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CME examination

Identification No. JA0819

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Lee KC, Wambier CG, Soon SL, Sterling JB, Landau M, Rullan PP, Brody HJ, International Peeling Society.
J Am Acad Dermatol 2019;81:313-24.

Directions for questions 1 and 2: Choose the single best response.

A 50-year-old woman with Fitzpatrick skin phototype II presents for the treatment of rhytides. During the physical examination, you note that she has Fitzpatrick skin phototype II with scattered lentigines on the face and fine lines around the eyes and mouth (Glogau classification of photoaging II). While discussing her therapeutic options, she says that she prefers a chemical peel.

1. Which of the following is a medium-depth peel?
 - a. Solid CO₂ plus 10% trichloroacetic acid
 - b. Solid CO₂ plus 20% trichloroacetic acid
 - c. 30% glycolic acid plus 35% trichloroacetic acid
 - d. 70% glycolic acid plus 35% trichloroacetic acid
 - e. Jessner solution plus 20% trichloroacetic acid
2. Which of the following peels require neutralization after application?
 - a. 30% glycolic acid
 - b. Jessner solution
 - c. Modified Jessner solution
 - d. 30% salicylic acid
 - e. 1% tretinoin peel