



Differentiating between malignant and benign solid solitary pulmonary lesions: are intravoxel incoherent motion and diffusion kurtosis imaging superior to conventional diffusion-weighted imaging?

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Abstract

Objective To quantitatively compare the diagnostic values of various diffusion parameters obtained from mono- and biexponential diffusion-weighted imaging (DWI) models and diffusion kurtosis imaging (DKI) in differentiating between benign and malignant solitary pulmonary lesions (SPLs).

Methods Multiple b-value DWIs and DKIs were performed in 89 patients with SPL by using a 3-T magnetic resonance (MR) imaging unit. The apparent diffusion coefficient (ADC) of various b-value sets, true diffusivity (D), pseudo-diffusion coefficient (D*), perfusion fraction (f), apparent diffusional kurtosis (K_{app}), and kurtosis-corrected diffusion coefficient (D_{app}) were calculated and compared between the malignant and benign groups using a Mann-Whitney U test. Receiver-operating characteristic analysis was performed for all parameters.

Result The ADC_(0, 150) values of malignant tumors were lower than those of the benign group ($p = 0.01$). The ADC_(0, 300), ADC_(0, 500), ADC_(0, 600), ADC_(0, 800), ADC_(0, 1000), ADC_{total}, D, and D_{app} of malignant tumors were significantly lower than those of benign lesions (all $p < 0.001$). D*, f, and K_{app} showed no statistically significant differences between the two groups. ADC_{total} showed the highest area under the curve (AUC = 0.862), followed by ADC_(0, 800) (AUC = 0.844), ADC_(0, 600) (AUC = 0.843), D (AUC = 0.834), ADC_(0, 1000) (AUC = 0.834) and ADC_(0, 500) (AUC = 0.824), D_{app} (AUC = 0.796), and ADC_(0, 300) (AUC = 0.773). However, the difference in diagnostic efficacy among these parameters was not statistically significant ($p > 0.05$).

Conclusion Intravoxel incoherent motion (IVIM) and DKI-derived parameters have similar performance compared with conventional ADC in differentiating SPLs.

Key Points

- Mono- and biexponential DWI and DKI are feasible for differentiating SPLs.
- ADC_(0, ≥500) has better performance than ADC_(0, <500) in assessing SPLs.
- IVIM and DKI have similar performance compared with conventional DWI in differentiating SPLs.

Keywords Lung neoplasms · Solitary pulmonary nodule · Diffusion magnetic resonance imaging · Area under curve · Sensitivity and specificity

Abbreviations

ADC Apparent diffusion coefficient
AUC Area under curve

D True diffusivity
D* Pseudo-diffusion coefficient
D_{app} Kurtosis corrected diffusion coefficient
DKI Diffusion kurtosis imaging
DWI Diffusion-weighted imaging
f Perfusion fraction
IVIM Intravoxel incoherent motion
K_{app} Apparent diffusional kurtosis
ROC Receiver operating characteristic
ROI Region of interest
SPL Solitary pulmonary lesions

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Introduction

Lung cancer is one of the most common malignancies with the highest mortality [1]. Diagnosis and characterization of solitary pulmonary lesions (SPLs) is an important area of pulmonary medicine for clinical management. Although CT is a routine choice of chest imaging, it still has some limitations such as basing merely on a morphologic criterion and exposure to ionizing radiation. Magnetic resonance diffusion-weighted imaging (DWI), free of ionizing radiation and extraneous contrast media, allowed us to obtain information about the microscopic motion of water protons, which was indicative of changes at the cellular level [2]. DWI was introduced for pulmonary nodule assessment in 2008 [3, 4]. Since then, ADC, serving as a promising biomarker, has performed well in aspects of tumor detection and characterization and N-staging to treatment response assessment [5–7]. However, there is always concern that the ADC obtained from conventional monoexponential DWI could not accurately reflect the real diffusivity, owing to the influence of microcirculation [8].

It has been suggested that biexponential DWI or diffusion kurtosis imaging (DKI) might provide more accurate information about water diffusion [9, 10]. The intravoxel incoherent motion DWI (IVIM-DWI) calculated using a bi-exponential model could obtain diffusion (true diffusivity, D) and perfusion parameters (fraction of perfusion, f , and pseudo-diffusion parameter, D^*) separately. IVIM of the oncology, either differentiating between benign and malignant tumors or monitoring treatment response, is a growing field of research. However, each IVIM-derived parameter might possess a different value in the differential diagnosis in various systems [11, 12]. The diffusion kurtosis models yield an estimate for excess kurtosis of the diffusion displacement probability distribution, accounting for the degree of the non-Gaussian pattern [13]. Although several preliminary studies of lung IVIM and DKI provided promising results, some inconclusive or conflicting results have also been published [10, 14]. Since mono- and biexponential DWI and DKI may demonstrate different aspects of tissue properties, it should be valuable to explore and compare their roles in the differentiation of solitary pulmonary lesions (SPLs).

To the best of our knowledge, no existing studies have quantitatively evaluated the diagnostic utilities of different diffusion models in differentiating SPLs. Therefore, the purpose of this prospective study was to quantitatively compare the potential of various diffusion parameters obtained from monoexponential, biexponential, and diffusion kurtosis models in the differentiation of SPLs.

Materials and methods

Patient population

This prospective study was approved by the local institutional review board. Written informed consent was obtained from each patient. A total of 196 consecutive patients with solid thoracic masses or nodules confirmed by computed tomography findings were referred to MR imaging between October 2015 and July 2017. The inclusion criteria were as follows: (1) lesions were measurable on computed tomography (CT) scan and (2) patients received no therapies or anti-inflammatory therapies at least 2 weeks before the MRI scan and lesions showed no shrinkage. The exclusion criteria were the following: (1) operations or biopsies were not performed ($n = 21$); (2) mediastinal lesions ($n = 23$); (3) multiple pulmonary lesions ($n = 36$); (4) masses or nodules have an air-containing area larger than $2/3$ of the diameter ($n = 8$); (5) unsatisfactory imaging quality ($n = 19$). Finally, 107 patients were excluded, and a total of 89 patients (51 males and 38 females; age range, 23–77 years; mean age, 58.25 years) were included in the final cohort.

Pathologic assessment revealed 69 and 20 cases of malignant tumors and benign lesions, respectively, among the 89 SPLs. The malignancy group included 41 adenocarcinomas, 15 squamous carcinomas, 7 small cell carcinomas, 2 adenosquamous carcinomas, 1 combined small cell carcinoma (adenocarcinoma plus small cell carcinoma), 1 lymphoepithelioma-like carcinoma, 1 primary pulmonary synovial sarcoma, and 1 mucoepidermoid carcinoma. The benign tumor group included 5 focal pneumonias, 6 tuberculosis, 3 inflammatory granulomas, 3 sclerosing pneumocytomas, 2 hamartomas and 1 pulmonary sequestration.

Image data acquisition

All patients were examined with a 3.0-T MRI (Achieva, Philips Healthcare, Best, The Netherlands) using a body phase array coil (Philips Healthcare). Conventional MRI sequences include axial gradient echo T1-weighted (T1W) imaging and axial and coronal turbo spin-echo T2-weighted (T2W) imaging. Routine MR images were obtained during free-breathing. Axial T2WI was obtained with a repetition time/echo time of 998/80 ms; section thickness, 5 mm; gap, 0.5 mm; field of view, 340 mm \times 430 mm; NSA = 1; scan time, 24 s. Coronal T2WI was obtained with 1131/80 ms; section thickness, 5 mm; gap, 0.5 mm; field of view, 430 mm \times 430 mm; NSA = 2; scan time, 27 s.

A multiple b-value DWI scan was acquired using a single-shot echo-planar imaging pulse sequence with free breathing. Parallel imaging was used, and fat was suppressed using spectral presaturation inversion recovery (SPIR). Fourteen b values from 0–1000 s/mm² were used (0, 5, 10, 15, 20, 25,

50, 80, 150, 300, 500, 600, 800, and 1000 s/mm²), 1111/55 ms; section thickness, 3 mm; gap, 0.3 mm; field of view, 300 mm × 375 mm; NSA = 4; scan time, 7 min 17 s. DKI was performed by using three b values that ranged from 0 to 2000 s/mm² (0, 1000, 2000 s/mm²) with six diffusion directions for every b value, 1084/66, section thickness, 4 mm; gap, 0.4 mm; field of view, 300 mm × 375 mm; NSA = 3; acquisition time, 4 min 5 s (Table 1).

Image data analysis and processing

The MR image data were processed using PRIDE software (Phillips Medical Systems). Multiple b-value DWI data were used to compute mono- and biexponential models. ADC_{total} and IVIM parameters (i.e., D, f, and D*) were calculated with mono- and biexponential fit models, respectively, using all 14 b values (0–1000 s/mm²). The conventional ADC (i.e., ADC₁₅₀, ADC₃₀₀, ADC₅₀₀, ADC₆₀₀, ADC₈₀₀, ADC₁₀₀₀) was calculated using two b values with b = 0 s/mm² and b = 150, 300, 500, 600, 800, and 1000 s/mm², respectively. DKI parameters (i.e., the apparent diffusional kurtosis, K_{app}, and the kurtosis corrected diffusion coefficient, D_{app}) were derived using three b values (0, 1000, 2000 s/mm²). ADC values were calculated using monoexponential fit of signal intensity with the following equation [15]:

$$\frac{S(b)}{S_0} = \exp(-bADC)$$

For the biexponential IVIM model [16], the relationship between the DWI signal intensity and b factors can be expressed as:

$$\frac{S(b)}{S_0} = f \cdot \exp(-bD^*) + (1-f) \cdot \exp(-bD)$$

For the DKI model, DWI signal intensities at multiple b values were fitted with the following equation [17]:

$$\frac{S(b)}{S_0} = \exp\left(-bD_{app} + \frac{1}{6}b^2D_{app}^2 \cdot K_{app}\right)$$

where S(b) is the signal intensity at different diffusion values, S₀ the signal intensity at b = 0 s/mm², f the fraction of perfusion, D the diffusion parameter representing pure molecular diffusion, and D* the pseudo-diffusion parameter representing incoherent microcirculation within the voxel. D_{app} is the kurtosis corrected diffusion coefficient, and K_{app} is a unitless parameter that represents the deviation of water motion from Gaussian diffusion.

After being transferred to a Philips workstation to generate two b-value ADC maps, the original DWI images were transferred to the post-processing software. Mono- and biexponential and kurtosis models were used to calculate the corresponding ADC_{total}, D, f, D*, K_{app}, and D_{app} pseudo color pictures. Least-squares fit was used for linear fitting with the monoexponential and DKI models, and IVIM data were fitted with the Levenberg-Marquardt nonlinear fitting algorithm. The region of interest (ROI) was manually drawn on the solid part of the lesion at the level of maximum transverse diameter, avoiding necrosis and hemorrhage by consensus of two experienced radiologists (Y.D. and Q.W. with 3 years and 7 years of magnetic resonance diagnostic experience, respectively) blinded to the pathologic results.

Statistical analyses

Data are presented as mean ± standard deviation (SD). IVIM and DKI parameters and ADC between malignant and benign groups were compared by Mann-Whitney U test. Receiver-operating characteristic (ROC) curve analysis was performed to evaluate the diagnostic performances and determine the optimal cutoff value of each parameter in predicting malignancy. Areas under the curves (AUCs) were compared using the

Table 1 Scanning parameters of magnetic resonance imaging

	T1WI	T2WI	Multiple b-value DWI	DKI
TR (ms)	10	998	1111	1084
TE (ms)	2.3	80	55	66
NSA	1	1	4	3
FOV (mm)	340 × 430	340 × 430	300 × 375	300 × 375
Slice thickness (mm)	5	5	3	4
Gap (mm)	0.5	0.5	0.3	0.4
B value	-	-	0, 5, 10, 15, 20, 25, 50, 80, 150, 300, 500, 600, 800, and 1000	0, 1000, 2000
Directions	-	-	3	6
Matrix	448 × 448	640 × 640	256 × 256	192 × 192
Scanning time	47 s	24 s	7 min 17 s	4 min 5 s

TR repetition time, TE echo time, NSA number of signals acquired, FOV field of view

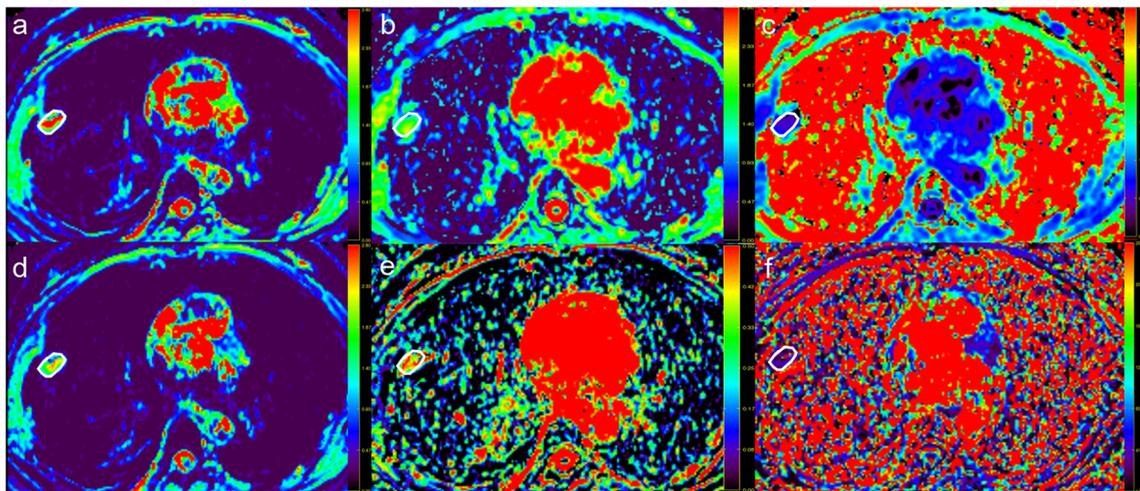


Fig. 1 Tuberculosis granuloma in the right lower lobe. In the lesion (a) the ADC_{total} map and (b) the D_{app} map show increased values. c The K_{app} map shows decreased values. d The D map, and (e) the f map show

increased values. f The D^* map shows decreased values. The "decreased" or "increased" values were described using the color in the middle of the bar as a reference

DeLong method. For pairwise comparisons of ROC curves, a Bonferroni-adjusted significance level of 0.017 (0.05/3) was used. Statistical analyses were performed with SPSS (version 19.0, IBM Corp., USA) and MedCalc software (version 15.2.2, Mariakerke, Belgium). The tests were two-tailed, and $p < 0.05$ was considered statistically significant.

Results

MRI appearance

The longest lesion diameters were in the range of 1.0–14.8 cm, with a mean of 4.2 cm. Figures 1, 2, 3, and 4 show the

representative MR appearance on multiple diffusion images of two cases pathologically confirmed as benign and malignant lesion, respectively.

Diffusion parameters

ADC, IVIM, and DKI parameters of malignant and benign SPLs are shown in Fig. 5 and Table 2. The $ADC_{(0, 150)}$ of malignant tumors was lower than in the benign lesion group ($p = 0.01$). The $ADC_{(0, 300)}$, $ADC_{(0, 500)}$, $ADC_{(0, 600)}$, $ADC_{(0, 800)}$, $ADC_{(0, 1000)}$, ADC_{total} , D, and D_{app} of malignant tumors were significantly lower than in benign lesions (all $p < 0.001$). The difference of D^* , f, and K_{app} between these two groups was not statistically different ($p > 0.05$).

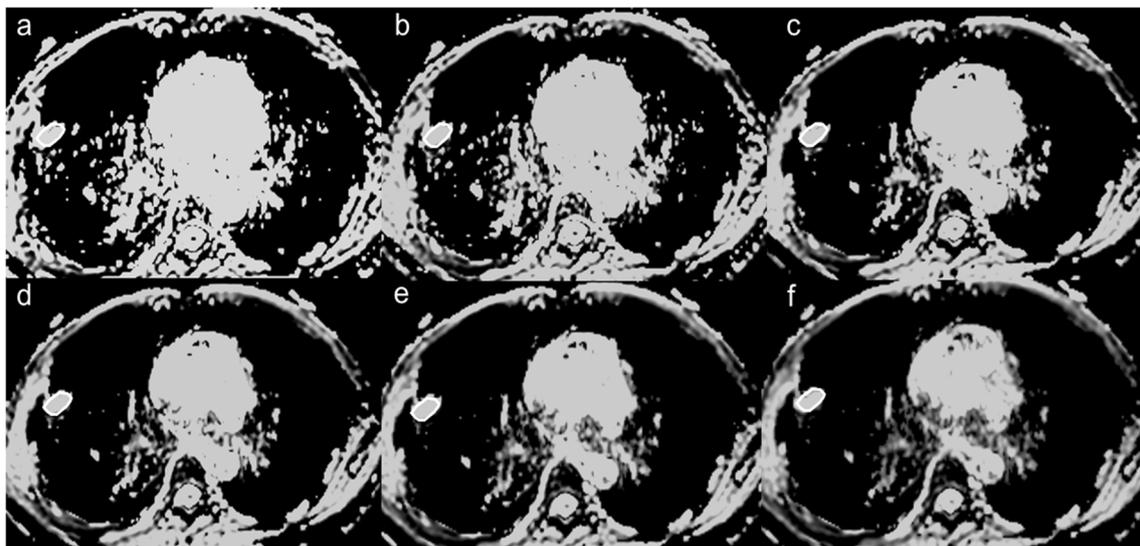


Fig. 2 The same patient as in Fig. 1. a $ADC_{(0, 150)}$ map. b $ADC_{(0, 300)}$ map. c $ADC_{(0, 500)}$ map. d $ADC_{(0, 600)}$ map. e $ADC_{(0, 800)}$ map. f $ADC_{(0, 1000)}$ map. The lesion continues to maintain a high level on ADC maps from low to high

b values. $ADC_{(0, 150)} = 2.42 \times 10^{-3} \text{ mm}^2/\text{s}$, $ADC_{(0, 300)} = 2.38 \times 10^{-3} \text{ mm}^2/\text{s}$, $ADC_{(0, 500)} = 2.25 \times 10^{-3} \text{ mm}^2/\text{s}$, $ADC_{(0, 600)} = 2.23 \times 10^{-3} \text{ mm}^2/\text{s}$, $ADC_{(0, 800)} = 2.12 \times 10^{-3} \text{ mm}^2/\text{s}$, $ADC_{(0, 1000)} = 1.92 \times 10^{-3} \text{ mm}^2/\text{s}$

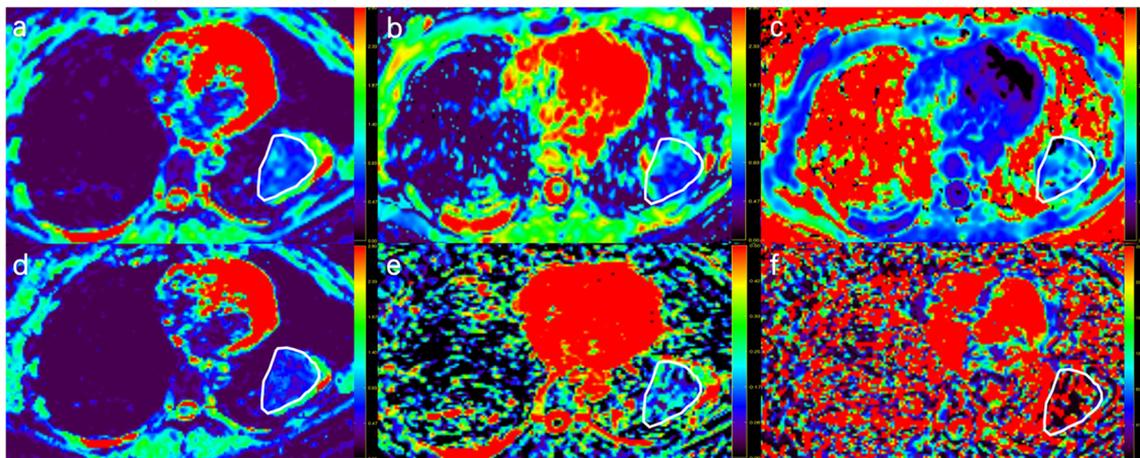


Fig. 3 Pulmonary lymphoepithelioma-like carcinoma in the left lower lobe. In the tumor (a), the ADC_{total} map and (b) the D_{app} map show decreased values. c The K_{app} map shows moderate to low values. d The D map shows decreased value. e The f map shows moderate to low

values. f The D^* map shows increased values. The "decreased" or "increased" values were described using the color in the middle of the bar as a reference

Diagnostic performance of multiple parameters

ROC curves of multiple parameters for predicting malignant SPLs were plotted in Fig. 6, and the corresponding diagnostic test characteristics are provided in Table 3. According to the ROC curve analysis, the AUC values of ADC_{total} , D, $ADC_{(0,150)}$, $ADC_{(0,300)}$, $ADC_{(0,500)}$, $ADC_{(0,600)}$, $ADC_{(0,800)}$, $ADC_{(0,1000)}$, and D_{app} are 0.862, 0.834, 0.689, 0.773, 0.824, 0.843, 0.844, 0.834, and 0.796. For pairwise comparisons of ROC curves, ADC_{total} ($p = 0.003$), $ADC_{(0,500)}$ ($p = 0.008$), $ADC_{(0,600)}$ ($p = 0.003$), $ADC_{(0,800)}$ ($p = 0.004$), and $ADC_{(0,1000)}$ ($p = 0.012$) are better than $ADC_{(0,150)}$ in diagnosing malignant SPLs. The difference in diagnostic efficacy among ADC_{total} , D, $ADC_{(0,300)}$, $ADC_{(0,500)}$, $ADC_{(0,600)}$,

$ADC_{(0,800)}$, $ADC_{(0,1000)}$, and D_{app} is not statistically significant.

Discussion

As a radiation-free alternative to CT for pulmonary nodule assessment, there is increasing interest in pulmonary magnetic resonance imaging. DWI, characterizing the restriction of random thermal motion of water molecules, is able to reveal tumor cellularity, which is beneficial for estimating and differentiating pulmonary nodules. However, the nodule detection rates with DWI are lower than the rates for other routine sequences, such as T2-weighted imaging [18]. Regier et al [19]

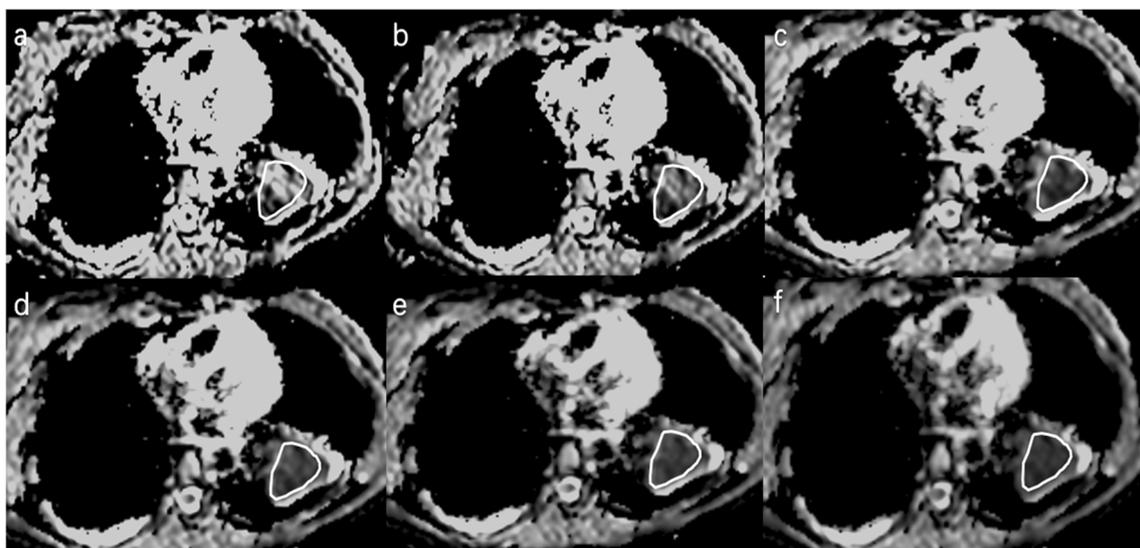


Fig. 4 The same patient as in Fig. 3. a $ADC_{(0,150)}$ map. b $ADC_{(0,300)}$ map. c $ADC_{(0,500)}$ map. d $ADC_{(0,600)}$ map. e $ADC_{(0,800)}$ map. f $ADC_{(0,1000)}$ map. The lesion shows descending value on ADC maps from low to

high b values. $ADC_{(0,150)} = 1.56 \times 10^{-3} \text{ mm}^2/\text{s}$, $ADC_{(0,300)} = 1.17 \times 10^{-3} \text{ mm}^2/\text{s}$, $ADC_{(0,500)} = 0.82 \times 10^{-3} \text{ mm}^2/\text{s}$, $ADC_{(0,600)} = 0.73 \times 10^{-3} \text{ mm}^2/\text{s}$, $ADC_{(0,800)} = 0.71 \times 10^{-3} \text{ mm}^2/\text{s}$, $ADC_{(0,1000)} = 0.65 \times 10^{-3} \text{ mm}^2/\text{s}$

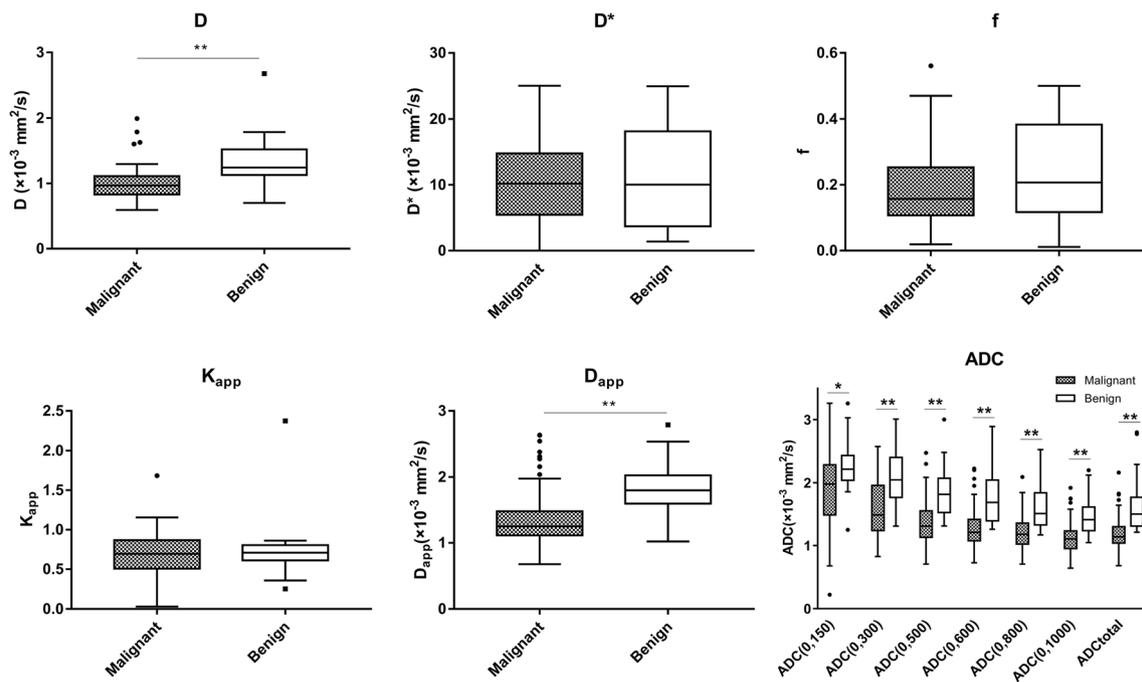


Fig. 5 Tukey boxplots of D , D^* , f , ADC , D_{app} , and K_{app} values of malignant and benign solitary pulmonary lesions. * $p = 0.01$, ** $p < 0.001$. Dots mean outliers. The Mann-Whitney U test was used for the comparison

found a sensitivity of only 43.8% with DWI for lung nodules ≤ 5 mm in diameter, which increased to 97% for nodules ≥ 10 mm. Therefore, currently DWI should be primarily used to assess lesions rather than nodule detection. According to a previous meta-analysis [20], most DWI studies on the lung choose a minimum of 10 mm as the inclusion criterion. In this study, the smallest lesion was 10 mm in diameter.

This study was conducted using free-breathing acquisition, consistent with most lung DWI studies. Although breath-holding or respiratory-triggered acquisitions can, to some extent, reduce the adverse effect of motion on DWI, they still have drawbacks, such as being challenging for some patients to perform (especially for those with COPD) and having much longer acquisition times (especially for IVIM) [14]. In contrast, free breathing is more versatile, and it is reported that there is no significant difference among the ADC measurements of these three methods [21].

Our study demonstrates that ADC, IVIM and DKI are clinically feasible and of value in differentiating between malignant and benign SPLs. Diffusion-related parameters, D , ADC , and D_{app} , possess relatively higher diagnostic accuracy compared with D^* , f , and K_{app} . Malignant tumors have relatively lower numerical value in diffusion-related parameters compared with benign lesions, because malignant tumors tend to have a higher cell density and narrower extracellular space, thus leading to the limitation of the diffusion movement of water molecules.

Our study found that ADCs derived from $b \geq 500$ s/mm² achieve better diagnostic performance compared with ADC

derived from $b < 500$ s/mm². This may indicate that ADCs obtained from low b values (usually < 600 s/mm²) tend to be unstable and more influenced by perfusion [22], which could lower the diagnostic performance. Nonetheless, if the b value is too high, it would increase the chance of distortion and susceptibility artifacts, especially in lung. In this study, the

Table 2 Diffusion parameters of malignant and benign solitary pulmonary lesions

Parameters	Malignant	Benign	p value
D	0.99 ± 0.25	1.27 ± 0.43	< 0.001
D^*	11.10 ± 6.72	10.87 ± 8.10	0.709
f	0.18 ± 0.11	0.24 ± 0.14	0.118
K_{app}	0.67 ± 0.28	0.75 ± 0.41	0.810
D_{app}	1.36 ± 0.42	1.81 ± 0.41	< 0.001
ADC_{total}	1.19 ± 0.26	1.64 ± 0.46	< 0.001
$ADC_{(0,150)}$	2.26 ± 3.30	2.26 ± 0.41	0.01
$ADC_{(0,300)}$	1.58 ± 0.46	2.07 ± 0.45	< 0.001
$ADC_{(0,500)}$	1.38 ± 0.37	1.85 ± 0.39	< 0.001
$ADC_{(0,600)}$	1.28 ± 0.32	1.76 ± 0.42	< 0.001
$ADC_{(0,800)}$	1.21 ± 0.27	1.65 ± 0.39	< 0.001
$ADC_{(0,1000)}$	1.12 ± 0.26	1.48 ± 0.33	< 0.001

D true diffusivity, D^* pseudo-diffusion coefficient, f perfusion fraction, D_{app} kurtosis corrected diffusion coefficient, ADC apparent diffusion coefficient, K_{app} apparent diffusional kurtosis. Data are presented as mean \pm standard deviation. Diffusion parameters between malignant and benign groups were compared by using Mann-Whitney U test. ADC , D , D_{app} , and D^* are in units of $\times 10^{-3}$ mm²/s

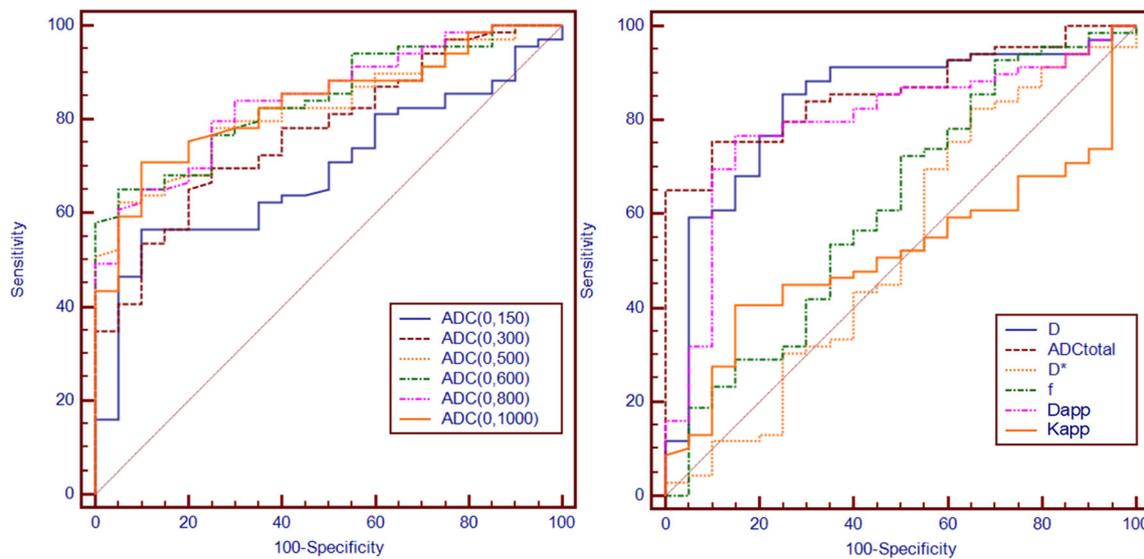


Fig. 6 Receiver-operating characteristic curves for D , D^* , f , ADC , D_{app} , and K_{app} in distinguishing malignant from benign solitary pulmonary lesions

AUC of $ADC_{(0, 600-800)}$ was slightly higher than that of $ADC_{(0, 1000)}$. Although the difference is non-significant, we recommend obtaining two b-value DWI in lung with the maximum b value using 600–800 s/mm^2 , taking both the imaging quality and diagnostic ability into account.

We noticed that D had the highest sensitivity, meanwhile $ADC_{(0, 500-800)}$ achieved the highest specificity. This means that D removal of the perfusion portion could be conducive to revealing the increased cellular density in malignancies and have a better performance in diagnosing malignant SPLs, while $ADC_{(0, 500-800)}$ sensitive to both diffusion and perfusion could be beneficial to synthetically reflect the pathologic conditions and have a relatively better performance in identifying non-malignant lesions. ADC_{total} seems like a compromise between them, possessing a maximum AUC in a non-significant manner. These findings suggest that the combination of D and ADC might be more accurate compared with these indices alone in clinical practice.

In this study, the perfusion-related values, D^* and f , were not statistically different for the differentiation between benign and malignant SPLs, in line with previous studies [9, 23]. This may be due to the fact that the perfusion portion of benign and malignant nodules could overlap [9]. Furthermore, D^* tends to be unstable and has a large standard deviation, which might also lead to a lower diagnostic potential. Nonetheless, in a study [14] with specific disease categories (including only lung cancer and inflammatory lesions), f was found significantly different between two groups. Therefore, further study with inflammatory lesions assessed separately may be needed.

The results of our study showed that the D_{app} of malignant groups was significantly lower than that of benign lesions, in accordance with Das [24]. However, unlike the previous study [24], we found that the K_{app} of malignant tumors was also lower than that of benign lesions with no statistical difference. This might suggest that benign lesions do not necessarily possess lower K_{app} . In this study, the K_{app} value of an

Table 3 Sensitivity and specificity of diffusion parameters at optimal cutoff values in differentiating malignant from benign solitary pulmonary lesions

Parameters	AUC	Cutoff value	Sensitivity (%)	Specificity (%)	+LR(%)	-LR(%)
D	0.834	1.138	85.51	75	3.42	0.19
D_{app}	0.796	1.484	76.81	85	5.12	0.27
ADC_{total}	0.862	1.296	75.36	90	7.54	0.27
$ADC_{(0,150)}$	0.689	2.013	56.52	90	5.65	0.48
$ADC_{(0,300)}$	0.773	1.734	65.22	80.0	3.26	0.43
$ADC_{(0,500)}$	0.824	1.423	62.23	95.0	10.43	0.50
$ADC_{(0,600)}$	0.843	1.305	65.22	95.0	13.04	0.37
$ADC_{(0,800)}$	0.844	1.238	60.9	95.0	12.17	0.41
$ADC_{(0,1000)}$	0.834	1.197	71.01	90	7.10	0.32

AUC area under ROC curve, ADC apparent diffusion coefficient, D true diffusivity, D_{app} kurtosis corrected diffusion coefficient, 95% CI 95% confidence intervals, +LR positive likelihood ratio, -LR negative likelihood ratio

inflammatory lesion reaches as high as 2.37. This has not been reported before and might result from the relatively complex microenvironment, such as inflammatory cell infiltration, purulent exudate, or fibrous hyperplasia within the lesions. In addition, b-value selection might also account for the discordance. Technically, the highest b value using in DKI needs to reach $> 1500 \text{ s/mm}^2$ [13]. This study selected the 3b value with highest $b = 2000 \text{ s/mm}^2$. Due to the scarcity of literature, the optimal b value selection for lung DKI remains unclear.

This study has some limitations. First, some other malignant (e.g., single metastasis, carcinoid, lymphoma) and benign (e.g., round atelectasis) lesions were not included in this study. The population of benign SPLs is relatively small, and the subtypes were not evaluated. Second, the ROIs were selected in the solid part on the largest slice instead of the entire tumors, which might lead to some selection bias owing to tumor heterogeneity. Third, some other promising diffusion models (e.g., diffusion basis spectrum imaging [25]) and quick acquisition techniques (e.g., slice accelerated diffusion imaging [26]) and were not used. In the future, the combination of different diffusion models with the detailed histologic characteristics should be investigated further in a larger study.

In conclusion, this study suggests that mono- and biexponential DWI and DKI are feasible and helpful in differentiating between malignant and benign SPLs. The conventional DWI using two b values with acceptable diagnostic efficiency and short scanning time can still be a convenient and effective choice for routine clinical application.

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Compliance with ethical standards

Guarantor The scientific guarantor of this publication is Xinchun Li.

Conflict of interest The authors of this manuscript declare no relationships with any companies, whose products or services may be related to the subject matter of the article.

Statistics and biometry No complex statistical methods were necessary for this paper.

Informed consent Written informed consent was obtained from all subjects (patients) in this study.

Ethical approval Institutional Review Board approval was obtained.

Methodology

- prospective
- diagnostic study
- performed at one institution

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