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**Letter by Dérímay et al. regarding the article, “A randomized trial comparing two stent sizing strategies in coronary bifurcation treatment with bioresorbable vascular scaffolds – The Absorb Bifurcation Coronary (ABC) trial” by Rampat et al.** ☆



We read with great interest the study by Rampat et al. [1], comparing two stent sizing strategies (proximal vs. distal) in coronary bifurcation provisional stenting with ABSORB bioresorbable vascular scaffolds (BVS) (Abbott Vascular). In 37 patients, they concluded that stent sizing according to the proximal vessel leads to less stent malapposition, and advised this strategy. However, we disagree with these conclusions.

In classic metallic stents, a distal sizing is clearly recommended, to decrease the risk of distal dissection and/or carina shifting [2]. This strategy involves correcting the systematic proximal malapposition due to fractal geometry [3]. A proximal post-dilatation or Proximal Optimization Technique (POT) demonstrated perfect apposition and side-branch ostium optimization [4]. However, the specific mechanical properties of bioresorbable poly-L-lactic (PLLA) are its viscoelasticity and low elongation at break (with scaffold fracture risk) [5]. These properties could put in doubt the strategy proposed by Rampat et al. Foin

et al. [6], however, demonstrated that BVS can be post-dilated up to 1 mm beyond the nominal diameter without fracture. In a bifurcation bench study, we confirmed that a provisional strategy with distal BVS sizing followed by POT provided excellent mechanical results without significant fracture on micro-CT analysis [7]. The ABC trial excluded left main coronaries, so the physiological stepwise differences between proximal and final vessels were systematically all <1 mm [8]. In fact, the only case of BVS fracture occurred after a kissing balloon inflation with balloon juxtaposition that probably exceeded this threshold.

In this study, the authors concluded that proximal stent sizing was probably better, mostly because proximal apposition was judged worse in case of distal sizing. However, this difference was probably due to technical points more than to the choice of vessel for sizing. In distal sizing, POT balloon diameter and inflation pressure were lower than for proximal sizing. Thus, given the post-dilatation capability of BVSs up to 1 mm, it seems that the malappositions were probably due to stent under-expansion after POT. Moreover, malapposition threshold is threshold defined by summing stent thickness and OCT resolution (<170  $\mu$ m); in this study, however, the malapposition threshold was higher than usual (300  $\mu$ m) [9]. This higher threshold could easily underestimate intermediate malapposition (between 170  $\mu$ m and 300  $\mu$ m), which are more frequent with proximal sizing. Conversely, the authors observed an unsurprising trend for excess of distal dissection with proximal sizing (which was probably non-significant only because of the small sample size). Moreover, it is interesting to know that the ABSORB 2.5 mm and 3.0 mm models are in fact the same scaffold. A specific analysis taking account of this might change the final interpretation.

Thus, in our opinion, it cannot be concluded that a proximal sizing is preferable for BVS implantation in bifurcations. Given the possibility of BVS post-dilatation up to 1 mm without fracture, it seems that the same strategy as metallic stent with distal BVS sizing and systematic POT could be recommended most of the time to avoid distal dissection. The key point concerning final proximal malapposition is primarily the technical characteristics of the POT. The choice of balloon diameter and pressure, the mechanical properties (compliance or not) and inflation time according to PLLA viscoelasticity are essential factors. We look forward to reading Dr. Rampat's response to the above.

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**In reply to: Letter by Dérinay et al. regarding the article, “A randomized trial comparing two stent sizing strategies in coronary bifurcation treatment with bioresorbable vascular scaffolds – The Absorb Bifurcation Coronary (ABC) trial” by Rampat et al.**



We would like to thank Dérinay et al. for their interest in our study [1].

In line with EBC recommendation, we agree that a distal sizing strategy is preferable when using metal stents to treat coronary bifurcation disease [2]. Such a strategy avoids distal oversizing while allowing correction of proximal malapposition with liberal Proximal Optimisation Technique without incurring a significant risk of damage to the stent. However caution must be exercised with the ABSORB BVS due to the inherent limits of its expansion capacity. In fact, this difference in mechanical properties between stent and scaffold was the main impetus behind our study.

While we appreciate that bench studies have shown a postdilatory capacity of 1 mm above the nominal diameter without scaffold damage [3], we disagree with the implication that this can therefore safely be performed in vivo. Acute scaffold disruption has even been observed in patients where the post dilatation balloon was same size of the scaffold [4]. The manufacturers of the ABSORB BVS recommend that post dilatation be performed with a balloon no larger than 0.5 mm of the scaffold size. In the interest of safety, we limited our study to bifurcations where the difference between proximal and distal reference diameters would not unduly take us above this threshold. This meant excluding left main bifurcation lesions. In that respect, we accept that our recommendation of a proximal sizing strategy may not be applicable to large bifurcations.

With metal stents, the right sizing strategy aims to achieve the balance between minimising the risk of both distal dissection and proximal malapposition. However, in our opinion, it would be a mistake to treat malapposition and edge dissection equally in the context of BVS implantation. The commercial lifespan of the ABSORB BVS was plagued by its higher risk of thrombosis compared to metal stents. Intracoronary

imaging studies have revealed malapposition to be one of the most frequent intravascular findings in cases of ST [5]. We would argue that malapposition is a more hazardous phenomenon in BVS than DES. However not all malapposed struts carry an equal risk and malapposition distance also needs to be taken into account. In a study with drug eluting stents in stable angina, a malapposition distance of >300 µm showed the highest likelihood of delayed strut healing and persistence on follow up imaging [6]. Conversely, another study with metal stents found that struts with a malapposition distance of <270 µm are more likely to be apposed at 9 months [7]. It is not unreasonable to assume that struts with a low malapposition distance are less likely to induce persistent flow disturbance and thus pose a smaller thrombotic risk. Based on these observations, we chose a cut off of 300 µm to define a significantly malapposed strut.

Finally, we did observe a numerically higher but statistically insignificant number of distal dissections with a proximal sizing strategy compared to a distal one. While we recognize that our sample size was not large, it would be erroneous to assume that a larger cohort would have demonstrated statistical significance.

Yours Sincerely,

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