

Hypoenhancing prostate cancers on dynamic contrast-enhanced MRI are associated with poor outcomes in high-risk patients: results of a hypothesis generating study

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Abstract

Purpose: To investigate the association of hypoenhancement on dynamic Contrast enhanced (DCE) with prostate cancer patient outcomes.

Material and methods: This was a single-institution retrospective Institutional Review Board (IRB)-approved cohort study of 54 men who had prostate Magnetic Resonance Imaging (MRI) within 6 months of cancer diagnosis between 01/2012 to 03/2014. Two readers independently identified the dominant MRI-lesions utilizing Prostate Imaging—Reporting and Data System-version2- guidelines. These lesions were classified as hypoenhancing or hyperenhancing, compared to normal peripheral zone using quantitative DCE analysis. The *t* test for unequal sample sizes and the two-sample Wilcoxon rank-sum tests were used to compare groups. Logistic regression determined if DCE characteristics predict the development of metastases or prostate cancer death.

Results: Time-to-progression was significantly shorter for hypoenhancing tumors (6.2 vs. 24.8 months, $p = 0.05$). Men with these lesions had a higher odds of having poor

outcome (univariate logistic regression, odds ratio (OR) 6.79, 95% confidence interval (CI) 1.45–31.72, $p = 0.02$; multivariate analysis, OR 2.05, 95% CI 0.30–13.72, $p = 0.47$). Hypoenhancing tumors were larger (33.1 vs. 19.1 mm, $p < 0.001$) and more likely to be intermediate (Gleason scores 3 + 4 and 4 + 3) and high-grade (Gleason scores $\geq 4 + 4$) prostate cancers ($p = 0.05$). Men in the hypoenhancing group had a higher mean prostate-specific antigen (PSA) value (87.6 vs. 24.8 ng/dL, $p = 0.01$) and PSA density (1.54 vs. 0.72, $p = 0.03$). The mean K_{trans} and k_{ep} of hypoenhancing lesion were lower when compared to hyperenhancing lesions ($p = 0.03$ and $p = 0.04$). V_e values did not differ ($p = 0.25$).

Conclusion: Men with hypoenhancing prostate cancers may have a worse prognosis than men with hyperenhancing tumors.

Key words: Prostate cancer—Magnetic resonance imaging—Diffusion MRI—Perfusion—Hypoxia

aggressiveness, and relapse after treatment [1]. Recently, following the publication of the second version of the prostate imaging—reporting and data system (PI-RADS) guidelines, the acquisition protocol underwent significant standardization [2]. Now, DCE is described as positive when early or contemporaneous enhancement to adjacent tissue is identified, i.e., when the tumor is iso or hyperenhancing, and negative otherwise.

The use of dynamic contrast-enhanced (DCE) is controversial, though. Some authors recommend excluding it to simplify and streamline the prostate MRI protocol [3–5], while its proponents say prostate cancer is typically a hyperenhancing lesion compared to normal peripheral zone (PZ) and that this feature can be used to predict histologic grade and tumor aggressiveness [6–11].

Some prostate cancers are not hyperenhancing, and compared to other types of cancer [12–14], there is limited research on the prevalence and significance [15] of prostate cancers with this enhancement pattern. Hypoenhancing cervical cancers, for example, have been associated with a worse prognosis, manifested by inadequate local control, high rate of local recurrence, and systemic dissemination [16, 17]. Furthermore, Loncaster et al [16] were able to correlate the pattern of perfusion on DCE MRI with tumor hypoxia, which is an independent predictor of poor prognosis in cervical and prostate cancer [18–20]. Only a few imaging studies have investigated the effect of hypoxia on the biological behavior of prostate cancer using DCE MRI and blood oxygenation level dependence (BOLD) [21, 22].

As PI-RADS v2 only considers DCE MRI as positive when enhancement is high, it is possible that some aggressive cancers will be underestimated. Accordingly, we conducted this preliminary retrospective cohort study to investigate the association of hypoenhancement on DCE with prostate cancer patient outcomes.

Material and methods

Patients selection

This single-institution retrospective study was approved by our IRB with a waiver of signed informed consent. Men who underwent multiparametric MRI of the prostate within 6 months prior to histological confirmation of prostate cancer and had a minimum follow-up time of 36 months were eligible for inclusion. Scans were acquired between January 2012 to March 2014. A total of 158 patients were initially identified, but 36 were excluded because of previous treatment (prostatectomy $n = 21$ and radiation therapy plus/minus androgen deprivation therapy $n = 15$), 22 because intravenous contrast media was not used or images were suboptimal limiting analysis (e.g., contrast leakage), and 18 due to loss to follow-up.

Furthermore, patients were only included in the study if a lesion was visible to both readers, and it was classified as PI-RADS 4 or 5 by at least one of them. A visible

lesion was defined as a PI-RADS v2 score ≥ 3 . In other words, at the very least, a lesion had to be classified as a PI-RADS v2 3 lesion by one reader and PI-RADS v2 4 by the other. After MRI qualitative analysis (see below), 28 patients had no visible lesions or lesions that were visible but classified as indeterminate (PI-RADS v2 = 3) by both observers and were, therefore, excluded. Accordingly, after applying all criteria, 54 patients were included in this study. The flowchart, with respective exclusions, is seen on Fig. 1.

MRI protocol

MR imaging was performed with a 1.5 T scanner (Achieva, Philips, Best, Netherlands) using a pelvic phased-array and an endorectal coil simultaneously activated. The protocol included high-resolution axial, coronal, and sagittal T2-weighted imaging, diffusion-weighted imaging (DWI), and DCE MRI. T2-weighted imaging and DWI were acquired before the administration of contrast. DWI was acquired with b -values of 0, 250, 500, and 1000 s/mm^2 and with an inline reconstruction of apparent diffusion coefficient (ADC) map. DCE MRI was performed after administration of 0.1 mmol of gadopentetatedimeglumine (Magnevist, Bayer HealthCare) per kilogram of body weight, followed by a 20-mL saline flush at a rate of 3 mL/s. The temporal resolution was set between 6 and 8 s. The complete protocol is given in Table 1.

MRI qualitative analysis

MRI qualitative analyses were independently performed by two observers, blinded to the clinical and pathological data, but aware that all patients had prostate cancer, both readers had more than 10 years of experience in

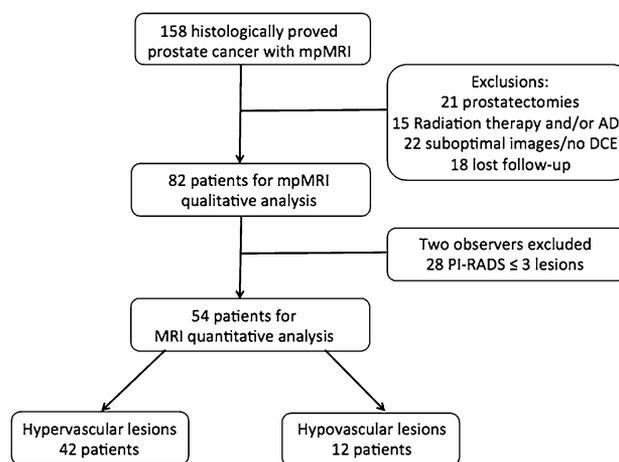


Fig. 1. Flowchart showing patient recruitment and exclusions.

Table 1. MRI sequences and respective parameters

| Sequence | Technique | TR/TE (ms) | Flip° (degrees) | Slice thickness (mm) | FOV (mm) | Matrix |
|----------|-----------|------------|-----------------|----------------------|-----------|-----------|
| T2WI | | | | | | |
| Axial | TSE | 3060/100 | 90 | 3 | 150 × 150 | 232 × 184 |
| Coronal | TSE | 2444/120 | 90 | 3 | 150 × 150 | 248 × 198 |
| Sagittal | TSE | 3770/120 | 90 | 3 | 260 × 260 | 360 × 275 |
| DWI* | | | | | | |
| Axial | SE EPI | 1561/71 | 90 | 5 | 304 × 375 | 152 × 152 |
| DCE‡ | | | | | | |
| Axial | THRIVE | 4/2 | 10 | 4 | 297 × 345 | 172 × 172 |
| T1WI | | | | | | |
| Axial | TSE | 443/15 | 90 | 3 | 180 × 180 | 180 × 143 |

Number of average is 2 for all sequences, except for DCE (THRIVE), which is one

T2WI, T2 weighted imaging; DWI, diffusion-weighted imaging; DCE, dynamic contrast material-enhanced imaging; T1WI, T1 weighted imaging; TR, repetition time; TE, echo time; Flip°, flip angle; FOV, field of view; TSE, turbo spin echo; SE EPI, spin-echo echo-planar imaging; THRIVE, T1 high-resolution isotropic volume excitation

* b values were 0 and 1000 s/mm²

‡The section thickness was 4 mm with interpolated into 2 mm on DCE MR image

prostate imaging (—, —) and used a commercially available workstation (Philips, Best, Netherlands). Readers independently analyzed T2-weighted, DWI, and DCE images from all patients and classified findings according to the PI-RADS v.2 guidelines. Readers were asked to identify the dominant lesion. Index lesions was defined as the one with high PI-RADS score and tie-breaker rule was size of the lesion on most visible sequence, T2 or ADC. Measurement of the longest axis and mean ADC value of the index lesions were recorded. Lesions were located according to the scheme proposed by PI-RADS [4] to facilitate correlation between readers.

DCE MRI quantitative analysis

Four months after the qualitative evaluation, one of previous observers (—), performed the quantitative analysis of all consensual visible lesions ($n = 54$) using Osirix software, version 7.3 (Pixmeo, Geneva, Switzerland) and the DCE Tool Plugin, developed at University of California at Los Angeles and previously tested in other studies [23, 24]. Regions-of-interest (ROI) were drawn on the common femoral artery, on the prostate cancer index lesions, using T2-weighted images and ADC maps as reference (Fig. 2), and on the contralateral normal peripheral zone. The ROIs that were drawn on the lesions had an area of at least 10 mm²; and one ROI was drawn on each slice that showed the lesion. Accordingly, multiple time-intensity curves were generated for each lesion. Curve types were classified as: type 1, when progressive enhancement was seen throughout the acquisition; type 2, when rapid signal elevation was followed by a plateau; and type 3, when rapid signal elevation was followed by wash out. Three approaches were used for quantitative analyses of lesion enhancement. First, lesions were divided into two groups, hyperenhancing or hypoenhancing. Hyperenhancing le-

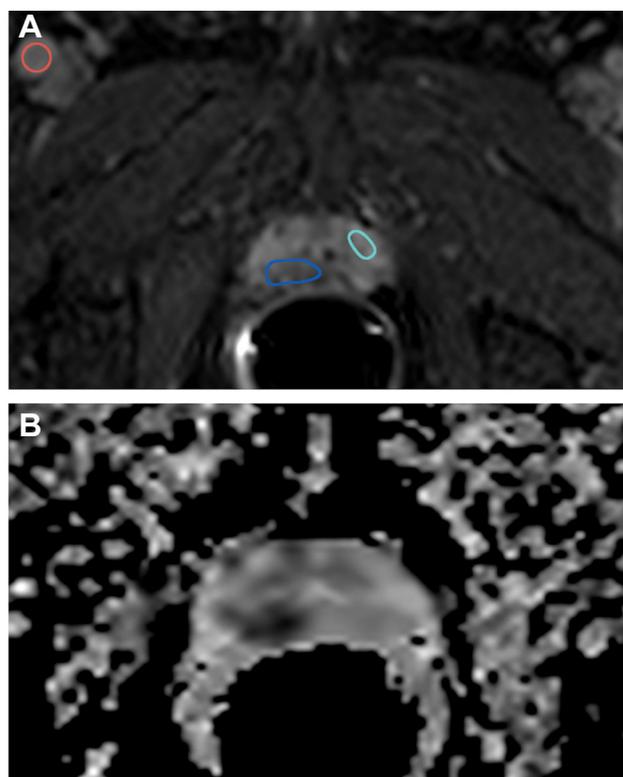


Fig. 2. ROI placement pattern for quantitative analyses of DCE. ROIs were drawn on the common femoral artery, normal peripheral zone, and index lesion (A) utilizing the information seen the ADC map image (B).

sions were those lesions in which the predominant signal intensity was equal to or greater than the adjacent normal area of peripheral zone, and hypoenhancing lesions were those with a predominant signal intensity that was at least 10% lower than the adjacent normal peripheral zone, a concept derived from breast cancer DCE analysis [25]. Figures 3 and 4 show examples of a hyper and of a

hypoenhancing tumor. Second, a slope angle was calculated based on average signal intensity variation in the first 30 seconds from peak intensity in the external iliac artery. Third, a pharmacokinetic analysis was performed according to the multicompartmental exchange model described by Tofts and Kermode [26], where the contrast agent is distributed in intra and extracellular spaces. Two independent parameters were evaluated using the Tofts–Kermode model, K_{trans} and k_{ep} . We also assessed the total extracellular extravascular space (EES) volume ($V_e = K_{\text{trans}}/k_{\text{ep}}$). For the K_{trans} and k_{ep} measurements, T1 mapping was obtained by using multiple variable flip angle (VFA) and the modified Fritz-Hansen technique for artery input function (AIF).

Transrectal ultrasound (TRUS)-guided biopsy

Biopsy was performed using a Logiq E9 scanner, manufactured by General Electric, Milwaukee, using an extended sextant technique. Four staff radiologists, all with more than 4 years of prostate biopsy experience, performed or supervised the procedures. MRI data were available at the time of the procedure for consultation, and all biopsies were performed using a cognitive approach to correlate TRUS and MRI. At least twelve core samples were obtained from all patients, but for some men up to 20 fragments were collected. In all but two cases the lesions that were described on MRI were reported to be visible on TRUS.

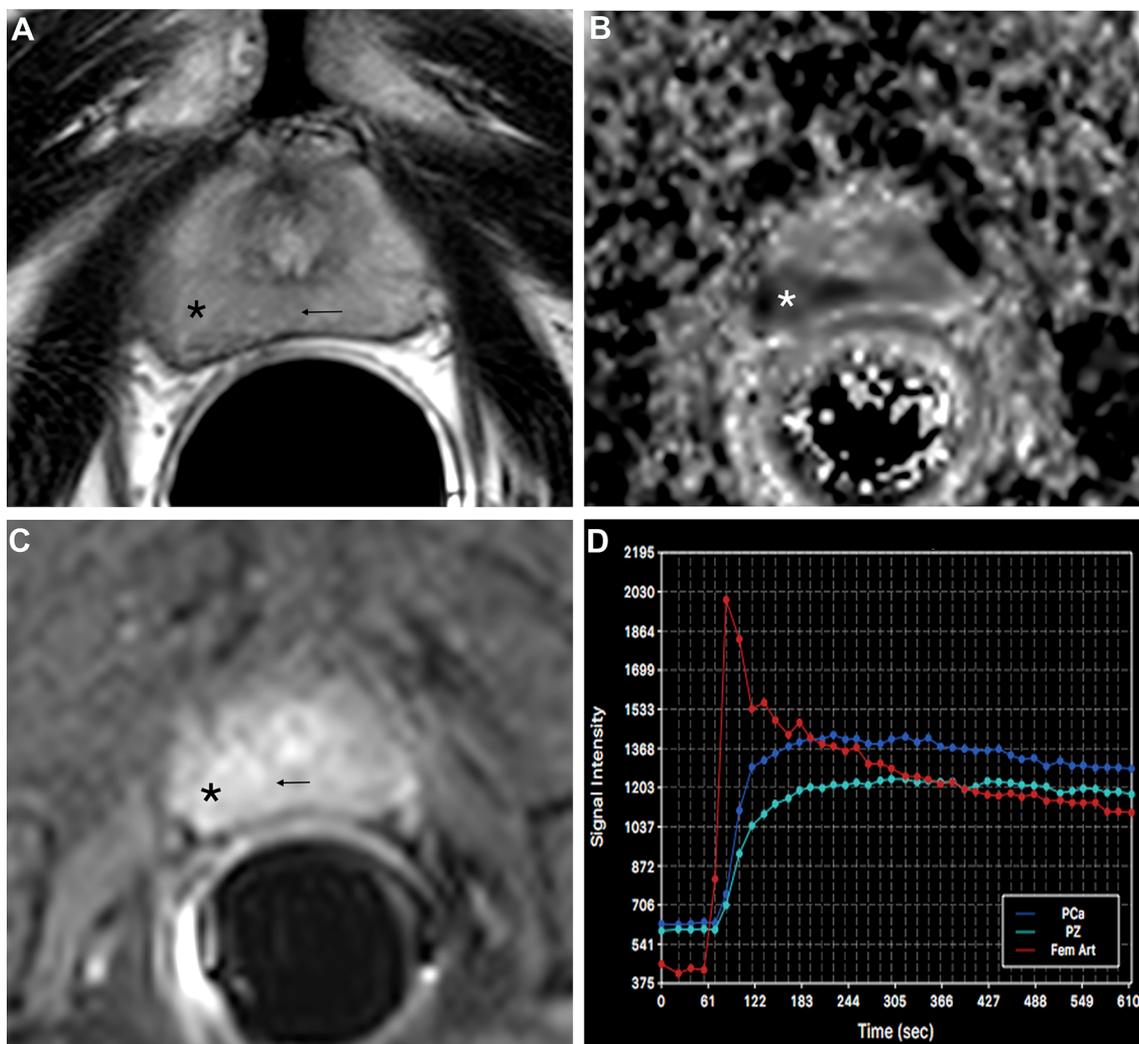


Fig. 3. Hypervascular lesion. 75-year-old man, PSA = 25.7 ng/mL. T2-weighted image showing a subtle low signal intensity lesion in the right apex and midgland (asterisk and arrow on **A**). The ADC map clearly shows the lesion, which has a mean ADC value of $0.965 \times 10^{-3} \text{ mm}^2/\text{s}$ (**B**). Post-contrast T1-weighted

image shows a hypervascular lesion (asterisk and arrow on **C**); and the time-intensity curve (**D**) confirms its hypervascular nature. After surgery, a Gleason 3 + 4 prostate cancer was confirmed. The patient died 39 months later due to complications of pulmonary fibrosis.

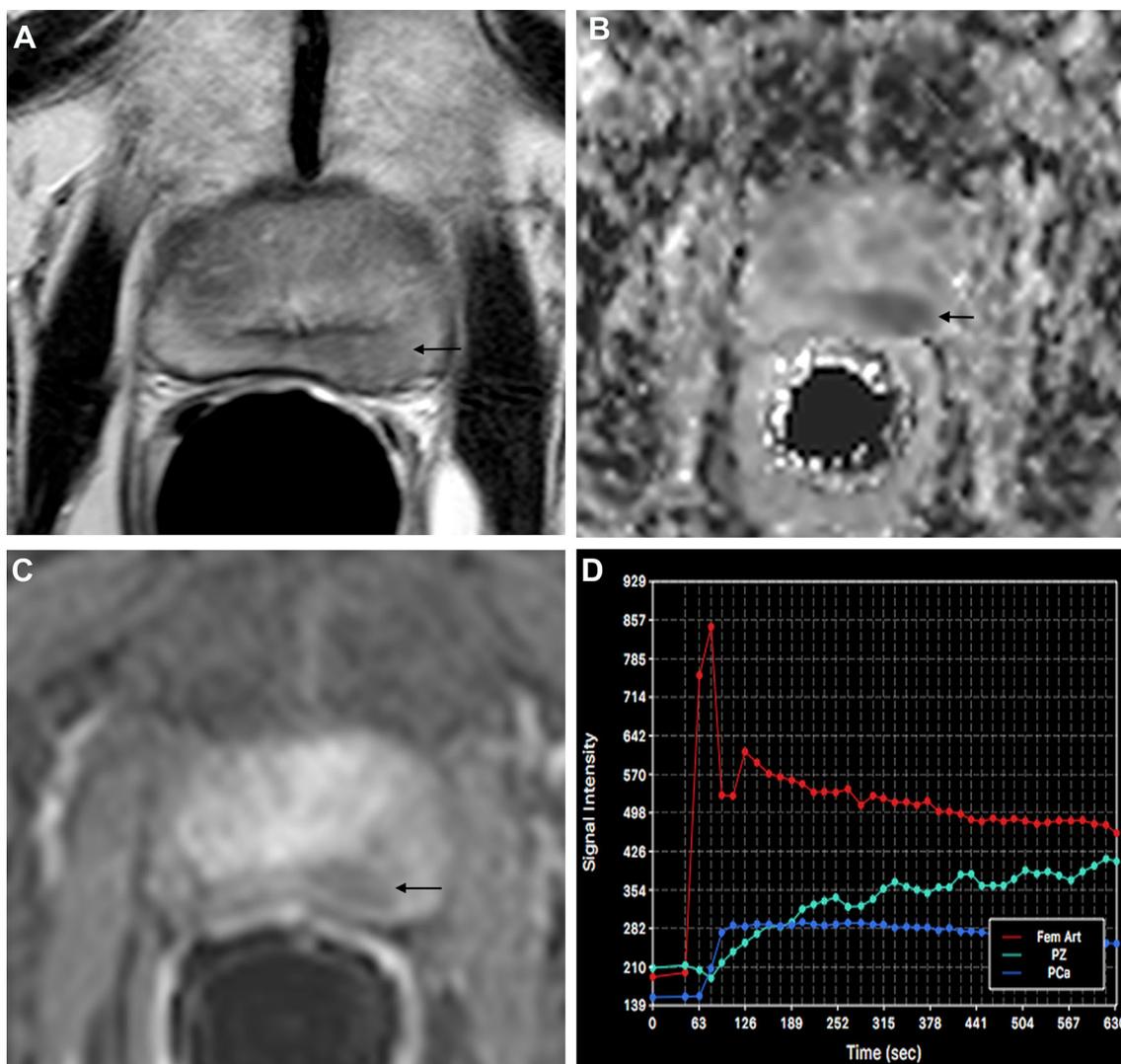


Fig. 4. Hypovascular lesion. 83-year-old man, PSA = 10.6 ng/mL. T2-weighted image showing a lesion with markedly low signal intensity in the left apex (arrow on **A**). The ADC map clearly shows the lesion, which has a mean ADC of value of $0.993 \times 10^{-3} \text{ mm/s}^2$ (arrow on **B**). Post-contrast T1-weighted image shows a hypovascular lesion

(arrow on **C**); and time-intensity curve (**D**) confirms the hypovascularity of the lesion ($K_{\text{trans}} = 0.0705$ and $k_{\text{ep}} = 0.1901$). After surgery, a Gleason 4 + 4 prostate cancer was confirmed. The patient presented with biochemical failure and developed metastases 26 months later.

Histopathological analysis

All biopsy samples were routinely fixed in 4% neutral formalin and embedded in paraffin. Samples were stained with hematoxylin-eosin and immunohistochemistry, as necessary. A dedicated uropathologist (—) with more than 15 years of experience in the field reviewed all specimens. Primary and secondary Gleason were recorded for all lesions.

Outcomes

All demographic and clinical data, including therapeutic choice, patient outcomes (systemic recurrence, documented by imaging and/or biopsy, or disease-related

death), and time to any event in outcome (systemic metastasis or death), were reviewed. Therapeutic choices were made according to Urology International Guidelines and patient's desire, varying from radical prostatectomy, radiation therapy, alone or in combination with androgen deprivation therapy (ADT), ADT alone, and active surveillance.

Statistical analysis

The dominant lesion was the unit of analyses. We used logistic regression models to determine the predictors of development of metastases or death. Models were built using both a forward and a backward approach [23]. The

following variables were considered for inclusion in the models alongside DCE characteristic: total serum PSA, PSA density, Gleason score, International Society of Uro pathology (ISUP) group, tumor stage, tumor size, ADC mean value, and treatment. Tumor size was the only variable selected for inclusion using both the forward and backward approaches. We also utilized the *t* test for unequal sample sizes, Pearson's chi-square, and the two-sample Wilcoxon rank-sum (Mann–Whitney) test to compare other characteristics of patients and tumors. The average of both readers measurements of lesion size and ADC values was utilized in the analyses. All analyses were performed using Stata version 13.1 (College Station, TX). *p* values < 0.05 were considered statistically significant.

Results

Of 82 histologically proven cancers, reader 1 recorded 62 visible lesions, i.e., PI-RADS ≥ 3 (62/82, 75.6%), while reader 2 recorded 61 lesions (61/82, 74.4%). Fifty-four patients had coincident visible lesions classified as PI-RADS 4 or 5 by at least one of the readers and, therefore, were selected for quantitative analysis. The distribution of assigned PI-RADS scores is shown in Table 2.

First, forty-two lesions were classified as hyperenhancing (42/54, 77.8%) and 12 as hypoenhancing (12/54, 22.2%).

The mean age of men was 67.8 ± 6.8 years, without a difference between groups ($p = 0.40$).

The time-to-progression (TTP) to metastases or death was shorter for hypoenhancing tumors, 6.2 ± 5.2 months, compared to hyperenhancing ones, 24.8 ± 6.1 months ($p = 0.05$). Logistic regression shows that a patient with a hypoenhancing lesion is more likely to develop metastases or die of prostate cancer than men with hyperenhancing lesions, though the result was only statistically significant on the univariate analysis. On univariate analysis, the odds of developing metastases or dying of prostate cancer were over 6 times higher in men with hypoenhancing tumors (OR 6.79, 95% CI 1.45–31.72, $p = 0.02$). In addition to the enhancement characteristics, the multivariate model included tumor

size, PSA, and PSAD, the only variables shown to be an independent predictors based on backward and forward selection. In this model the odds of developing metastases or dying of prostate cancer were about two and half times higher in men with hypoenhancing tumors (OR 2.53, 95% CI 0.26–24.42, $p = 0.43$). In both models the 95% CIs show that most results of repeated experiments are likely to fall clearly above the 1.0 threshold of significance. These results are summarized in Table 3.

The mean PSA and PSA density values, size, and Gleason/ISUP scores of hypoenhancing tumors were higher than hyperenhancing ones. Clinical and demographic data are shown in Table 4.

Analyses of the type of enhancement showed no difference in their distribution, with a predominance of type 2 curve (plateau) for both groups ($p = 0.33$).

Similarly, the slope angle of enhancing did not differ significantly. The slope angle of hyperenhancing lesions was 65.3 ± 1.29 degrees and of hypoenhancing lesions, 60.3 ± 3.5 degrees ($p = 0.10$).

K_{trans} and k_{ep} values were statistically different between groups. The mean K_{trans} value of hyperenhancing lesions was 0.0838 ± 0.0097 mL/g/min, and 0.0415 ± 0.0055 mL/g/min for hypoenhancing lesions, $p = 0.03$. And the mean k_{ep} of hyperenhancing lesions was 0.1775 ± 0.027 min⁻¹, compared to 0.0679 ± 0.017 min⁻¹ for hypoenhancing lesions ($p = 0.04$). The total EES volume (V_e) was not statistically different between the two groups, $0.6343 \pm .0304$ mL/g for hyperenhancing and $0.7209 \pm .0662$ mL/g for hypoenhancing group ($p = 0.25$).

There was no statically significant difference of the mean ADC value between the two groups. The mean ADC values were $0.927 \pm 0.164 \times 10^{-3}$ mm/s² and $0.858 \pm 0.152 \times 10^{-3}$ mm/s² for hyperenhancing and hypoenhancing tumors, respectively ($p = 0.20$). All DCE and DWI results are shown in Table 5.

Table 2. Distribution of coincident visible lesions (PI-RADS ≥ 3) classified as PI-RADS 4 or 5 by at least one of the readers

| PI-RADS score | Reader 2 | | | Total |
|---------------|----------|----|----|-------|
| | 3 | 4 | 5 | |
| Reader 1 | | | | |
| 3 | – | 1 | – | 1 |
| 4 | 2 | 8 | 6 | 16 |
| 5 | – | 2 | 35 | 37 |
| Total | 2 | 11 | 41 | 54 |

PI-RADS, prostate imaging reporting and data system

Table 3. Univariate and multivariate logistic regressions

| | Odds ratio | <i>P</i> value | 95% CI |
|--------------------|------------|----------------|------------|
| Univariate | | | |
| DCE characteristic | 6.79 | 0.02 | 1.45–31.72 |
| Multivariate | | | |
| Size (mm) | 1.17 | 0.007 | 1.04–1.30 |
| PSA | 0.96 | 0.03 | 0.93–0.99 |
| PSAD | 7.91 | 0.02 | 1.44–43.54 |
| DCE characteristic | 2.52 | 0.42 | 0.26–24.43 |

mm, millimeters; PSA, prostate-specific antigen; PSAD, prostate-specific antigen density; DCE, dynamic contrast enhanced; CI, confidence interval

Table 4. Demographic, clinical, pathologic data by DCE characteristics

| | Hyperenhancing <i>n</i> = 42 | Hypoenhancing <i>n</i> = 12 | <i>P</i> value |
|------------------------------|---------------------------------|--------------------------------|---------------------------|
| Age (years) | 67.4 ± 6.8 | 69.3 ± 7.1 | 0.40 |
| PSA (ng/dL) | 24.8 ± 33.9 | 87.6 ± 143.9 | 0.01 |
| Lesion size (cm) | 1.98 ± 0.77 | 3.31 ± 1.39 | 0.0001 |
| Follow up (months) | 36.9 ± 5.8 | 35.6 ± 10.9 | 0.58 |
| Time-to-progression (months) | 24.8 ± 6.1 | 6.2 ± 5.2 | 0.05 |
| Gleason (ISUP groups) | | | |
| 3 + 3 (group 1) | 4 (9.8%) | 1 (8.3%) | 0.07 (0.05 [†]) |
| 3 + 4 (group 2) | 10 (24.4%) | 0 (0%) | |
| 4 + 3 (group 3) | 12 (29.3%) | 2 (16.7%) | |
| 4 + 4 (group 4) | 8 (19.5%) | 4 (33.3%) | |
| 4 + 5 (group 5) | 2 (4.9%) | 2 (16.7%) | |
| 5 + 4 (group 5) | 2 (4.9%) | 2 (16.7%) | |
| 5 + 5 (group 5) | 3 (7.3%) | 0 (0%) | |
| Clinical staging | | | |
| T2a | 11 (26.2%) | 4 (33.3%) | 0.21 |
| T2b | 9 (21.4%) | 0 (0%) | |
| T2c | 13 (31.0%) | 2 (16.7%) | |
| T3a | 5 (12.0%) | 6 (50.0%) | |
| T3b | 1 (4.2%) | 0 (0%) | |
| Treatment | | | |
| Prostatectomy | 22 (52.4%) | 3 (25.0%) | 0.008 (0.22*) |
| Radiation therapy | 15 (35.7%) | 6 (50.0%) | |
| Radiation therapy + ADT | 4 (9.5%) | 0 (0%) | |
| ADT | 0 (0%) | 3 (25.0%) | |
| Watchful waiting | 1 (2.4%) | 0 (0%) | |

DCE, dynamic contrast enhanced; PSA, prostate-specific antigen; ISUP, International Society of Urological Pathology; ADT, androgen deprivation therapy

[†]Number in parenthesis refers to ISUP analysis

*Excluding 4 patients who received only ADT or was under watchful waiting

Table 5. DCE and DWI parameters by DCE characteristics

| | Hyperenhancing <i>n</i> = 42 | Hypoenhancing <i>n</i> = 12 | <i>P</i> value |
|--|---------------------------------|--------------------------------|----------------|
| Slope (degrees) | 65.2 ± 8.3 | 60.3 ± 12.2 | 0.10 |
| K_{trans} (mL/g/min) | 0.0838 ± 0.0097 | 0.0415 ± 0.0193 | 0.03 |
| k_{ep} (min ⁻¹) | 0.1775 ± 0.1793 | 0.0679 ± 0.0591 | 0.04 |
| V_e (mL/g) | 0.6343 ± .0304 | 0.7209 ± .0662 | 0.47 |
| Type of curve | | | |
| 1 | 01 (02.4%) | – | 0.33 |
| 2 | 31 (73.8%) | 11 (91.7%) | |
| 3 | 10 (23.8%) | 01 (08.3%) | |
| Mean ADC (× 10 ⁻³ mm ² /s) | 0.924 ± 0.163 | 0.858 ± 0.152 | 0.21 |

DCE, dynamic contrast enhanced; DWI, diffusion weighted imaging; K_{trans} , volume transfer constant; k_{ep} , flux rate constant; V_e , volume of the extravascular extracellular space; ADC, apparent diffusion coefficient

Discussion

The results of this study demonstrate an association between hypoenhancement on DCE MRI and several other features that have been shown to be indicative of biologically aggressive disease and worse prognosis (high serum PSA, large tumor size, and high Gleason score). This aggressive behavior was seen in spite of lesions having been assigned the same PI-RADS v2 scores as less aggressive lesions. Furthermore, men with hypoenhancing lesions progressed earlier and were more likely to

develop metastases or to die of prostate cancer. This suggests DCE findings have a prognostic role when assessing men with prostate cancers.

Although the results cannot be extrapolated to men with low-risk prostate cancer, these findings are particularly important in light of recent studies that have suggested a simplified MRI protocol for prostate cancer evaluation based only on T2 and DWI images [3–5]. Furthermore, the recently released PI-RADS [2] determines that DWI and T2-weighted images are considered the main sequences for the assessment of prostate cancer,

giving DCE only a secondary role for the evaluation of lesions located in the peripheral zone.

The use of DCE in the setting of prostate cancer has been investigated [10, 11] and the usual patterns seen within the peripheral and transition zones, well defined [6]. Tumors are usually hyperenhancing when compared to normal peripheral zone tissue [3, 6–9] and most frequently demonstrate a type 2 enhancement curve (plateau, i.e., rapid elevation followed by constant signal intensity) or, the most specific pattern, the type 3 (“wash in/wash out”) curve, which has also been associated with many other cancers, e.g., breast cancer [24]. Yet, a hypoenhancing pattern on DCE is recognized in some forms of cancer as a predictor of poor outcomes, for example cervical cancer [16, 17]. Although data is scarce, it has been suggested that high-grade prostate cancers exhibit lower enhancement than low or intermediate-grade cancers. In the model we have used, Dynamic relaxivity contrast-enhanced MRI, with kinetic parameters like transfer constants and extracellular space, these alterations have been related to smaller acinar glands and thus, higher cell density [18, 27], and expression of angiogenic cytokines as vascular endothelial growth factor (VEGF) [28]. While this hypoenhancing pattern has been attributed to hypoxia, this has been investigated but not clinically validated in vivo, although combined MRI approach focusing on perfusion and diffusion techniques are currently under investigation [21, 29]

While on multivariate analysis the enhancement characteristics of the tumors was not an independent predictor of metastases or death, the range and distribution of values within the 95% CI suggests that men with a hypoenhancing lesion have higher odds of developing these adverse outcomes. The wide 95% CI is a result of the small sample size. It is also interesting to note that a hypoenhancing pattern improved the prediction of outcomes even among tumors with markedly low mean ADC values, a feature that has been established as an independent predictor of poor prognosis [30].

This study has limitations. Given its retrospective nature, it is prone to selection bias. Because we restricted the study to the period during which we utilized a state-of-art DCE protocol, as recommended by the European Society of Uroradiology in 2012 [31] and the current PI-RADS guidelines [2], and included only patients who had sufficient follow-up, the sample size is not large. The high prevalence of high-grade tumors in this series limits generalizability. This prevalence of high-grade cancers may be related to the referral pattern to this public tertiary hospital, where there is a predominance of patients from low socioeconomic levels, who disproportionately do not undergo screening. A cognitive approach to the correlation between TRUS and MRI was utilized, rather than TRUS-MRI fusion or in-bore MR-guided biopsy. Yet, most lesions were visible during TRUS, MRI images

were available at the time of the procedures, and lesions were large, mitigating the limitations of cognitive correlation between the imaging modalities. Diffusion-weighted MR images were generated from a 1000 s/mm² *b* value acquisition, while PI-RADS v2 recommends a *b*-value of at least 1400 s/mm². Yet, this is a recommendation, rather than an absolute rule and a *b*-value of 1000 s/mm² is accepted in PI-RADS v2. The result of using a slightly lower *b*-value is lower contrast between cancer and normal tissue on DWI signal intensity, but not on the ADC map. Theoretically this could result in a tendency to underestimate the PI-RADS score of lesions located in the peripheral zone; however, there is no reason to believe this is a systematic bias and if we did exclude lesions based on the DWI findings, we equally impacted hyperenhancing or hypoenhancing lesions.

In conclusion, our study shows that men with hypoenhancing prostate cancers may have a worse prognosis than men with hyperenhancing tumors.

Compliance with ethical standards

Conflict of interest V.F. Muglia, R.B. Reis, T.O. Rocha, A.R. Silva, and S. Noworolski declares no conflict of interest. A.C. Westphalen is member of Scientific Advisory Board of 3D Biopsy, LLC.

Ethical approval All procedures performed in this study, involving human participants, were in accordance with the ethical standards of the Institutional Review Board and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. The study was approved by our IRB with a waiver of signed informed consent.

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