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CME examination

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Waldman RA, Finch J, Grant-Kels JM, Stevenson C, Whitaker-Worth D. J Am Acad Dermatol 2019;80:1483-94.

Directions for questions 1 and 2: Choose the single best response.

A 59-year-old woman presents to your clinic for a routine skin examination. During the examination she tells you that she was recently diagnosed with invasive breast adenocarcinoma and that she is about to begin radiotherapy as part of her cancer treatment.

1. Applying which of the following topical agents is most likely to decrease her risk of developing severe radiation dermatitis?
 - a. Petroleum jelly
 - b. Mometasone
 - c. Clindamycin
 - d. Tretinoin
 - e. Calcipotriene

A 52-year-old woman is diagnosed with superficial thrombophlebitis of the breast. She has no personal or family history of a clotting disorder. She has no personal history of cancer. Her last screening mammogram was 2 years ago.

2. Which of the following is the most appropriate next step in management?
 - a. Order a mammogram
 - b. Order an ultrasound of the breast, focusing on the affected area
 - c. Order a magnetic resonance imaging scan of the breast
 - d. Refer her to her primary care physician for initiation of anticoagulation
 - e. Reassure her and manage symptomatically