



# Diffusion kurtosis imaging to assess correlations with clinicopathologic factors for bladder cancer: a comparison between the multi-*b* value method and the tensor method

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## Abstract

**Objectives** To assess the efficacy of diffusion kurtosis imaging (DKI) in differentiating low-grade from high-grade tumors and evaluating the aggressiveness of bladder cancer.

**Methods** From January 2017 to July 2017, 35 patients (28 males, 7 females; mean age  $63 \pm 9$  years) diagnosed with bladder cancer underwent diffusion-weighted imaging (DWI) with two types of DKI protocols: (1) multi-*b* value ranging from 0 to 2000 s/mm<sup>2</sup> to obtain mean diffusivity/kurtosis (MD<sub>b</sub>/MK<sub>b</sub>) and (2) the tensor method with 32 directions with 3 *b* values (0, 1000, and 2000s/mm<sup>2</sup>) to obtain mean/axial/radial diffusivity (MD<sub>t</sub>/Da/Dr), mean/axial/radial kurtosis (MK<sub>t</sub>/Ka/Kr), and fractional anisotropy (FA) before radical cystectomy. Comparisons between the low- and high-grade groups, non-muscle-invasive bladder cancer (NMIBC), and muscle-invasive bladder cancer (MIBC) were performed with the areas under the receiver operating characteristic curves (AUCs).

**Results** The MK<sub>t</sub> and Kr values were significantly ( $p = 0.017$  and  $p = 0.048$ ) higher in patients with high-grade bladder tumors than in those with low-grade tumors. The MK<sub>t</sub>, Kr, and MK<sub>b</sub> values were significantly ( $p = 0.022$ ,  $p = 0.000$ , and  $p = 0.044$ , respectively) higher in patients with MIBC than in those with NMIBC, while no significant differences ( $p > 0.05$ ) were found in other values. The AUC of Kr (0.883) was the largest and was significantly higher than those of other metrics (all  $p < 0.05$ ) for differentiating MIBC from NMIBC, with a sensitivity and specificity of 81.8% and 91.7%, respectively.

**Conclusions** Kurtosis metrics performed better than diffusion metrics in differentiating MIBC from NMIBC, and directional kurtosis and Kr metrics may also have great potential in providing additional information regarding bladder cancer invasiveness.

## Key Points

- Kurtosis metrics performed better than diffusion metrics in differentiating muscle-invasive bladder cancer (MIBC) from non-muscle-invasive bladder cancer (NMIBC).
- Directional kurtosis can provide additional directional microstructural information regarding bladder cancer invasiveness.

**Keywords** Cystectomy · Urinary bladder neoplasms · Magnetic resonance imaging · Diffusion magnetic resonance imaging · Diffusion tensor imaging

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## Abbreviations

ADC	Apparent diffusion coefficient
AUC	Area under the receiver operating characteristic curve
CLLS	Constrained linear least-square
Da	Axial diffusivity
DKT	Diffusion kurtosis tensor
Dr.	Radial diffusivity
DTI	Diffusion tensor imaging
DWI	Diffusion-weighted imaging
FA	Fractional anisotropy
ICC	Intraclass correlation coefficient
Ka	Axial kurtosis

Kr	Radial kurtosis
MIBC	Muscle-invasive bladder cancer
MK	Mean kurtosis
MRI	Magnetic resonance imaging
NMIBC	Non-muscle-invasive bladder cancer
ROC	Receiver operator characteristic
TUR	Transurethral resection

Bladder cancer, one of the most common malignant urothelial carcinomas, is the fourth most common cancer in males and the tenth in females [1]. Precise preoperative evaluation of bladder cancer could guide proper treatment and predict the prognosis. Tumor pathologic assessment may be the golden standard for bladder cancer grading and staging [2]. However, bladder tumor biopsies reflecting the focal lesions instead of the whole tumor may cause errors. Therefore, imaging studies could play a vital role in evaluating bladder cancer.

Magnetic resonance imaging (MRI), a non-invasive imaging modality, has been widely used in clinical practice for bladder cancer diagnosis. The apparent diffusion coefficient (ADC) obtained from diffusion-weighted imaging (DWI) could provide useful information for grading and staging bladder tumors [2–7]. The ADCs of high-grade bladder tumors and muscle-invasive bladder cancer (MIBC) are lower than those of low-grade tumors and non-muscle-invasive bladder cancer (NMIBC). However, there is confounding overlap of broad ADC ranges because of variations in the equipment [8]. Therefore, it is urgent to improve the performance of imaging modalities in grading and staging bladder tumors.

Diffusion kurtosis imaging (DKI) is an advanced non-Gaussian modality that can quantify the deviation from a Gaussian distribution. Compared to conventional DWI, DKI could provide additional information on non-Gaussian diffusion, which is believed to be related to irregularity and heterogeneity of cellular microstructures [9]. In this study, we investigated whether DKI parameters could differentiate low-grade from high-grade tumors and evaluate the aggressiveness of bladder cancer, and the ability to assess the grade and invasiveness of two different protocols based on the diffusion tensor method and the multi- $b$  value method was also compared.

## Materials and methods

The present study was a retrospective study. The protocols of this study were approved by the institutional review board, and informed consent was obtained from all patients. Forty-six patients with hematuria or a mass detected by ultrasound who were suspected to have bladder cancer underwent MRI with a protocol including T1WI, T2WI, and DWI with (1) multi- $b$  values ranging from 0 to 2000 s/mm<sup>2</sup> and (2) the tensor method with 32 directions with 3  $b$  values (0, 500,

and 1000 s/mm<sup>2</sup>) before transurethral resection (TUR) from January 1, 2017, to July 31, 2017. Patients who underwent radical cystectomy after imaging the pathologically confirmed bladder cancer were enrolled in this study. Patients with contraindications for MRI, such as claustrophobia and the presence of an intrauterine device, a pacemaker, or metallic prostheses; images with severe motion artifacts; and pathologically confirmed carcinoma in situ (no visible lesions on DWI) or benign lesions were excluded from this study (Fig. 1, flow-chart summarizing patient selection).

## MRI protocols

All patients underwent pelvic MRI with the DWI protocol on a 3.0-TMR scanner (Ingenia; Philips Healthcare) with a Torso coil. Detailed information of the MRI protocol is listed in Table 1. The duration of the MRI examination is approximately 24 min. The DTI-based sequence takes approximately 6 min, and the multi- $b$  value sequence takes approximately 8 min. All of the patients were instructed not to urinate for at least 1 h to achieve moderate distension of the urinary bladder.

## Image analysis

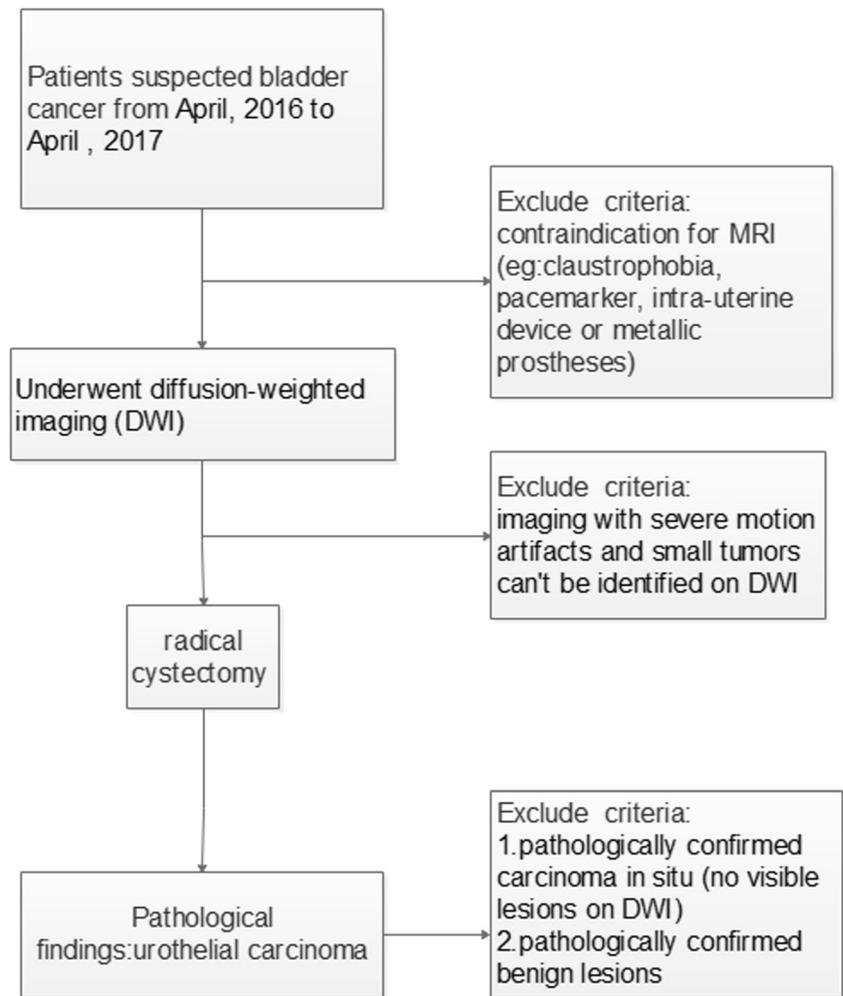
All digital images were transferred to MATLAB 2014a (MathWorks) for further analysis. All ROIs were drawn by two radiologists (8 and 4 years of experience in pelvic MRI) who were blinded to the pathological outcomes. ROIs were placed by different methods based on DW images ( $b = 0$  s/mm<sup>2</sup>) and included the most restricted portions on DW images ( $b = 1000$  s/mm<sup>2</sup>) based on tensor imaging. For each case, ROIs for DKI fitting were placed over the entire largest lesion, avoiding necrotic areas (Figs. 5 and 6). All ROIs were fitted to the diffusion kurtosis tensor (DKT) imaging model described by Eq. (1) using a constrained linear least-square (CLLS) method [10]. DWI data, including those from the multi- $b$  value group and tensor group, were analyzed quantitatively according to the corresponding mathematical expressions as follows:

1. DKI with tensor data:

$$\ln[S(n, b)/S_0] = -b \sum_{i=1}^3 \sum_{j=1}^3 n_i n_j D_{ij} + \frac{1}{6} b^2 \overline{D}^2 \sum_{i=1}^3 \sum_{j=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 n_i n_j n_k n_l W_{ijkl} \quad (1)$$

where  $S(n, b)$  is the diffusion signal intensity for diffusion weighting  $b$  and diffusion-encoding direction  $n$ ,  $S_0$  is the signal intensity for  $b_0$ , and  $D_{ij}$  and  $W_{ijkl}$  are components of the

**Fig. 1** Flowchart summarizing patient selection



diffusion and kurtosis tensor, respectively. With our DKT protocol, we obtained parametric maps related to diffusional kurtosis:  $MK_t$  (apparent kurtosis coefficient averaged over all directions),  $K_r$  (kurtosis along the radial direction), and  $K_a$  (kurtosis along the axial direction). Conventional DTI-based metrics were also derived, including  $MD_t$  and fractional anisotropy (FA), with the former measuring the magnitude of diffusion and the latter quantifying the preferential directionality of water diffusion. Radial diffusivity ( $D_r$ ) and axial diffusivity ( $D_a$ ) maps were also derived to characterize the directional properties of diffusivity. Details on the computation of these metrics have been described previously [11].

2. DKI with multi-*b* value data

$$S(b) = S_0 \exp\left(-bMD_b + \frac{1}{6}b^2MD_b^2MK_b\right) \quad (2)$$

where  $MD_b$  is the mean diffusivity and  $MK_b$  is the dimensionless metric mean kurtosis expressing the deviation from

Gaussian distribution.

**Pathology**

Histological results were independently evaluated by two pathologists according to the WHO 2004 classification, and consensus was reached by consulting another pathologist when disagreement occurred.

**Statistical evaluation**

Statistical analyses were carried out using SPSS 20.0 (SPSS Inc.). The mean ± standard deviation is used to express continuous variables. Interobserver agreement of all these metrics was evaluated by the intraclass correlation coefficient (ICC). Independent samples *t* tests were used to compare differences between the low- and high-grade groups and between the NMIBC and MIBC groups. Receiver operating characteristic (ROC) curves were drawn to compare the areas of these parameters. The *p* < 0.05 was considered statistically significant.

**Table 1** Magnetic resonance imaging (MRI) protocol for tumor assessment

MRI protocol	MRI sequences		
	T1-weighted	T2-weighted	DWI
Plane	Axial	Axial, sagittal	Axial
Fat suppressed	No	Yes	No
Time to repeat (ms)	534	4000	6000
Time to echo	8	110	70
Thickness (mm)	3	3	3
FOV (cm)	30 × 30	22 × 22	20 × 30
Matrix (mm × mm)	300 × 226	276 × 239	80 × 142
Intersection gap (mm)	1	1	0.3
Number of excitation	2	2	2
Other			Multi- <i>b</i> value (9 <i>b</i> values 0, 50, 100, 150, 200, 500, 800, 1000, 2000 s/mm <sup>2</sup> ) Tensor method with 32 direction (3 <i>b</i> values 0, 500, and 1000s/mm <sup>2</sup> )

FOV field of view, DWI diffusion-weighted imaging

## Results

### Histopathological findings

A total of 35 patients (28 males, 7 females; mean age  $63 \pm 9$  years) were enrolled in this study. There were 11 low-grade and 24 high-grade bladder tumors and 24 cases of non-muscle-invasive bladder cancer (NMIBC) and 11 cases of muscle-invasive bladder cancer (MIBC) based on these pathological findings.

### Interobserver agreement

The measurement consistency between two observers was evaluated by the ICC, which demonstrated excellent agreement between two observers for the parameters derived from multi-*b* values and the tensor method (ICC 0.928–0.998).

### Correlations between MR parameters from two protocols

Directional diffusion metrics ( $MD_t$ ,  $Da$ ,  $Dr$ ) were significantly ( $p < 0.01$ ) correlated with the  $MD_b$ , and the directional kurtosis metrics ( $MK_t$ ,  $Ka$ ,  $Kr$ ) were significantly ( $p < 0.01$ ) correlated with the  $MK_b$  (Table 2).

### Comparisons of MR parameters between the low-grade and high-grade bladder tumors

The  $MK_t$  and  $Kr$  values were significantly ( $p < 0.05$ ) higher in patients with high-grade bladder tumors ( $0.693 \pm 0.135$  and  $0.7 \pm 0.129$ ) than in those with low-grade bladder tumors ( $0.581 \pm 0.091$  and  $0.606 \pm 0.118$ ) (Table 3; Fig. 2). There were no significant ( $p > 0.05$ ) differences in other values between high- and low-grade bladder tumors.

### Comparisons of MR parameters between the MIBC and NMIBC groups

The  $MK_t$ ,  $Kr$ , and  $MK_b$  values were significantly ( $p < 0.05$ ) higher in patients of the MIBC group ( $0.732 \pm 0.115$ ,  $0.794 \pm 0.111$ , and  $0.749 \pm 0.238$ , respectively) than in those of the NMIBC group ( $0.624 \pm 0.127$ ,  $0.626 \pm 0.155$ , and  $0.597 \pm 0.19$ , respectively) (Table 3; Fig. 3). There were no significant ( $p > 0.05$ ) differences in other values between the MIBC and NMIBC groups.

### Diagnostic performance for DKI parameters between the NMIBC and MIBC groups

The areas under the receiver operating characteristic curves of  $Kr$  values (0.883) were significantly ( $p < 0.05$ ) larger than all of the other values for differentiating MIBC from NMIBC, and the sensitivity and specificity were 81.8 and 91.7, respectively (Table 4; Figs. 4, 5, and 6).

## Discussion

In this study, we found that kurtosis metrics in the MIBC group were significantly higher than those in the NMIBC group, and the performance of kurtosis metrics was superior to that of diffusion metrics for differentiating MIBC from NMIBC. MIBC is heterogeneous with atypical cells and is characterized by endothelial proliferation, vascular hyperplasia, necrosis, and hemorrhage [12], while NMIBC consists of more homogeneous clusters of well-differentiated cells with fewer diffusion barriers. Higher kurtosis metrics indicate more heterogeneous and complex microstructures [13, 14], which could be the reasonable explanation for our results. Although directional kurtosis metrics ( $MK_t$ ,  $Ka$ ,  $Kr$ ) have good correlations with mean kurtosis metrics ( $MK_b$ ), we found that kurtosis in the radial direction performed better than other metrics in differentiating MIBC from NMIBC. In our study,  $Kr$  was defined as kurtosis in the radial direction, which is perpendicular to the axial direction (vector with largest diffusivity); we posit that improved performance in tumor characteristics with  $Kr$  may mainly be due to the evaluation of diffusion kurtosis in

**Table 2** Correlations between MR parameters from two protocols

		MK <sub>t</sub>	MK <sub>b</sub>	Ka	Kr	MD <sub>t</sub>	MD <sub>b</sub>	Da	Dr	FA
MK <sub>t</sub>	<i>r</i>	1	0.443	0.68	0.736	-0.795	-0.438	-0.786	-0.782	-0.289
	<i>p</i>		0.008	0.000	0.000	0.000	0.010	0.000	0.000	0.092
MK <sub>b</sub>	<i>r</i>	0.443	1	0.467	0.576	-0.505	-0.583	-0.561	-0.450	-0.428
	<i>p</i>	0.008		0.005	0.000	0.002	0.000	0.000	0.007	0.01
Ka	<i>r</i>	0.68	0.467	1	0.424	-0.718	-0.335	-0.780	-0.655	-0.652
	<i>p</i>	0.000	0.005		0.011	0.000	0.053	0.000	0.000	0.000
Kr	<i>r</i>	0.736	0.576	0.424	1	-0.59	-0.45	-0.601	-0.567	-0.3
	<i>p</i>	0.000	0.000	0.011		0.000	0.008	0.000	0.000	0.08
MD <sub>t</sub>	<i>r</i>	-0.795	-0.505	-0.718	-0.59	1	0.515	0.980	0.989	0.227
	<i>p</i>	0.000	0.002	0.000	0.000		0.002	0.000	0.000	0.189
MD <sub>b</sub>	<i>r</i>	-0.438	-0.583	-0.335	-0.45	0.515	1	0.538	0.484	0.242
	<i>p</i>	0.01	0.000	0.053	0.008	0.002		0.001	0.004	0.169
Da	<i>r</i>	-0.786	-0.561	-0.78	-0.601	0.98	0.538	1	0.941	0.404
	<i>p</i>	0.000	0.000	0.000	0.000	0.000	0.001		0.000	0.016
Dr	<i>r</i>	-0.782	-0.45	-0.655	-0.567	0.989	0.484	0.941	1	0.091
	<i>p</i>	0.000	0.007	0.000	0.000	0.000	0.004	0.000		0.604
FA	<i>r</i>	-0.289	-0.428	-0.652	-0.3	0.227	0.242	0.404	0.091	1
	<i>p</i>	0.092	0.01	0.000	0.08	0.189	0.169	0.016	0.604	

MK<sub>b</sub> mean kurtosis (obtained from multi-*b* value method), MK<sub>t</sub> mean kurtosis (obtained from tensor method), Ka axial kurtosis, Kr radial kurtosis, MD<sub>b</sub> mean diffusivity (obtained from multi-*b* value method), MD<sub>t</sub> mean diffusion (obtained from tensor method), Da axial diffusivity, Dr radial diffusivity, FA fractional anisotropy

that specific direction, which excluded information on the vector with the largest diffusivity.

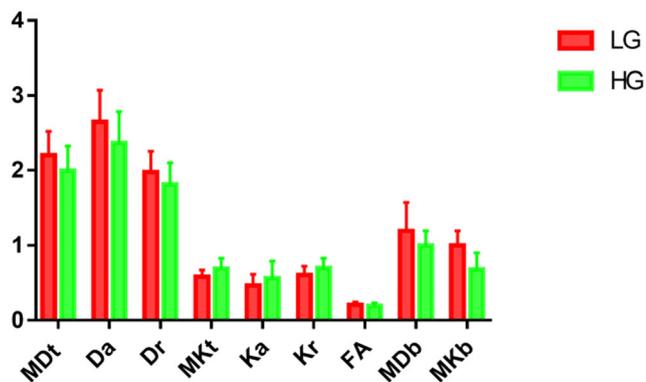
However, there were no significant differences in diffusion metrics in the low- and high-grade groups, and the performance of kurtosis metrics was not significantly superior to diffusion metrics for differentiating high-grade from low-grade tumors. These may be attributed to several histomorphologic criteria, including variations in nuclear size, shape, and polarity as well as chromatin distribution patterns and the presence or absence of nucleoli and mitotic figures,

which were somehow subjective. And using a complex combination of these factors to grade bladder tumors may result in substantial interobserver variability [15]. Besides, there were no significant differences in FA between low- and high-grade bladder tumors or between NMIBC and MIBC. As the restriction of diffusion may deviate in all directions in the solid region of the tumor to a similar degree, tumors of different grades differ in the sphere size of the diffusion range instead of its shape. Therefore, FA is of little value in assessing both the grade and invasiveness of bladder cancer.

**Table 3** Comparisons between different histological groups

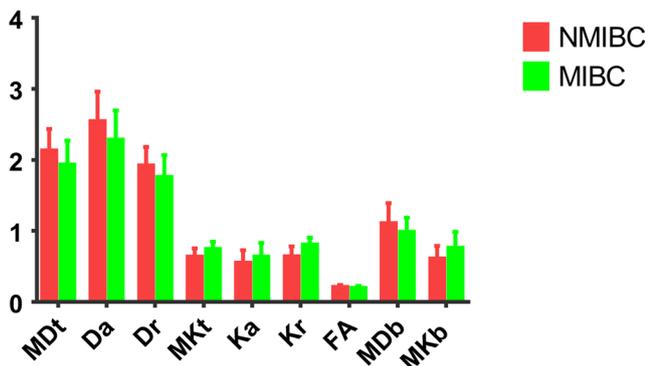
Parameter	LG	HG	<i>p</i> value	NMIBC	MIBC	<i>p</i> value
MD <sub>t</sub>	2.200 ± 0.321	1.994 ± 0.330	0.093	2.121 ± 0.317	1.923 ± 0.352	0.109
Da	2.648 ± 0.423	2.364 ± 0.421	0.08	2.535 ± 0.424	2.274 ± 0.426	0.101
Dr	1.976 ± 0.28	1.809 ± 0.291	0.12	1.913 ± 0.272	1.748 ± 0.322	0.12
MK <sub>t</sub>	0.581 ± 0.091	0.693 ± 0.135	0.017	0.624 ± 0.127	0.732 ± 0.115	0.022
Ka	0.465 ± 0.149	0.561 ± 0.230	0.06	0.536 ± 0.191	0.624 ± 0.206	0.225
Kr	0.606 ± 0.118	0.700 ± 0.129	0.048	0.626 ± 0.155	0.794 ± 0.111	0.000
FA	0.205 ± 0.04	0.190 ± 0.041	0.335	0.198 ± 0.041	0.188 ± 0.043	0.515
MD <sub>b</sub>	1.195 ± 0.380	0.999 ± 0.196	0.054	1.097 ± 0.293	0.972 ± 0.214	0.216
MK <sub>b</sub>	0.567 ± 0.193	0.680 ± 0.220	0.133	0.597 ± 0.190	0.749 ± 0.238	0.044

LG low-grade, HG high-grade, NMIBC non-muscle-invasive bladder cancer, MIBC muscle-invasive bladder cancer, MK<sub>b</sub> mean kurtosis (obtained from multi-*b* value method), MK<sub>t</sub> mean kurtosis (obtained from tensor method), Ka axial kurtosis, Kr radial kurtosis, MD<sub>b</sub> mean diffusivity (obtained from multi-*b* value method), MD<sub>t</sub> mean diffusivity (obtained from tensor method), Da axial diffusivity, Dr radial diffusivity, FA fractional anisotropy



**Fig. 2** Comparisons of MR parameters between the low-grade and high-grade bladder tumors.  $MD_t$ ,  $MD_b$ ,  $Da$ , and  $Dr$  are presented in  $10^{-3} \text{ mm}^2/\text{s}$ , and the remaining parameters are dimensionless

Multi- $b$  values [16–20] and the tensor method [13, 21–24] are two common types of DKI protocols that have been performed in previous studies in many organs, including the brain, breast, prostate, and kidney [13, 16–24]. A previous study [20] investigated the value of DKI in grading bladder cancer and found that the diffusion in bladder cancer followed a non-Gaussian distribution and that bladder cancer may be graded based on kurtosis. The previous study used a non-tensor-based method with a proposed non-linear least squares fitting procedure using a multi- $b$  value-based method instead of a tensor-based method, which raises several issues regarding the accuracy and precision of the estimated metrics. DKT imaging is an extension of diffusion tensor imaging (DTI) that quantifies non-Gaussian water diffusion by acquiring data for at least two non-zero diffusion gradient factors ( $b$  values) in at least 15 independent directions [11]. The kurtosis metrics (i.e., the mean kurtosis (MK), axial kurtosis (Ka), and radial kurtosis (Kr)) and the conventional diffusion metrics (i.e., the mean diffusivity (MD), axial diffusivity (Da), radial diffusivity (Dr), and fractional anisotropy (FA)) can be derived from DKT imaging data simultaneously [11]. The Ka and Kr are parallel and perpendicular to the main direction of diffusion, respectively, while the MK is the average kurtosis over all diffusion



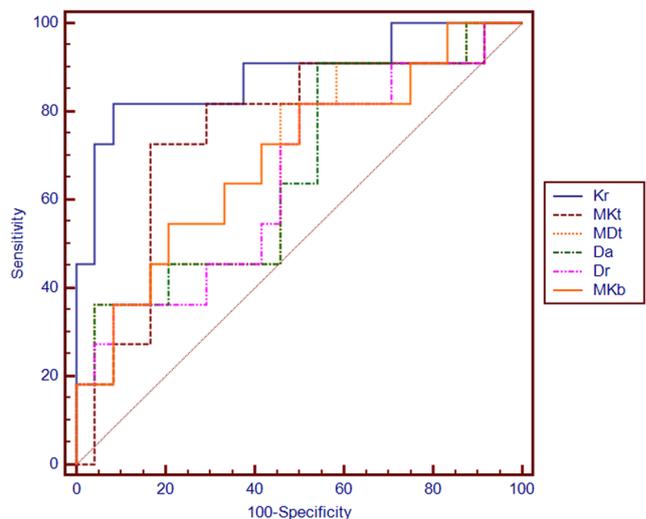
**Fig. 3** Comparisons of MR parameters between the MIBC and NMIBC groups.  $MD_t$ ,  $MD_b$ ,  $Da$ , and  $Dr$  are presented in  $10^{-3} \text{ mm}^2/\text{s}$ , and the remaining parameters are dimensionless

**Table 4** Diagnostic performance for DKI parameters between the NMIBC and MIBC groups

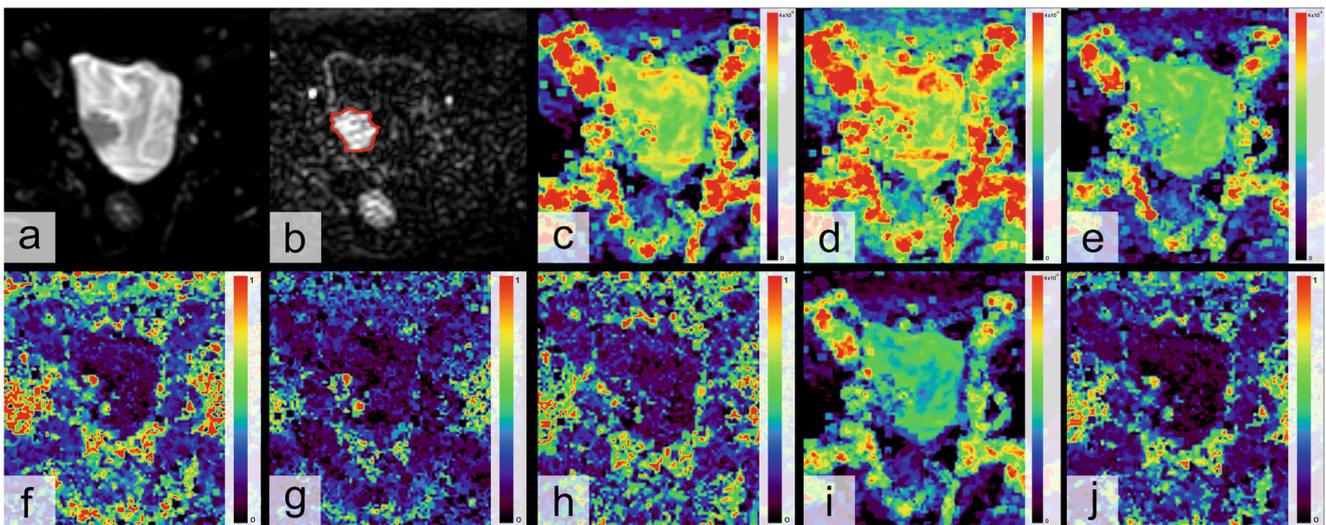
Parameters	Cutoff	AUC	Sensitivity, 100%	Specificity, 100%
$MK_t$	0.700	0.754	72.7	83.3
Ka	0.563	0.621	54.5	70.8
Kr	0.700	0.883	81.8	91.7
$MD_t$	2.112	0.678	78.9	54.2
Da	2.571	0.663	90.9	40.8
Dr	1.873	0.648	70	54.2
FA	0.211	0.557	66.3	37.5
$MK_b$	0.702	0.693	54.5	77.8
$MD_b$	1.1	0.601	90.9	38.5

$MK_b$ , mean kurtosis (obtained from multi- $b$  value method),  $MK_t$ , mean kurtosis (obtained from tensor method),  $Ka$  axial kurtosis,  $Kr$  radial kurtosis,  $MD_b$ , mean diffusivity (obtained from multi- $b$  value method),  $MD_t$ , mean diffusivity (obtained from tensor method),  $Da$  axial diffusivity,  $Dr$  radial diffusivity,  $FA$  fractional anisotropy

directions [11]. Because diffusion kurtosis is a tensorial quantity, it can provide additional information on diffusion kurtosis in a particular direction in addition to the MK value, while the non-tensor-based method precludes the possibility of evaluating Kr and Kx. The application of DKI with multidirectional diffusion tensor in bladder tumors has not been fully elucidated. Thus, in this study, we compared the ability of these two types of DKI protocols to grade and evaluate the invasiveness of bladder cancer. Besides, the anisotropic directionality of diffusion and kurtosis behavior with tensor was also investigated in our study. A study showed that although MK is sensitive in the detection of Huntington’s disease, it can lose sensitivity and specificity in probing the directional changes of pathological tissue [25]. In addition, the results from a study indicated that directional kurtosis, including Kr and Ka, can provide additional directional microstructural information in



**Fig. 4** ROC curves of MR parameters for discriminating MIBC from NMIBC



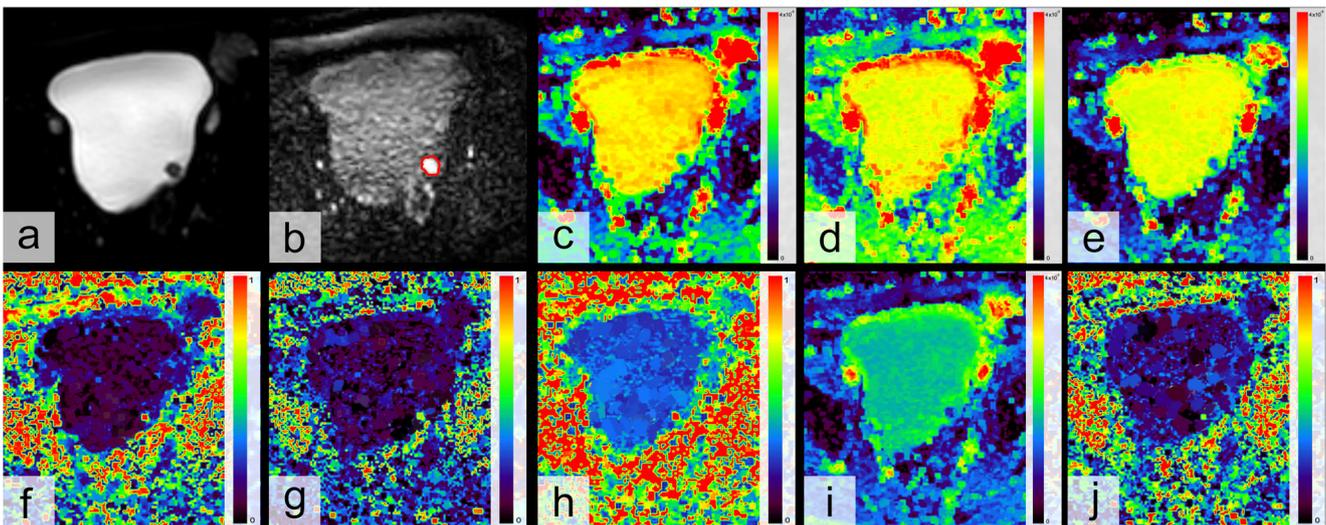
**Fig. 5** Images acquired from a 61-year-old male diagnosed with low-grade and non-muscle-invasive bladder cancer confirmed by pathological findings. **a** Diffusion-weighted imaging with a  $b$  value of  $0 \text{ s/mm}^2$  shows a papillary margin on the right lateral bladder wall. **b** Diffusion-weighted

imaging with a  $b$  value of  $1000 \text{ s/mm}^2$  based on tensor imaging. Directional (**c–e**) MD mapping ( $MD_t$ ,  $Da$ ,  $Dr$ ) and (**f–h**) MK mapping ( $MK_t$ ,  $Ka$ ,  $Kr$ ) derived from the tensor method. **i** MD mapping ( $MD_b$ ) and **j**) MK mapping ( $MK_b$ ) derived from the multi- $b$  method

characterizing neural tissues [26]. Our study indicated that direction-specific kurtosis could also exhibit specific information in tumor diagnosis compared with MK, which addresses the mean kurtosis and would overly concern the generality of the tumor [27]. Thus, the application of the tensor method in some respects is preferable despite requiring more time than the multi- $b$  value method. To the best of our knowledge, this report was the first to demonstrate the significance of the direction-specific kurtosis metric in assessing the invasiveness of tumors. Although the result seems to be quite promising for differentiating MIBC from NMIBC, the exact pathological

and pathophysiological indication of the direction-specific kurtosis metric still needs to be further explored.

Last but not least, appropriate  $b$  values should be chosen to obtain diffusion kurtosis with a reliable curve fitting. In the multi- $b$  value method, we used the protocol with  $b$  values ranging from  $0\sim 2000 \text{ s/mm}^2$  based on the previous study [20]. However, for the tensor method, if we chose  $2000 \text{ s/mm}^2$  as the largest  $b$  value, the scanning time may increase sharply, potentially resulting in a time-consuming method that may be difficult to endure by patients withholding urine; in addition, this method may not be favored based on the need



**Fig. 6** Images acquired from a 72-year-old male diagnosed with high-grade and muscle-invasive bladder cancer confirmed by pathological findings. **a** Diffusion-weighted imaging with a  $b$  value of  $0 \text{ s/mm}^2$  shows a nodular margin on the left lateral bladder wall. **b** Diffusion-weighted

imaging with a  $b$  value of  $1000 \text{ s/mm}^2$  based on tensor imaging. Directional (**c–e**) MD mapping ( $MD_t$ ,  $Da$ ,  $Dr$ ) and (**f–h**) MK mapping ( $MK_t$ ,  $Ka$ ,  $Kr$ ) derived from the tensor method. **i** MD mapping ( $MD_b$ ) and **j**) MK mapping ( $MK_b$ ) derived from the multi- $b$  method

for efficiency in clinical work. Meanwhile, a previous study demonstrated that diffusional kurtosis is determined by the small  $b$  value behavior of  $S(b)$  [11]. DKT imaging with higher  $b$  values reflects a different population of restricted spins that is diffusing within smaller pores. Because the  $K$  value represents a deviation from a Gaussian model of water motion, using DTI data collected with high  $b$  values (within the appropriate range of maximum  $b$  values for DKT imaging) is more likely to increase the robustness of the  $K$  estimates [11, 27]. After weighing the advantages and disadvantages, we chose  $1000 \text{ s/mm}^2$  as the largest  $b$  value in our study. However, the impact of the high  $b$  value on DKI of bladder cancer is unknown, and further study is needed to explore the matter.

There were also several limitations in this study. First, our study was a preliminary and retrospective study with a relatively limited number of cases. Although we demonstrated the significance of direction-specific kurtosis in characterizing bladder cancer, further study is needed to better understand the underlying pathological and pathophysiological mechanisms of DKI and further validate its clinical use in the future. Second, an entire tumor-based histogram analysis may be more objective and may better reflect the heterogeneity of the whole volume than analysis at the largest single plane. However, this method may be somewhat time consuming. A previous study [28] found that the application of single-slice analysis is preferred to entire-tumor analysis in clinical practice due to its excellent repeatability and short duration. Moreover, it is reasonable to perform the analysis with the largest single plane, as it displayed excellent interobserver agreement in our study.

In conclusion, Kurtosis metrics could provide better performance than diffusion metrics in differentiating MIBC from NMIBC. In addition, directional kurtosis,  $K_r$  metrics, could potentially reveal additional directional changes in invasive bladder cancer and may be a promising biomarker of bladder cancer aggressiveness.

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## Compliance with ethical standards

**Guarantor** The scientific guarantor of this publication is Jian-Rong Xu.

**Conflict of interest** The authors of this manuscript declare no relationships with any companies whose products or services may be related to the subject matter of the article.

**Statistics and biometry** No complex statistical methods were necessary for this paper.

**Informed consent** Written informed consent was obtained from all subjects (patients) in this study.

**Ethical approval** Institutional Review Board approval was obtained.

**Study subjects or cohorts overlap** Study subjects or cohorts overlap have not been published previously and not under consideration for publication elsewhere, in whole or in part.

## Methodology

- retrospective
- diagnostic study
- performed at one institution

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