

Cytokine Levels in the Aqueous Humor Are Associated With Corneal Thickness in Eyes With Bullous Keratopathy



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- **PURPOSE:** We sought to investigate the association between the severity of bullous keratopathy and proinflammatory cytokine levels in the aqueous humor (AqH).
- **DESIGN:** Cross-sectional study.
- **METHODS:** This study included a total of 95 eyes: 62 with bullous keratopathy and 33 that underwent cataract surgery. Central corneal thickness (CCT) and central corneal volume within 4 and 6 mm (CCV_{4mm} and CCV_{6mm}, respectively) were determined using anterior segment optical coherence tomography. A total of 95 AqH samples were collected at the beginning of surgery. The levels of cytokines (interleukins [ILs]-1 α , -1 β , -4, -6, -8, -10, -12p70, -13, -17A, interferon [IFN]- α , IFN- γ , monocyte chemotactic protein [MCP]-1, E-selectin, P-selectin, and soluble intercellular adhesion molecule-1 [sICAM-1]) in the AqH were measured using multiplex beads immunoassay. We evaluated the correlation among AqH cytokine levels, CCT, CCV_{4mm}, and CCV_{6mm} in eyes with bullous keratopathy.
- **RESULTS:** The levels of protein, ILs-4, -6, -8, -10, -12p70, and -17A, MCP-1, IFN- γ , E-selectin, P-selectin, and sICAM-1 were significantly higher in eyes with bullous keratopathy compared with those of the normal control subjects (all $P < .0025$). CCT was significantly correlated with the levels of IL-13 ($r = 0.551$, $P = .0009$) and sICAM-1 ($r = 0.448$, $P = .0005$). CCV_{4mm} was significantly correlated with the levels of IL-13 ($r = 0.514$, $P = .0022$) and sICAM-1 ($r = 0.404$, $P = .0019$). CCV_{6mm} was significantly correlated with the level of sICAM-1 ($r = 0.459$, $P = .0003$).
- **CONCLUSION:** The severity of corneal edema in eyes with bullous keratopathy was associated with the levels

of specific cytokines in the AqH. (Am J Ophthalmol 2019;198:174–180. © 2018 Elsevier Inc. All rights reserved.)

ENDOTHELIAL CELL DENSITY (ECD) DECREASES WITH age and in various ocular conditions.¹⁻³ The reduction in ECD is exacerbated over time after intraocular surgery,⁴⁻⁶ and is a serious complication because it can lead to bullous keratopathy and loss of vision.⁷⁻⁹ It has been established that ECD ≤ 500 cells per mm² results in corneal edema. The extent of endothelial dysfunction is believed to determine the severity of corneal edema. However, the exact reasons behind the intraindividual difference in corneal edema remain poorly understood.

The corneal endothelium has a barrier function that prevents the aqueous humor (AqH) from entering the corneal stroma and maintains corneal clarity.¹⁰ Histopathologic studies reported that corneal endothelial cells are degenerated, reduced, or absent with an acellular area of collagenous fibrils and bare Descemet membrane in eyes with bullous keratopathy.¹¹

Recently, we reported an elevation in inflammatory cytokine levels in the AqH of eyes with bullous keratopathy,¹²⁻¹⁵ which, in turn, caused a rapid loss of ECD after penetrating keratoplasty (PKP) and Descemet stripping automated endothelial keratoplasty (DSAEK).^{16,17} Anatomically, AqH with elevated proinflammatory cytokine levels faces the corneal endothelium. Chronic higher levels of proinflammatory cytokines in the AqH can lead to the breakdown of tight junctions in corneal endothelium.^{18,19} In addition, they can also induce inflammation in the corneal stroma and recruit immune cells. We hypothesized that elevated levels of inflammatory cytokines in the AqH are associated with severe corneal edema in eyes with bullous keratopathy. In the current study, we measured central corneal thickness (CCT), and quantified the central corneal volume (CCV) within 4 to 6 mm in diameter (CCV_{4mm} and CCV_{6mm}, respectively) in eyes with bullous keratopathy, using anterior segment optical coherence tomography (AS-OCT). We then evaluated correlations among CCT/CCV and AqH cytokine levels in eyes with bullous keratopathy.

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METHODS

THIS PROSPECTIVE STUDY INCLUDED CONSECUTIVE patients with pseudophakic bullous keratopathy (PBK) or healthy control subjects who underwent corneal transplantation or cataract surgery at Tokyo Dental College (Chiba, Japan) between October 2015 and March 2018. We defined PBK as eyes with epithelial microcystic changes or bullae caused by decreased ECD after complicated cataract or intraocular surgeries. We excluded eyes with ocular surface diseases,²⁰ post-PKP, and active inflammation of the cornea, or anterior chamber. Control subjects were defined as patients who underwent cataract surgery without uveitis, diabetes mellitus, or inflammatory systemic diseases, such as ulcerative colitis or rheumatoid arthritis, and who had not undergone corneal or intraocular surgeries previously. All participants in the control group had an ECD >2000 cells/mm². The study was performed in accordance with the Declaration of Helsinki and approved by the institutional ethics review board of Tokyo Dental College (I-15-42R). Written informed consent was obtained from all participants.

- **AQH SAMPLES:** AqH samples were obtained under sterile conditions at the beginning of surgery after retrobulbar anesthesia in corneal transplantation or topical anesthesia in cataract surgery. First, paracentesis was placed at the clear cornea. The AqH sample was obtained using a 27-gauge needle taking care not to touch the iris, lens, or corneal endothelium. The samples were centrifuged at 3000 g for 5 minutes. The soluble fractions were collected and stored in silicon-coated Eppendorf tubes at -80°C until cytokine level measurement.

- **ASSESSMENT OF CCT AND CCV:** CCT was determined using AS-OCT (SS-1000, CASIA; Tomey, Nagoya, Japan). CCV was calculated using software installed on the AS-OCT (version 4.8.6). Briefly, 16 rotating AS-OCT scans were used to reconstruct 3-dimensional models of the entire corneal structure. The CASIA system corrected distortions in the AS-OCT images based on the refractive index of the anterior surface. One corneal specialist (N.S.) carefully verified all AS-OCT images to ensure that the surface digitalization recognized by the automated inbuilt software was correct. CCV was calculated using the following formula, where $CT_{i,j}$: corneal thickness at $P_{i,j}$, θ_i : angle ($0 \leq i \leq 16$), r_j : radius ($0 \leq j \leq 4$ or 6 mm):

$$CCV_{4 \text{ or } 6\text{mm}} = \sum_{j=0}^{4 \text{ or } 6 \text{ mm}} \sum_{i=1}^{16} \left(\frac{CT_{i,j} \theta_i r_j}{\pi} \right)$$

- **PROTEIN LEVEL MEASUREMENTS:** The protein levels of AqH samples were determined using the DC protein assay (Bio-Rad, Hercules, CA, USA). The reactions were based

on the Lowry assay and were measured according to the manufacturer's instructions. In brief, bovine serum albumin was used as a standard in the range of 0.23 to 1.37 mg/mL. Samples (5 μ L) of bovine serum albumin and AqH were added to 96-well microplates, followed by immediate addition of a mixture containing 25 μ L reagent A and 200 μ L reagent C. After 15 minutes of incubation at room temperature in the dark, the microplates were read at 690 and 405 nm using a microplate reader (Model 550; Bio-Rad). Protein levels were calculated by the subtraction method using the microplate manager system (BioRad).

- **CYTOKINE LEVEL MEASUREMENTS:** The cytokine levels of ILs-1 α , -1 β , -4, -6, -8, -10, -12p70, -13, and -17A, IFN- α , IFN- γ , MCP-1, tumor necrosis factor- α (TNF- α), E-selectin, P-selectin, soluble intercellular adhesion molecule-1 (sICAM-1), macrophage inflammatory proteins-1 α and -1 β , and IFN- γ -induced protein (IP)-10 in AqH samples were measured using Luminex (ProcaPlex kit; Luminex, San Antonio, TX, USA) beads-based multiplex immunoassay according to previous reports.^{13,21} Briefly, 50 μ L of AqH samples were incubated with antibody-coated capture beads in an incubation buffer at room temperature. After 2 hours of incubation, the beads were washed 3 times using washing buffer and phycoerythrin-labeled streptavidin was added for 30 minutes in the dark at room temperature. After being washed 3 times with washing buffer, plates were resuspended in 150 μ L of reading buffer and the assays were performed using a Luminex 200.

- **STATISTICAL ANALYSIS:** Data were analyzed using Prism for Windows software (version 6.04; Graphpad Software, Inc., La Jolla, CA, USA). The D'Agostino and Pearson omnibus normality test was used to assess whether the data showed a normal distribution. The Spearman correlation analyses were used to evaluate the correlations among protein and cytokine levels, CCT, $CCV_{4\text{mm}}$, and $CCV_{6\text{mm}}$. Mann-Whitney *U* tests were used to evaluate the difference in AqH protein and cytokine levels between the groups (control subjects and the bullous keratopathy group). Data are expressed as mean \pm standard deviation (SD) or standard error (SE). $P < .05$ was considered statistically significant except for cytokine data, for which a Bonferroni correction was applied. There were 20 different comparisons (1 protein and 19 cytokines), and $P < .0025$ (ie, $P = .05/20$) was considered statistically significant after Bonferroni correction.

RESULTS

- **STUDY PARTICIPANTS:** Ninety-five consecutive patients with PBK (62 eyes) and cataract surgery (control group [$n = 33$ eyes]) were included in the study (Table 1). Twenty patients with bullous keratopathy were excluded from the study because of post-DSAEK

TABLE 1. Demographics of Patients

	Pseudophakic Bullous Keratopathy	Control	P Value
Eyes, n	62	33	
Sex, n (%)			
Male	25 (40.3)	16 (48.5)	.516 ^a
Female	37 (59.7)	17 (51.5)	
Age, y (mean ± SD)	73.8 ± 10.5	75.9 ± 7.6	.438 ^b
BSCVA, logMAR (mean ± SD)	1.50 ± 0.71	0.38 ± 0.36	<.001
IOP, mm Hg (mean ± SD)	12.3 ± 4.8	14.3 ± 2.6	.065 ^b
Axial length, mm (mean ± SD)	23.92 ± 2.26	23.84 ± 1.58	.774 ^b
ECD, cells/mm ² (mean ± SD)	NA	2760 ± 343	
CCT, μm (mean ± SD)	763 ± 104	534 ± 23	<.001 ^b
Previous intraocular surgeries, n ± SD	1.9 ± 1.4	0.0	<.001 ^b

BSCVA = best spectacle-corrected visual acuity; CCT = central corneal thickness; DM = diabetes mellitus; ECD = endothelial cell; IOP = intraocular pressure; logMAR = logarithm of minimal angle resolution; NA = not available; SD = standard deviation.

^aχ² test.

^bMann-Whitney U test.

failed grafts (15 eyes), failed graft after anterior lamellar keratoplasty, corneal scarring caused by previous corneal infection, ischemic optic neuropathy,²² microphthalmia, and conjunctival epithelialization and limbal stem cell deficiency caused by long-standing bullous keratopathy (1 eye).

• **CCT AND CCV IN EYES WITH PSEUDOPHAKIC BULLOUS KERATOPATHY:** In eyes with PBK, CCT was 763 ± 104 μm (range 591-994 μm). The CCV_{4mm} was 9.66 ± 1.96 mm³ (range 6.53-15.02 mm³). The CCV_{6mm} was 23.00 ± 3.72 mm³ (range 17.12-33.12 mm³). CCT was significantly correlated with CCV_{4mm} and CCV_{6mm} (r = 0.736, P < .0001 and r = 0.741, P < .0001, respectively).

• **PROTEIN AND CYTOKINE LEVELS IN AQH:** Levels of protein, ILs-4, -6, -8, -10, -12p70, and -17A, MCP-1, IFN-γ, E-selectin, P-selectin, and sICAM-1 were significantly higher in eyes with PBK compared with the control group (P < .0001 for protein, ILs-4, -6, -12p70, and -17A, MCP-1, IFN-γ, E-selectin, P-selectin, and sICAM-1; P = .0006 for IL-8; P = .0015 for IL-10) (Table 2).

• **CORRELATION ANALYSES IN EYES WITH PSEUDOPHAKIC BULLOUS KERATOPATHY:** In eyes with PBK (Table 3, Figure 1), CCT was significantly correlated with levels of IL-13 (r = 0.551 [95% confidence interval {CI} 0.246-0.757], P = .0009) and sICAM-1 (r = 0.448 [95% CI 0.205-0.639], P = .0005). CCV_{4mm} was significantly correlated with levels of IL-13 (r = 0.514 [95% CI 0.197-0.734], P = .0022) and sICAM-1 (r = 0.404 [95% CI 0.152-0.606], P = .0019). CCV_{6mm} was significantly

correlated with the level of sICAM-1 (r = 0.459 [95% CI 0.218-0.647], P = .0003).

DISCUSSION

BULLOUS KERATOPATHY IS ONE OF THE LEADING CAUSES OF visual loss among corneal diseases. Corneal edema is widely believed to be caused by loss of pump function or barrier function in the corneal endothelium. Regarding corneal endothelial barrier function, TNF-α and matrix metalloproteinase-9 lead to barrier dysfunction via p38 mitogen-activated protein kinase.^{18,19} However, in the current study, severity of corneal edema was correlated with the AqH levels of protein and specific cytokines (IL-13 and sICAM-1) and not with the AqH level of TNF-α. Even in eyes with PBK, the AqH level of TNF-α was 200 pg/mL, which is 1/100th the level (20 ng/mL) of that used in previous in vitro studies.¹⁸ Therefore, we postulate that assessment of cytokine levels in actual human samples is important to validate their pathological effects.

We recently reported that preoperative levels of IL-17A, MCP-1, IFN-γ, and sICAM-1 were associated with rapid reduction of ECD after DSAEK.¹⁶ The results in the current study suggest that cytokines that are involved in exacerbating corneal edema (IL-13 and sICAM-1) can be different from those associated with corneal endothelial cell loss (IL-17A, MCP-1, IFN-γ, and sICAM-1); IL-13 may be a specific cytokine related to the severity of corneal edema. IL-13, a central T helper 2 cytokine, is a potent activator of inflammatory responses and fibrosis. In the cornea, exogenous IL-13 recruits immune cells by inducing

TABLE 2. Aqueous Protein/Cytokine Levels in Eyes With Pseudophakic Bullous Keratopathy

	Pseudophakic Bullous Keratopathy, Mean ± SE (Median)	Control, Mean ± SE (Median)	P Value ^a
Protein ^b	1.38 ± 0.16 (1.14)	0.31 ± 0.40 (0.25)	<.0001
IL-1 α	70.3 ± 15.7 (44.5)	49.3 ± 4.4 (44.2)	.638
IL-1 β	3.8 ± 1.1 (1.19)	3.1 ± 1.7 (1.1)	.497
IL-4	60.2 ± 11.0 (30.8)	20.5 ± 1.0 (20.8)	<.0001
IL-6	2127 ± 495 (864)	85 ± 69 (5.1)	<.0001
IL-8	86.0 ± 15.9 (39.8)	46.4 ± 25.3 (21.4)	.0006
IL-10	6.0 ± 2.1 (3.06)	1.9 ± 0.1 (1.7)	.0015
IL-12p70	14.0 ± 2.0 (8.19)	6.4 ± 0.2 (6.4)	<.0001
IL-13	9.0 ± 0.8 (9.18)	7.1 ± 0.2 (7.1)	.055
IL-17A	17.0 ± 2.6 (9.33)	4.0 ± 0.4 (3.5)	<.0001
MIP-1 α	21.9 ± 10.0 (9.8)	9.4 ± 0.4 (8.7)	.538
MIP-1 β	236 ± 37.4 (77.5)	345 ± 20.3 (321)	<.0001
MCP-1	982 ± 122 (847)	592 ± 84.4 (470)	<.0001
TNF- α	210 ± 119 (76.7)	76.4 ± 5.4 (70.2)	.610
IFN- α	3.9 ± 0.6 (3.7)	4.1 ± 0.1 (3.9)	.203
IFN - γ	179 ± 30.6 (74.9)	55.6 ± 2.1 (54.6)	<.0001
E-selectin	4621 ± 648 (3189)	2149 ± 46.0 (2145)	<.0001
P-selectin	10195 ± 2453 (5891)	3724 ± 131 (3581)	<.0001
sICAM-1	7050 ± 807 (4641)	2027 ± 450 (1304)	<.0001
IP10	195 ± 24.7 (123)	257 ± 89.4 (98.3)	.515

IFN = interferon; IL = interleukin; IP10 = interferon-gamma-induced protein 10; MCP = monocyte chemotactic protein; MIP = macrophage inflammatory protein; SE = standard error; sICAM = soluble intracellular adhesion molecule; TNF = tumor necrosis factor.

^aMann-Whitney U test.

^bProteins measured in mg/mL; cytokines measured in pg/mL.

ICAM-1 expression.²³ IL-13 shares a functional receptor with IL-4,²⁴ and exposure to IL-4 and IL-13 increases epithelial permeability by decreasing the expression of intercellular junction protein.^{25,26} In addition, dupilumab, a monoclonal antibody that blocks IL-4 and IL-13, has been shown to improve atopic dermatitis.²⁷ Although we evaluated the levels of only 19 cytokines, we believe that specific pathways must be involved in the pathological processes of severe bullous keratopathy. More comprehensive studies, such as proteomic analysis of the inflamed AqH, will specify implicated pathways in the future.

This study included only classic PBK to avoid bias caused by heterogeneous etiologies. During the study period, there were a total of 160 eyes with bullous keratopathy caused by laser iridotomy (35 eyes), endothelial decompensation after PKP (25 eyes), Fuchs endothelial corneal dystrophy (FECD; 22 eyes), birth injury (6 eyes), endotheliitis (5 eyes), aphakic bullous keratopathy (ABK; 3 eyes), and others (1 irido-corneal-endothelial syndrome, and 1 Axenfeld–Rieger syndrome). To validate the results, we assessed the correlation between CCT/CCV and aqueous cytokine levels in all subjects (Supplementary Table 1; Supplemental Material available at [AJO.com](#)), in eyes with endothelial decompensation after PKP (Supplementary Table 2; Supplemental Material available

at [AJO.com](#)), in eyes after laser iridotomy (Supplementary Table 3; Supplemental Material available at [AJO.com](#)), and in eyes with FECD (Supplementary Table 4; Supplemental Material available at [AJO.com](#)). Correlation analysis in all subjects and in the post-PKP group showed similar trends, whereas we could not find consistent trends in eyes after laser iridotomy and in those with FECD. Indeed, this can be attributed to the small number of subjects in the subgroups and to different cytokine elevation patterns observed in the groups.¹³ However, careful interpretation is needed, because the heterogeneous etiologies can introduce bias.

The present study, however, had a few limitations. First, the extent of corneal edema is sometimes dependent on the timing of AS-OCT measurement: more specifically, in eyes with early-stage bullous keratopathy, CCT increases in the morning and decreases in the evening. In the current study, AS-OCT was performed in the morning in most of the cases. We believe that the influence of the timing of AS-OCT measurement was minimal. Second, the results of the current study merely showed an association between corneal edema and cytokine levels in the AqH. However, an imaging analysis of corneal endothelium using an electron microscope showed exposure of collagen fibers in a hole-shaped pattern with degeneration of the Descemet membrane in bullous keratopathy (Supplementary Figure 1; Supplemental

TABLE 3. Correlations Among Protein/Cytokine Levels, Central Corneal Thickness and Corneal Volume in Eyes With Pseudophakic Bullous Keratopathy

	Central Corneal Thickness ^a			Central Corneal Volume (4 mm) ^a			Central Corneal Volume (6 mm) ^a		
	r	95% CI	P Value	r	95% CI	P Value	r	95% CI	P Value
Protein	0.176	-0.110 to 0.435	.211	0.170	-0.116 to 0.430	.229	0.220	-0.065 to 0.471	.117
IL-1 α	0.286	0.001 to 0.529	.044	0.144	-0.149 to 0.413	.320	0.144	-0.149 to 0.413	.319
IL-1 β	0.059	-0.285 to 0.388	.734	0.160	-0.188 to 0.472	.352	0.127	-0.220 to 0.445	.460
IL-4	0.315	0.040 to 0.545	.022	0.142	-0.141 to 0.404	.311	0.227	-0.054 to 0.475	.102
IL-6	0.230	-0.038 to 0.467	.083	0.087	-0.183 to 0.345	.516	0.102	-0.168 to 0.358	.447
IL-8	0.206	-0.065 to 0.449	.124	0.130	-0.143 to 0.384	.336	0.104	-0.168 to 0.362	.440
IL-10	0.167	-0.119 to 0.428	.237	0.008	-0.273 to 0.288	.953	0.018	-0.305 to 0.306	.900
IL-12p70	0.013	-0.293 to 0.317	.932	-0.026	-0.329 to 0.281	.865	0.001	-0.305 to 0.306	.997
IL-13	0.551	0.246 to 0.757	.0009	0.514	0.197 to 0.734	.0022	0.365	0.0142 to 0.636	.0368
IL-17A	0.257	-0.060 to 0.527	.101	0.122	-0.197 to 0.419	.440	0.195	-0.125 to 0.478	.217
MIP-1 α	-0.093	-0.417 to 0.253	.591	-0.116	-0.437 to 0.230	.500	-0.195	-0.500 to 0.405	.254
MIP-1 β	0.212	-0.062 to 0.456	.117	0.120	-0.155 to 0.378	.377	0.151	-0.124 to 0.405	.266
MCP-1	-0.003	-0.269 to 0.262	.979	-0.128	-0.381 to 0.142	.337	-0.092	-0.349 to 0.178	.493
TNF- α	0.100	-0.208 to 0.390	.514	-0.100	-0.389 to 0.209	.516	-0.017	-0.156 to 0.407	.559
IFN- α	0.102	-0.249 to 0.429	.560	-0.051	-0.386 to 0.504	.772	-0.017	-0.357 to 0.327	.924
IFN- γ	0.117	-0.175 to 0.390	.417	0.084	-0.207 to 0.361	.563	0.137	-0.156 to 0.407	.324
E-selectin	0.075	-0.207 to 0.346	.594	0.140	-0.144 to 0.402	.318	0.164	-0.119 to 0.423	.239
P-selectin	0.073	-0.196 to 0.332	.584	0.018	-0.249 to 0.282	.896	0.042	-0.226 to 0.304	.756
sICAM-1	0.448	0.205 to 0.639	.0005	0.404	0.152 to 0.606	.0019	0.459	0.218 to 0.647	.0003
IP10	-0.002	-0.267 to 0.264	.989	-0.044	-0.306 to 0.225	.746	-0.049	-0.311 to 0.219	.714

CI = confidence interval; IL = interleukin; MIP = macrophage inflammatory protein; MCP = monocyte chemotactic protein; TNF = tumor necrosis factor; IFN = interferon; sICAM = soluble intracellular adhesion molecule; IP10 = interferon-gamma-induced protein 10.

^aSpearman correlation analysis. $P < 0.0025$ was considered to be statistically significant after Bonferroni correction.

Material available at AJO.com), suggesting a complete loss of its barrier function. In such conditions, AqH with high levels of proinflammatory cytokines is expected to undergo influx into the corneal stroma because of barrier disruption of the endothelium in bullous keratopathy. Third, some of the patients included in the present study used topical steroids at the time of AqH collection, which may have decreased cytokine levels by suppressing inflammation and

reduced corneal edema by preventing endothelial permeability.²⁸ Finally, a question arises as to why no corneal neovessels develop in bullous keratopathy despite such high levels of proinflammatory cytokines. Previous studies have shown that neovascularization is inhibited by the presence of the corneal nerves²⁹ and soluble anti-vascular endothelial growth factor proteins.³⁰ Future comprehensive study will be necessary to address this question.

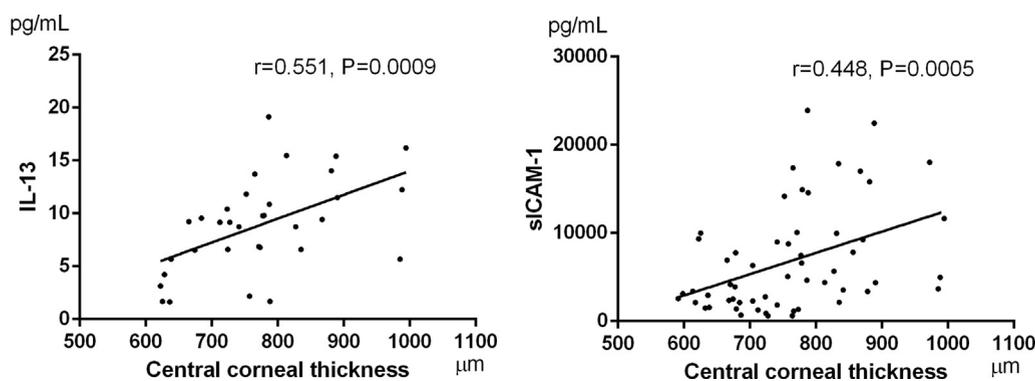


FIGURE 1. Correlation between central corneal thickness (CCT) and cytokine levels in the aqueous humor in eyes with bullous keratopathy. CCT was significantly correlated with the levels of interleukin-13 (left, $r = 0.551$, $P = .0009$), and sICAM-1 (right, $r = 0.448$, $P = .0005$).

In conclusion, we revealed that CCT and CCV were correlated with AqH levels of protein and specific cytokines (IL-13 and sICAM-1) in eyes with PBK,

suggesting that proinflammatory cytokines in the AqH can be associated with severe corneal edema in eyes with PBK.

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