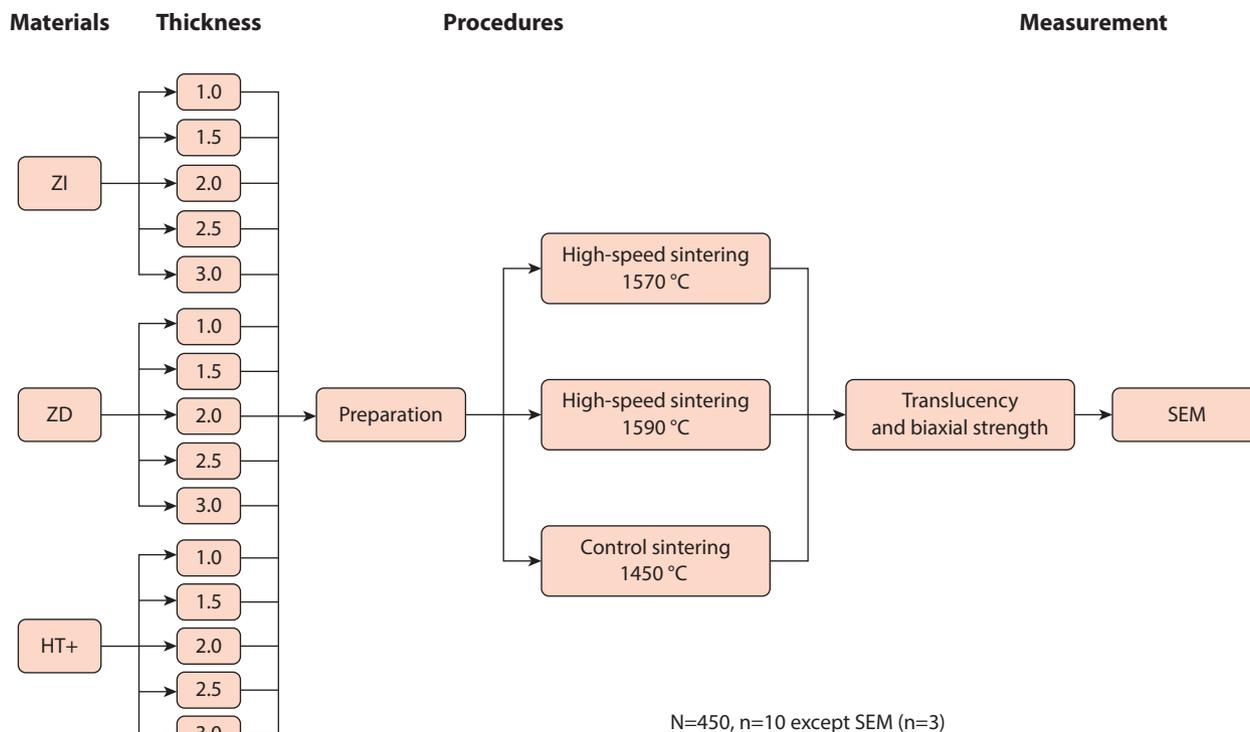


Figure 1. Study design. HT+, Ceramill Zolid HT+; SEM, scanning electron microscopy; ZD, Ceramill Zolid; ZI, Ceramill ZI.

protocols (Fig. 1). In total, 450 specimens ($n=150$ per zirconia material) were milled (Ceramill Motion 2; Amann Girrbach AG), ground (SiC abrasive paper P1200; Buehler), and sintered (high-speed-sintered groups: self-optimized furnace, reference groups: Ceramill Therm 2; Amann Girrbach AG) with $n=50$ per sintering protocol. High-speed sintering protocols were characterized by a final temperature of 1570 °C or 1590 °C and a holding time of 10 minutes. The third sintering protocol with the final temperature of 1450 °C and a holding time of 120 minutes functioned as a control.

Raman spectrometry (inVia Qontor; Renishaw) ($n=3$ per subgroups) was used to analyze monoclinic phase content. Nine hundred spectra were captured in the center of the specimens with the help of 2-dimensional mapping technology (StreamHR WiRE 4.4, build 6602; Renishaw). This was realized with a step size of $1.00 \mu\text{m}^{-1}$ on an area of $30 \times 30 \mu\text{m}$, a spectral range from 57.46 cm^{-1} to 1839.07 cm^{-1} , a laser wavelength of 523 nm, an acquisition time of 1 second, and a diffraction grating of 1800 lines/mm. The measurement time per specimen was 18 minutes.

For the translucency investigations, specimen thicknesses of 1.0, 1.5, 2.0, 2.5, and 3.0 mm ($n=10$ per subgroup) were evaluated. Nine specimens of the same thickness were simultaneously polished (Abramin; Struers) by using diamond pads ($40 \mu\text{m}$ and $20 \mu\text{m}$), grinding pads ($9 \mu\text{m}$ and $3 \mu\text{m}$), and a polishing pad ($1 \mu\text{m}$) in combination with diamond suspensions

(Struers). Translucency was measured by using a UV-Vis spectrophotometer (LAMBDA 35; PerkinElmer). The specimens were cleaned (Alkopharm 80; BrüggemannAlcohol Heilbronn), mounted with modeling clay (Blu Tack; Bostik), and positioned at the inlet hole of the integrating sphere. The measurements were made at room temperature (23 °C) in a dry and darkened environment. The spectrometer continuously recorded the light transmission coefficients for the range from 400 nm to 700 nm at 2-nm intervals and generated the absolute results by comparison with source values via split beam optics (transmitted intensity/source intensity). The percentile translucency was calculated by integrating this fraction over the wavelength from 400 nm to 700 nm and referencing it to the integrated value with no specimen (baseline).

Grain sizes ($n=1$ per subgroup) were determined by scanning electron microscopy (SEM) (Carl Zeiss Supra 50VP FESEM; Carl Zeiss) with an acceleration voltage of 5.0 kV at a working distance of 7.5 mm. Before analysis, thermal etching (30 minutes by 1450 °C; LHT 02/16; Nabertherm) was performed, as well as sputtering (Sputter Coater CCU-010; Safematic) with tungsten in a 2-nm-thick layer. The surface was recorded at 3 different areas per specimen and analyzed with regard to pores, grain size, blowholes, and impurities.

For biaxial flexural strength determination ($n=20$ per subgroup), 1-mm and 1.5-mm specimens were tested with a 5.1-mm-radius bearing ball, a 0.8-mm-radius

piston, and a crosshead speed of 1 mm/min at room temperature (23 °C) (Zwick/Roell Z 2.5; Zwick). The flexural strength was calculated by using the following formula:

$$\sigma = -0.2387P(X-Y)/d^2,$$

where σ =flexural strength (MPa), P =fracture load (N), d =specimen thickness (mm), and the coefficients X and Y :

$$X = (1+\nu)\ln(r_2/r_3)^2 + \left[(1-\nu) / (r_2/r_3)^2 \right]$$

$$Y = (1+\nu) \left[1 + \ln(r_1/r_3)^2 \right] + (1-\nu)(r_1/r_3)^2,$$

where ν =Poisson ratio, r_1 =bearing ball radius (mm), r_2 =piston radius (mm), r_3 =specimen radius (mm).

Global univariate ANOVA with additional partial eta-squared (η_p^2) determination was performed to evaluate the influences of the 3 factors (zirconia material, sintering protocol, and thickness) on the flexural strength and translucency results. This indicated whether a further evaluation should be performed in subgroups or in pooled data records. Statistical evaluation of the results was performed, beginning with a descriptive analysis, followed by the Kolmogorov-Smirnov test to test the violation of the normal distribution. The Kruskal-Wallis and Mann-Whitney U tests were conducted to analyze significant differences between the tested groups.

Two-way ANOVA with the post hoc Scheffé test and η_p^2 was calculated to analyze the effect of the material and sintering protocol on the size of the grains. The Spearman-Rho test was used to calculate the correlation between the specimen thicknesses and translucency values for each test group separately (IBM SPSS Statistics, v23; IBM Corp). By using a Bonferroni correction, α was adjusted (.05/45=.0011).

RESULTS

The Raman spectra evaluation did not detect monoclinic phase content for any group, and thus, there was no effect of the material thickness, the choice of zirconia, or the sintering protocol (Fig. 2). The biggest influence on the translucency was exerted by the specimen thickness (partial eta-squared $\eta_p^2=0.972$, $P<.001$), followed by the sintering protocol ($\eta_p^2=0.905$, $P<.001$) and the choice of zirconia ($\eta_p^2=0.486$, $P<.001$). The effect of the binary or ternary combinations of the 3 parameters was significant only for the combination of zirconia material and sintering protocol ($\eta_p^2=0.760$, $P<.001$). Therefore, the results were analyzed separately according to the tested hypotheses. Concerning translucency, the Kolmogorov-Smirnov test indicated a violation of normality assumption regarding the distribution of the data for 18% of all tested groups.

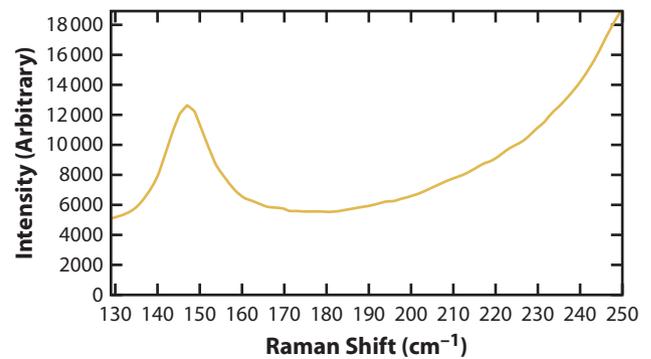


Figure 2. Raman spectra of Ceramill ZI sintered at final temperature of 1570 °C and thickness of 1 mm.

As shown in Figure 3, the translucency values decreased with increasing specimen thickness ($P<.001$, Spearman-Rho correlation: -0.970 to -0.980), except between 1 mm and 1.5 mm of the group ZD reference sintered at 1450 °C ($P=.002$). The highest translucency values were observed for ZD with 1-mm thickness and for HT+ of all thicknesses sintered by reference sintering. The lowest translucency values were measured for ZI specimens sintered at 1570 °C with 1-mm thickness and for ZD specimens sintered at 1590 °C with thicknesses from 1.5 mm to 3 mm. Among specimens sintered by reference sintering, HT+ resulted in higher translucency than ZD, and ZD resulted in higher translucency than ZI ($P<.001$). Except in 1-mm specimens, ZD and HT+ were in the same value range ($P=.940$). In 1570 °C high-speed-sintered specimens with thicknesses from 2 mm to 3 mm, ZI and HT+ showed higher translucency than ZD ($P<.001$). In 1-mm-thick specimens, ZD was more translucent than ZI ($P<.001$). In 1.5-mm specimens, ZD resulted in higher translucency than ZD ($P<.001$). In 1590 °C sintered specimens, no differences were observed in 1-mm-thick specimens ($P\geq.650$). For 1.5-mm-thick specimens, ZI and HT+ showed higher translucency values than ZD ($P<.001$). In specimens of thicknesses between 2 mm and 3 mm, ZI presented the highest translucency values, followed by HT+ and ZD ($P\leq.001$). Reference sintering resulted in higher translucency than high-speed sintering for ZD and HT+ of all thicknesses and for ZI with thicknesses between 2.5 mm and 3 mm ($P<.001$). Both high-speed-sintered groups were in the same value range ($P\geq.131$).

The results of the SEM recordings are shown in Table 3. The surfaces showed similar microstructure, and grain sizes were perceptibly different. However, SEM images of ZI at both high-speed sintering temperatures revealed undulating textures of the grains. The grouped values were normally distributed. The sintering protocol ($\eta_p^2=0.538$, $P<.001$) showed the highest impact on the grain sizes, followed by the material ($\eta_p^2=0.306$, $P=.001$). High-speed sintering at 1590 °C revealed the highest

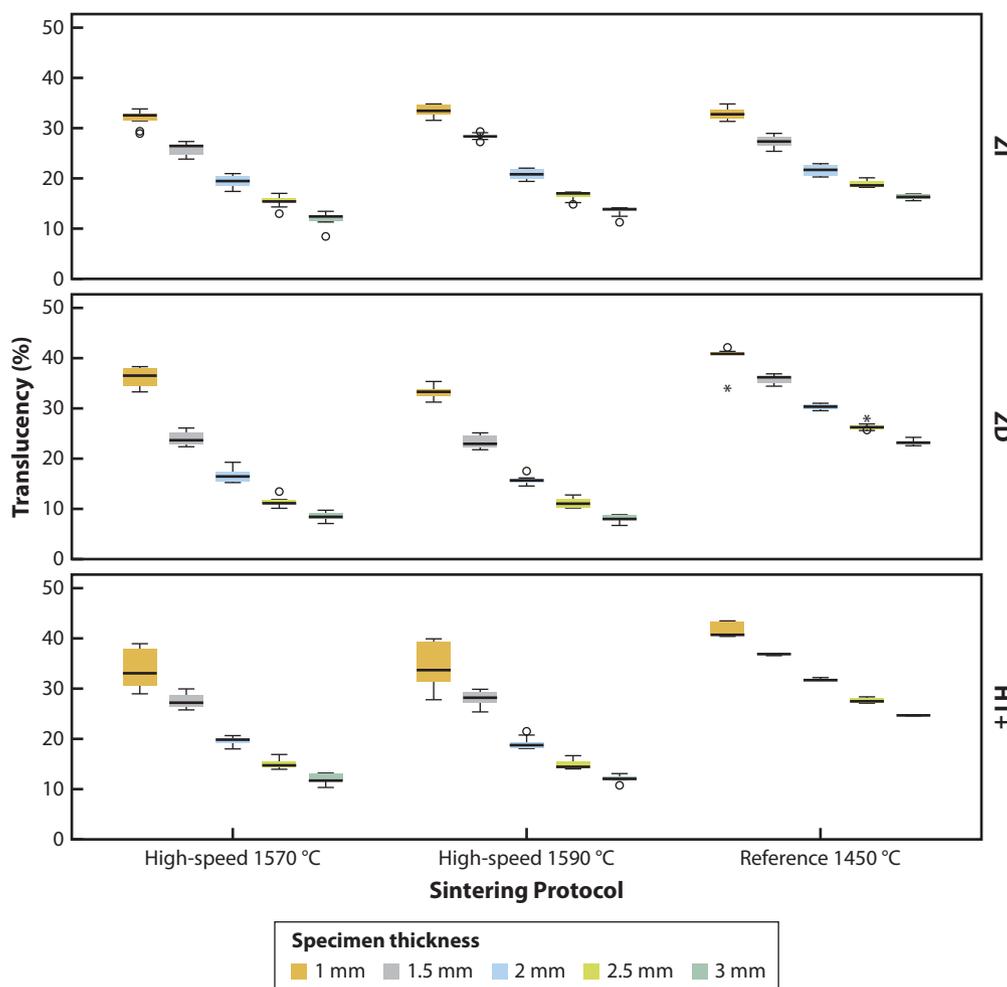


Figure 3. Translucency grouped by material and sintering protocol. (Impact of specimen thicknesses is significantly different [$P \leq .001$], except between 1 mm and 1.5 mm of group ZD at 1450 °C. ° and * indicate outliers and strong outliers).

grain sizes, followed by high-speed sintering at 1570 °C, whereas reference sintering showed the smallest grain sizes. Among the materials, ZI resulted in the highest grain sizes, whereas those of HT+ and ZD were comparable. No interactions were found between the sintering protocol and material ($P=.635$). Sintering protocol did not show significant differences between the grain sizes for HT+, although for ZI and ZD, differences occurred ($P < .001$). Reference sintering resulted in the smallest grain sizes, followed by high-speed sintering at 1570 °C and 1590 °C. The analysis of the material choice revealed no significant differences for the sintering protocols, with a final temperature of 1450 °C and 1590 °C. For 1570 °C, ZI showed coarser grains ($0.22 \mu\text{m}^2$) than ZD ($0.17 \mu\text{m}^2$) ($P=.042$). The morphological observations (Fig. 4) illustrate more homogenous grain sizes and finer grains for 3Y-TZP, both after reference sintering and the high-speed sintering.

For the flexural strength data, the highest impact was for choice of zirconia ($\eta_p^2=0.150$, $P < .001$), followed by sintering protocol ($\eta_p^2=0.085$, $P=.001$). The material

Table 3. Biaxial flexural strength and grain sizes

| Material | Sintering Protocol (°C) | Grain Size, Mean \pm SD (μm^2) | Biaxial Flexural Strength, Minimum/Median/Maximum (MPa) |
|----------|-------------------------|---|---|
| ZI | 1570 | 0.22 \pm 0.02 ^{bb} | 1084/1251/1435 ^{ab} |
| | 1590 | 0.26 \pm 0.01 ^{ca} | 993/1241/1414 ^{aA} |
| | 1450 | 0.17 \pm 0.01 ^{aA} | 1001/1251/1571 ^{ab} |
| ZD | 1570 | 0.17 \pm 0.01 ^{bA} | 827/1023/1214 ^{abA} |
| | 1590 | 0.21 \pm 0.03 ^{ca} | 872/1220/1480 ^{bA} |
| | 1450 | 0.13 \pm 0.01 ^{aA} | 892/1080/1273 ^{abA} |
| HT+ | 1570 | 0.19 \pm 0.05 ^{aAB} | 677/1146/1287 ^{aAB} |
| | 1590 | 0.20 \pm 0.07 ^{aA} | 1059/1257/1398 ^{aA} |
| | 1450 | 0.14 \pm 0.04 ^{aA} | 347/1126/1445 ^{aAB} |

HT+, Ceramill Zolid HT+; SEM, scanning electron microscopy; ZD, Ceramill Zolid; ZI, Ceramill ZI. Lowercase letters indicate significant impact due to choice of sintering protocol in separated groups. Uppercase letters indicate significant impact of material. Same superscript letters indicate no significant difference between values. *Groups that deviate from normal deviation.

thickness ($P \geq .218$) did not affect the biaxial flexural strength results. As a result, further statistical investigations were performed with thickness pooled data. A fraction of 22% of the groups was not normally distributed. The choice of material did not affect the

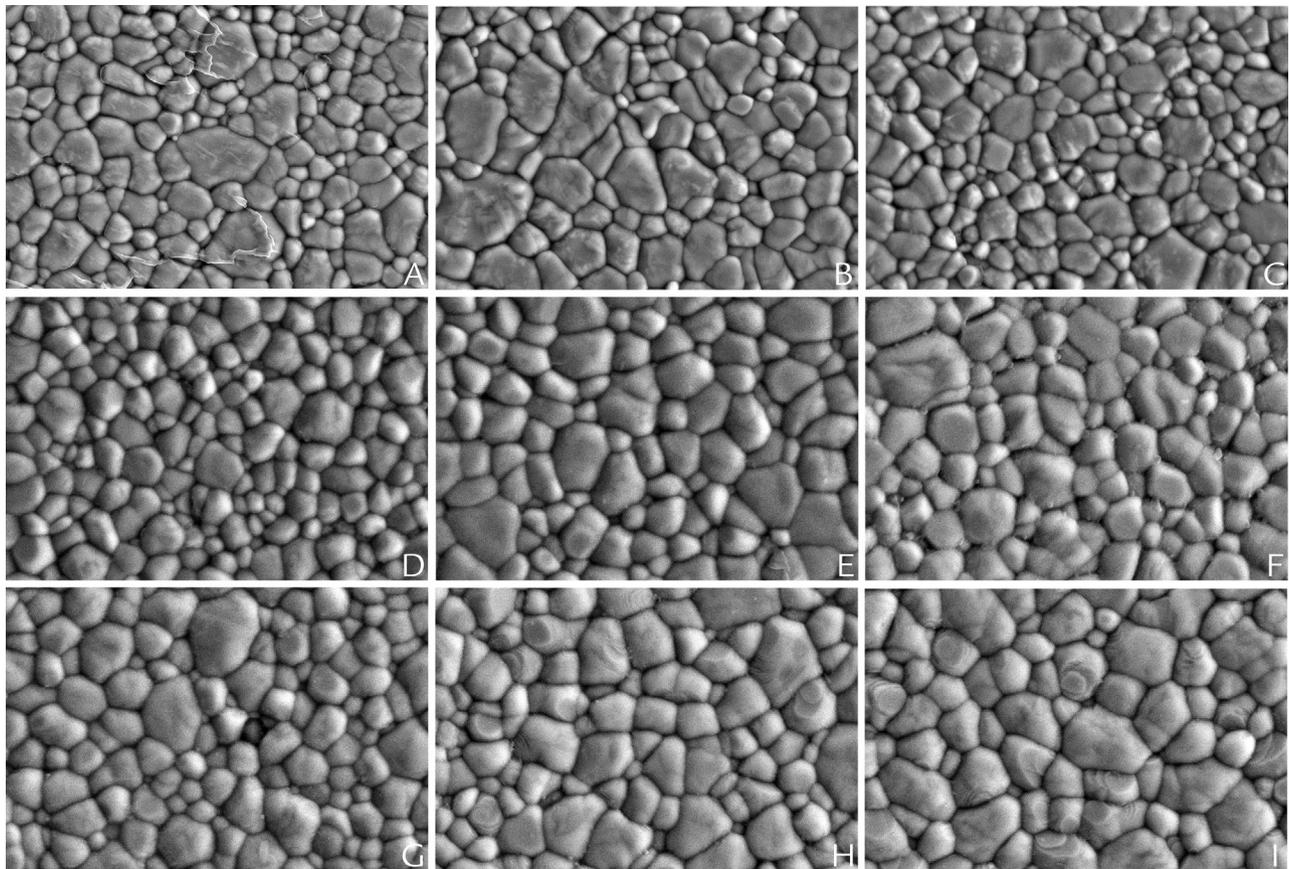


Figure 4. Scanning electron microscope images showing impact of sintering protocol and material on grain size and morphology. Original magnification $\times 50\,000$. HT+, Ceramill Zolid HT+; ZD, Ceramill Zolid; ZI, Ceramill ZI. A, HT+ at 1450°C ; B, HT+ at 1570°C ; C, HT+ at 1590°C ; D, ZD at 1450°C ; E, ZD at 1570°C ; F, ZD at 1590°C ; G, ZI at 1450°C ; H, ZI at 1570°C ; I, ZI at 1590°C .

strength outcomes of the high-speed sintering protocol at 1590°C (Table 3). With reference and 1570°C sintering, ZI showed significantly higher biaxial flexural strength values than ZD ($P \leq .001$). The value for HT+ was between those of ZI and ZD. For ZI, the sintering protocol did not affect the biaxial flexural strength ($P \geq .536$). HT+ showed the same behavior ($P \geq .006$). ZD showed higher biaxial flexural strength for high-speed sintering at 1590°C than at 1570°C ($P \leq .001$) (Fig. 5).

DISCUSSION

The compatibility of shorter sintering time, clinically sufficient strength, translucency, and stable microstructure without defects was the focus of this study. The stated null hypotheses were rejected except that regarding the monoclinic phase content, which was confirmed. An inversely proportional correlation between material thickness and translucency (Fig. 3) was found for all groups. This correlation is consistent with the findings of previous investigations and can be ascribed to Lambert's law, which describes the logarithmic relationship of intensity attenuation of radiation.^{4,24} However, the results were not tested for the logarithmic relationship or its variables.

An increase in translucency from ZI, followed by ZD and HT+ was observed, presumably because of their chemical composition and the resulting altered microstructure. The sintering additive Al_2O_3 and the stabilizer Y_2O_3 influenced the grain size and phase content, thus effecting birefringence and translucency of the zirconia.^{4,16,19} When high-speed sintering is conducted, the ZD and HT+ zirconias with less Al_2O_3 had significantly lower translucency (Table 2). The high-speed sintering protocols used high sintering temperatures and short sintering times. Increased density of particles in the pressed blank, reduction of pore spaces, phase transformation, and formation or growth of grains during sintering all explain how the shortened sintering time or the fast temperature rates may cause lower translucency.¹⁶ For 3Y-TZP with reduced Al_2O_3 (ZD), diffusion or repositioning process takes place, which leads to the location of Al_2O_3 at the grain boundaries, which results in lower translucency.¹⁹ When Al_2O_3 is located evenly in the crystal lattice, it increases the birefringence because it has a different refractive coefficient to zirconia, which may explain the lower translucency after high-speed sintering. A different response to high-speed sintering appears to exist among the zirconia materials, and

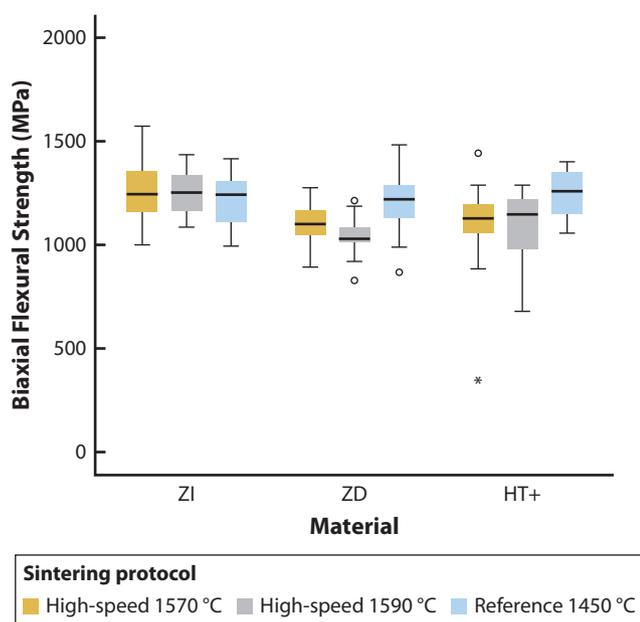


Figure 5. Flexural strength grouped by material and sintering protocol. °,* outliers and strong outliers. HT+, Ceramill Zolid HT+; ZD, Ceramill Zolid; ZI, Ceramill ZI.

ZD and HT+ require precautions when sintered at high temperatures or at short sintering times. However, the earlier 3Y-TZP (ZI) becomes more translucent with higher sintering temperatures¹¹ and is not affected by the sintering protocol.

SEM images of the unpolished state were made to determine the reasons for differences in translucency and grain sizes. These demonstrated that the influence of the final temperature outweighs the grain growth because of the longer sintering duration. Grains became coarser with higher final sintering temperatures (Fig. 4). Furthermore, the images confirm the larger grain size for 3Y-TZP with 0.25 wt% Al₂O₃ than with 0.05 wt% Al₂O₃ (Fig. 4). According to the SEM images (Fig. 4), translucency differences due to pores, inclusions, or other phenomena at grain level can be excluded for the high-speed sintering protocols.

Although, a larger grain size has been reported to compromise strength,¹⁶ the results of the present study suggest that reasons other than grain size must predominate. In addition, the degree of sintering does not explain the findings because the high-speed sintering protocol at 1590 °C had higher mean flexural strength than the control sintering protocol ($P \leq .001$). Surprisingly, HT+ resulted in comparable flexural strength values with the other 2 materials ($P = .101$), whereas ZD and ZI were significantly different ($P \leq .001$). For the high-speed sintering protocol at 1590 °C, ZD resulted in significantly coarser grains ($P \leq .001$) and higher strength ($P \leq .001$), which indicated that the higher temperature affected the mechanical properties.

The absence of measurable monoclinic phase content in any group supports the theory that the different behavior caused by the sintering protocol was not influenced by changes in the crystal lattice but by macroscopic factors including grain sizes, diffusion processes, and densification, which could not be assessed by the Raman spectrometry analysis. A limitation of this study was the lack of power analysis to determine the sample size; it is not clear if the sample size was adequate. Further studies with equal testing arrangements, parameters, and evaluation techniques should be conducted to allow the comparison of research results. Information derived from geometrical specimens need to be verified in anatomical reconstructions simulating the clinical situation. Of course, clinical studies are also needed to support the use of high-speed-sintered zirconia FDPs for long-term restorations.

CONCLUSIONS

Within the limitations of this in vitro study, the following conclusions were drawn:

1. A higher biaxial flexural strength was obtained for 3Y-TZP with 0.05 w% Al₂O₃ when high-speed sintered at 1590 °C compared with 1570 °C.
2. The translucency of 3Y-TZP with 0.05 wt% Al₂O₃ and 4Y-TZP was reduced when high-speed sintering was compared with the control groups.

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Noteworthy Abstracts of the Current Literature

Do thermal treatments affect the mechanical behavior of porcelain-veneered zirconia? A systematic review and meta-analysis

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Objectives. A systematic review of in vitro studies was conducted to assess the effect of thermal treatments on flexural strength or critical load to failure of porcelain-veneered zirconia (PVZ).

Sources. Literature searches were performed up to June 2018 in PubMed/MEDLINE, Scopus and Web of Science databases, with no publication year or language limits.

Data. From 393 relevant studies, 21 were selected for full-text analysis, from which 7 failed to meet the inclusion criteria. The 14 remaining papers were included in the systematic review: 8 for meta-analysis and 6 restricted to descriptive analyses. Hand searching of reference lists resulted in no additional papers.

Study selection. In vitro studies using PVZ specimens testing the influence of thermal treatments on the fracture resistance to monotonic or cyclic loading. Papers evaluating cooling rate were divided into those applying fast cooling from above the porcelain glass transition temperature (T_g), or from below it. Meta-analyses were performed separately for flexural strength and critical load to failure, using random effects at a 5% significance level.

Conclusions. Delaying furnace opening at a temperature below the porcelain T_g is advised for PVZ restorations, in order to improve their fracture resistance. Additional information is required to confirm the apparent beneficial effect of self-glaze and repeated veneer firings on the mechanical properties of these restorations. Finally, in order to obtain conclusive and relevant evidence regarding thermal treatments and the fracture resistance of PVZs, future studies should concentrate on anatomically-correct crown specimens.

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