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A comparison between statin with ACE inhibitor or ARB therapy in STEMI patients who underwent successful PCI with drug-eluting stents

Yong Hoon Kim^{a,*}, Ae-Young Her^{a,1}, Myung Ho Jeong^b, Byeong-Keuk Kim^c, Sung-Jin Hong^c,
Seunghwan Kim^d, Chul-Min Ahn^c, Jung-Sun Kim^c, Young-Guk Ko^c, Donghoon Choi^c,
Myeong-Ki Hong^c, Yangsoo Jang^c

^a Division of Cardiology, Department of Internal Medicine, Kangwon National University School of Medicine, Chuncheon, South Korea

^b Department of Cardiology, Cardiovascular Center, Chonnam National University Hospital, Gwangju, South Korea

^c Division of Cardiology, Severance Cardiovascular Hospital, Yonsei University College of Medicine, South Korea

^d Division of Cardiology, Inje University College of Medicine, Haeundae Paik Hospital, Busan, South Korea

HIGHLIGHTS

- The beneficial roles of statin and ACEI/ARB in STEMI patients are well-known.
- It is not known which is the better therapy between statin with ACEI or statin with ARB combination.
- Statin with ACEI is better than statin with ARB in reducing mortality rate.
- MACE, MI, and revascularization rates are similar between these two groups.

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ABSTRACT

Background and aims: Studies of the comparative clinical outcomes between statin with angiotensin converting enzyme inhibitor (ACEI) or angiotensin receptor blocker (ARB) in ST-segment elevation myocardial infarction (STEMI) patients are limited. We compared 2-year clinical outcomes between statin with ACEI or ARB therapy in STEMI patients after successful percutaneous coronary intervention (PCI) with drug-eluting stents (DES).

Methods: A total of 11,706 STEMI patients were enrolled and separated into two groups: the ACEI group (statin + ACEI, n = 8705) and the ARB group (statin + ARB, n = 3001). The primary endpoint was major adverse cardiac events (MACE) defined as all-cause death, recurrent MI (re-MI), and any coronary revascularization. Secondary endpoints were the individual components of MACE and target vessel failure (TVF).

Results: After propensity score-matched (PSM) analysis, two PSM groups (2729 pairs, n = 5458, C-statistic = 0.675) were generated. The cumulative incidences of MACE, re-MI, and any coronary revascularization were similar between the two groups. However, the cumulative incidences of all-cause death (hazard ratio [HR], 1.548; 95% confidence interval [CI], 1.091–2.197; $p = 0.014$) and cardiac death (HR, 1.850; 95% CI, 1.218–2.811; $p = 0.004$) were significantly higher in the ARB group compared with the ACEI group after PSM analysis.

Conclusions: The combination of statin with ACEI may be the preferred treatment strategy to reduce mortality rates in STEMI patients after successful PCI with DES rather than statin with ARB in this study during a 2-year follow-up period.

1. Introduction

In addition to a substantial capability of statin in reducing serum concentration of low-density lipoprotein (LDL), statin has other

favorable effects on endothelial function, plaque stability, vascular remodeling, hemostasis, cardiac muscle, and components of the nervous system [1]. The benefits of statins in secondary prevention have been well demonstrated [2]. Therefore, statins are recommended in all

* Corresponding author. Division of Cardiology, Department of Internal Medicine, Kangwon National University School of Medicine, 24289, 156 Baengnyeong Road, Chuncheon City, Gangwon Province, South Korea.

E-mail address: yhkim02@kangwon.ac.kr (Y.H. Kim).

¹ These authors contributed equally to the work.

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patients with acute myocardial infarction (AMI), irrespective of cholesterol concentration at presentation [3]. The main beneficial effects of the angiotensin converting enzyme inhibitor (ACEI) are related to bradykinin. Bradykinin exerts numerous beneficial effects on cardiovascular protection, including vasodilation, and stimulation of nitric oxide (NO), prostacyclin, endothelium-derived hyperpolarizing factor, as well as tissue plasminogen activator production [4]. The current guidelines recommend the use of ACEI within the first 24 h of ST-segment elevation myocardial infarction (STEMI), especially in patients with heart failure (HF), left ventricular systolic dysfunction, diabetes, or anterior infarction, unless contraindicated (Class IA), and an angiotensin receptor blocker (ARB) should be given to patients with STEMI who have indications for but are intolerant of ACEI (Class IB) [3,5]. Despite these beneficial roles of statin and ACEI/ARB in STEMI patients, limited data are available concerning long-term major clinical outcomes of combination therapy between statin with ACEI and statin with ARB in patients with STEMI. Therefore, we investigated 2-year major clinical outcomes between statin with ACEI and statin with ARB therapy in patients with STEMI after successful percutaneous coronary intervention (PCI) with drug-eluting stent (DES).

2. Materials and methods

2.1. Study design and population

A total of 18,249 STEMI patients, who underwent successful PCI with DES and who had been prescribed statin in the Korea Myocardial Infarction Registry (KAMIR) from November 2005 to June 2015, were evaluated. The KAMIR is a nationwide, prospective, observational online registry in South Korea since November 2005. Details of the registry can be found at the KAMIR website (<http://www.kamir.or.kr>). This study was a non-randomized, multicenter, observational, retrospective study. We applied the following exclusion criteria: (1) patients who had not been prescribed ACEI or ARB (n = 3191, 17.5%), (2) patients who had been prescribed the combination therapy of these three drugs (n = 153, 0.8%), (3) patients whose laboratory results were incomplete (n = 2321, 12.7%), (4) patients who were lost to follow-up or did not participate (n = 925, 5.1%). Finally, a total of 11,706 STEMI patients who underwent successful PCI with DES and who had been prescribed statin with ACEI or ARB were enrolled and they were separated into two groups: the ACEI group (statin + ACEI, n = 8705, 74.4%) and the ARB group (statin + ARB, n = 3001, 25.6%) (Fig. 1). This study protocol was approved by the ethics committee at each

participating center and informed consents were obtained from all individual participants included in the study prior to enrollment. These processes were conducted according to the ethical guidelines of the 1975 Declaration of Helsinki. In this study, all 11,706 patients completed a 2-year clinical follow up by face-to-face interviews, phone calls, or chart review.

2.2. PCI procedures and medical treatment

A trans-radial or trans-femoral approach was followed for the diagnostic coronary angiography (CAG) and PCI. All patients' activated clotting times (ACTs) were maintained > 250 s during the procedure. All patients were given loading doses of 200–300 mg aspirin and 300–600 mg clopidogrel, when available. Alternatively, 180 mg ticagrelor or 60 mg prasugrel was given before PCI. When the visually estimated coronary artery diameter stenosis was $\geq 70\%$ or the patient had typical angina and/or signs of ischemia and $\geq 50\%$ diameter stenosis, coronary revascularization was considered. After discharge, all patients were instructed to stay on the same medications received during hospitalization. In particular, 100–200 mg/day of aspirin was continued indefinitely, and 75 mg/day of clopidogrel was maintained for ≥ 12 months. Triple antiplatelet therapy (TAPT) (100 mg cilostazol twice a day were added on to dual antiplatelet therapy) was left to the discretion of the individual operators. The kinds and doses of statin were as follows; 10–40 mg of atorvastatin, 5–10 mg of rosuvastatin, 2–4 mg of pitavastatin, 10–40 mg of simvastatin, 50–100 mg lovastatin, and 80 mg fluvastatin per day.

2.3. Study definitions and clinical follow-up

STEMI was defined as the patient who has experienced chest pain with ST-segment elevation in at least 2 contiguous leads of ≥ 2 mm (0.2 mV) in men or ≥ 1.5 mm (0.15 mV) in women, in leads V2–V3 and/or of ≥ 1 mm (0.1 mV) in other contiguous chest leads or the limb leads, or new onset left bundle branch block on the admission electrocardiogram [2]. A successful PCI was defined as the achievement of an angiographic residual stenosis that was less than 30% and a final Thrombolysis In Myocardial Infarction (TIMI) blood flow grade of three. The primary endpoint was occurrence of MACE, defined as all-cause death, recurrent MI (re-MI), and any coronary revascularization including target lesion revascularization [TLR], target vessel revascularization [TVR], non-TVR during the 2-year follow-up period. The secondary endpoints were the cumulative incidences of the

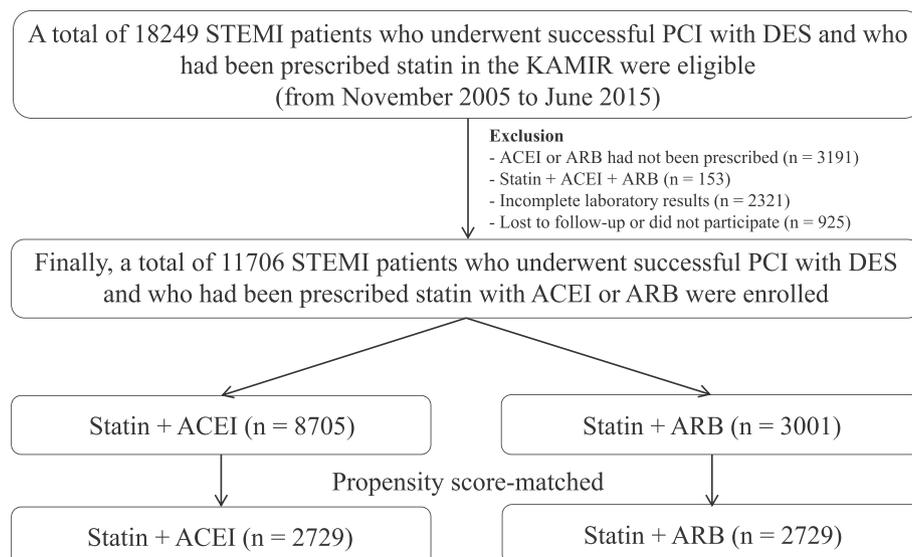


Fig. 1. Flow chart.

Table 1
Baseline clinical, laboratory, angiographic and procedural characteristics.

Variables	Total study population			Propensity score-matched patients		
	Statin + ACEI (n = 8705)	Statin + ARB (n = 3001)	p value	Statin + ACEI (n = 2729)	Statin + ARB (n = 2729)	p value
Age (years)	61.2 ± 12.5	62.8 ± 12.3	< 0.001	62.2 ± 12.4	62.5 ± 12.4	0.310
Men, n (%)	6835 (78.5)	2224 (74.1)	< 0.001	2073 (76.0)	2042 (74.8)	0.330
LVEF (%)	51.2 ± 10.8	52.2 ± 10.9	< 0.001	52.1 ± 10.7	52.0 ± 10.9	0.931
BMI (kg/m ²)	24.2 ± 3.1	24.3 ± 3.2	0.095	24.3 ± 3.01	24.3 ± 3.1	0.673
SBP (mmHg)	129.3 ± 27.2	129.0 ± 28.1	0.647	128.9 ± 26.9	129.4 ± 28.2	0.507
DBP (mmHg)	79.3 ± 16.6	79.3 ± 16.8	0.927	79.0 ± 16.2	79.5 ± 16.8	0.283
Cardiogenic shock, n (%)	425 (4.9)	151 (5.0)	0.744	128 (4.7)	130 (4.8)	0.898
CPR on admission, n (%)	227 (2.6)	127 (4.2)	< 0.001	82 (3.0)	108 (4.0)	0.055
Primary PCI, n (%)	8046 (92.4)	2853 (95.1)	< 0.001	2581(94.6)	2582 (94.6)	0.952
Door-to-balloon time (min)	60.6 ± 38.4	57.9 ± 34.7	0.109	59.4 ± 37.1	58.1 ± 38.4	0.355
Hypertension, n (%)	3849 (44.2)	1572 (52.4)	< 0.001	1394 (51.1)	1383 (50.7)	0.766
Diabetes mellitus, n (%)	1961 (22.5)	819 (27.3)	< 0.001	689 (25.2)	721 (26.4)	0.322
Dyslipidemia, n (%)	950 (10.9)	315 (10.5)	0.526	279 (10.2)	281 (10.3)	0.847
Metabolic syndrome, n (%)	2192 (25.2)	823 (27.4)	0.015	698 (25.6)	737 (27.0)	0.230
Previous MI, n (%)	186 (2.1)	107 (3.6)	< 0.001	92 (3.4)	83 (3.0)	0.489
Previous PCI, n (%)	281 (3.2)	186 (6.2)	< 0.001	149 (5.5)	150 (5.5)	0.853
Previous CABG, n (%)	26 (0.3)	9 (0.3)	0.992	11 (0.4)	8 (0.3)	0.491
Previous HF, n (%)	39 (0.4)	27(0.9)	0.004	22 (0.8)	21 (0.8)	0.878
Previous CVA, n (%)	428 (4.9)	158 (5.3)	0.451	143 (5.2)	139 (5.1)	0.807
Current smokers, n (%)	4411 (50.7)	1294 (43.1)	< 0.001	1195 (43.8)	1190 (43.6)	0.889
CK-MB (mg/dL)	174.1 ± 216.5	168.1 ± 208.4	0.176	172.4 ± 254.9	169.7 ± 201.8	0.663
Troponin-I (ng/mL)	62.5 ± 143.7	62.2 ± 82.3	0.882	62.4 ± 103.2	62.3 ± 83.7	0.960
NT-ProBNP (pg/mL)	1193.7 ± 2586.8	1479.9 ± 3246.1	< 0.001	1429.9 ± 3479.2	1418.9 ± 3012.7	0.901
hs-CRP (mg/dL)	10.0 ± 46.9	11.7 ± 53.9	0.103	12.1 ± 57.8	11.4 ± 53.3	0.666
Serum creatinine (mg/L)	1.04 ± 1.03	1.08 ± 1.23	0.111	1.08 ± 1.34	1.08 ± 1.22	0.981
Blood glucose (mg/dL)	170.0 ± 72.0	175.8 ± 75.8	< 0.001	173.7 ± 77.5	174.1 ± 74.5	0.822
Total cholesterol (mg/dL)	188.2 ± 43.4	184.3 ± 44.5	< 0.001	184.8 ± 43.1	185.5 ± 44.5	0.583
Triglyceride (mg/L)	136.9 ± 113.6	135.4 ± 108.2	0.825	132.2 ± 97.3	137.0 ± 110.2	0.083
HDL cholesterol (mg/L)	44.7 ± 20.2	43.6 ± 18.4	0.005	43.7 ± 13.4	43.9 ± 18.9	0.667
LDL cholesterol (mg/L)	119.7 ± 38.2	118.0 ± 43.6	0.060	118.2 ± 39.1	118.1 ± 38.6	0.963
Discharge medications						
Aspirin, n (%)	8663 (99.5)	2987 (99.5)	0.913	2716 (99.5)	2716 (99.5)	1.000
Clopidogrel, n (%)	7940 (91.2)	2544 (84.8)	< 0.001	2374 (87.0)	2371 (86.9)	0.904
Ticagrelor, n (%)	443 (5.1)	244 (8.1)	< 0.001	202 (7.4)	209 (7.7)	0.720
Prasugrel, n (%)	236 (2.7)	178 (5.9)	< 0.001	120 (4.4)	123 (4.5)	0.844
Cilostazole, n (%)	220 (2.5)	738 (24.6)	0.322	635 (23.3)	665 (24.4)	0.340
Beta-blockers, n (%)	7631 (87.7)	2509 (83.6)	< 0.001	2359 (83.2)	2379 (83.9)	0.474
CCBs, n (%)	343 (3.9)	178 (5.9)	< 0.001	163 (6.0)	160 (5.9)	0.863
Angiographic & procedural characteristics						
Infarct-related artery						
Left main, n (%)	82 (0.9)	46 (1.5)	0.007	34 (1.2)	38 (1.4)	0.635
Left anterior descending, n (%)	4632 (53.2)	1598 (53.2)	0.971	1462 (53.6)	1450 (53.1)	0.745
Left circumflex, n (%)	788 (9.1)	267 (8.9)	0.798	254 (9.3)	241 (8.8)	0.540
Right coronary artery, n (%)	3192 (36.7)	1086 (36.2)	0.637	977 (35.8)	997 (36.5)	0.573
Treated vessel						
Left main, n (%)	129 (1.5)	72 (2.4)	0.001	58 (2.1)	59 (2.2)	0.926
Left anterior descending, n (%)	5192 (59.6)	1865 (62.1)	0.016	1660 (60.8)	1677 (61.5)	0.637
Left circumflex, n (%)	1351 (15.5)	541 (18.0)	0.001	481 (17.6)	480 (17.6)	0.972
Right coronary artery, n (%)	3593 (41.3)	1250 (41.7)	0.717	1107 (40.6)	1143 (41.9)	0.322
ACC/AHA lesion type						
Type B1, n (%)	1269 (14.6)	379 (12.6)	0.008	346 (12.7)	367 (13.4)	0.399
Type B2, n (%)	2248 (25.8)	1200 (40.0)	< 0.001	971 (35.6)	986 (36.1)	0.672
Type C, n (%)	4401 (50.6)	1127 (37.6)	< 0.001	1115 (40.9)	1089 (39.9)	0.473
Extent of coronary artery disease						
1-vessel, n (%)	4493 (51.6)	1648 (54.9)	0.002	1472 (53.9)	1482 (54.3)	0.786
2-vessel, n (%)	2605 (29.9)	862 (28.7)	0.214	785 (28.8)	790 (28.9)	0.881
≥ 3-vessel, n (%)	1607 (18.5)	491 (16.4)	0.010	472 (17.3)	457 (16.7)	0.589
Multi-vessel disease, n (%)	4212 (48.4)	1353 (45.1)	0.002	1257 (46.1)	1247 (45.7)	0.786
Drug-eluting stents						
SES, n (%)	1595 (18.3)	364 (12.1)	< 0.001	373 (13.7)	362 (13.3)	0.663
PES, n (%)	1344 (15.4)	341 (11.4)	< 0.001	365 (13.4)	336 (12.3)	0.241
ZES, n (%)	2084 (23.9)	706 (23.5)	0.646	638 (23.4)	656 (24.0)	0.567
EES, n (%)	2542 (29.2)	1009 (33.6)	< 0.001	900 (33.0)	919 (33.7)	0.585
BES, n (%)	620 (7.1)	401 (13.4)	< 0.001	300 (11.0)	295 (10.8)	0.828
Others, n (%)	176 (2.0)	100 (3.3)	< 0.001	82 (3.0)	79 (2.9)	0.810
IVUS, n (%)	1201 (13.8)	476 (15.9)	0.005	447 (16.4)	441 (16.2)	0.826
OCT, n (%)	18 (0.2)	8 (0.3)	0.548	3 (0.1)	5 (0.2)	0.479
FFR, n (%)	74 (0.9)	7 (0.2)	< 0.001	6 (0.2)	5 (0.2)	0.763
Statins						
Atorvastatin, n (%)	3185 (36.6)	1189 (39.6)	0.003	1043 (38.2)	1061 (38.9)	0.548
Rosuvastatin, n (%)	2010 (23.1)	699 (23.3)	0.821	677 (24.8)	684 (25.1)	0.677
Pitavastatin, n (%)	378 (4.3)	366 (12.2)	< 0.001	243 (8.9)	226 (8.3)	0.412

(continued on next page)

Table 1 (continued)

Variables	Total study population			Propensity score-matched patients		
	Statin + ACEI (n = 8705)	Statin + ARB (n = 3001)	p value	Statin + ACEI (n = 2729)	Statin + ARB (n = 2729)	p value
Simvastatin, n (%)	491 (5.6)	115 (3.8)	< 0.001	118 (4.3)	113 (4.1)	0.737
Other ^a , n (%)	294 (3.4)	50 (1.7)	< 0.001	49 (1.8)	49 (1.8)	1.000
Stent diameter (mm)	3.19 ± 0.40	3.18 ± 0.41	0.066	3.18 ± 0.40	3.18 ± 0.41	0.931
Stent length (mm)	26.3 ± 8.9	26.4 ± 9.9	0.530	26.1 ± 9.4	26.43 ± 9.8	0.241
Number of stent	1.39 ± 0.70	1.45 ± 0.74	< 0.001	1.44 ± 0.75	1.43 ± 0.72	0.883

Values are mean ± SD or n (%). The p values for continuous data obtained from analysis of the unpaired t-test. The p values for categorical data obtained from chi-square test.

ACEI, angiotensin converting enzyme inhibitor; ARB, angiotensin receptor blocker; LVEF, left ventricular ejection fraction, BMI, body mass index; SBP, systolic blood pressure; DBP, diastolic blood pressure; PCI, percutaneous coronary intervention; MI, myocardial infarction; CABG, coronary artery bypass graft; CVA, cerebrovascular accidents; HF, heart failure; CK-MB, creatine kinase myocardial band; NT-ProBNP, N-terminal pro-brain natriuretic peptide; hs-CRP, high sensitivity C-reactive protein; HDL, high-density lipoprotein; LDL, low-density lipoprotein; CCB, calcium channel blocker; ACC/AHA, American College of Cardiology/American Heart Association; BMS, bare-metal stents; SES, sirolimus-eluting stents; PES, paclitaxel-eluting stents; ZES, zotarolimus-eluting stents; EES, everolimus-eluting stents; BES, biolimus-eluting stents.

^a Includes lovastatin, fluvastatin, fibrate, and ezetimibe.

individual components of MACE (all-cause death, cardiac death, re-MI, any coronary revascularization, TLR, TVR, and non-TVR) and target vessel failure (TVF). All-cause death was classified as cardiac death (CD) or non-CD. Re-MI was defined as the presence of clinical symptoms, electrocardiographic changes, or abnormal imaging findings of MI, combined with an increase in the creatine kinase myocardial band fraction above the upper normal limits or an increase in troponin-T/troponin-I to greater than the 99th percentile of the upper normal limit after the index PCI [6]. Any coronary revascularization was defined as a revascularization of the target vessel or non-target vessels. TVF was defined as a composite of death related to the target vessel, myocardial infarction, or clinically driven TVR. The definition of TLR, TVR, and non-TVR was previously published [7]. In this study, the definition of hypertension was based on the interviews and/or admission notes and/or history of antihypertensive treatment. In addition, hypertension was defined as values ≥ 140 mmHg systolic blood pressure (SBP) and/or ≥ 90 mmHg diastolic blood pressure (DBP) based on the current guidelines [8,9]. The presence of dyslipidemia was defined as positive history of dyslipidemia regardless of the presence or absence of lipid-lowering agents treatment or lipid-lowering agents treatment regardless of the presence or absence of history of dyslipidemia. Although patients did not have a previous history of dyslipidemia or did not receive lipid-lowering agents, their laboratory results were compatible with the diagnostic criteria of dyslipidemia and they were considered as dyslipidemic patients in this study [10]. Because the definition of dyslipidemia is different according to the guidelines and race, we defined dyslipidemia according to the Asian guidelines [11] such as patients whose 12-h fasting serum LDL-cholesterol concentrations were at least 140 mg/dL, high-density lipoprotein (HDL)-cholesterol concentrations < 40 mg/dL, and triglyceride (TG) concentrations were ≥ 150 mg/dL.

2.4. Statistical analysis

All statistical analyses were performed using SPSS software, version 20 (IBM; Armonk, NY, USA). For continuous variables, differences between groups were evaluated with the unpaired t-test. Data are expressed as mean ± standard deviations. For discrete variables, differences are expressed as counts and percentages, and were analyzed with χ^2 test between groups. To adjust for potential confounders, propensity score-matched (PSM) analysis was performed using a logistic regression model. We tested all available variables that could be of potential relevance: age, men, left ventricular ejection fraction (LVEF), body mass index (BMI), SBP, DBP, incidences of cardiogenic shock, cardiopulmonary resuscitation (CPR) on admission, primary PCI, hypertension, diabetes mellitus (DM), dyslipidemia, previous cardiovascular risk factors (previous MI, previous PCI, previous coronary artery bypass

graft, previous cerebrovascular accidents, previous HF), current smoker, values of serum creatine kinase myocardial band, serum troponin-I, N-terminal pro-brain natriuretic peptide (NT-ProBNP), high-sensitivity C-reactive protein, serum creatinine, total cholesterol, triglyceride, HDL-cholesterol, LDL-cholesterol, discharge medications (aspirin, clopidogrel, ticagrelor, prasugrel, cilostazole, beta-blockers, calcium channel blockers), incidence of IRA, treated vessel, American College of Cardiology/American Heart Association type B1, B2 and C lesion, extent of coronary artery disease, and the kinds of DES, number of stent, length of stent, and diameter of stent. The C-statistics for PSM was 0.680 in this study. Patients in the ACEI group were then one-to-one matched to those in the ARB group according to propensity scores with the nearest available pair matching method. Subjects were matched with a caliper width equal to 0.01. The procedure yielded 2729 matched pairs. Cox-proportional hazard models were used to assess the adjusted hazard ratio (HR) comparing the two groups in the PSM population. For all analyses, a two sided $p < 0.05$ was considered statistically significant (Supplementary Data).

3. Results

3.1. Baseline clinical, laboratory, angiographic and procedural characteristics

Baseline clinical, laboratory, and procedural characteristics of this study population are summarized in Table 1. In the total study population, the mean age of the patients enrolled in the ARB was older than the ACEI group (62.8 ± 12.3 year vs. 61.2 ± 12.5 year, $p < 0.001$). The number of men among the total study population was higher in the ACEI group than the ARB group (78.5% vs. 74.1%, $p < 0.001$). Because the mean value of LVEF in this study population was 51.4 ± 10.8%, this study population was composed of patients who had relatively well-preserved LVEFs. However, the mean value of LVEF was higher in the ARB group than in the ACEI group (52.2 ± 10.9% vs. 51.2 ± 10.8%, $p < 0.001$). The incidence of cardiovascular risk factors (hypertension, DM, previous MI, previous PCI, and previous HF) and the serum levels of NT-ProBNP and blood glucose were higher in the ARB than the ACEI group. Despite these negative baseline conditions, the prescription rates of newly developed antiplatelet agents (ticagrelor and prasugrel) as discharge medications, the frequency of second-generation DES (everolimus eluting stents [EES] and biolimus-eluting stents [BES]) deployment, and the use of intravascular ultrasound (IVUS) were higher in the ARB group than in the ACEI group. In contrast, the numbers of current smokers, the number of American College of Cardiology/American Heart Association (ACC) type C lesions, and the frequency of first-generation DES (sirolimus-eluting

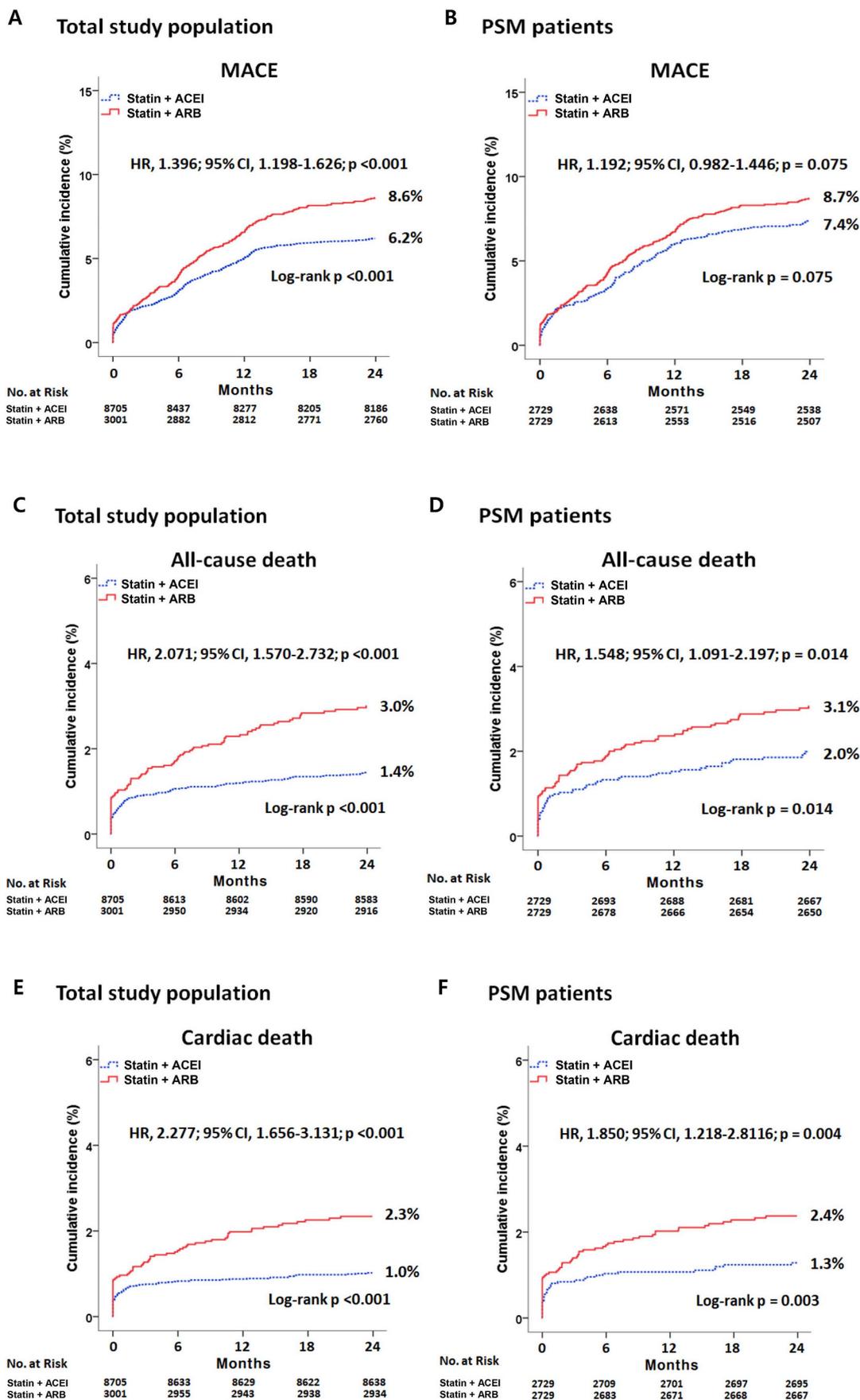


Fig. 2. Kaplan-Meier curved analysis for MACE (A, B), all-cause death (C, D), and cardiac death (E, F).

stents [SES] and paclitaxel-eluting stents [PES]) deployment were higher in the ACEI group than the ARB group. Additionally, the incidence of metabolic syndrome was significantly different between the two groups (25.2% vs. 27.4%, $p = 0.015$). After PSM, the incidence of metabolic syndrome was similar between the two groups (25.6% vs. 27.0%, $p = 0.230$).

3.2. Clinical outcomes

In the total study population, the cumulative incidences of MACE (8.6% vs. 6.2%, Log-rank $p < 0.001$; hazard ratio [HR], 1.396; 95% confidence interval [CI], 1.198–1.626; $p < 0.001$), all-cause death (3.0% vs. 1.4%, Log-rank $p < 0.001$; HR, 2.071; 95% CI, 1.570–2.732; $p < 0.001$), and CD (2.3% vs. 1.0%, Log-rank $p < 0.001$; HR, 2.277; 95% CI, 1.656–3.131; $p < 0.001$) (Fig. 2), TVR (2.9% vs. 2.1%, Log-rank $p = 0.021$; HR, 1.372; 95% CI, 1.048–1.796; $p = 0.021$), and TVF (6.9% vs. 4.6%, Log-rank $p < 0.001$; HR, 1.490; 95% CI, 1.252–1.774; $p < 0.001$) were significantly higher in the ARB group than the ACEI group (Table 2). After PSM analysis, the cumulative incidences of all-cause death (3.1% vs. 2.0%, Log-rank $p = 0.014$; HR, 1.548; 95% CI, 1.091–2.197; $p = 0.014$) and CD (2.4% vs. 1.3%, Log-rank $p = 0.003$; HR, 1.850; 95% CI, 1.218–2.811; $p = 0.004$) were significantly higher in the ARB compared with the ACEI group (Table 2). However, the cumulative incidences of MACE, re-MI, any revascularization, TLR, TVR, and TVF were similar between the two groups. Fig. 3 shows the subgroup analysis for MACE at 2 years. Regarding the patients who were not in a state of cardiogenic shock, the ACEI group showed a more beneficial effect on MACE compared with the ARB group. In the ACEI group, the use of ZES showed better outcomes for MACE than the ARB group. In addition, older patients (≥ 65 years) and female gender, patients who had decreased LVEF ($< 50\%$), and were hypertensive and diabetic, patients who were in a state of cardiogenic shock, who were managed with CPR on admission, and had the total length of the deployed stent of more than 28 mm, were common predictors for both all-cause death and CD in this study (Supplementary Data 1).

4. Discussion

The main findings of this study are as follows: first, the cumulative incidences of MACE, re-MI, any revascularization, TLR, TVR, and TVF were similar between the two groups. Second, the cumulative incidence

of all-cause death and CD was significantly lower in statin with ACEI group compared with statin with ARB group.

Statins are well-known first-line evidence-based drugs for the management of dyslipidemia and reduction of the risk of cardiovascular events [2,12,13]. In the Swedish registry, it was demonstrated that initiation of statin treatment, at or before hospital discharge, in survivors of AMI is associated with a reduced 1-year mortality rate [14]. Myauch et al. [15] reported that early statin treatment stabilized the vulnerable plaque and improved the prognosis in patients with acute coronary syndrome. Kim et al. [16] reported statin could reduce the cumulative incidences of MACE, all-cause death, and CD more than in statin non-user after PCI in AMI patients who underwent PCI with new-generation DES regardless of the presence or absence of dyslipidemia. Even though the beneficial roles of ACEI and ARB in STEMI patients are well-known [3,5], the relative superiority on long-term clinical outcomes between ACEI and ARB is still debatable [17,18]. Long-term comparative studies between statin with ACEI or statin with ARB therapy in patients with STEMI after DES implantation are scarce. Terry et al. suggested that treatment with ACEI is beneficial following AMI [19]. Statin and ACEI or ARB mechanism of action overlaps especially in the activation of NO synthase [20]. ACEI catalyze the breakdown of bradykinin to inactive peptides and this process leads to accumulation of bradykinin. Bradykinin exerts numerous beneficial effects on cardiovascular protection including vasodilation and stimulation of NO [4]. Ferrari et al. suggested that the intrinsic effect on bradykinin is increased by ACEI and not by ARB in some meta-analyses [21]. The cholesterol-independent or “pleiotropic” effects of statins include the upregulation and activation of endothelial NO synthase, especially in the presence of hypoxia [22,23]. One meta-analysis study [24] demonstrated that the percentage of patients on statin therapy showed no significant relationship with the reduction in outcomes due to ACEI. In addition, in the ARB trials, no statistical significance was found in terms of outcome and percentage of patients on statin therapy. Therefore, regarding the differences of the cumulative incidence of all-cause death and CD between the two groups in this study, we can conclude that the main determinant factor for this mortality difference was the attribution of the beneficial effect of ACEI on cardiovascular mortality reduction itself. Hence, we cautiously suggest that ACEI may be the preferred drugs for reducing mortality compared with ARB in patients with STEMI after DES. This suggestion may be supported by the fact that ARB are involved in selective blockage of the angiotensin II type 1

Table 2

Clinical outcomes by Kaplan-Meier analysis and Cox-proportional hazard ratio analysis up to 2 years.

Outcomes	Cumulative events at 2 years (%)		Log-rank	Hazard ratio (95% CI)	p value
	Statin + ACEI	Statin + ARB			
Total study population					
MACE	519 (6.2)	241 (8.6)	< 0.001	1.396 (1.198–1.626)	< 0.001
All-cause death	122 (1.4)	85 (3.0)	< 0.001	2.071 (1.570–2.732)	< 0.001
Cardiac death	87 (1.0)	67 (2.3)	< 0.001	2.277 (1.656–3.131)	< 0.001
Re-MI	115 (1.4)	50 (1.9)	0.117	1.303 (0.935–1.816)	0.118
Any repeat revascularization	313 (3.8)	134 (4.9)	0.012	1.297 (1.509–1.587)	0.012
TLR	94 (1.1)	40 (1.5)	0.188	1.281 (0.885–1.855)	0.189
TVR	170 (2.1)	77 (2.9)	0.021	1.372 (1.048–1.796)	0.021
Non-TVR	149 (1.8)	60 (2.2)	0.203	1.214 (0.900–1.639)	0.204
TVF	382 (4.6)	189 (6.9)	< 0.001	1.490 (1.252–1.774)	< 0.001
Propensity score-matched patients					
MACE	191 (7.4)	222 (8.7)	0.075	1.192 (0.982–1.446)	0.075
All-cause death	52 (2.0)	79 (3.1)	0.014	1.548 (1.091–2.197)	0.014
Cardiac death	34 (1.3)	62 (2.4)	0.003	1.850 (1.218–2.811)	0.004
Re-MI	50 (1.9)	43 (1.8)	0.535	0.879 (0.585–1.322)	0.536
Any repeat revascularization	102 (4.0)	126 (5.1)	0.064	1.279 (0.985–1.660)	0.065
TLR	30 (1.2)	40 (1.6)	0.185	1.375 (0.857–2.208)	0.187
TVR	59 (2.3)	71 (2.9)	0.213	1.245 (0.882–1.758)	0.213
Non-TVR	47 (1.8)	57 (2.3)	0.258	1.249 (0.849–1.838)	0.259
TVF	150 (5.9)	172 (6.9)	0.148	1.175 (0.944–1.463)	0.149

ACEI, angiotensin converting enzyme inhibitor; ARB, angiotensin receptor blocker; CI, confidence interval; MACE, major adverse cardiac events; Re-MI, recurrent myocardial infarction; TLR, target lesion revascularization; TVR, target vessel revascularization; TVF, target vessel failure.

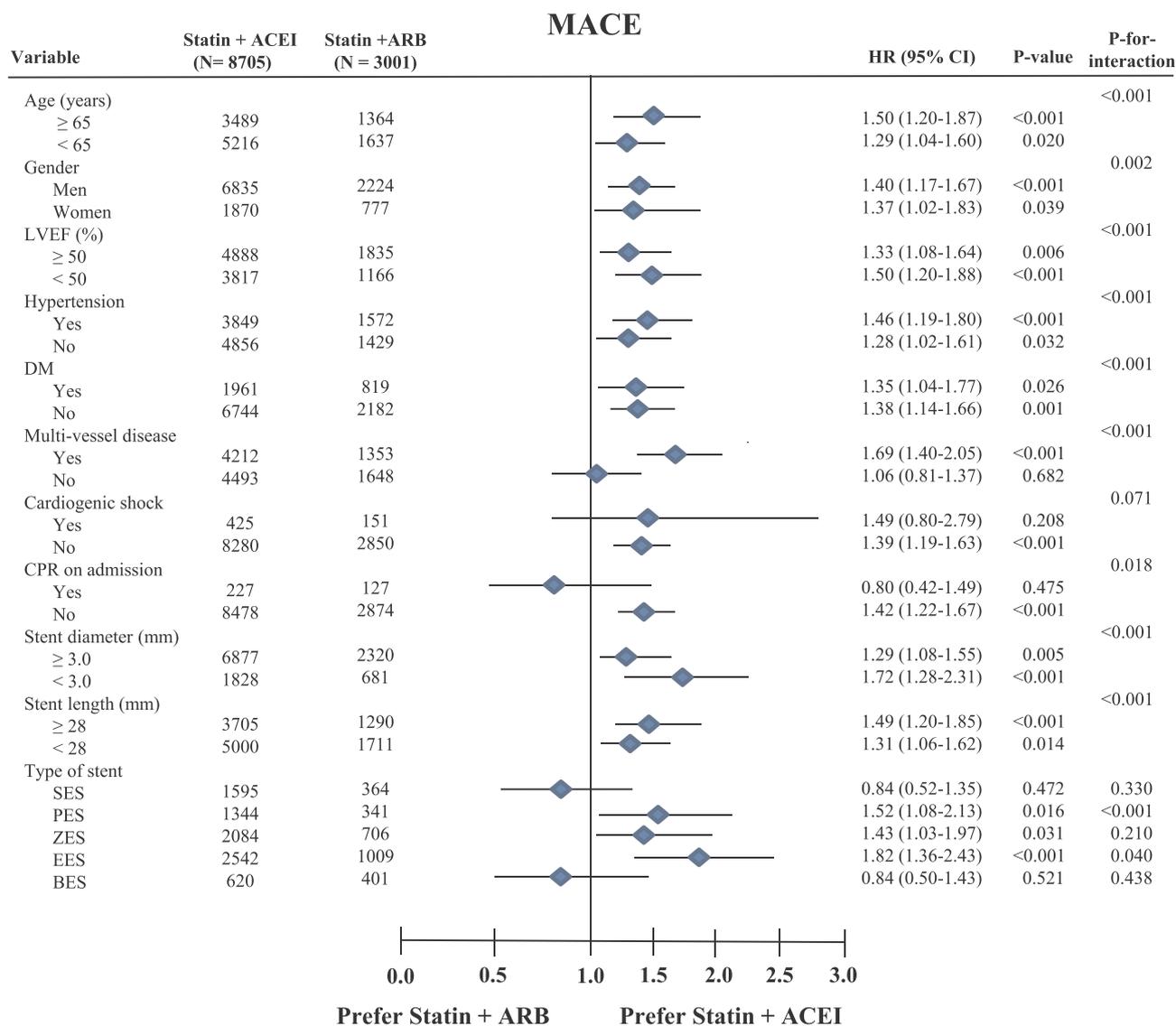


Fig. 3. Subgroup analysis for MACE.

(AT1) receptor, which leads to unwanted elevation of circulating angiotensin II levels through unopposed stimulation of angiotensin II type 2 (AT2) receptor. Because angiotensin II has a positive inotropic activity, sustained activation of angiotensin II increases myocardial oxygen demand, but causes vasoconstriction of the coronary vasculatures simultaneously. Hence, this leads to further exacerbation of oxygen imbalance and myocardial ischemia after MI, and may result in irreversible myocardial damage [25]. In addition, angiotensin II is related to accelerated initiation and progression of atherosclerosis and increased incidences of cardiac inflammatory plaque instability and thrombus formation compared with ACEI [26,27]. Plaque rupture is the most common type of plaque complication, accounting for about 70% of fatal AMI and/or sudden coronary deaths [28]. Most recently, Magnoni et al. [29] demonstrated that the combination of ACEI and statin (but not ARB) was associated with decreased prevalence of plaque neovascularization in sixty-six patients with asymptomatic carotid artery stenosis of intermediate severity assessed by contrast-enhanced ultrasound.

Furthermore, the toxic effects of angiotensin II on myocytes cause loss of myocytes and trigger abnormal deposition of fibrillar collagen in the heart [30]. The suggestion that elevated plasma AT2 activity is an important independent predictor for MACE in patients with obstructive coronary artery disease is a well-known acceptable concept [31,32].

Dézi et al. speculated that the beneficial effect of ARB on coronary events is difficult to elucidate and ARB has failed to demonstrate the same or better clinical outcome shown by ACEI [33].

Recently, Kim et al. [34] demonstrated that the combination of beta-blockers with ACEI was more beneficial than beta-blockers with ARB in reducing the cumulative incidences of MACE, all-cause death, CD, total revascularization, and non-TVR in STEMI patients after successful PCI during a 2-year follow-up period. There were some differences in major clinical outcomes between the former (Kim group) study and this study. Compared to the previous study, the cumulative incidences of MACE, total revascularization, and TVR were similar between the ACEI group and the ARB group in this study. Therefore, the different clinical outcomes in this study may be related to the “pleotropic” effects of statin compared with beta-blockers. Mainly, the increased cumulative incidence of MACE and total revascularization in the previous Kim study were related to increased cumulative incidence of non-TVR. Athyros et al. [35] reported that statins exert their beneficial effects on non-TVR after PCI reducing inflammation (early benefit) and LDL-cholesterol level (in the long run). Regarding non-TVR, the clinical benefit of statin therapy in AMI patients may include decreased inflammation, oxidative stress and monocyte adhesion in the ischemic myocardium [36] and this effect can be interpreted as a statin-related cardioprotective effect very early in the course of AMI [37].

Long-term lipid-lowering effects may be obtained by stabilizing the plaque of the culprit lesion and other site plaques leading to a reduction of new fatal coronary events [38].

In view of drug-drug interaction, ticagrelor is metabolized mainly by cytochrome P450 (CYP) isoenzyme, CYP3A4 [39]. CYP3A4 isoenzyme metabolizes atorvastatin, simvastatin, and lovastatin. Thus, in combination with statins, ticagrelor increases the effectiveness of atorvastatin, simvastatin, and lovastatin due to inhibition of CYP3A4. In this study, we tried to minimize the influence of these drug-drug interactions through PSM analysis. Even though we tried to match according to the kinds of statins between the two groups, many different statins had been prescribed and we could not match the dose of each drug.

Currently, there is no clear evidence that either of these combination therapies is better than the other in patients with STEMI. Therefore, this topic is currently widely debated. Even though this is a retrospective cohort study, more than fifty high-volume University or community hospitals with facilities for primary PCI and onsite cardiac surgery in Korea participated in this study. In addition, this registry reflects the results of “real-world” clinical practice. Furthermore, the published data focusing on this topic was very limited, and in this study, the study population was not small. According to the current guidelines, most interventional cardiologists use the combination therapy either statin with ACEI or ARB in patients with STEMI after PCI even if the information of these combination therapies is limited. Therefore, we think that this comparative study may provide meaningful information to interventional cardiologists. Taken together, the present study confirms that statin with ACEI was better than statin with ARB in STEMI patients after DES deployment in reducing mortality rates. However, this result may be more precisely defined by other well-designed, prospective, randomized studies in the future.

In this study, there are several limitations. First, there may be some under-reporting and/or missed data because the study is non-randomized. Second, this registry data did not include complete information concerning the presence or absence of change in any prescription dose of each drugs, change during the follow-up period, and long-term drug compliance (especially, crossover between ACEI and ARB), and drug-related adverse events (because this study was based on discharge medications), which may be an important bias. Third, the selection of treatment strategies of either statin with ACEI or BB with ARB after PCI was left to the physicians' preferences; this may be another important selection bias. Fourth, although we adopted PSM analysis for adjusting numerous confounding factors, we could not match individual dose and drug. Fifth, the 2-year follow-up period of this study was relatively short to determine the long-term major clinical outcomes, and a longer follow-up period data is needed. Sixth, in this study, we defined hypertension according to the current guidelines, however, the blood pressure of the patients was abnormally elevated or decreased under STEMI. Seventh, there may be a sample selection bias, because the total numbers of dyslipidemic patients in this study (1265/11,706, 10.8%) was relatively lower than a previous landmark trial (41%–42%) [40]. Eighth, the potential effects of ACEI and ARB on the causes of non-CD (i.e., cancer, diabetes) are important. Unfortunately, due to limits of our database, we could not provide full information concerning the causes of non-CD. Finally, the use of anti-arrhythmic agents and digoxin is another important determinant factor for long-term clinical outcomes. However, we could not provide the prescription status of these agents due to lack of information in this registry database.

In conclusion, the combination of statin with ACEI may be the preferred treatment strategy for reducing the mortality rates in STEMI patients after successful PCI with DES over statin with ARB.

Conflicts of interest

The authors declared they do not have anything to disclose regarding conflict of interest with respect to this manuscript.

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Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.atherosclerosis.2019.08.018>.

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