



The impact of right ventricular function on prognosis in patients with stage III non-small cell lung cancer after concurrent chemoradiotherapy

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Abstract

Right ventricular (RV) impairment after cancer therapy-related cardiotoxicity and its prognostic implications in lung cancer have not been examined. The present research sought to evaluate RV structure, function, and mechanics in stage III non-small-cell lung cancer (NSCLC) before and after concurrent chemoradiotherapy (CCRT), and to explore the associations between RV impairments, radiation dose, and all-cause mortality. This prospective investigation included 128 inoperable NSCLC patients who were scheduled to receive CCRT. Echocardiographic examination and strain evaluation was performed at baseline and 6 months post-CCRT in all participants. Conventional RV dimensions revealed no significant changes post-CCRT. However, a reduction in RV free wall strain (RV-fwLS) was observed at 6 months post-CCRT ($-28.3 \pm 4.6\%$ vs. $-25.5 \pm 4.8\%$, $P < 0.001$). The same was revealed for global RV longitudinal strain (RV-GLS) ($-23.4 \pm 2.9\%$ vs. $-20.2 \pm 3.4\%$, $P < 0.001$). Pearson correlation showed that RV radiation mean dose was related with the percentage change in RV-fwLS ($r = 0.303$, $P = 0.001$) and RV-GLS ($r = 0.284$, $P = 0.002$). In multivariable analysis, the percentage change in RV-fwLS was an independent predictor of all-cause mortality (HR 1.296, 95% CI 1.202–1.428, $P < 0.001$). RV longitudinal strain is deteriorated at 6 months post-CCRT. The RV mechanics deterioration was associated with radiation dose and affected the long-term outcome of stage III NSCLC patients treated with CCRT.

Keywords Right ventricle · Strain · Chemoradiotherapy · Non-small cell lung cancer

Introduction

Concurrent chemoradiotherapy (CCRT) is the standard treatment for patients with unresectable or medically inoperable stage III non-small-cell lung cancer (NSCLC) [1]. However, thoracic radiotherapy (RT), as the most important component of CCRT, is potentially associated with cardiotoxicity, which has long been recognized in patients with breast

cancer [2] or Hodgkin lymphoma [3]. Notably, the data of RT-associated cardiotoxicity for patients with NSCLC is limited. Conventional wisdom holds that there are few long-term NSCLC survivors to experience toxicity, given the typically long latency of RT-associated cardiac injury and poor prognosis. In fact, patients with lung cancer are more likely to have comorbid hazard factors such as advanced age, smoking and probably receive higher heart radiation doses, thus lowering their reserve and predisposing them to earlier cardiac events [4]. In addition, the concurrent use of platinum-based chemotherapy may amplify the cardiotoxic risk [5]. It is therefore important to screen and detect cardiac impairment post-CCRT for NSCLC patients.

Strain imaging is considered a suitable method for early detecting subtle myocardial dysfunction before they are observable by conventional echocardiographic techniques [6]. Multiple studies have validated its role in evaluating cancer treatment-induced left ventricular (LV) subclinical dysfunction and demonstrated the prognostic value of assessing LV myocardial mechanics [7, 8]. Of note, although

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LV dysfunction after cancer treatment have been investigated, the early manifestations of right ventricular (RV) function have not been well characterized, and its incidence and prognostic value in lung cancer patients is unknown. Theoretically, the thinner structure of the RV with lesser myofibrils may make it more vulnerable to cardiotoxicity induced by radiation or chemotherapy [9]. Furthermore, RV is anatomically positioned superficially in the mediastinum, right behind the sternum and ribs, which makes it easily exposed to RT [10]. Considering the fact that RV function have important predictive role in many other cardiovascular diseases [11–13], it would be significant to know if RV impairment is associated with worse outcomes in lung cancer patients. Hence, by using strain imaging, we aimed to study the early effects of CCRT on RV structure, function, and mechanics, and to search for the relationships between the RV impairments and long-term outcome in patients with NSCLC.

Methods

Patients and treatment

A total of 128 patients who had histologically proven and unresectable NSCLC were consecutively enrolled in this study between January 2009 and December 2013. Patients were older than 18 years and had an Eastern Cooperative Oncology Group performance status (ECOG PS) of 0 to 1. All patients were scheduled to receive definitive radiotherapy (RT) with concurrent chemotherapy (57.5% platinum/Taxol doublet, 42.5% platinum/non-Taxol doublet) as tolerated. Exclusion criteria were prior radio- or cardiotoxic chemotherapy, pulmonary hypertension, liver or kidney failure, valvular heart disease (more than mild), malignant pericardial effusions, persistent atrial fibrillation, impaired LV systolic function (LVEF < 50%) and inadequate echocardiographic view. In addition, we calculated the WHO/International Society of Hypertension (WHO/ISH) 10-year mortality risk score to evaluate baseline cardiac risk [14]. This protocol was approved by the institutional review board, and written informed consent was obtained from all patients.

RT doses were prescribed to the planning target volume (PTV). The gross tumor volume was defined as the primary tumor and regionally involved nodes on CT when 1 cm or larger, or standardized uptake values (SUV) > 3. Clinical target volume margins were 0.5–1.0 cm, and PTV margins were 0.5–1.0 cm as well. RT with a median dose of 64.5 Gy (range 53.8–75.3 Gy) and 1.8 or 2.15 Gy per fraction was administered over 5–7 weeks. We employed the dose limits for the heart (V60 Gy < 1/3, V45 Gy < 2/3, and 40 Gy < 100% of the heart). Dose-volume histograms were

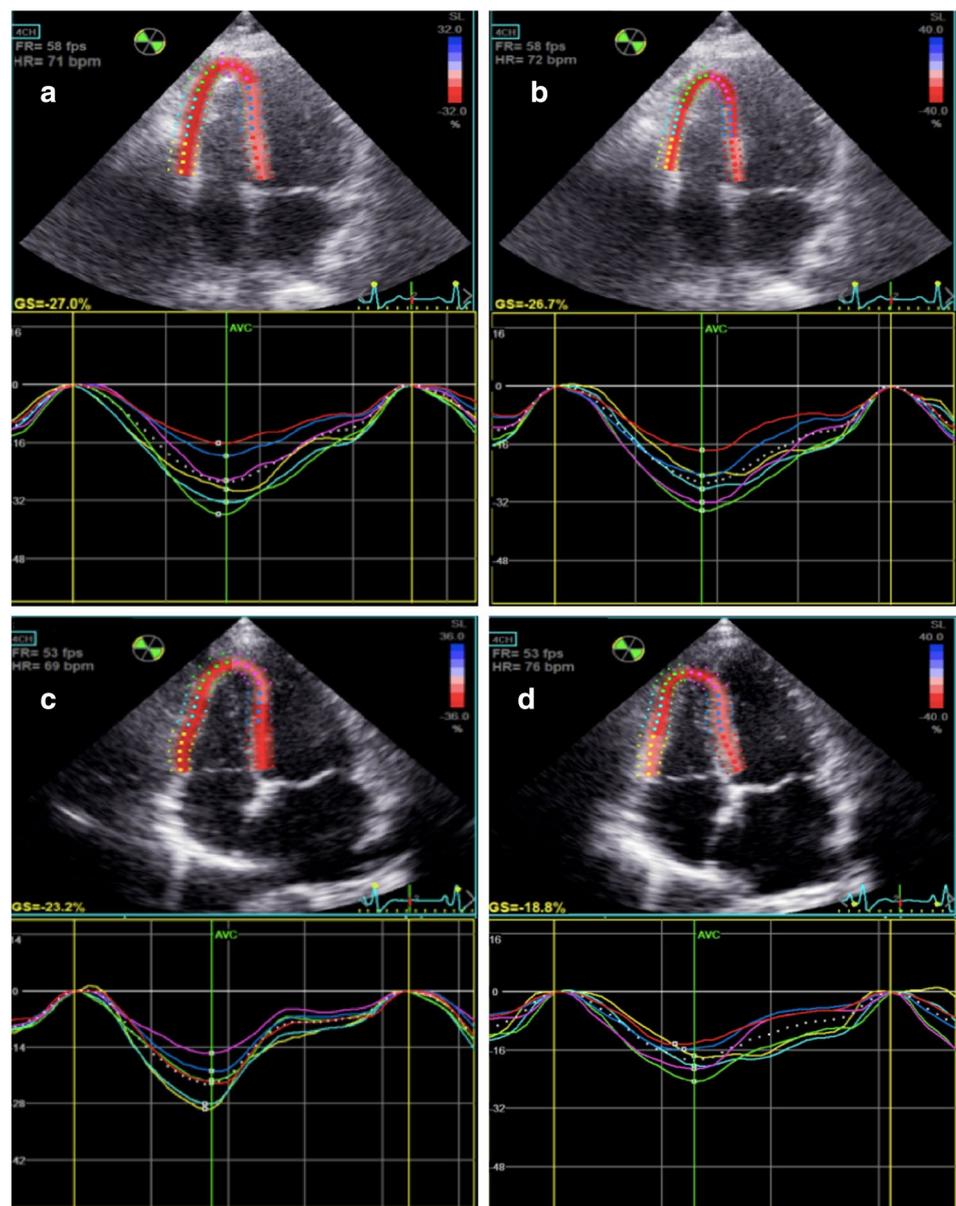
generated for organs at risk, and parameters for analysis were prespecified largely on the basis of RTOG 0617 [15].

Echocardiography and image analysis

A comprehensive transthoracic echocardiogram was performed at baseline, and 6 months post-CCRT using Vivid 7 or E9 ultrasound scanners (GE Vingmed, Horten, Norway) equipped with a 2.5-MHz broadband transducer. The same ultrasound machine was used to acquire all echocardiograms in each patient. The echocardiographic protocol adhered to the recommendations for chamber quantification of the American Society of Echocardiography [16]. The patients were in the left lateral decubitus position. A simultaneous superimposed ECG was used throughout the studies. Two-dimensional, Doppler and M-mode measurements were performed, and framerate optimized (≥ 50 frames per second) apical 2-, 3-, 4-chamber, and midlevel short axis views were stored for three cycles on the hard drive. All echocardiograms were performed by 2 research sonographers. Measurements were performed by a senior reader who was blinded to the clinical data and outcomes when interpreting the echocardiograms. LV ejection fraction (LVEF) was measured by use of the biplane Simpson's method. RV dimensions were defined as basal, mid-cavity and longitudinal diameter in an apical 4-chamber view. Right atrial (RA) area was estimated by planimetry at the end of ventricular systole (largest atrial volume), tracing the RA endocardium from the lateral aspect of the tricuspid annulus to the septal aspect. Right ventricular end-diastolic area and end-systolic area were measured from the apical four chamber view to calculate RV FAC. To determine TAPSE, M-Mode cursor was placed at the junction of the tricuspid valve plane with the right ventricular free wall, using the images of the apical four-chamber view. Pulmonary artery systolic pressure (PASP) was calculated from the peak continuous-wave Doppler velocity of the tricuspid regurgitation jet plus right atrial pressure, as assessed by the inspiratory collapse of the inferior vena cava.

Peak systolic strain was measured off-line using 2D STE (EchoPAC PC version 10.0; GE Medical Systems). Adequate tracking was controlled by visual inspection, and reanalysis was executed if necessary. Sections with repeated inadequate tracking were excluded from the final results. As conventionally done, RV peak systolic global longitudinal endocardial strain (RV-GLS) was measured from all 6 RV myocardial segments from an apical 4-chamber view (3 segments of the free wall and 3 segments of the interventricular septum) while the RV free wall peak systolic longitudinal strain (RV-fwLS) was obtained from the 3 RV free wall segments only (Fig. 1). This distinction is made since measurement of RV-GLS based on the inclusion of the interventricular septum may

Fig. 1 Example of right ventricular strain measurement from apical 4-chamber view: **a** A good prognosis patient's pre-chemoradiotherapy image depicting right ventricle global (-27.0%) and free wall longitudinal strain (-30.1%); **b** the same patient's post-chemoradiotherapy image depicting right ventricle global (-26.7%) and free wall longitudinal strain (-29.6%); **c** a poor prognosis patient's pre-chemoradiotherapy image depicting right ventricle global (-23.2%) and free wall longitudinal strain (-26.1%); **d** the same patient's post-chemoradiotherapy image depicting right ventricle global (-18.8%) and free wall longitudinal strain (-21.6%)



partially reflect changes in the left ventricle as the septum is shared by both ventricles. RV-fwLS focuses only on the RV free wall and does not include contribution of the septum so as to eliminate the influence of left ventricle. The percentage change in RV-fwLS (Δ RV-fwLS %) was calculated between baseline and 6 months post-CCRT.

Follow-up

The primary outcome was all-cause mortality defined as death from any cause occurring at the end of follow-up. All mortality was assessed by reviewing electronic medical records and confirmed by the Social Security Death Index.

Statistical analysis

Continuous data are presented as the mean \pm standard deviations, whereas categorical data are presented as percentages. Means were compared using the repeated measurements analysis of variance. Pearson correlation was used to test the linear associations between RV strain changes and RV radiation dose. Intra-observer and inter-observer agreements were calculated using the coefficient of variation (i.e., the absolute percentage difference between the measurements divided by their mean value) and the intraclass correlation coefficient. A Cox, proportional hazards model, was used in the univariable and multivariable analyses to investigate the association between adverse outcomes and clinical

factors. A stepwise variable selection was performed in the multivariable analysis retaining all predictors with P value < 0.05 in the final model. The hazard ratio (HR) and its associated 95% confidence interval (CI) were reported. Receiver operating characteristic (ROC) curve analysis was used to test the value of significant predictors of mortality. The cut-off value was selected as the value corresponding to the highest average of sensitivity and specificity. The cut-off values identified in the above model were then analyzed using the Kaplan–Meier method. To estimate the significance of the Kaplan–Meier curves, the log-rank test was used. P values < 0.05 were considered statistically significant. Statistical analysis was performed with SPSS 18 (SPSS, Chicago, IL).

Results

Baseline characteristics and outcome

The median age was 60 years (range 40 to 79 years); 31.3% of the patients were aged 70 years and older. The majority (65.6%) of patients were male; 59.4% had an ECOG PS score of 0; slightly more patients had stage IIIA disease (53.1%); 73.4% had non-squamous histology; 45.3% had WHO/ISH 10-year risk scores > 10. Most patients (87.5%) had been treated with 3D CRT, and the other 16 patients (12.5%) received IMRT. The median, mean radiation dose was 65.5 Gy (range 60 to 70 Gy), and RV mean dose was 4.2 Gy (range 1.2 to 8.6 Gy). The detailed baseline characteristics of the patients are shown in Table 1.

The median follow-up period was 34 months (range 7–61 months), and no patients were lost to follow-up. The median OS was 27.5 months, and the 2- and 3-year OS were 47.7% and 32.5%, respectively.

Echocardiographic parameters

Neither the LV nor the RV dimensions specifically changed in the sequential follow-up (all P > 0.05). Compared with baseline, LVEF remained unchanged at 6 months after CCRT (P > 0.05). Whereas E/e' presented a significant increase (P = 0.01), which implied a progression of LV diastolic dysfunction. Traditional parameters of RV longitudinal function (FAC, TAPSE and s') revealed no significant changes (all P > 0.05).

Totally, 702 of 768 (91.4%) RV segments were successfully analyzed by strain imaging, and the number of losing tracking segments was less than 15%. The absolute value of RV-fwLS ($-28.3 \pm 4.6\%$ vs. $-25.5 \pm 4.8\%$, P < 0.001) and RV-GLS ($-23.4 \pm 2.9\%$ vs. $-20.2 \pm 3.4\%$, P < 0.001) were significantly reduced at 6 months post-CCRT (Table 2).

Table 1 Baseline Patient clinical characteristics

Characteristics	Prevalence
Age (years)	
18–59	28 (21.8%)
60–69	60 (46.9%)
70–79	40 (31.3%)
Sex	
Male	84 (65.6%)
Female	44 (34.4%)
ECOG PS score, n(%)	
0	76 (59.4%)
1	52 (40.6%)
Clinical stage, n(%)	
IIIA	68 (53.1%)
IIIB	60 (46.9%)
Tumor stage	
0/1	29 (22.7%)
2	43 (33.6%)
3	33 (25.7%)
4	23 (18.0%)
Node stage	
0/1	8 (6.3%)
2	83 (64.8%)
3	37 (28.9%)
Histology, n (%)	
Squamous	34 (26.6%)
Non-squamous	94 (73.4%)
WHO/ISH 10-year risk, n (%)	
0 to < 10	70 (54.7%)
10 to < 20	41 (32.0%)
≥ 20	17 (13.3%)
Smoking status	
Non-smoker	40 (31.3%)
Ex-smoker, smoker	88 (68.7%)
Radiation technique	
IMRT	16 (12.5%)
3D CRT	112 (87.5%)
PTV, cm ³ , median (range)	446.6 (98.9–868.8)
Prescribed RT dose, Gy median (range)	65.5 (60–70)
Heart mean dose, Gy median (range)	13.3 (7.8–18.8)
RV mean dose, Gy median (range)	4.2 (1.2–8.6)
Lung mean dose, Gy median (range)	18.9 (15.5–21.3)

ECOG PS Eastern Cooperative Oncology Group performance status, WHO/ISH WHO/International Society of Hypertension, IMRT intensity-modulated radiotherapy, 3D CRT three-dimensional conformal radiotherapy, PTV planning target volume, RV right ventricle

The mean percentage changes in RV-fwLS (Δ RV-fwLS %) and RV-GLS (Δ RV-GLS %) from baseline to 6 months after CCRT were $10.1 \pm 3.1\%$ and $12.9 \pm 2.9\%$, respectively.

Table 2 Echocardiographic parameters

Parameter	Baseline	After 6 months	<i>P</i> value
LV measurements			
LVEDd (mm)	46.1 ± 3.2	46.4 ± 3.8	0.495
LVESd (mm)	25.7 ± 2.7	25.8 ± 2.8	0.771
LVEDV (ml)	101.1 ± 14.5	102.0 ± 14.4	0.618
LVESV (ml)	38.4 ± 8.5	39.1 ± 8.2	0.503
LVEF (%)	61.2 ± 6.8	60.7 ± 6.6	0.551
<i>E/e'</i>	9.9 ± 1.4	12.8 ± 1.8	0.010
RV measurements			
RV basal diameter (mm)	33.8 ± 4.5	34.3 ± 4.8	0.391
RV mid diameter (mm)	28.5 ± 3.5	29.2 ± 3.3	0.101
RV longitudinal diameter (mm)	70.1 ± 6.1	70.9 ± 5.7	0.279
RA area (cm ²)	14.2 ± 2.2	14.6 ± 2.4	0.166
PASP (mmHg)	33.5 ± 4.2	35.6 ± 4.9	0.004
FAC (%)	46.5 ± 4.6	45.9 ± 4.2	0.277
TAPSE (cm)	21.3 ± 2.9	20.9 ± 2.6	0.246
RV <i>s'</i> (cm/s)	11.5 ± 2.4	11.3 ± 2.5	0.514
RV-GLS (%)	23.4 ± 2.9	20.2 ± 2.4	<0.001
RV-fwLS (%)	28.3 ± 2.6	25.5 ± 2.8	<0.001

Data are presented as the mean ± SD

LVEDd left ventricular end diastolic diameter, *LVESd* left ventricular end systolic diameter, *LVEDV* left ventricular end-diastolic volume, *LVESV* left ventricular end-systolic volume, *LVEF* left ventricular ejection fraction, *E* early diastolic mitral flow (pulsed Doppler), *e'* average of the peak early diastolic relaxation velocity of the septal and lateral mitral annulus (tissue Doppler), *RV* right ventricle, *RA* right atrium, *PASP* Pulmonary artery systolic pressure, *FAC* fractional area change, *TAPSE* tricuspid annular plane systolic excursion, *s'* peak systolic velocity of the tricuspid annulus, *GLS* global longitudinal strain, *fwLS* free wall longitudinal strain

Associations between RV strain changes and radiation dose

A modest correlation was observed between the changes of RV strain and radiation doses to the corresponding cardiac structures. Δ RV-GLS % correlated with the heart mean dose ($r=0.284$, $P=0.002$), the RV mean dose ($r=0.347$, $P<0.001$) and the RV free wall mean dose ($r=0.303$, $P=0.001$). Δ RV-fwLS % correlated with the heart mean dose ($r=0.260$, $P=0.006$), the RV mean dose ($r=0.291$, $P=0.002$) and the RV free wall mean dose ($r=0.395$, $P<0.001$).

Intra-observer and inter-observer variability

The intra-observer and inter-observer variabilities for RV-fwLS were $4.4\% \pm 1.8\%$ and $5.7\% \pm 1.6\%$, respectively. The interclass correlation coefficients were 0.91 and 0.86 for intra-observer and inter-observer RV-fwLS measurements, respectively.

Predictors of all-cause mortality

Only variables yielding values of $p<0.25$ and exhibiting significant trends in the univariate analysis were included in the multivariate analysis. These variables were age, tumor stage, node stage, histology, PTV, radiation dose, PASP, RV-fwLS at baseline and Δ RV-fwLS %. Multivariable analysis showed that age (HR 3.312, 95% CI 1.850–6.268, $P=0.003$), tumor stage (HR 4.324, 95% CI 2.250–8.268, $P<0.001$), and PTV (HR 2.049, 95% CI 1.154–3.861, $P=0.001$) were significant predictors of all-cause mortality. Among echo parameters, RV-fwLS at baseline (HR 1.391, 95% CI 1.312–1.678, $P<0.001$) and Δ RV-fwLS % (HR 1.296, 95% CI 1.202–1.428, $P<0.001$) proved to be independent predictors of all-cause mortality (Table 3).

Based on ROC analysis, Δ RV-fwLS (%) $\geq 10.1\%$ had 62.2% sensitivity and 71.1% specificity for predicting of mortality in NSCLC patients (AUC 0.729, 95% CI 0.643–0.803, $P<0.001$, Fig. 2). The Δ RV-fwLS (%) data ranked according to the ROC analysis were used for survival estimation via the Kaplan–Meier method. Figure 3 show the OS estimates for patients stratified by Δ RV-fwLS % cut-off value. The differences in OS were statistically significant (log-rank test, $P<0.001$). The mean survival time was 39.2 months (95% CI 34.71–43.72) and 16.7 months (95% CI 13.45–20.11) for the low Δ RV-fwLS% and high Δ RV-fwLS% groups, respectively.

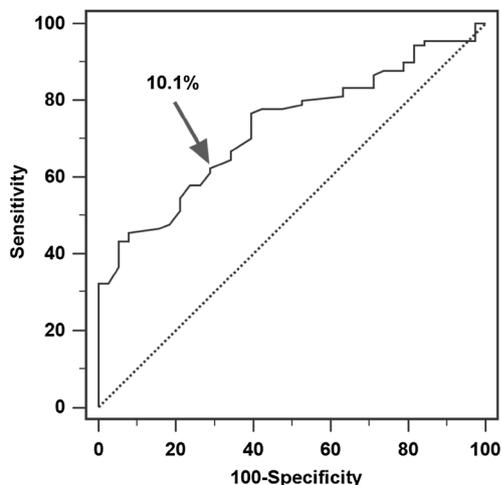
Conclusion

There are three main findings of the present study: (i) RV-fwLS, and RV-GLS were significantly reduced at 6 months post-CCRT, while conventional RV echocardiographic parameters remained unchanged; (ii) There was a modest correlation between the reduction of RV strain and radiation dose; (iii) Independent of other parameters, RV-fwLS at baseline and its change post-CCRT significantly correlated with all-cause mortality of stage III NSCLC patients.

RV has long been regarded as the forgotten side of the heart and only a few attention has been paid to its evaluation after RT. Tuohinen et al. [17, 18], showed that the RV free wall was actually exposed to a higher dose than the LV (4.61 vs. 4.37 Gy) in women with left-sided breast cancer, but no deterioration in conventional RV echocardiographic measures was found after RT. However, Christiansen et al. [19] and Murbraech et al. [20] found significantly impaired RV systolic function (assessed by TAPSE, FAC and *s'*) in long-term Lymphoma survivors who received mediastinal RT compared with controls after more than 10 years of diagnosis. In the present study, conventional RV dimensions and longitudinal function did not show significant changes post-CCRT in NSCLC patients. This implies that conventional

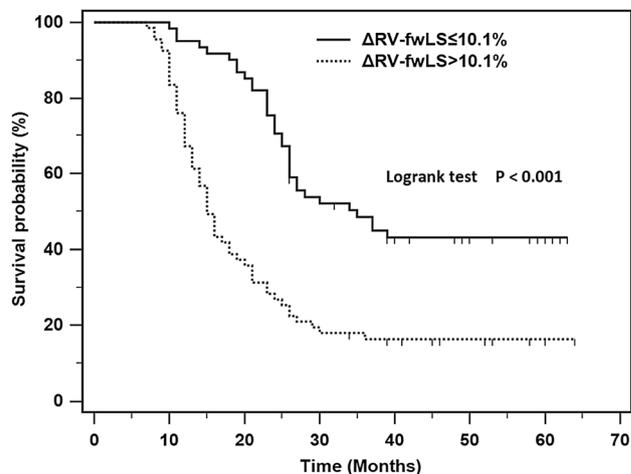
Table 3 Cox regression analysis for all-cause mortality

Variable	Univariable			Multivariable		
	HR	95% CI	P	HR	95% CI	P
General						
Age	3.117	2.013–4.824	<0.001	3.312	1.850–6.268	0.003
Male sex	1.010	0.484–2.107	0.978			
ECOG PS score	1.192	0.779–1.826	0.418			
T stage	4.795	2.991–7.686	<0.001	4.324	2.250–8.268	<0.001
T0/1/2 vs. T3/4						
N stage	4.958	3.100–7.930	<0.001			
N0/1/2 vs. N3						
Histology	1.959	1.266–3.033	0.003			
PTV	3.124	1.925–5.071	<0.001	2.049	1.154–3.861	0.001
Radiation dose	1.663	1.142–2.682	0.010			
Echo parameters						
PASP	1.032	1.012–1.965	0.002			
FAC	1.004	0.914–1.102	0.938			
TAPSE	0.981	0.881–1.092	0.723			
RV s'	0.948	0.864–1.039	0.254			
RV-fwLS	1.455	1.308–1.619	<0.001	1.391	1.312–1.678	<0.001
Δ RV-fwLS %	1.311	1.213–1.417	<0.001	1.296	1.202–1.428	<0.001

**Fig. 2** Receiver Operating characteristic (ROC) curve analysis identified Δ RV-fwLS % 10.1% as optimal cut-off point to predict all-cause mortality in stage III NSCLC patients with a sensitivity of 62.2%, specificity of 71.1% and area under the curve (AUC) of 0.729 (95% CI 0.643–0.803, $P < 0.001$)

RV echocardiographic parameters could be successfully used in the long-term follow-up, but not sensitive enough in detection of occult RV dysfunction at early stage after RT.

Our study revealed that RV longitudinal strain of the entire RV, as well as isolated RV free wall, were significantly reduced in NSCLC patients receiving CCRT. Similarly, several studies demonstrated significant worsening of RV longitudinal strain during and after chemotherapy in breast

**Fig. 3** Kaplan-Meier overall survival curves for patients with stage III NSCLC dichotomized by Δ RV-fwLS % after CCRT greater than/equal to or less than 10.1% (log-rank test, $P < 0.001$)

cancer patients [21–23]. These findings indicate that RV longitudinal strain is a sensitive parameter of RV function that could detect subtle changes at subclinical levels after cancer therapy. Unlike the LV strain that can be subdivided by longitudinal, circumferential and radial direction, the RV strain mostly refers to the evaluation of the longitudinal strain [24]. RV fibers in the endocardial layer are predominately oriented in the longitudinal direction, and their shortening is mainly responsible for the RV ejection [25]. RV impairment is characterized by progressive reduction of longitudinal function

with preserved and even increased transversal function due to circumferential fibers of the epicardial layer at an early stage [26]. Therefore, although FAC remains within the normal range which reflect RV radial function, RV longitudinal strain could be already deteriorated.

Our study found that the decrease of RV longitudinal strain was significantly associated with RV mean dose, indicating that the deterioration of RV mechanics may be caused by the effects of radiation. The mechanisms of inducing RV impairment during and after RT are multifactorial and not fully understood. The main cause could be RT-induced myocardial endothelial injury and microcirculatory obstruction [27, 28]. Another crucial factor that should not be ignored is RT-induced lungs and interstitial pulmonary fibrosis [29]; RT-induced endothelial damage and inflammation could also occur in the pulmonary microcirculation [30]. Both mechanisms could result in an increase in pulmonary resistance and pulmonary wedge pressure, which may raise pulmonary pressure and eventually cause or worsen RV dysfunction. Moreover, indirect effects of various cytokines that cancer produces could initiate cardiac dysfunction [31]. Recent study reported that RV mechanics was impaired in chemo- and radiotherapy-naïve cancer patients, implying the existence of so-called cancer-induced cardiotoxicity [32]. Potential RV mechanics impairment at baseline may make it more vulnerable to the effects of radiation.

It should be noted that concurrent use of Platinum-based chemotherapy may multiply the cardiotoxicity. Hatakenaka et al. [33] found that Platinum-based CCRT for esophageal cancer impairs cardiac function from an early treatment stage, and this impairment is prominent in the high radiation dose group. The pathophysiology is multifactorial, including procoagulant and direct endothelial toxic effects. Haugnes et al. [34] reported that Platinum-treated survivors of testicular cancer have unfavorable cardiovascular risk status and a higher incidence of cardiovascular event. Platinum-based therapies are also known to increase the risk of thrombus formation [35].

Furthermore, our study suggested that RV-fwLS at baseline was a powerful predictor of all-cause mortality. To the best of our knowledge, this is the first study to show prognostic value of RV longitudinal strain in lung cancer patients. Of course, RV-fwLS is not the only parameter with significant influence on adverse outcome and should be evaluated in the context with other clinical parameters. Not surprisingly, RV-fwLS as a marker of longitudinal RV function is associated with mortality. In contrast, conventional functional parameters such as FAC do not have a similar predictive power as shown in the multivariable Cox regression analysis. RV longitudinal strain is a useful predictor of morbidity and mortality in patients with different conditions—heart failure, cardiomyopathies, pulmonary hypertension, congenital heart diseases, pulmonary fibrosis, and valvular diseases [11, 12,

36–39]. Our study sought to expand current knowledge by assessing the impact of RV mechanics on all-cause mortality in a cohort of patients with NSCLC. Interestingly, the change of RV-fwLS at 6 months post-CCRT also correlated with all-cause mortality. And the patients who had a $\geq 10.1\%$ decrease in RV-fwLS were likely to have worse prognosis than those with lower decrease RV-fwLS. The findings may imply that the impaired RV function, even occult, may remarkably affect the cardiopulmonary function which is crucial to survival of lung cancer patients. Although clinical deterioration did not occur in a relatively short time, this investigation may give rise to attention to the right heart function in lung cancer patients. Thus, the assessment of RV mechanics is necessary and should be considered as the part of follow-up evaluation of NSCLC patients treated with CCRT.

Limitations

We recognize several limitations of this study. First, the size of the patient population was relatively small, which might limit the clinical implications of the results. The second limitation was the technical defects of STE, which might have biased the patient selection. For example, we had to focus on inpatients with good-quality images, thus limiting the generalizability of our findings. Third, RV strain values are still vendor dependent due to the use of different algorithms. The differences are slight but statistically significant and, thus, must be taken into account. Finally, since all-cause mortality was assessed, we could not imply the results of our study to cardiovascular mortality in NSCLC patients.

Conclusions

The present investigation revealed that RV longitudinal strain was impaired post-CCRT, and the deterioration of RV mechanics was associated with radiation dose. The percentage change of RV free wall was an independent predictor of all-cause mortality of stage III NSCLC patients. These findings should encourage physicians to monitor RV function after cancer treatment.

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Conflict of interest All authors declare no conflicts of interest.

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