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CME examination

Identification No. JC0119

January 2019 issue of the Journal of the American Academy of Dermatology.

Kaushik SB, Lebwohl MG. J Am Acad Dermatol 2019;80:27-40.

Directions for questions 1-3: Choose the single best response.

A 50-year old woman with plaque psoriasis affecting >10% of her body surface area presents for a follow-up visit to your clinic. Her medical history is significant for well-controlled hypertension and diabetes mellitus for 10 years. You started her on an injectable medicine a few months earlier, which resulted in significant improvement. However, on this visit she states that she has been experiencing numbness and tingling of her arms and legs since her last visit.

1. What should be the next steps in her management?
 - a. Obtain chest radiograph
 - b. Refer to neurology
 - c. Observation and reassurance
 - d. Send her for computed tomography scan
 - e. Discontinue the injectable drug

Her neurologist diagnoses her with multiple sclerosis.

2. Which of the following drugs should be avoided in this patient?
 - a. Tumor necrosis factor–alpha inhibitors
 - b. Apremilast
 - c. Interleukin-17 inhibitors
 - d. Cyclosporine
 - e. Acitretin

A 60-year-old man presents to your office for evaluation of his 1-year history of extensive plaque psoriasis affecting >10% of his body surface area. He states that he has tried multiple creams and ointments without much improvement and would like to discuss other treatment options. He mentions that he has been treated for multiple precancerous lesions and has had 2 squamous cell skin cancers.

3. Which of the following drugs has a preventative effect on non-melanoma skin cancers?
 - a. Cyclosporine
 - b. Tumor necrosis factor–alpha inhibitors
 - c. Acitretin
 - d. Ustekinumab
 - e. Apremilast