



# Mechanistic integration of exposure and effects: advances to apply systems toxicology in support of regulatory decision-making

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## Abstract

Modernizing risk assessment methods that underlie risk management decisions developed to protect public and environmental health will require interdisciplinary dialog and communication. Alignment of exposures across traditional data streams such as data from *in vivo* laboratory animal and epidemiological or clinical studies, as well as integration of novel data types from emerging testing technologies and new methods of analysis, will improve causal inference. We propose a mechanistic scaffold that supports a source-to-outcome structure and an associated workflow pipeline which facilitates needed data curation and transparency regarding operational assumptions. The scaffold and workflow components enhance the utility and repurposing of data with the flexibility to support regulatory decision-making in a fit-for-purpose fashion. Efficient use of data based on this scaffold across various modeling approaches will promote “one health” characterization to improve, promote, and protect the health of all species and the environment. Associated data standards to facilitate leveraging and sharing of data will increase communication and collaboration across different disciplines to enable that end.

## Addresses

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## Keywords

AEP, Aggregate exposure pathway, AOP, Adverse outcome pathway, CRA, Cumulative risk assessment, Evidence integration, FAIR (Findable, Accessible, Interoperable, and Reusable) principles, Mechanistic modeling.

## Acronyms

AEP, Aggregate exposure pathway; AOP, Adverse outcome pathway; CEA, Comprehensive environmental assessment; CRA, Cumulative risk assessment; CSM, Conceptual site model; DAG, Directed acyclic graphs; EBT, Evidence-based toxicology; FAIR, (Findable Accessible Interoperable and Reusable); HTS, High-throughput screening; IATA, Integrated assessment and testing approach; IBE, Inference to the best explanation; MOA, Mode of action; MIE, Molecular initiating event; MCDA, Multi-criteria decision analysis; RWE, Real-world evidence; SEND, Standard for Exchange of Nonclinical Data (SEND); TSE, Target site exposure.

## Introduction: Modernizing assessment methods

It has long been recognized in the practice of risk assessment for public health protection that the cumulative risk of disease in a population or community results from aggregate exposures to multiple agents or stressors [61]. Multiple chemical, physical, biological, and psychosocial agents or stressors, as well as potential buffers or mitigating factors, combine to determine the actual vulnerability to disease. For example, environmental factors such as toxic chemical emissions to air, water, or soil all impact both human and ecological systems, and superimpose on physiological background (e.g., intrinsic traits such as race, gender, age; behavior, and genetic sensitivities) and lifestyle conditions (e.g., socioeconomic status and health care access). Conceptual site models used in cumulative risk assessment attempt to capture those complexities by mapping stressors and the propagation of their impacts through various media and receptors, and strategies for problem formulation and data sources have been provided [38,43,62]. However, most of these approaches are not mechanistically based and focus on identifying qualitative associations and patterns of evidence rather than causal interactions. While some approaches such as directed acyclic graphs, a type of graphical causal model comprising nodes connected by unidirectional arrows to depict relationships, can be used to represent elements in a conceptual site model and purport to inform causality [10], narratives that provide the ability to integrate more and various data types are often preferred to arrive at inference to the best explanation regarding the causes of observed effects [76]. However, commonly used qualitative frameworks that apply a weight of evidence approach to inference to the best explanation (e.g., those regarding a mode of action for risk

assessment of a chemical [37,75]) often do not consider exposures relevant to the problem formulation or align exposures across the various experimental platforms that underlie the different types of data. Toxic effects, or more recently key characteristics [57], may be listed as a sequence of likely events based on current understanding of various target toxicities (e.g., cancer, reproductive toxicity) but the relationship among them is not quantified (e.g., how much of one event is necessary to observe the next) nor are dose–response relationships evaluated within a biological system or source-to-outcome construct.

More recent guidance has acknowledged that emerging technologies allow the measurement of toxicant concentrations in both media and various biological samples, so that the next generation of exposure science to inform risk assessment aims at comprehensive characterization of exposures and effects in an integrated fashion [36,44,52]. This characterization should include integration of biomarker measures and “-omic” technologies to describe the exposome [14,16,35]. Emphasis is now on proper alignment of various exposure platforms (e.g., *in vitro*, *in vivo*, and epidemiological) to support quantitative evaluation of the interactions between relevant physical, chemical, or biological stressors and receptors, thereby facilitating inferences for risk assessment [46].

Realizing the promise that comprehensive exposures and effects characterization would bring to improve risk assessment through the integration of evolving exposure measures with emerging biomedical resources also requires coherent application of diverse data that reflect rapid advances in novel measurement technologies and computational modeling. For example, operational procedures in risk assessment aimed at environmental and public health protection are increasingly utilizing systematic review to identify relevant studies and foresee the application of artificial intelligence approaches to increase their efficiency and scope [6,26,27,68]. These practices were originally developed in the clinical arena; adopting them to toxicological questions requires addressing the challenges of integrating data from multiple evidence streams, multiple animal species (and strains), and multiple outcomes and endpoints that characterize hazards. In addition, this adoption must also address evaluating exposures to complex mixtures and accounting for the frequent lack of human data that necessitates extrapolation from other species to human outcomes [26,69].

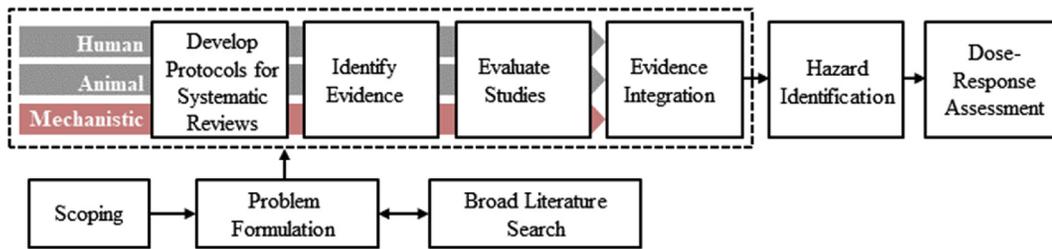
Current approaches to hazard identification use systematic review and criteria for data relevance that consider the contributions of human health, experimental animal, and mechanistic data streams according to separately defined PECO (Population, Exposure, Comparator, Outcome) statements. These PECO

statements reflect problem formulation [26,68]; and these data streams are processed in a somewhat hierarchical (e.g., preference placed on human data when available) and parallel approach (Figure 1). While systematic review is a needed advancement to formalize and structure the evaluation of study quality and relevance, the parallel approach to different data streams currently practiced precludes the necessary alignment across exposure and experimental platforms that is requisite to achieve a quantitative description of the pathogenic processes for various disease outcomes. Furthermore, interdisciplinary dialog is not fostered which prevents critical data integration.

The adverse outcome pathway (AOP) framework provides a mechanistic description of toxicity pathways within organisms that evolves with current knowledge to characterize disease pathogenesis as a biological signature involving key events as sequelae in response to a molecular initiating event or molecular initiating event (MIE) [4]. Owing to its chemical-agonistic nature [65,66], this tool has gained global traction as a framework for organizing and evaluating mechanistic information [31] and can be used to guide workflows for the application of high-throughput screening data and other emerging data into regulatory risk assessment [1,15]. The aggregate exposure pathway (AEP) framework has been proposed as an analogous structure to AOPs that organizes exposure data and predictions to provide a mechanistic description of exposure pathways [60]. AEPs are broader than other targeted exposure frameworks [40] in that they encompass the environmental transport and transformation of chemicals as well as toxicokinetic interactions within organisms leading to the target site exposure as the concentration at the biological location of the MIE in an AOP. Thus, coupling the AEP and AOP frameworks together provides a source-to-outcome continuum that enables risk-based, hazard-based, or exposure-based decision-making [16,58,59]. Network structures such as AOPs and AEPs are useful for risk assessments because they can provide comprehensive representation of organisms within their environments as complex systems [23].

While hazard assessment and prioritization of chemicals for further testing can make direct use of descriptive (qualitative) AOPs, risk assessment requires quantitative relationships from exposure to effect timing and magnitude [13,47,73]. Quantitation of the AEP and AOP components is the needed next step to advance their use in regulatory risk assessment. Applications range from prioritization to dose–response analyses, as well as to position assessment approaches to integrate the data generated by new alternative methods with traditional *in vivo* testing, and best bridge with systems biology and computational models of virtual tissues. As new research continues to expand scientific knowledge of exposure and toxicity pathways, transparent

Figure 1



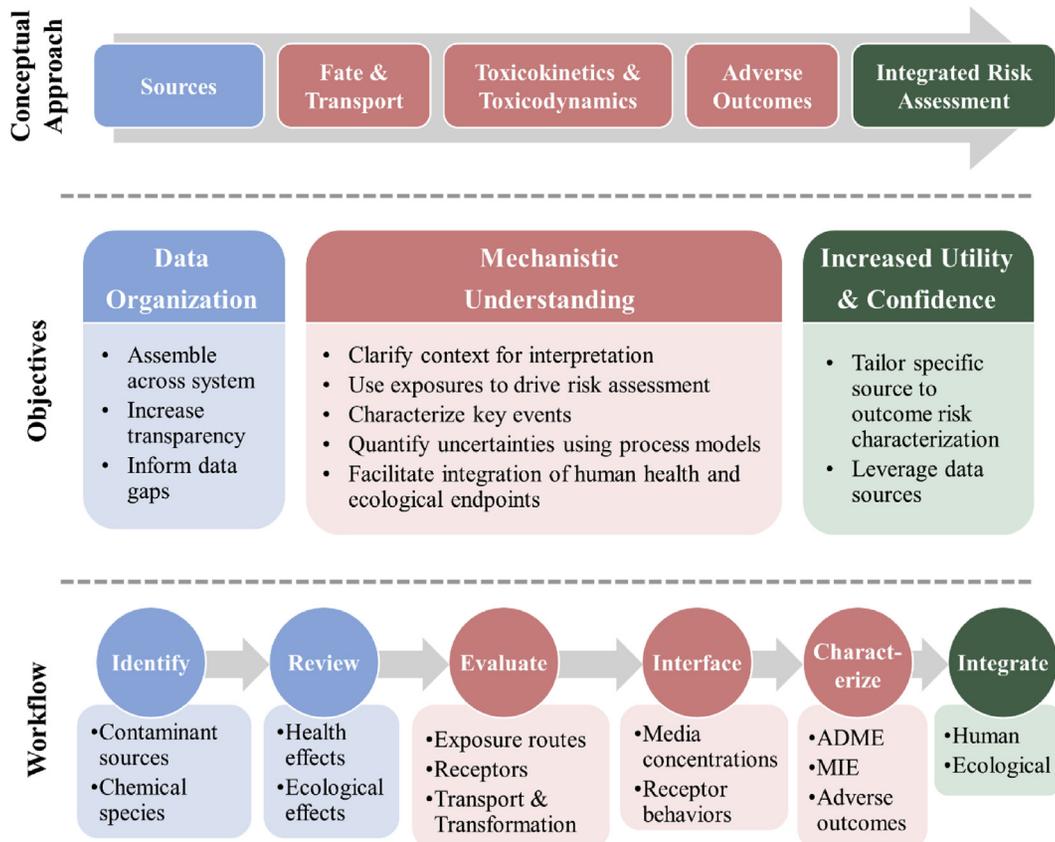
Schematic of systematic review and evidence integration for human health risk assessment in the Integrated Risk Information Systems (IRIS) at the US EPA [45]. Mechanistic data stream highlighted for emphasis.

workflows for the collection, alignment, and integration of exposure and effects data will be crucial for using this information to effectively inform various risk assessment applications.

### Mechanistic modeling as a systems scaffold

To advance cumulative risk assessment approaches to take advantage of emerging data streams and apply

Figure 2



Mechanistic scaffold encompassing components of a comprehensive “source-to-outcome” conceptual model structure and an associated workflow using process elements consistent with objectives of systematic review and combined AEP:AOP frameworks. The workflow provides data assembly and organization to align exposure and effects data in support of integrated analyses across species to characterize and quantify key events and key event relationships. Each major action area (e.g., review, evaluate) across the workflow facilitates multiple data streams to be considered in an integrated fashion. Consideration of mechanistic data and an underlying understanding of the pathogenic process is emphasized to provide quantitation (e.g., data on transport and transformation measurements; receptor behaviors; absorption, distribution, metabolism, and elimination [ADME]; dose–response and time course data for key events). Quantitation is necessary to describe components of the continuum in a causal description of pathogenesis across species.

systems biology, we thus propose mechanistic process modeling as a scaffold for a systems toxicology workflow (Figure 2). Mechanistic process modeling is defined as quantitative description of the determinants dictating development of a disease process due to the interaction of various receptors (e.g., organisms or test systems) with determinants that dictate environmental exposures. Process modeling was advocated originally by the NRC to capture the current understanding of disease processes and advance the application of biomarker data [41,55,56]. The utility of process modeling to both the organization and evaluation of data for the application of DNA adducts to assess human risk has been demonstrated [29,48]. Recently, efforts to directly link mechanistic toxicity pathways with relevant environmental exposure pathways have been proposed as a tool for prioritizing compounds for further evaluation and to identify potential risks to both human health and ecological outcomes [16], and a tiered workflow has been proposed for improving the acquisition and application of exposure data [40]. The use of integrated approaches to testing and assessment to provide mechanistic evidence for supporting safety assessments has demonstrated the benefits of a mechanistic approach [64,53]. For example, mechanistic modeling has been used to translate individual-based toxic effects data into endpoints meaningful at the population level (i.e., magnitude of mortality and reproductive impairment) in an assessment of the environmental fate and risk of insecticides applied by aerial spraying to control corn pests on nontarget avian species [17].

Constructing a comprehensive mechanistic scaffold can act as an organizing framework to inform ontologies or evidence maps, leverage data sources, and facilitate quantitative characterization of key events of transport and transformation used in exposure models or of disease pathogenesis. The emphasis on quantitation for each major action area of the workflow facilitates interdisciplinary dialog to enhance evidence integration in a coherent fashion thereby also increasing transparency about assumptions that may be used. Use of the scaffold also advances the harmonization of “noncancer” and “cancer” assessment approaches by integrating all relevant scientific information into a biologically coherent mode of action to improve the scientific basis of assessments [8,7]. Furthermore, coherence and consistency among the components are highlighted and can be used to leverage data. For example, key physicochemical characteristics are inherent in both environmental transport and transformation and ADME processes. The scaffold and associated workflow advance risk assessment by providing the following features: 1) highlighting data gaps and deficiencies in mechanistic understanding for both exposure and toxicity pathways, 2) accounting for chemical- and receptor-specific toxicokinetic properties, 3) providing a context for the interpretation of toxicity assays, and 4) leveraging

available data to enhance their utility. For example, a recent case study demonstrated how an AOP could be used to organize mechanistic toxicity data across multiple species for supporting a site-based cumulative risk assessment [20]. In this case study, an AOP was used to assemble data from mechanistic toxicity assays, whereas an AEP provided the exposure context for interpreting the data and identifying at-risk organisms [21].

The proposed mechanistic scaffold and associated workflow pipeline address needs identified in a survey of academic, government, and business communities which indicated that identifying relevant exposure pathways and developing techniques for evaluating exposure and effects were among the 10 most important questions for researchers to address for advancing risk assessment [9]. The workflow is also consistent with a framework to catalyze the generation and utilization of real-world evidence standards and calls for improved data quality and curation, data access, and improved analytical methods and research methods to strengthen causal inference in drug safety and development [74]. Calls for evidence-based toxicology have included assessment of test performance characteristics, mechanistic understanding, extended quality assurance, formal validation, and the use of integrated testing strategies to increase the quality of results and facilitate their interpretation [25].

The use of a mechanistic scaffold provides a basis for this interpretation of results through integration of various approaches to hazard identification and risk prediction, affording the flexibility to apply different modeling techniques in a fit-for-purpose fashion commensurate with the available data. For example, prioritization may be based on large-scale predictions from HTS data of a chemical database. Mechanistic models can provide insights into the mechanistic functions of chemical properties or the exposure treatments, which are necessary to understand and overcome the limitations of data mining or machine learning predictions when applied to limited chemical domains or to extrapolate the data to address different exposure durations and concentrations. One can imagine in the future the realization of a generalized biologically based dose–response model where individual parameter calibration and model refinement would rely on a machine learning layer overtop the mechanistic framework to tailor the predictions to various exposure use cases that require characterization in the regulatory arena. Machine learning research could be harnessed to overcome the current scalability limitations of mechanistic modeling, whereas mechanistic models could be used by machine learning algorithms both as transient inputs and as a validating framework [5]. A modular approach to assembly of data and quantitative AOPs would facilitate rapid development of biological pathway models [18]. The proposed workflow based on the mechanistic

scaffold is modular and can embrace the complementary strengths of mechanistic modeling and machine learning approaches to provide, for example, the critical link between an adverse outcome prediction and the mechanistic understanding of disease pathogenesis and progression. Thus, this approach provides a basis for improved integration through hybrid observational and interventionist or experimental approaches [5,16,74]. Eventually, comprehensive characterization of “one health” to encompass and integrate all potential detrimental outcomes in the environment, including research and data from human, veterinary, wildlife, and environmental disciplines at multiple levels, is envisioned to improve the health of humans, animals, and the environment [3,22].

### Supporting data quality and reporting standards

Scientific inquiry and research productivity in this evolving era of technological advances has been described as relying on observations related to the “3 V’s”: “Volume” (big), “Velocity” (fast—both with respect to measurement and computing), and Variety (multiple sources) and has recently focused attention on needed “rigor and reproducibility” [67]. Thus, good data management is foundational to supporting discovery, innovation, knowledge, and subsequent reuse and translation to actionable information. Beyond proper collection, quality control, curation, annotation, and archiving, it is now necessary to extend principles of reporting such as that of the Standard for Exchange of Nonclinical Data (SEND) and the Minimum Information about Microarray Experiment (MIAME) standard, to the characterization of metadata that describe the components of the “cyberinfrastructure” and elucidate details of “what, how, and why” the experimental data or models were designed, created, and used in analysis [51]. Reporting standards increase the reliability and reproducibility of results, as well as transparency when interpreting findings, and are essential for supporting regulatory decision-making [2]. Standardizing collection and reporting techniques can improve the reproducibility, transparency, and efficiency of collecting data as well as their reliability and relevance for evaluations, thus increasing their utility for informing regulatory risk assessment by ensuring that necessary information is reported [39,40]). Developing reporting standards for both exposure and effects data is a critical task because consistent data are necessary to quantitatively link results from different studies. For example, data from multiple toxicokinetic studies can be combined to parameterize models that describe a quantitative, mechanistic link between environmental exposures and the concentrations inside an organism, and therefore can inform predictions of toxic effects based on an anticipated exposure [11,32]. Risk assessment typically requires overcoming the challenge of repurposing of data

from experiments that were not necessarily designed to support the inferences of interest. These data sets are typically disparate and heterogeneous, use different diagnostic categories and outcome measures including both genotypic and phenotypic information, and are based on different principles of organization, providing further issues for data integration [74]. Data management now encompasses maintaining metadata describing curation histories. For example, a repository for biological models has been developed to encourage, facilitate, and promote model dissemination and reuse once they are extensively tested and encoded in standardized formats [33]. A systems biology markup language has been developed as a file format for computational models describing biological processes so that different tools can all operate on identical representations of models, thereby removing translation errors and assuring a common starting point for analyses [28]. Taxonomies and ontologies are now being developed to facilitate reporting standardization, data sharing, translation, and analysis based on the same mechanistic principles proposed herein [19,50,72].

Clear documentation of the motivation (why), experimental design (how), and methodologies (what) used to collect exposure and effects data can facilitate their interpretation in a regulatory context [2]. For example [34], note that fix-interval monitoring techniques may not detect pulses of highly transient environmental contaminants, making it challenging to relate regulatory limits based on dose–response toxicity data from experimental testing protocols to real-world exposures. Furthermore, consistent reporting of units and assumptions can allow for integration of exposure and effects data from multiple experiments across a mechanism. Hines et al [20] adjusted dosing data to account for differences in administered doses of perchlorate salts based on the molecular weight of specific salts used in each experiment to assemble and align mechanistic effects data across an AOP. Developing an agreed-on set of reporting standards for exposure and effects data should be a priority for risk assessors to ensure that research efforts have the highest possible impact.

The proposed mechanistic emphasis for components in the scaffold and associated workflow also provides a systematic construct for stakeholder communities to both understand components of risk characterization and voice valuation preferences, regarding either exposures or species and endpoint of interest, so that decision makers can be afforded a more comprehensive characterization of alternatives and their performance. Stakeholder engagement is critical for acceptance of new technologies and approaches [63]. Thus, the approach readily informs decision support tools such as multicriteria decision analysis [30] and can help accelerate understanding and acceptance of systematic

review and computational approaches by facilitating stakeholder-specific interactions, demonstrating translation into application, and illustrating with case studies based on sites of interest [12]. Comprehensive environmental assessment has called for both a means of organizing complex environmental information from various inputs including life cycle assessment, environmental conditions, and impacts on humans and other biota, together with a structured process to engage stakeholders for reaching transparent judgments [49]. Both aspects of that assessment construct would benefit from the transparency afforded by more explicit mechanistic evaluations and documentation.

### Fostering FAIR principles

The acquisition of exposure and effects data is costly. Furthermore, data sharing that enables interdisciplinary collaboration among epidemiologists, clinicians, experimental biologists, toxicologists, statisticians, and computational modelers is key to making effective use of such data to enable improved predictive capacities. Guiding principles (FAIR — Findable, Accessible, Interoperable, and Reusable) that support both manual or automated discovery and exploration have been proposed and are evolving to support good data stewardship [70,71]. Proper documentation of code and open access to models, including software for systematic review, to support interoperability is another burgeoning need to advance their acceptance and application in risk assessments. Data formats, description of the data pipeline, and workflows are recognized as a means to implement these principles, increase the utility of data, and sustain databases and repositories. More recently, Holub et al [24] have called for extension of these principles to ensure complete coverage of the provenance information for biological materials and associated data, from the physical material and all preanalytical steps, including sample stabilization and biobanking, through to the data generated and published. It is now recognized that data generated from samples (e.g., omics or imaging data) is becoming increasingly critical for creating context, ensuring reproducibility, and understanding analyses. As mentioned previously, reusability is a critical aspect for assessment applications, and reproducibility needs a clear link to reusability because, with the exception of some dedicated data registries, the data were not originally created for the specific application (e.g., evaluation of the safety or effectiveness of drugs), so their value for such secondary uses is often unreliable [74]. Mechanistic workflows and data standards can best inform this principle.

Finally, although it is now widely recognized that data sharing will accelerate discovery and innovative solutions to benefit decision-making in public health at the local, national, and global levels by enhancing transparency and cooperation, reproducibility of research,

cost-efficiency, and preventing redundancies, several barriers exist to its acceptance and wide applicability [63]. Barriers fall into the following major areas: technical (e.g., lack of metadata and standards), motivational (e.g., lack of incentives), economic, political (e.g., lack of trust), legal (e.g., privacy), and ethical [63].

The proposed scaffold and explicit considerations of the components in the associated workflow will facilitate needed documentation and transparency to address several technical issues, as well as provide for communication and building trust among users. For example, at each step in the workflow, the scaffold provides a mechanistic platform to perform the specific action (e.g., review, evaluate, interface, characterize, etc.). The initial review across data types together can organize the data and provide context, highlighting similarities and differences across species regarding exposure routes and effects. Evaluating data within the mechanistic structure provides for interdisciplinary dialog regarding the nature and quantitation of the effects, so that the interfacing of the exposure data with the receptor concentrations best represents a coherent understanding across different data streams (e.g., ecological, human studies, *in vitro* assays) regarding the critical fate and transport and then ADME processes. Mechanistic understanding of physicochemical characteristics can enhance both exposure and ADME descriptions. This results in the needed alignment of experimental platforms, resulting in consistent doses at the MIE and perturbation of pathways. Consistent internal dosimetry across data types then facilitates coherent characterization of key events and dose–response analyses, again allowing for both quantitation and leveraging of data. For example, data from laboratory animals can be extrapolated using physiologically based pharmacokinetic (PBPK) models to inform dose–response analyses of human studies. Standards are anticipated to follow that will enhance reporting and incentivize populating the workflow, thereby addressing several of the technical barriers identified previously. And as the workflow is implemented, interdisciplinary dialog will build bridges and engender trust in the resultant applications and assessments. In particular, combining data within the mechanistic scaffold based on specific workflow tasks will build confidence in and accelerate the application of new technologies such as NAMs and integrated approaches to testing and assessment into the assessment process.

### Summary

Understanding exposure and effects mechanisms can facilitate data organization and interpretation in support of quantitative evidence integration, as well as identify gaps in current knowledge, and is essential for regulatory applications of the Tox21 vision [42] and more recent calls for the advancement of risk assessment with

emerging technologies [46]. The current challenge facing the risk assessment community with regard to integrating mechanistic exposure and effects data is to develop workflows and reporting standards for gathering this information and applying them to systems toxicology [54]. Mechanistic modeling can serve as the basis of comprehensive characterization from stressor source to adverse outcome, and thereby supports needed exposure alignment, data organization, study quality and data relevance evaluation, and quantitative evidence integration in a transparent fashion across different exposures or experimental platforms and test species. Developing these mechanistic approaches will help to drive interdisciplinary dialog and data sharing that can advance applications of exposure and effects data in future regulatory risk assessments to better target exposures, evaluate the relevant dose of a contaminant, and characterize toxic effects with confidence across species.

### Disclaimer

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### Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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This case study is the first to apply the aggregate exposure pathway (AEP) and adverse outcome pathway (AOP) frameworks in an integrated fashion to achieve a comprehensive source to outcome description to inform cumulative risk assessment. It focuses on the AOP component and illustrates how data on both human and ecological endpoints can be integrated.

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This paper focuses on the AEP component of a case study that illustrates integration of the AEP and AOP frameworks. Important considerations of transport and transformation as well as of receptor behavior (e.g., diet) and of how quantitative AEP analysis of these processes propagate across to the AOP component of a comprehensive source-to-outcome conceptual model is illustrated.

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