



Letter to the editor

Can topical 5-fluorouracil be used as a viable treatment option for oral premalignant lesions and tumors?



5-Fluorouracil (5-FU), an antimetabolite drug is used in the treatment of various cancers. It exerts its cytotoxic effects by inhibiting thymidine synthase, leading to depletion of nucleotides required for DNA synthesis and repair. The rate-limiting enzyme in the pathway is dihydropyrimidine dehydrogenase (DPD). Common side effects include diarrhoea, stomatitis, palmar-plantar erythema, bone marrow suppression, hyperpigmentation, nausea. In topical consideration, photosensitivity, erythema, ulceration, and rarely hyperpigmentation are the common side effects. Disadvantages like severe side effects due to topical use of 5-FU have been reported too [1]. Still in high-grade vaginal dysplasia, use of 5-fluorouracil (FU) has been proved to reduce the recurrence rate [2] whereas topical 5-FU is universally accepted for the treatment of dermatological conditions like actinic keratosis, melanoma, squamous cell carcinoma, and basal cell carcinoma [3,4]. Weinstock et al, recently concluded thru their trial that fluorouracil cream does reduce surgery chances for squamous cell carcinoma for 1 year [5]. Even for keratoacanthomas, short-contact topical 5% 5-FU has provided excellent cosmetic results and well-tolerated by the patients [6].

“When a thing ceases to be a subject of controversy it ceases to be subject of interest”.

It's a recognized information that 5-FU has 90% success rate in treating potentially malignant lesions of skin. In context to oral lesions, literature search revealed a report as late in 1989, suggested the use of topical 5-FU and carbon dioxide laser for management of oral squamous cell carcinoma in situ revealing good result [7]. Later in 2014, 5-FU in orabase form too presented as a resource in treating potentially malignant oral lesions [8].

In context to oral tumors, Ledderhof et al, stated that “keratocystic odontogenic tumor” (KCOT) treated with enucleation, peripheral ostectomy and 5-FU presented with lower recurrence rates and less morbidity compared to Carnoy's solution [9]. Though KCOT's were earlier categorised as odontogenic keratocyst (OKC), in 2017 it was again reverted to the WHO classification of odontogenic developmental cysts, reconstituting with the original terminology “OKC” [10]. Singh et al., in 2016 too had concluded that aggressive treatment should be reserved for selective cases, in contrary to other authors, who believe that all OKCs behave as a tumor and should be treated aggressively making the recent reclassification a requisite [11]. Pinheiro et al., treated a case of OKC with marsupialization and 5-FU intralesional and observed exuberant bone neof ormation, mainly in the basilar region of the mandible [12].

On searching various databases for research details ministering the use of 5-FU in preventing transformation in premalignant lesion, we came crossways with just two reports in the journal OOOO, in almost three decades. Among the challenges to overcome the malignant transformation blockades of premalignant lesions and the possibility of chemopreventive approaches for the treatment of premalignant lesions so as to prevent secondary pre-malignant lesions and their progression to cancer is to be considered on priority basis. Therefore we the authors sturdily voice for more studies and research to be taken up for understanding the

role of 5-FU in oral premalignancy and tumors to lower the rate of malignant transformation and recurrence.

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