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CME examination

Identification No. JA0419

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Lipner SR, Scher RK. J Am Acad Dermatol 2019;80:835-51.

Directions for questions 1 and 2: Choose the single best response.

A 59-year-old woman presents with longitudinal melanonychia of her left great toenail that has been present for 2 years. There is accompanying subungual hyperkeratosis. Using dermoscopy, there is black, white, and yellow discoloration of subungual debris.

1. What is the next appropriate step in managing this patient?
 - a. Photography and ask the patient to return for a follow-up visit in 6 months
 - b. Schedule an appointment to obtain a biopsy specimen of the nail
 - c. Perform a potassium hydroxide preparation with direct microscopy and send the scrapings for fungal culture or polymerase chain reaction studies
 - d. Start a topical antifungal medication
 - e. Start a systemic antifungal medication
2. What is the appropriate next step in managing this patient?
 - a. Continue the topical antifungal medication
 - b. Stop the topical antifungal medication and start a systemic antifungal medication
 - c. Perform a potassium hydroxide preparation with direct microscopy and send the scrapings for fungal culture or polymerase chain reaction studies
 - d. Stop the topical antifungal medication and ask the patient to return in 4-8 months to sample the nail
 - e. Stop the topical antifungal medication and start a topical steroid for her nails