



VGF has Roles in the Pathogenesis of Major Depressive Disorder and Schizophrenia: Evidence from Transgenic Mouse Models

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Abstract

Mental disorders, such as major depressive disorder and schizophrenia, are complex multigenetic conditions, but focused studies of single genes might reveal genes involved in the pathogenesis of mental disorders, including major depressive disorder and schizophrenia. Several candidate genes have been identified using transgenic mice. VGF nerve growth factor inducible (VGF) is a neuropeptide expression of which is induced by nerve growth factor (NGF). VGF is robustly and exclusively synthesized in neuronal and neuroendocrine cells. In central nervous system (CNS), VGF is extensively expressed especially in the cerebral cortex, hippocampus, and hypothalamus. VGF has many roles in the CNS, such as promotion of synaptic plasticity, neurogenesis, and neurite outgrowth. In clinical studies, altered expression and genetic mutations of VGF have been reported in patients with major depressive disorder and schizophrenia. On this basis, studies using transgenic mice to overexpress or knockout VGF have been performed to investigate the roles of upregulation or downregulation of VGF. In this review, we will discuss studies of the roles of VGF using transgenic mice and its relevance to pathologies in major depressive disorder and schizophrenia.

Keywords Central nervous system · VGF nerve growth factor inducible · Transgenic mice · Major depressive disorder · Schizophrenia

Introduction

VGF nerve growth factor inducible (VGF) was first identified as a neuropeptide expression of which is induced by nerve growth factor (NGF) (Levi et al. 1985). VGF expression is also induced by several other growth factors, such as brain-derived neurotrophic factor (BDNF) and neurotrophin-3 (NT-3) (Bonni et al. 1995). VGF promotes phosphorylation of tropomyosin receptor kinase B (TrkB) and its downstream factors, including Erk and CREB (Jiang et al. 2018c; Lin et al. 2015). Thus, it is conjectured that VGF is involved in a VGF/BDNF/TrkB autoregulatory loop (Jiang et al. 2018c; Lin et al. 2015).

VGF is a 68 kDa polypeptide consisting of 615 (human) or 617 (mouse and rat) amino acids with a typical secretory leader sequence of 22 amino acids at the N-terminal, which

promotes translocation to the endoplasmic reticulum (Ferri et al. 2011). VGF and VGF-derived peptides are located in large dense core vesicles (LDCVs) and are released through a secretory pathway in response to depolarizing signals (Benson and Salton 1996; Laslop et al. 1994; Salton et al. 1991). Moreover, VGF has been implicated in the formation of LDCVs in peripheral tissues (Fargali et al. 2015; Stephens et al. 2017). VGF is robustly and exclusively synthesized in neuronal and neuroendocrine cells (Levi et al. 1985; Salton et al. 1991; Snyder et al. 1998; van den Pol et al. 1994). VGF is cleaved by prohormone convertases (PC) 1/3 and PC2 into TLQP-21, AQEE-30, LQEQ-19, TLQP-62, and neuroendocrine regulatory peptide-1 and -2 (NERP-1 and -2) (Possenti et al. 1989; van den Pol et al. 1994; Yamaguchi et al. 2007). In peripheral tissues, VGF is expressed in the pituitary, adrenal medulla, gut, and pancreas (Ferri et al. 1992). On the other hand, VGF is expressed extensively in central nervous system (CNS), especially in the cerebral cortex, hippocampus, and hypothalamus (van den Pol et al. 1994; Snyder and Salton 1998). Several studies revealed that VGF-derived peptides has many functions in CNS and peripheral tissues. TLQP-62 and AQEE-30 enhanced synaptic activity in the

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hippocampal neurons (Alder et al. 2003), whereas TLQP-21, AQEE-30, and LQEQ-19 have neuroprotective effects in several conditions (Noda et al. 2015, 2019; Severini et al. 2008; Takeuchi et al. 2018). Moreover, TLQP-21, AQEE-30, and TLQP-62 promoted insulin secretion (Petrocchi-Passeri et al. 2015; Stephens et al. 2012). In clinical studies, changes in the expression of VGF have been reported in patients with major depressive disorder and schizophrenia (Cattaneo et al. 2010b; Jiang et al. 2017; Huang et al. 2006, 2007). On this basis, studies using germline VGF knockout mice, α Camk2-Cre/+; $Vgf^{flplox/flplox}$ mice, synapsin-Cre/+; $Vgf^{flplox/flplox}$ mice, and VGF-overexpressing mice have been performed to investigate the roles of upregulation and/or downregulation of VGF (Mizoguchi et al. 2017, 2018; Jiang et al. 2018b; Ellis et al. 2017; Bozdagi et al. 2008; Hunsberger et al. 2007). In addition, the influence of regional upregulation and downregulation of VGF has been investigated with adeno-associated virus (AAV)-VGF-injected wild-type mice and AAV-CreGFP-injected $Vgf^{flplox/flplox}$ mice (Jiang et al. 2018b).

In this review, we discuss the roles of VGF in the pathology of major depressive disorder and schizophrenia based on evidence from studies of transgenic mice.

VGF-Related Expression and Genomic Changes in Patients with Major Depressive Disorder and Schizophrenia

Only a few studies have previously reported that there are changes in VGF expression and the VGF genomic locus associated with major depressive disorder and schizophrenia. In patients with major depressive disorder who are drug free for at least 2 weeks, *VGF* mRNA levels were significantly reduced to approximately half in leukocytes compared with healthy subjects (Cattaneo et al. 2010b). This reduction was rescued at the level of healthy subjects after 12 weeks of treatment with escitalopram (Cattaneo et al. 2010b). In addition to VGF, BDNF was also decreased in the same depressive patients, and restored to normal levels following 12 weeks of escitalopram treatment (Cattaneo et al. 2010a). Interestingly, a positive association was found between the changes of two proteins induced by the treatment ($r=0.557$, $P=0.012$) (Cattaneo et al. 2010b). Another study reported that *VGF* mRNA in depressed patients was decreased, and antidepressant treatment significantly increased *VGF* mRNA only in responders (Cattaneo et al. 2013). In addition to *VGF* mRNA levels in leukocyte, VGF protein concentrations in major depressive disorder patients were lower compared to healthy controls, and rescued by the treatment of antidepressant, including escitalopram and duloxetine [mean \pm SD, control: 1273.77 ± 229.36 , pretreatment: 1078.29 ± 201.54 , posttreatment: 1441.68 ± 360.47 (pg/ml)] (Jiang et al. 2017).

Other several reports indicate that the VGF levels in serum and prefrontal cortex were also decreased in patients with major depressive disorder (Jiang et al. 2018a; Chen et al. 2018). Only one study reported that the expression level of VGF is increased in cerebrospinal fluid of patients with major depressive disorder, although it is necessary to consider the effect of medication (Huang et al. 2006). In addition to expression changes, a positive correlation between two VGF single-nucleotide polymorphisms (SNPs) and social anhedonia has been confirmed (Ramos et al. 2014). In drug-naïve patients with first-onset paranoid schizophrenia, expression of amino acids 23-62 of the VGF protein was increased in cerebrospinal fluid (Huang et al. 2006, 2007). Moreover, the expression level of VGF was increased in fresh-frozen prefrontal cortex tissue (Brodmann area 9) of patients with schizophrenia by Western blot analysis (Huang et al. 2006). Only one study reported that the cell density of VGF-immunoreactive neurons is reduced in hypothalamus of patients with schizophrenia, and the authors discussed that decreased intracellular content of VGF may reflect increased VGF protein secretion from hypothalamic neurons (Busse et al. 2012). In addition to the changes in expression, genetic association studies have been performed in patients with schizophrenia on chromosome 7q22 in which the human *VGF* gene is located. Previous two studies reported that an internal isolate in northeastern Finland, who have a higher lifetime prevalence of schizophrenia, have a schizophrenia susceptibility locus on chromosome 7q22 in sib-pair analyses (Hovatta et al. 1997; Ekelund et al. 2000; Wedenoja et al. 2008). Moreover, duplicated copy number variation (CNV) of 7q22.1 were found in patients with schizophrenia (Doherty et al. 2012; Rodriguez-Santiago et al. 2010; Walsh et al. 2008). Thus, these findings suggest that it is possible that downregulation or upregulation of VGF is involved in the pathophysiology of major depressive disorder and schizophrenia, although the evidence is only correlative and observational.

Basic Studies on the Influences of Downregulation of VGF in the CNS Using Transgenic Mice

To investigate the influences of downregulation of VGF, homozygous VGF knockout mice ($VGF^{-/-}$ mice) were generated (Hahm et al. 1999). $VGF^{-/-}$ mice are small infertile, and have a markedly reduced life span (Hahm et al. 1999). The first report on changes in the CNS of VGF knockout mice was published in 2007 (Hunsberger et al. 2007; Heldt et al. 2007). Heterozygous VGF knockout mice ($VGF^{+/-}$ mice) exhibit a higher depressive state in a forced swimming test and tail suspension test (Hunsberger et al. 2007; Heldt et al. 2007), indicating that VGF may

be involved in the pathology of major depressive disorder. Moreover, many previous reports suggest that VGF-derived peptides, including TLQP-62 and AQEE-30 have antidepressant effects in mice (Hunsberger et al. 2007; Thakker-Varia et al. 2007; Lin et al. 2014; Li et al. 2017; Lv et al. 2018; Jiang et al. 2018a). In addition to the depressive state, contextual fear conditioning was impaired in VGF^{-/-} mice and VGF^{+/-} mice (Bozdagi et al. 2008). VGF^{-/-} mice, but not VGF^{+/-} mice, also showed memory deficits in the Morris water maze (Bozdagi et al. 2008). In an ex vivo study using hippocampal slices from VGF^{-/-} mice and VGF^{+/-} mice, long-term depression (LTD), which is implicated with the function of hippocampus, was impaired in VGF^{-/-} mice, but not VGF^{+/-} mice (Bozdagi et al. 2008; Brigman et al. 2010; Nicholls et al. 2008; Zamanillo et al. 1999; Zeng et al. 2001; Thakker-Varia et al. 2010). To investigate the role of VGF in the CNS more closely, brain-specific VGF knockout mice (α Camk2-Cre/+; *Vg^{flplox/flplox}* mice) were generated (Lin et al. 2015). Similar to VGF^{+/-} mice, α Camk2-Cre/+; *Vg^{flplox/flplox}* mice have impaired long-term memory formation in contextual fear conditioning, but the impairment was not as well as VGF^{-/-} mice do (Bozdagi et al. 2008; Lin et al. 2015). A recent study investigated the pathophysiology of and therapies for depression in brain-specific VGF knockout mice (Jiang et al. 2018b). Ketamine is a noncompetitive glutamatergic *N*-methyl-D-aspartate (NMDA) receptor antagonist. Ketamine had antidepressant effects in mice (Yang et al. 2015; Zanos et al. 2016). Moreover, ketamine had a rapid antidepressant effect that lasted for weeks in clinical trials (Zarate et al. 2006). In addition to the rapid antidepressant effect, ketamine is effective in treatment-resistant major depressive disorder patients (Murrough et al. 2013; Serafini et al. 2014; Limandri 2018). Therefore, ketamine attracts attention as a promising novel antidepressant. On this basis, Jiang et al. investigated the role of VGF in response to ketamine treatment. Ketamine had antidepressant effects in VGF^{+/+} and AAV-GFP-injected *Vg^{flplox/flplox}* mouse littermates in the forced swimming test and a chronic social defeat stress model (Jiang et al. 2018b). Surprisingly, this antidepressant effect of ketamine was completely abolished in VGF^{+/-} mice and intrahippocampal AAV-CreGFP-injected *Vg^{flplox/flplox}* mice (Jiang et al. 2018b). Phosphorylation of AMPA receptor (GluA) and mTOR signaling, both of which are implicated in the mediation of the antidepressant effect of ketamine, were increased in dorsal hippocampus dissected from AAV-GFP-injected *Vg^{flplox/flplox}* mouse littermates after administration of ketamine (Murrough et al. 2013; Li et al. 2010; Jiang et al. 2018b). However, increased phosphorylation of GluA and mTOR was not found in the dorsal hippocampus from AAV-CreGFP-injected *Vg^{flplox/flplox}* mice, revealing a possible molecular mechanism underlying these behaviors (Jiang et al. 2018b). Another study reported that ketamine rapidly reverses the

chronic social defeat stress-induced depression behaviors, and knockdown of VGF on the prefrontal cortex cancels this effect in mice (Shen et al. 2018). Taken together, VGF may be involved in not only pathophysiology of depressive behavior but also the antidepressant mechanism of ketamine.

Basic Studies on the Influences of Upregulation of VGF in the CNS Using Transgenic Mice

To investigate the influences of upregulation of VGF, we generated VGF-overexpressing mice (Mizoguchi et al. 2017). Unlike VGF^{-/-} mice, VGF-overexpressing mice are fertile (Mizoguchi et al. 2017). VGF-overexpressing mice exhibited several behavioral abnormalities, including hyperactivity, memory impairment, social deficits, and higher depressive states (Mizoguchi et al. 2017). In addition to abnormal behaviors, VGF-overexpressing mice exhibited morphological abnormalities, including smaller brain weight, expansion of the lateral ventricle, and striatal morphological abnormalities (Mizoguchi et al. 2017). Based on our first report, we investigated the influence of overexpression of VGF on the pathophysiology of schizophrenia. VGF-overexpressing mice exhibited sensorimotor gating deficits, which is an endophenotype of schizophrenia (Mizoguchi et al. 2018). In addition, the hyperactivity of VGF-overexpressing mice was suppressed by chronic administration of antipsychotics to same extents of antipsychotics treated wild-type mouse littermates (Mizoguchi et al. 2018). In addition to the changes during adult stage, the overexpression of VGF during developmental stage influenced the proper development of cerebellum (Mizoguchi et al. 2019). These findings suggest that the overexpression of VGF may be involved in the pathophysiology of schizophrenia. While we now have evidence that VGF affects behavior and morphological development of the brain, the molecular processes and the contribution of individual VGF-derived peptides to the pathology of schizophrenia remain unknown. Thus, it will be essential for future studies to address this in order to advance our current understanding of the molecular pathology of schizophrenia.

Discussion

In this review, we discussed the expression and genetic changes of VGF in patients with major depressive disorder and schizophrenia and the roles of VGF in the CNS, which have been revealed by transgenic animal models. Several previous studies using VGF knockout mice suggest that the downregulation of VGF may be related in the pathophysiology of major depressive disorder, and the effect of VGF

Table 1 The phenotypes of VGF knockout mice and VGF-overexpressing mice associated with depressive disorder and schizophrenia

Heterozygous VGF knockout mice	Higher depressive state	Hunsberger et al. (2007)
	Memory impairment	Bozdagi et al. (2008)
	Increased susceptibility to chronic social defeat stress	Jiang et al. (2018b)
	Abolished antidepressant effect for ketamine	
α Camk2-Cre/+, $Vgf^{fl/pflox/fl/pflox}$ mice	Memory impairment	Lin et al. (2015)
	Intrahippocampal AAV-CreGFP-injected $Vgf^{fl/pflox/fl/pflox}$ mice	Jiang et al. (2018b)
VGF-overexpressing mice	Abolished antidepressant effect for ketamine	
	Hyper locomotor activity, and normalized by administration with antipsychotics	Mizoguchi et al. (2017)
	Lower anxiety	Mizoguchi et al. (2018)
	Memory impairment	
	Higher depressive state	
	Lower sociability	
	Brain histological abnormalities	
	Prepulse inhibition impairment	

may regulate a novel antidepressant ketamine. Moreover, we revealed that VGF overexpression exhibited schizophrenia-like behaviors in mice, including sensorimotor gating deficits, which is an endophenotype of schizophrenia. Surprisingly, both hypomorphic and hypermorphic expression of VGF may produce several common behavioral phenotypes. It will be important to discover mechanisms that underlie the common behavioral abnormalities of VGF knockout and VGF-overexpressing mice. In previous reports, hypomorphic and hypermorphic expressions of BDNF have produced several common phenotypes (Papaleo et al. 2011; Heldt et al. 2007). The brain regions in which BDNF is ablated or overexpressed may be critical to the depressive phenotype. For instance, hippocampal BDNF ablation is prodepressant, while BDNF ablation in VTA projecting to NAc is antidepressant (Berton et al. 2006; Shirayama et al. 2002). A recent study revealed that VGF has opposite effects in the adult hippocampus and nucleus accumbens on depressive states by using region specific administration of AAV-CreGFP to $Vgf^{fl/pflox/fl/pflox}$ mice and AAV-VGF (Jiang et al. 2018b). These results indicate that the brain region in which VGF is ablated or overexpressed may be critical to behavioral phenotypes. In addition to behavioral deficits, the studies using VGF knockout mice revealed that VGF is involved in glucose tolerance and hypertension (Stephens et al. 2017; Fargali et al. 2015). Clinically, there is evidence diabetes or hypertension in either major depressive disorder or schizophrenia (Badescu et al. 2016; Hoffman 2017; Licht et al. 2009; Morra and Strauss 2016). Thus, these reports suggest that the peripheral effects of VGF may be associated with the abnormal behaviors in VGF knockout mice and VGF-overexpressing mice (Table 1).

In addition to the expression changes of VGF in patients with major depressive disorder and schizophrenia, changes

in VGF are reported at the experimental level in related major depressive disorder and schizophrenia. In terms of depression, VGF was decreased in hippocampus after both the learned helplessness and forced swim tests in mice (Thakker-Varia et al. 2007). In addition, treatments with fluoxetine and paroxetine increased the expression of VGF in astrocytes (Allaman et al. 2011). In terms of schizophrenia, the administration of phencyclidine (PCP), which is used in schizophrenia animal models, increased the expression of VGF in the prefrontal cortex, while VGF levels in the nucleus accumbens was decreased in rats (Kitaichi et al. 1994; Linn et al. 2003; Sams-Dodd 1995; Noli et al. 2017). In addition, chronic treatment with olanzapine decreased the expression level of VGF in the fronto-medial cortex in rats (Erslund et al. 2017). Both clinical and basic research outcomes suggest that VGF has disease-specific changes in the pathophysiology of major depressive disorder and schizophrenia and the administration of antidepressants or antipsychotics.

In conclusion, disturbance of the expression level of VGF may influence mental behaviors. It is useful for clarifying the differences between the pathophysiology of depression and schizophrenia to understand the roles of VGF in the CNS.

Author Contributions TM, MS, and HH wrote the paper. All authors reviewed the manuscript.

Compliance with Ethical Standards

Conflict of interest The authors declare that they have no conflict of interest.

Ethical Approval This article does not contain any studies with human participants or animals performed by any of the authors.

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