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The effects of genistein on estrogen receptor- β , IL-1 β levels, and MUC5AC expression in ovariectomized rats with dry eye

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SUMMARY

The purpose of this study was to investigate the effects of genistein on estrogen receptor- β (ER- β) expression, IL-1 β expression, and MUC5AC expression in post-menopausal dry eye syndrome model rat. A total of thirty female rats were divided into five study groups, consisting of control group (without any treatment), the dry-eye rat model group, the dry-eye rat model treated with various doses of topical genistein (50 μ M, 100 μ M, and 200 μ M). The ER- β , IL-1 β , and MUC-5AC expressions were evaluated by immunofluorescence (confocal laser scanning microscopy). The ER- β expression decreased significantly in the dry eye model group compared with the control group ($p < 0.05$), this decrease could be inhibited by all doses of genistein, but not yet achieved an expression comparable to the control group ($p < 0.05$). MUC5AC expression was significantly lower in the dry eye model compared with the control group ($p < 0.05$), this reduction could be increased by all groups treated with genistein, achieving values comparable to the control group for the groups treated with genistein of second and third doses ($p > 0.05$). The IL-1 β levels in the dry eye model group were significantly higher than the control group ($p < 0.05$). This increase can be decreased by the administration of third-dose genistein. It was concluded that genistein can suppress IL-1 β levels production and may trigger upregulation of ER- β and MUC5AC expression in the dry eye model due to ovariectomy.

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Thus, genistein may become an alternative to suppress inflammation and mucin production in dry eye syndrome.

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1. Introduction

Dry eye syndrome (DES) is defined as a multifactorial disease of tears and ocular surface that may result in symptoms of discomfort, visual disturbance, and tear film instability with potential damage to the ocular surface, increasing tear films osmolarity and ocular surface inflammation [1]. Until now there has been no definitive treatment for this disorder, even it is still the main cause of a patient visiting an ophthalmologist [2].

It is estimated that approximately 3.2 million women in the United States suffer from dry eye disease [3]. Hormonal status is one of the causes of dry eye disease [4], although it is still controversial. In menopausal women, there is an increased expression and secretion of proinflammatory cytokines, i.e. IL-1, IL-6, and TNF- α . Estrogen deficiency increases the cell response to some cytokines by increasing the number of cytokine receptors [5,6]. Conjunctival inflammation occurs in more than 80% of patients with dry eye syndrome. Conjunctival epithelium is a source of IL-1 β involved in the pathogenesis of dry eye syndrome [7–9]. IL-1 β proinflammatory cytokines increase in patients with dry eye syndrome and are fundamental in the acute phase proteins synthesis and are produced in large quantities [10]. Inflammation is the key cause and consequence of ocular surface injuries and dryness, which will trigger epithelial apoptosis as well as squamous metaplasia and apoptosis. Severe or chronic inflammation also decreases the number of goblet cells [11–14]. In dry eye syndrome there is also a change in the quantity and biochemical composition of the mucin layer, so that the average concentration of goblet cells secreting MUC5AC soluble musin decreases. The loss of goblet cells, which is a feature of dry eye syndrome, is consistent with a decrease in MUC5AC mucin gel [15,16].

Genistein is an isoflavone as an active ingredient of soybeans. The molecular weight of genistein is 270.24 g/mol [17]. Genistein has a structural similarity with 17 β -estradiol and can bind to the estrogen receptor, with a higher affinity to ER- β than ER- α [18,19]. Genistein is a potentially beneficial compound for health. Its pharmacological actions include phytoestrogens, antioxidants, and can reduce symptoms in menopausal women [20]. Isoflavones are also anti-inflammatory and act as estrogens [21]. Previous studies, which have applied daidzine to dry eye disease, found that these compounds are able to protect the cornea through anti-inflammatory effects and suppression of oxidative stress [22]. Other researchers applied the genistein in suppressing IL-1 β in dry-eye model rat due to castration [23]. Until now, to the best knowledge of the researcher, there have been no studies that evaluate the effects of genistein on post-menopausal dry eye syndrome. Therefore, this study aimed at investigating the effects of genistein on expression of estrogen receptor- β (ER- β), IL-1 β expression, and MUC5AC expression in the dry eye syndrome model due to ovariectomy.

2. Material and methods

2.1. Animals

There were five rats groups (totally thirty rats, $n = 6$ rats each) i.e. the control group (female rats without any treatment), the dry eye model rat group, dry eye rat model group treated with the 50 μ M genistein eye drops, the dry eye rat model group treated with 100 μ M genistein eye drops, and the dry eye rat model group treated with 200 μ M genistein eye drops. The administration of genistein was performed for a week.

2.2. Dry rat eye model due to ovariectomy

To perform ovariectomy, female strain Wistars were anesthetized using a 0.2 cc ketamine intramuscularly. The lower abdominal hair was shaved and the skin was cleaned with betadine and alcohol

70%. An 1–2 cm paralumbar lateral skin incision and a muscular incision underneath were made. Both ovaries were tied and cut, then treated with betadine. The skin and muscles were sewn apart. In the first three days after ovariectomy, the rats were intramuscularly treated with 60–80 mg/kg gentamicin daily. This procedure aims to remove prolactin secretion and cause a significant atrophy of the lacrimal gland with deficient tear production [24,25].

Schirmer test, a Ferning test, and a FBUT test were performed to determine DES model. The Schirmer test aims for assessing tear secretion, it is performed without topical anesthesia by placing a standardized folded Whatman filter paper strip over the lid margin at the junction of the medial and lateral third of the lower lid. Aqueous tear production was measured by the millimeters wetted during the test period, usually 5 min. A cutoff value of 5.5 mm was wetted in 5 min for the Schirmer test diagnosed aqueous tear deficiency in 83% of DES [26].

The Ferning test was performed to evaluate the tear quality. The tear samples were collected with glass capillary and dropped on microscopy slide, and allowed to dry by evaporation at room temperature within 5–7 min, observed with light microscope type Olympus E 330-ADU12X, Japan, with 40–100 \times of magnification. The interpretations are (I) ferning shows uniform structures without spaces among the ferns; (II) small spaces begin to appear; (III) large spaces with poorer branches; (IV) ferning phenomenon is absent; Intermediate I/II, II/III, III/IV when the ferning morphology changed in different areas; and Abnormal value: \geq type II/III [27].

Tear film stability is measured by the fluorescein tear break-up time (FBUT) Test. It is performed by placing fluorescein in the lower conjunctival sac using a fluorescein-impregnated strip wetted with non-preserved saline solution. Break-up is best observed with the use of a blue exciter and yellow barrier filter. The break-up time is the time that elapses from the last blink to the first appearance of a dark spot in the fluorescein-stained film. In general, a break-up time of <10 s suggests an unstable tear film. Tear break-up time is reduced in DES [28].

2.3. Genistein preparation

Genistein 10 mg (MP Biomedicals) was dissolved in a sterile aquadest to obtain a stock solution of 1 mg/ml. The stock solution was stored at 0 °C. The stock solution would be diluted again using the sterile aquadest to the desired dose. The pipettes used in this study were 20 drops for each milliliter. Each treatment group was treated with genistein according to the prescribed doses (50 μ M; 100 μ M; and 200 μ M) at 4 \times 1 drops per day for 1 week. DES group was treated with aquadest at 4 \times 1 drops per day for the week. For the control group, no drops were administered on rats eyes.

2.4. Eyeball removal

The rats were euthanized with intramuscular ketamine injection of 0.5 cc dose. Enucleation was done by cutting the extraocular muscles and connective tissues around the eyeballs, and cutting off the optic nerves. After the enucleation, the eyeball were directly put and stored into a 10% formalin solution bottle.

2.5. Immunofluorescent staining

Paraffin blocking process was performed on conjunctival tissue. Immunofluorescence staining was made with deparaffinization where conjunctival tissues were washed with PBS for 5 min, repeated for 3 times then incubate cells with Triton-x 100 0.1% solution for 5 min. After that, the slide was washed with sterile PBS for 3 \times 5 min. To maintain cell permeability, after the slide was dried and dropped with 3% hydrogen peroxide, it was incubated for 20 min. After that the slide was washed again with sterile PBS for 3 \times 5 minutes. Then, antigen retrieval was performed using heat induced epitope retrieval by 95 °C heating in water bath for 20 min in buffer citrate pH 0.6. The slide was cooled down slowly. Blocking of non-specific protein was made using 5% FBS, incubation for 30 min. Afterwards, the slides were washed with sterile PBS for 3 \times 5 minutes. Furthermore, specific primary antibodies were dissolved in 5% FBS at a ratio of 1: 200, then incubate for one night at 4 °C. The next day, they were washed again with sterile PBS for 3 \times 5 minutes. Specific primary antibodies used were anti rat estrogen- β receptor antibody (Bioss, USA); anti rat IL-1 β antibody (Bioss, USA); and anti rat MUC5AC antibody

(Bioss, USA). Afterwards, incubate them with secondary fluorescence-labeled antibodies with a ratio of 1: 200 in PBS. Secondary antibodies labeled with FITC were used for IL-1 β , MUC-5AC, while TRITC (Rhodamine) labeling was for estrogen- β receptor. Incubate in the dark room for 60 min at 40C. After incubation the cells were then washed again using sterile PBS for 3 \times 5 min. Visualization of proteins was examined by using the Olympus fluo FV 10-ASW confocal lasser sacnning microscopy 1.7, with a magnification of 400x in five fields of view. Units were stated in arbitrary unit.

2.6. Ethics

This research has passed the ethical approval of institutional ethics committee of Faculty of Medicine Universitas Brawijaya, Saiful Anwar Hospital, Malang, East Java, Indonesia.

2.7. Statistical analysis

Data were presented in the \pm mean of standard deviation and analyzed by ANOVA test. For statistical analysis, SPSS for Windows version 17.0 statistical package were used. The p value < 0.05 was statistically significant.

3. Results

The ER- β expressions in conjunctival epithelial cells of all the study groups were shown in Fig. 1. There was a significantly decrease in estrogen receptor- β expression in the dry eye model group

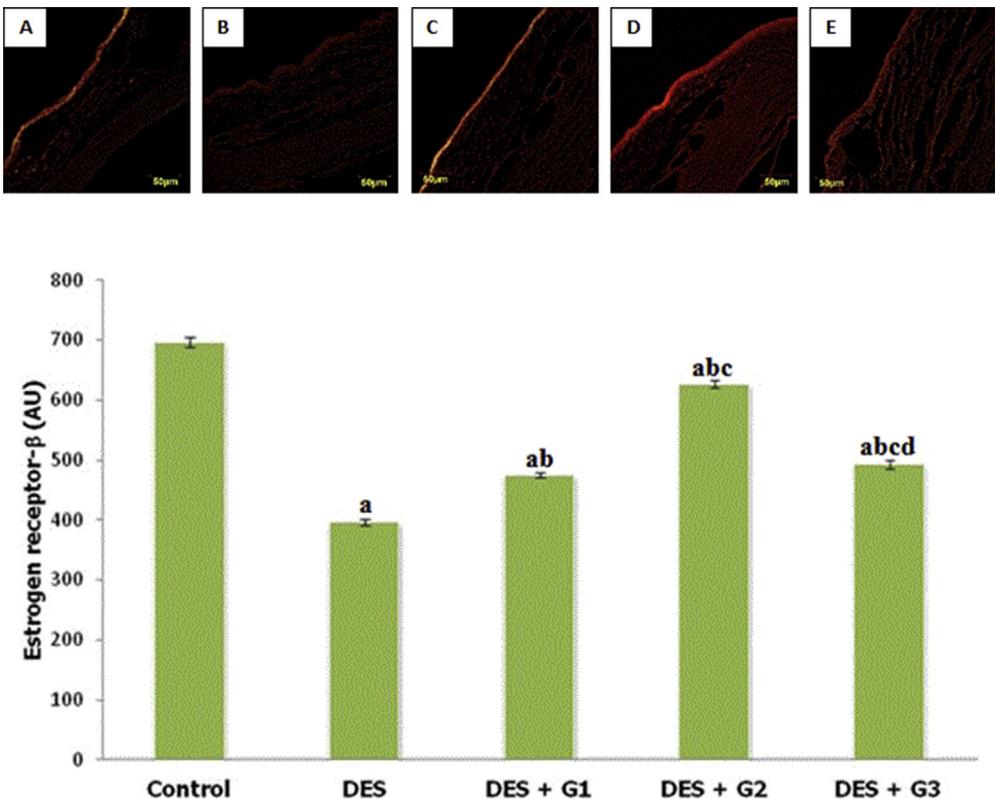


Fig. 1. Confocal micrograph of ER- β expressions in conjunctival epithelial cells, magnification \times 400 (A). ER- β expressions in conjunctival epithelial cells of all groups (B). Note: DES: dry eye syndrome group; DES + G1: dry eye syndrome + first dose (50 μ M) of genistein group; DES + G2: dry eye syndrome + second dose (100 μ M) of genistein group; DES + G3: dry eye syndrome + third dose (200 μ M) of genistein group.

compared with the control group ($p < 0.05$). Estrogen receptor- β expression increased significantly in all DES groups treated with genistein compared with the dry eye model group without the administration of genistein ($p < 0.05$), but had not achieved an expression comparable to the control group ($p < 0.05$).

MUC5AC expression in conjunctival goblet cells of various study groups was shown in Fig. 2. MUC5AC expression decreased significantly in the dry eye model compared with the control group ($p < 0.05$). MUC5AC expression increased significantly in all groups treated with genistein ($p < 0.05$), even achieving values comparable to the control group for the second and third dose genistein ($p > 0.05$) groups.

Fig. 3 presents the IL-1 β expression in conjunctival epithelial cells of various research groups. The IL-1 β expression in the dry eye model group was significantly higher than the control group ($p < 0.05$). The administration of three doses of genistein significantly decreased the IL-1 β expression compared with the dry eye model group ($p < 0.05$), but not yet achieved the control group value ($p < 0.05$).

4. Discussion

We do not use hormonal therapy because the affinity is divided into ER- β and ER- α receptors, while the genistein affinity to the ER- β receptor [18,19]. In this study, there was a significant decrease in ER- β expression in the dry eye model group versus the control group. This indicated a downregulation of ER- β expression in the dry eye model group due to ovariectomy. This downregulation was thought to be caused by the low interaction of estrogen with ER- β due to ovariectomy, although this study did not

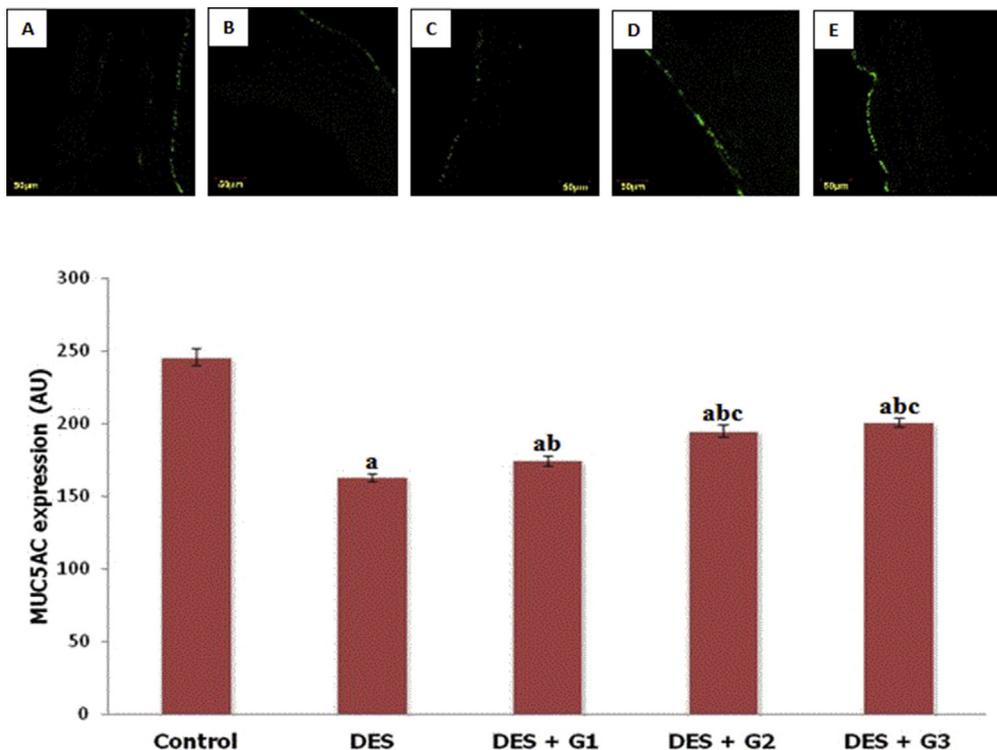


Fig. 2. Confocal micrograph of MUC5AC expression in conjunctival goblet cells, magnification x400 (A). MUC5AC expression expressions in conjunctival epithelial cells of all groups (B). Note: DES: dry eye syndrome group; DES + G1: dry eye syndrome + first dose (50 μ M) of genistein group; DES + G2: dry eye syndrome + second dose (100 μ M) of genistein group; DES + G3: dry eye syndrome + third dose (200 μ M) of genistein group.

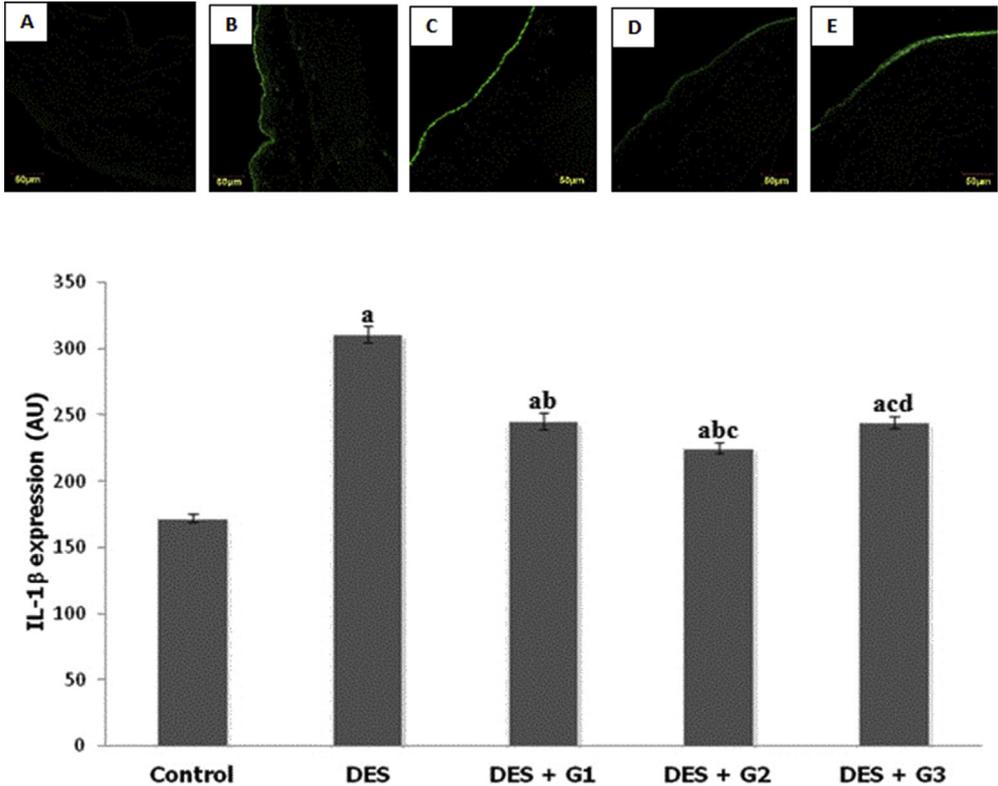


Fig. 3. Confocal micrograph of IL-1 β expressions in conjunctival epithelial cells, magnification x400 (A). IL-1 β expressions in conjunctival epithelial cells of all groups (B). Note: DES: dry eye syndrome group; DES + G1: dry eye syndrome + first dose (50 μ M) of genistein group; DES + G2: dry eye syndrome + second dose (100 μ M) of genistein group; DES + G3: dry eye syndrome + third dose (200 μ M)) of genistein group.

measure estrogen levels. This study extended earlier findings that there was a decrease in down-regulation of ER- β mRNA in the cornea and lacrimal gland in the dry eye model due to sex steroid deficiency [24]. The study also supported previous findings that estrogen deficiency was not the risk factor for dry eye in rats [29]. Administration of genistein in all three doses may increase ER- β expression in dry-eye model rats, although this does not achieve expression comparable to the control group. This was dependent on upregulation of ER- β due to interaction with ligand genistein. Previous studies stated that genistein may increase ER- β mRNA expression [30].

On the ocular surface, the gel-forming 5AC mucin (MUC5AC) was expressed by goblet cells to hydrate the tear layer and acted as a cleaning lubricant and molecule [31,32]. In this study, MUC5AC expression decreased significant in the dry eye model group compared with the control group. This indicated that the downregulation of MUC5AC occurred in the dry eye model group due to ovariectomy. The decreased expression of MUC5AC by goblet cells indicated the adaptive mechanism failure of goblet cells (goblet cell hyperplasia and increased MUC5AC expression). This adaptive mechanism failure will elicit symptoms of a dry eye model, which is accompanied by a decrease in goblet cells and MUC5AC [33]. The decreased estrogen or estrogen deficiency in this study is not a disadvantage given that previous findings suggested that MUC5AC in the ocular epithelia is not hormonally controlled by estrogen and is specific [34]. The three doses of genistein administered in this study were able to upregulate MUC5AC expression, even achieving values comparable to the control group for the groups treated with genistein of second and third doses. We hypothesized several mechanisms, first, through

upregulation of ER- β as found in this study. The second mechanism was through the antiinflammatory properties of genistein [35].

In this study, IL-1 β expression in the dry eye model group was significantly higher than in the control group. This increase was due to hyperosmolarity stress that could induce IL-1 β expression [36]. Levels of IL-1 β also increased in the dry eye model of the castrated male rats [23]. The administration of three doses of genistein significantly decreased the expression of IL-1 β compared with the dry eye model group, but could not yet achieve the values in the control group. Previous studies had demonstrated the effect of genistein in inhibiting IL-1 β mRNA [37]. This was based on the ability of genistein to inhibit I κ -B phosphorylation and translocation of p65 NF- κ B subunit [35].

Overall, for MUC5AC expression it was found that the higher the dose of genistein the higher the effect, while this did not occur in ER- β and IL-1 β . This indicates that genistein is an herb that works on critical match dose [38]. This study extends previous findings that found the effect of dose genistein response to adipocyte differentiation at doses of 20–200 μ M [39].

It was concluded that genistein can suppress IL-1 β production and trigger upregulation of ER- β and MUC5AC expressions in the dry eye model due to ovariectomy. Thus, genistein may be an alternative to suppress inflammation and mucin production in dry eye syndrome.

Conflict of interest

All researchers state that there is no conflict of interest in the research or publication of this article.

Appendix A. Supplementary data

Supplementary data related to this article can be found at <https://doi.org/10.1016/j.yclnex.2017.12.003>.

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