



Intersectional Identities and HIV: Race and Ethnicity Drive Patterns of Sexual Mixing

Michelle Birkett¹ · Balint Neray¹ · Patrick Janulis¹ · Gregory Phillips II¹ · Brian Mustanski¹

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Abstract

Large disparities exist in HIV across racial and ethnic populations—with Black and Latino populations disproportionately affected. This study utilizes a large cohort of young men who have sex with men (YMSM) to examine how race and ethnicity drive sexual partner selection, and how those with intersecting identities (Latinos who identify as White or Black) differ from Latinos without a specific racial identification (Latinos who identify as “Other”). Data come from YMSM (N = 895) who reported on sexual partners (N = 3244). Sexual mixing patterns differed substantially by race and ethnicity. Latinos who self-identified as “Black” reported mainly Black partners, those who self-identified as “White” predominantly partnered with Whites, while those who self-identified as “Other” mainly partnered with Latinos. Results suggested that Black-Latino YMSM are an important population for prevention, as their HIV prevalence neared that of Black YMSM, and their patterns of sexual partnership suggested that they may bridge Black YMSM and Other-Latino YMSM populations.

Keywords HIV · Race/ethnicity · Latino · Sexual networks · Disparities

Introduction

The number of people in the United States who live with human immunodeficiency virus (HIV) infection has been constantly growing in recent years, with approximately 40,000 new infections recorded in 2016 [1]. While HIV prevalence is the highest among men who have sex with men (MSM), disparities are not only strongly associated with gender and sexual behavior, but with race and ethnicity as well [2]. The absolute difference in estimated rate of HIV infection diagnoses among adults over 18 years in 2008 and 2010 was 74.9 percentage points higher for Black individuals, and 21.9 percentage points higher for Hispanic/Latino individuals than for non-Hispanic White individuals [2]. In 2016, Black MSM further accounted for, at 38.5%, the plurality of all new infections among MSM, while Hispanic/Latino MSM accounted for 27.9% of all new infections among MSM, and White MSM accounted for slightly less, at 27.8% [1].

These statistics, much like the majority of research on health disparities, treat Latinos as a homogenous ethnic group, disregarding racial differences within this population. Research has demonstrated that formation and identification of a racial identity within U.S. Latinos is neither simple nor straightforward, and may depend not only on skin color, but also on region or country of origin and other complex factors [3]. Some researchers have further posited that failure to adequately address the complex nature of racial identity within this population is resulting in inadequate estimates of health among Hispanic/Latino individuals [4]. Indeed, a recent meta-analysis demonstrated that racial disparities are common across a number of health areas among Latinos [5]. With regards to health and well-being, it was shown that Black-Latinos, or those who identify racially as Black and ethnically as Latino, have a higher prevalence of self-reported poor health [6, 7] than White-Latinos, and young Black-Latinas have greater levels of depressive symptoms than White-Latinas or White-Latinos [8]. Furthermore, Garcia et al. [9] found that discrimination based on skin color and ascribed race are associated with self-reported health status, such that dark-skinned Latinos who experienced discrimination were more likely to report lower levels of health than lighter-skinned Latinos who did not experience discrimination. Research supports several social and structural

✉ Michelle Birkett
birkett@northwestern.edu

¹ Department of Medical Social Sciences, Feinberg School of Medicine, Northwestern University, 625 N Michigan Ave, 14-041, Chicago, IL 60611, USA

factors which may be contributing drivers of these disparities, such as Black-Latinos have lower household income than White-Latinos, they experience elevated poverty and unemployment rates, and they are more likely to live in economically segregated neighborhoods [5].

A growing health disparity for Latino MSM is in HIV infection. Recent data shows a 13% increase in new HIV diagnoses between 2010 and 2014—trends which have stabilized in overall MSM populations during the same period [10]. However, few studies have examined racial disparities in HIV within Latino populations. One of the few studies in this area has shown that, of those diagnosed with HIV, Black-Latinos had an increased risk of mortality compared to White-Latinos, and that this increased mortality-risk remained even after controlling for a number of individual and neighborhood factors [11].

These findings suggest that by focusing solely only on either the ethnicity or the race of individuals, researchers may be disregarding an important dimension of the HIV epidemic. While a substantial amount of research has explored the disproportionate rates of infection among Black individuals [12–15], the intersection of race within the Latino population is less studied. We suggest that by distinguishing between Black- and White-Latino identified individuals, we can learn more about the epidemic. We distinguish among individuals who identified themselves ethnically as Hispanic/Latino and racially as Black or African American (Black-Latino from here on), individuals who identified themselves ethnically as Hispanic/Latino and racially as White (White-Latino from here on), and individuals who identified themselves ethnically as Hispanic/Latino but who did not self-identify with a specific racial group (Other-Latino from here on).

Furthermore, sexual mixing patterns are important to understand as they play a key role in driving racial disparities in HIV. We know that, as with most social networks [16], partner selection in sexual networks is strongly influenced by homophily—or the tendency for partner similarity across individual characteristics such as race. It is important to emphasize though that while racial homophily is generally present in the sexual network of every racial and ethnic group of MSM, rates of homophily are highest among Black MSM [14, 15, 17, 18] and Black young men who have sex with men (YMSM) [19–21], and its strength is comparable to what has been observed in Black non-MSM populations [16]. This suggests that beyond just a simple preference for similarity, racial mixing patterns in sexual networks may be driven by racial biases—particularly against Black individuals. Indeed, research has shown that MSM report an overall dispreference for Black or Asian MSM as sexual or romantic partners, in comparison to White or Hispanic MSM [22]. Other studies have further found that Black MSM are perceived as representing a higher risk for HIV than other

racial groups and are less welcome at venues which cater to MSM as a whole [15]—all factors which likely drive the sexual mixing patterns of MSM [22, 23].

Furthermore, there is evidence suggesting that these mixing patterns may be responsible for either driving or maintaining STI-related racial disparities across populations. Several mathematical modeling studies have shown that in small sub-populations with high racial similarity in sexual partnerships and high HIV prevalence, disease transmission within the sub-population occurs faster, and maintains or increases disparities in incidence [14, 15, 24].

In this study, we will expand this prior work by examining how race and ethnicity both drive partner selection in different racial/ethnic groups, particularly Black- and White-Latino groups. We hypothesize that self-identified race plays an important role in the sexual mixing patterns of Latinos. Further, we hypothesize that due to the important role of both race and ethnicity in sexual partner selection, Latino individuals in general will tend to have sex partners both from the ethnic and the racial group they identify with, and hence, more diverse partners. More precisely, we predict that those who identified as Black racially will be overrepresented in Black-Latinos' sexual networks, and similarly, those who identified as White racially will be overrepresented in White-Latinos' sexual networks.

Methods

Data for the current analysis come from the RADAR study, an ongoing longitudinal cohort study of multilevel HIV risk factors among young men who have sex with men (YMSM) aged 16–29 years living in and around Chicago, IL. Data collection included biological specimens; network data—including detailed information about the social, sexual, and drug-use networks of cohort members; and psychosocial characteristics of YMSM at 6-month intervals. Individuals were eligible for enrollment in the RADAR cohort if they (a) were between 16 and 29 years old, (b) were assigned male at birth, (c) spoke English, (d) either reported a sexual encounter with a man in the prior year or identified as gay or bisexual or queer, and (e) lived in the Chicago land area. Cohort enrollment began in February of 2015, with ongoing enrollment anticipated through 2019 for a total of up to 9 waves of data collection per cohort member. The study protocol was approved by the Institutional Review Board and participants were compensated \$50 at each visit.

The current analysis draws from the first year of data collected from cohort members ($N = 1013$) who reported being sexually active ('egos', $N = 895$) and gave information on their sexual partners over the 6 months prior to their interview ('alters', $N = 3244$). This final sub-sample of egos and alters ($N = 4139$ in total) is the data set utilized for this

analysis. The demographic characteristics of these study members can be found in Table 1.

Measures

Network Data

An interviewer-assisted, touchscreen network interview was used to elicit data about participants' social, drug, and sexual connections. Comprehensive details about this interview can be found elsewhere [25]. In brief, the tool is structured to first elicit social, drug, and sexual network members. Then, the relationship role(s) of the individuals are identified. Connections between network members are then elicited via a visual interface where participants draw connections between alters for each network type. Finally, important attributes of these individuals (e.g., race and ethnicity) are captured, in addition to attributes of the connections between the participant and network members (e.g., estimated dates of first and most recent sex and sexual risk behavior).

Race and Ethnicity

In our study, participant race and ethnicity were captured with two separate measures based on the recommendation from the National Institutes of Health (NIH) and the Office of Management and Budget (OMB) revised minimum standards as described in the 1997 OMB Directive 15 [26]. Race was assessed by the question “What category best describes your race?” with the response options (1) American Indian or Alaska Native, (2) Asian, (3) Black or African American, (4) Native Hawaiian or Other Pacific Islander, (5) White, (6) Other. Next, ethnicity was assessed by the question “Are you Hispanic or Latino? (A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish culture or origin, regardless of race)” and response options include: (1) Hispanic or Latino and (2) Not Hispanic or Latino. Participants used these same items to report their sexual partner's race and ethnicity. Past work supports that

participants are able to reliably report the race and ethnicity of their sexual partners [27].

We combined these two measures to capture the intersection of racial and ethnic categories. Of all study participants, 39.14% identified their race as “White” and ethnicity as “Not Latino” (White), 30.35% identified their race as “Black” and ethnicity as “Not Latino” (Black), 18.46% selected “Other” as their race and their ethnicity as “Latino” (Other-Latino), 3.43% identified their race as “White” and their ethnicity as “Latino” (White-Latino), 1.74% identified their race as “Black” and their ethnicity as “Latino” (Black-Latino), and 6.89% who identified their race as either “Asian”, “American Indian or Alaska Native”, “Native Hawaiian or Pacific Islander”, or “Other” and their ethnicity as “Not Latino” (Other). A more detailed breakdown of racial and ethnic demographics is available in Table 1. Of note, of those who identified as Latino in our study, 65.76% were Other-Latino, 23.08% were White-Latino, and 11.16% Black-Latino.

Sexual Mixing

In order to understand the composition of sexual networks across race and ethnicity, two measures of sexual network composition were utilized. First, we calculated E–I Index, a measure which utilizes the population proportion of each racial/ethnic group and provides an estimate of the extent to which the observed networks differ from random mixing [28]. The index compares the number of internal connections within a group and the number of connections this group has to other groups. It is calculated by taking the number of connections internal to the given group, subtracting those that are external to the group, and dividing by the total number of connections. E–I index values fall between -1 and $+1$, where $+1$ indicates perfect homophily (preference for similar partners) and -1 indicates to perfect heterophily (preference for partners who are different) [28].

In addition to this general measure of racial homophily, sexual mixing patterns were examined by breaking out the composition of sexual partners' race/ethnicity by ego's race/ethnicity. These mixing patterns capture the extent to which

Table 1 Race/ethnicity of egos and alters

	Total		Ego		Alter	
	n	%	n	%	n	%
Race/ethnicity						
White	1620	39.14	281	31.40	1339	41.28
Black	1256	30.35	318	35.53	938	28.91
Other-Latino	764	18.46	171	19.11	593	18.28
White-Latino	142	3.43	60	6.70	82	2.53
Black-Latino	72	1.74	29	3.24	43	1.33
Other	285	6.89	36	4.02	249	7.68

individuals from certain racial/ethnic groups are connected to their own group as well as to other racial/ethnic groups.

HIV

HIV status was captured by point of care testing. Participants who screened “preliminarily positive” received follow-up lab-based confirmatory testing consistent with current CDC HIV testing guidelines.

Analysis

In order to test our hypotheses, we first tested whether White-Latino and Black-Latino individuals had more diverse (less homogenous) sexual networks than Other-Latinos. The E–I index was calculated for egos in each group, then the differences in network composition were examined using analyses of variance (ANOVA) (see Table 2). Then pairwise between-group differences were examined, with a positive difference score indicating that the former group was more diverse than the latter (see Table 3). Finally, in order to understand the extent to which individuals from certain racial/ethnic groups are connected to their own group as well as to other groups, we calculated the average number of alters from every racial/ethnic group for egos in every racial/ethnic group (see Table 4). Finally, we investigated the racial/ethnic group disparities in HIV using Fisher’s exact test and post hoc analyses with Benjamini–Hochberg correction for multiple comparisons [29] (see Table 5). Data were analyzed using R 3.4.3, an open source software environment for statistical computing [30].

Results

As shown in Tables 2 and 3, there are significant differences in network composition among racial/ethnic groups—with Black individuals having the most homogenous sexual networks (mean E–I index = −0.51) indicating that Black participants partnered primarily with other Black individuals.

Table 2 Ego network composition across race/ethnicity

Race/ethnicity	E–I index			
	M	SD	F	p
Black	−0.51	0.74	55.74	<0.001
White	−0.26	0.73		
Other-Latino	0.07	0.84		
White-Latino	0.75	0.58		
Black-Latino	0.95	0.20		
Other	0.49	0.79		

Table 3 Differences in ego network composition across race/ethnicity

Racial/ethnic groups	Difference	P
Black to White	−0.25	<0.001
Other-Latino to White	0.33	<0.001
White-Latino to White	1.01	<0.001
Black-Latino to White	1.21	<0.001
Other to White	0.74	<0.001
Other-Latino to Black	0.58	<0.001
White-Latino to Black	1.26	<0.001
Black-Latino to Black	1.46	<0.001
Other to Black	1.00	<0.001
White-Latino to Other-Latino	0.68	<0.001
Black-Latino to Other-Latino	0.88	<0.001
Other to Other-Latino	0.42	0.03
Black-Latino to White-Latino	0.20	0.84
Other to White-Latino	−0.27	0.52
Other to Black-Latino	−0.46	0.12

ANOVA for testing between-group differences in E–I index. Positive difference score refers to the first group being more heterogenous than the second

Next, White individuals were also found to primarily partner with other White individuals (mean E–I index = −0.26).

As hypothesized, Other-Latinos demonstrated significantly lower levels of homogeneity than both White egos (difference = 0.33, $p < 0.001$) and Black egos (difference = 0.58, $p < 0.001$), but were still relatively equally connected to in-group and out-group members (mean E–I index = 0.07). Other-Latinos also showed significantly higher levels of homogeneity in their networks than either Black-Latinos (difference = 0.88, $p < 0.001$) or White-Latinos (difference = 0.68, $p < 0.001$) (with mean E–I index scores of 0.95 and 0.75 respectively). Finally, individuals from the other racial/ethnic group had a mean E–I Index of 0.49.

We also examined the racial/ethnic composition of the sexual partners of egos (Table 4). While the diagonal of the table represents the average number of sex partners from ego’s in-group, the off-diagonal captures the average number of sex partners from each of the ego’s out-groups. Again, we observe that the Black individuals’ sexual networks demonstrated high racial homophily, followed closely behind by White individuals, with 75.44% of Black ego’s sex partners also being Black on average, and 62.83% of White ego’s sex partners also being White on average. Looking across the three Latino racial/ethnic groups however, the patterns are more complicated. Other-Latinos (those who identified themselves as “Other” race and “Latino” ethnicity) were more likely to report Latino partners (49.24% of their sexual partners were either Other-Latino, White-Latino, or Black-Latino) than those who identified themselves as

Table 4 Sexual partner composition by ego race/ethnicity

Ego race/ethnicity	Alter race/ethnicity											
	White		Black		Other-Latino		White-Latino		Black-Latino		Other	
	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)	n	(%)
White	2.79	62.83	0.42	9.62	0.58	15.81	0.14	2.14	0.02	0.93	0.33	8.67
Black	0.33	8.18	2.00	75.44	0.23	6.96	0.02	0.76	0.06	1.64	0.20	7.01
Other-Latino	1.17	35.03	0.33	10.36	1.50	46.44	0.08	1.79	0.04	1.01	0.20	5.36
White-Latino	1.92	52.08	0.27	9.51	0.55	17.12	0.25	12.33	0.05	1.50	0.30	7.45
Black-Latino	0.41	9.14	1.31	54.71	0.45	26.84	0.03	3.45	0.07	2.41	0.07	3.45
Other	2.08	45.43	0.42	7.56	0.56	14.76	0.08	3.55	0.06	3.06	0.61	25.65

Table 5 Differences in HIV status of study participants, by race/ethnicity

Ego's race/ethnicity	Ego HIV negative		Ego HIV positive		P
	n	%	n	%	
White	269	95.72	12	4.27	<0.001 ^{a,b,c,d}
Black	218	68.55	100	31.45	
Other-Latino	150	87.72	21	12.28	
White-Latino	57	95.00	3	5.00	
Black-Latino	21	72.41	8	27.59	
Other	35	97.22	1	2.78	

Fisher's exact test and post hoc analyses with Benjamini–Hochberg correction for multiple comparisons

^aSignificant differences between White versus Black, Other-Latino and Black-Latino individuals

^bSignificant differences between Black versus Other-Latino, White-Latino and Other individuals

^cSignificant differences between White-Latino versus Black-Latino individuals

^dSignificant differences between Black-Latino versus Other individuals

White-Latino (only 30.95% of their partners were Other-Latino, White-Latino, or Black-Latino) or Black-Latino (only 32.70% of their partners were Other-Latino, White-Latino, or Black-Latino). Furthermore, the majority of White-Latino ego sex partners were White (52.08%) while the majority of Black-Latino ego sex partners were Black (54.71%). These findings provide evidence that sexual mixing patterns differ among Latinos by race, and that White-Latino individuals connect White and Latino individuals, whereas Black-Latino individuals connect Black and Latino individuals.

Finally, we investigated whether racial/ethnic disparities in HIV existed within our cohort of young MSM. We found significant differences in HIV prevalence by race/ethnicity (Table 5). Black individuals showed the highest prevalence (31.45%), significantly greater than White, Other-Latino, White-Latino and Other individuals. The next highest

prevalence rate was Black-Latino individuals (27.59%), who showed significantly greater prevalence than White-Latino, White and Other individuals. Lower HIV prevalence rates were observed among Other-Latinos (12.28%), White-Latinos (5.00%), White individuals (4.27%), and Others (2.78%). This result, in combination with our findings regarding sexual mixing patterns, suggests that racial disparities exist in Black individuals regardless of Latino ethnicity, and may be driven by racial and ethnic differences in sexual partner selection.

Conclusion

Our results suggest that by disregarding racial identity in Latino individuals, HIV researchers are not achieving an accurate understanding of disease risk and spread in a particularly high prevalence population. Black-Latino MSM within our cohort were nearly 28% HIV positive, making them the second highest prevalence category between Black and Other-Latino MSM (31% and 12% HIV positive, respectively), with significantly greater HIV prevalence than White-Latino MSM (5% HIV positive).

Furthermore, lumping together all Latino individuals conceals important population dynamics that have implications for disease spread and prevention efforts. Black-Latinos were nearly twice as likely to be sexually partnered with Blacks vs. Other-Latinos, while White-Latinos were nearly twice as likely to be sexually partnered with Whites vs. Other-Latinos. This finding in particular indicates that Black-Latino MSM may provide a sexual bridge from Black MSM to Latino MSM communities. Recent estimates from the CDC show that from 2010 to 2014, the estimated annual HIV infections among Latino MSM have increased 13% [10], while infections increased less than 1% for Black MSM [31]. Therefore, future work should examine if the sexual mixing patterns of Black-Latino MSM have played a role in these increases.

Black-Latinos comprised 11% of all Latinos in our study, which is comparable to other estimates of Chicago. This

is higher than nationwide estimates in which Black-Latinos account for 2.5% of the entire Latino population [32] but these numbers vary substantially by city based on ethnic migration patterns. In an examination of Census data, Dominicans were most likely to identify as Black-Latino (12.7%) followed by Puerto Ricans (8.2%). Cubans, in contrast, tend to identify as White-Latino (85.4%), and few Mexicans identify as Black-Latinos (1.1%) [33]. Although in this study we did not capture country of origin, as Chicago's Latino population is primarily Mexican (79.8%) and Puerto Rican (9.9%), followed by Guatemalan (2%), we believe that many of those who identified as Black-Latino may specifically be of Puerto Rican descent. We further examined this by analyzing the community area of residence of our participants, as Chicago's Latino community is highly stratified by neighborhood. For example: Humboldt Park's Paseo Boricua neighborhood on the North West side is known locally as a flagship Puerto Rican enclave, home to many of the Puerto Ricans residing in Chicago. As seen in Fig. 1a, b, by mapping the community area of residence of our Black-Latino participants, we found that many of those who identified themselves as Black-Latino reside near Paseo Boricua. Therefore the Puerto Rican community in particular may be important to target for prevention efforts.

While this study has many strengths, there are also several limitations. First, our results suggest that Black-Latino YMSM within Chicago, and even more specifically—those within the Chicago Puerto Rican community—may be important targets for HIV prevention efforts. However, racial and ethnic composition varies substantially across the country—and it is unknown how generalizable our results will be to Latino YMSM in other cities. Future work should

examine if our findings about sexual mixing patterns and HIV prevalence hold for Black-Latinos across the country. Another limitation of the current analysis is that it is a comparative analysis of variation in sexual mixing, but it is unable to determine the cause of this variation. Therefore, future work should examine how differences in race/ethnicity of partners may be driven by demographic, social contextual, and network factors (e.g. age, neighborhood, SES, and geodesic distance). Finally, while outside the scope of the current manuscript, to better understand racial/ethnic differences in population dynamics, future work should extend to non-sexual ties.

Accurate understandings of these population dynamics are important for studying the spread of infectious diseases. In particular, racial similarity in partner selection is suggested to contribute to racial/ethnic disparities in HIV, and in particular the sustained high incidence among Black YMSM [14, 15, 18, 34, 35]. Less work has examined the role of racial mixing in Latinos, although an agent-based dynamic network simulation model of HIV spread among YMSM supported that partner similarity on race and age would lead to increased HIV among Latino YMSM [34]. The increasing racial disparities found within Latino MSM may be partially driven by the sexual mixing patterns around Black-Latino MSM.

While this work underscores the importance of one's own racial identity in sexual partner selection—and that it might hold greater salience than ethnicity—the racial and ethnic biases of sexual partners likely also play a major role in partner selection. Prior research has shown that within MSM communities, Black individuals are often dispreferred as sexual partners [15], while Latino MSM were often

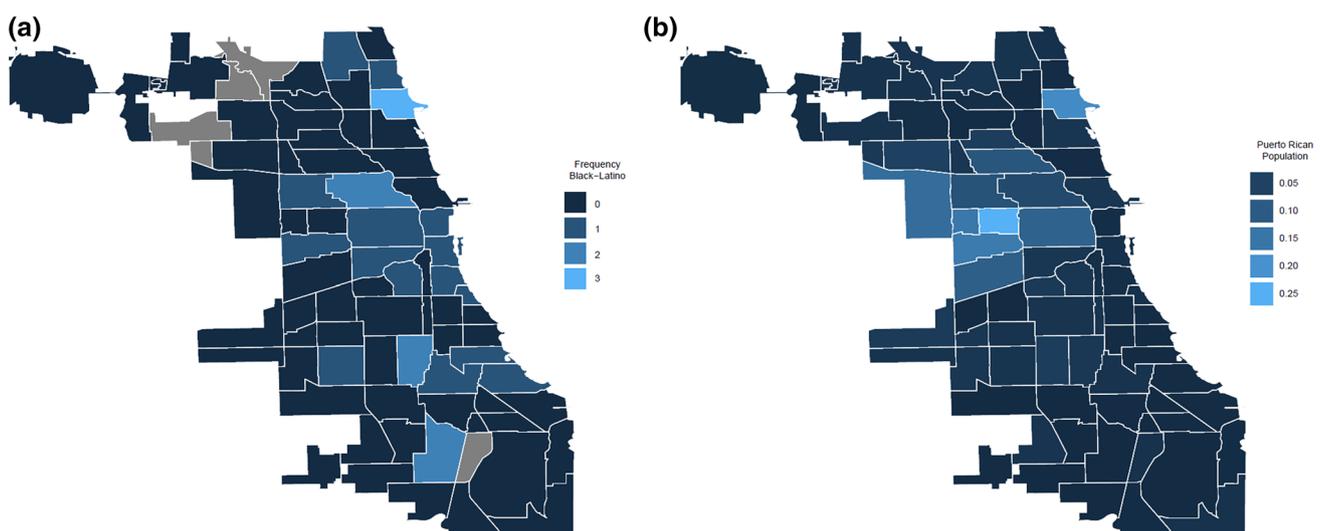


Fig. 1 **a** Number of Black-Latino study participants by their Chicago Community Area of Residence. **b** Puerto Rican population proportion by Chicago community area of residence, 2010. *Note* Maps are created from the 2010 decennial census data [36]

preferred by White, Black, and Asian MSM [22]. Indeed, we found that Black- and White-Latino individuals exhibit very different sexual mixing patterns, connecting Black and Other-Latino and White and Other-Latino individuals respectively through their networks (see Table 4). This suggests that a more nuanced examination of the intersection of race and ethnic identity can help researchers understand how disparities in Latino populations have formed and are maintained. For this reason, future work should further examine the role of racism and bias in partner selection and how these influences may maintain racial disparities in HIV.

One of the most primary implications of this analysis is that by taking into account the complex nature of identity, researchers are able to obtain more accurate estimates of health as well as unveil important population dynamics that have direct implications for disease spread and prevention efforts. While this study focused on the intersection of race and ethnicity, there are other important but often overlooked dimensions of identity—an example being gender identity. Researchers must pay better attention to the salient dimensions of identity which shape the experiences of individuals. Without more nuanced measurement of these important dimensions of identity, those with intersecting identities will remain invisible.

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Compliance with Ethical Standards

Conflict of interest All authors declare that they have no conflicts of interest.

Ethical Approval All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards.

Informed Consent Informed consent was obtained from all individual participants included in the study.

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