



The virtual human in chemical safety assessment

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Abstract

This article reflects on possibilities for the application of emerging developments in artificial intelligence and machine learning in chemical safety assessment. A comparison is made between adverse outcome pathway networks and *in silico* neural networks. The issue of data sufficiency as to current knowledge of the toxicological mechanistic landscape as the basis for machine learning is discussed. Besides toxicology and chemistry, basic biology and physiology offer a wealth of information that can be used to develop the *in silico* virtual human. Several computational models for specific biological processes have been developed, providing proof of principle for *in silico* approaches for chemical safety assessment. In addition, *in silico* disease models are emerging that provide human-relevant approaches. Models need to be defined in a quantitative way and should also consider compound exposure and kinetics for determining which mechanisms in the body will be triggered. Ultimately, data from chemical information and dedicated *in vitro* assays, which inform about individual parameter effects, should be combined in the *in silico* model to predict safety at the level of the intact human. This is a significant challenge, and the stakes are high, but current rapid developments in complex computational modeling prompt investing in their application in chemical safety assessment.

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Neural networks and machine learning

Artificial intelligence is moving forward at accelerating speed, finding new applications in decision tools every day. A prequel hallmark of this development was the defeat in 1997 of the chess world champion Gari

Kasparov by Deep Blue, a computer program based on brute calculating force [1]. It generated awareness that machines could do better than humans in mental performance. It took all the way to 2017 before in the Chinese game of Go the world champion Ke Jie was beaten by AlphaGo, a computer program relying on neural networks and machine learning [2]. Games have the characteristic that the rules are designed by humans and can be fully integrated in the computer model, providing all necessary background information, requiring brute calculating power to outperform humans. Software tools for facial recognition represent the next level of complexity, with biological information without preset rules as the input. It requires machine learning for which the success relies in part on the level of diversity of input faces rather than predefined rules as in games. Nevertheless, also on this subject, computers now equal or even outperform humans, opening many applications in a variety of sectors in society ranging from safety and security to medical diagnosis [3]. As an example, in the diagnosis of Turner syndrome by the analysis of facial features, a software tool did better than a group of human experts [4]. Similarly, in melanoma diagnosis, machine learning outperformed humans [5]. Remarkable applications have also been described in medical imaging for radiation therapy [6]. The question arises whether and to what extent chemical safety assessment can benefit from these innovative developments.

Neural networks and the toxicity pathway network

In the past half century, the toxicity assessment of chemicals in legal frameworks for chemical safety has largely relied on adverse health effect assessment in animal studies. More recently, the attention for the mechanisms involved in toxicity has been growing. Apart from ethical issues, this change was driven by increased awareness of species differences in mechanisms of action and kinetics, with the growing realization that adverse health effects in animals may not always correlate with those in humans be it in nature, sensitivity, or severity. The Toxicity Testing in the 21st Century report of the US National Academy of Sciences advocated the use of human data to predict human toxicity [7]. Similarly, it stated that animal-free assays for toxicity testing should preferably be based on the human biological system [8]. The combination of complementary assays

to predict all aspects of human toxicity requires their integration in a decision tool. Such a tool should be fed with data from a series of assays that represent rate-limiting steps in the system, leading to a toxicity prediction at the level of adverse health effects in the intact human. Mechanistic pathways combining key events that may be perturbed leading to an adverse health effect (adverse outcome pathways [AOPs]) are increasingly being described [9]. They can be integrated in a complex network that covers the selection of physiological pathways sufficient for integral toxicity assessment. Interestingly, AOP network graphics are highly reminiscent of schemes used to illustrate deep machine learning principles.

Comparing the illustrations in Figure 1, it requires little imagination to observe that molecular initiating events in the AOP network find their parallel in the deep learning input layer, key events do parallel hidden layers, and adverse outcomes do parallel the output layer. Of course, there is a fundamental difference when comparing concrete key events in the AOP network with the virtual hidden layer components in the machine learning network. However, this difference might actually represent the added value of deep machine learning. Combining concrete toxicological input information, integrated at a higher virtual level of complexity, providing concrete output on chemical safety might improve chemical hazard and risk assessment.

Data sufficiency for teaching the machine

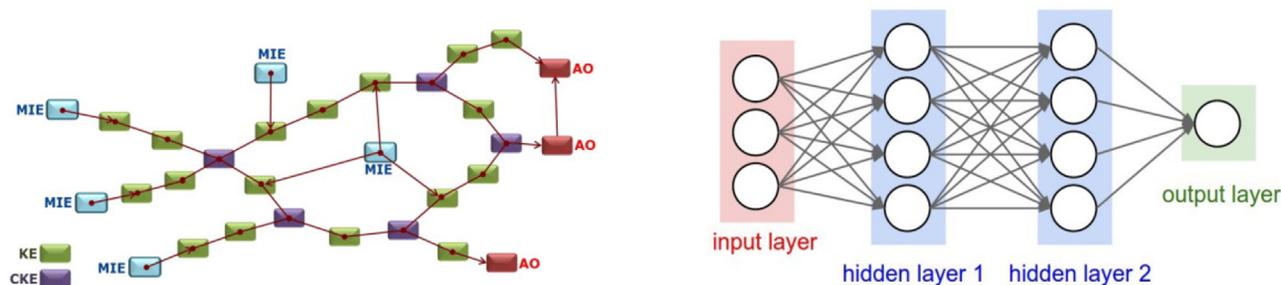
For games such as chess and Go, the complete rules can be fed into the computer models, and their performance is merely dependent on brute calculating speed. Our knowledge of the underlying rules determining toxicity is limited, and this provides a challenge for *in silico* toxicity predictions. The performance of a computer model based on machine learning highly depends on the quality of its input. As an example, structure–activity modeling for predicting chemical toxicity has been shown to hit on this challenge [11]. Mechanistic knowledge on the perturbation of physiological

pathways leading to adverse effects of chemicals is increasing rapidly. However, our current extent of mechanistic knowledge of toxicology may not suffice as yet for generating an integral model that sufficiently predicts all human toxicity quantitatively. Risk assessment decisions partly rely on expert judgment, for which the underlying reasoning is not always transparent and cannot easily be modeled. On the other hand, the number of toxic mechanisms is by definition finite [7], and some major mechanisms of toxicity can already be modeled *in silico*. The virtual embryo projects at the United States Environmental Protection Agency (US EPA) provided initial proofs of principle that *in silico* models fed with molecular and cellular data from dedicated *in vitro* assays can mimic toxic mechanisms at the cellular level. Examples are palate fusion and blood vessel development [12–14]. For developing a reliable *in silico* toxicity prediction tool, the challenge is to combine all existing mechanistic knowledge in an inclusive quantitative network of interacting AOPs that covers physiological and toxicological knowledge to the extent necessary for reliable integrated toxicity prediction. Initiatives to describe such integrated mechanistic networks are underway [15–17]. Such activities are paramount for designing the *in silico* model and for the identification of data gaps in existing knowledge. It represents an iterative process of learning by doing.

Chemistry meets biology in toxicology

Chemistry and biology interact in a variety of ways with a variety of possible positive and negative consequences. Chemistry may enhance quality of life through consumer products, pharmaceuticals, and nutrition. Flame retardants enhance the safety of electric equipment, and preservatives enable the storage of food products for longer periods of time, protecting against decay. Chemistry has wide-ranging advantages in recovering health through pharmaceutical applications. Chemistry may also result in adverse health effects if potency, exposure levels, and timing combine to attain hazardous exposures. Given that toxicology is a meeting place between biology and chemistry, an *in silico* model for

Figure 1



Schematic AOP (left) and machine learning (right) networks. AOP scheme from Ref. [10]. AOP, adverse outcome pathway; MIE, molecular initiating event; KE, key event; CKE, critical key event; AO, adverse outcome.

toxicology should learn from chemistry knowledge as much as from the biology of the system. In the pharmaceutical industry, the connections between small molecules, disease states, and genes are integrated by the so-called connectivity mapping [18]. Expert systems for structure–activity relationships of chemicals have been developed for decades, and some have achieved high predictive values in specific chemical and toxicological niches [19–22]. In a recent publication, we described the development of quantitative ontology for toxicological risk assessment [23,24]. Ontology was defined herein as the quantitative network of AOPs that allows *in silico* modeling as a predictive tool for chemical toxicity. Three main areas of information feed ontology: human biology, chemistry, and toxicology. In toxicology, there is a wealth of existing knowledge, in humans, from animal studies, and increasingly from *in vitro* molecular, cellular, and organoid assays that can feed into the ontology. The integration of knowledge from these areas is the challenge for building an ontology of sufficient detail to feed the *in silico* model for reliable toxicity predictions.

The need for *in silico* toxicity modeling to be quantitative

As increasingly mechanistic pathways are being described and integrated, it is essential that the interactions among all steps in these pathways are well understood quantitatively and incorporated in the *in silico* model to underpin predictions of toxicity. The physiology of the intact individual continuously adapts to its ever-changing environment through a wealth of homeostatic processes, precluding that changes in, for example, temperature, humidity, and nutrition and also in xenobiotic exposures, resulting in adverse health effects. Integrated *in silico* models for toxicity prediction should encapsulate these homeostatic control mechanisms to provide reliable predictions of toxicity. This is a particular challenge if these models are to be fed with results from *in vitro* assays only. *In vitro* models by necessity represent limited biological domains, usually lacking the integral homeostatic control mechanisms that are crucial for discriminating adaptive from adverse changes. Therefore, an array of complementary *in vitro* assays should be available to provide comprehensive information on all rate-limiting key events on the road toward adverse health effects. The integration at the homeostatic control level is a challenge to be addressed in the *in silico* modeling.

As an example, thyroid homeostasis is highly controlled in physiology. Its disruption can lead to serious adverse health effects, including metabolic disorders and disturbed prenatal brain development [25,26]. Effects on thyroid hormone production can be assessed in *in vitro* assays, but the interpretation of adversity thereof is not straightforward based on these tests only [27–29].

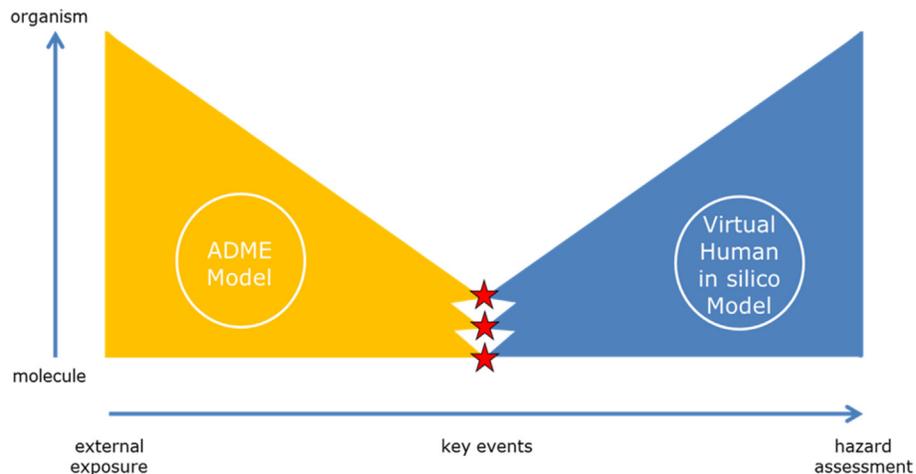
Moreover, the recent inclusion of thyroid hormone assessments in *in vivo* animal studies for regulatory safety assessment has again prompted the discussion on how to interpret statistically significant changes in one hormone in the absence of other changes in thyroid homeostasis and without observed adverse health effects [30,31]. Quantitative *in silico* models for thyroid homeostasis are increasingly being described [25,32]. They both illustrate the extent of the challenges we face in building the virtual physiological human and provide proofs of principle that such *in silico* approaches for studying perturbations are feasible.

The need for quantitative *in silico* modeling not only pertains to toxicodynamics, leading from initiating event at the molecular level to the adverse outcome in the individual but also similarly relates to the preceding toxicokinetics, leading from external exposure of the individual to the arrival (as to timing and dosing) of the compound at the target tissue site(s), where toxicity can be initiated at the molecular level [24,33]. Kinetics and dynamics are equally important aspects of toxicity and should both be modeled quantitatively for integral toxicological safety assessment (Figure 2).

Toward the virtual human in toxicological safety assessment

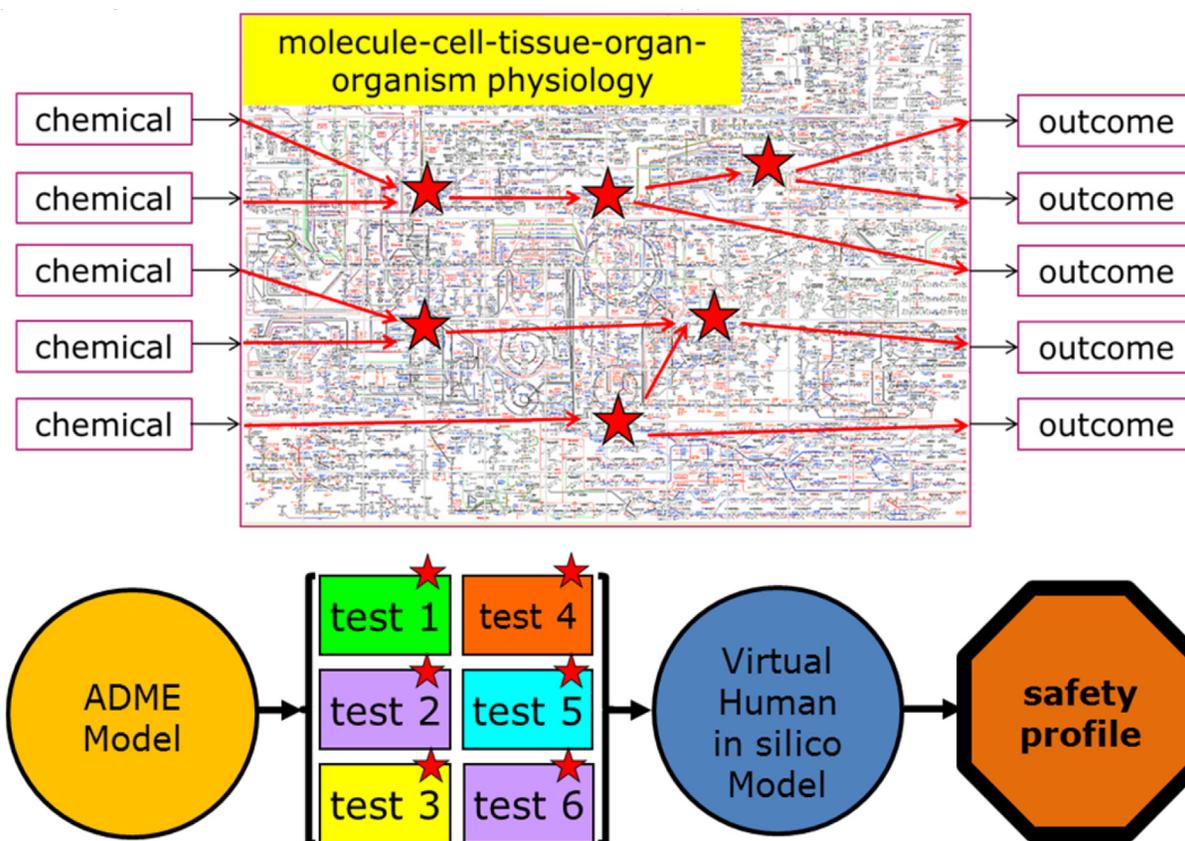
The digital information era is resulting in vast and growing databases on the physiology of health and disease that revolutionizes clinical practice [34,35]. The integration of that knowledge is ongoing in digital tools from which, for example, optimal treatments can be deduced. The current major European project aimed at mapping the virtual physiological human and the digital patient (<http://www.vph-institute.org/video/the-digital-patient.html>) has taken on this challenge, addressing a host of human organ systems. Therapeutic applications are increasing, for example, for cardiac disease, diabetes, thyroid disease, and depression [36–39]. In addition, these approaches allow for personalized medicine by fine-tuning models based on individual parameter settings [35]. Similar paths can of course be envisaged in human toxicology. Based on the *in silico* modeling of human physiology, toxicity can be modeled. Quantitative concentration-dependent parameter changes after chemical exposure measured *in vitro* can be fed into the *in silico* physiological model developed to provide the quantitative integration of toxicity at the whole-body level (Figure 3). Recent developments in this area are promising, but the integration of different organ functions into one model is still a significant challenge. The validity of this approach depends on the quality of the *in silico* model. Validation of this approach will be principally different from classical validation of alternative methods for animal testing [40]. Although existing animal data have been instrumental in revealing toxicity mechanisms, they do represent a detour on the road from human

Figure 2



From external exposure to hazard assessment at the organism level, via key events triggered at the molecular level. ADME (absorption, distribution, metabolism, excretion) represents compound kinetics; the Virtual Human *in silico* Model represents the adverse outcome pathway network.

Figure 3



Schematic representation of the application of the virtual human in toxicological safety assessment. The virtual human (the physiological map box) challenged by chemicals will lead to adverse outcomes through a limited number of pathways, in which critical rate-limiting steps occur, indicated here graphically by red stars. Testing these aspects in quantitative *in vitro* tests combined with kinetic information provides the basis for feeding the integrated *in silico* model for predicting the resulting safety profile in humans. ADME, absorption, distribution, metabolism, excretion.

exposure to human risk. In principle, the description of human physiology *in silico* will provide a more direct representation of human hazard and risk than the non-human animal model. It will have to prove itself in actual practice as comparisons with existing (largely animal-based) systems are limited based on the principal limitations of the latter. Although much work needs to be done in designing a reliable virtual human toxicology model, the growing applications of virtual models in medicine mentioned previously provide promising landmarks toward the success of such an approach.

Will machine learning revolutionize regulatory chemical safety assessment?

Recently, several workshops have addressed the question of how innovative approaches in chemical safety assessment, focusing on the human and avoiding animal testing, will change the regulatory landscape [41–45]. First, an evolutionary scenario can be described, in which changes would occur one by one within the current regulatory frameworks. This could ultimately result in stepwise replacement of animal studies. Alternatively, as an underlying concept, a revolutionary approach would start from building the human physiological model for chemical safety assessment, incorporating all existing knowledge in an integrated *in silico* model. The model would be fed by data from testing a chemical in dedicated *in vitro* assays for critical rate-limiting steps in the physiological regulatory network. Thus, the *in silico* model would provide the integrated safety assessment for the tested chemical [24,43,44]. The latter system would develop by combining biological, chemical, and toxicological knowledge irrespective of current regulatory frameworks and would most probably require reformulation of practical requirements for regulatory chemical safety assessment. The bottom line is that safety assessment through the virtual human has to prove itself in actual practice, based on experience in the human. It can partly be built on classical comparison with animal studies, carefully considering qualitative and quantitative species differences in mechanistic pathways, but for validation purposes, it should ideally rely on integral modeling of human physiology. In addition, the credibility and acceptability of a computer model has a psychological aspect and partly depends on the extent to which the model is understood. As scientific reliability of such a system is growing, it is important to simultaneously raise confidence of all stakeholders, including the general public. This is not playing games such as chess or Go, both in terms of the nature of the underlying rules as to the importance of the subject for society. Of course, the stakes are incomparably high when it comes to the protection of human health. Although major hurdles still need to be overcome, accelerating advances in machine learning and *in silico* modeling of human development, physiology, and disease suggest

that the virtual human and its application in chemical safety assessment may be closer at hand than anticipated heretofore.

Conflict of interest

Nothing declared.

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The systematic organization of knowledge into AOP frameworks can inform and help direct the design and development of computational prediction models that can further enhance the utility of mechanistic and *in silico* data for chemical safety assessment. A proposal for actively engaging the modeling community in AOP-informed computational model development is made. A vision is presented for how AOPs can be leveraged to facilitate development of computational prediction models needed to support the next generation of chemical safety assessment. This study shows the importance of and a practical approach of how adverse outcome pathways can be integrated into *in silico* systems for prediction of toxicity.