

Review

Advances in the application of upconversion nanoparticles for detecting and treating cancers

Kunmeng Li^{b,1}, Enlv Hong^{b,1}, Bing Wang^{c,1}, Zhiyu Wang^{b,1}, Liwen Zhang^b, Ruixia Hu^b, Baiqi Wang^{a,b,d,*}^a The Key Laboratory of Modern Toxicology of Ministry of Education, Nanjing Medical University, Nanjing, 211166, Jiangsu, China^b Department of Occupational and Environmental Health, School of Public Health, Tianjin Medical University, Tianjin, 300070, China^c Department of Ophthalmology, Fujian Medical University Union Hospital, Fuzhou, 350001, Fujian, China^d The Key Laboratory of Environment, Nutrition and Public Health of Tianjin, Tianjin Medical University, Tianjin, 300070, China

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ABSTRACT

The detection and treatment of cancer cells at an early stage are crucial for prolonging the survival time and improving the quality of life of patients. Upconversion nanoparticles (UCNPs) have unique physical and chemical advantages and likely provide a platform for detecting and treating cancer cells at an early stage. In this paper, the principle of UCNPs as chemical sensors based on fluorescence resonance energy transfer (FRET) has been briefly introduced. Research progress in such chemical sensors for detecting and analyzing bioactive substances and heavy metal ions at the subcellular level has been summarized. The principle of UCNP-based nanoprobe-targeting of cancer cells has been described. The research progress in using nanocomposites for cancer cell detection, namely cancer cell targeted imaging and tissue staining, has been discussed. In the field of cancer treatment, the principles and research progress of UCNPs in photodynamic therapy and photothermal therapy of cancer cells are systematically discussed. Finally, the prospects for UCNPs and remaining challenges to UCNP application in the field of cancer diagnosis and treatment are briefly described. This review provides powerful theoretical guidance and useful practical information for the research and application of UCNPs in the field of cancer.

1. Introduction

Cancer forms malignant tumors that seriously threaten human life and health [1]. It is estimated that 1,735,350 new cases of cancer will be diagnosed in the United States in 2018, with an average of 4700 cases per day, leading to 609,640 deaths from cancer and 1700 deaths each day [2]. Currently, cancer patients are often in advanced stages when they are diagnosed. These patients have missed the best treatment stage because the cancer cells have already undergone large-scale metastases in the body. If cancer can be diagnosed and treated at an early stage, existing technical conditions can be used to effectively control

the condition and greatly reduce mortality [3]. Therefore, in the field of life science, it is of great practical significance to achieve early diagnosis and therapy of cancer.

In recent years, nanotechnology has rapidly developed and shown enormous application potential in the biomedical field [4]. Nanotechnology has been explored to seek a breakthrough in the diagnosis and treatment of malignant tumors [5]. Among the numerous nanomaterials developed, rare-earth upconversion nanoparticles (UCNPs) have attracted widespread attention because of their unique advantages [6]. Upconversion luminescence (UCL) of rare-earth doping is an anti-Stokes process and generally refers to a process in which rare-earth ions

Abbreviations: ALPcS4, tetra-sulfonicphthalocyanine aluminum; AuNP, sgold nanoparticles; Au-UCNP, gold-UCNPs; CD, circular dichroism; Ce6, Chlorine6; CH, chitosan; csUCNP@C, NaLuF4:Yb,Er@NaLuF4@Carbon; A (conA), Concanavalin; CT, computed X-ray tomography; FA-Gd-Si-TiNPs, folic acid-targeted NaGdF₄:Yb/Tm@SiO₂@TiO₂ nanocomposites; FRET, Fluorescence resonance energy transfer; IgG, immunoglobulin G; MFNPs, multifunctional nanoparticles; miRNA, microRNA; MRI, magnetic resonance imaging; NIR, near-infrared light; NPs, nanoparticles; NRD, Nile red derivative; PAA, polyacrylic acid; PDT, photodynamic therapy; PEI, polyethyleneimine; PET, positron emission tomography; PS, photosensitizers; PTT, photothermal therapy; siRNA, small interfering RNA; SPECT, single-photon emission computed tomography; SPION, superparamagnetic iron oxides; UCL, upconversion luminescence; UCNPs, upconversion nanoparticles; UV, ultraviolet; ZnPc, Zn(II)-phthalocyanine

* Corresponding author at: No. 22, Qixiangtai Rd., Heping District, Tianjin, 300070, China.

E-mail address: wbpaper@126.com (B. Wang).¹ These authors contributed equally to this work.<https://doi.org/10.1016/j.pdpdt.2018.12.007>

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successively absorb two or more long-wavelength photons and emit short-wavelength, high-energy photons. Stokes' process is the process by which high-energy photons excite low-energy photons [7]. However, it was later discovered that some materials can achieve the opposite of this law of luminescence effects, which was referred to as anti-Stokes luminescence, or UCL [8].

Upconversion nano-rare-earth luminescent material is a classic anti-Stokes luminescent material. Upconversion was first reported in the 1950s when researchers excited polycrystalline ZnS with 960-nm near-infrared light and observed green light emission. In 1962, similar phenomena were observed for selenide compounds. In 1966, when studying lanthanum tungstate glass, Auzel found that when Yb^{3+} , Ho^{3+} , Er^{3+} , and Tm^{3+} were incorporated into a host material, the visible light emission intensity increased by 2–3 orders of magnitude following excitation with infrared light [9]. This paper formally introduced the idea of UCL. The UCL mechanism mainly includes the four processes of excitation state absorption, energy transfer, direct two-photon absorption, and photon avalanche. Numerous reviews and studies have addressed the UCL mechanism [10–12].

UCNPs continuously absorb long-wavelength photons (such as near-infrared light) and then radiate short-wavelength photons via two-photon or multiphoton mechanisms [13,14]. Therefore, UCNPs have many advantages for application in biological systems compared to conventional organic fluorescent dyes. First, in human tissue, some enzymes and nucleic acids absorb ultraviolet light, resulting in tissue degeneration or damage. However, the excitation light of the UCNPs is typically in the near-infrared region, and UCNPs absorb near-infrared light. Therefore, using near-infrared light as an excitation light source not only prevents damage to normal tissues but also shows deep tissue-penetrating ability and can effectively avoid interference from the fluorescence of the living body itself. Second, UCNPs with a large Stokes shift, weak photobleaching, low toxicity, and good stability have high potential for applications as integrated probes for diagnosis and treatment. Finally, the emission spectrum of the UCNPs can achieve modulation from the ultraviolet region to the visible region and near-infrared region [15,16]. The unique properties of UCNPs facilitate their complexation with other nanomaterials, such as gold nanoparticles, carbon dots, fluorescent dyes, photosensitizers, graphene, and graphene oxide [17–19]. UCNPs absorb the emission from these nanomaterials via fluorescence resonance energy transfer (FRET) and thus can be used in related fields.

These advantages give UCNPs broad application potential in the field of biomedicine, particularly for the early diagnosis and treatment of cancer [20,21], as demonstrated in numerous studies. There are many reviews describing the systematic synthesis, characterization, and application of UCNPs [22–24]. However, there are relatively few systematic reviews of UCNPs in the field of cancer, preventing their application by researchers in the field of nano-oncology [25–27]. Therefore, we systematically classified and described recent studies of UCNPs in the field of cancer diagnosis and treatment. We first introduce the principle of FRET based on UCNPs and summarize the application of UCNPs for analyzing biologically active substances and heavy metal ions at the subcellular level. Next, we describe the use of UCNPs for cell detection, focusing on targeting cancer cell imaging, multimodal imaging of cancer cells, and UCNPs for *in vivo* and *in vitro* photodynamic therapy (PDT) and photothermal therapy (PTT) of cancer cells. Finally, problems of and challenges related to using UCNPs for cancer detection and treatment are described. This article provides powerful theoretical guidance for researchers in the field of nano-oncology.

2. Biological detection

In recent years, chemical biosensors based on the principle of FRET have been widely used in biomedical and other fields [28,29]. FRET is a mechanism in which energy transfer occurs between two light-sensitive molecules (chromophores). A donor chromophore, initially in its

electronic excited state, may transfer energy to an acceptor chromophore through nonradiative dipole–dipole coupling. FRET efficiency can be measured to determine whether two fluorophores are within a certain distance of each other. These measurements are used in studies in the fields of biology, chemistry, and nano-oncology.

FRET is an important method for adjusting the UCL emission spectra of multicolor imaging [30]. By coupling UCNPs with metal nanoparticles (such as Au nanoparticles) or organic fluorophores, FRET can be achieved. Using UCNPs as donors and fluorophores or Au nanoparticles as receptors, researchers can design chemical sensors with high sensitivity for detecting biological molecules [31]. In 2005, Li et al. first conducted FRET based on UCNPs for biological detection [32].

Since then, an increasing number of studies of various biosensor-related studies based on the FRET principle has been conducted. Zijlmans and collaborators first conjugated UCNPs with NeutrAvidin. The conjugate was successfully used to detect prostate-specific antigen in tissue sections and the CD4 membrane antigen on human lymphocytes [33]. In a FRET system, when absorption of the energy acceptor is close to the emission of the phosphor and donor and the acceptor are close enough, emission from the energy donor (UCNPs) will be quenched by the energy acceptor. According to this theory, Wang and co-workers fabricated a FRET system that combined $\text{Na}(\text{Y}_{1.5}\text{Na}_{0.5})\text{F}_6:\text{Yb}^{3+},\text{Er}^{3+}$ UCNPs and gold nanoparticles. The FRET system sensitively detected trace amounts of avidin [32]. Mao et al. used $\text{NaYF}_4:\text{Yb},\text{Er}$ UCNPs (30–70 nm in diameter) and gold nanoparticles (Au NPs, 18–33 nm in diameter) to develop a sandwich-type FRET system for detecting goat antihuman immunoglobulin G (IgG). The fluorescence change in the FRET system was linearly correlated with the concentration of goat antihuman IgG in the range of 3–67 $\mu\text{g}\cdot\text{mL}^{-1}$. The detection limit of the system was low, reaching 0.88 $\mu\text{g}\cdot\text{mL}^{-1}$. This study demonstrated that the fabricated FRET system was applicable for detecting trace proteins (Fig. 1) [34]. Liu and his team constructed a novel sensor based on FRET from PAA-functionalized $\text{NaYF}_4:\text{Yb},\text{Er}$ UCNPs (particle size of approximately 50 nm) to graphene oxide (GO). The fabricated FRET system sensitively detected glucose in serum samples without background interference (Fig. 2) [35].

Based on the principle of FRET, a sensor built on the UCNP surface modified with the proper molecules for detection in the biological and chemical field and showed good application prospects. Duan and his team synthesized facial layer-by-layer engineered UCNPs for near-infrared (NIR)-initiated tracking and the delivery of small interfering RNA (siRNA) to ovarian cancer cells showing multidrug resistance (MDR).

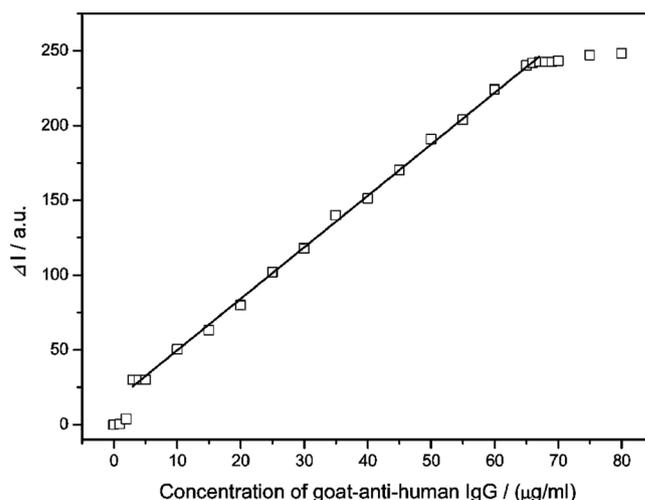


Fig. 1. Linear relationship between the quenching of UC fluorescent intensity (ΔI) at 542 nm and concentration of goat antihuman IgG. (Reprinted with permission from ref. [34]. Copyright 2009 American Chemical Society).

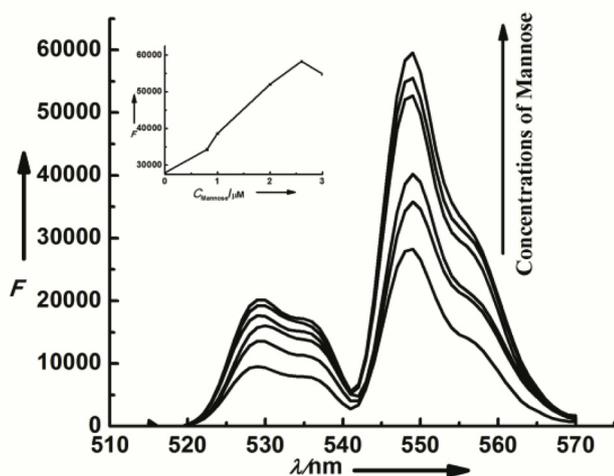


Fig. 2. Fluorescence emission spectra of the GO-CS-ConA-UCP complex in the presence of different concentrations of mannose (0.8–3.0 μM) in Tris-HCl (0.01 M, pH 7.4) buffer. Inset: mannose concentration dependence of UCP fluorescence. (Reprinted with permission from ref. [35]).

The delivery vehicle enhanced the cellular uptake of MDR1-siRNA, protected MDR-siRNA from nuclease degradation, and promoted endosomal escape to silence the MDR gene. The UCNP were used to monitor the MDR1-siRNA biological process by NIR-initiated FRET between the donor UCNP and acceptor fluorescence dye-labeled MDR1-siRNA [36]. Kuang et al. fabricated DNA-driven gold nanoparticles (Au NPs, 20 ± 3 nm, aspect ratio 1:1.2) and $\text{NaGdF}_4:\text{Yb}^{3+}, \text{Er}^{3+}$ UCNP

(UCNP, 19 ± 3 nm) pyramids to detect microRNA (miRNA) in real-time. The Au-UCNP pyramids displayed strong plasmonic circular dichroism (CD) at 521 nm and significant luminescence at 500–600 nm. They demonstrated that the CD intensity had an outstanding linear range from 0.073 to 43.65 fmol/10 μg_{RNA} and limit of detection of 0.03 fmol/10 μg_{RNA} , whereas the luminescence intensity ranged from 0.16 to 43.65 fmol/10 μg_{RNA} with a limit of detection of 0.12 fmol/10 μg_{RNA} . This method provided a new approach for ultrasensitive detection and quantification of miRNA in living cells (Fig. 3) [37].

Based on a similar principle, UCNP showed very good potential for chemical detection. Zhang and his collaborators synthesized thiazole-derivative-functionalized $\text{NaYF}_4:20\%\text{Yb}, 1.8\%\text{Er}, 0.5\%\text{Tm}$ UCNP (average diameter of approximately 25 nm). They used the upconversion emission intensity ratio as a ratiometric signal to analyze Hg^{2+} in living cells. The results demonstrated that the prepared nanosystem could be used to monitor changes in Hg^{2+} in living cells with low cytotoxicity (Fig. 4) [38]. Sun and co-workers prepared a fluorescent

probe by conjugating Nile red derivative (NRD) with polymer-modified NaGdF_4 -coated $\text{NaYF}_4:\text{Yb}, \text{Er}, \text{Tm}$ UCNP (approximately 41 in diameter). In this nanostructure, the UCNP served as the energy donor while NRD was the energy acceptor, leading to efficient FRET. These FRET nanoprobes exhibited high selectivity and sensitivity for detecting Fe^{3+} in water and living cells (Fig. 5) [39]. Liu and his team constructed a new UCNP probe through

< InlineShape1 > heavy metal ion-induced quenching. Their results showed that heavy metal ions could quench the UCL by > 95% without spectral overlap. This nanoprobe was able to sensitively detect bi thiols in living cells and tissues and was a powerful tool for studying biological events associated with changes in bi thiol contents [40].

Other groups carried out detection of nucleic acid, DNA, glucose, and human chorionic gonadotropin using UCNP and obtained promising results [41–44]. Liu and co-workers constructed a new type of pH sensor using UCNP as the core and silica as the shell to graft bovine serum albumin as another shell (UCNP@ SiO_2 @BSA). This core-shell-shell structure provides a large surface for loading various pH-sensitive dyes, such as bromothymol blue and rhodamine B. The sensitivity of a sensor with this structure is several tens of fold greater than the sensitivity of the ratio fluorescence method while retaining good stability in a high-ion-concentration environment. Because the use of near-infrared excitation light at 980 nm can effectively avoid the background fluorescence interference of biological samples, the prepared sensor can be widely applied for pH detection in various biological samples [45]. Other research groups carried out similar studies and achieved satisfactory results [46–49].

3. Detection of cells

Upconversion luminescent nanomaterials have a high signal-to-noise ratio and sensitivity in biology and tumor cell imaging because of the lack of background fluorescence interference. Studies of UCNP for staining imaging at the cellular level first began in 1999. Zijlmans et al. used the $(\text{Y}, \text{Yb}, \text{Tm})\text{O}_2\text{S}$ and $(\text{Y}, \text{Yb}, \text{Er})\text{O}_2\text{S}$ (with a size distribution of 200–400 nm) with different luminescent colors to convert phosphorescent nanoparticles for imaging of cells and to stain tissue sections [33]. They compared the results of UCNP with those obtained using the conventional dye molecule fluorescein isothiocyanate. The results showed that fluorescein isothiocyanate imaging exhibited strong background fluorescence even in the absence of cells, which was not observed for UCNP. Additionally, they studied the fluorescence stability of UCNP and observed no photobleaching phenomenon in the nanoparticles, indicating that UCNP are particularly suitable for long-term tracking applications of cancer cells. Zhang and collaborators synthesized silicon-encapsulated UCNP for use as cell-tracking imaging reagents. After injecting the UCNP into mice through the tail vein, a signal was observed from the UCNP in the ear vessels of the mice

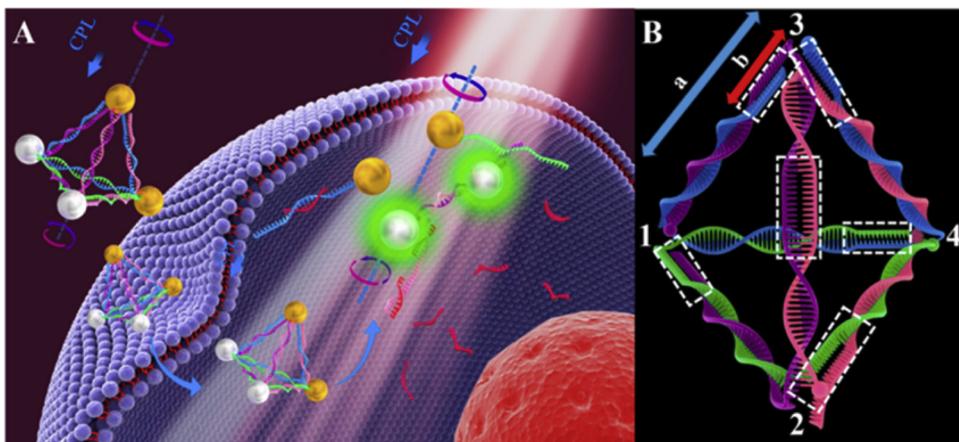


Fig. 3. (A) Working principle of Au-UCNP pyramids for miRNA detection and (B) nucleic acid skeleton of pyramid used for miRNA detection^a a3, 4 are linked with Au NPs; 1, 2 are linked with UCNP. Part a: Recognition sequence of miRNA; part b: non-complemented part (enclosed by white dashed line). (Reprinted with permission from ref. [37]. Copyright 2016 American Chemical Society).

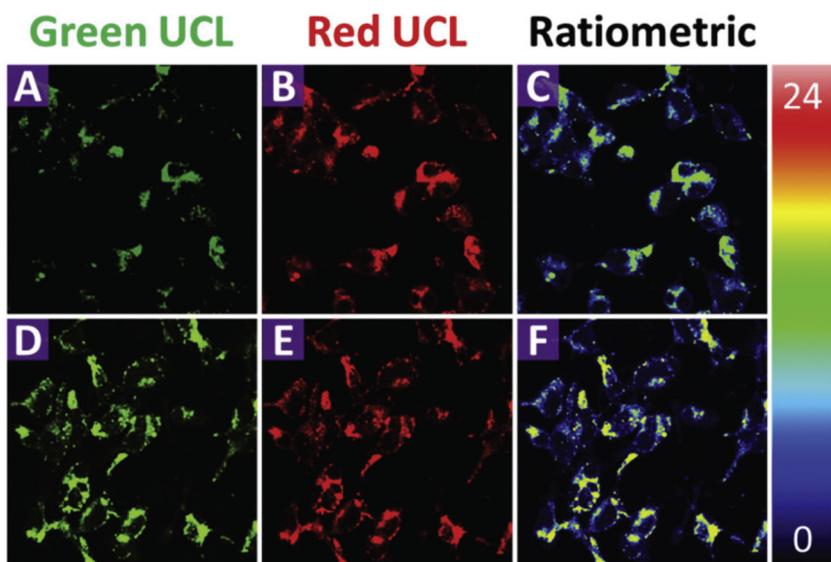


Fig. 4. Ratiometric UCL images in HeLa cells (top, A–C) and 200 μM Hg^{2+} -treated HeLa cells (bottom, D–F) incubated with 0.5 mg mL^{-1} of 2-UCNPs for 180 min. Emission was collected by both the green channel at 500–560 nm (A and D) and red channel at 600–700 nm (B and E). (C and F) Ratiometric UCL images with the ratio of green to red channels. (Reprinted with permission from ref. [38]).

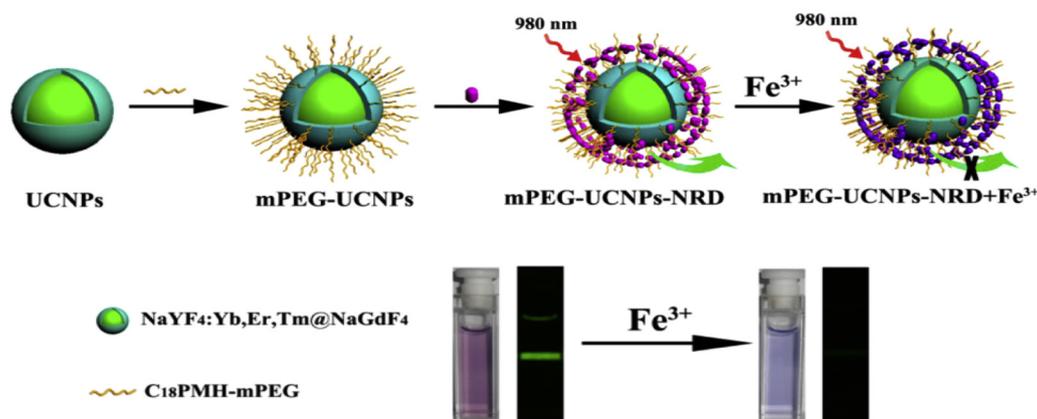


Fig. 5. mPEG-UCNPs-NRD and their application in detecting Fe^{3+} based on changes in UCL emission (Reprinted with permission from ref. [39]. Copyright 2016 American Chemical Society).

[50,51]. Since then, UCNPs imaging has attracted wide attention, and related research reports have increased rapidly [52,53].

At the imaging level of living tissue, Lim et al. first imaged the digestive system of the nematode worm *Caenorhabditis elegans* using UCNPs [54]. In 2007, Zhang and his group first demonstrated the application of UCNPs-based PDT in MCF-7/AZ breast cancer cells [55]. In 2008, Zhang and co-workers subcutaneously injected PEI-coated $\text{NaYF}_4:\text{Yb,Er}$ and PEI-modified $\text{NaYF}_4:\text{Yb,Tm}$ UCNPs with a particle size of approximately 50 nm into mice. Fluorescence imaging was conducted to observe the distribution of UCNPs in mice under NIR excitation at 980 nm [56]. In the same year, the Nyk team first conducted UCL imaging in BALB/c mice by observing the distribution of UCNPs following intravenous injection into mice. The results showed that UCNPs were mainly distributed in the liver and spleen of the mice. Their experiments also demonstrated that UCL imaging does not exhibit tissue autofluorescence compared to conventional down-converted luminescent materials, such as quantum dots and organic dyes [57].

Additionally, UCNPs show minimal autofluorescence from biological tissues, enabling improved imaging sensitivity in biological systems. Therefore, UCNPs have attracted great attention as nanoprobes for tracking stem cells. Ma and co-workers synthesized and used $\text{NaYF}_4:\text{Yb}^{3+},\text{Er}^{3+}$ UCNPs to label and track rabbit bone marrow mesenchymal stem cells (rBMSCs). The prepared UCNPs nanoprobes effectively tracked rBMSCs during the osteogenesis process [58]. Zhao et al. prepared polythyleneimine (PEI) covalently conjugated (α -

$\text{NaYF}_4:\text{Tm}^{3+}$)/ CaF_2 UCNPs (PEI-UCNP) and used the fabricated PEI-UCNP to label rat mesenchymal stem cells (rMSCs). Their study demonstrated that PEI-UCNP does not influence the normal early proliferation of rMSCs or leak from the cells. Moreover, PEI-labeled rMSCs cells underwent osteogenic and adipogenic differentiation upon *in vitro* induction [59]. Li and co-workers developed a multifunctional nanocarrier based on UCNPs, which was conjugated to the peptide (Cys-Arg-Gly-Asp, CRGD) and the differentiation-inducing kartogenin (KGN) via a photocaged linker. The luminescent UCNPs nanoparticle carrier was used for long-term tracking of labeled hMSCs *in vivo*. Under NIR irradiation, chondrogenic differentiation of the subcutaneously implanted hMSCs treated with the built nanocarrier was induced. Their results demonstrated that UCNPs nanocarriers are promising and powerful tools for studying the mechanism of stem cells *in vivo* [60]. Similarly, Liu et al. synthesized UCNPs as an exogenous contrast agent to track mouse MSCs *in vivo*. They found that as few as 10 cells labeled with UCNPs could be accurately detected *in vivo*. Thus, UCNPs are a new type of ultra-sensitive probe useful for labeling and tracking stem cells at nearly the single-cell level [61].

4. Tumor-targeted molecular imaging

Tumor-targeted molecular imaging plays a very important role in the diagnosis and treatment of cancers. Because of their unique optical properties, UCNPs are widely used for active targeted imaging of

tumors. In 2009, Li and co-workers were the first group to achieve UCNP-based tumor-targeted imaging [62]. In two different studies, they coupled UCNP with folic acid and RGD sequences [62,63]. After 1 day of intravenous injection of FA-UCNP into nude mice carrying HeLa cell tumors, significant UCL signals were observed at the tumor site, whereas no signal was observed in the control group. In a subsequent study, the research group connected a neurotoxin to the UCNP surface. Because neurotoxins have a high affinity for tumor cells, the nanoprobe achieved targeted UCL imaging of the tumor cells [64]. These studies confirmed that UCNP can be used as a molecular probe for targeting tumor diagnosis.

Based on antigen-antibody and ligand-receptor interactions, UCNPs can specifically label cells, thus enabling active targeting imaging. Zhang et al. used UCNPs to label cancer cells in 2008. They prepared PEI-coated $\text{NaYF}_4:\text{Yb},\text{Er}$ NPs, which are well-dispersed spherical NPs with a mean diameter of approximately 50 nm and can emit strong upconversion fluorescence under excitation with 980 nm photons. The PEI-coated UCNPs were further conjugated to folic acid to fabricate UCNP nanoprobes. The constructed UCNP nanoprobes accurately targeted human HT29 adenocarcinoma cells and human OVCAR3 ovarian carcinoma cells overexpressing folate receptors on the cell surface (Fig. 6) [56]. Mao and co-workers prepared amino-modified $\text{NaYF}_4:\text{Yb},\text{Er}$ UCNPs coated with silica. The prepared UCNPs were further combined with a rabbit anti-CEA8 antibody to form antibody-UCNP conjugates. Antibody-UCNP conjugates were used to effectively immunolabel and image HeLa cells and were examined in both *in vitro* and *in vivo* nanomedicine studies [65]. Shi and co-workers successfully developed stable upconversion immune- nanohybrids based on $\text{NaYF}_4:20\%\text{Yb}^{3+}/2\%\text{Er}^{3+}$ UCNPs (27 ± 8.2 nm in diameter). The UCNP nanoprobes specifically detected prostate cancer cells with stable and background-free luminescent signals. This work provided a versatile strategy for developing a UCNP platform for sensitively detecting diseased cells (Fig. 7) [66].

Wang and Xu et al. prepared $\text{NaYF}_4:\text{Yb},\text{Er}$ UCNPs via a microwave-assisted solvothermal approach. The UCNPs were coupled with a CEA-8 antibody to form an immunobioprobe, which was successfully applied for specific fluorescent immunolabeling and imaging of HeLa cells [67]. Veggel and his collaborators synthesized PEG-coated core/shell NaYF_4 NPs through a chemical route. The NPs probes were used to image a line of ovarian cancer cells (CaOV3) [68]. Other groups also studied the

use of UCNPs for labeling cancer cells and obtained promising results [69,70]

5. Multimodal imaging

With the development of medical imaging technology and improvement in clinical practical needs, single-modal imaging has become increasingly unable to meet the clinical needs. Therefore, multimodal imaging technologies are urgently needed. The imaging of traditional down-converting fluorescent material exhibits a serious photobleaching phenomenon and poor tissue penetration ability because it requires excitation with high-energy ultraviolet light. Additionally, down-converted nanomaterials are also susceptible to tissue autofluorescence interference and have low imaging sensitivity. UCL imaging shows no background fluorescence interference and has high imaging sensitivity, but its spatial resolution is low. Another important imaging technology, magnetic resonance imaging (MRI), is mainly tomography with strong tissue penetration, but the imaging sensitivity is low. Recently, new imaging technologies such as computed X-ray tomography (CT) imaging and positron emission spectroscopy (PET)-single-photon emission CT (SPECT) imaging have been developed very rapidly. Next, based on the conversion fluorescence imaging described above, combined with other imaging methods, we briefly summarize the progress of multimodal imaging based on UCNPs.

Multimodal imaging combines several different imaging modes to overcome the limitations of each single imaging method. Multimodal imaging technology has received much attention in the field of biomedical imaging. Gd^{3+} compounds are a very effective class of magnetic resonance contrast agents. By doping with the element Gd, many upconversion materials are endowed with both UCL imaging and MRI capabilities. Hyeon's group achieved dual-modal imaging of breast cancer cells (SK-BR-3) using $\text{NaGdF}_4:\text{Yb}/\text{Er}$ upconverting UCNPs (Fig. 8) [71].

Li's research group prepared a water-soluble NaGdF_4 upconversion luminescent nanomaterial by oxidizing the surface of oleic acid. The UCNPs were used for MRI/UCL dual-modal imaging at the living body level, exhibiting high imaging sensitivity without significant biological toxicity [72]. Subsequently, the research team used radioactive ^{18}F to replace some of the F ions in NaGdF_4 to prepare a multifunctional upconversion luminescent nanomaterial. The UCNPs successfully

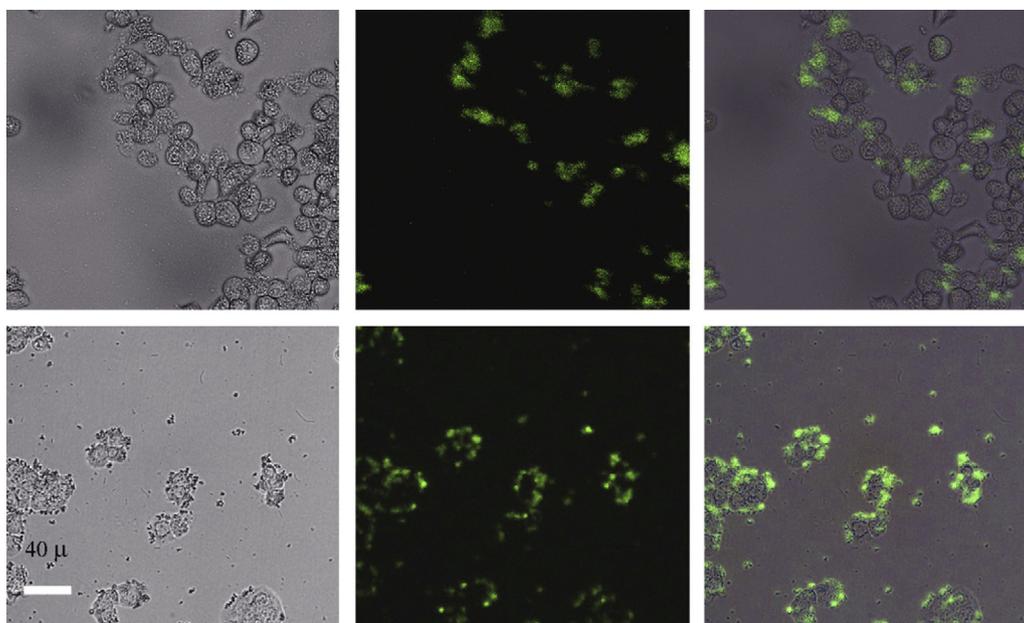


Fig. 6. Bright field, confocal, and superimposed images of live human ovarian carcinoma cells (OVCAR3, top row) and human colonic adenocarcinoma cells (HT29, bottom row), with PEI/ NaYF_4 nanoparticles attached. The nanoparticles were surface-modified with folic acid. (Reprinted with permission from ref. [56]).

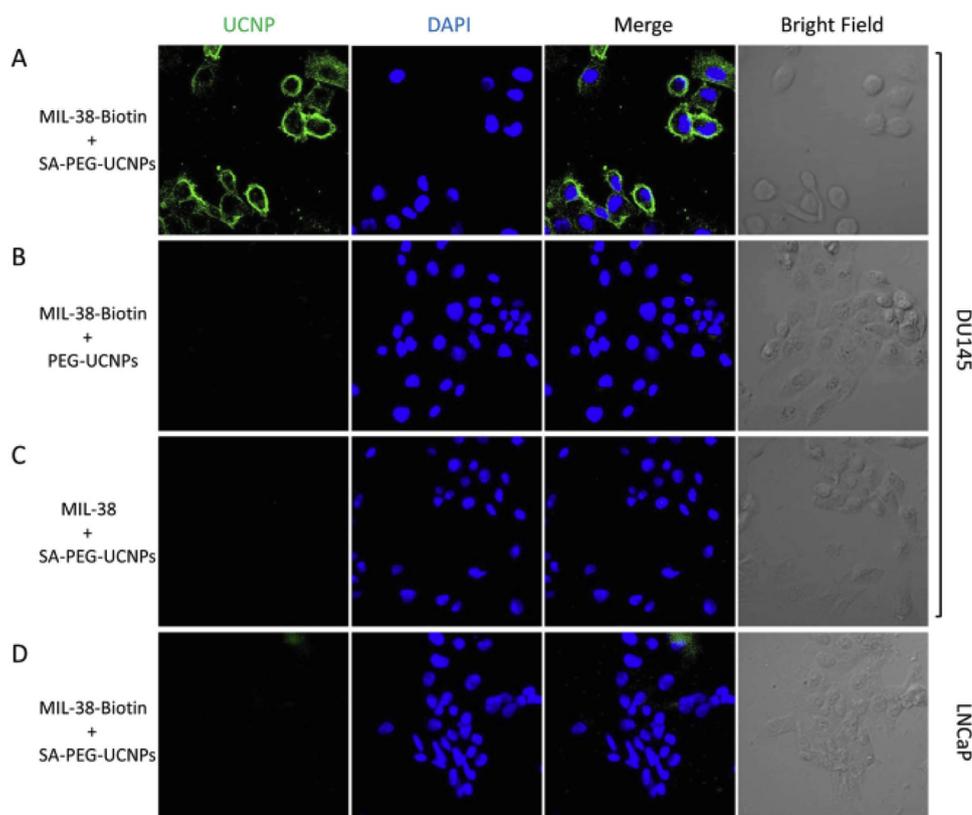


Fig. 7. Confocal upconversion fluorescence imaging of (A) SA-PEG-UCNPs + biotinylated MIL-38 (MIL-38-Biotin)-labeled DU145 prostate cancer cells; (B) PEG-UCNPs + MIL-38-Biotin-labeled DU145 prostate cancer cells; (C) SA-PEG-UCNPs + MIL-38-labeled DU145 prostate cancer cells; (D) SA-PEG-UCNPs + MIL-38-Biotin-labeled LNCaP prostate cancer cells. Green and blue colors represent upconversion fluorescence signals and blue fluorescence from UCNPs and DAPI, respectively. (Reprinted with permission from ref. [66]).

achieved trimodal imaging via UCL/MRI/radioactive labeling for the first time at the living body level [73].

Prasad and co-workers synthesized NaYF_4 nanoparticles co-doped with various rare-earth ions (Eu^{3+} , Er^{3+} , Yb^{3+} , Gd^{3+}). The prepared UCNPs (size distribution in the range of 25–30 nm) were colloiddally

stable and easily detectable by both MR and optical imaging. These UCNPs were further functionalized by anti-claudin 4. The fabricated UCNPs exhibited excellent targeted imaging of living cancer cells under MR and optical modes (Fig. 9) [74]. They next fabricated an NaGdF_4 shell on the surface of $\text{NaYbF}_4:\text{Tm}^{3+}$ nanocrystals, which resulted in an

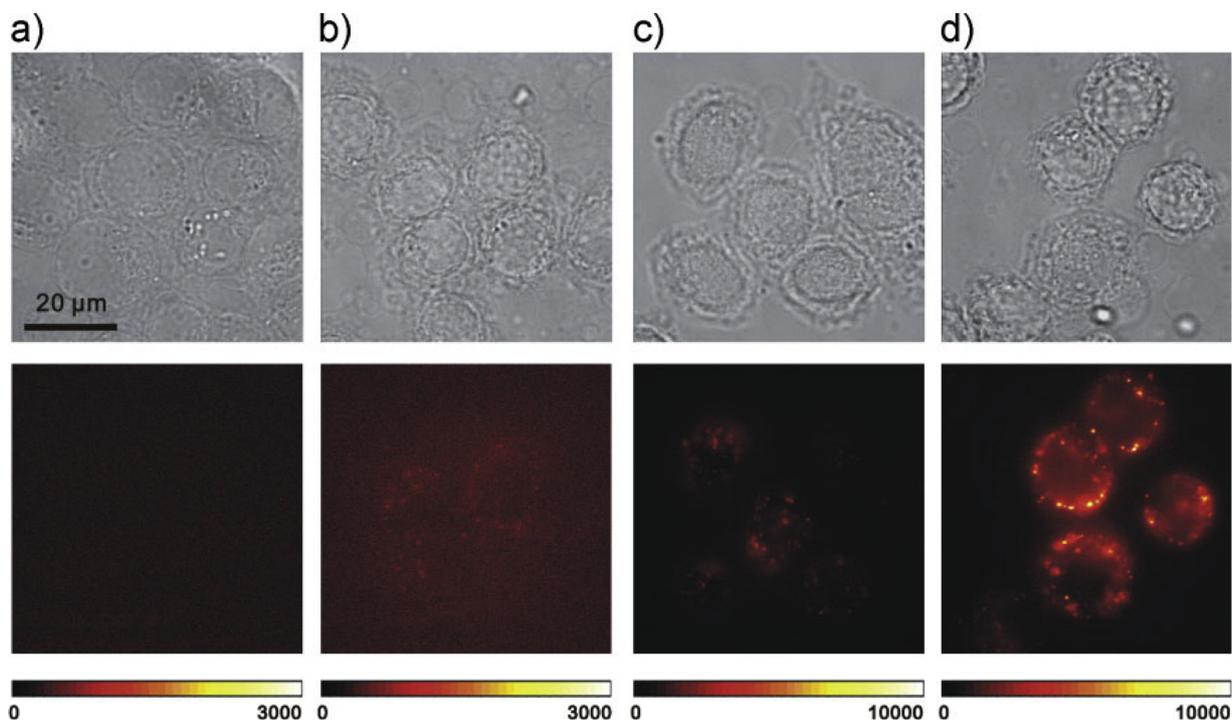


Fig. 8. Cellular uptake of 20-nm UCNPs in SK-BR-3 cells. (Top row) Bright field images. (Bottom row) Luminescence images with the excitation at 980 nm and the detection at 400–700 nm. Cells were incubated with the UCNPs with $100 \text{ mg } \mu\text{L}^{-1}$ of Gd^{3+} concentration at 37°C . a) Cells incubated without UCNPs, showing no autofluorescence. Incubation time was b) 30 min, c) 2 h, d) 4 h. (Reprinted with permission from ref. [71]).

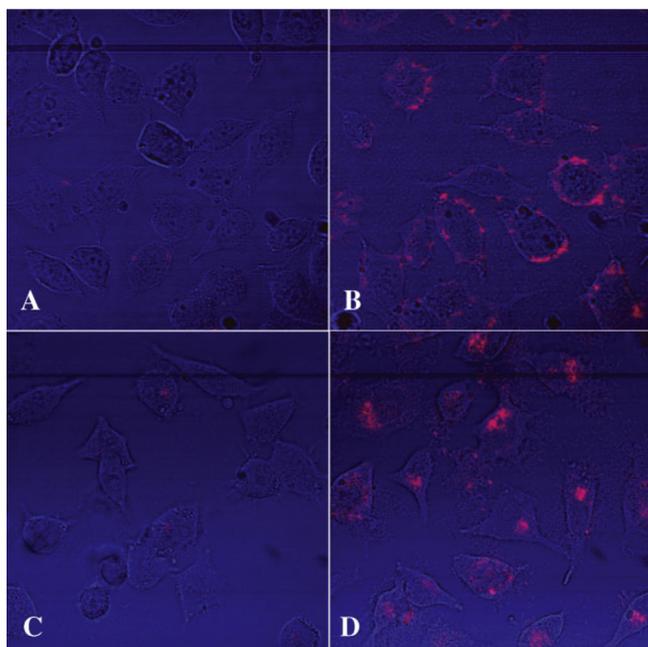


Fig. 9. Confocal images of Panc 1 cells treated with UCNPs (NaYF_4 : 2% Er^{3+} , 10% Yb^{3+} , 10% Gd^{3+} ; A, B) and DCNPs (NaYF_4 : 10% Eu^{3+} , 10% Gd^{3+} ; C, D). (A) and (C) show non-bioconjugated nanophosphors, (B) and (D) show cells targeted with nanophosphors conjugated with anti-claudin 4 and anti-mesothelin, respectively. (Reprinted with permission from ref. [74]).

approximately three-fold increase in the fluorescence intensity of the UCNPs. The UCNPs probes are an efficient contrast agent because of the combined presence of optical and MR imaging capabilities [75]. Li and collaborators prepared core-shell structured NaYF_4 : Yb^{3+} , Tm^{3+} @ Fe_xO_y nanocrystals, which integrated UCL and magnetic function in a nanoparticle. The prepared nanoparticles were used to accurately label KB cells by MR and UCL dual-modal imaging [76].

Compared to the limitation of low sensitivity and relatively low penetration in tissue of luminescence, PET shows the highest sensitivity and tissue penetration and is widely used for bioimaging *in vivo* in living subjects. Therefore, Zeng and co-workers prepared sub-10-nm BaLaF_5 : $\text{Mn}/\text{Yb}/\text{Er}$ UCNPs for dual-modal X-ray and UC imaging using a solvothermal method. The UCNPs were used to label HeLa cells. In *in vivo* experiments, simultaneous X-ray and UC imaging of a nude mouse illustrated that the UCNPs nanoprobe were effective dual-modal bioprobes [77]. Shi and co-workers fabricated silica-shielded, magnetic upconversion, fluorescent oligomers with controlled particle size and size distribution. They subcutaneously injected the silica-shielded, magnetic upconversion, fluorescent oligomer probes into the tumor site and obtained satisfactory dual-modal MRI and upconversion imaging results [78]. Li and his collaborators prepared ^{18}F -labeled rare-earth nanoparticles (NaYF_4 : Yb^{3+} , Tm^{3+} , approximately 20 nm in diameter) through a facile inorganic reaction between rare-earth cations and fluoride ions. The UCNPs exhibited good imaging capability for mice using the UCL/PET modality (Fig. 10) [79]. Yang et al. used a similar technique to synthesize NaLuF_4 : ^{153}Sm , Yb , Tm nanoparticles. These UCNPs exhibited very low cytotoxicity and excellent *in vitro* and *in vivo* performance in UCL/SPECT dual-modal imaging. The dual-functional UCNPs provided a facile platform for ultra-sensitive molecular imaging on the cellular scale to the whole-body level [80].

Shao and co-workers developed a Fe_3O_4 @ NaLuF_4 : Yb , Er/Tm nanophosphor (MUCNP), which integrated upconversion luminescence, magnetic, and X-ray attenuation properties. The MUCNP displayed good performance in MR, CT, and UCL *in vivo* to obtain images of human cervical carcinoma (HeLa cell)-bearing mice [81]. Liu and co-workers used a similar approach to prepare oleic acid, aminocaproic

acid, and folic acid functionalized UCNPs. Before these ligands were coated onto the surface of UCNPs, Gd^{3+} was doped on the UCNPs through cation exchange. Moreover, radioactive $^{18}\text{F}^-$ for PET imaging was integrated on the UCNPs via interactions with rare-earth ions. The constructed UCNPs showed excellent upconversion luminescence properties, MR, radioactivity, targeted function, and biocompatibility. The multifunctional UCNPs were used to label breast cancer cells for cellular targeted imaging, MRI, *in vivo* upconversion luminescence, and PET imaging [82].

The combination of nanotechnology with optical, CT and MRI technology can overcome the limitations of single imaging technology and combine the advantages of several imaging technologies, and has great application potential in the field of tumor diagnosis and treatment. Therefore, Deng and co-workers constructed a multimodal PEGylated Mn^{2+} -doped NaLuF_4 : Yb/Er nanocontrast agent with deep tissue imaging as well as excellent UCL, CT, and MRI imaging capabilities. Additionally, surface modification with PEG gives this nanoprobe excellent biocompatibility for applications in clinical practice [83]. Therefore, the dual-modal and multimodal UCNPs probes show great potential for use in early cancer diagnosis [84–87].

6. PDT based on UCNPs

The UCNPs can convert two or more low-energy NIR photons into a higher-energy photon through a non-linear anti-stokes process [88,89]. The combination of UCNPs with other functional moieties can endow them with highly enriched functionalities for imaging-guided cancer treatment [90–92]. The UCNPs may also be combined with anti-cancer drugs, photosensitizers (PS), or gold nanostructures for potential therapeutic application, including chemotherapy, PDT, and PTT [93]. Integrated UCNPs, which have emerged as a new class of theranostic agents in biomedicine, have attracted wide attention. They provide a completely new platform for the detection and treatment of cancer cells.

PDT has been successfully used for treating cancers [94,95]. Three major components are involved in PDT: light, photosensitizer, and oxygen. Upon excitation by a designed wavelength of light, photosensitizers can be selectively activated to generate cytotoxic ROS to induce cancer cell death [96,97]. Traditional photosensitizer molecules are often excited by visible or ultraviolet light, which is in the region of strong optical absorption and scattering in biological tissue. In contrast, the excitation light of UCNPs is in the near-infrared waveband and has deeper penetration depth in the tissue. Additionally, nanomaterials can carry photosensitizers or other drugs due to their unique physical and chemical properties, thus improving the efficiency of targeted delivery of the photosensitizer and PDT.

To date, numerous studies of PDT based on UCNPs have been reported. Zhang et al. prepared NaYF_4 :25% Yb^{3+} , 0.2% Er^{3+} oleic acid coated UCNPs (average diameter of approximately 30 nm) combined with Zn(II)-phthalocyanine (ZnPc) PS, which exhibited highly efficient singlet oxygen generation. The high $^1\text{O}_2$ production led to efficient PDT treatment of liver tumors in mice. Moreover, the short irradiation duration was effective for image-guided PDT and inhibited liver tumor formation (Fig. 11) [98]. Wang and co-workers loaded Chlorin e6 (Ce6) onto polymer-coated UCNPs to form a UCNP-Ce6 supermolecule complex. Excellent PDT efficacy was achieved in 4T1 murine breast cancer upon intratumoral injection of UCNP-Ce6 under NIR excitation [99]. Zeng and co-workers synthesized tetra-sulfonic phthalocyanine aluminum (AlPcS₄) photosensitizer-conjugated Fe_3O_4 @ NaY_4 : Yb/Er (NPs-AlPcS₄) nanocomplexes. Under excitation irradiation at 980 nm, up to 70% of the MCF-7 cells incubated with NPs-AlPcS₄ were killed [100]. Later, the same group further constructed FA-targeted NaGdF_4 : Yb/Tm @ SiO_2 @ TiO_2 nanocomposites (FA-Gd-Si-Ti NPs) for *in vivo* MRI and PDT. The obtained nanocomposites not only exhibited T-weighted MRI performance but also showed a clear signal in MCF-7 tumors. Under irradiation with a 980-nm laser, the viability of HeLa and MCF-7 cells

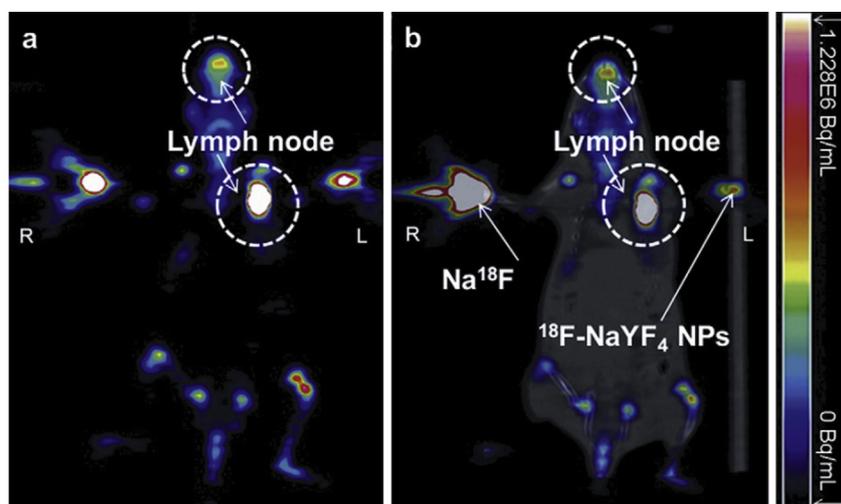


Fig. 10. PET imaging (a) and PET/CT imaging (b) of lymph node 30 min after subcutaneous injection of ^{18}F -UCNPs. Thirty minutes after subcutaneous injection of 740 kBq/0.05 mL ^{18}F -UCNPs into the left paw footpad, the signal in the lymph node reached its peak intensity, which was maintained for 60 min post-injection. In contrast, as a control free ^{18}F ions injected into the right paw showed no lymphatic imaging ability. (Reprinted with permission from ref. [79]).

dramatically decreased. Moreover, for *in vivo* PDT of MCF-7 tumor-bearing nude mice, the inhibition ratio of mice injected with FA-Gd-Si-Ti NPs reached 88.6% after 2 weeks of treatment [101]. To avoid the overheating effects of UCNPs, they further constructed an 808-nm-excited upconversion nanocomposite (T-UCNPs@Ce6@mSiO₂). The nanoprobe greatly improved the uptake by HER2-positive cells and tumors and showed excellent MRI and PDT efficacy in MDA-MB-435 tumor-bearing nude mice [102].

Li and co-workers built a core/shell structure of Yb/Tm/GZO@SiO₂ UCNPs, which can produce a multistep cascade energy transfer from the silica shell to Ga-doped Yb/Tm/ZnO. Compared to the UCL of Yb/Tm/ZnO UCNPs, the UCL intensity of Yb/Tm/GZO@SiO₂ was enhanced by approximately seven-fold. Under excitation with a 980-nm laser, the upconversion energy transfer efficiency of the UCL-optimized core/shell UCNPs was as high as 81%, and showed excellent PDT effects on HeLa cells [103].

Han and co-workers developed highly Yb-doped UCNPs with a biocompatible CaF₂ shell. 5-Aminolevulinic acid and protoporphyrin IX were further conjugated with UCNPs. The nanocomposites exhibited strong singlet oxygen generation and up to 70% cell death after 20 min of NIR irradiation. Additionally, the nanocomposites significantly reduced the tumor size even at below 12 mm in pork tissue in *in vivo* experiments using mice models [104]. Liu et al. prepared magnetic and fluorescent UCNPs for simultaneous MRI/UCL dual-imaging and PDT. The prepared UCNPs were not only useful for imaging of nasopharyngeal carcinoma CNE-2 cells but also achieved excellent PDT effects [105]. Scientists have shown that the spectral mismatch between the upconverted emission maximum of UCNPs and absorption maximum of most available photosensitizers greatly limits the therapeutic efficacy of UCNP-PDT platforms. Sha and co-workers fabricated a UCNP-PDT platform excited with biobenzene 808-nm NIR which showed strong spectral overlap between the UCNP emission and absorption of zinc phthalocyanine photosensitizers. The prepared UCNP-PDT platform rapidly generated cytotoxicity under NIR excitation at an extremely low laser power density of only 0.6 W/cm². HeLa cancer cell spheroids 3 mm in diameter were effectively suppressed with a 65% decrease in cell viability following treatment with a UCNP-PDT platform. The spectrally matched UCNP-PDT platforms exhibited high suitability and effectiveness for cancer therapeutics [106].

Additionally, Liu and co-workers rationally designed a type of multi-tasking nanoparticle based on UCNPs. They simultaneously loaded Ce6, a photosensitizer, and imiquimod (R837), a Toll-like receptor 7 agonist, onto UCNPs. The UCNP-Cd6-R837 nanoparticles not only were useful for NIR-induced PDT to directly destroy mouse colon adenocarcinoma cell line (CT26) cells, but also stimulated immune responses by triggering dendritic cell maturation and cytokine

secretion. Combined with this with CTLA4 checkpoint blockage therapy, the fabricated UCNPs efficiently eliminated tumor cells directly exposed to PDT and inhibited distant tumors left behind after PDT by exerting strong anti-tumor immune responses [107]. Similar studies also demonstrated that UCNPs are an excellent facile PDT platform for treating cancer cells [108–110].

7. PTT based on UCNPs

PTT is another effective approach for cancer treatment. During this process, UCNPs absorb photon energy and dissipate the absorbed energy into the surrounding solution via intrinsic-to-external phonon-phonon coupling, with subsequent local overheating, which can induce protein denaturation and further kill tumor cells. Under dark conditions, non-toxic PTT reagents can be used for tumor targeting through careful design. Local irradiation by light at the tumor site can achieve the dual point of selective treatment. Therefore, compared with chemotherapy, PTT has good selectivity and specificity and a low incidence of side effects.

Among the various nanomaterials, superparamagnetic iron oxides (SPIONs) are another class of widely studied nanomaterials in MRI because of their special magnetic properties and good biocompatibility. SPIONs can be manipulated by an external magnetic field to the anticipated site for desired bioimaging and therapy [111]. Inspired by this idea, several groups coupled UCNPs with SPIONs to form simultaneous multimodal imaging and targeted therapies. Shao and Liu et al. coupled UCNPs with SPIONs to form multifunctional nanoparticles (MFNPs) [112]. These MFNPs were further conjugated with folic acid to fabricate nanoprobe. The as-prepared MFNP nanoprobe were used for accurate targeting in UCL and MR imaging of FR-positive human epidermoid carcinoma KB cells and for molecular and magnetic targeted PTT of cancer cells. They successfully used PEGylated MFNPs for *in vitro* targeted UCL, MR, and dark-field imaging; for molecular and magnetic targeted PTT of HeLa cancer cells; and as a contrast agent for *in vivo* dual-modal UCL/MR imaging in KB tumor-bearing mice. The MFNPs based on UCNPs are promising tools for multimodality imaging, cell tracking, and imaging-guided novel targeted cancer therapy. Researchers further designed MFNPs with highly integrated UCL, superparamagnetism, and strong optical absorption capability. The MFNPs based on Au-shelled UCNP-SPION nanocomposites (hydrodynamic diameter of 220 nm) were constructed and applied for *in vivo* UCL/MR dual-modal imaging-guided magnetically targeted PDT. The MFNPs accumulated in tumors and exhibited excellent results in *in vivo* dual-modal optical/MR imaging of mice. Moreover, NIR irradiation induced 100% tumor elimination in a murine breast cancer model by Au PTT in MFNPs [113].

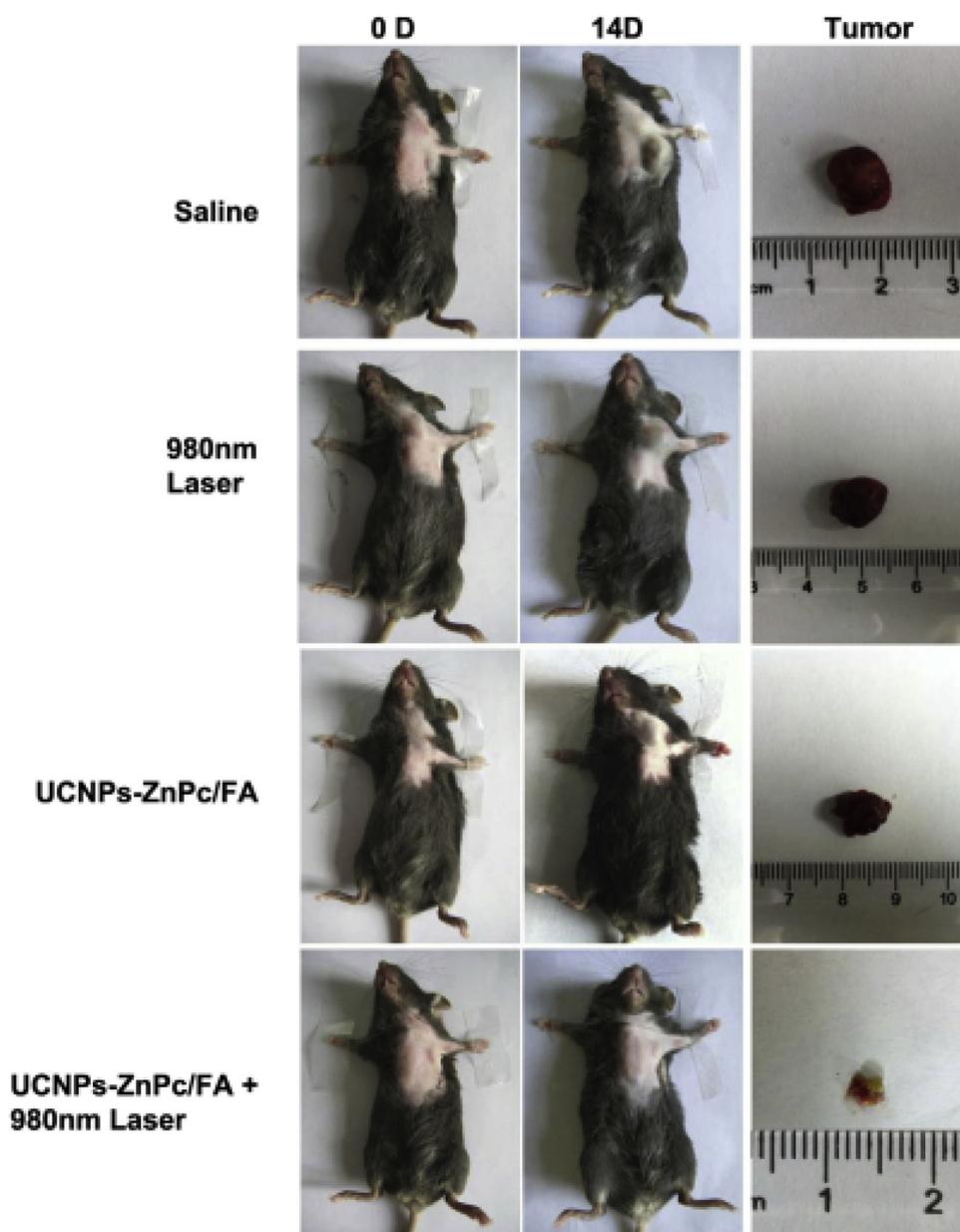


Fig. 11. Representative photos of mice and liver tumors before and after various treatments; photos of tumor tissue were obtained after 14 days. (Reprinted with permission from ref. [98]).

Silver is well-known to have strong plasmonic resonance performance. Song et al. prepared core-shell structured silver-coated $\text{NaYF}_4:\text{Yb,Er}$ nanoparticles. PTT with synthesized UCNPs was conducted *in vitro* using HepG2 cells from human hepatic cancer and BCap-37 cells under 980-nm NIR light, and the optimum mortality approached 95% with a power density of $1.5 \text{ W}\cdot\text{cm}^{-2}$, which is much lower than that reported for Au nanoshells and Au nanorods [114]. Zhu and co-workers prepared the (Fig. 12)

carbon-coated core-shell upconversion nanocomposite $\text{NaLuF}_4:\text{Yb,Er}@ \text{NaLuF}_4@ \text{Carbon}$ (csUCNP@C, diameter of approximately 77 nm). They found the carbon shell was an excellent photothermal agent for cancer therapy and simultaneously heated the nanocomposite under 730-nm laser irradiation. This nanocomposite selectively killed HeLa cancer cells at a mild apparent temperature without harming adjacent cells (Fig. 13) [115]. Hyeon et al. prepared hexagonal-phase $\text{NaYF}_4:\text{Yb,Er}/\text{NaGdF}_4$ core-shell UCNPs conjugated to Ce6, which were used for both *in vivo* UCL/MRI dual-modal imaging and PDT for cancer. The obtained multifunctional material system

enabled multimodal imaging and PDT for cancer [116]. Hu and collaborators prepared $\text{NaYF}_4:\text{Yb,Er}@ \text{polypyrrole}$ (PPy) core-shell nanoplates. The constructed nanoplates were an efficient PTT platform for *in vitro* and *in vivo* HeLa cancer cells guided simultaneously by CT imaging, UCL imaging, and infrared thermal imaging [117]. Their work provided a novel multimodal-imaging nanopatform for imaging-guided cancer therapy. The fabrication of $\text{LiYF}_4:\text{Yb}^{3+}/\text{Tm}^{3+}@ \text{SiO}_2$ UCNPs individually coated with a layer of chitosan hydrogel cross linked with a photocleavable crosslinker has drawn tremendous attention because these materials are excellent nanotransducers for converting longer visible (Vis) regions. This nanocomposite was also shown to be an excellent drug carrier, even under 2-cm thick tissue [118].

Kuang and co-workers constructed a plasmonic nanorod (NR) dimer-UCNP-Ce6 assembly for multimodal imaging-guided combination phototherapy. In this nanocomposite, the NR and UCNP were hierarchically engineered via DNA hybridization. *In vivo* experiments in mice showed that the nanocomposite accumulated in tumors through the enhanced permeability and retention effect and can

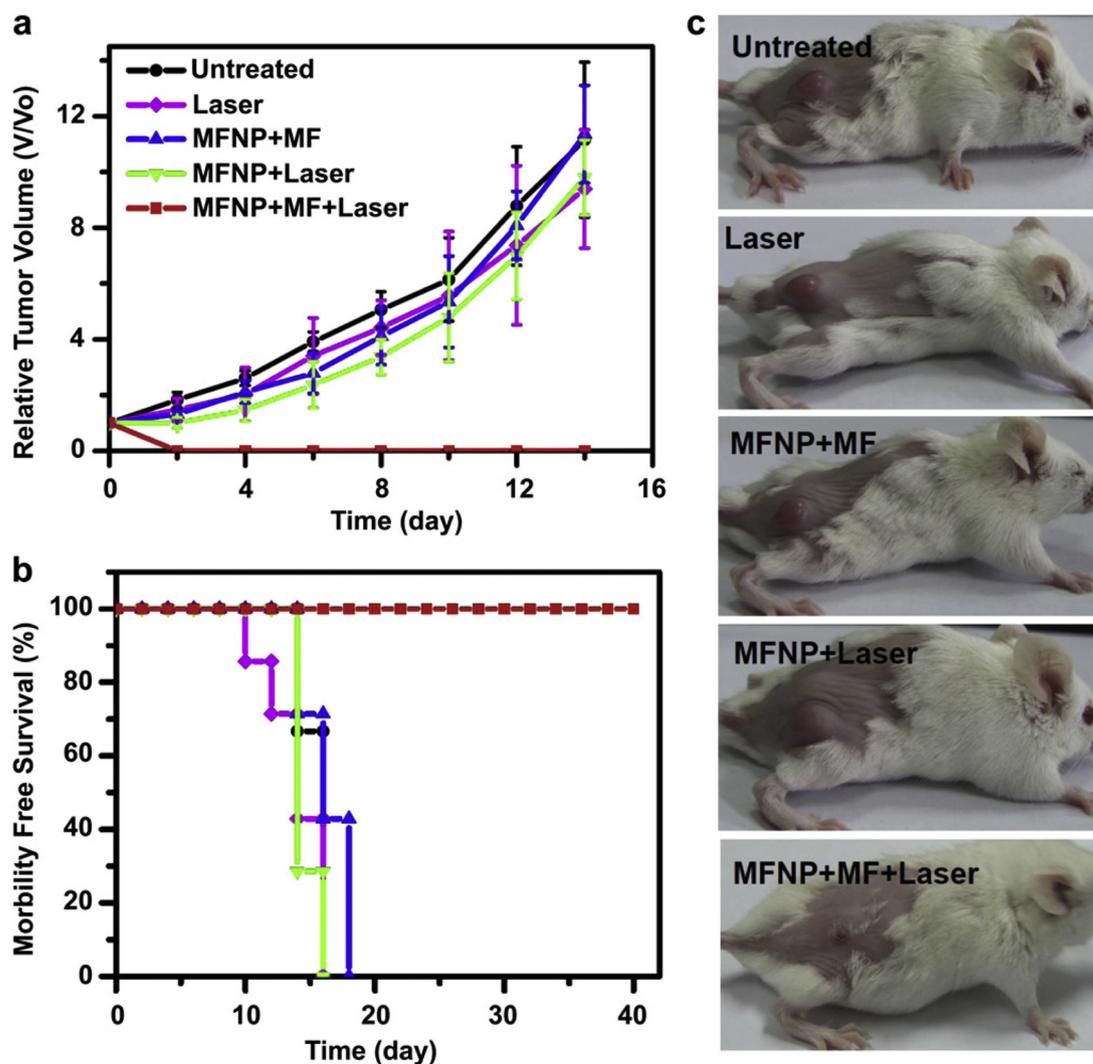


Fig. 12. *In vivo* magnetically targeted photothermal therapy. (a) Growth of 4T1 tumors in different groups of mice after treatment. Tumor volumes were normalized to their initial sizes. In the treatment group, 8 mice injected with MFNP-PEG were placed under a tumor-targeted magnetic field for 2 h and then exposed to an 808-nm laser at a power density of $1 \text{ W}\cdot\text{cm}^{-2}$ for 5 min. Four groups of mice (7 mice per group) were used as controls: (1) no MFNP injection and no laser (Untreated); (2) laser only without MFNP injection (Laser); (3) injected with MFNP under the magnetic field but without no laser irradiation (MFNP + MF); (4) injected with MFNP and exposed to the laser but without magnetic targeting (MFNP + Laser). Error bars show the SD. (b) Survival curves of mice bearing 4T1 tumors after various treatments indicated. MFNP-PEG injected mice with magnetic tumor-targeting after PTT treatment survived over 40 days with no deaths. (c) Representative photos of mice after various treatments indicated. (Reprinted with permission from ref. [113]).

serve as a multimodal agent for UCL, CT, PA, and MR imaging. Additionally, the nanocomposite, which can be switched on and off in the presence and absence of laser irradiation, was used with wavelength NIR light to shorter wavelengths spanning the UV range to the completely eliminate cervical cancer HeLa cells under NIR laser irradiation [119]. Xing and co-workers developed a new microenvironment-sensitive strategy for the localization of peptide-premodified UCNP within tumor areas. Based on the tumor-specific cathepsin protease reaction, peptide cleavage induced covalent cross-linking between the exposed cysteine and 2-cyanobenzothiazole on neighboring particles, thus triggering the accumulation of UCNP at the tumor site. The UCNP exhibited strong tumor inhibition performance under 808-nm irradiation [120]. Lin et al. developed novel multifunctional GdOF:Ln@SiO₂ mesoporous capsules using UCL GdOF:Ln as cores and mesoporous silica layer as shells decorated with carbon dots (Gd(OH)_x(CO₃)_yF₂:Ln@C@SiO₂, approximately 280 nm in width and 500 nm in length), conjugated with ZnPc and doxorubicin (DOX). The system was endowed with excellent UCL imaging, MRI, and CT imaging properties and killed cancer cells (Fig. 14) [121]. Therefore, the UCNP nanoplatfrom is a powerful tool for treating cancer cells.

8. Drug delivery based on UCNP

UCNP can deliver drugs to the targeted tumor site for drug release and disease treatment. In this process, UCNP can also be used for tracer imaging to evaluate the efficiency and distribution of drug release and examine related mechanisms, among other functions. Therefore, UCNP as a drug carrier in the diagnosis and treatment of major diseases has broad application prospects. Nearly all drug delivery systems involving UCNP are based on physical adsorption and chemical bond for loading drugs. The UCNP surface is mostly coated with PEG or modified mesoporous silica to improve biocompatibility [122,123]. UCNP with specific upconverted emission wavelengths can double as a photon-transducer to activate the photosensitizer for payload-carried drugs triggered by NIR light in deep tissue [124]. For site-specific drug delivery, drug-carriers with an acceptor molecule that specifically recognize a receptor on the surface of target cells have been widely studied. Such target-specific recognition includes antigen-antibody and ligand-acceptor interactions, providing an effective approach for precision medicine for treating cancer with a lower health-care cost and better treatment outcomes [125,126].

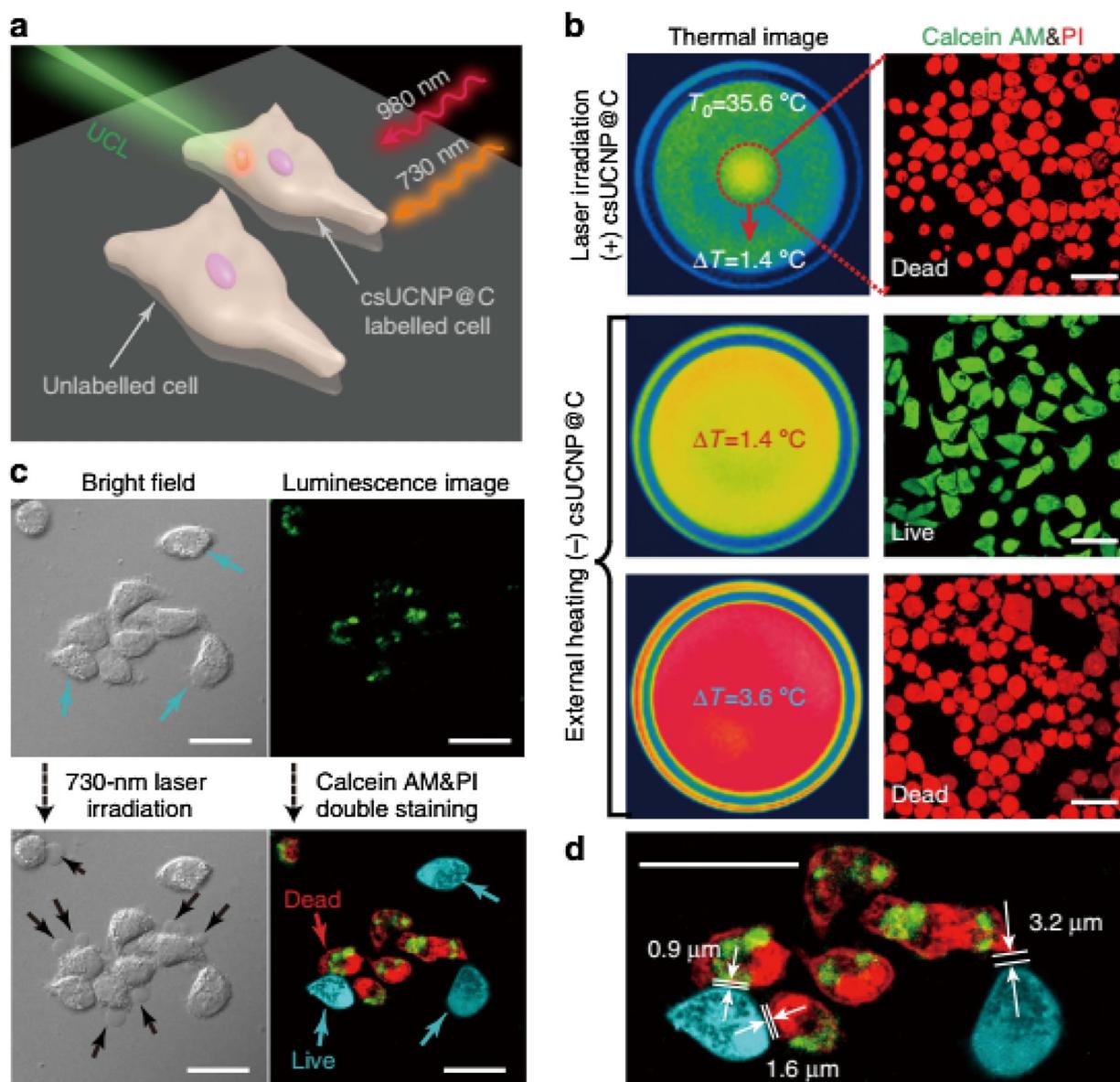


Fig. 13. csUCNP@C for high-accuracy PTT at the cell level. (a) Schematic diagram of PTT in cells. (b) Thermal images and Calcein AM and PI double-stained images of HeLa cells treated with photothermal ablation or external heating. Non-labeled cells were irradiated by 730 nm laser ($0.3\text{ W}\cdot\text{cm}^{-2}$) and the final apparent temperature elevation in the laser spot ($T_0 = 35.6\text{ }^\circ\text{C}$) was set as a benchmark. ΔT is the difference between the apparent temperature and T_0 . In external heating, cells were alive when $\Delta T = 1.4\text{ }^\circ\text{C}$ and dead when $\Delta T = 3.6\text{ }^\circ\text{C}$. At 730-nm laser irradiation, csUCNP@C-labeled cells were dead when $\Delta T = 1.4\text{ }^\circ\text{C}$, indicating that the eigen temperature of csUCNP@C had reached a lethal temperature to the cells although the apparent temperature was still safe. Scale bar, $50\text{ }\mu\text{m}$. (c) Photothermal therapy of HeLa cells under 730-nm laser irradiation at $0.3\text{ W}\cdot\text{cm}^{-2}$ for 5 min. Cells labeled with csUCNP@C showed a strong UCL signal in the cytoplasm (green). The signal is detected in the wavelength region of 520–550 nm. After 730 nm irradiation, dead cells showed conspicuous cytoplasm leakage, which is labeled with black arrows. Calcein AM (cyan) and PI (red) double-staining showed that only the cells labeled with csUCNP@C were dead. Scale bar, $30\text{ }\mu\text{m}$. (d) Amplified image of the luminescent cell images in c. The distance between the adjacent live and dead cells was measured. The minimum distance was $\sim 0.9\text{ }\mu\text{m}$. Scale bar, $30\text{ }\mu\text{m}$. (Reprinted with permission from ref. [115]).

UCNPs have a large surface area, unique structures, and versatile surface chemistries. Therefore, they can serve as nanocarriers for drug delivery and upconverted luminescent nanoprobes [127]. Lin and his group synthesized core-shell structured mesoporous-silica-coated up-conversion $\text{Gd}_2\text{O}_3:\text{Er}^{3+}$ particles. The nanocomposite released green upconversion emission under 980-nm NIR excitation and showed controlled drug-release of ibuprofen [128]. Bu and co-workers prepared UCNPs ($\text{NaYF}_4:\text{Yb}/\text{Tm}@/\text{NaGdF}_4$) embedded in the core of hollow mesoporous silica nanoparticles (diameter of approximately 70 nm) as a carrier of the anticancer drug DOX. The nanosensors were used to visualize and quantify drug release by simultaneously monitoring UCL and T_1 -MRI in real-time. This nanosensor provided a useful tool for

controlling the dosage of anticancer drugs in the clinic (Fig. 15) [129].

Liu and co-workers first functionalized UCNPs with a PEG-grafted amphiphilic polymer. The PEGylated UCNPs were loaded with DOX through physical adsorption for intracellular drug delivery. The UCNP nanocomposites were further conjugated with folic acid. Their analysis demonstrated that multi-functional UCNPs could selectively target, effectively label, and release drugs to human nasopharyngeal epidermal carcinoma KB cells [130]. Lin and his collaborators developed a multifunctional nanocomposite combining UCL/MR/CT tri-modality imaging and NIR-activated platinum pro-drug delivery together using UCNPs as nanotransducers. Under 980-nm irradiation, the nanocomposite not only effectively killed cancer cells but also functioned as



Fig. 14. Schematic illustration of the synthesis of GdOF:Ln@SiO₂-ZnPC-CDs microcapsules and bio-application for multiple imaging and anti-tumor therapy (Reprinted with permission from ref. [121]. Copyright 2015 American Chemical Society).

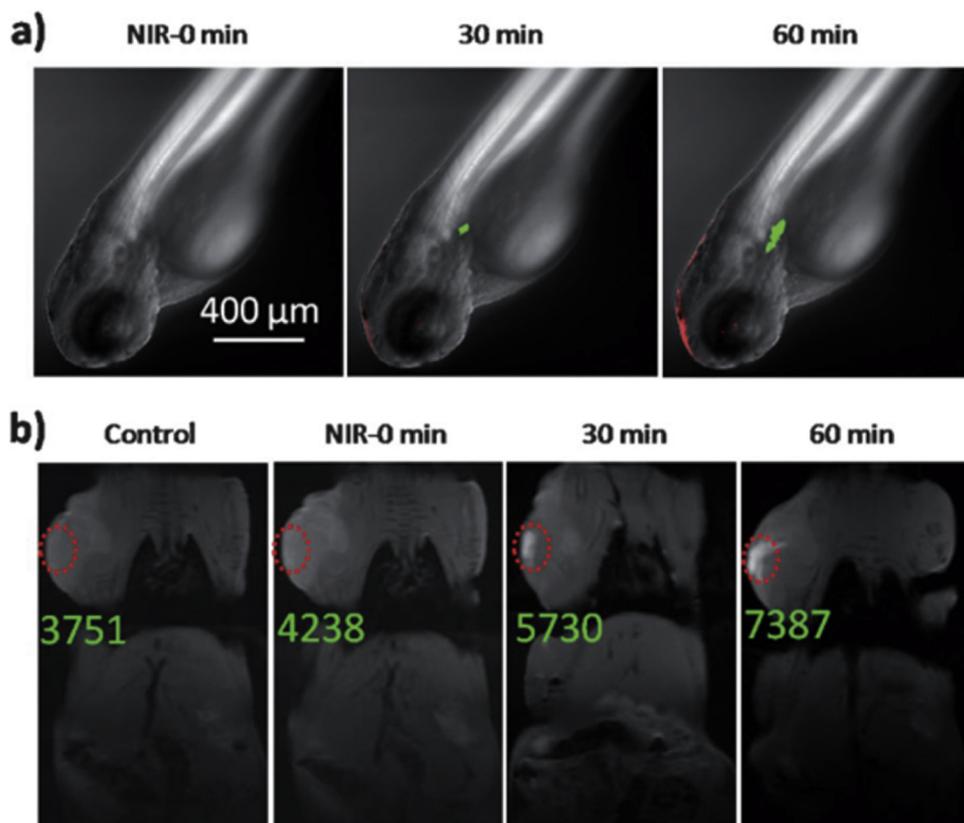


Fig. 15. a) Confocal laser scanning microscopy images of zebrafish, in which UCNP signals are green and DOX signals are red. All images share the same scale bar (400 μm). b) T1-MR images of a Walker 256 tumor-bearing Sprague Dawley rat injected with nanosensor 2 (1 mg mL^{-1} , 100 μL) subcutaneously before and after NIR exposure for different times ($n = 3$). The red circles indicate the tumor area where nanosensor 2 was injected. The T1-MR signal intensities before and after NIR exposure are also shown in the figures. The power density of NIR light employed was 1.5 W cm^{-2} (Reprinted with permission from ref. [129]).

excellent contrast agents for UCL/MR/CT tri-modality imaging, and thus can provide complete information for cancer diagnosis and therapy [131]. They also fabricated a multifunctional nanocomposite based on UCNPs that served as an anti-cancer drug carrier of cisplatin (IV) and *in vitro/in vivo* imaging. The nanocomposites can be used as luminescent nanoprobes for UCL *in vitro/in vivo* imaging. Cisplatin (IV) effectively promotes the apoptosis of tumor cells [132]. Park and his team synthesized core-shell nanoparticles composed of UCNP as a core and a graphene oxide quantum dot. Hypocrellin A was further loaded onto the graphene oxide quantum dots through π - π stacking for PDT. The

fabricated system was used to not only image and damage cervical cancer HeLa cells, but also to carry the antitumor drug hypocrellin A to the desired site [133].

The development of a multi-functional UCNP nanoplatfrom that integrates cancer diagnosis and treatment with a low level of side effects is a research hotspot in the field of nano-oncology. Dan et al. prepared the nano-system MIL-100 (Fe) with metal-organic framework-coated NaGdF₄:Yb,Tm@NaGdF₄:Yb,Nd UCNPs (diameter of approximately 30 nm). Under 808-nm laser irradiation, this nanosystem produced large amounts of ROS, which killed cancer cells. At the same

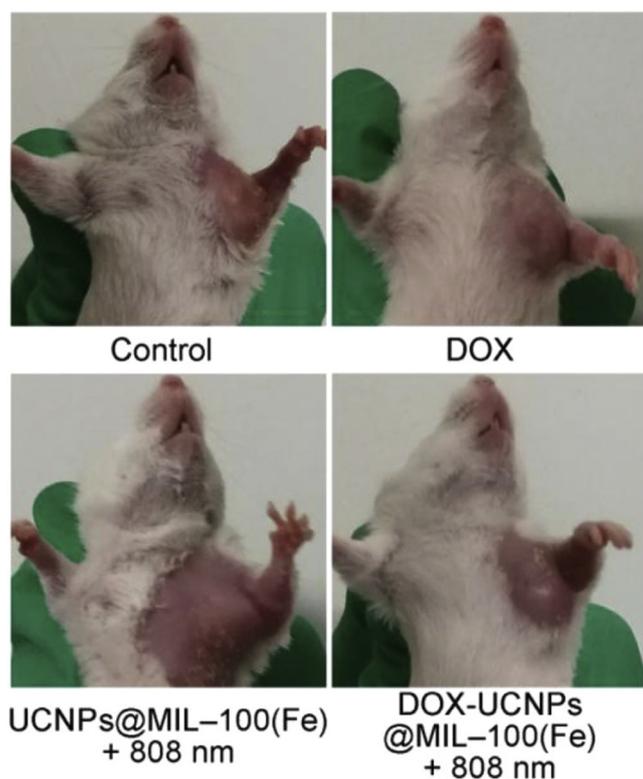


Fig. 16. Representative photographs of tumor-bearing mice treated with normal saline, pure DOX, UCNPs@MIL-100(Fe) NPs with 808-nm laser irradiation ($0.5 \text{ W}\cdot\text{cm}^{-2}$) for 5 min, and DOXUCNPs@MIL-100(Fe) NPs with 808-nm laser irradiation ($0.5 \text{ W}\cdot\text{cm}^{-2}$) for 5 min (0.1 mL, 500 μg mL) on the 14th day. (Reprinted with permission from ref. [134]).

time, MIL-100 (Fe) can convert laser radiation into heat, thus achieving the effect of PTT treatment. Moreover, MIL-100 (Fe) has a porous structure and can be loaded with a large amount of DOX. It has been demonstrated both *in vivo* and *in vitro* that UCNPs@MIL-100(Fe) nanoparticles loaded with DOX significantly inhibit the growth of cancer cells under 808-nm laser irradiation ($0.5 \text{ W}\cdot\text{m}^{-2}$) based on synergistic PDT, PTT, and chemotherapy effects (Fig. 16) [134].

To date, numerous carriers of anticancer drugs based on UCNPs have been studied. Most of these carriers exhibited great advantages, such as a high efficiency, low toxicity, and few side effects [135,136]. These studies provided a new approach for targeted drug delivery with low side effects and real-time monitoring of anticancer drug release.

9. Prospects and challenges

This review presents a brief survey of the latest advances in UCNPs-based cancer diagnosis and therapy. As a promising nanomaterial, UCNPs can be excited by light in the NIR region and emit fluorescence while evading the autofluorescence induced by biological tissue. Moreover, the excitation light of UCNPs can deeply penetrate the tissue as well as living organisms. UCNPs are a versatile platform as an excellent multimodal imaging nanocomposite for cancer and outstanding drug carrier for chemotherapy. Additionally, as a multifunctional nanoplatform, UCNPs can be used in PDT and PTT of cancer.

Despite these exciting advancements, additional studies are needed before UCNPs can be clinically applied. First, UCNPs with high UCL quantum yield nanomaterials must be acquired. The UCNPs show excellent advantages, including low toxicity, long life, large anti-Stokes displacement, large penetration depth, and strong resistance to light corrosion and matte flicker. As a result, these materials offer unique advantages for imaging, long-distance communication, biomarkers,

lasers, and security tags. However, the widely studied NaYF₄-doped Yb³⁺ and Er³⁺ UCNPs, which are as the most efficient UCNPs, have a quantum yield of only 0.005–0.3% [137,138]. Therefore, new UCNPs and synthetic methods are needed to obtain UCNPs with smaller particle sizes and greater uniformity, excellent biocompatibility, and high fluorescence quantum yield. Biosafety is another concern. Although numerous studies have demonstrated that UCNPs are safe in the short-term *in vitro* and *in vivo*, the long-term toxicity and potential accumulation of UCNPs are not well-understood. Additionally, the interaction of UCNPs with the immune system and reproductive system is largely unexplored. Studies are also needed to decrease potential photo-damage. Using the current UCNPs system, 980-nm NIR light is generally used as the laser source. However, the main limitation of 980-nm excitation for *in vivo* application is the overheating effect. Therefore, a method using another excitation source in the NIR region rather than 980 nm may decrease the overheating effects of the laser source. As multifunctional agents, UCNPs are not only good contrast agents, but are also excellent drug carriers for cancer. Although some combination formulations have been successfully developed and showed satisfactory outcomes, studies of UCNPs-based cancer diagnosis and therapy multifunction are still in the early stages. Studies are also needed to explore and discover cancer molecular markers with high sensitivity and specificity. The discovery of sensitive and specific cancer molecular markers will facilitate the development of highly efficient and specific UCNPs nanoprobes for cancer.

Many innovative studies are needed in this emerging field. Once the limitations listed above are resolved, UCNPs can be used for accurate detection and effective treatment of cancer, enabling the development of new methods for diagnosing and treating cancers during early stages in the clinic.

Ethics approval and consent to participate

Not applicable.

Consent for publication

Not applicable.

Availability of data and materials

Not applicable.

Competing interests

The authors declare that they have no competing interests.

Authors' contributions

Kunmeng Li, Enlv Hong, Bing Wang and Zhiyu Wang carried out the literature collection and classification, writing, and revising the manuscript; Liwen Zhang and Ruixia Hu, carried out the literature collection and classification, writing, and participated in the sequence alignment. Dr. Baiqi Wang conceived the study, participated in its design and coordination, and helped to draft and revise the manuscript. All authors read and approved the final manuscript.

Authors' information

Dr. Baiqi Wang is an associate professor at the Department of Occupational and Environmental Health of Tianjin Medical University (TMU) of China. He received his PhD in Applied Chemistry from Harbin Institute of Technology in 2006. Next, he worked as a postdoctoral fellow at the State Key Laboratory for Artificial Microstructure and Mesoscopic Physics in Peking University. After two years, he joined TMU as faculty. In 2013, he worked in the School of Medicine of the Johns Hopkins University as a visiting scholar. His research interests include synthesis, modification of new functionalized nanomaterials,

and their applications in the cancer detection and treatment fields. To date, Dr. Wang has published more than 40 peer-reviewed articles.

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