



## Original Article

## Amixicile targets anaerobic bacteria within the oral microbiome

Qin Gui<sup>a</sup>, Paul S. Hoffman<sup>d</sup>, Janina P. Lewis<sup>a, b, c, \*</sup><sup>a</sup> Philips Institute of Oral Health Research, Richmond, VA, USA<sup>b</sup> Department of Microbiology and Immunology, Virginia Commonwealth University, Richmond, VA, USA<sup>c</sup> Department of Biochemistry, Virginia Commonwealth University, Richmond, VA, USA<sup>d</sup> Department of Medicine, Division of Infectious Diseases and International Health, University of Virginia, Charlottesville, VA, USA

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## ABSTRACT

**Objectives:** Anaerobic bacteria are the major causative agents of periodontal disease. However, so far, targeted therapy aimed at reducing those pathogens has not been widely implemented. We have previously reported on a novel antimicrobial, amixicile, that targets anaerobic bacteria through inhibition of the function of the major anaerobic metabolic enzyme pyruvate ferredoxin oxidoreductase (PFOR), while not affecting aerotolerant organisms. It effectively inhibited the growth of oral anaerobes both in monocultures as well as in mixed *in vitro* mixed cultured however, amixicile's activity in *in vivo*-like conditions remained to be established.

**Methods:** Here, we expand our study using an *ex vivo* oral microbiome combined with metagenomic sequencing to determine the effect of amixicile treatment on the composition of the microbiome and compare it to that of metronidazole.

**Results:** Our results show that in the complex microbiomes, anaerobic bacteria are selectively inhibited, while the growth of aerotolerant ones, such as *Streptococcus*, *Klebsiella*, *Neisseria*, and *Rothia* is unaffected. *Veillonella* was the most abundant anaerobic genus in our *ex vivo* microbiome, and we observed complete inhibition of its growth. In addition, growth of other anaerobes, *Fusobacterium* and *Prevotella*, was significantly inhibited. It is noteworthy that a change in abundance of bacteriophages, such as *Siphoviridae* and *Myoviridae*, associated with the oral microbiome was observed.

**Conclusions:** Collectively, our data expand on the so far reported inhibitory spectrum of amixicile and demonstrates that it inhibits anaerobic bacteria, including both clinical isolates and laboratory strains.

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## 1. Introduction

Although known to be the major etiological agent of periodontal disease, anaerobic bacteria are yet to be specifically targeted as a means to prevent and treat periodontitis. The antimicrobial therapies used, both mechanical and adjunctive antibiotic treatments (tetracycline, clindamycin, or amoxicillin) are aimed at reducing the total load of the oral microbiome [1,2]. Similarly, preventive measures, such as chlorhexidine are also effective through their indiscriminative antimicrobial action [3]. As the oral cavity harbors over

50–70 billion bacteria with 700 different predominant taxa [4] with some being beneficial and even required for the development of a healthy immune system, and others being at the root of infectious conditions, such as caries and periodontal diseases [5], such indiscriminate treatment is not optimal. Periodontal diseases are triggered by bacteria that mainly include anaerobic types, such as *Porphyromonas gingivalis*, *Prevotella intermedia*, *Tannerella forsythia*, and *Treponema denticola* [6–16]. As anaerobic bacteria are the major periodontal pathogens, it would seem intuitive that the inhibition of the growth of these bacteria would reduce the pathogenic potential of the oral microbiome.

Metronidazole specifically inhibits anaerobic bacteria. However, due to its adverse side effects, such as neurotoxicity, optic neuropathy, peripheral neuropathy, encephalopathy, and changes in the gut microbiome (especially due to the high dose or long term use), it is not widely used for the treatment of periodontal diseases [17,18]. Importantly, it is usually used in combination with amoxicillin, thus, making this combination of antibiotics broad spectrum

**Abbreviations:** PFOR, pyruvate ferredoxin oxidoreductase; Sm, *Streptococcus mutans*; Va, *Veillonella atypica*; La, *Lactobacillus acidophilus*; BHI, Brain Heart Infusion; qPCR, quantitative PCR.

\* Corresponding author. Virginia Commonwealth University Philips Institute for Oral Health Research 521 North 11th Street, Richmond, VA, 23298, USA. Fax: +804 828-0150.

E-mail address: [jplewis@vcu.edu](mailto:jplewis@vcu.edu) (J.P. Lewis).

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[19]. Treatment with broad-spectrum antimicrobials is usually used as adjunctive therapy to a mechanical one and eliminates both pathogenic and beneficial bacteria, thus, leaving the treated sites ripe for re-infection with pathogens.

Recently, we reported on amoxicillin as a potential treatment strategy for oral anaerobes [20]. Amoxicillin inhibits pyruvate ferredoxin oxidoreductase (PFOR), an enzyme present only in anaerobic bacteria and parasites, such as *Cryptosporidium*, *Trichomonas*, *Entamoeba*, and *Giardia*, and does not affect bacteria relying on pyruvate dehydrogenase, and enzymes present in aerotolerant bacteria, as well as most eukaryotic organisms [20,50]. As stated above, most of the bacteria implicated in the development and progression of periodontal diseases are anaerobic and, thus, rely on PFOR for energy generation. Therefore, the inhibition of the enzyme is predicted to have a selective inhibition effect on the oral microbiome resulting in a reduction of growth of the periodontitis-associated bacteria while leaving many health-associated organisms unaffected. Our earlier work was conducted using an *in vitro* mixture of oral bacteria composed of six species: *P. gingivalis*, *Streptococcus gordonii*, *Fusobacterium nucleatum*, *T. forsythia*, *P. intermedia*, and *A. actinomycetemcomitans* [20]. Amoxicillin is also effective against the oral periodontal pathogen *T. denticola* [21]. However, amoxicillin is yet to be tested in the universal system, the salivary microbiome that is the major carrier of oral bacteria. Using the *ex vivo* salivary microbiome we were able to test a larger variety of bacteria derived from a clinical setting and expanded the diversity of the bacteria beyond the suspected periodontal pathogens [12–22].

## 2. Materials and methods

### 2.1. The sample used in this study

The stock microbiome was obtained from Dr. W. Shi (20  $\mu$ l of the microbiome was diluted in 2 ml of SHI media) [22,23].

### 2.2. Microbiome cultures

A schematic representation of the design for this study is shown in Fig. 1. The oral salivary microbiome derived from human subjects was obtained from Dr. W. Shi [22,23]. This is a well-established microbiome derived from the saliva of healthy volunteers. SHI media, shown to reduce the overgrowth of streptococci and preserve the diversity of the oral microbiota, was used to grow the bacteria [24]. Bacteria were grown in an anaerobic chamber (Coy anaerobic chamber [Ann Arbor, MI, USA]) in an artificial atmosphere (composed of 80% N<sub>2</sub>, 10% H<sub>2</sub>, and 10% CO<sub>2</sub>) overnight. A 1:100 dilution of the stock microbiome was obtained from Dr. W. Shi's laboratory (20  $\mu$ l in 2 ml of SHI media) and was prepared and grown for 16 h in the presence of either 30  $\mu$ g/mL (for low concentration) or 60  $\mu$ g/mL (for high concentration) of amoxicillin (provided by Dr. Hoffman) or 25  $\mu$ g/mL of metronidazole (MilliporeSigma, St. Louis, MO, USA). Cultures without antibiotics served as controls. Following overnight growth, the broth cultures were centrifuged at 8000 g for 20 min to pellet the bacterial cells. The supernatant was discarded, and the cell pellet was used to isolate DNA.

### 2.3. Bacterial strains and culture conditions for monoculture studies

Microbial strains *Streptococcus mutans* ATCC25175 (Sm), *Lactobacillus acidophilus* ATCC4356 (La), and *Veillonella atypica* ATCC17744 (Va) were cultured on blood agar plates (BAP) (BD BBL™, Thermo Fisher Scientific, Waltham, MA, USA) and in brain

heart infusion (BHI) (BD Bacto™, Thermo Fisher Scientific, Waltham, MA, USA) broth containing 5  $\mu$ g/mL hemin (MilliporeSigma, St. Louis, MO, USA) and 0.2  $\mu$ g/mL menadione (vitamin K) (MilliporeSigma, St. Louis, MO, USA). The bacteria were maintained in an anaerobic chamber, as described above. For growth experiments, overnight cultures were inoculated into BHI broth containing a range of concentrations (0, 5, 25, and 100  $\mu$ g/mL) of either amoxicillin or metronidazole to an OD<sub>600</sub> of 0.05 under anaerobic conditions. Cultures grown in BHI without antibiotics were used as the control. The bacteria were grown for 24 h, and the growth of the bacteria was monitored by measuring OD<sub>600</sub>.

### 2.4. Preparation of DNA

Cell pellets were suspended in 50 mM EDTA containing 10 mg/mL lysozyme and 100 U/mL mutanolysin (MilliporeSigma, St. Louis, MO, USA) and incubated at 37 °C for 1 h. DNA from microbial cell pellets was prepared using the Wizard Genomic DNA purification kit (Promega, Madison, WI, USA) according to the manufacturer's instructions. The integrity of the DNA was verified by nanodrop (Thermo Fisher Scientific, Waltham, MA, USA) and agarose gel. DNA was stored at –80 °C.

### 2.5. Quantitative PCR (qPCR)

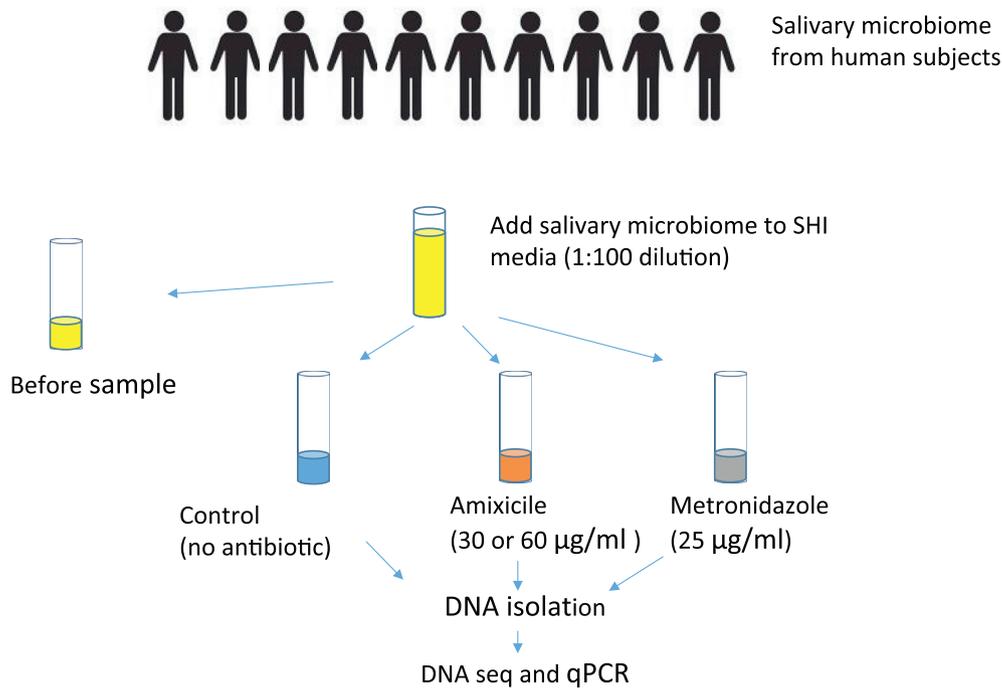
The total bacteria (universal 16S rRNA primer) and species-specific 16S rRNA primer sequences used in this study are shown in Table 1 (Supplementary Table 1). Purified DNA (1  $\mu$ l) and primers were added to the Fast SYBR Green Mastermix (Thermo-Fisher, Waltham MA, USA) and ran using standard cycle conditions: 95 °C for 20 s (1 cycle); 95 °C for 3 s, 60 °C for 30 s (40 cycles). The samples were run on the 7500 Fast Real-time PCR machine (Thermo-Fisher, Waltham MA, USA). The cycle threshold (Ct) data were collected and then converted to absolute fold change.

### 2.6. Metagenome sequencing

Shotgun metagenome sequencing was performed in this study. Samples for sequencing were prepared using the ThruPLEX DNA-seq Kit (Rubicon Genomics, Ann Arbor, MI USA). Libraries were barcoded for multiplexing in one lane and submitted to the VCU Nucleic Acid Core. Sequencing was done on the Illumina NextSeq 500 using the high-output kit, paired-end reads, 2 × 150 bp to generate 54 Gb of data. The samples were then deconvoluted, barcodes were trimmed, and short sequences (<100bp) were removed.

### 2.7. Data analysis

The data derived from the shotgun metagenomic sequencing was analyzed using MetaPhlan2 (<http://huttenhower.sph.harvard.edu/metaphlan>) [25,44]. MetaPhlan, a Metagenomic Phylogenetic Analysis method, is a robust tool that estimates the relative abundance of microbial cells using a set of clade-specific marker sequences. Those markers are derived from 2887 genomes available from the Integrated Microbial Genomes (IMG) system [45,46]. Abundance levels for each sample were obtained at the level of kingdom, phylum, class, order, family, genus, species, and strain. Heat maps were generated using the ggplot2 package in R. Genus relative abundance profiles (row-wise) were clustered using agglomerative hierarchical clustering. Euclidean distance was used as the distance metric.



**Fig. 1.** Schematic representation of the workflow used for this study. The salivary microbiome (generously provided by the Shi laboratory) [22] was used as the baseline microbiome for this study. This microbiome was used as the starting material and was grown in SHI media overnight with or without antibiotics (amixicile 30 or 60 µg/ml and metronidazole 25 µg/ml). Following 16 h of growth, microbial cells were harvested, DNA was isolated, and the metagenome was determined using Illumina NextSeq.

**Table 1**  
Effect of amixicile on bacterial abundance in salivary microbiomes.

Genus	Amix Mean <sup>a</sup>	Amix SD <sup>a</sup>	Control Mean <sup>a</sup>	Control SD <sup>a</sup>	P value <sup>a</sup>	Fold Change <sup>a</sup>
Gammaretrovirus	0.392	0.141	0.074	0.051	2.00E-04	5.294
Enterococcus	0.015	0.011	0.008	0.009	0.1416	1.892
Granulicatella	1.27	0.348	0.768	0.277	0.0164	1.653
Rothia	0.028	0.011	0.006	0.002	2.00E-04	4.588
Solobacterium	0	0.001	0.022	0.011	8.00E-04	0.01
Gemella	2.547	0.457	4.02	2.309	0.4079	0.634
Lactobacillus	0.531	0.368	27.45	16.046	2.00E-04	0.019
Prevotella	0.266	0.134	0.435	0.102	0.0549	0.612
Veillonella	0.383	0.157	6.005	2.711	2.00E-04	0.064
Parvimonas	0.038	0.014	0.046	0.028	0.536	0.822
Siphoviridae	0.324	0.312	1.248	0.525	0.0042	0.26
Alloprevotella	0.023	0.013	0.015	0.012	0.2105	1.555
Mitsuokella	0.029	0.02	0.005	0.004	0.0164	5.572
Peptostreptococcus	0.058	0.013	0.126	0.095	0.0549	0.462
Porphyromonas	0.001	0.003	0.205	0.245	8.00E-04	0.006
Abiotrophia	0.023	0.009	0.021	0.012	0.4584	1.055
Myoviridae	2.106	1.588	0.641	0.306	0.0311	3.287
Betaretrovirus	4.351	2.087	0.625	0.417	2.00E-04	6.963
Fusobacterium	0.264	0.088	0.439	0.307	0.4079	0.601
Klebsiella	24.11	3.529	4.771	2.575	2.00E-04	5.054
Campylobacter	0.027	0.013	0.013	0.005	0.0311	2.018
Streptococcus	60.481	7.41	52.657	12.605	0.4079	1.149
Haemophilus	0.084	0.032	0.028	0.01	7.00E-04	2.965
Neisseria	2.436	1.996	0.262	0.109	2.00E-04	9.299

<sup>a</sup> Results are derived from nine independent experiments for control and seven independent experiments for amixicile-treated samples. Amix; amixicile-treated samples, Control; samples grown without antibiotics, Fold change; ratio of Amix/Control.

## 2.8. Statistical analysis

Microbial abundance data obtained using high throughput sequencing were analyzed using the Wilcoxon-signed ranks test. *P* values were calculated for pairs where the abundance for each microbial genus grown in the presence of an antibiotic was

compared to the abundance of the microbial genus in an untreated control sample. Growth study results were analyzed with a two-tail *t*-test. All experiments were performed in triplicate unless otherwise noted. *P* values for the statistical significance of the growth studies were calculated and compared to the untreated control.

2.9. Accession number

High throughput sequencing data were deposited to NCBI's Sequence Read Archive (SRA) with the accession number SUB5200315.

3. Results

3.1. Growth of oral microbiome bacteria under in vitro broth culture

We determined microbial abundance for the baseline microbiome (aliquots of the microbiome as obtained from Dr. Shi's laboratory prior to cultivation) and for the microbiome grown for 16 h anaerobically in SHI media (control microbiome). Eight independent libraries for the baseline microbiome (prepared on different days using the same stock microbiome obtained from Dr. Shi's laboratory, thus, serving as technical replicates) and nine independent libraries prepared using samples grown on different days for the control microbiome were prepared. The baseline microbiome contained significant levels of *Neisseria*, *Streptococcus*, and *Lactobacillus* (Fig. 2). It is noteworthy that it also contained significant levels of anaerobic bacteria such as *Veillonella*, *Prevotella*, *Fusobacterium*, and *Porphyromonas* (Fig. 2). Following overnight growth (16 h) the most abundant species were *Streptococcus*, *Lactobacillus*, and *Klebsiella* (Fig. 2). Levels of anaerobic bacteria were reduced when compared to the baseline microbiome. However, these were still present in significant amounts (Fig. 2B). Changes at a species level are shown in a figure included as supplementary information (Fig. A1).

3.2. Amoxicillin reduces the abundance of anaerobic bacteria

The abundance of different bacterial genera was reduced in the presence of amoxicillin. This reduction was mainly due to the reduction of the abundance of the anaerobic bacteria in favor of other aerobic ones. Therefore, in untreated (control) samples, the most abundant bacteria at the level of genus were *Streptococcus*,

*Lactobacillus*, and *Klebsiella*. The most abundant anaerobic bacterium was *Veillonella* accounting for approximately 10% of the bacteria (Figs. 2 and 3). We also detected *Prevotella*, *Fusobacterium*, and at a lower level *Porphyromonas* (Fig. 3 and Table 1). When compared to samples treated with amoxicillin, the levels of *Veillonella*, *Prevotella*, and *Fusobacterium* were drastically reduced (fold change [amoxicillin/control] for the genera was 0.064, 0.612, and 0.601, respectively) while *Porphyromonas* was not detected in the amoxicillin-treated samples (Fig. 3 and Table 1). The most abundant in the treated samples were *Streptococcus* and *Klebsiella* (Fig. 3 and Table 1). We also noted an increase in the abundance of *Rothia* and *Neisseria*. The abundance of *Lactobacillus* was also high in samples grown in the presence of 30 µg/ml of amoxicillin but was significantly reduced when cultures were supplemented with 60 µg/ml of amoxicillin (Fig. 3 and Table 1).

We prepared nine independent biological replicates (cultures grown on different days) and observed a significant consistency between the samples (Fig. 3 and Table 1). There was some variation between samples, but the main trend where aerobic bacteria increased in proportional abundance while anaerobic ones were reduced was observed. The main difference between our samples was due to the use of two concentrations of amoxicillin; in seven experiments 60 µg/ml of amoxicillin was used (samples A2 – 8) while in two experiments lower levels of amoxicillin were used (30 µg/ml) (samples A1 and A9) (Fig. 3 and Table 1). In total, 60 µg/ml of amoxicillin resulted in the significant growth inhibition of *Lactobacillus*, while only slight growth inhibition was noted in the presence of the lower concentrations of the antibiotic (Fig. 3). Changes observed at a species level are shown in the Supplementary Figs. A2.

3.3. The effectiveness of amoxicillin is comparable to that of metronidazole

We also compared the effectiveness of metronidazole in reducing the growth of anaerobic bacteria in the complex oral microbiome. The major reduction in abundance was seen for

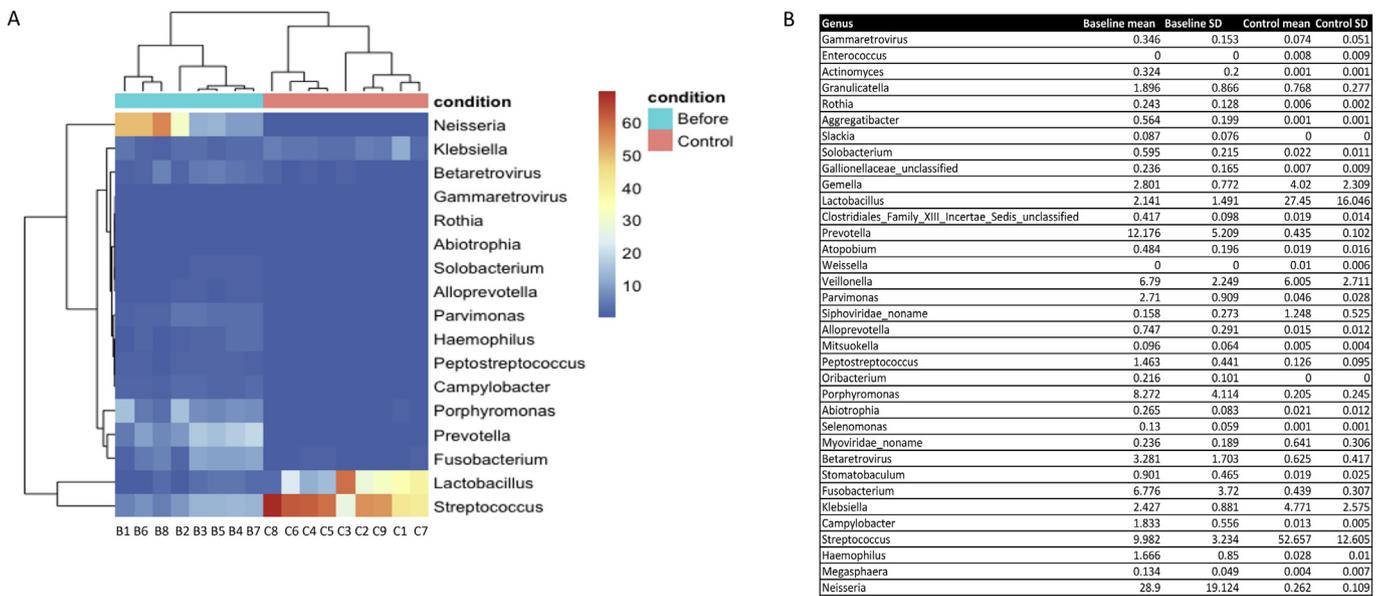
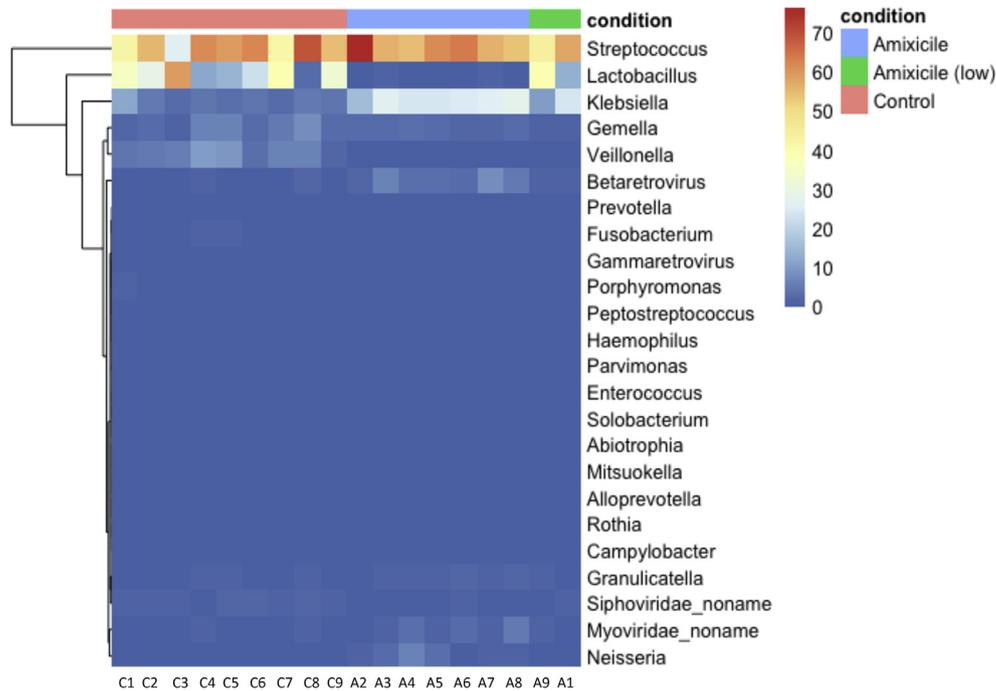


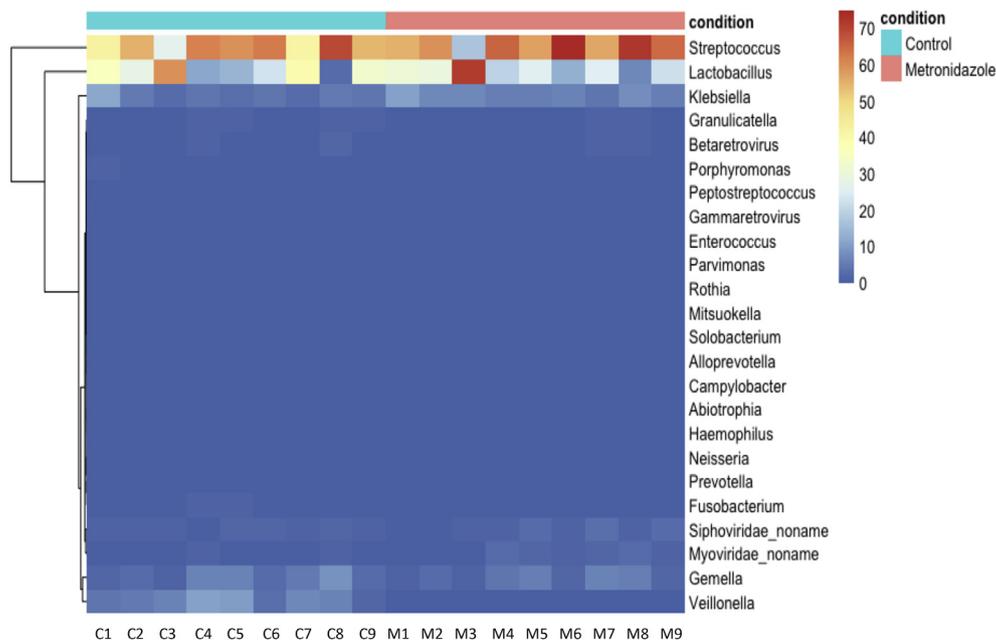
Fig. 2. Bacterial abundance at the baseline and after 16 h of growth. (A) Hierarchical cluster analysis of data derived from the baseline (starting microbiome designated as Before: samples B1-8) and control (microbiome grown for 16 h designated as Control: samples C1-9). (B) Numerical representation of the microbial abundance for the baseline microbiome and control microbiome (Mean and SD quantification). Eight independently grown microbiomes (grown on different days) were used for the analysis. Control; samples grown without antibiotics. Fold change; ratio of Amix/Control.



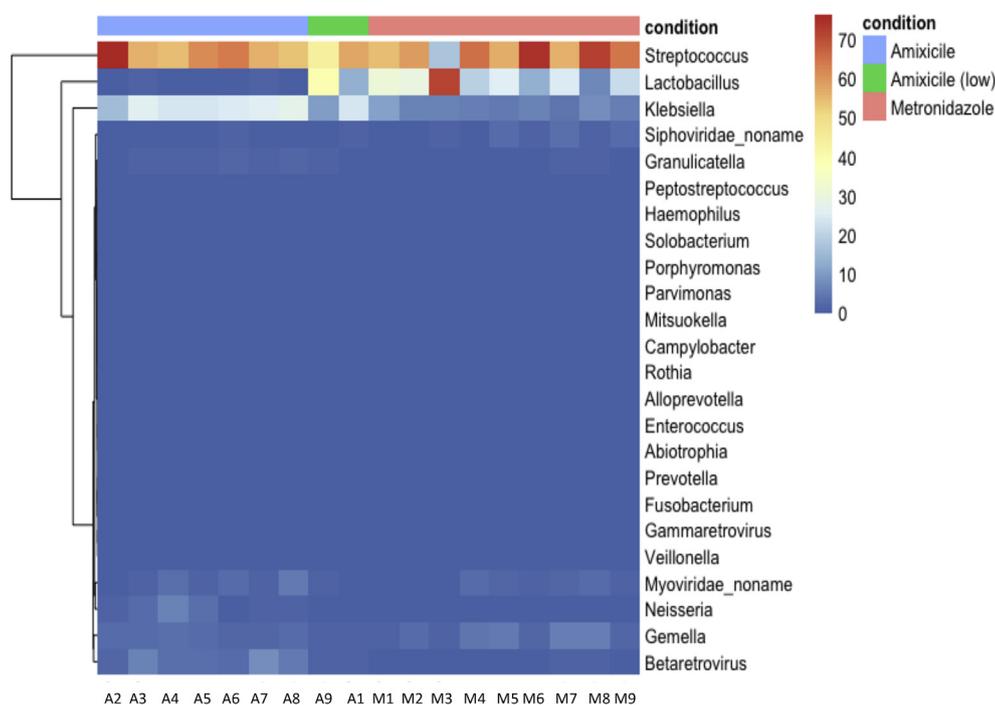
**Fig. 3.** Amixicile inhibits the growth of anaerobic bacteria. The salivary *ex vivo* baseline microbiome was used to prepare a culture at 1:80 dilution in SHI media. Nine independent experiments were performed. One group was grown in the presence of 30  $\mu\text{g/ml}$  of amixicile (two experiments designated as Amixicile Low: samples 1 and A9) or 60  $\mu\text{g/ml}$  of amixicile (seven experiments designated as Amixicile: samples C2-8) while the other was grown without antibiotics (designated as Control: samples C1-9).

*Veillonella*, *Fusobacterium*, *Prevotella*, and *Porphyromonas* (Fig. 4 and Supplementary Table A2) (fold change is a ratio metronidazole/control and for the genera, it was 0.011, 0.071, 0.043, and 0.001, respectively). This was associated with an increase in proportions of *Streptococcus*, *Klebsiella*, and *Lactobacillus* (Fig. 4 and Supplementary Table A2). In total, 1–5% of *Gemella* was observed in the treated samples. This corresponded to the abundance seen in

both the control samples as well as in the amixicile-treated samples. The major difference was the lack of effect of metronidazole on the growth of *Lactobacillus* when compared with that observed for amixicile when used at 60  $\mu\text{g/ml}$  (Figs. 4 and 5 and Supplementary Tables A2 and A3). However, this inhibitory effect was reduced when lower concentrations of amixicile were used (30  $\mu\text{g/ml}$ ). In addition, a similar abundance of *Klebsiella* and *Gemella* was



**Fig. 4.** Metronidazole inhibits the growth of anaerobic bacteria. The salivary *ex vivo* baseline microbiome was used to prepare a culture at 1:80 dilution in the SHI media. One aliquot was grown in the presence of 25  $\mu\text{g/ml}$  of metronidazole while the other was grown without antibiotics. Nine independent experiments were prepared. The salivary microbiome was grown with metronidazole designated as Metronidazole: samples M1-9, or without antibiotics designated as Control: samples C1-9.



**Fig. 5.** Amixicile has a comparable inhibitory spectrum to that of metronidazole. The salivary *ex vivo* baseline microbiome was used to prepare a 1:80 dilution in SHI media. One aliquot was grown in the presence of 25  $\mu\text{g/ml}$  of metronidazole while the other was grown in the presence of either 30 (two experiments; designated as Amixicile Low) or 60 (seven experiments; designated as Amixicile)  $\mu\text{g/ml}$  of amixicile. Nine independent experiments were prepared. The salivary microbiome grown with amixicile was designated as Amixicile: samples A1-9, or metronidazole designated as Metronidazole: samples M1-9.

observed in the amixicile treated samples compared to those grown in the presence of metronidazole (Figs. 4 and 5, Supplementary Tables A2 and A3). Therefore, further demonstrating a similar inhibitory spectrum for both antimicrobials. Species-level comparisons are shown in Supplementary Figs. A3 and A4 (Appendix).

### 3.4. Amixicile modulates bacteriophage abundance in metagenomic samples

It is noteworthy that the presence of several virus genera was also observed: *Betaretrovirus*, *Gammaretrovirus*, *Siphoviridae*, and *Myoviridae* (Figs. 2–5, Table 1, Supplementary Tables A2 and A3). Their abundance varied depending on the presence of the antibiotic. However, as viruses are not affected by antibiotics and, in this case, were most probably hosted by bacteria, the difference in their number also corresponded to the difference in specific groups of bacteria. *Siphoviridae* were significantly reduced in the amixicile-treated samples compared to the control samples (0.26 fold change), while *Myoviridae* were significantly elevated in abundance (3.3 fold change). *Myoviridae* were also elevated in metronidazole-treated samples, while sample dependent variation was observed for the *Siphoviridae* with metronidazole. The presence of both bacteriophage genera is in agreement with previously published data [26]. Overall, these data indicate that oral microflora carries a significant load of viral genomes. Based on the changes in bacterial abundance, some correlations can be drawn between *Betaretrovirus* and *Klebsiella* as well as between *Siphoviridae* and *Lactobacillus*.

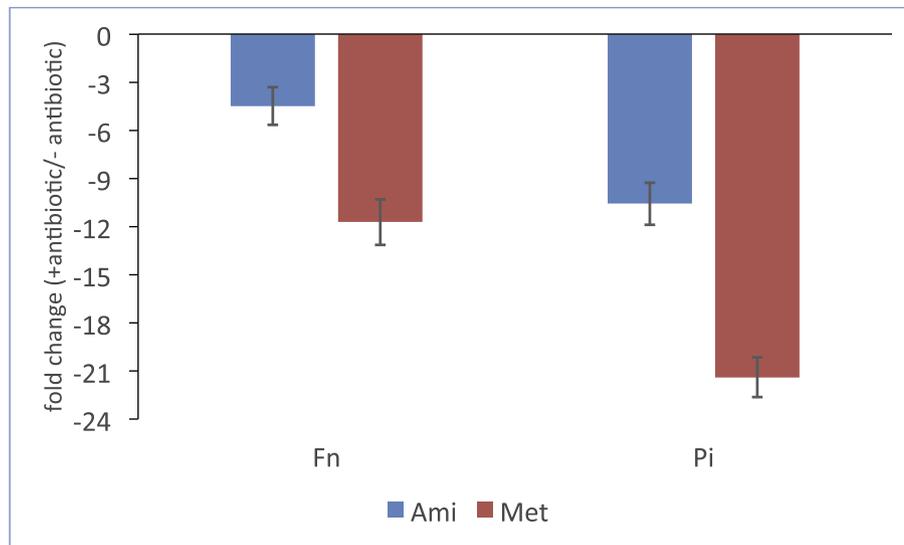
### 3.5. Verification of metagenomic sequencing using qPCR

The reduction in the abundance of anaerobic bacteria following antibiotic treatment as detected using high throughput sequencing was also examined using qPCR. As shown in Fig. 6, the abundance of

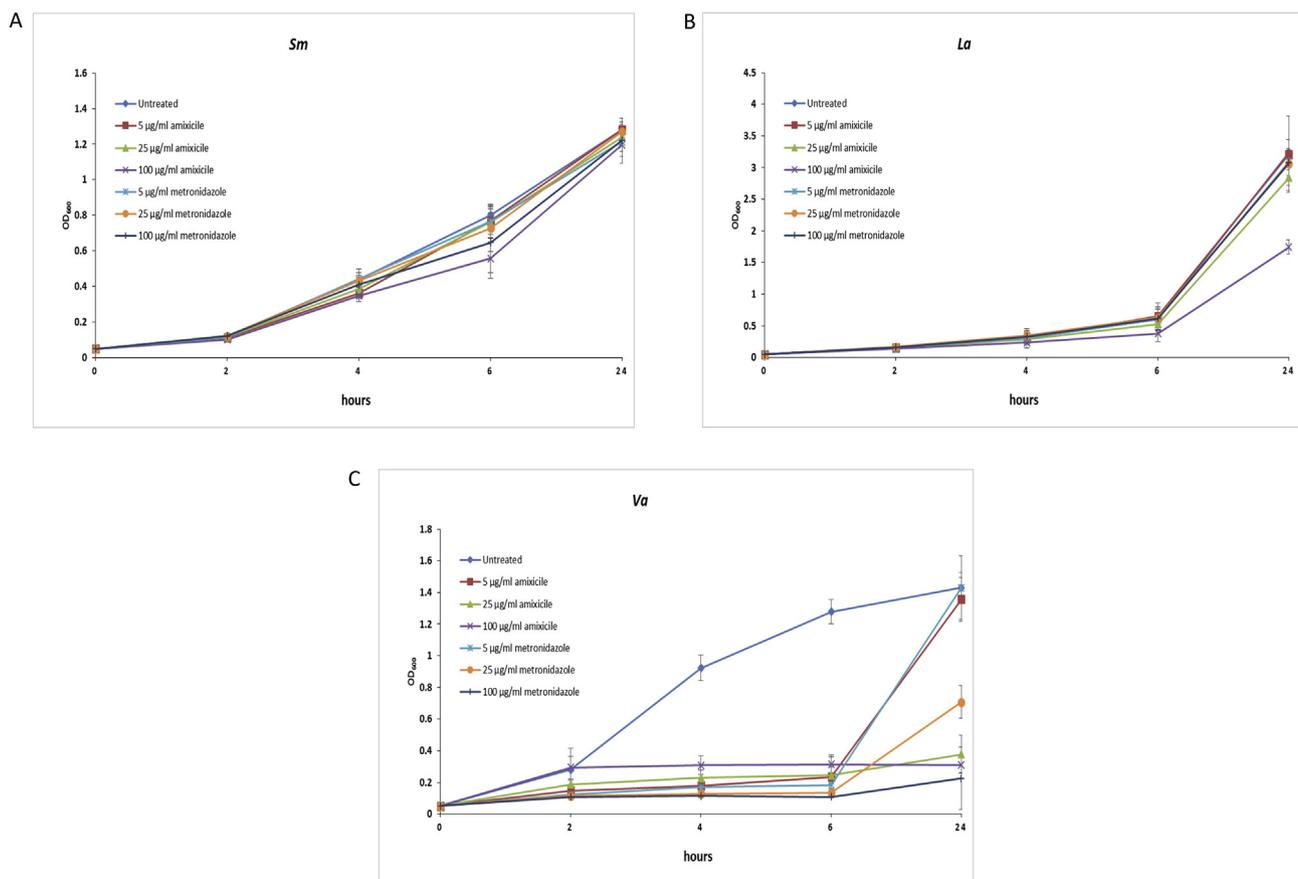
*F. nucleatum* was reduced by 4.47-fold in amixicile-treated samples compared to control samples. Additionally, *Prevotella intermedia* abundance was reduced by 10.57-fold in the amixicile-treated samples compared to the samples grown in the absence of amixicile. For bacteria grown with metronidazole, reduction was observed 11.72-fold and 21.39-fold for *F. nucleatum* and *P. intermedia*, respectively, compared to cultures grown without antibiotics. These results verify our data obtained using high throughput sequencing.

### 3.6. Verification of the microbiome analysis using bacterial monocultures

Three bacterial strains were used to verify the results obtained from our microbiome study: *S. mutans*, *V. atypica*, and *L. acidophilus* (Fig. 7A–C). For *S. mutans*, some growth inhibition (50% for amixicile and 30% for metronidazole) was observed at 6 h of growth when using the highest concentrations of the antibiotic (100  $\mu\text{g/ml}$ ) (Fig. 7A). This growth reduction was statistically significant,  $P < 0.05$  (two-tail t-test). However, this inhibition was alleviated at 24 h, and no statistically significant differences in growth were observed at 24 h of growth [ $P = 0.26$  (amixicile) and  $P = 0.35$  (metronidazole) (two-tail t-test)]. *L. acidophilus* was inhibited by 45% at 6 h with the highest concentration of amixicile (100  $\mu\text{g/ml}$ ), and this inhibition deepened at 24 h (55%) (Fig. 7B). Slight inhibition was observed when using 25  $\mu\text{g/ml}$  of amixicile. No statistically significant inhibition was observed in the presence of metronidazole [ $p = 0.14, 0.19,$  and  $0.47$  by two-tail t-test for metronidazole (5, 25, 100  $\mu\text{g/ml}$ )]. The most drastic inhibition was seen for *V. atypica* in the presence of both antibiotics (Fig. 7C). Significant inhibition ( $p < 0.0001$  by two-tail t-test) was observed at 4 and 6 h with all concentrations of antibiotics (5, 25, and 100  $\mu\text{g/ml}$ ). However, at 24 h *V. atypica* with 5  $\mu\text{g/ml}$  of either amixicile or metronidazole grew to the level similar to the bacterium grown in the absence of antibiotics. Additionally, *V. atypica* was able to grow to higher levels



**Fig. 6.** Verification of the metagenomic sequencing data using qPCR. The DNA derived from the microbiome samples was subjected to qPCR analysis using primers specific for *P. intermedia* and *F. nucleatum*. The amount of DNA was standardized using a 16S rRNA universal primer. Ratios for the amounts of DNA in the samples were derived from the antibiotic supplemented cultures versus the cultures grown without antibiotics (control).



**Fig. 7.** The effect of amoxicillin and metronidazole concentrations on the growth of oral bacteria. Overnight cultures of oral bacterial species *Streptococcus mutans* ATCC25175 (A – Sm), *Lactobacillus acidophilus* ATCC4356 (B – La), and *Veillonella atypica* ATCC17744 (C – Va) were inoculated into the BHI broth containing either amoxicillin (0, 5, 25, or 100 µg/mL) or metronidazole (0, 5, 25, or 100 µg/mL) to an OD<sub>600</sub> of 0.05 under anaerobic conditions. Cultures grown in BHI without antibiotics (untreated) served as the control. The bacteria were grown for 24 h, and the growth of the bacteria was monitored by measuring OD<sub>600</sub> at 0, 2, 4, 6, and 24 h. The means and SD from two biological replicates performed in technical triplicates are shown.

with 25 µg/ml of metronidazole than with 100 µg/ml of metronidazole. In summary, the growth of this bacterium is completely inhibited with higher (25 µg/ml for amoxicillin or 100 µg/ml for

metronidazole) antibiotic concentrations, thus, demonstrating the effectiveness of both antimicrobials against this anaerobic bacterium.

#### 4. Discussion

Our data shows that amoxicillin specifically inhibits anaerobic bacteria in the salivary microbiome. Although the proportion of anaerobic bacteria in the salivary microbiome is lower compared with the periodontal pocket, given optimal conditions, these bacteria may overgrow and trigger periodontal disease [27]. Among the bacteria that had reduced abundance in the presence of the antimicrobial, were *Prevotella*, *Fusobacterium*, *Porphyromonas*, and *Veillonella*. While the role of *Porphyromonas* as a periodontopathogen is well established, the role of the other anaerobes is less established with respect to their ability to induce periodontitis. However, it is known that *P. gingivalis* has higher virulence when co-inoculated with *F. nucleatum* than when used as a mono-infection [28,29].

Additionally, *Prevotella*, although a member of the less virulent orange cluster, can alter its behavior and become more pathogenic in diseased sites [30–32]. Anaerobic bacteria, such as *Veillonella*, are highly active and contribute significant putative virulence factors in diseased sites when explored using a metatranscriptomic approach [33]. Although many studies do associate *Veillonella* with healthy sites [34], a higher prevalence of both *Prevotella* and *Veillonella* in the salivary microbiome has been associated with poor oral health [35] suggesting that those bacteria also play a role in maintenance of a dysbiotic microbiome. This has further been corroborated by Mashima et al., who have shown that an increase in *Veillonella* is associated with poor oral health in children [48]. Recently, *Veillonella* has also been shown to be present in higher levels in subjects with periodontal diseases and aggressive periodontitis when compared to healthy subjects, thus, indicating its potential role in the disease [47]. Finally, conversion of a healthy microbiome into a dysbiotic one under *in vitro* conditions is shown to be associated with an increase in levels of *Veillonella* [49].

The reduction of anaerobic periodontopathogens may also be of significance when designing preventive strategies targeting individuals at risk before the disease fully develops and becomes clinically noticeable. In addition, in periodontally diseased individuals, usually a mixture of diseased and healthy sites are present and, thus, use of an antibiotic will affect all sites. Our data show that amoxicillin reduces the incidence of periodontal pathogens without affecting health-associated bacteria such as *Streptococcus*, *Lactobacillus*, *Klebsiella*, *Neisseria*, and *Rothia*. This is consistent with the recently proposed model for a dysbiosis ratio where higher levels of both *Neisseria* and *Rothia* are associated with health [34]. Since amoxicillin does not affect health-promoting bacteria, it may also be a candidate for use as a preventive therapy, especially for individuals at risk.

As a shotgun metagenomic analysis was conducted in this study rather than the sequencing of 16S rRNA for microbial profiling, it was also able to detect other organisms in addition to bacteria. Of particular interest, is the variation in abundance of several groups of viruses; *Betaretrovirus*, *Gammaretrovirus*, *Siphoviridae*, and *Myoviridae*. Due to the high prevalence and diversity of bacteriophages within the oral cavity, our study may contribute additional clues with regards to the modulation of the oral microbiome [26]. Indeed, bacteriophages belonging to both *Siphoviruses* and *Myoviruses* groups were shown to be associated with differences in periodontal health status [36]. Finally, the finding regarding betaretroviruses is novel.

Our results indicate that amoxicillin at high concentrations (60 µg/ml) may have off-target effects and will guide our subsequent work that will include amoxicillin at concentrations lower than 30 µg/ml. Indeed, we have previously shown that amoxicillin is effective in inhibiting anaerobic bacteria at concentrations as low as 1 µg/ml for *P. gingivalis* and *F. nucleatum*, and 5 µg/ml for *P. intermedia* [20].

Supporting the systemic use of amoxicillin, pharmacokinetic studies indicate that oral amoxicillin, like metronidazole, is efficiently absorbed. However, unlike metronidazole, amoxicillin is eliminated via the renal system and does not concentrate in the feces [37]. Further study will be needed to verify that amoxicillin indeed concentrates sufficiently in periodontal pockets to be an effective therapeutic. So far amoxicillin has been validated in animal models for the treatment of colitis caused by *Clostridium difficile* and gastritis caused by *Helicobacter pylori* [37,38]. As opposed to metronidazole, no side effects were noted with concentrations as high as 300 mg/kg [37]. Amoxicillin also reverses weight loss in a protein-deficient mouse model of malnutrition and indirectly resolves infection by *Cryptosporidium parvum* [39].

Our studies also verify that amoxicillin specifically inhibits anaerobic bacteria at concentrations lower than 30 µg/ml. The 30 µg/ml concentration (and lower) would be used when administering amoxicillin systemically (in the form of a pill). The higher concentration reflects the amoxicillin concentration that would be achievable when administering amoxicillin topically (using gels supplemented with high concentrations of the antimicrobial). Based on our study, the selective inhibition of anaerobic bacteria in a complex oral microbiome is achieved with lower amoxicillin concentration.

So far, the only antimicrobial used to deplete the complex microbiome of specific bacteria was reported by the Shi laboratory [23]. This antimicrobial, peptide C16G2, was demonstrated to specifically target *S. mutans* [23]. Having amoxicillin allows the exploration of the contribution of anaerobes to driving periodontal disease as well as to delineate the mechanisms involved in the triggering of the inflammatory state of the host by this group of bacteria. As shown in our supplementary data (Figs. A2–A5), a reduction in the numbers of anaerobic bacteria affects the composition of the aerotolerant bacteria.

From a clinical perspective, the need for antimicrobials that specifically target anaerobes is further underscored by promising results obtained using metronidazole, where it reduced the use of periodontal surgery in patients for up to six years [40]. However, the risk of dysbiosis, as well as adverse effects, is associated with the use of metronidazole [17,18] and, thus, is not commonly used to treat periodontal disease. Such side effects are anticipated to be minimal when using amoxicillin as no side effects have been noted so far in preclinical studies when using up to 300 mg/kg of amoxicillin [37]. The added benefit of amoxicillin is that it concentrates at inflamed sites and has no effect on gut microbiota as it is absorbed in the upper intestine. Amoxicillin is also effective against internalized bacteria that usually serve as a reservoir for recurrent periodontitis [20].

Finally, it is realized that there are limitations to this study, especially regarding the fully-developed periodontal disease. As this is a salivary microbiome derived from healthy subjects, its composition may differ from that of the microbiome derived from periodontal pockets where anaerobic bacteria are more abundant [5,6,22,41,42]. Therefore, future work that will involve the characterization of the effect of amoxicillin and metronidazole on microbiomes derived from periodontal pockets of subjects with periodontal disease is needed. This will also be in line with the observation that amoxicillin is predicted to concentrate in periodontal pockets as a result of inflammation. Such a prediction will ultimately underscore the selectivity of amoxicillin over metronidazole that is found mainly in saliva in *in vivo* conditions [37].

Additionally, microbiomes grown in the form of a biofilm-like setting are yet to be tested using both anaerobic as well as microaerophilic conditions [43]. Finally, in our studies, a culture method was used to evaluate the efficacy of amoxicillin. Such a method does not reflect the complexity encountered in *in vivo* conditions, where

the environmental conditions (nutrition, oxygen and pH levels, and effect of host response) lead to the formation of a more complex microbiome. SHI media shown to preserve microbial diversity was used. However, more thorough studies using a suitable animal model with a microbiome similar in complexity to that encountered in a human host is needed.

## 5. Conclusions

Anaerobic bacteria are the culprit of periodontal disease, and amoxicillin, specifically targeting this group of bacteria, presents itself as a promising targeted therapy for periodontitis. Using an *ex vivo* salivary microbiome, this study shows that amoxicillin specifically inhibits the growth of PFOR containing bacteria. The reduction in abundance of anaerobic bacteria is associated with an increase in the proportion of aerotolerant bacteria that are mainly health-promoting organisms. Furthermore, the presence of bacteriophages was detected in the salivary microbiome, the abundance of which was also altered proportionally to the bacterial levels. Finally, the profile of amoxicillin is similar to that of metronidazole, an antimicrobial targeting anaerobic bacteria that has already been successfully shown to treat periodontal disease. Altogether, our studies further verify that amoxicillin has the potential to convert a complex microbiome into one with an overabundance of bacteria associated with periodontal health and, thus, shows promise for clinical application.

## CRedit authorship contribution statement

**Qin Gui:** Investigation, Methodology, Validation, Visualization, Formal analysis, Conceptualization, Writing - review & editing. **Paul S. Hoffman:** Writing - review & editing, Resources. **Janina P. Lewis:** Conceptualization, Data curation, Funding acquisition, Investigation, Methodology, Project administration, Resources, Supervision, Writing - original draft.

## Author contributions

Q. G. performed most of the experiments, analyzed the data, prepared figures for the manuscript, and contributed to the writing of the manuscript. J. P. L. conceived the idea for this project, performed growth studies, and supervised all of the work reported in this manuscript. J.P.L. also wrote the first draft and revised the manuscript. P. S. H. provided the amoxicillin as well as helpful comments for this work and revised the manuscript. All the authors reviewed the manuscript.

## Ethical statement

Ethical approval is not required for this article.

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## Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.job.2019.10.004>.

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