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Original article

Altered thymic CD4⁺ T-cell recovery after allogeneic hematopoietic stem cell transplantation is critical for nocardiosis



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ABSTRACT

Purpose of the study: *Nocardia* affects immunocompromised human host exhibiting an altered cell-mediated immunity. Infectious risk after allogeneic hematopoietic cell transplantation (AHCT) is significantly correlated to the recovery status of donor-derived immune system, especially CD4⁺ T-cells reconstitution and thymopoiesis. The purpose of this paper is to highlight a lack of cell-mediated immunity recovery for patients presenting a nocardiosis compared to a control cohort.

Patients and methods: This is a case control retrospective monocentric study. We retrospectively analyzed a monocentric cohort of 15 cases of nocardiosis after AHCT and we explored the degree of patients' immunosuppression by phenotyping circulating lymphoid subpopulations, including NK cells, CD8⁺ T-cells, CD4⁺ T-cells and CD19⁺ B-cells. We focused on CD4⁺ T-cell subsets to appreciate thymic output, especially on naïve CD4⁺ T-cells (NTE, CD45RA⁺/RO⁻ CD4⁺ T-cells) and recent thymic emigrants (RTE, CD4⁺CD45RA⁺/RO⁻/CD31⁺). Infected patients were paired with a control cohort of patients with identical transplantation characteristics screened on hematological disease, AHCT conditioning, primary graft-versus-host disease (GHVD) prophylaxis, graft type, sex, age, and season at the AHCT and data concerning immunological reconstitution were compared.

Results: At onset of nocardiosis, circulating lymphocytes and CD4⁺ T-cells means count were respectively 730/μL and 162/μL. CD8⁺ T-cells, CD56⁺ NK cells and CD19⁺ B-cells means count were respectively 362/μL, 160/μL, 112/μL. CD4⁺ T-cells subpopulations, naïve CD4⁺ T-cells production was impaired with NTE and RTE means count at 26/μL and 11/μL respectively. Comparison between nocardiosis cohort and control cohort over time highlight significant lower cellular count for lymphocytes, CD4⁺ T-cells, NTE and RTE with $p = 0.001$, $p < 0.001$, $p < 0.001$, $p < 0.001$ respectively.

Conclusion: Immune recovery monitoring follow-up after AHCT is of particular importance to identify patients susceptible to develop Nocardiosis. Efficient microbiological investigations toward *Nocardia* such PCR should be used in case of compatible clinical presentation.

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Introduction

Nocardia is an ubiquitous group of environmental bacteria belonging to the suborder of aerobic Actinomycetes with *Rhodococcus* within the family *Nocardiaceae*, close to the genus *Mycobacterium*. This is an aerobic gram-positive filamentous bacterium with hyphae-like branching. *Nocardia* are saprophytic

organisms that can be found in soil, decomposing vegetation, organic matter from animal, as well as water and dust. Several heterogeneous species were described with numerous recent taxonomy revisions [1,2].

Nocardiosis is the name of *Nocardia spp* infection, and could affect immunocompromised human hosts [3]. This opportunistic pathogen affects particularly patients exhibiting an altered cell-mediated immunity [4]. Solid-organ and hematopoietic stem cell transplant recipients concerned one third of nocardiosis [2,5]. The clinical presentation is heterogeneous, non-specific and depends on infectious sites [4]. The most common infectious site is lung by respiratory tract infestation [6], nevertheless other localizations

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with disseminated presentation could be presented in blood, central nervous system (CNS) or lymph nodes [7]. The common radiological presentation does not have pathognomonic features as it shows lungs condensation with abscesses and nodules. CNS dissemination is also usually described with parenchymal abscesses [2,5,7,8]. As rare and late after allogeneic hematopoietic cell transplantation (AHCT), nocardiosis is potentially lethal with a survival rate reaching 84% (in retrospective studies) [9]. Gathering cohorts of immunosuppressed patients, incidence is estimated from 0.3 to 3.6% [2,9]. This incidence is likely under-estimated [5] as result of *Nocardia* identification challenge [10].

Despite improvement of supportive care during the last decades, infections are still the second cause of mortality after allogeneic hematopoietic stem cell transplantation (AHCT) [11,12]. The infectious risk after AHCT is significantly correlated to the delayed recovery of donor-derived immune system, especially CD4⁺ T-cells subset expansion [13–15]. Long-lasting steroids and immunosuppressive drugs use in AHCT impair immune recovery and are associated to nocardiosis presentation [2,9,10,16]. We report here a monocentric cohort of patients who underwent AHCT and presented a nocardiosis. The case control analysis depicts the defect of cell-mediated immunity recovery associated with this opportunistic infection.

Patients and methods

We described nocardiosis characteristics, management and outcome after AHCT in a hematopoietic cell transplant recipients' cohort treated at the University Hospital of Besançon. We analyzed immune reconstitution through circulating T-cells populations that were phenotyped before, at onset and after nocardiosis. The different circulating lymphoid populations available for analysis included: NK cells, CD8⁺ T-cells, CD4⁺ T-cells and CD19⁺ B-cells. Our regular panel assessing immune reconstitution focused more precisely on naive thymic emigrant CD4⁺ T-cells (NTE identified as CD45RA⁺/RO⁻) and recent thymic emigrants CD4⁺ T-cells (RTE identified as CD45RA⁺/RO⁻/CD31⁺) to appreciate thymic output impact after transplantation.

Patients

Patients were selected from the local clinical data base between May 2001 and December 2017. We included all nocardiosis cases defined as “proven”, “probable” or “possible” based on the similar invasive fungal infection (IFI) classification [17]. We defined “possible” nocardiosis by the presence of clinical and radiological features (nodule, condensation, abscess), with or without dissemination [8], no alternative diagnosis and improvement after anti-*Nocardia* treatment in an immunocompromised host. “Probable” nocardia was defined by identification of non-direct bacteriological criteria (direct exam, pathology, positive *Nocardia* PCR), and “proven” by positive *Nocardia* culture confirmation, as described recently [18] (Table 1). Pathology arguments to bacterial infection or gram-positive bacillus were considered as non-direct bacteriological criteria.

In purpose to strength our analysis, we selected a matched 2:1 control cohort based on the following matching criteria: on hematological disease, AHCT conditioning (myeloablative, MAC or

reduced intensity conditioning regimens, RIC), primary graft-versus-host disease (GVHD) prophylaxis (drugs regimens), HLA matching (MRD, MUD, MMUD and haploidentical), sex, age, and season at the AHCT from retrospective data base. Immune reconstitution data over time were compared between these two groups during the first two years after AHCT.

Data were collected retrospectively. This non-interventional study was conducted under the French Medical Research Data Processing Advisory Committee (CCTIRS) and the French Information Technology and Privacy Commission (CNIL) recommendations about anonymous clinical data use. All patients sign a consent form permitting to use their clinicals data anonymously respecting the Helsinki declaration.

We collected data concerning hematological disease, AHCT management, follow-up of immune recovery, and nocardiosis characteristics directly from the charts.

Statistic methods

Statistical analyses and graphs were performed with Rstudio[®] Version 1.1.463. Continuous variables were summarized with means and standard deviation with interval of confidence at 95%. All observations over time were represented on stripcharts with identification of median value. Immune recovery was evaluated at least every three months during the first 2 years (more frequently for frail patients with GVHD or recurrent infection) and compared with the control population. Patients were censored at death time. Means of T-cell subset count were compared by Mann-Whitney test.

AHCT management

Conditioning and GVHD prophylaxis were adapted to hematological disease and comorbidity score, such as updated Sorror's score [19], as well as to our local policy and European Bone Marrow Transplantation Group (EBMT) recommendations.

During the first month after AHCT, all patients were hospitalized in High Efficiency Particulate Air laminar flow chamber until neutrophilic recovery. An intravenous antibiotic therapy was administered empirically or adjusted to patient's environment, in case of fever [20]. Bacterial, viral and fungal prophylaxis were administered as already described: long-term valaciclovir [21], fluconazole or posaconazole during 6 months or more in case of GVHD [22,23], trimethoprim-sulfamethoxazole (TMP-SMX 800 mg/160 mg) three time a week, or in case of adverse event atovaquone or aerosol of pentamidine [24]. Intravenous polyvalent immunoglobulins were administered (400 mg/kg) in case of immunoglobulin G <3 g/L. Vaccines were administered according to EBMT schedules [25] and adapted to the immune recovery.

Cytomegalovirus (CMV) PCR and fungal biomarkers (galactomannan (GM) completed by specific *Aspergillus* PCRs) monitoring were performed once a week until immunosuppressive therapy withdrawal [26]. In case of sepsis the following tests were systematically performed: blood cultures, urine bacteriological analysis, GM, *Aspergillus*, *Mucormycosis* [27], *Toxoplasma gondii*, and CMV, C-reactive protein count, thoracic CT scan, and also *Pneumococcus* and *Legionella* antigenuria in case of pulmonary infection. In case of lack of microbiological documentation by non-invasive approach, *Nocardia* detection was included in our pneumological investigational protocol for immunocompromised patients by bronchial-alveolar lavage (BAL). *Nocardia* detection was also realized in case of abscess after biopsy and association of clinical and radiological presentation compatible with nocardiosis [8]. In case of nocardiosis diagnosis, a cerebral evaluation was systematically performed by magnetic resonance imaging (MRI) or by CT scan if MRI was not rapidly available.

Table 1
Nocardiosis definitions.

| | |
|----------|--|
| Possible | Compatible host + clinic and radiologic criteria |
| Probable | Possible + non-direct microbiologic criteria (direct exam, pathology, PCR) |
| Proved | Previous criteria + positive culture |

Specific microbiological detection of Nocardia

All bacteriological samples were initially observed by Gram direct examination. Then they were usually seeded in standard bacteria growth media with daily examination for growth. In this kind of regular growth media, *Nocardia* species grow slowly, until 2–3 weeks [10]. *Nocardia* colonies appeared chalky white in case of hyphae production.

Nocardia confirmation was centralized to the referent laboratory in Lyon (*Observatoire français des nocardioses*), and was identified by PCR as recently published [18]. Antimicrobial agent sensibility was tested in vitro on isolates.

Immune recovery assessment

Lymphocytes counts were evaluated by XN-10 system automat (Sysmex, Japan). Absolute lymphocytes, CD4⁺ T-cells, CD8⁺ T-cells, CD56⁺ NK cells and CD19⁺ B-cells counts were determined by flow cytometry by TetraCXP1 method and fluorescence evaluation by FC500 cytometer (Beckman Coulter, France) [28]. Naïve CD4⁺ T-cells population was characterized by CD45RA⁺/CD45RO⁻/CD4⁺ labeling in immunofluorescence. CD31⁺ expression was evaluated in order to identify RTE lymphocytes and subsequent thymic lymphocyte maturation [29]. Our laboratory benchmark for general healthy population was 493–1666 CD4⁺ T-cells/ μ L, 224–1112 CD8⁺ T-cells/ μ L, 75–520 CD19⁺ B-cells/ μ L and 73–654 CD56⁺ NK cells/ μ L. Quantitative immunoglobulin evaluation was also performed to quantitatively assess the humoral immune recovery.

Chimerism was performed on bone marrow or on blood by semi-quantitative PCR with unique donor and recipient short tandem repeat markers (STR) amplification [30]. The quantification was obtained by donor and recipient STR loci fluorescence GeneScan computer analyze (Applied Biosystem, France).

Results

Population

Between May 2001 and December 2017, we highlighted 15 cases of nocardiosis in the 752 AHCT realized in our hematological department, incidence rate of 1.99%.

In the nocardiosis cohort one patient received 2 AHCT, acute myeloid leukemia (AML) was the most frequent hematological disease (61%), 10 patients (63%) were in complete response (CR) at the transplantation time, 2 in partial response, 3 in progressive disease. Males were preponderant (sex ratio 4:1) (Table 2). Myeloablative conditioning regimens (MAC) were used for 9 patients (60%) and the 6 others conditioning regimens (40%) were reduce intensity conditionings (RIC). Ten patients (77%) received anti-thymoglobulin serum for GVHD prophylaxis during conditioning regimen (2.5 mg/kg for 1 patient, 5 mg/kg for 8 and 7.5 mg/kg for one). Median CD34⁺ infused cells count was 2.69×10^6 /kg [IC 95%, 1.85–3.57]. Characteristics were similar to control cohort as report in Table 2.

Nocardiosis presentation

Six nocardiosis occurred in patient receiving AHCT in spring whereas others were equally presented in summer, autumn and winter. Median duration time between AHCT and nocardiosis diagnosis was 218 days [IC95%, 118–317]. On the 15 nocardiosis, 7 (47%) were localized then 8 (53%) were disseminated (at least 2 infectious sites). Thirteen (87%) presented a pulmonary involvement, 8 (53%) were neurological nocardiosis with central nervous system (CNS) involvement with 4 (24%) ocular involvement, 2 (12%) were skin nocardiosis and 1 was a bacteriemia (Table 3 and 4).

Table 2

Transplant characteristics.

| | Nocardiosis cohort | Control cohort |
|--|-----------------------------|----------------------------|
| Mean age (years) (p = 0.11) | 49 [43–55] | 43 [37–49] |
| Sex ratio | 4:1 | 4:1 |
| Hematological disease | | |
| Acute myeloid leukemia | 9 (61%) | 18 (61%) |
| Acute lymphoblastic leukemia | 2 (13%) | 4 (13%) |
| Myelodysplasia | 2 (13%) | 4 (13%) |
| Multiple myeloma | 2 (13%) | 4 (13%) |
| Conditioning | | |
| Myeloablative conditioning | 9 (60%) | 18 (60%) |
| Reduce intensity conditioning | 6 (40%) | 12 (40%) |
| H SCT type | | |
| Bone marrow | 8 (54%) | 16 (54%) |
| Peripheral blood stem cells | 7 (46%) | 14 (46%) |
| Donor type | | |
| Sibling | 8 (54%) | 16 (54%) |
| Unrelated donor | 4 (27%) | 10 (33%) |
| 9/10 | 1 (6%) | – |
| Haplo identical | 2 (13%) | 4 (13%) |
| CMV donor/recipient status | | |
| +/+ | 4 (27%) | 11 (37%) |
| +/- | 3 (20%) | 2 (6%) |
| -/+ | 5 (33%) | 9 (30%) |
| -/- | 3 (20%) | 8 (27%) |
| Graft-versus-host disease | | |
| Acute grade | 12 (80%) | 21 (70%) |
| Grade I–II | 8 (53%) | 15 (50%) |
| Grade III–IV | 4 (27%) | 6 (20%) |
| Chronic | 11 (73%) | 21 (70%) |
| Mild | 1 (6%) | 10 (33%) |
| Moderate | 7 (47%) | 7 (24%) |
| Severe | 3 (20%) | 4 (13%) |
| Steroid cumulative dose | | |
| Mean during 1 st month (p = 0.20) | 25 mg/kg/4weeks [15.5–34.9] | 19 mg/kg/4weeks [8.5–28.6] |

Table 3

Nocardiosis characteristics (n = 15).

| Prophylaxis (TMP-SMX) | 8 (53%) | Antibiotic treatment (n = 17) | |
|-------------------------|----------|-------------------------------|---------|
| Infection status | | | |
| Localized | 7 (47%) | Induction | |
| Disseminated | 8 (53%) | Ceftriaxone | 1 (6%) |
| Infection site | | | |
| Pulmonary | 13 (87%) | Ceftriaxone + Linezolid | 1 (6%) |
| CNS | 8 (53%) | IMP | 5 (29%) |
| Ocular | 4 (27%) | IMP + AMK | 3 (18%) |
| Cutaneous | 2 (12%) | IMP + TMP-SMX | 2 (12%) |
| Bacteremia | 1 (6%) | IMP + Linezolid | 1 (6%) |
| Documentation | | | |
| Cyto-histopathology | 3 (20%) | MERO + Linezolid | 2 (12%) |
| PCR | 10 (66%) | MERO + Linezolid + AMK | 1 (6%) |
| Culture | 5 (66%) | Cefuroxim + TMP-SMX | 1 (6%) |
| Co-infection | | | |
| CMV | 4 (26%) | Consolidation | |
| Pneumocystis | 2 (13%) | TMP-SMX | 4 (24%) |
| Mucormycosis | 2 (13%) | TMP-SMX + Cefuroxim | 3 (18%) |
| | | TMP-SMX + Ceftriaxone | 1 (6%) |
| | | TMP-SMX + Cefotaxim | 1 (6%) |
| | | Moxifloxacin | 2 (12%) |
| | | Ceftriaxone | 2 (12%) |
| | | MERO + Linezolid | 1 (6%) |
| | | Minocycline + Ciprofloxacin | 1 (6%) |
| | | Dead before | 2 (12%) |

Mean steroid dose at diagnosis 0.30 mg/kg/day [0.19–0.58].

IMP imipenem, MERO meropenem, AMK amikacin, TMP-SMX trimethoprim-sulfamethoxazole, CNS Central Nervous System.

Main radiological presentation was abscesses (11/15, 73%), with lungs nodules (7/13, 53%) and condensation (9/13, 69%) half time associated to abscesses (5/13, 38%), and CNS abscesses (8/8). As previously defined, 5 nocardiosis cases were proved, 6 were probable, 4 were possible (Table 4). Ten (66%) were documented by PCR, 3 (20%) by cyto-histopathology, 5 (33%) by late culture with 1

Table 4
Nocardiosis details.

| Patient | Prophylaxis | Infectious site | Radiology | Sample site | Pathology | Culture | PCR | Species | Status |
|---------|-------------|-----------------|---|------------------------------|-----------|-----------------------------------|----------|------------------------------------|----------|
| #1 | TMP-SMX | Lung | Chest CT scan: lung abscess | Lung biopsy | + | + | + | <i>N. cyriacigeorgica</i> | Proved |
| #2 | None | Skin | Smooth tissue CT scan: abscess | Skin biopsy | – | + | + | <i>N. farcinica</i> | Proved |
| #3 | TMP-SMX | CNS, Oc, Lung | Cerebral MRI: multiple abscesses | Lung biopsy | indirect | + | + | <i>N. farcinica</i> | Proved |
| #4 | TMP-SMX | CNS, Oc, Lung | Cerebral CT scan : multiple abscesses + Chest CT scan : lung nodule | BAL | – | not made | + | <i>N. nova</i> | Probable |
| #5 | TMP-SMX | CNS, Oc, Lung | Cerebral CT scan : multiple abscesses + Chest CT scan : lung nodule | CSF, vitreous, BAL | indirect | – | – | – | Possible |
| #6 | TMP-SMX | Lung, pleural | Chest CT scan : lung nodule + pleural condensation | Lung biopsy | + | not made | + | <i>N. shimofuensis / higoensis</i> | Probable |
| #7 | Pentamidine | CNS, Oc, Lung | Cerebral CT scan : multiple abscesses + Chest CT scan : small lung nodule + pleural condensation | BAL | not made | – | + | <i>N. nova</i> | Probable |
| #8 | Pentamidine | CNS, Lung | Cerebral MRI : 2 large abscesses + Chest CT scan : lung nodule + Chest CT scan : lung abscess + lungs nodules | CSF, BAL, Abscess | + | + | + | <i>N. nova</i> (CSF) | Proved |
| #9 | TMP-SMX | CNS, Lung | Cerebral MRI : abscesses | No-biopsy able, BAL not made | not made | not made | not made | – | Possible |
| #10 | Atovaquone | Lung | Chest CT scan : lungs condensations | BAL not made | not made | not made | not made | – | Possible |
| #11 | TMP-SMX | CNS, Lung, Skin | Cerebral CT scan : abscesses + Body CT scan : lungs condensations + liver abscess | Blood culture | not made | + | not made | <i>N. farcinica</i> | Proved |
| #12 | TMP-SMX | Lung | Chest CT scan : lungs condensations + lungs nodules | BAL | indirect | Few GPB, none identification able | + | <i>N. abscessus</i> | Probable |
| #13 | None | Lung | Chest CT scan : lungs nodules, condensation, abscesses + pleural condensation | Pleural biopsy | indirect | – | + | <i>N. farcinica</i> | Probable |
| #14 | None | CNS | Cerebral CT scan : compressive abscess | CSF | – | – | + | <i>N. spp</i> | Probable |
| #15 | None | Lung | Chest CT scan : lung abscess + pleural condensations | BAL No-biopsy able | – | – | not made | – | Possible |

CNS : central nervous system, Oc : ocular, CSF : cerebrospinal fluid, BAL : bronchial alveolar lavage, GPB : gram-positive bacillus.

(6%) on blood culture. Five patients had nocardia detection through at least 2 different methods. Four patients had missing documentation: 3 without possible laboratory *Nocardia* detection on samples and one which the sample was lost. Nevertheless they were highly suspected based on clinical and radiology presentation and because of the negative regular microbiological investigation regard and the favorable evolution under specific anti-*Nocardia* treatment.

Two patients presented a nocardiosis recurrence: one after a second AHCT 3 years later and the other one 2 months after antimicrobial prophylaxis ending. For this patient, the secondary prophylaxis had been maintained. Eight patients received TMP-SMX prophylaxis at nocardiosis diagnosis and relapse. Among them, 3 had gut GVHD. Four patients presented concomitant CMV reactivation and 4 other patients presented co-infection (2 *Mucormycosis* and 2 *Pneumocystis*). One of the patients with pneumocystosis did not followed the prescribed TMP-SMX prophylaxis. Median duration time of antimicrobial treatment was 180 days [IC95%, 130–229].

At onset of nocardiosis infection, 11 patients (65%) received an imipenem-base induction antimicrobial therapy and 9 (53%) received a TMP-SMX-base consolidation antimicrobial therapy. Details were reported in Table 3. All documented *Nocardia* were TMP-SMX sensitive.

Immunosuppression and GVHD

In the nocardiosis cohort, GVHD prophylaxis was mostly performed by cyclosporin (CsA) associated to methotrexate for 8 patients (47%). Twelve patients (80%) presented an acute GVHD

(aGVHD). All were skin aGVHD with 8 Glückberg's grade 1–2 and 4 more than grade 2. One presented a gut aGVHD (stage 1) and one a liver aGVHD (stage 1). The mean cumulative steroid dose administrated after onset of aGVHD was 25 mg/kg/4weeks [IC95%, 15.5–34.9], compared to 19 mg/kg/4weeks [IC95%, 8.5–28.6] in the control cohort but was not significant ($p = 0.20$) (Table 2).

At nocardiosis diagnosis, 14 patients received immunosuppressive drugs allocated as follow: tacrolimus for 6 (40%), CsA for 4 (27%), high dose prednisone for 2 (13%), JAK2 inhibitor for 1 (6%), JAK2 inhibitor associated to CsA and mycophenolate mofetil, pegylated interferon and lenalidomide for 1. Only one patient had active skin aGVHD (stage 2) and 11 (73%) presented a cGVHD which were mostly moderate (41%) with skin lesions (77%). Thirteen patients received steroid at nocardiosis diagnosis with a prednisone mean dose at 0.3 mg/kg/day [IC95%, 0.19–0.58].

Immune recovery (Figs. 1 and 2A–H)

At nocardiosis diagnosis immune recovery was deficient with a low cellular count for CD4⁺ T-cells. Subsets including CD8⁺ T-cells, CD56⁺ NK cells and CD19⁺ B-cells counts were in normal ranges. However, immunoglobulin G mean level was low at 4.25 g/L. Means and standard derivations with intervals of confidence were summarized in Table 5. Concerning CD4⁺ T-cells subpopulations, memory/activated CD45RA[–]/RO⁺ T-cells was preponderant with mean count at 147/μL, naïve CD4⁺ T-cells production was impaired with naïve CD4⁺CD45RA⁺/RO[–] T-cells (NTE) and CD4⁺CD45RA⁺/RO[–]/CD31⁺ cells (RTE) means count at 26/μL and 11/μL respectively.

Table 5
Immune reconstitution time points.

| | At nocardiosis onset | At day +218 (median time of nocardiosis presentation) | | At 24 months after AHCT | | Mann–Whitney test |
|--|----------------------------|---|----------------------------|-----------------------------|------------------------------|-------------------|
| | Nocardiosis cohort | Nocardiosis cohort | Contrôle cohort | Nocardiosis cohort | Contrôle cohort | |
| Lymphocytes | 730/ μ L [394–1067] | 554/ μ L [356–753] | 851/ μ L [669–1032] | 1020/ μ L [635–1404] | 1625/ μ L [1330–1920] | p = 0.001 |
| CD4 ⁺ T-cells | 162/ μ L [80–244] | 92/ μ L [49–134] | 153/ μ L [97–210] | 195/ μ L [102–288] | 332/ μ L [236–429] | p < 0.001 |
| CD4 ⁺ CD45RO ⁺ T-cells | 147/ μ L [72–223] | 83/ μ L [43–122] | 121/ μ L [72–170] | 189/ μ L [102–277] | 256/ μ L [183–328] | p = 0.02 |
| CD4 ⁺ CD45RA ⁺ T-cells | 26/ μ L [8–44] | 12/ μ L [6–17] | 28/ μ L [16–40] | 17/ μ L [11–22] | 77/ μ L [46–108] | p < 0.001 |
| CD4 ⁺ CD45RA ⁺ CD31 ⁺ T-cells | 11/ μ L [0–23] | 5/ μ L [2–8] | 14/ μ L [8–21] | 14/ μ L [7–21] | 48/ μ L [23–73] | p < 0.001 |
| CD8 ⁺ T-cells | 362/ μ L [125–600] | 238/ μ L [112–363] | 403/ μ L [300–506] | 556/ μ L [297–775] | 800/ μ L [570–1030] | p = 0.001 |
| CD56 ⁺ NK cells | 160/ μ L [94–227] | 156/ μ L [97–216] | 150/ μ L [126–173] | 141/ μ L [81–201] | 209/ μ L [153–264] | p = 0.33 |
| CD19 ⁺ B-cells | 112/ μ L [12–214] | 54/ μ L [8–115] | 124/ μ L [42–206] | 131/ μ L [27–234] | 238/ μ L [137–339] | p = 0.001 |

Immune reconstitution at time points with cells counts, interval of confidence at 95% and Mann Whitney test.

Assessment of immune recovery over time after AHCT (Fig. 1) highlights a smaller individual variation and an lower cellular count of CD4⁺ T-cells, CD45RA⁻/RO⁺ T-cells, NTE, RTE, CD8⁺ T-cells, and CD19⁺ B-cells in nocardiosis cohort compared to control cohort. CD56⁺ NK cells distribution was more heterogeneous among both cohorts. Cell counts for the different subsets of immune cells are represented over time in Fig. 2. The case-control comparison of those values were evaluated by Mann–Whitney test (Table 5) and highlighted significant lower cellular count for lymphocytes (p = 0.001), CD4⁺ T-cells (p < 0.001), CD45RA⁻/RO⁺ T-cells (p = 0.02), NTE (p < 0.001) and RTE (p < 0.001), CD8⁺ T-cells (p = 0.001) and CD19⁺ B-cells (p = 0.001). CD56⁺ NK cells cellular count was not different (p = 0.33).

At the 7th month after AHCT, the median time of nocardiosis presentation, immune cellular recovery in the nocardiosis cohort was lower comparatively to the control cohort with circulating lymphocytes, CD4⁺ T-cells, CD8⁺ T-cells, CD56⁺ NK cells and CD19⁺ B-cells means count (Table 5). This relative deficient cellular count was persistent over time like that was presented at 24 months.

Concerning CD4⁺CD45RA⁻/RO⁺ T-cells, NTE and RTE mean count, lower CD4⁺ T-cells in the nocardiosis cohort compared to the control cohort result in a lower cellular count in those three subsets. That was persistent over time after AHCT in the nocardiosis cohort.

Outcomes

Five patients died after nocardiosis but only one death has been directly related to nocardiosis 16 days after diagnosis. The other 4 patients died of relapse of the hematological disease included one arising 32 days after nocardiosis diagnosis with lost of chimerism. No death was related to GVHD or other infection. Donor chimerism has been maintained in those who did not relapse of their hematological disease.

Discussion

Nocardiosis is a rare infection with polymorphic clinical presentation. Characteristics of our rural high-risk population were similar to previous studies [5,31,32] including sex ratio and incidence [33]. Indeed nocardiosis is more frequently diagnosed in dry, windy climates, facilitating aerosolization and dispersal in organism via respiratory routes [34,35] and in agricultural workers [7]. The most common infectious site is lung by respiratory tract

infestation [6] as shown in our cohort (87%). The common radiological presentation with lungs condensation with abscesses and nodules, and CNS abscesses were similar as already described [2,5,7,8].

Concerning nocardiosis diagnosis over time, we observed a higher incidence over few years. Indeed in a previous epidemiologic evaluation between 2001 and 2012 [36] we shown 5 nocardiosis than we expanded with 5 nocardiosis between 2012 and 2016, and 5 more between 2016 and 2017. Moreover recent use of alternative donor for AHCT (2 haploidenticals, one mismatch 9/10) and sequential conditioning (1 patient) inducing deeper immunosuppression [37] could explain higher incidence over time in our center. Outbreak was already described by other teams [38] but this was not the case in our center. Indeed among the 5 nocardiosis between 2016 and 2017, 4 were documented by PCR with different *Nocardia* species (*N. shimoensis/higoensis*, *farinica*, *abscessus* and *nova*), 1 was not documented. In another hand, most samples were not routinely kept more than 1 week (48 h for BAL, 5 days for blood cultures) which did not allowed *Nocardia* detection and also contributed to its identification challenge [18]. *Nocardia* PCR permitted more quickly and higher number of *Nocardia* detection. Also six nocardiosis were documented by PCR with specificity reported upon 74% [18]. The issues with that tool arise in case of chronic bronchopulmonary disease, with colonization detection [18]. Widely use of PCR in our center could explain the higher number of nocardiosis. Three PCR were realized on BAL: 1 was associated to a gram-positive bacillus on direct exam impossible to identified, and the 2 others were without any other documentation. None presented a chronic bronchopulmonary disease. Colonization hypothesis for the 2 *Nocardia* isolated in BAL was unlikely considering the severe neurological disseminated presentation for one, and a severe pulmonary infection with radiological compatible presentation for the other.

Time between AHCT and nocardiosis diagnosis was quite different in our study (median time 218 days) compared to previous reports [39]. Usually nocardiosis was presented early (1st-2nd month) and lately (1st-2nd year) after AHCT This particularity may be explained by the proportion of RIC (40%) or alternative AHCT (20%) [37,40]. CsA and high dose steroid (more than 1 mg/kg) use, age at transplantation (mean 49 years-old) and CMV reactivation (26%) were known to altered immune recovery, notably thymic function [41–43]. These characteristics were identical compared to literature for current patients undergoing

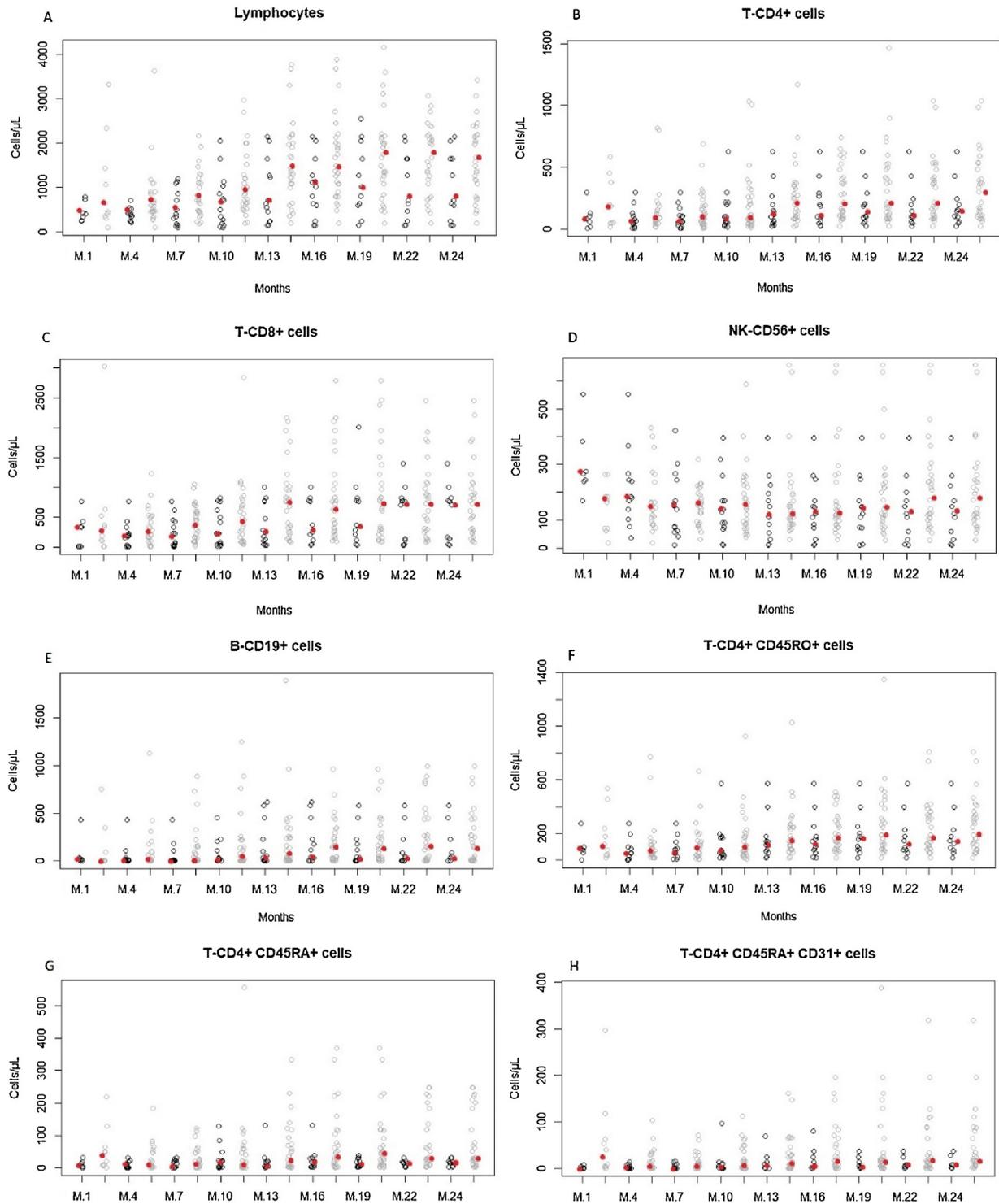


Fig. 1. A–H: Immune recovery over time during 2 years after AHCT in stripchart. Nocardiosis cohort is in back, control cohort is in light grey. Median point is in red. (For interpretation of the references to colour in this figure legend, the reader is referred to the web version of this article.)

to AHCT [44]. Cumulative steroid dose >23 mg/kg/4weeks was also described as an increased risk of infection [45] but we did not permit to observe statistical difference in steroid dose between our 2 cohorts. Half of the patients (8/15) received TMP-SMX prophylaxis at nocardiosis diagnosis. This corroborates that TMP-SMX 3 time a week prophylaxis was not sufficient for nocardiosis prophylaxis as describes in others studies [9,10,16,46,47], but may reduce nocardiosis mortality [48]. However TMP-SMX resistance is rare [49], and poor absorption

could be frequent, especially in context of gut GVHD and/or polymedication. Atovaquone is known to be useless [48] for nocardia prophylaxis. Specific recommendations were published by Lebeaux et al. in 2014 about nocardiosis diagnosis and management after AHCT [50] reminding the necessity to use fast molecular diagnosis such PCR and to start a large empirical antimicrobial therapy as soon as Nocardia is suspected (secondary adjusted) that should be maintained over 6–12 months if diagnosis of nocardiosis is confirmed.

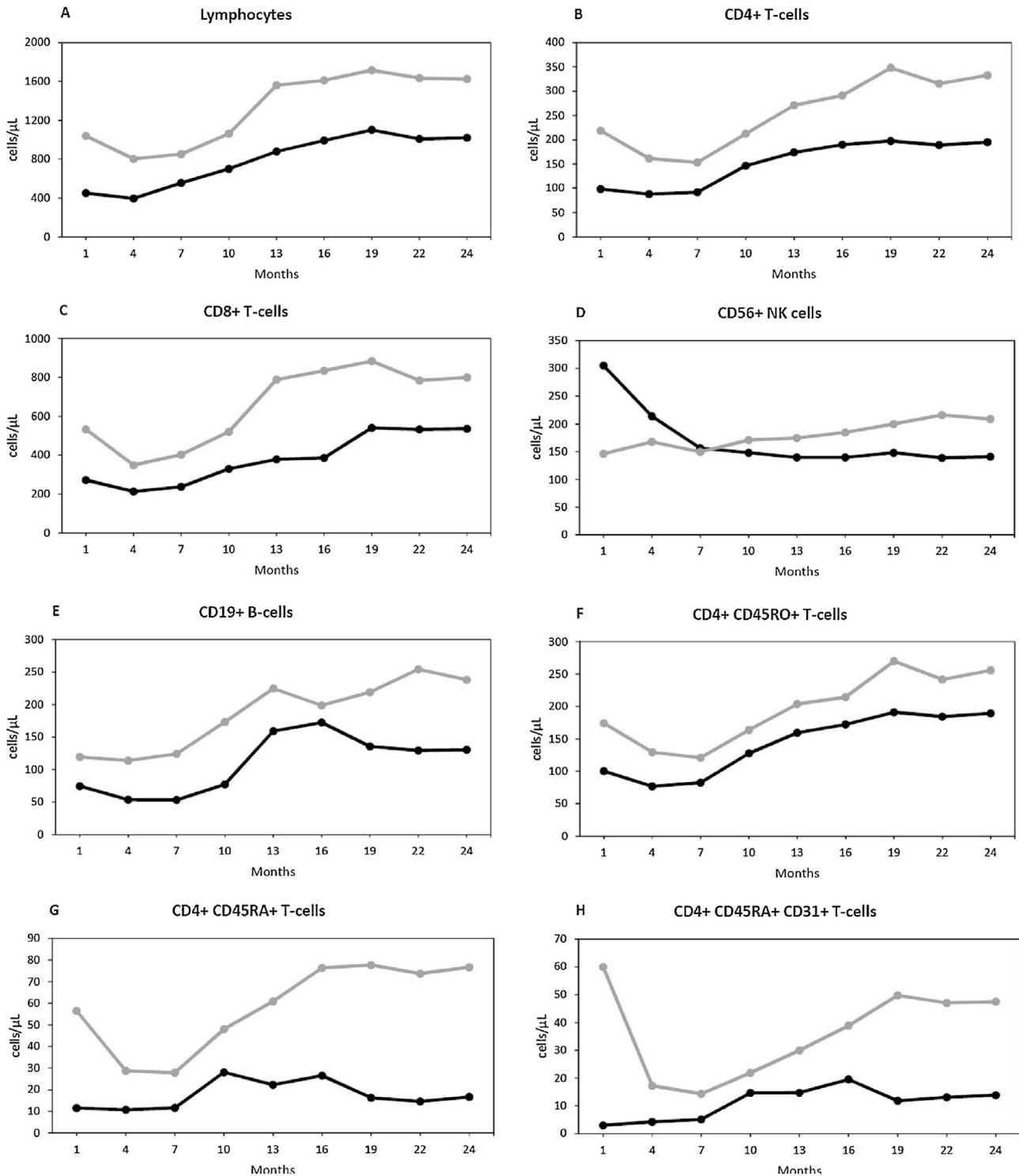


Fig. 2. A–H: Immune recovery over time during 2 years after AHCT with means comparison. Nocardiosis cohort is in back, control cohort is in grey.

Immune recovery after AHCT is delayed and impaired, frequently described in the literature [37,51]. CD4⁺ T-cells recovery is delayed to several years after AHCT. Large use of immunosuppressive drugs at nocardiosis diagnosis (88%) delay CD4⁺ T-cells recovery. Moreover patients with nocardiosis seemed to present a low CD8⁺ T-cells and CD19⁺ B-cells recovery, with a significant lower cellular count, that could reflect a higher immunosuppression. Low B-cells count associated to hypogammaglobulinemia may need to consider optimization of immunoglobulin substitution strategy. As

already reported, infections may arise despite an acceptable quantitative NK-cells and CD8⁺ T-cells recovery [51–53], which values were similar to our laboratory benchmarks suggesting a minor implication against *Nocardia*. Immune recovery against *Nocardia* is rather mediated by CD4⁺ T-cells [54]. Nevertheless in our *Nocardia* cohort normal absolute count CD4⁺ T-cells was not sufficient to protect against *Nocardia*. CD4⁺ T-cells recovery after AHCT initially was induced by peripheral clonal expansion of donor memory T cells expressing activation markers (CD45RA⁻/RO⁺). This

initial response is usually followed by central naïve CD4⁺ T-cells expansion CD45RA⁺/RO⁻ [55–57]. Activated memory T cells recovery in our cohort were shown to be expanded but also failed to prevent nocardiosis. NTE were practically undetectable before and during nocardiosis follow-up. Those descriptions suggest that *Nocardia* did not contribute to delay CD4⁺ T-cells recovery but was rather a consequence of cellular immune recovery delay.

As same as NTE, RTE count was significantly lower in nocardiosis cohort than control cohort and continued over time. Delay for NTE and RTE repopulation until “normal” level [51,52] was described as a key point that infection risk and mortality risk decreased after AHCT [29,57,58]. Peripheral naïve T-CD4⁺ cells RTE or not (CD31⁺ or not) [59] may have equal function but RTE presented a broader polyclonal TCR repertoire compared to non-thymic naïve T-CD4⁺ cells [60]. TCR repertoire restriction with lack of thymic function may conduct to reduce anti infectious capacity. RTE recovery induces efficient protection against opportunistic infection after AHCT [61]. Monitoring efficiency of thymopoiesis by quick tools may allow identifying high-risk patients for opportunistic infection and then personalized.

The analysis of our cohort suggest that the risk of *Nocardia* infection after AHCT is potentially lethal and should be considered with a more intensive laboratory investigation strategy including systematic PCR detection. The assumption of such opportunistic infection is tricky regarding the non specific aspect of its clinical and radiological presentation. Diagnosis should be considered until effective immune cellular recovery, particularly for T-CD4⁺ cells. We highlight through nocardiosis that the lack of thymopoiesis with low RTE recovery may need a particular attention towards opportunistic infections and prophylaxis with TMP-SMX, even not completely reliable, must be prolonged if necessary. A larger multicentric cohort should be conducted to corroborate those results and to provide more robust recommendations.

Conflict of interest

We have no conflict of interest.

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