

On the mark: genetically engineered immunotherapies for autoimmunity

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Current therapies for autoimmunity cause significant morbidity and mortality. Adoptive immunotherapy using genetically engineered T cells has led to durable remissions of B cell leukemias and lymphomas, raising the question of whether the approach can be modified to target autoreactive B and T cells to induce durable remissions of autoimmunity. Here we review antigen-specific approaches to modify immune cells to treat autoimmune disease. We focus on recent studies that aim to eliminate or suppress autoimmunity by targeting the disease-causing B or T cells through their B cell receptor or T cell receptor specificities.

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Introduction

Autoimmunity results from a mistaken attack by the immune system towards self, resulting in tissue damage. In some cases, organ destruction is the inevitable outcome, requiring lifelong treatments such as insulin or thyroid hormone to replace lost function. In other cases, chronic immunosuppression is required for disease control, which risks life-threatening infections and malignancies. Preferably, therapy for autoimmune diseases would spare protective immunity while specifically targeting pathogenic autoreactive cells.

Over the last decade, the introduction of chimeric antigen receptor (CAR) T cells into clinical practice has revolutionized the treatment of hematologic malignancies [1]. In pivotal trials, T cells isolated from patients with B cell leukemias and lymphomas and genetically modified *ex vivo* with an anti-CD19 antibody-based immunoreceptor have been shown to activate and expand after re-infusion,

causing potent cytotoxicity of CD19-expressing B cells and long-term remissions of previously refractory cancers [2–6]. The durability of remission has been attributed to the persistence of CAR T cells, which provides ongoing surveillance against cancer recurrence. The ability of CAR T cells to induce durable remission of B cell cancers has spurred interest in engineering T cells to target autoimmune B and T cells, which by analogy holds potential to induce lasting remissions of autoimmunity. In this review, we focus on recent approaches to genetically modify T cells to target pathogenic autoimmune cell populations.

Eliminating autoreactive B cells using autoantigen-based immunoreceptors

Autoreactive lymphocytes are defined by their reactivity against autoantigen, which provides a distinct target for the design of cellular therapies. Our group recently developed chimeric autoantibody receptor (CAAR) T cells that express the autoantigen fragment targeted in the blistering disease pemphigus vulgaris (PV), desmoglein 3 (DSG3), as the extracellular domain of an immunoreceptor, linked to intracellular CD137 and CD3 ζ signaling domains. DSG3 CAAR T cells target autoreactive naïve and memory B cells that express anti-DSG3 B cell receptors (BCRs), and indirectly target anti-DSG3 short-lived plasma cells that replenish from the memory B cell pool. The anti-CD20 antibody rituximab can reduce serum autoantibodies to DSG3 to the normal range [7], indicating most if not all of the autoantibodies in PV are produced from short-lived plasma cells. Thus, targeting anti-DSG3 BCRs with a DSG3 CAAR provides a strategy to specifically and potentially durably eliminate DSG3-reactive B cells and their progeny. In preclinical studies, DSG3 CAAR T cells demonstrated specific killing of anti-DSG3 B cells *in vitro* and induced histologic and serologic remission in a PV mouse hybridoma model [8^{••}]. Soluble anti-DSG3 antibodies can either reduce or potentiate CAAR-mediated cytotoxicity and can also activate DSG3 CAAR T cells to proliferate and produce interferon gamma, suggesting that their presence may partially inhibit but should not prevent DSG3 CAAR T cell function. DSG3 CAAR T cells did not cause cytotoxicity against keratinocytes that express the native desmosomal binding partners of DSG3, either *in vitro* or in human skin xenografts, which was postulated to be due to low binding affinity and/or suboptimal intercellular distance for cytotoxicity. Collectively these studies suggested that CAAR T cells can induce antigen-specific B cell depletion and

that the CAAR platform could prove to be valuable for other antibody-mediated diseases.

Other antigens have since been used to create CAARs, highlighting the applicability of the approach to both auto- and alloantibody-mediated diseases. T cells expressing a CAAR (termed a B cell antibody receptor (BAR) by the authors) comprised of the A2 or C2 domain of coagulation factor VIII (FVIII) have been engineered [9^{••}]; these FVIII BARs target autoreactive B cells that are a major source of morbidity in hemophilia A patients after FVIII replacement therapy due to acquired resistance to FVIII. Expressed in mouse and human T cells, FVIII BARs directed T cell cytotoxicity against A2-specific and C2-specific hybridoma cells *in vitro* and in NSG mice *in vivo*. Furthermore, they prevented the development of FVIII-reactive IgM B cells after polyclonal stimulation of mouse splenocytes with lipopolysaccharide *in vitro* and the induction of IgG alloantibodies in FVIII-immunized hemophilic mice.

In addition, La/SSB CAARs have been described [10]; expressed in the natural killer cell line NK92MI, these immunoreceptors were active *in vitro* against Jurkat cells expressing anti-La BCRs and against La-reactive human B cells *in vitro*. La/SSB autoantibodies are associated with Sjogren's syndrome and systemic lupus erythematosus (SLE) and cause neonatal lupus pathology in mice after placental transfer [11]. Although La/SSB autoantibodies do not account for the full spectrum of symptoms observed in Sjogren's or SLE and are rarely found in the absence of the main pathogenic autoantibodies targeting the Ro/SSA autoantigen in neonatal lupus, elimination of La-reactive B cells could represent part of a therapeutic approach for neonatal lupus.

Targeting autoreactive T cells with p:MHCI immunoreceptors

Autoreactive T cells are the major mediators of disease in several autoimmune conditions, either through direct cytotoxic damage or the production of cytokines that cause inflammation and activate downstream immune responses. Autoreactive T cells are activated through their T cell receptor (TCR) by cognate peptide bound to MHC (p:MHC; specifically MHCI and MHCII for CD8 and CD4 T cells, respectively). MHCI is expressed on nearly all nucleated mammalian cells, whereas MHCII is primarily expressed by specialized antigen-presenting cells (APCs).

In human type 1 diabetes (T1D), CD8 T cells recognize peptides derived from a variety of pancreatic β cell antigens, including proinsulin, GAD65, IA-2, IGRP, ZNT8, and others [12], many of which are also targeted by cytotoxic lymphocytes (CTLs) in the non-obese diabetic (NOD) mouse. In NOD mice, CTLs against proinsulin appear early and are required for expansion

of IGRP-reactive CTLs and subsequent diabetes onset [13,14]. Transgenic mice expressing a chimeric immunoreceptor consisting of an insulin peptide linked to mouse β 2-microglobulin and CD3 ζ (InsCD3 ζ) developed diabetes at similar rates as nontransgenic mice [15]. However, activation of InsCD3 ζ T cells *ex vivo* followed by infusion into NOD mice resulted in lower incidence and delayed onset of diabetes [16]. Subsequently, immunoreceptors encoding a chimera of insulin or IGRP peptide linked to human β 2-microglobulin and the mouse CD3 ζ cytoplasmic domain were engineered to force presentation of linked peptides in the context of murine H-2K^d MHCI upon its assembly with β 2-microglobulin. Gene-engineered mouse T cells expressed the chimeric peptide- β 2-microglobulin receptor in the context of MHCI (p:MHCI) after RNA electroporation and demonstrated *in vitro* killing of insulin and IGRP-reactive CTLs. In NOD mice, reduced incidence and delayed onset of diabetes was induced by insulin but not IGRP p:MHCI T cells [17[•]]. Although the diversity of self-peptides recognized by autoreactive T cells in human patients may complicate the implementation of such a therapeutic approach, these experiments provide proof of concept for antigen-specific targeting of autoreactive CD8 T cells and suggest that preventive adoptive immunotherapy could protect high-risk individuals from developing diabetes.

Engineering antibody-based immunoreceptors against p:MHCII to target antigen presenting cells

Whereas CD8 cytotoxic T cells directly cause tissue destruction in diseases such as T1D, autoreactive CD4 T cells can promote autoimmunity by secreting cytokines that can promote inflammation and activate humoral immune responses. Because CD4 T cells are activated by peptide bound to MHCII (p:MHCII) on APCs, depletion of APCs through an antibody-based receptor targeting p:MHCII is a strategy to abrogate CD4 T cell-mediated autoimmunity [18[•]]. A monoclonal antibody (mAb287) against the insulin B chain 9–23 peptide in the context of I-A^{g7} MHCII has been cloned and characterized. This pre-pro-insulin peptide is critical for development of diabetes in NOD mice, as a single mutation in position 16 protects mice from diabetes onset [19]. MAb287 CAR T cells caused specific cytotoxicity of APCs presenting the insulin self-peptide *in vitro*. A single infusion of mAb287 CAR T cells significantly delayed the onset of diabetes in NOD mice, but CAR T cells did not persist past 10–15 weeks *in vivo*, resulting in a similar overall incidence of diabetes by 30 weeks compared to control mice. Future work in the field would need to focus on cloning and characterizing antibodies specific for the peptide-binding pocket of the MHCII bound to self-peptides, which can be technically challenging [20,21] due to the diversity of self-peptides and MHC haplotypes involved in disease.

Directing regulatory T cells with antigen-specific immunoreceptors to suppress autoreactive B and/or T cells

While the aforementioned strategies rely on cytotoxic T cells to eliminate autoreactive target cells, similar approaches have been employed using regulatory T cells (Tregs) to suppress autoreactive immune responses. Tregs prevent autoimmunity in healthy individuals through a variety of mechanisms, including downregulation of costimulatory molecules on APCs by CTLA-4 or secretion of inhibitory mediators such as IL-10, TGF β , or adenosine, among others [22,23]. Because they do not lyse target cells, Tregs should pose less risk for off-target cytotoxicity compared to gene-engineered conventional T cells, but could cause immunosuppression more broadly than intended due to secretion of soluble mediators.

Localizing Tregs with an antibody-based CAR to an antigen restricted to a certain anatomic compartment creates a spatially confined immunosuppressive environment that could be beneficial in several autoimmune diseases. Tregs to suppress alloimmune responses to factor replacement therapy and in transplanted organs (via FVIII or HLA-A2) have previously been reviewed and will not be covered here [24–27]. CAR Tregs targeting carcinoembryonic antigen (CEA) were shown to accumulate in the colon and were able to suppress colitis in mouse models [28*]. Intriguingly, they also prevented the development of colon carcinomas, likely by prevention of chronic inflammation. Similarly, CAR Tregs targeting myelin oligodendrocyte glycoprotein (MOG) migrated to the brain after intranasal delivery in mice, reduced neuroinflammation and disease symptoms in a mouse model of multiple sclerosis, and prevented subsequent disease flares upon re-challenge with autoantigen [29]. Recently, CAR Tregs targeting citrullinated vimentin, which is localized to the inflamed synovium of rheumatoid arthritis patients, have been engineered and pre-clinical studies are underway to test their efficacy in rheumatoid arthritis (C. Raffin *et al.*, *J Immunol* May 1, 2018, 200 (1 Supplement) 176.17).

TCR-based Tregs with defined specificity have also been engineered. Retrovirally transduced Tregs expressing TCRs specific for ovalbumin (OTII Tregs) were evaluated in an animal model for antigen-induced arthritis, in which one joint was injected with methylated bovine serum albumin (mBSA) to induce joint inflammation, and the other joint was injected with mBSA and ovalbumin. OTII Tregs suppressed inflammation in joints where ovalbumin was present but not in mBSA-injected joints, indicating that spatially localized activation of Treg function can suppress immune reactions throughout the region where the antigen is present [30]. TCR-modified human Tregs for T1D have also been generated using human TCRs isolated from islet-specific T cell

clones [31*]. CD4 and CD8 T cell proliferation were suppressed *in vitro* even in the absence of cognate peptide, indicating non-specific immunosuppressive effects, but antigen-specific Treg suppression was enhanced after stimulation with cognate peptide. Future studies will need to identify a diversity of TCRs with appropriate affinity and MHC restriction, as well as ablate the endogenous TCR to prevent aberrant pairing of native and engineered TCR chains.

Challenges in translation to human clinical trials

In addition to technology-specific limitations described in each of the aforementioned sections, there may be general challenges associated with the development of cell therapies for the treatment of autoimmune diseases. If efficacious, a key consideration will be the durability of the response and associated safety of the therapy. For cell therapies involving both T cells in oncology [2–6] and Tregs in autoimmunity or alloimmunity [32,33], the association between cell persistence and durability of response is variable and may depend on the pre-conditioning regimen, target cell burden, antigen density, cell phenotype and homing in ways that are disease-specific. Administration of autologous T cells engineered to express surface autoantigen may cause a disease flare, if an unintended immune-stimulatory effect exceeds the expected suppressive or cytotoxic activity of the engineered cells. If observed in clinical testing, some solutions to these issues could include incorporating a ‘suicide switch’ or strategies to induce selective receptor expression and/or activation, disrupting the expression of the endogenous TCR, and/or novel pre-conditioning regimens that may be less toxic than those currently used in oncology CAR T cell treatment protocols.

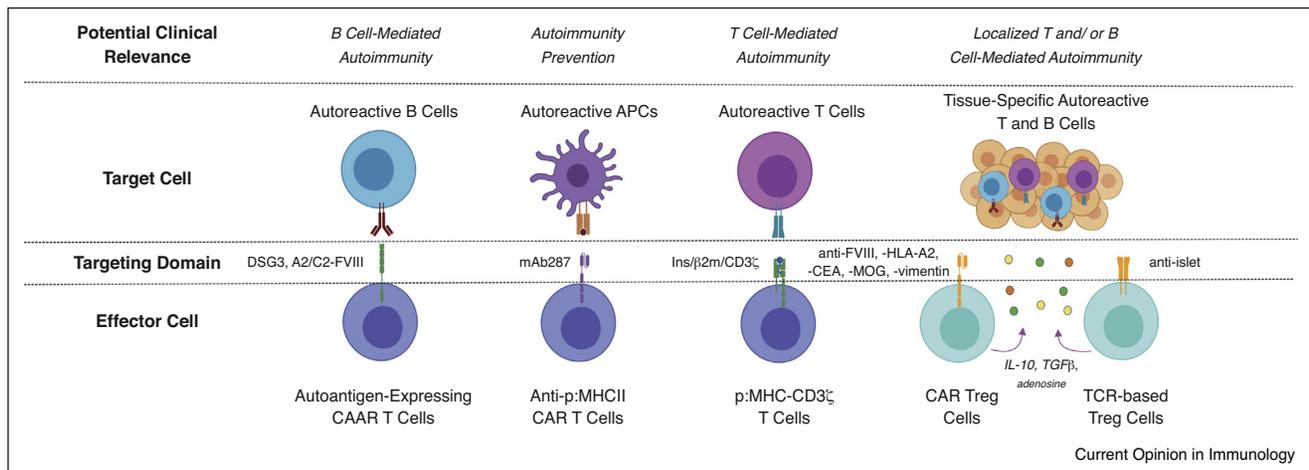
Conclusions

Recent advances in antigen-specific targeting of cellular immunotherapies have resulted in several novel approaches to eliminate or suppress autoreactive lymphocytes (summarized in Figure 1), strategies that may prevent autoimmune disease onset or avoid the morbidity and mortality associated with globally immunosuppressive regimens. Genetically engineered immunotherapies to redirect T lymphocytes hold promise to achieve these therapeutic ideals, and may induce durable remissions of autoimmunity similar to results observed with B cell leukemias and lymphomas. Clinical trials are being designed to bring these technologies from bench to bedside, which will mark a new era in the development of autoimmune disease therapies.

Conflict of interest statement

ASP: co-founder, equity, compensation, and grant funding from Cabaletta Bio, focused on targeted cellular immunotherapy of autoimmune diseases including pemphigus. Inventor on patents licensed by Cabaletta Bio and

Figure 1



Genetically engineered T cell therapeutic strategies for autoimmune disease.

Chimeric autoantibody receptor (CAAR) T cells for antigen-specific B cell depletion, anti-peptide: MHC CAR T cells for autoreactive APC depletion, peptide: MHC immunoreceptor T cells for autoreactive T cell depletion and CAR-Tregs or TCR-Tregs for autoimmune B or T cell suppression are depicted. Figure created using BioRender.

Novartis for cellular immunotherapy of autoimmune diseases. CTE: founding equity in Cabaletta Bio, inventor on patents licensed by Cabaletta Bio and Novartis. DKL: consultant, Cabaletta Bio. Co-founder with equity, NanoXCell Therapeutics.

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- of special interest
- of outstanding interest

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