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CME examination

Identification No. JA0619

June 2019 issue of the Journal of the American Academy of Dermatology.

Waldman RA, Finch J, Grant-Kels JM, Whitaker-Worth D. J Am Acad Dermatol 2019;80:1467-81.

Directions for questions 1 and 2: Choose the single best response.

An accessory nipple is incidentally identified on a 4-month-old boy during a skin examination.

1. Which of the following is most likely to be also true about this child?
 - a. The child likely has other associated developmental abnormalities
 - b. The child likely is at increased risk of developing invasive breast cancer later in life
 - c. The child likely has a family member with an accessory nipple
 - d. The child will likely require surgical excision of the accessory nipple
 - e. The child will likely develop more of these lesions over time

A 54-year-old woman with a history of stage IIA breast adenocarcinoma after undergoing bilateral radical mastectomy presents to clinic for a routine skin check. On examination of the chest wall, you note that the patient has erythema surrounding her mastectomy scar. The mastectomy scar otherwise appears well healed and no palpable masses are noted on breast examination. Upon further questioning, the patient reveals that the area has been present for about a week and is intermittently pruritic.

2. What is the most appropriate next step in management?
 - a. Prescribe oral clindamycin
 - b. Prescribe topical triamcinolone
 - c. Prescribe topical tacrolimus
 - d. Order a mammogram
 - e. Obtain a punch biopsy specimen of the affected area