



## Argonaute-2 is associated to brown adipose tissue activation

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### ABSTRACT

MicroRNAs (miRNAs) are important modulators of thermogenic brown adipose tissue (BAT). They have been involved in its differentiation and hence its functioning. While different regulators of the miRNA machinery have been shown to be essential for BAT differentiation, little is known about their implication in BAT activation. The aim of this work was to evaluate the role of AGO2, the chief miRNA mediator, in BAT activation.

We took advantage of two non-genetic models of BAT activation to analyze the miRNA machinery and miRNA expression in BAT. We used principal component analysis (PCA) to obtain an overview of miRNA expression according to the BAT activation state. In vitro, we examined AGO2 expression during brown adipocyte differentiation and activation. Finally, we downregulated AGO2 to reveal its potential role in the thermogenic function of brown adipocytes.

PCA analysis allowed to cluster animals on their miRNA signature in active BAT. Moreover, hierarchical clustering showed a positive correlation between global upregulation of miRNA expression and active BAT. Consistently, the miRNA machinery, particularly AGO2, was upregulated in vivo in active BAT and in vitro in mature brown adipocytes. Finally, the partial loss-of-function of AGO2 in mature brown adipocytes is sufficient to lead to a diminished expression of UCP1 associated to a decreased uncoupled respiration.

Therefore, our study shows the potential contribution of AGO2 in BAT activation. Since BAT is a calorie-burning tissue these data have a translational potential in terms of therapeutic target in the field of altered fuel homeostasis associated to obesity and diabetes.

### 1. Introduction

Organismal homeostasis allowing regulation of body weight and adiposity is achieved through a fine-tuned balance between energy expenditure and energy intake. Contrary to the white adipose tissue (WAT) specialized in energy storage, brown adipose tissue (BAT) mainly dissipates energy by producing heat via the perturbation of the mitochondrial electron transport chain through the tissue specific expression of uncoupling protein 1 (UCP1), a process called non-shivering thermogenesis [1,2]. This tissue is specialized in the maintenance of body temperature in response to cold, and in the dissipation of fuel excess under specific conditions [1,3–5]. As BAT appears to be present

and active in various regions of the adult human body [6–10], it sparks speculation of novel treatments of obesity and/or diabetes by virtue of its energy-wasting function [10–13].

The development and function of brown adipocytes are tightly regulated by non-coding RNAs [14,15]. Among these non-coding RNAs are microRNAs (miRNAs) acting as single-stranded 20- to 22-nucleotide-long RNAs. Generally speaking, they regulate gene expression by specifically binding to the 3' untranslated region of targeted mRNAs to tailor the protein output by mRNA destabilization and/or translational repression [16,17]. In animals, miRNAs are synthesized and regulated by a specific machinery, which includes as main players DROSHA, Exportin-5 (EXP5), DICER and Argonaute-2 (AGO2). The mammalian

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genome encodes several hundreds of miRNAs among which several have been implicated in cardinal cellular processes such as proliferation, differentiation and metabolism [16]. In the field of BAT metabolism, specific miRNAs including the miR-193b-365 cluster, miR-133 or miR-455 have been found to be involved in brown adipocyte differentiation fostering glucose and lipid oxidation [18–22]. At a more general level, the miRNA-processing machinery has been implicated in brown adipocyte determination and differentiation. In a pioneer study, Mori et al. reported that mice with a fat-specific DICER invalidation develop a form of lipodystrophy that is notably characterized by enlargement and “whitening” of interscapular BAT [23]. Further, *in vivo* partial DICER deficiency in BAT predisposes mice to obesity-associated deterioration of glucose homeostasis, highlighting the importance of the miRNA machinery in the differentiation of brown adipocytes [24].

Despite these clear advances in our knowledge on the role of miRNAs and their machinery in BAT differentiation, a conceptual gap remains as far as the role of the miRNA machinery in BAT activation is concerned.

In this study, we examined two non-genetically modified rat models in which BAT is activated either by  $\beta$ -3 adrenergic receptor agonist treatment or as occurring at young age in BAT from fetal-programmed diabetic rats. In the latter, insulinopenic young offspring of rat dams exposed to a low protein diet (LP) during pregnancy and lactation benefit from metabolic adaptation through BAT activation securing normoglycemia [5]. Taking advantage of these models, together with additional cellular *in vitro* approaches, we sought to directly examine the miRNA machinery and particularly AGO2, the chief mediator of miRNA function, in BAT activation.

## 2. Materials and methods

### 2.1. Animals

All procedures were conducted in accordance with EU directives for animal experiments and INSERM guidelines and were approved by the Research Ministry (MESR 00825, MESR 0521, MESR-00500.02 and APAFIS 3897-2016012217578333) and local ethics committee (CNREEA no. 28). The Wistar rats were provided by Janvier (Le Genest Saint Isle, France), housed two per cage and subjected to a 12-h light/dark cycle at 22–23 °C, which is close to the rat thermoneutrality [25]. For the pharmacological BAT activation model, 3 month-old Wistar male rats were daily injected intraperitoneally with a  $\beta$ -3 adrenergic receptor agonist CL316, 243 (1 mg/kg in physiologic NaCl solution, C5976, Sigma-Aldrich) for 7 days. Control rats were injected with vehicle only. For the LP model, pregnant 200–250 g Wistar rats were fed during gestation and lactation with a control (C) diet (20% [weight for weight] protein) or an isocaloric LP diet (8% [weight for weight] protein) (Hope Farm, Woerden, the Netherlands) [5,26]. After weaning at 4 weeks, male offspring were fed *ad libitum* with the animal facility standard diet. At least three different litters were studied in each group for all experiments [5,27]. For adipose tissue-derived stromal vascular fraction (SVF) isolation, 3 month-old Wistar rats were used.

### 2.2. Adipose tissue-derived SVF culture

Animals were euthanized by the intraperitoneal injection of Dolethal (1 mL/kg). Adipose tissue-derived SVF culture was performed as described [28]. Briefly, interscapular brown fat depots (iBAT) separated from the attached white adipose tissue (WAT) were excised, rinsed in bovine serum albumin (BSA)-buffer medium and minced. Minced samples were then digested in Dulbecco's modified Eagle's Medium (DMEM, Life Technologies) containing 2 mg/mL Type IV collagenase (Sigma-Aldrich, 125 U/mg) and 20 mg/mL BSA (Fraction V, Fatty Acid Free, Ig Free, EUROMEDEX) with mild agitation for 45 min at 37 °C. After the addition of DMEM containing 10% (v/v) FBS (Fetal Bovine Serum), digested tissues were filtered through 250, 100 and

37  $\mu$ m nylon mesh (SEFAR Nitex), and centrifuged for 10 min at 1000 rpm. The pellet containing SVF cells was submitted to red blood lysis buffer (Sigma-Aldrich). SVF cells were seeded and maintained in DMEM 4.5 g/L glucose-glutamax-I (Life Technologies) containing 10% (v/v) FBS and 15 mM HEPES (Gibco, Life Technologies) until confluence. The brown adipocyte differentiation was induced in the same medium using a cocktail of 1  $\mu$ M dexamethasone (Sigma-Aldrich), 500  $\mu$ M isobutyl-methylxanthine (IBMX-Sigma), 860 nM insulin (Novo Nordisk), 2 nM triiodothyronine (T3, Sigma-Aldrich) and 1  $\mu$ M rosiglitazone (Cayman Chemical). After two days, dexamethasone and IBMX were removed and cells were maintained in a medium changed every two days containing 20 nM insulin, 2 nM thyroid hormone T3 and 1  $\mu$ M rosiglitazone for 5 to 8 additional days.

siRNA transfections were performed in iBAT-derived SVF mature adipocytes at day 7 with 50 nmol/L of siAGO2 (siRNA SMART Pool ON-Target plus Rat AGO2, 59117, Dharmacon) or siControl (ON-TARGETplus Non-targeting Pool D-001810-10, Dharmacon) according to manufacturer's procedure using Lipofectamine RNAimax (ThermoFischer Scientific) adapted from previously described procedures [29,30]. Cells were analyzed 72 h after transfection corresponding to day 10 of differentiation.

### 2.3. RNA extraction and RT-qPCR

The procedures were carried out according to MIQE recommendations [31]. Total RNA from iBAT, scWAT or adipose-derived SVF cells were isolated with TRIzol reagent (Invitrogen). For tissue dissociation, a Precellys homogenizer (Ozyme, St. Quentin, France) was used. Total RNA (1  $\mu$ g) was reverse transcribed with RT kit (Qiagen/Promega) and qPCR analyses performed with SYBR Green (StepOnePlus ABI Detector System). The cDNA amount used in each reaction was normalized to the housekeeping gene 36B4. The relative expression was determined using a comparative method of 2- $\Delta\Delta$ Ct and the relative abundance with 2- $\Delta$ Ct. Primer sequences used are described in Supplementary Table 1.

### 2.4. miRNA expression profile

miRNA quantitative PCR array analysis was performed using the rno-mirNome miRNA profiling kit (RA680A-1 for 390 rat-specific miRNAs or RA680B-1 for 723 rat-specific miRNAs, System Biosciences). Briefly, 1  $\mu$ g of total RNA for each sample was reverse transcribed with the Quanti-mir Kit (System Biosciences). The amplification of miRNAs was performed with miRNA-specific rat primers using SybrGreen technology (Applied Biosystem). Expression levels were normalized to U6 reference gene as endogenous control since its melting curve was more satisfactorily compared with that obtained for the two other reference genes. The relative expression was determined using a comparative method of 2- $\Delta\Delta$ Ct and the relative abundance with 2- $\Delta$ Ct. Principal Component Analysis (PCA) plots based on detected miRNAs, differential expression analysis with Limma, hierarchical clustering analyses with significantly dysregulated miRNAs were done using Phantasus (<https://artyomovlab.wustl.edu/phantasus/>).

### 2.5. Western blotting

Homogenized iBAT or iBAT-derived SVF cells were processed for protein extraction and western blotting as described [23]. Antibody to AGO2 was from Cell Signaling Technology, to UCP1 from Calbiochem (Merck KGA, Darmstadt, Germany) and to tubulin from Sigma (St Louis, USA). Western blots were quantified by densitometry with Image Quant software.

### 2.6. Oxygen consumption measurement

For the respirometry quantifications, iBAT-derived SVF cells were seeded into Seahorse XFe96 microplate-based respirometry plates

(Agilent) and grown to confluency in the proliferation medium. After 7 days of differentiation, cells were transfected. 72 h post-transfection, medium was replaced by prewarmed unbuffered Seahorse Assay Medium (Agilent) supplemented with 2 mM glutamine (Gibco, Life Technologies), 1 mM pyruvate (Gibco, Life Technologies) and 10 mM glucose, pH 7.4. Oxygen Consumption Rate (OCR) was determined using an XFe96 Extracellular Flux Analyzer at 37 °C (Seahorse Bioscience, Agilent). Uncoupled and maximal OCR were determined using oligomycin (Sigma-Aldrich, 1.2  $\mu$ M) and FCCP injection (Sigma-Aldrich, 0.8  $\mu$ M) after treatment or not with isoproterenol (Cayman Chemicals, 1  $\mu$ M) incubations, and rotenone and antimycin A (Sigma-Aldrich, 1  $\mu$ M each) were used to inhibit Complex I and Complex III dependent respiration, respectively, to assess the contribution of non-mitochondrial respiration. All data presented are mean values  $\pm$  SEM of three independent experiments with 8–12 replicate wells each.

### 2.7. Lipolysis assay

72 h post-transfection, cells were changed with medium containing 0.5% (w/v) fatty acid-free BSA (Euromedex) and incubated with 1  $\mu$ M isoproterenol (Cayman Chemicals) during 1 h30. Glycerol content was analyzed in 50  $\mu$ l of incubating medium at the beginning and the end of the experiment. At the end of the experiment, cells were rinsed with PBS 1 $\times$  and protein content was determined using BCA Protein assay (Interchim).

### 2.8. Statistical analyses

Significant differences between two groups were assessed by unpaired or paired Student's *t*-test and two-way ANOVA test followed by post hoc Fisher test when more than two conditions were analyzed. A *p*-value < 0.05 was considered as statistically significant. All bars shown represent mean  $\pm$  Standard Error Mean (SEM).

## 3. Results

### 3.1. The miRNA machinery and miRNAs are upregulated in drug-activated iBAT

To investigate whether the miRNA machinery is involved in the regulation of the iBAT activity, we daily intra-peritoneally injected 3 month-old control rats for 1 week with the  $\beta$ -3 adrenergic receptor agonist, CL316,243, well-known to activate brown adipocytes [4,32]. As expected, an increase in the iBAT mass is observed in CL316,243-treated rats in addition to the key characteristics of an hyperactive BAT with rare lipid droplets associated with upregulated UCP1 expression (Supplementary Fig. 1A–E). By measuring gene expression of major players in the miRNA machinery we observed that DROSHA, EXP5 and AGO2 are increased in the iBAT of CL316,243-treated rats with the highest fold for AGO2 (Fig. 1A). AGO2 is also augmented at the protein level concomitantly with increased UCP1 protein (Fig. 1B). We then performed a global miRNA expression profile in this active iBAT using a quantitative PCR-based miRNA profiler for which 99% of 390 available rat-specific analyzed miRNAs were detected. Among these miRNAs, 41 miRNAs are significantly deregulated corresponding to 10.6% of detectable miRNAs in CL316,243-treated rats compared to controls. The principal component analysis (PCA) shows that biological replicates in each condition are clustered close together on the plot and reveals a distinct pattern of the miRNA expression profile between CL316,243-treated rats and NaCl-injected rats (Fig. 1C). The volcano plot depicting the relationship between the fold change of the miRNA expression and their statistical significance shows that 80.5% of the significantly deregulated miRNAs are upregulated in the iBAT of CL316,243-treated rats, with 33 upregulated miRNAs for 8 downregulated miRNAs (Fig. 1D, Supplementary Table 2). Specifically, the PCA plot and hierarchical clustering of these significantly altered miRNAs clearly identify

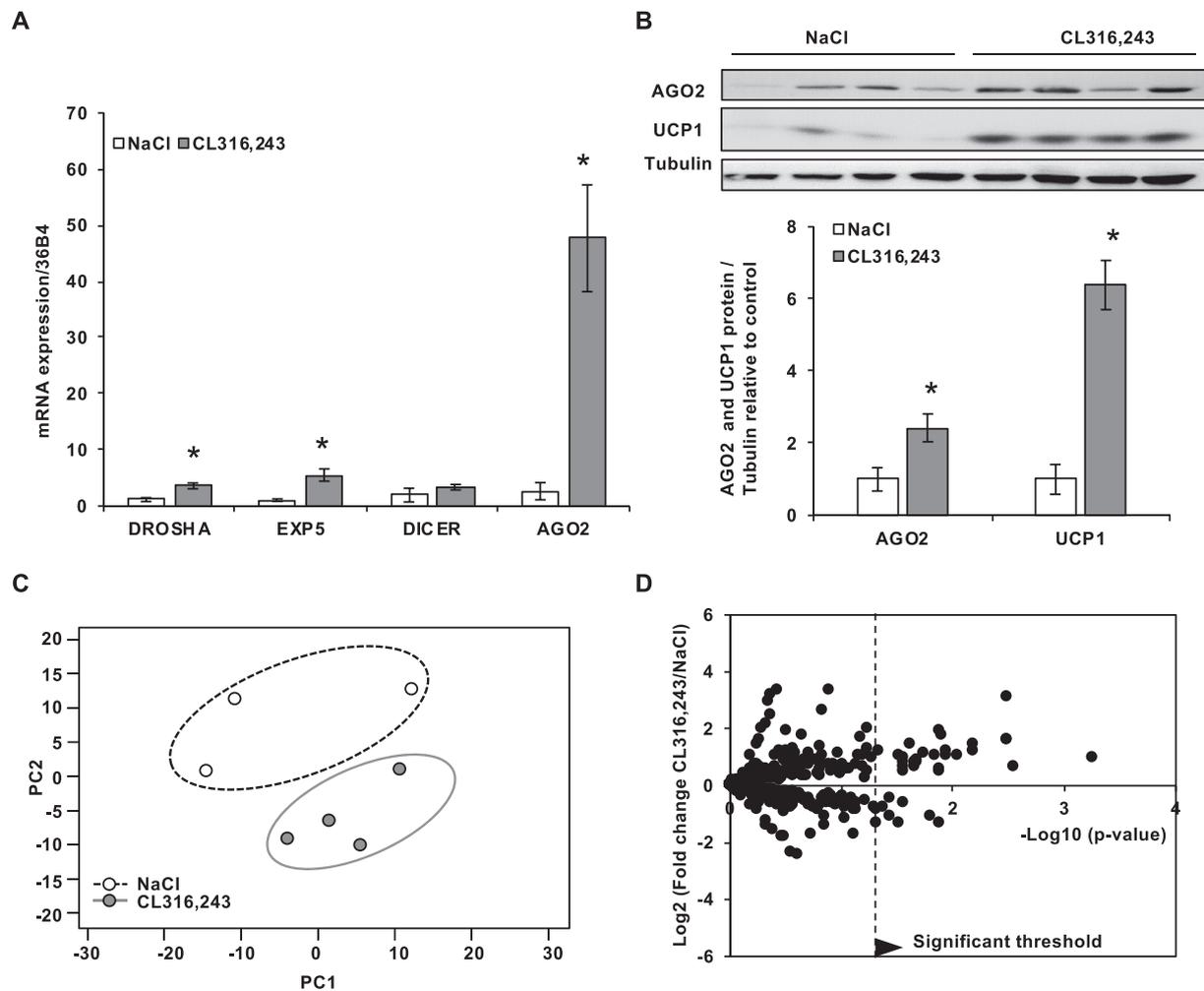
the two experimental groups (Supplementary Fig. 1F–G), which are even more apart than in the analysis of all detected miRNAs (Fig. 1C). Moreover, the significantly upregulated miRNAs are globally among the weakly expressed miRNAs in the iBAT, while the downregulated ones are among the most abundant ones (Supplementary Table 2). Taken as a whole, these data unveil that in active iBAT the consequent upregulation of miRNA expression occurs together with an augmented miRNA machinery, particularly concerning AGO2.

### 3.2. The expression of the miRNA machinery correlates with the iBAT activation state in LP progeny

We next took advantage of the LP model in which we have recently reported that the iBAT is a decisive determinant of metabolic dysregulation [5]. We observed that the gene expression levels of miRNA machinery elements, including DROSHA, EXP5, DICER and AGO2, are increased in the active iBAT of the young LP progeny compared to their controls (Fig. 2A), with the highest increment for AGO2. Importantly, in the inactive iBAT of the old LP progeny their gene expression levels are similar to those of the control progeny. However, in old LP progeny DICER stands out with a nearly significant decrease (Fig. 2B), which is consistent with a previous report [33]. In the young LP descendants, AGO2 is also increased at the protein level and correlated with the increase in UCP1 (Fig. 2C). Importantly, both AGO2 and UCP1 show no difference in their protein expression levels in the iBAT of the 18 month-old LP progeny compared to their controls (Fig. 2D). Further, we measured the gene expression levels of the miRNA machinery in scWAT of young C and LP descendants. We have previously published the absence of browning in the scWAT of young LP progeny [5]. Consistent with this we did not observe differences between both groups for any of the miRNA machinery actors (Supplementary Fig. 2A). However, the surgical ablation of the iBAT in these LP animals was able to induce the expression of UCP1 in the scWAT [5]. Interestingly, the gene expression level of AGO2 is significantly augmented in the scWAT of the iBAT-ablated LP progeny compared to the sham-operated rats (Supplementary Fig. 2B). To sum up, the increased expression of the miRNA machinery ties in with the active thermogenic state of the iBAT in young LP progeny and the browning of the scWAT in the iBAT-ablated LP progeny.

### 3.3. In young LP progeny the upregulation of miRNAs in iBAT is linked to its active state

We performed a side-by-side analysis of the miRNA expression profile between the active iBAT of young normoglycemic LP progenies and the inactive iBAT of old hyperglycemic LP progenies compared to their respective controls (Fig. 3). We were able to detect respectively 90% and 95% of the 723 available rat-specific miRNAs screened. The PCA on all detected miRNAs clearly differentiates LP progeny samples from those from controls at 3 months of age (Fig. 3A), whereas they are mixed at 18 months of age (Fig. 3B). The volcano plot shows that 95% of significantly deregulated miRNAs are upregulated in the iBAT of the young LP progeny, with 58 upregulated miRNAs and 3 downregulated ones (Fig. 3C, Supplementary Table 3). In the iBAT of the old LP progeny three times less miRNAs are significantly altered (Fig. 3D). Consistent with the global analysis, both the PCA plot and hierarchical clustering of the significantly deregulated miRNAs identify two clearly separated groups in young progenies, contrary to old progenies, having overlapping patterns. (Supplementary Fig. 3A–D). Interestingly, upregulated miRNAs with the highest fold of induction are among the most weakly expressed in the iBAT of young progenies, and those downregulated are among the most robustly expressed (Supplementary Table 3). Remarkably, of the 61 miRNAs modified in the young LP iBAT only 1 miRNA remains deregulated in the old LP iBAT but with a lower fold-change. The expression of the other miRNAs drops back to control levels (Supplementary Fig. 3C–D, Table 3). To summarize, these data



**Fig. 1.** miRNA machinery and miRNAs are upregulated in iBAT of rats chronically-injected with  $\beta$ -adrenergic receptor agonist. 3 month-old rats were daily intraperitoneally injected with CL 316,243 (1 mg/kg) or a saline solution (NaCl 0.9% w/v) ( $n = 4$ ). **A:** Relative mRNA expression levels of miRNA machinery. **B:** Immunoblots of AGO2, UCP1 and tubulin on iBAT protein lysates and its quantification. **C:** Global view of miRNA expression by using PCA plot. Clustering of samples are indicated by ellipses. **D:** Volcano plot showing the fold change in the expression of all detected miRNAs according to their  $p$ -value. The solid horizontal line indicates zero change in miRNA expression, the points above correspond to upregulated miRNAs while the points below are downregulated miRNAs. Data points to the right of the dotted line are significant ( $p \leq 0.05$ ). Data are presented as mean  $\pm$  SEM. \* $p$ -value < 0.05.

gathered in the young LP progeny benefitting from metabolic adaptation through iBAT activation indicate that upregulation of miRNA expression and of its machinery is intimately associated to an active iBAT.

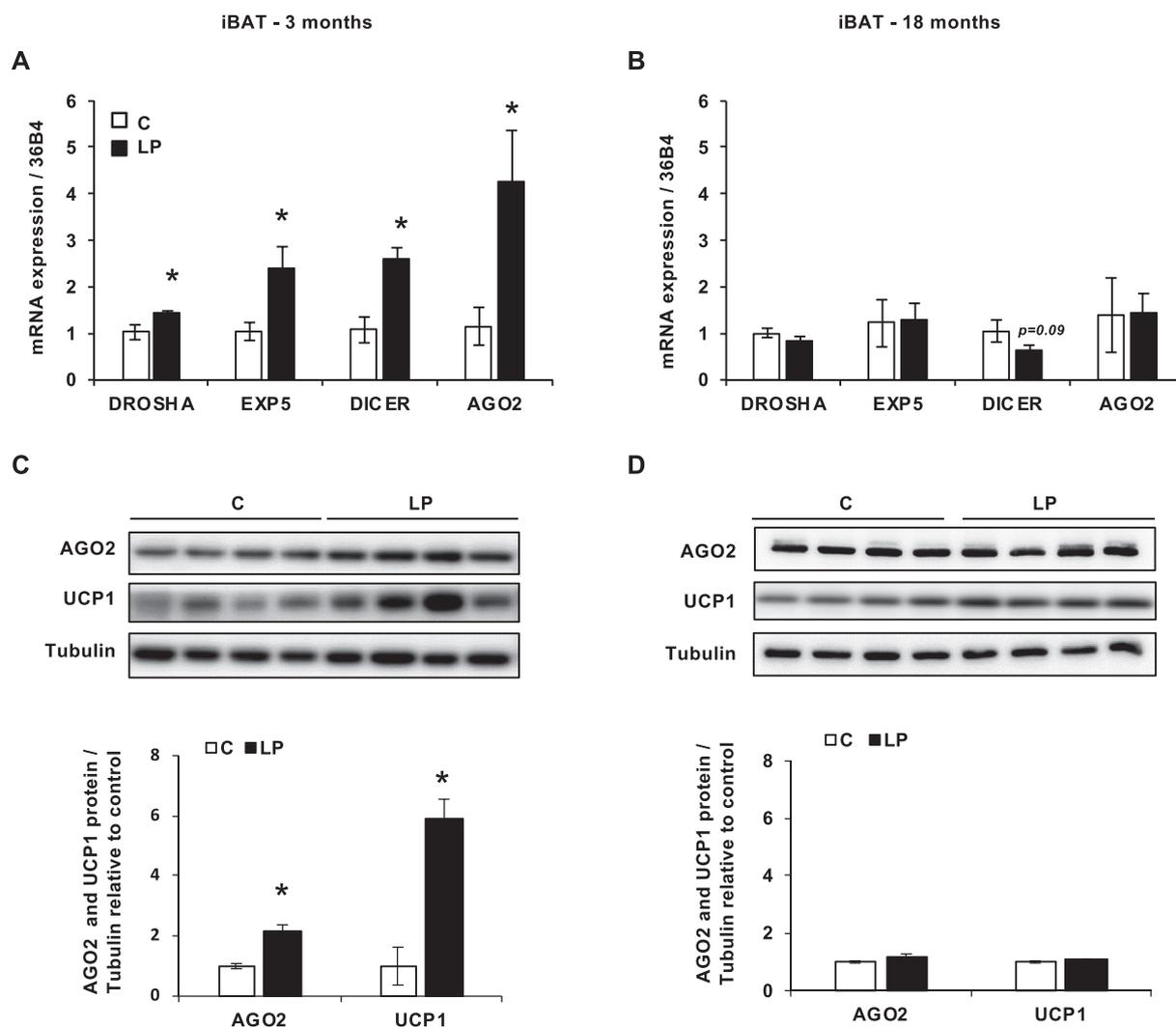
### 3.4. AGO2 mRNA and protein levels are increased during brown adipocyte differentiation and activation

While generally speaking the miRNA machinery has already been implicated in the process of brown adipogenesis, notably for DICER [23], here we focused on AGO2. We firstly measured the gene expression level of the players in the miRNA machinery during the brown adipocyte differentiation of progenitor cells from SVF isolated from the iBAT of control rats (Fig. 4A). The characterization of these cells is presented in Supplementary Fig. 4 showing notably the induction of UCP1 expression from day 0 to day 7 of the brown adipocyte differentiation process. We observed a progressive induction of the miRNA machinery gene expression during the brown differentiation for DICER and AGO2 with a significant fold in the terminal days (D5–7) when adipocytes become mature (Fig. 4B). Consistent with this, a gradual increase in AGO2 protein expression was found during brown adipocyte differentiation (Fig. 4C). Increased AGO2 gene expression was also seen in the terminal phase (D7) of brown-like adipocyte differentiation obtained with scWAT-derived SVF (Supplementary Fig. 4F). Next, we

were interested to establish whether AGO2 is involved in the activation of brown adipocytes by treating iBAT-derived mature adipocytes at day 7 of the differentiation with isoproterenol (Fig. 4D–E). Remarkably, AGO2 gene and protein levels are augmented after 6 h treatment with the  $\beta$ 3-adrenergic receptor-agonist isoproterenol concomitantly with the expected increase in UCP1 gene and protein levels. In aggregate, AGO2 augments not only during differentiation of brown adipocytes, but also during their activation.

### 3.5. AGO2 contributes to efficient mitochondrial respiration in brown adipocytes

To directly assess the involvement of AGO2 in brown adipocyte activation we transfected siRNA to AGO2 in mature iBAT-derived SVF adipocytes (Fig. 5A). 72 h post-transfection, AGO2 gene and protein expression levels are decreased by 50% (Fig. 5B–C). Interestingly, the inhibition of AGO2 causes a decrease in UCP1 gene and protein expression levels (Fig. 5B–C). To examine the impact of diminished UCP1 levels on brown adipocyte activity, lipolysis was analyzed by measuring glycerol content after isoproterenol treatment (Fig. 5D). No difference between siAGO2 and siCTRL transfected cells was observed. We next evaluated the mitochondrial function by measuring the oxygen consumption rate (Fig. 5 E–H). Strikingly, the downregulation of AGO2



**Fig. 2.** The miRNA machinery is increased in the active iBAT of young LP progeny but unchanged in the inactive iBAT of old LP progeny. **A** and **B**: Relative mRNA expression levels of miRNA machinery from iBAT of C and LP progenies at 3 months ( $n = 9$ ) and 18 months of age ( $n = 6$ ). Data are normalized to 36B4 mRNA and expressed in arbitrary units. **C** and **D**: Immunoblots of AGO2, UCP1 and tubulin in iBAT protein lysates and its quantification at (C) 3- and 18-months ( $n = 4$ ). Data are presented as mean  $\pm$  SEM. \* $p$ -value < 0.05.

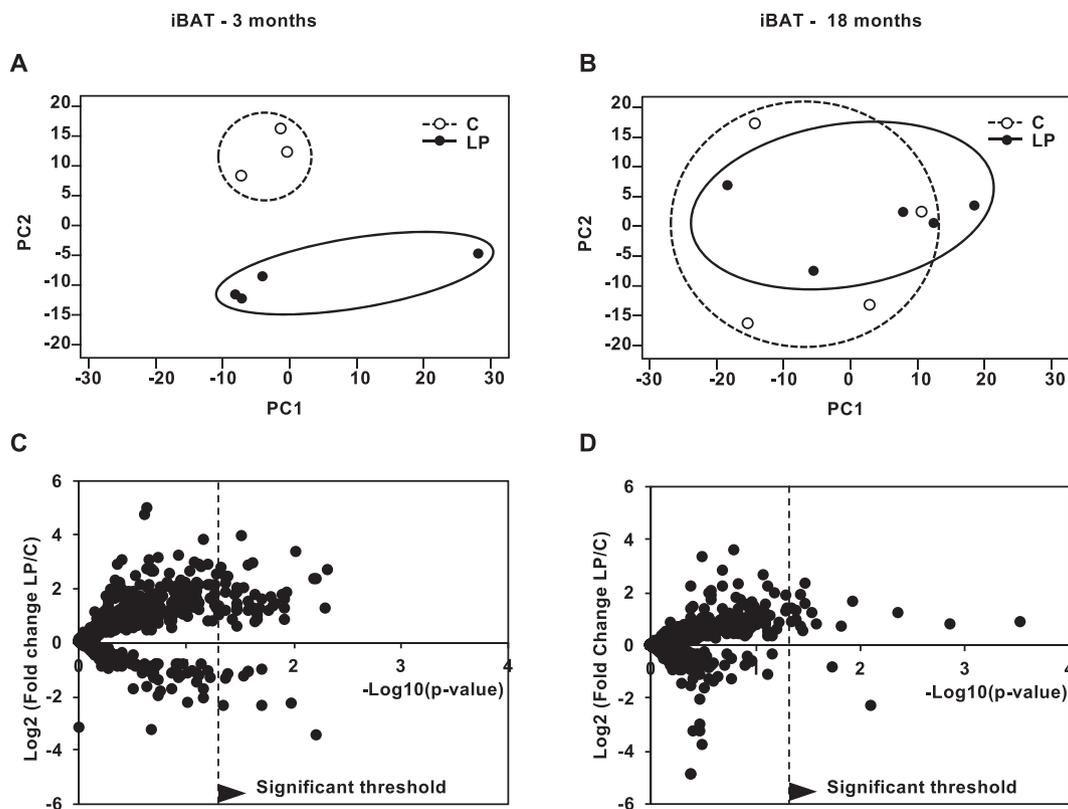
leads to a significant drop in the basal oxygen consumption rate without affecting maximal mitochondrial respiration (Fig. 5 E–F). Moreover, uncoupled respiration, unstimulated but also after isoproterenol treatment, is decreased in siAGO2 transfected mature brown adipocytes (Fig. 5 G–H). In conclusion, the transfection of siAGO2 in mature brown adipocytes leads to half inhibition of UCP1 expression resulting in a decrement in the basal mitochondria activity and the uncoupling activity. As a whole, the data are compatible with the idea that downregulation of AGO2 in mature brown adipocytes could result in a partial loss of their thermogenic activity.

#### 4. Discussion

BAT has received increasing attention the past decade owing to its ability to burn fuels through uncoupling of the mitochondrial proton gradient. Both in humans and other mammals, BAT content and activity are high in newborns but regress with aging. The understanding of the mechanisms by which BAT can be maintained in adulthood in an active state is hoped to lead to novel means to combat the development of metabolic disorders due to fuel excess. Our study unveils the potential role of the chief miRNA mediator, AGO2, [16,17], in the activation of BAT. We found that among the different miRNA machinery regulators,

AGO2 levels are increased with the highest fold in active iBAT of rats chronically-injected with  $\beta$ -adrenergic receptor agonist. Such treated rats are a well-accepted physiological model for BAT activation [4,32]. Similarly, using the LP rat model in which we have previously shown that BAT plays an important role in energy homeostasis, we report now that AGO2 levels are also positively correlated to the iBAT activation state [5]. Interestingly, the increase in AGO2 is associated to the induction of low abundant miRNAs in iBAT. Remarkably, we found that after its gradual increase during brown adipogenesis, the AGO2 level further augments during the activation of mature brown adipocytes. To delve into the consequences of changes in AGO2 level we focused on BAT thermogenic activity in mature iBAT-derived SVF adipocytes. Of note, the siRNA-induced downregulation of AGO2 in mature brown adipocytes results in the decrease in UCP1 levels to the same extent. Consequently, the mitochondrial oxygen consumption is diminished in basal condition and after oligomycin treatment in presence or in absence of isoproterenol. As oligomycin allowed the evaluation of respiration uncoupled to ATP synthesis, this measurement partly reflects the UCP1 uncoupling activity of mature brown adipocytes.

Among the chief proteins of the miRNA machinery, DICER and DGCR8 have previously been shown to play a key role in adipocyte metabolism [23,33–35]. Indeed, the partial deletion of DICER



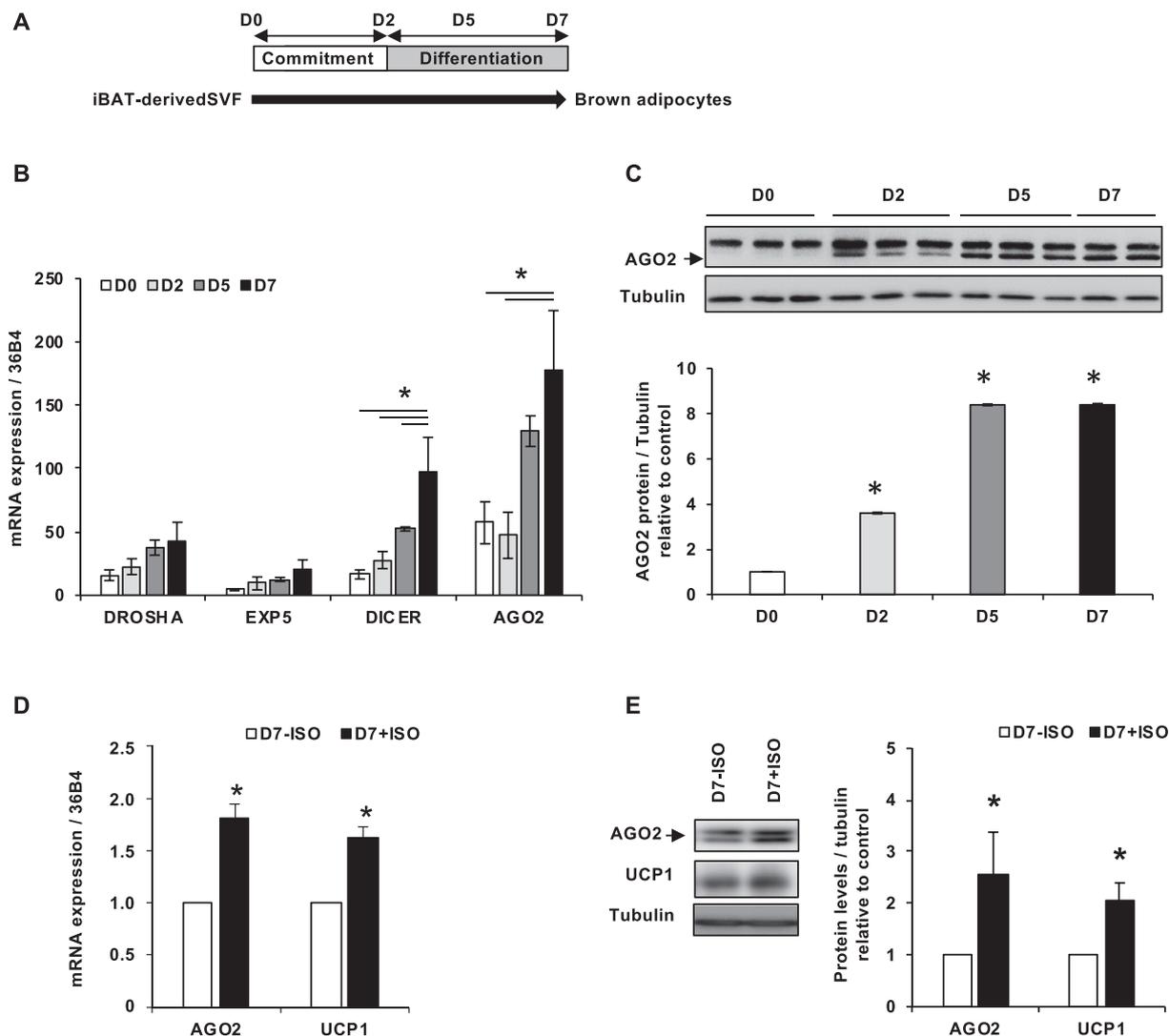
**Fig. 3.** The miRNA expression profile displays a specific signature for the active iBAT of young LP progeny. miRNA expression analysis in iBAT of 3 month-old C and LP progenies and 18 month-old C and LP progenies. **A** and **B**: Global view of miRNA expression by using PCA plot. Clustering of samples are indicated by ellipses. **C** and **D**: Volcano plot showing the fold change in the expression of detected miRNAs according to their p-value. The solid horizontal line indicates zero change in miRNA expression, the points above correspond to upregulated miRNAs while the points below are downregulated miRNAs. Data points to the right of the dotted line are significant ( $p \leq 0.05$ ).

specifically in BAT, to comparable levels observed during aging or obesity, alters the differentiation of brown adipocytes and consequently the function of the tissue, eventuating in deterioration of organismal glucose homeostasis [24]. In particular, this deletion coincides with global miRNA downregulation associated with decreased BAT activity, leading to increased sensitivity to cold and high fat diet in these mice [24]. In this study, the comparative analysis of miRNA expression profile in iBAT from different animal models has shown that long-lived mice benefit from upregulation of miRNAs with more active BAT, while progeroid mice present downregulation of these miRNAs with inactive BAT [24]. These data are consistent with our work demonstrating the upregulation of > 80% of differentially expressed miRNAs in the active iBAT of both CL316,243-injected rats, and of young LP rat progeny. In stark contrast, this miRNA set has returned to control levels in the inactive iBAT of old LP progeny. Importantly, among the key elements of the miRNA machinery AGO2 is systematically robustly increased in active BAT of both of our rat models, whereas the others, including DICER, are less impacted. This observation fits with the idea that the augmented number of miRNAs need more AGO2 to be functional.

Using differentiated adipocytes, we avoid possible confounding effects of AGO2 on the process of adipogenesis. Indeed, a previous study performed in 3T3-L1 preadipocytes has found that AGO2 downregulation does not substantially influence white adipogenesis. MiRNAs previously described to be involved in brown adipocyte terminal differentiation or browning induction, such as miR133, miR-27, miR-378, miR455 or miR193b-365 cluster, are well expressed in the active iBAT from CL316,243-injected rats or young LP progeny [18–22]. However, no significantly increased expression was observed for these miRNAs compared to their respective controls, while AGO2 levels are enhanced. In fact, the two situations that we studied correspond to BAT activation

models through either pharmacological drug treatment or adaptive response rather than models of BAT differentiation or of WAT browning induction. Indeed, to observe clearly detectable WAT browning in these models CL316,243 treatment has to be longer than 7 days [32,36] or iBAT has to be removed in the LP progeny [5]. This could explain why miRNAs involved in BAT terminal differentiation or browning induction are not enhanced in iBAT of these models. Taken as a whole our data suggest the involvement of AGO2 in the activation of iBAT rather than in the promotion of brown tissue differentiation. Interestingly, the promoter of AGO2 gene displays predicted binding sites for CREB1, which is induced by  $\beta$ -adrenergic stimulation. Moreover, urine norepinephrine levels are significantly increased in young LP progeny [5]. Further investigations are required to decipher whether AGO2 levels are increased via  $\beta$ -adrenergic activation of CREB1 to modulate UCP1 levels, possibly by miRNAs.

Importantly, in mammals BAT development occurs predominantly at the end of gestation [13,37,38]. It becomes fully functional at birth, when it is needed for the effective adaptation to the extra-uterine environment. This suggests that the in utero environment plays an important role in preparing the peri-natal functional development of BAT. We have recently reported that young offspring of rat dams exposed to a LP diet during pregnancy and lactation benefit from metabolic adaptation through BAT activation allowing the maintenance of organismal glucose homeostasis despite a pronounced insulin secretion defect [5]. We have provided solid evidence that the normoglycemia, despite collapsed insulin secretion, seen in the young LP progeny is likely due, for the greater part, to hyperactive BAT. Observations concerning developmental programming of adult disease are being gathered in favor of a key role for miRNAs in gene expression regulation [26,39–41]. Here, we show that the increase in miRNA machinery, particularly



**Fig. 4.** The miRNA machinery, particularly AGO2, is upregulated during brown adipocyte differentiation and activation. **A:** Scheme of the brown adipocyte differentiation stages from SVF progenitors isolated from iBAT during 7 days (D0 to D7). **B:** Relative abundance of mRNA expression of miRNA machinery in iBAT-derived SVF during brown adipocyte differentiation ( $n = 5$ ). Data are normalized to 36B4 mRNA and expressed in arbitrary units. **C:** Immunoblots of AGO2 and tubulin and its quantification in protein lysates from iBAT-derived SVF during brown adipocyte differentiation ( $n = 3$ ). **D:** Relative mRNA expression levels of AGO2 and UCP1 in iBAT-derived SVF mature brown adipocytes treated at D7 with or without 1  $\mu$ M isoproterenol during 6 h ( $n = 3$ ). **E:** Immunoblots of AGO2 and tubulin and its quantification in protein lysates from iBAT-derived SVF mature brown adipocytes treated at D7 with or without 1  $\mu$ M isoproterenol during 6 h ( $n = 3$ ). Data are presented as mean  $\pm$  SEM. \* $p$ -value < 0.05. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

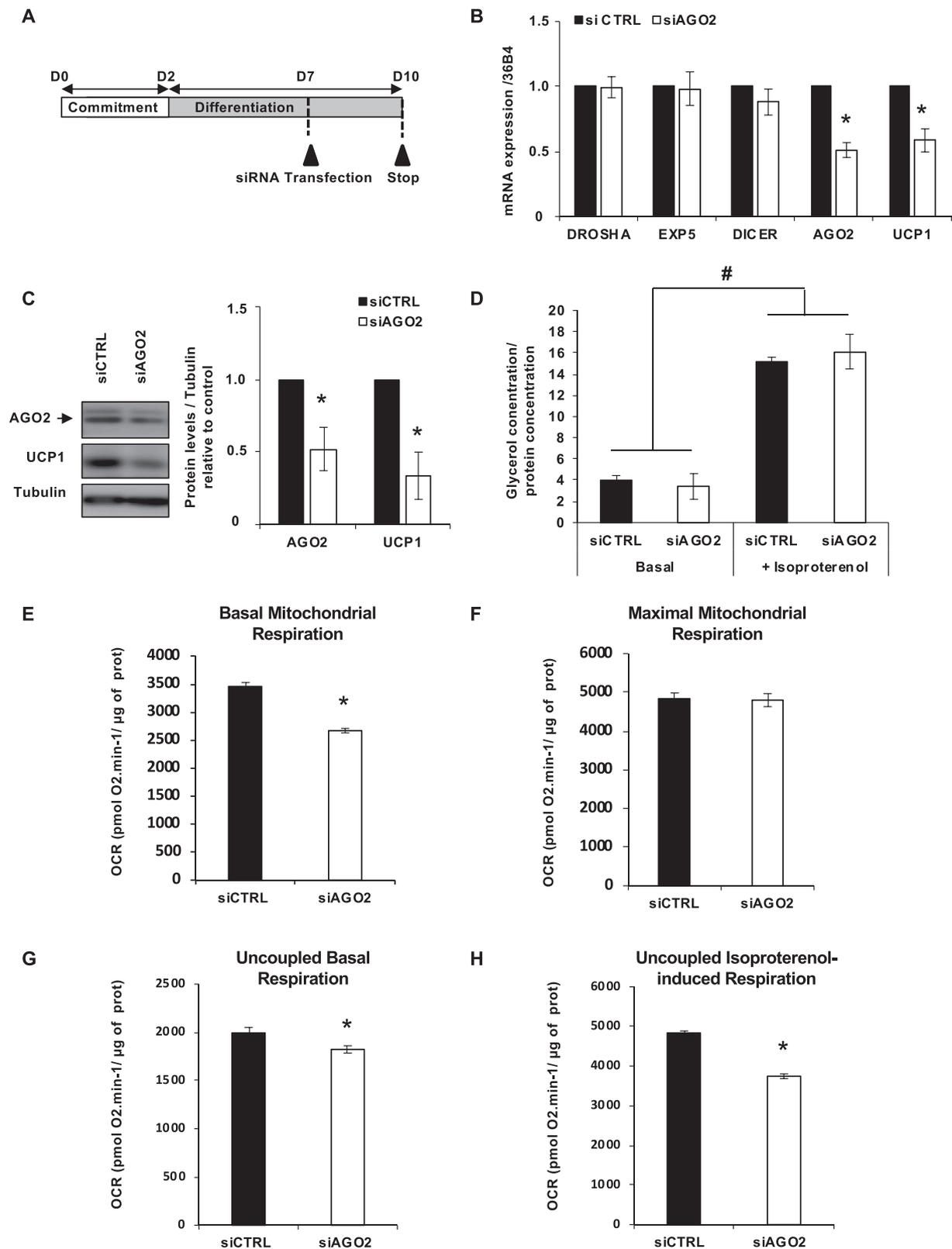
AGO2, is closely associated to active iBAT, which is instrumental in maintaining glucose homeostasis in young LP progeny. Our data dovetail with recent reports showing AGO2 involvement in the adaptive response to face an environmental stress in  $\beta$ -cells [42] or in hepatocytes [43,44]. Indeed, the loss of AGO2 in  $\beta$ -cells during insulin resistance inhibits compensatory  $\beta$ -cell hyperplasia [42] and in hepatocytes, it leads to reduced hepatic glucose production coupled to decreased fasting glycemia [43,44]. Note that in the study by Nakamura et al. in mice the liver-specific knockout of AGO2 leads to increased mitochondrial metabolism [44], which is different from our observations in rats showing partial siRNA-induced AGO2 insufficiency in BAT to be associated to decreased mitochondrial respiration. This divergence could be due to several factors including the obviously different role of the liver versus the BAT in energy expenditure, the organ specific miRNA targets as well as miRNA environment affecting the miRNA/AGO2 interactions and the animal species.

To summarize, our study pushes forward the above-mentioned publications by further highlighting the crucial importance of AGO2,

the key RNA-binding protein mediating miRNA functioning, in adaptive responses to environmental stress. Therefore, we would like to suggest that a deleterious intra-uterine fetal setting or a post-natal environmental stress could reprogram BAT's physiology and metabolism through the miRNA machinery to face forthcoming or present energetic challenges.

## 5. Conclusion

The key message of our work is that the AGO2 protein potentially contributes to BAT activation. The coordinated increase in AGO2 protein and in miRNA expression correlates with the active state of iBAT in two non-genetic rat models. Conversely, the downregulation of AGO2 in mature brown adipocytes induces a phenotype compatible with decreased thermogenic activity. While the fundamental mechanistic underpinnings have to be parsed out, our findings have translational potential in the field of altered fuel homeostasis associated to obesity and diabetes. It stands to reason that the discovery of means to enhance the



**Fig. 5.** The partial inhibition of AGO2 in mature brown adipocytes impacts their thermogenic function.

**A:** Scheme of AGO2 siRNA transfection at day 7 in iBAT-derived SVF mature brown adipocytes for 72 h. **B:** Relative mRNA expression levels of miRNA machinery and UCP1. Data are normalized to 36B4 mRNA and expressed in arbitrary units (n = 5). **C:** Immunoblots of AGO2, UCP1 and tubulin and their quantification (n = 3). **D:** Glycerol release after a 1 h30 incubation without or with 1 µmol/L isoproterenol (ISO) (n = 3). Data are expressed per milligram of protein. **E–H:** Representative histograms obtained for oxygen consumption measurements (n = 3). Histograms show (E) mitochondrial respiration and (F) maximal respiration values under basal condition, (G) shows unstimulated and (H) isoproterenol-stimulated uncoupled mitochondrial respiration. Data are presented as mean ± SEM. \*p-value < 0.05. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

miRNA machinery leading to BAT activation could be a promising asset for future therapies of conditions with dysregulated energetic metabolism.

### Transparency document

The [Transparency document](#) associated with this article can be found, in online version.

### Declaration of Competing Interest

The authors declare that there is no conflict of interest associated with the manuscript.

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### Author contributions

E.R., O.D., D.F.P. designed the study, researched data, and contributed to discussions and manuscript. N.G. researched data. E.V.O. designed the study, contributed to the discussions and manuscript. C.H. designed the study, researched data, and contributed to discussions and manuscript.

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### Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.bbadis.2019.05.018>.

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